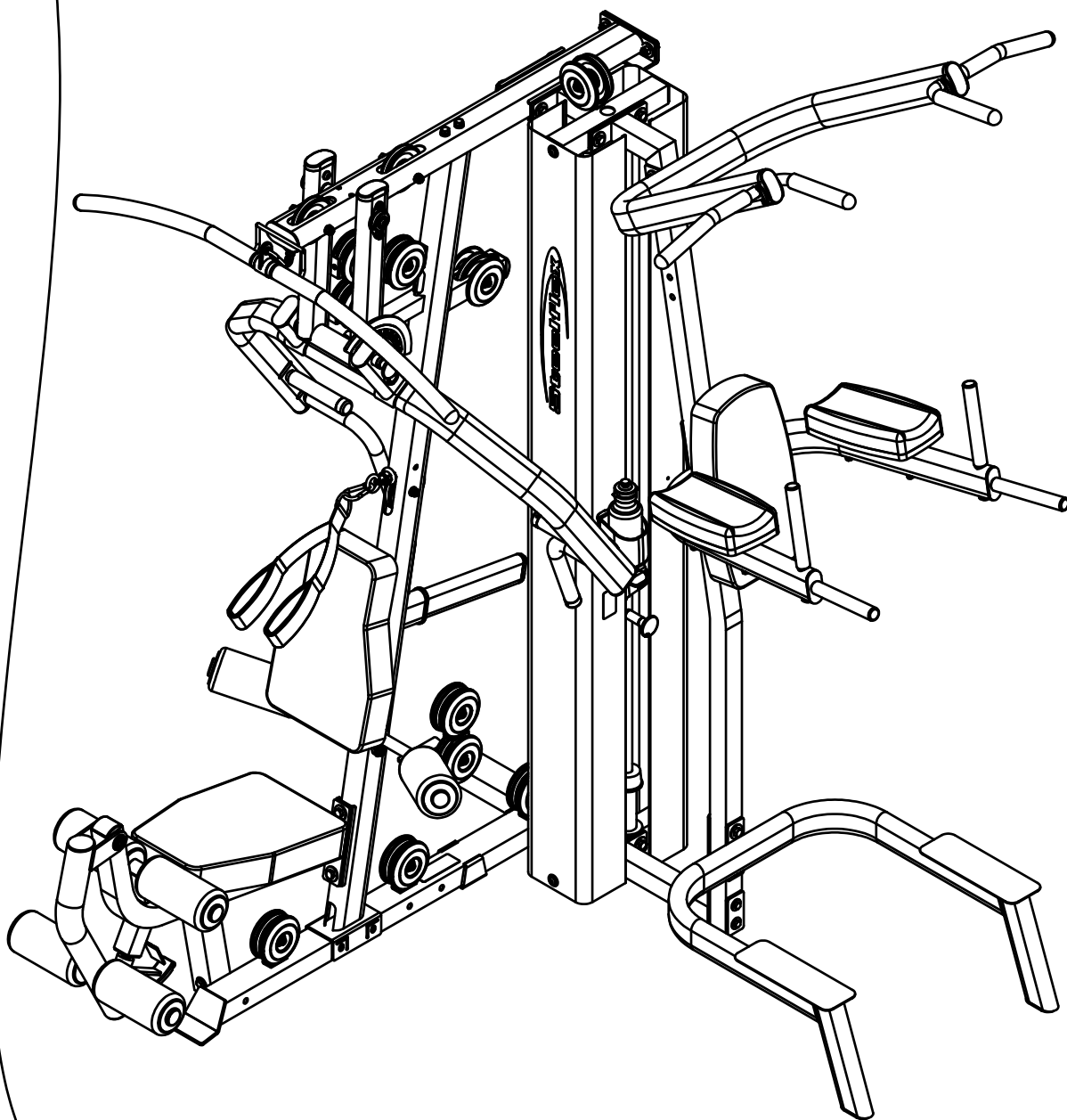


MULTI-GYM

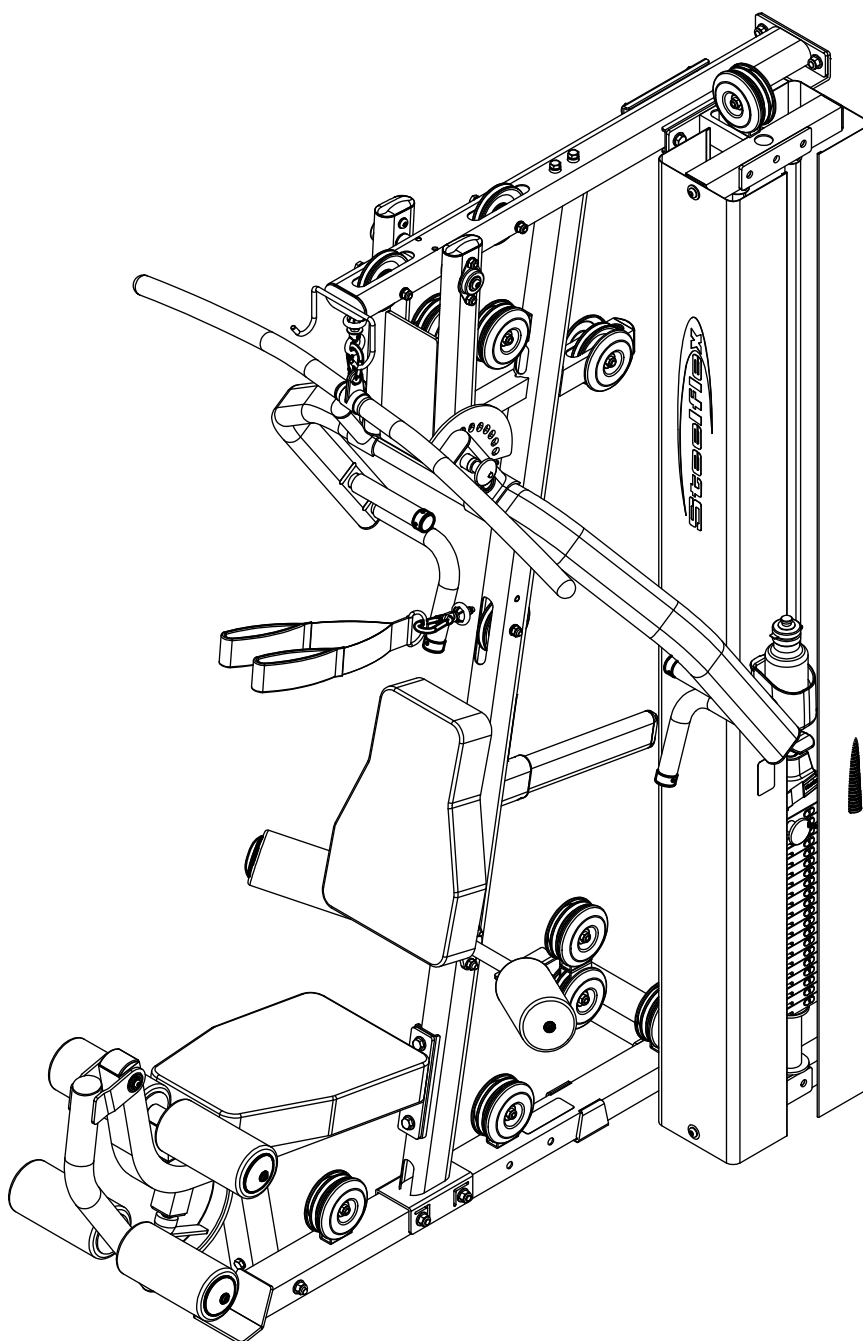


Steelflex

MG-100B OWNER'S MANUAL



MGCBLB



Assembly & Instructions

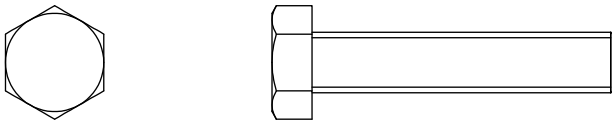
OWNER'S & MANUAL

MGCBLB HARDWARE
(shown in actual size)

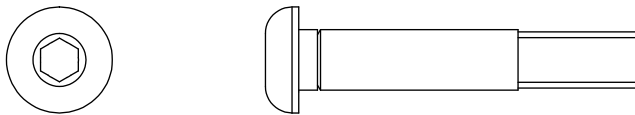
A1.M4X10L ALLEN SCREW...2PCS



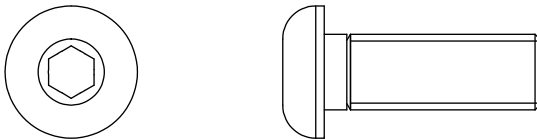
A2.M8X40L HEX HEAD SCREW...1PCS



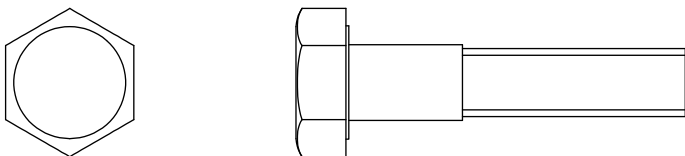
A3.M8X45L ALLEN SCREW...4PCS



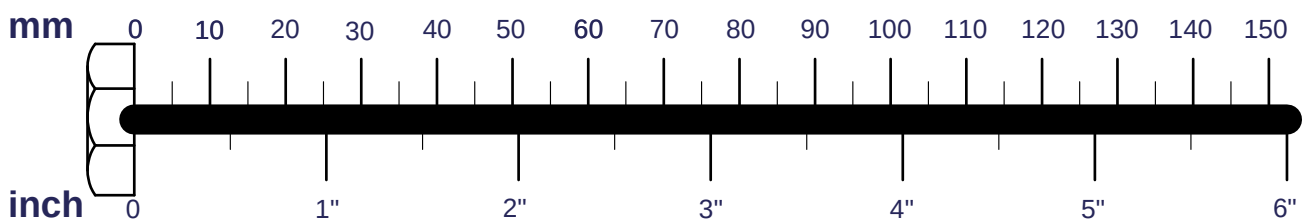
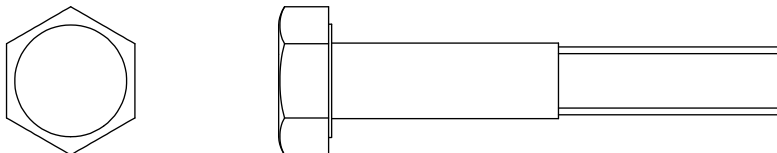
A4.M10X30L ALLEN SCREW...1PCS



A5.M10X45L HEX HEAD SCREW...9PCS

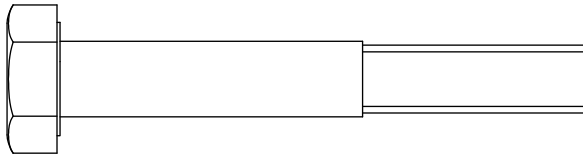
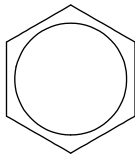


A6.M10X60L HEX HEAD SCREW...1PCS

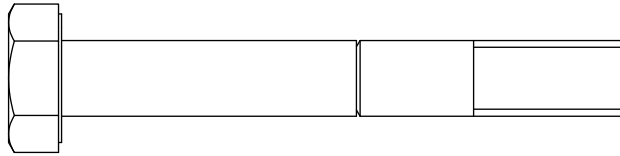
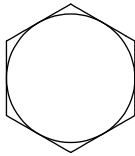


MGCBLB HARDWARE
(shown in actual size)

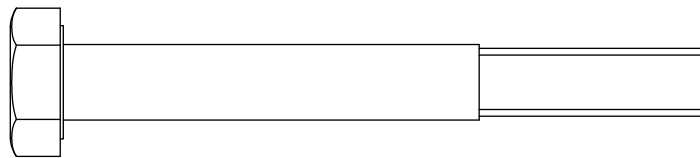
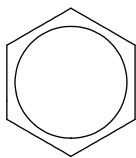
A7.M10X70L HEX HEAD SCREW...3PCS



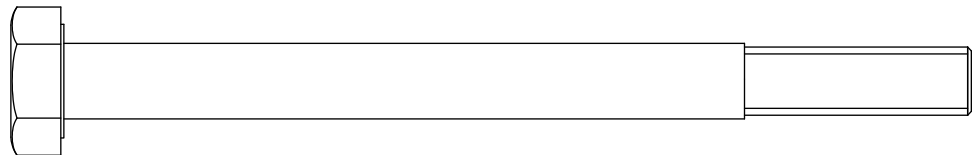
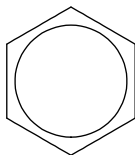
A8.M10X75L HEX HEAD SCREW(TEETH 20)...2PCS



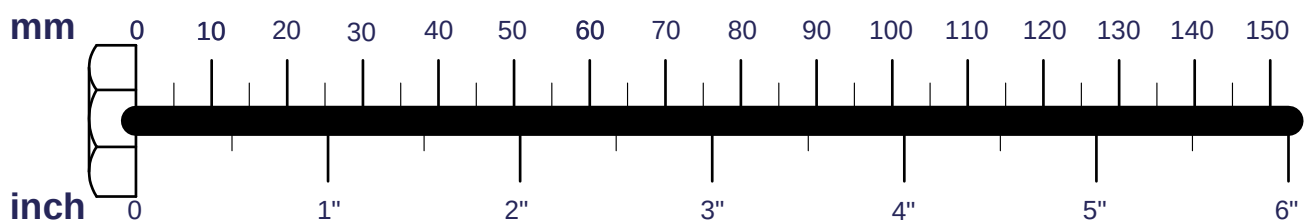
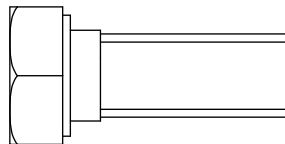
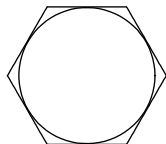
A9.M10X85L HEX HEAD SCREW...2PCS



