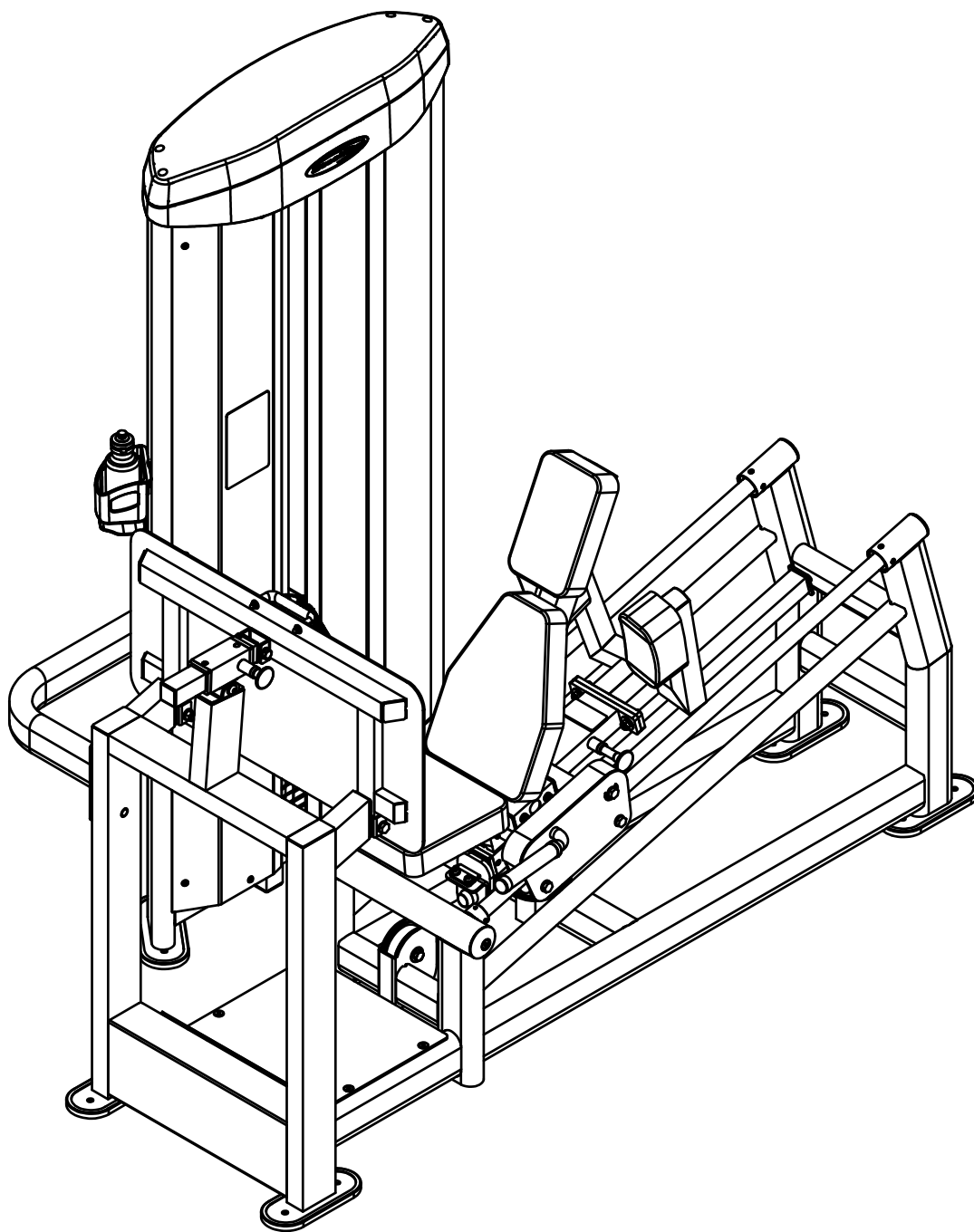


MEGA POWER



Steelflex

JOONG CHENN INDUSTRY CO., LTD.

Sales Office:

3F28, No.5, Shin-Yi Rd., Sec. 5, Taipei, Taiwan 110 R.O.C.

Tel: 886-2-27209980

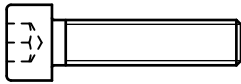
Fax: 886-2-27229750

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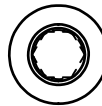
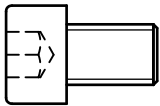
MDLP OWNER'S MANUAL

MDLP ASSEMBLY INSTRUCTIONS

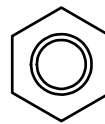
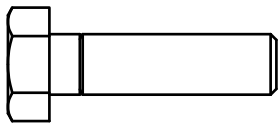
HARDWARE ILLUSTRATION



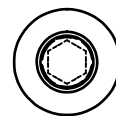
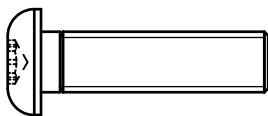
(A1) SOCKET HEAD CAP SCREW M6X25L FULL THREAD QTY.2



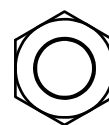
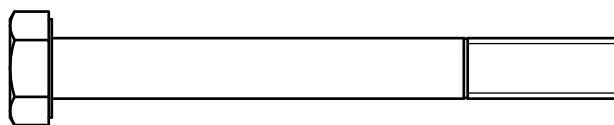
(A2) SOCKET HEAD CAP SCREW M8X12L FULL THREAD QTY.1