A10.M10X120L HEX HEAD SCREW...2PCS

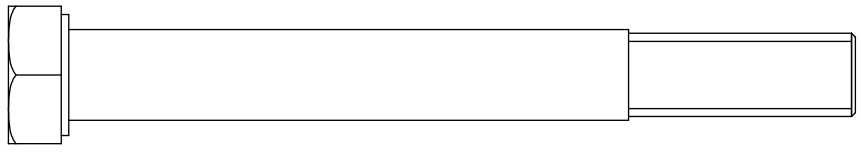
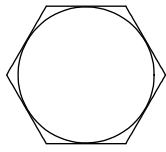


A11.M12X30L HEX HEAD SCREW...4PCS

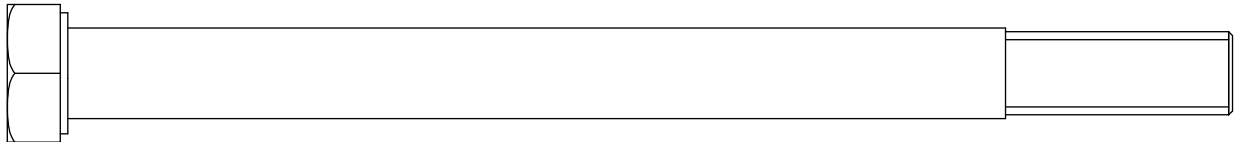


MGCBLB HARDWARE
(shown in actual size)

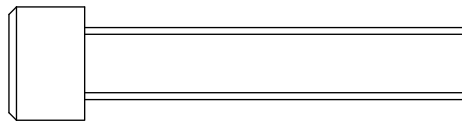
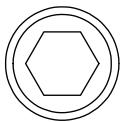
A12.M12X105L HEX HEAD SCREW...4PCS



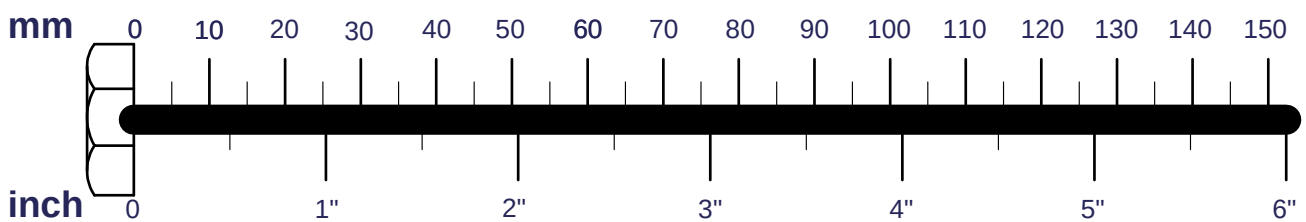
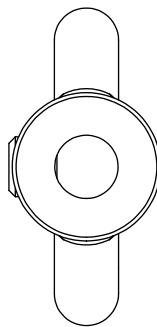
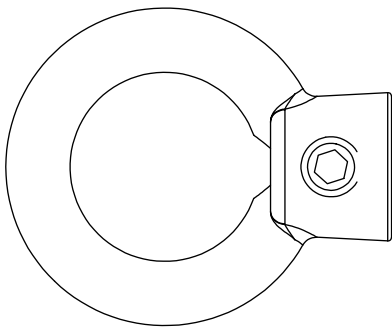
A13.M12X155L HEX HEAD SCREW...1PCS



A14.3/8"X2"L SOCKET SCREW (FULL THREAD)...1PCS

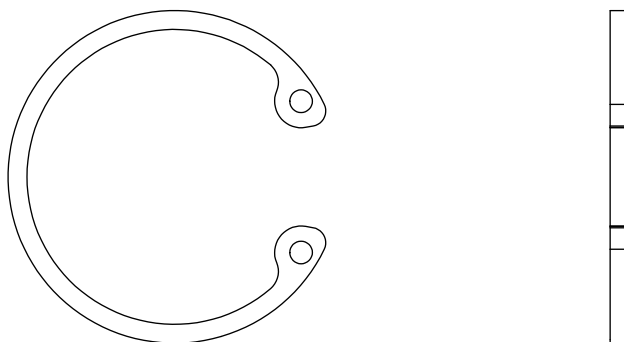


A15.M10 LIFT NUT ...1PCS

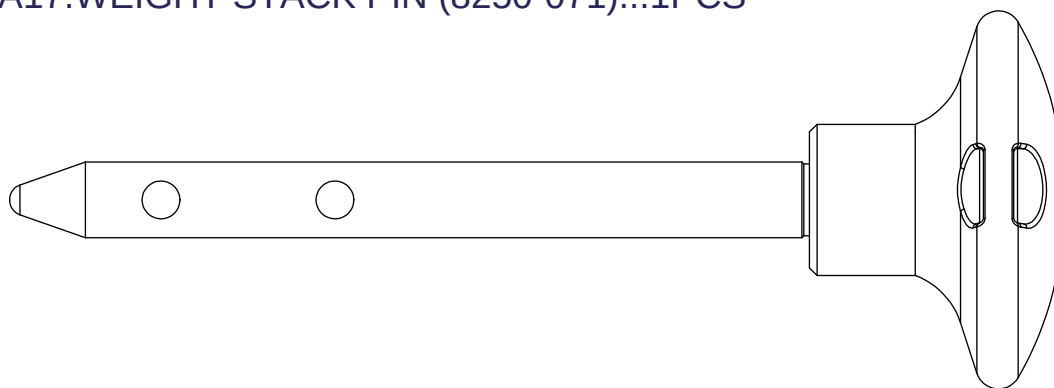


MGCBLB HARDWARE
(shown in actual size)

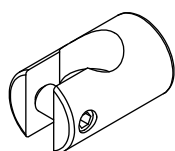
A16.C-RINGS(Ø40)...2PCS (Pre-installed)



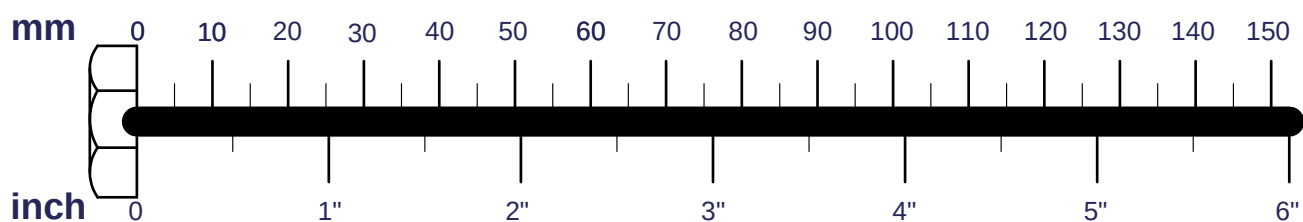
A17.WEIGHT STACK PIN (8250-071)...1PCS



A18.FIRM SHEATH (8890-010)...1PCS



A19.M5X5L GRUB SCREW ...8PCS (Pre-installed)

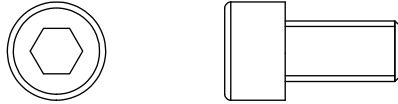


MGCBLB HARDWARE (shown in actual size)

A20.M8X8L GRUB SCREW ...8PCS (Pre-installed)



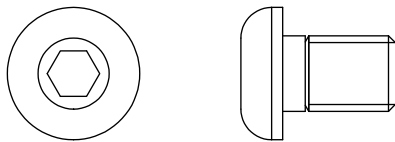
A21.M8X15L SOCKET SCREW (FULL THREAD)...1PCS (Pre-installed)



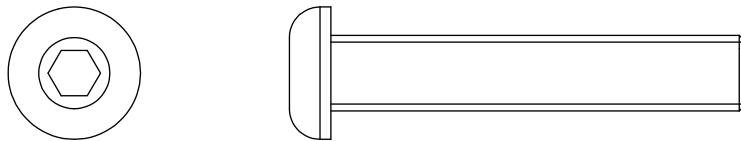
A22.M8X16L ALLEN SCREW...2PCS (Pre-installed)



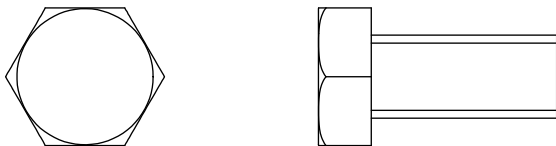
A23.M10X15L ALLEN SCREW...7PCS (Pre-installed)



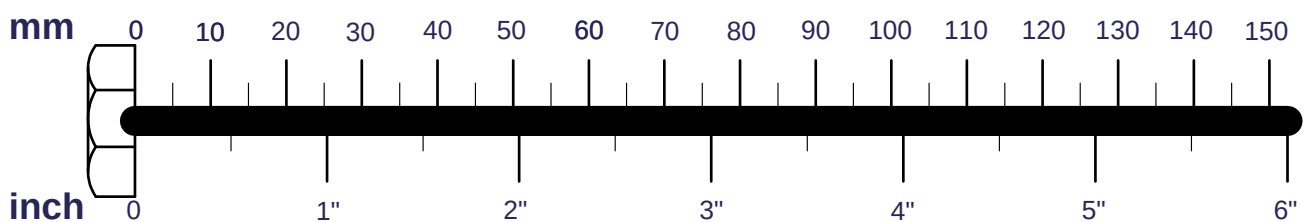
A24.M10X55L ALLEN SCREW...4PCS (Pre-installed)



A25.M12X25L HEX HEAD SCREW...6PCS (Pre-installed)



A26.M8X30L ALLEN SCREW...6PCS



MGCBLB HARDWARE (shown in actual size)

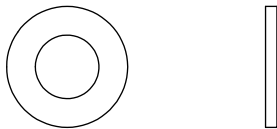
C1.M4 WASHER (Ø9)...4PCS



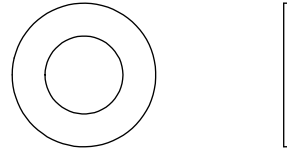
C2.M8 SPRING WASHER...5PCS(1PCS Pre-installed)



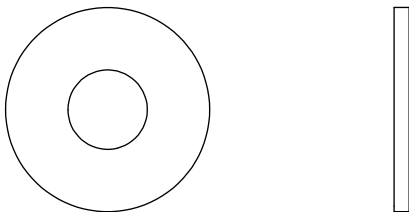
C3.M8 WASHER (Ø16)...8PCS(2PCS Pre-installed)



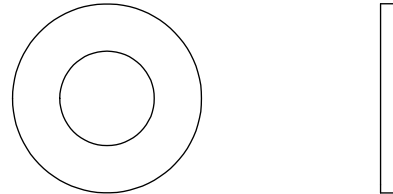
C4.M10 WASHER (Ø19)...25PCS(9PCS Pre-installed)



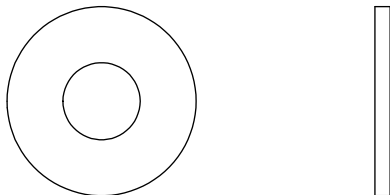
C5.M10 WASHER (Ø27)...25PCS(4PCS Pre-installed)



C6.M12 WASHER (Ø24)...24PCS(6PCS Pre-installed)



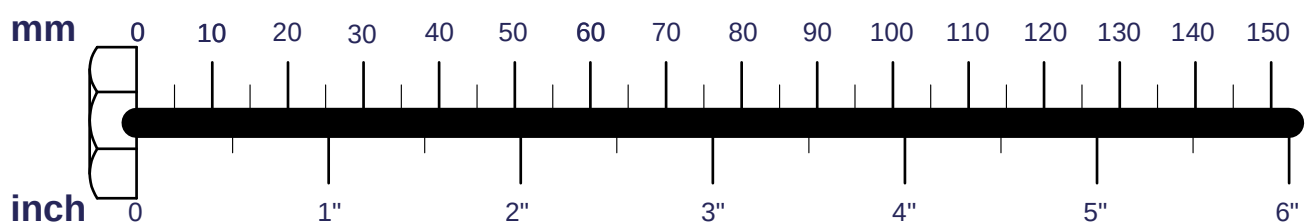
C7.M10 WASHER (Ø25)...2PCS(Pre-installed)



B1.M4 NYLON LOCK NUT...2PCS



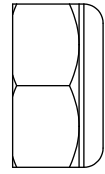
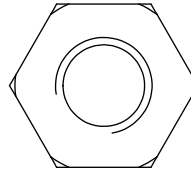
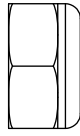
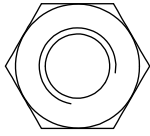
B2.M8 NYLON LOCK NUT...1PCS



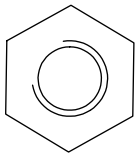
MGCBLB HARDWARE
(shown in actual size)

B3.M10 NYLON LOCK NUT...20PCS(4PCS Pre-installed)

B4.M12 NYLON LOCK NUT...9PCS

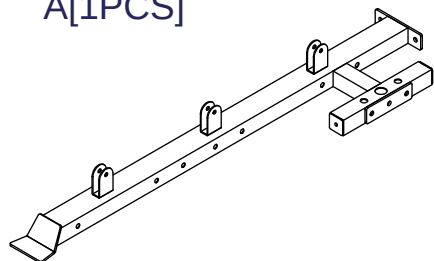


B5. $\frac{3}{8}$ " NUT...2PCS (pre-installed)

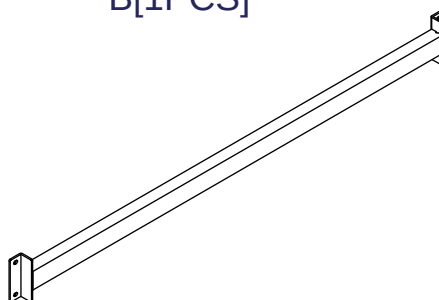


MGCBLB HARDWARE (shown in actual size)

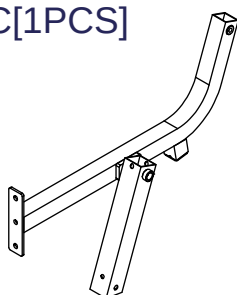
A[1PCS]



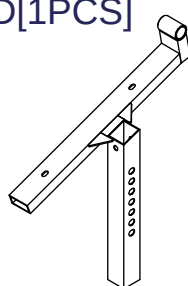
B[1PCS]



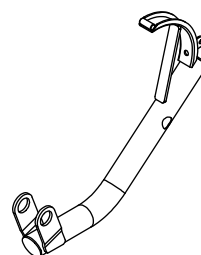
C[1PCS]



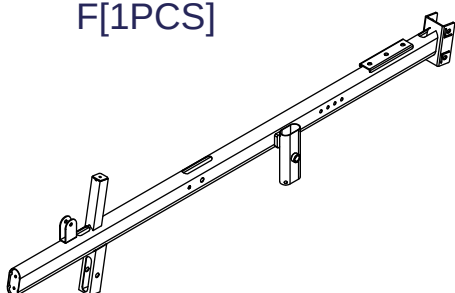
D[1PCS]



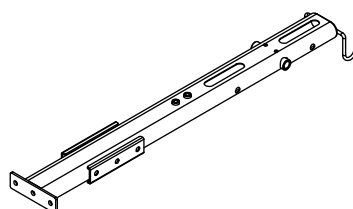
E[1PCS]



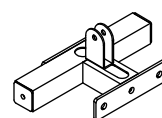
F[1PCS]



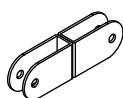
G[1PCS]



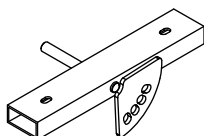
H[1PCS]



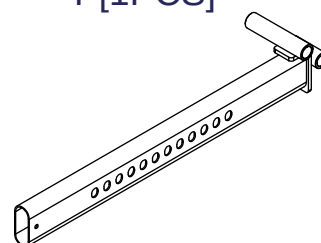
N[1PCS]



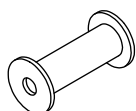
O[1PCS]



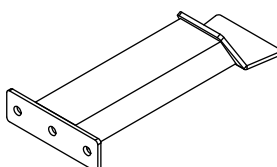
P[1PCS]



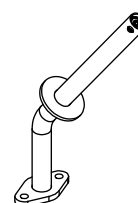
Q[2PCS]



R[1PCS]

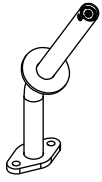


S[1PCS]

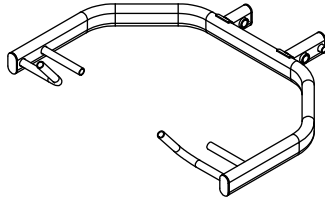


MGCBLB HARDWARE (shown in actual size)

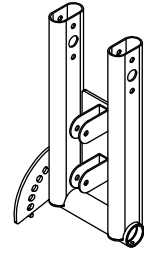
T[1PCS]



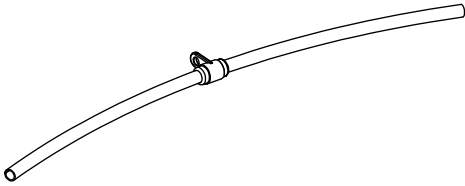
Y[1PCS]



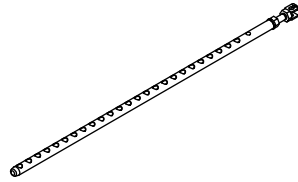
Z[1PCS]



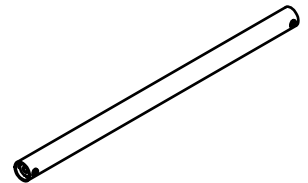
V[1PCS]
(20LB1200D)



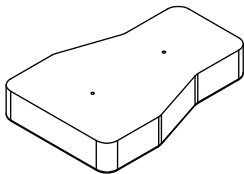
W[1PCS]
(8210-070A)



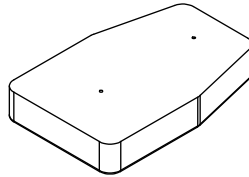
X[2PCS]
(20MGCBLB-X)
Ø1"x1.6tx457Lmm



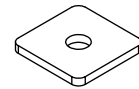
Z1[1PCS]
(9111-110)



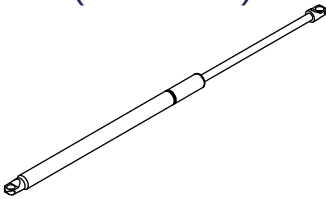
Z2[1PCS]
(9121-108)



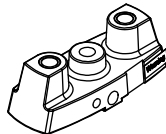
Z3[2PCS]
(8312-013)



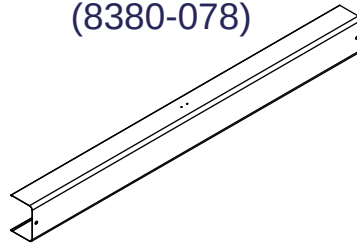
Z4[1PCS]
(8830-007)



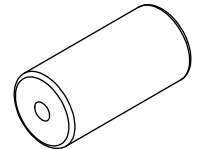
Z5[1PCS]
(8400-006)



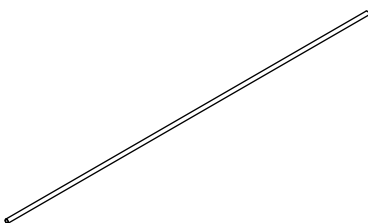
Z6[2PCS]
(8380-078)



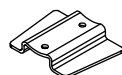
Z7[6PCS]
(9161-076)



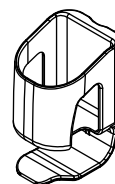
Z8[2PCS]
(10MGCBLB-29)
Ø3/4"X1.6TX2023Lmm



Z10[1PCS]
(8388-025)



Z11[1PCS]
(9260-086)



Z12[1PCS]
(9260-123)



MGCBLB HARDWARE (shown in actual size)

D1.Iron Set (8530-021)	[4PCS]
D2.Iron Set(8110-014)	[2PCS]
D3.End Cover (9211-157)	[6PCS]
D4.Copper Washers (8520-007)	[2PCS]
D5.Iron Set (8530-009)	[4PCS]
D7.Hoist Hook(8810-001)	[2PCS]
D8.Guide Rod Bundle Of Child(9211-046)	[2PCS]
D9.Double Set Of(9211-047)	[1PCS]
D10.Half Round End Plug(9211-086)	[2PCS]
D11.Half Round End Plug(9211-087)	[2PCS]
D12.The Elliptical Pipe Plug(9211-191)	[2PCS]
D13.The Round Side Cover(9211-173)	[20PCS]
D14.A Wild Card To Fill(9212-011)	[2PCS]
D15.Belt Pulley(9213-002C)	[13PCS]
D16.Buffer Gasket(9214-002)	[2PCS]
D17.The Nylon Washer(9214-008)	[6PCS]
D18.The Elliptical Pipe Plug(9261-061)	[1PCS]
D19.Rubber Ring(9310-027)	[2PCS]
D20.Shoulder Girdle(50ACH-16)	[1PCS]
D21.Elastic Belt (F920003)	[1PCS]
D22.Copper Code(9440-108)	[1PCS]
D23.Iron Set(8110-165)	[1PCS]
D24.Select The Lower(8400-021)	[20PCS]
D25.3940mm Steel Cable.....	[1PCS]
D26.5095mm Steel Cable.....	[1PCS]
D27.Nylon Ball(F910013)	[1PCS]
D28.Turn Axis(8210-061) (Pre-installed).....	[1PCS]
D29.Bearing(8510-022) (Pre-installed).....	[2PCS]
D30.Pole(8220-310) (Pre-installed).....	[1PCS]
D31.Fixed Axis(8220-309) (Pre-installed).....	[1PCS]
D32.Bearing(8510-010A) (Pre-installed).....	[2PCS]
D33. Bearing Plate(8341-031) (Pre-installed).....	[2PCS]

D1



D2



D3



D4



D5



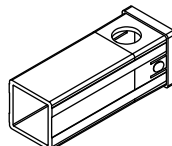
D7



D8



D9



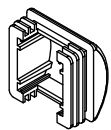
D10



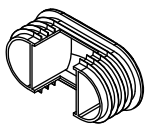
MGCBLB HARDWARE

(shown in actual size)

D11



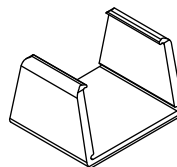
D12



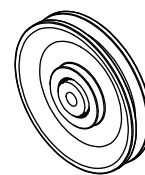
D13



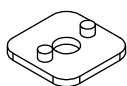
D14



D15



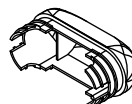
D16



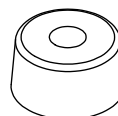
D17



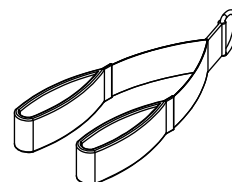
D18



D19



D20



D21



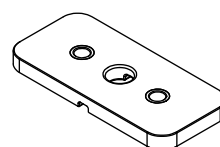
D22



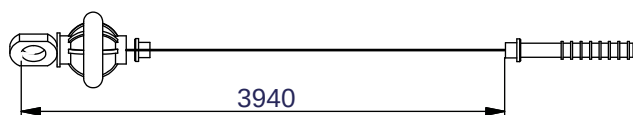
D23



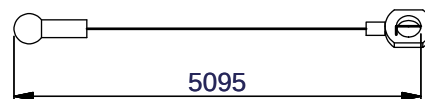
D24



D25



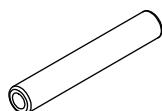
D26



D27



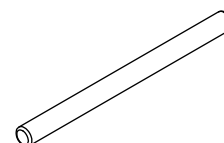
D28



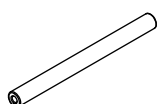
D29



D30



D31

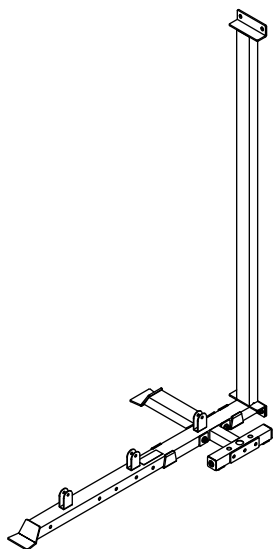


D32

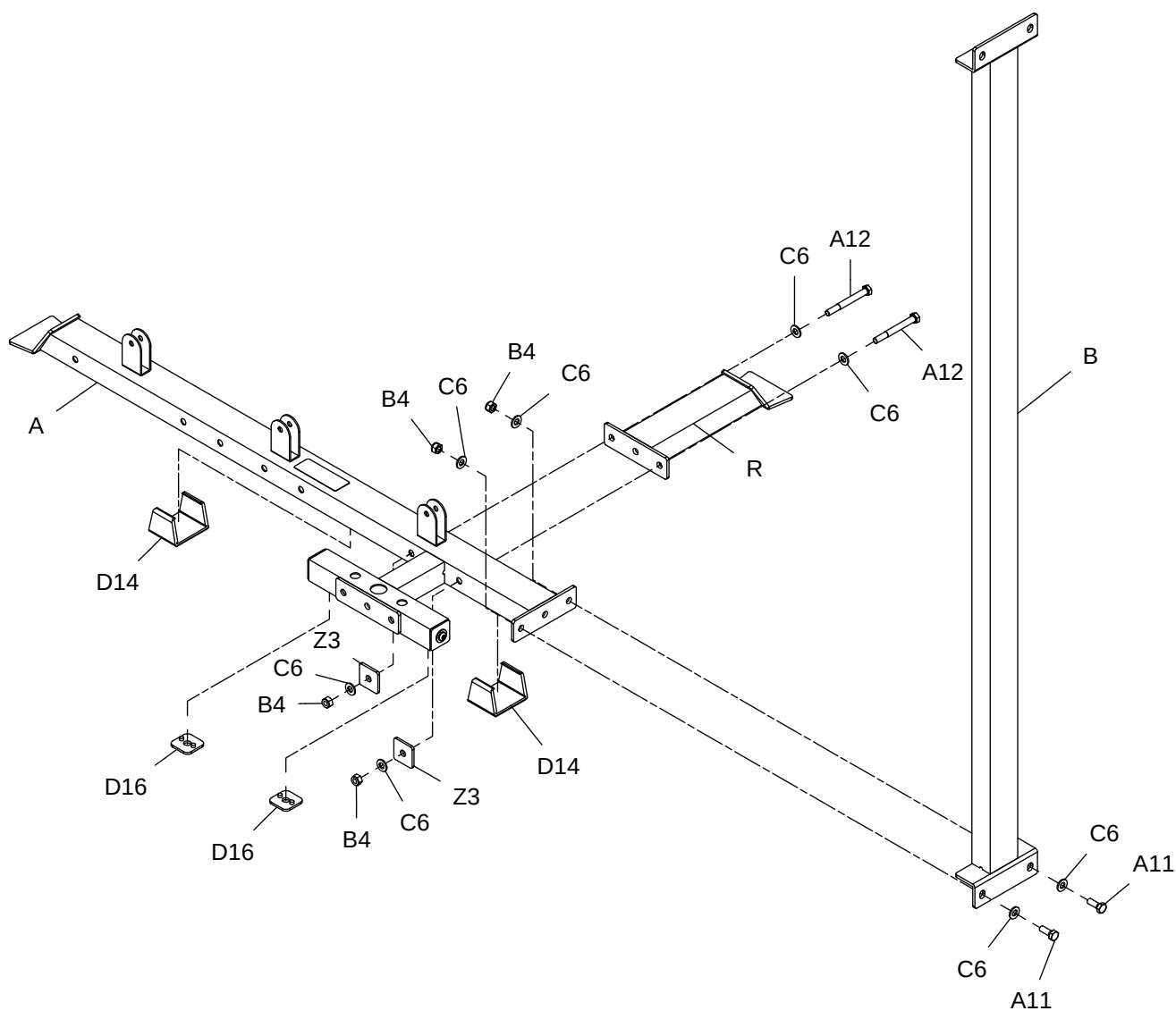


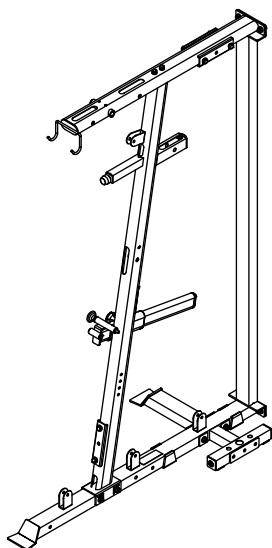
D33



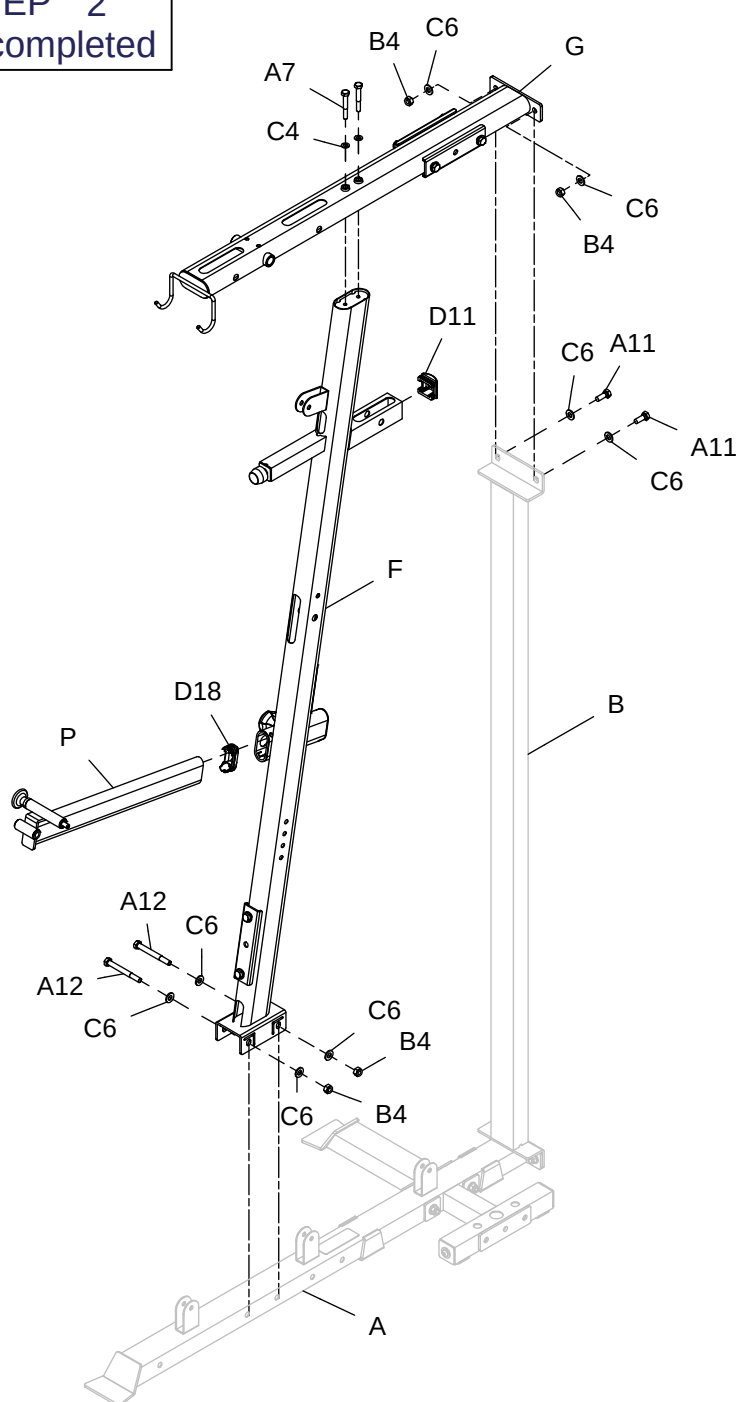


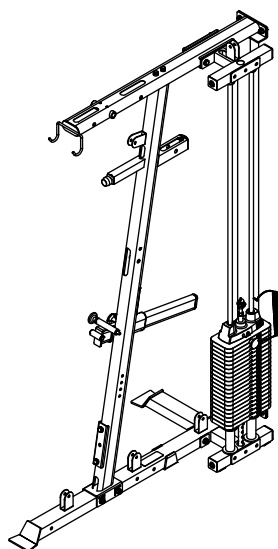
Above shows STEP 1
assembled and completed



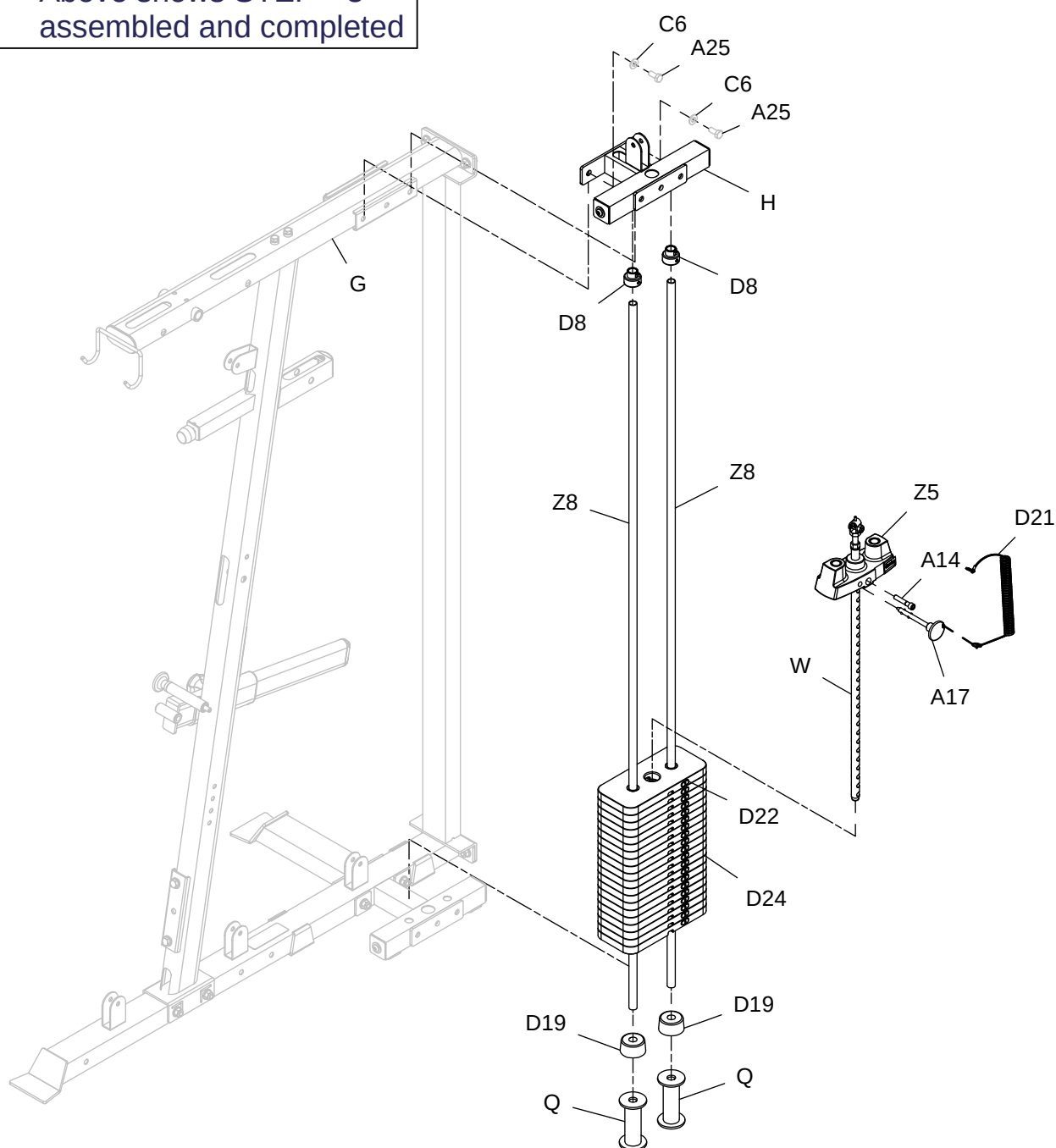


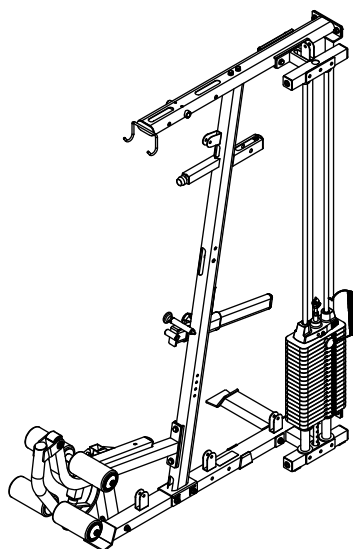
Above shows STEP 2
assembled and completed



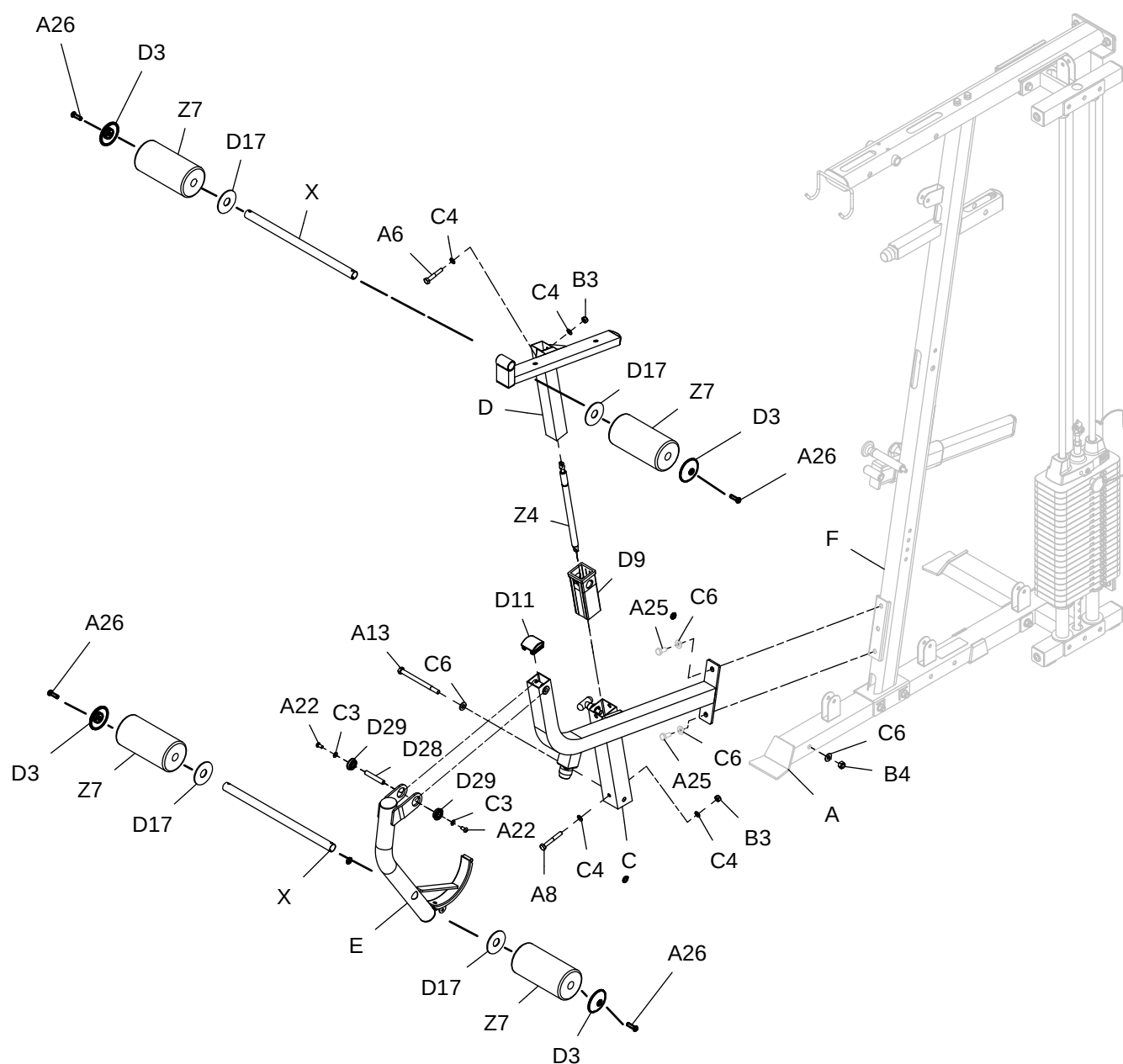


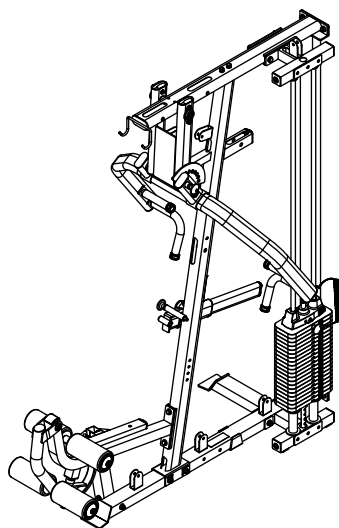
Above shows STEP 3
assembled and completed



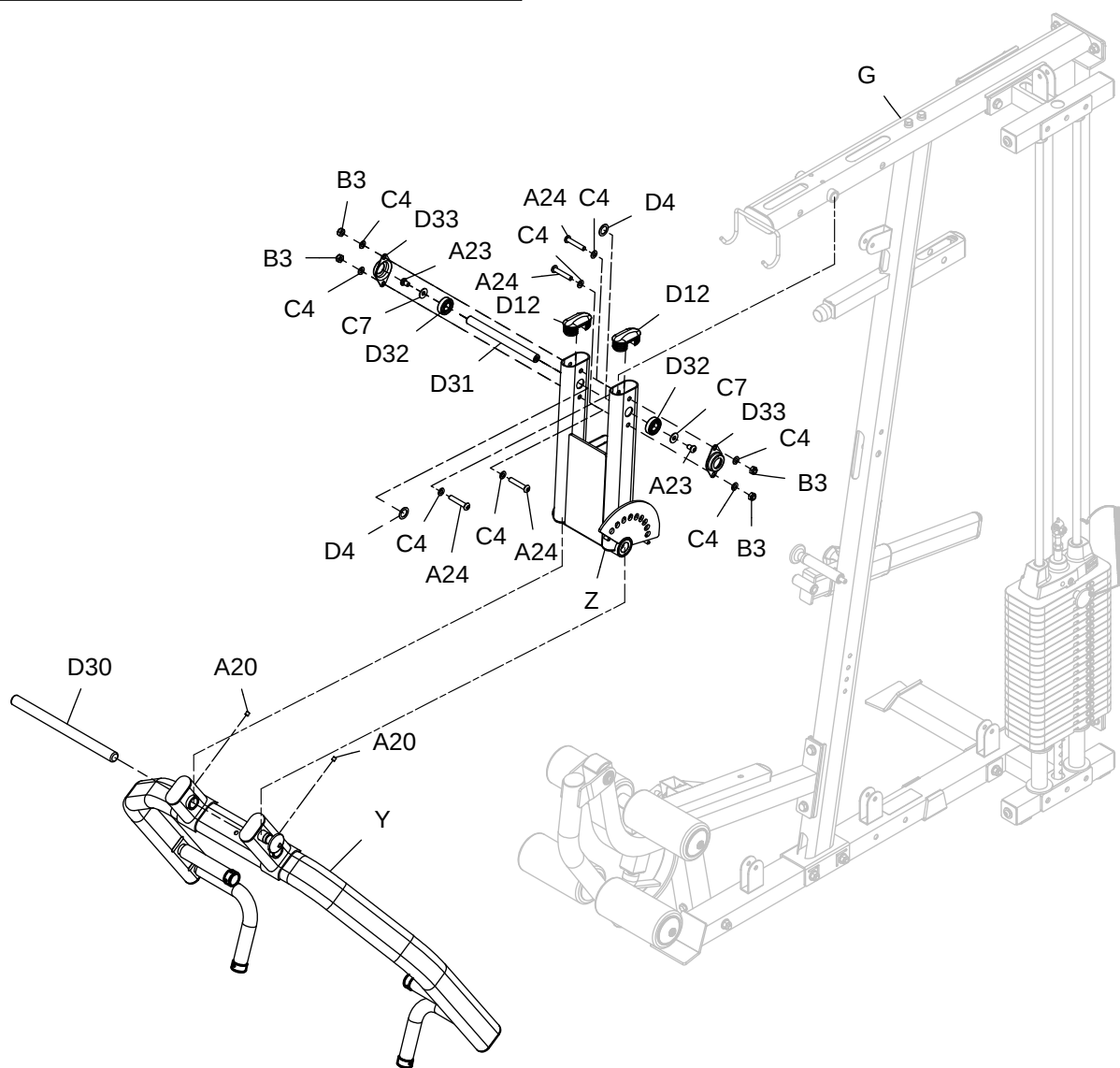


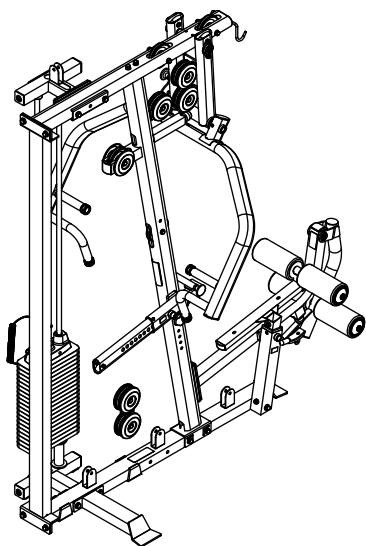
Above shows STEP 4 assembled and completed



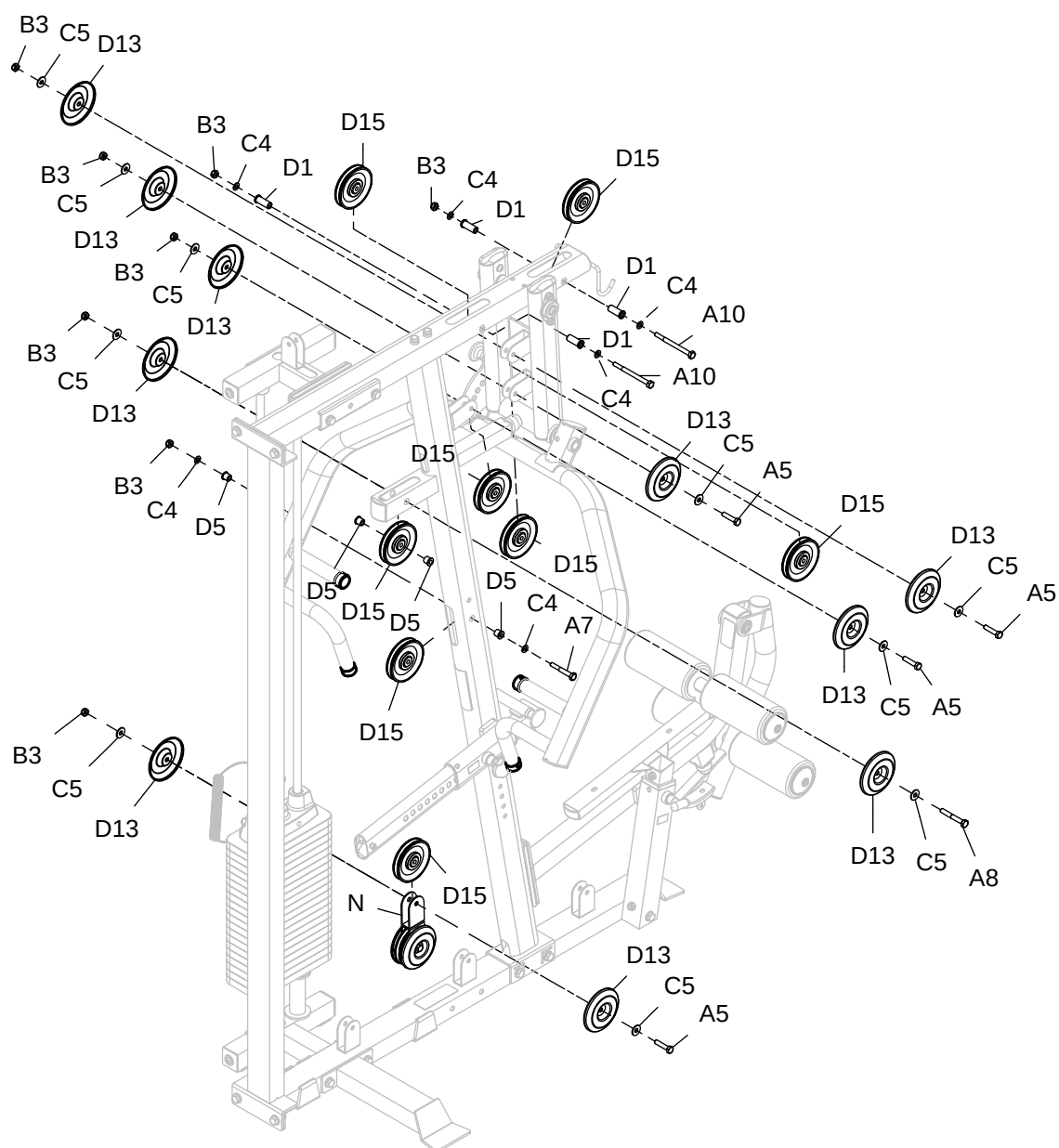


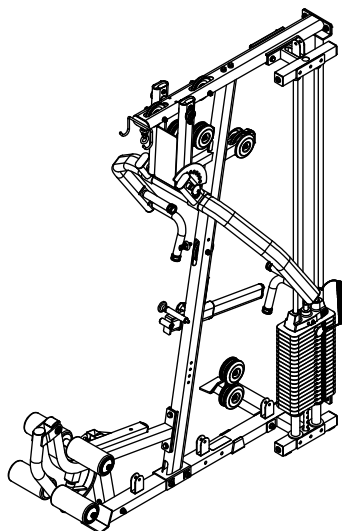
Above shows STEP 5
assembled and completed



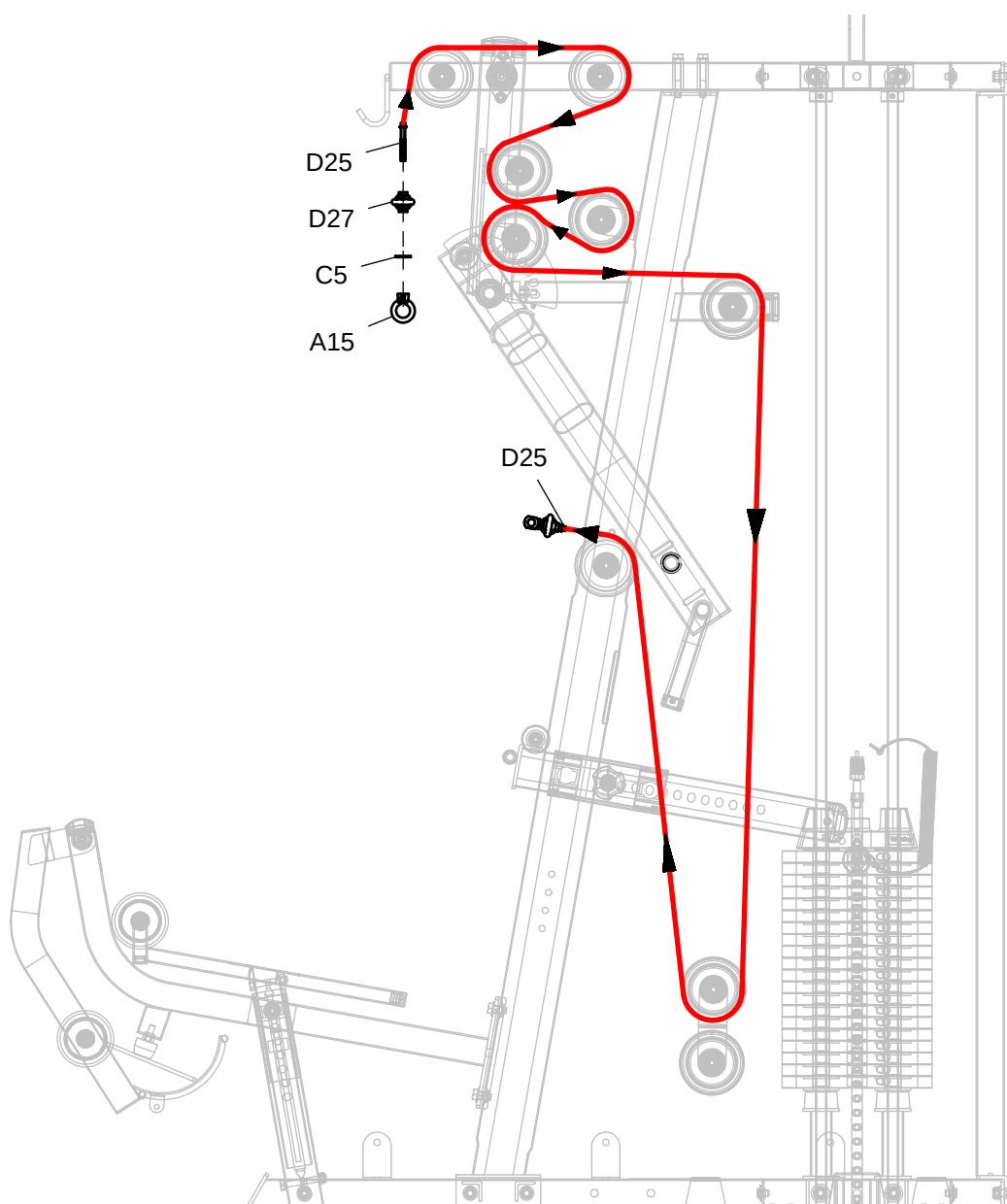


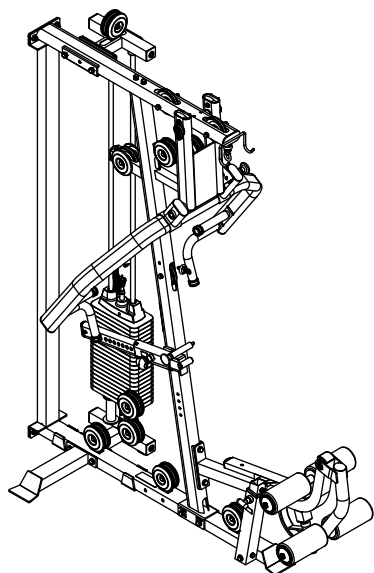
Above shows STEP 6
assembled and completed





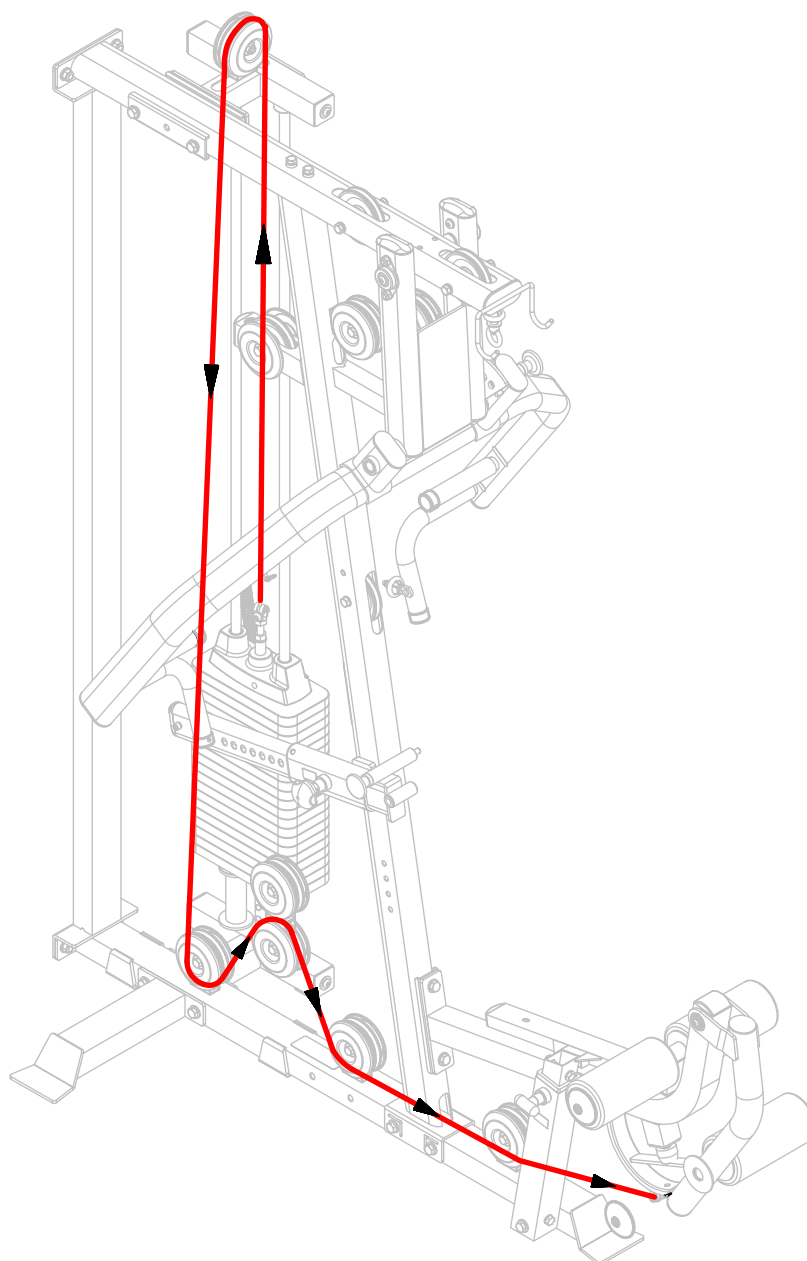
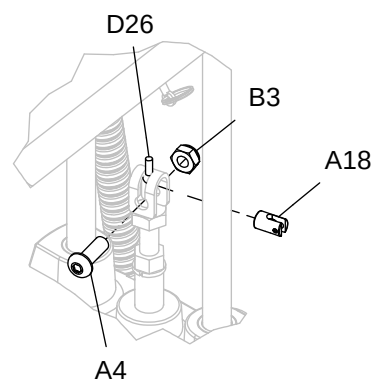
Above shows STEP 7
assembled and completed

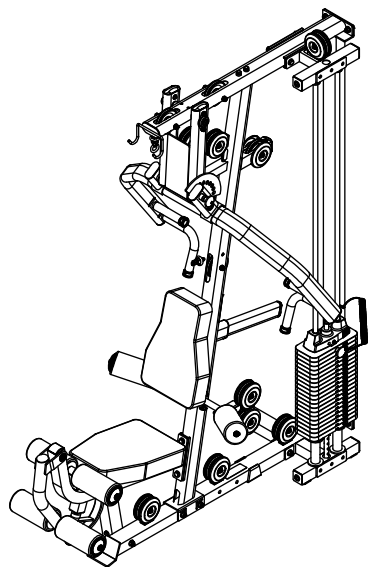




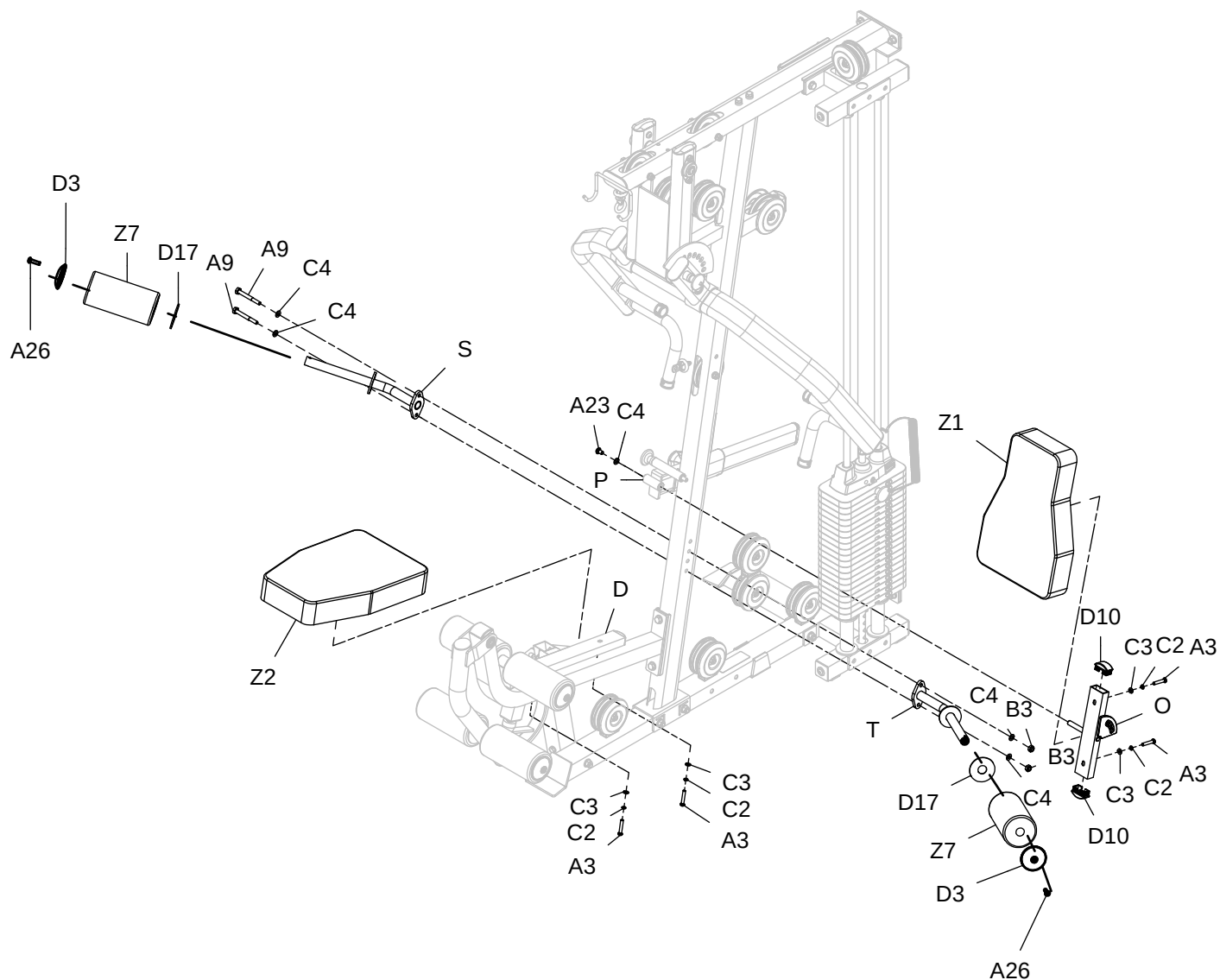
Above shows STEP 9
assembled and completed

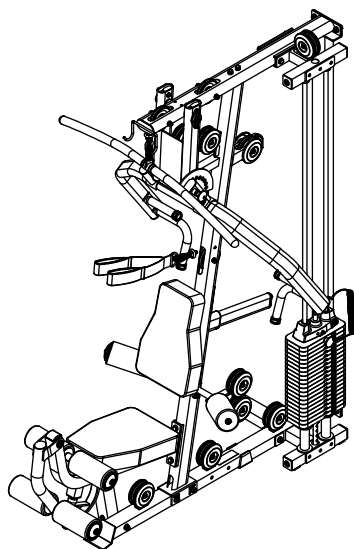
B (1 : 5)



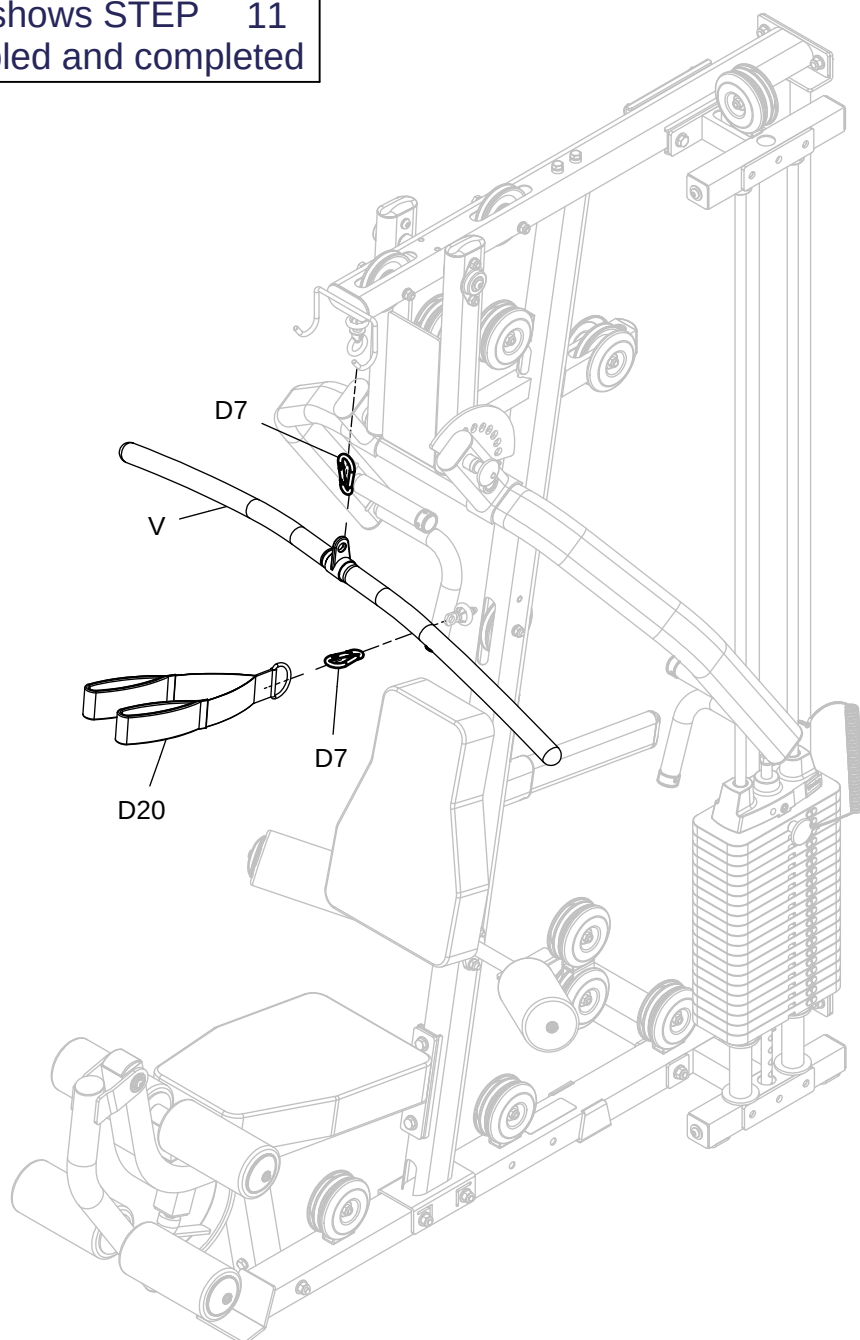


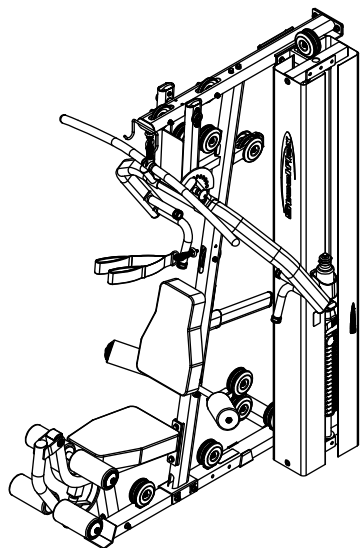
Above shows STEP 10
assembled and completed



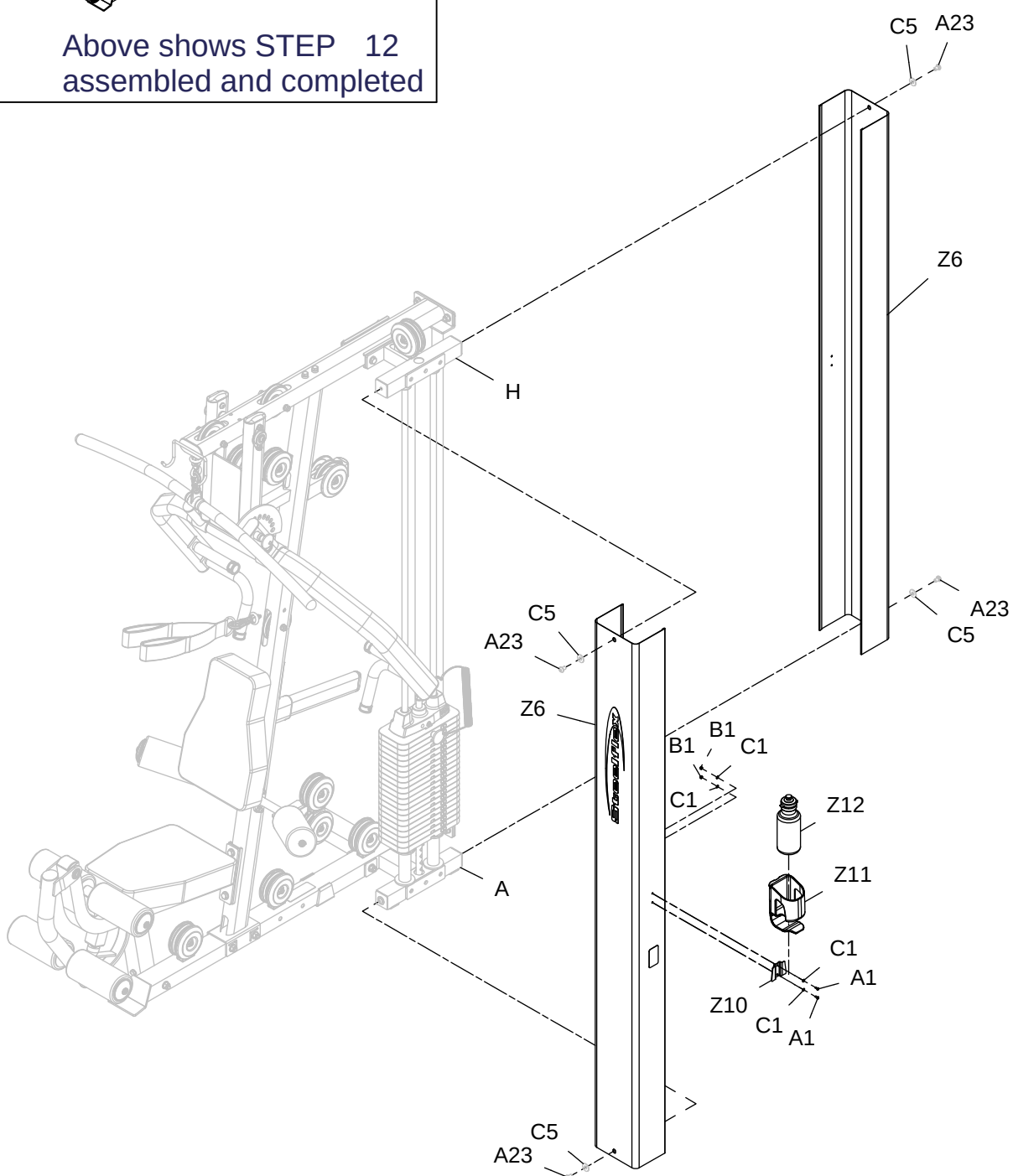


Above shows STEP 11
assembled and completed



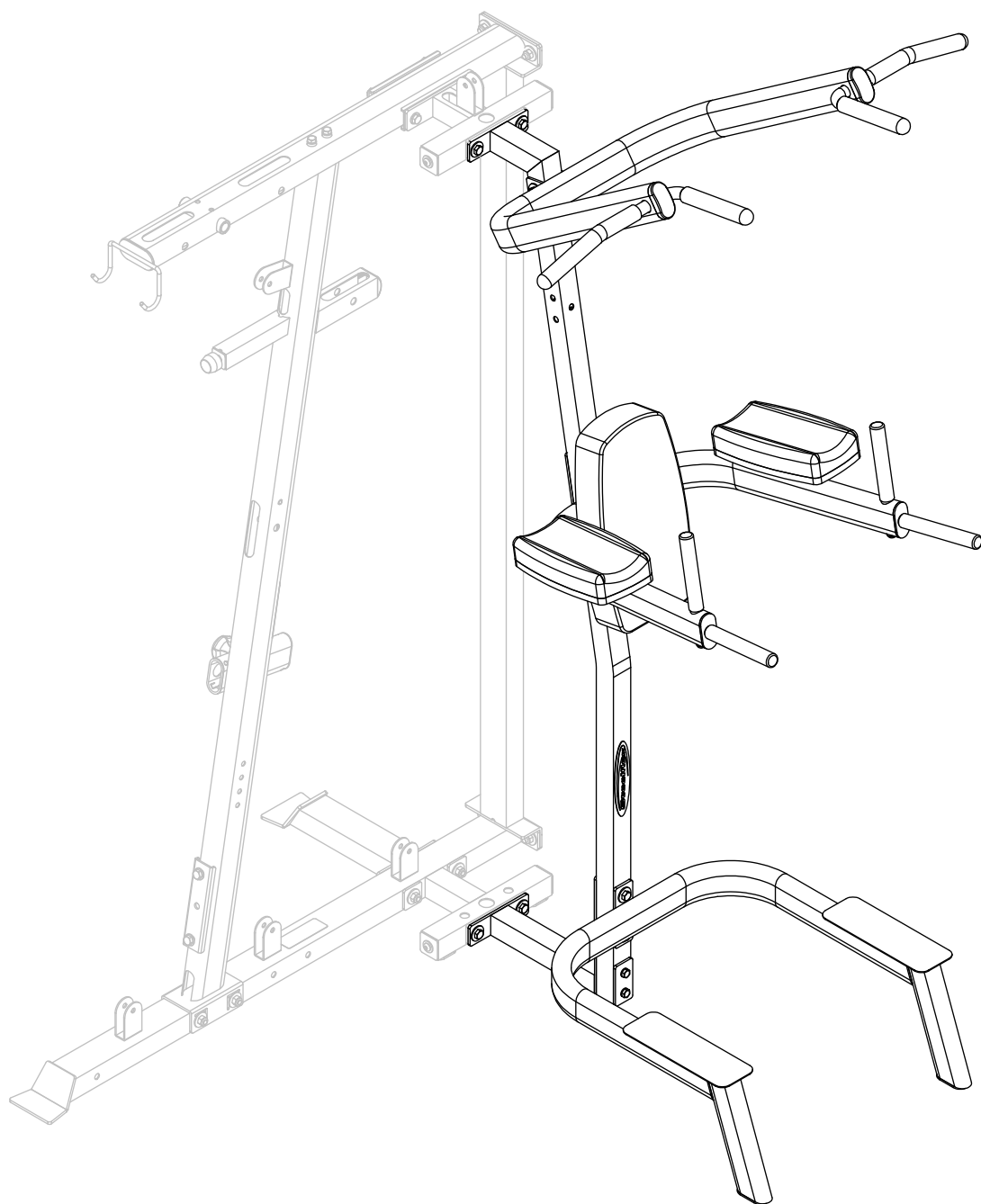


Above shows STEP 12
assembled and completed





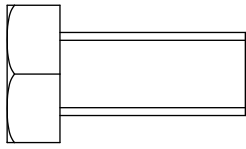
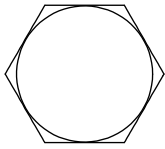
MGVKRB



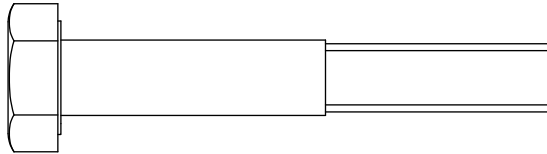
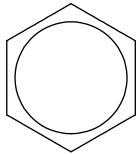
Assembly & Instructions

OWNER'S & MANUAL

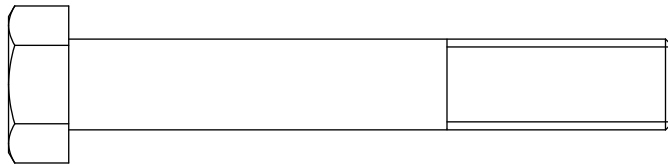
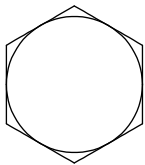
MGVKRB HARDWARE
(shown in actual size)



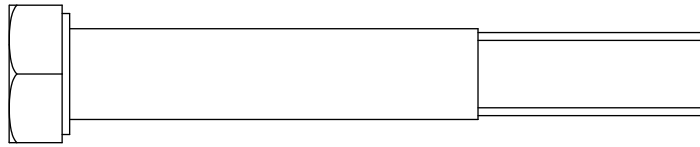
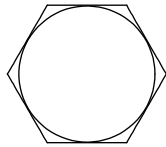
A1.M12X25L Hex Head Bolt...4PCS



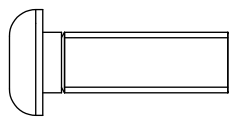
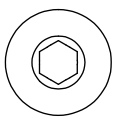
A2.M10X65L Hex Head Bolt...2PCS



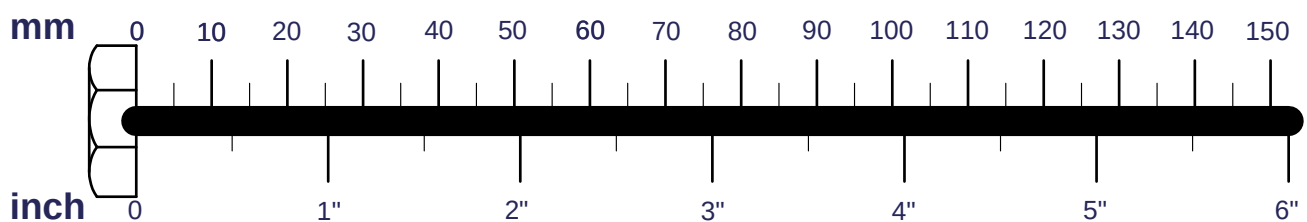
A3.M12X80L Hex Head Bolt...4PCS



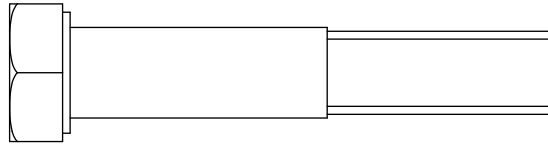
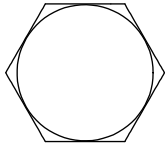
A4.M12X85L Hex Head Bolt...2PCS



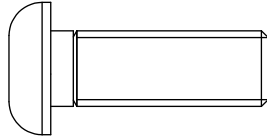
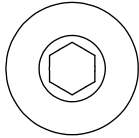
A5.M8X25L Allen Screw...6PCS



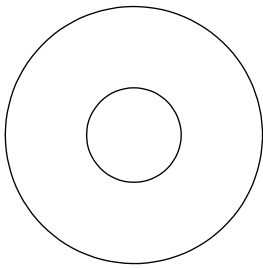
MGVKRB HARDWARE
(shown in actual size)



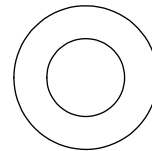
A6.M12X65L Hex Head Bolt...1PCS



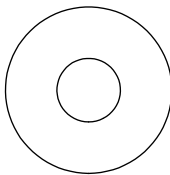
A7.M10X30L Allen Screw...2PCS(pre-installed)



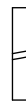
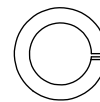
C1.M12 WASHER (Ø34)...17PCS



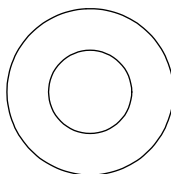
C2.M10 WASHER (Ø19)...2PCS



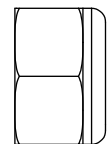
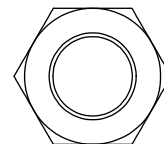
C3.M8 WASHER (Ø22)...6PCS



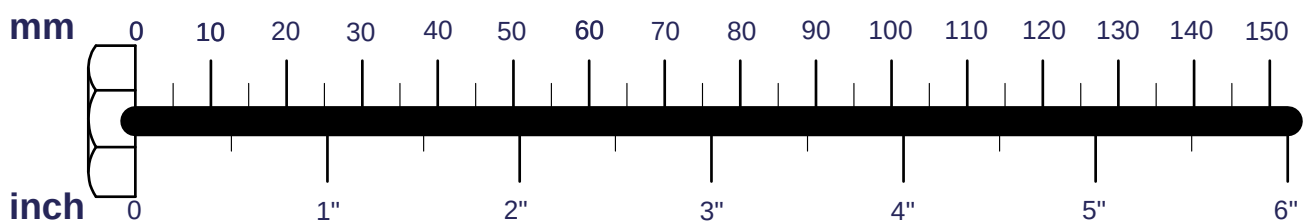
C4.M8 SPRING WASHER...6PCS



C5.M10 Arc WASHER...2PCS(pre-installed)

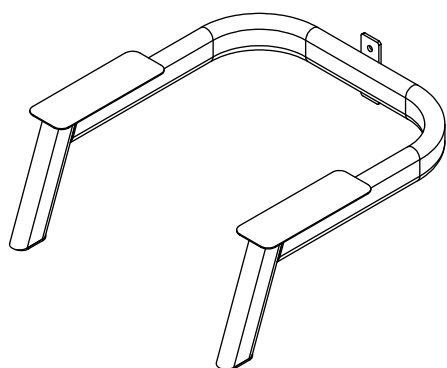


B1.M12 NYLON LOCK NUT...6PCS

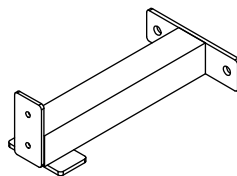


MGVKRB HARDWARE (shown in actual size)

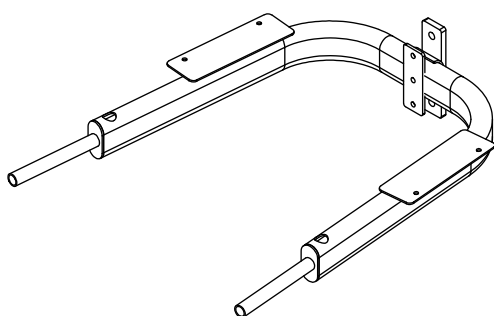
A[1PCS]



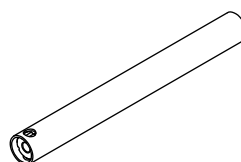
B[1PCS]



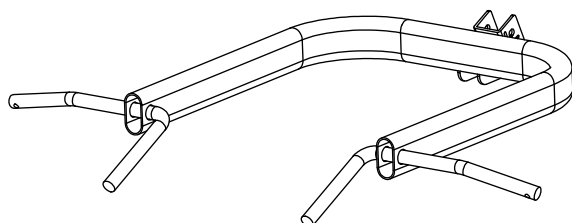
D[1PCS]



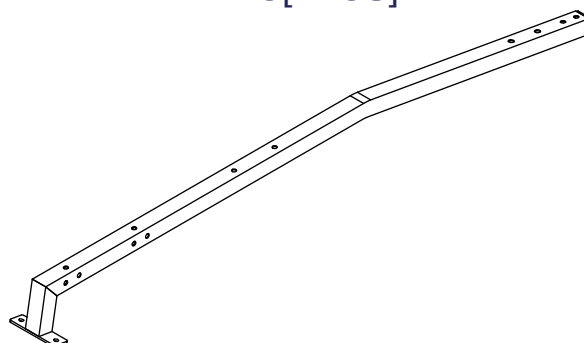
E[2PCS]



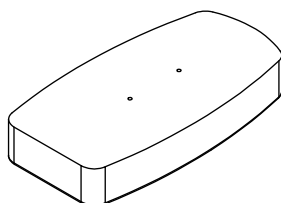
F[1PCS]



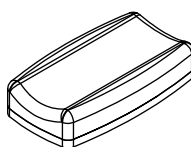
C[1PCS]



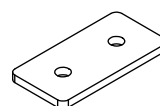
I[1PCS]
(9111-098)



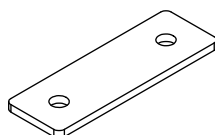
J[2PCS]
(9131-063)



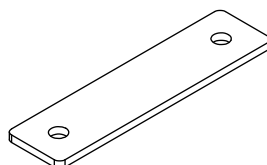
K[1PCS]
(8312-049)



L[1PCS]
(8312-062)



M[1PCS]
(8312-077)

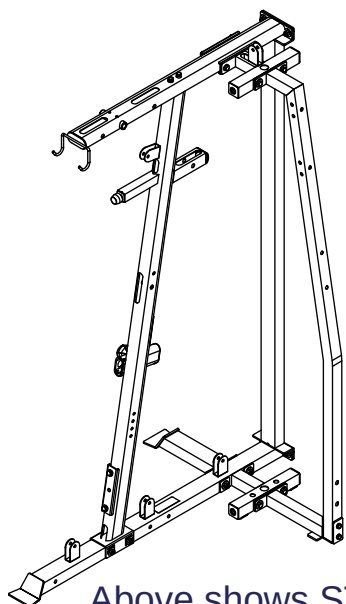


MGVKRB HARDWARE
(shown in actual size)

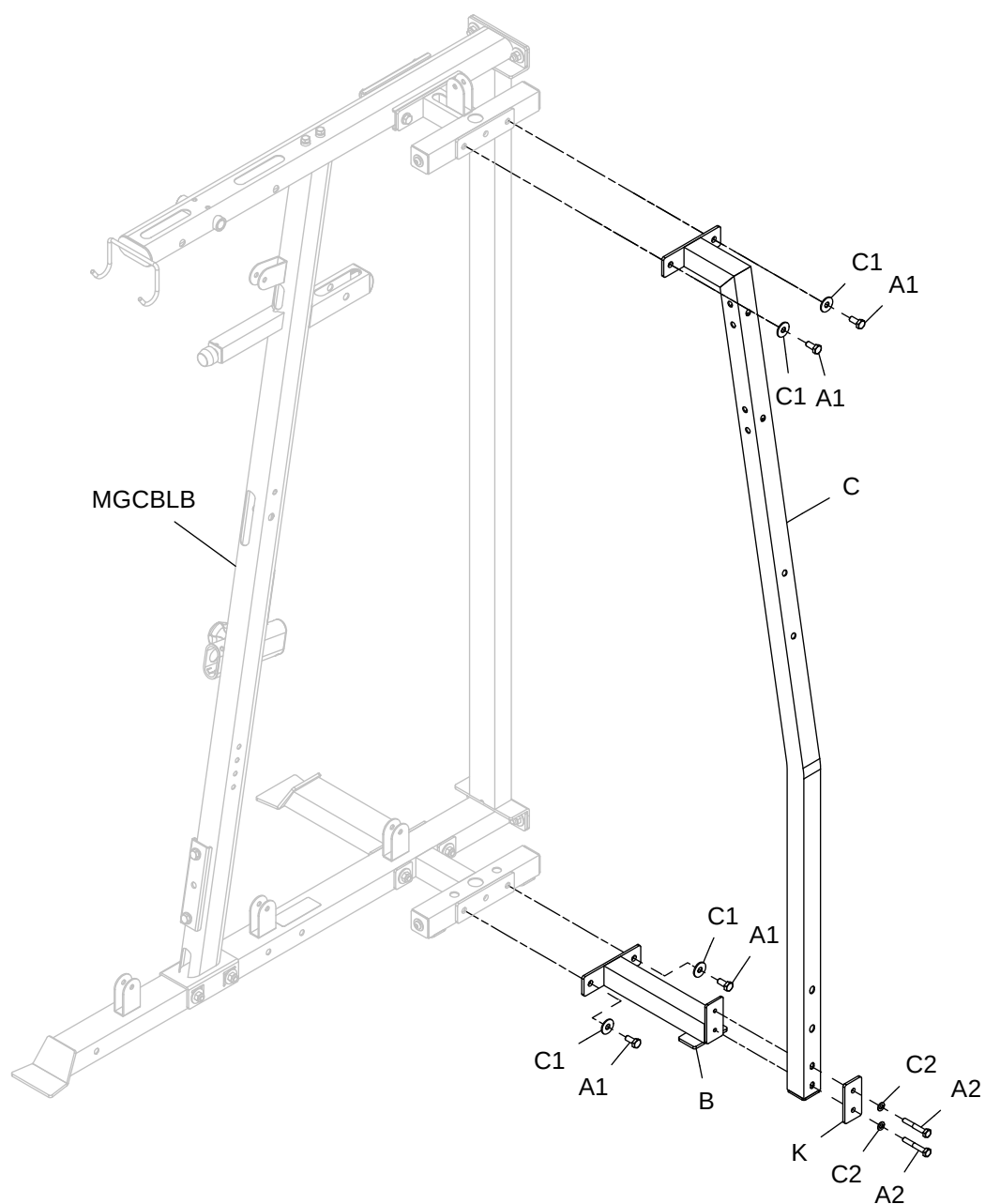
D1.The plug(9211-113).....[2PCS]

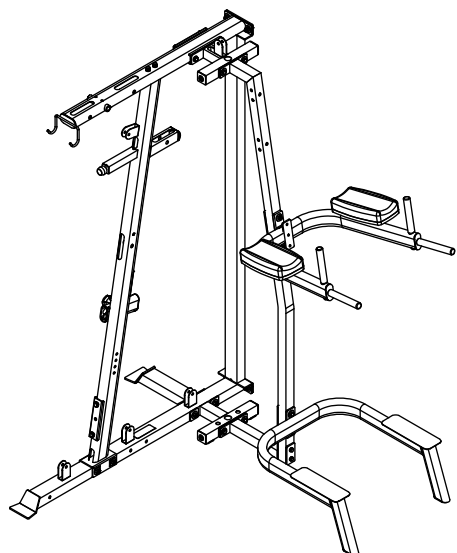
D1



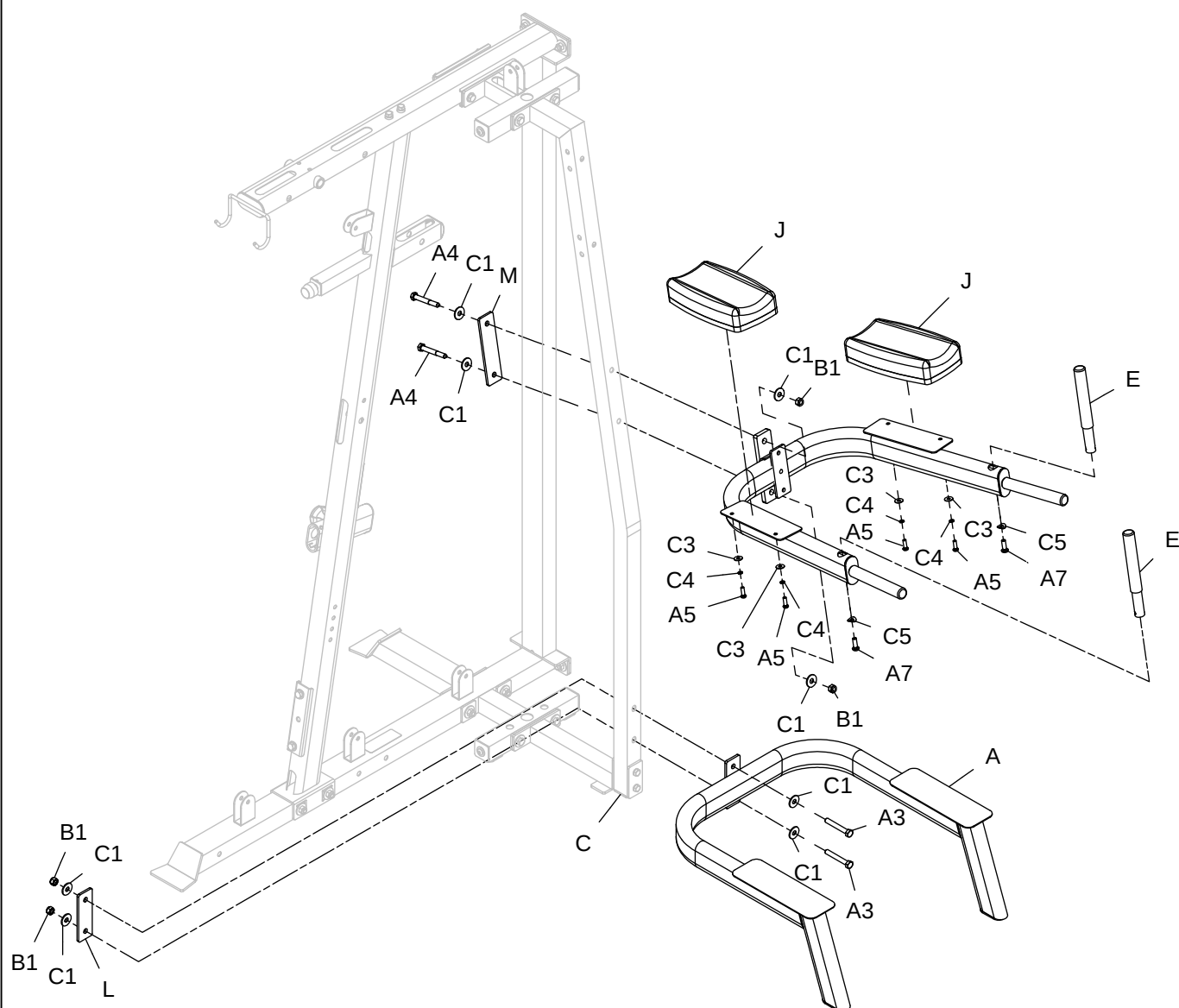


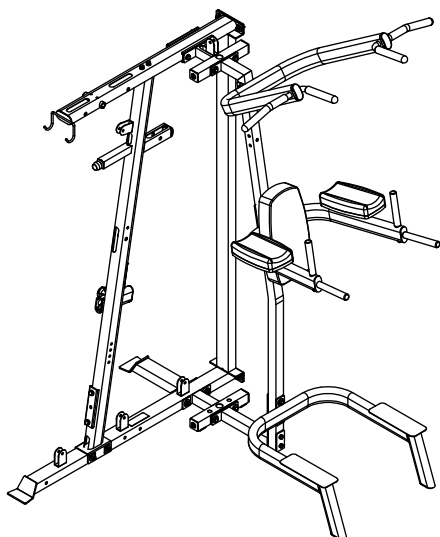
Above shows STEP 1
assembled and completed





Above shows STEP 2
assembled and completed





Above shows STEP 3
assembled and completed