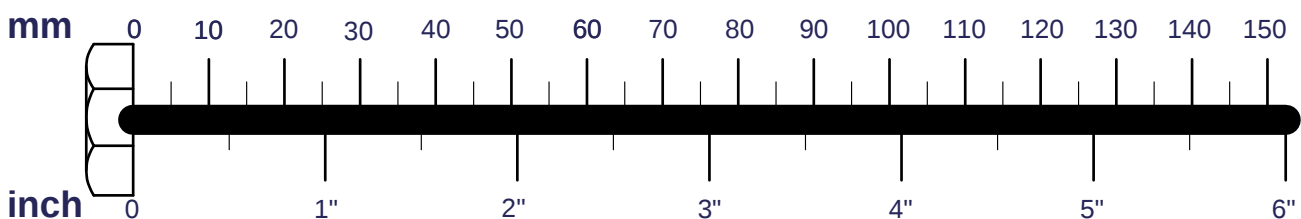
(A3) HEX BOLT M8X30L FULL THREAD QTY.8



(A4) ROUND INNER HEX SCREW M8X30L FULL THREAD QTY.2

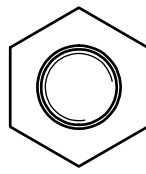
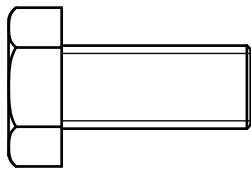


(A5) HEX BOLT M8X75L PARTIAL THREAD QTY.6

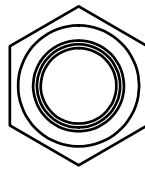
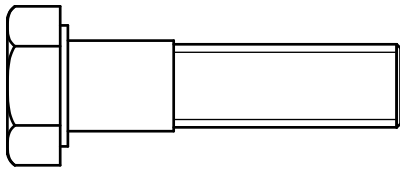


MDLP ASSEMBLY INSTRUCTIONS

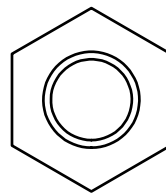
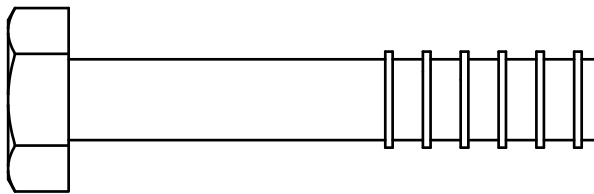
HARDWARE ILLUSTRATION



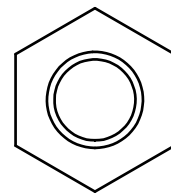
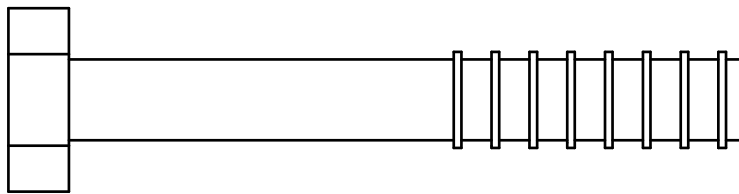
(A6)HEX BOLT M12X25L FULL THREAD QTY.2



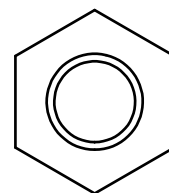
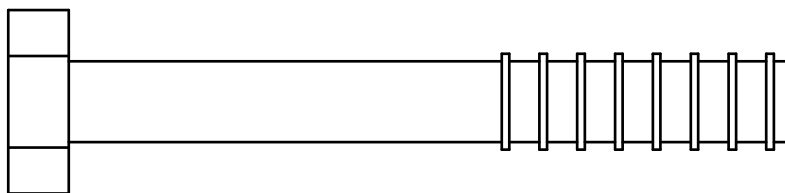
(A7)HEX BOLT M12X45L PARTIAL THREAD QTY.2



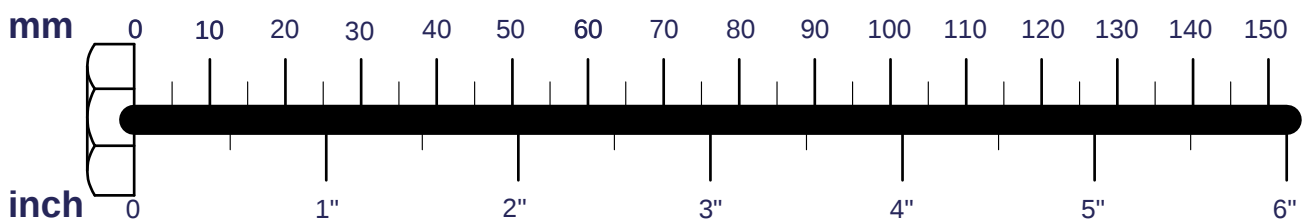
(A8)HEX BOLT 1/2"X2-3/4"L PARTIAL THREAD QTY.1



(A9)HEX BOLT 1/2"X3-1/2"L THREAD THREAD QTY.2

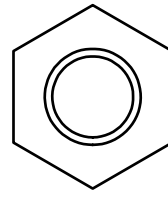
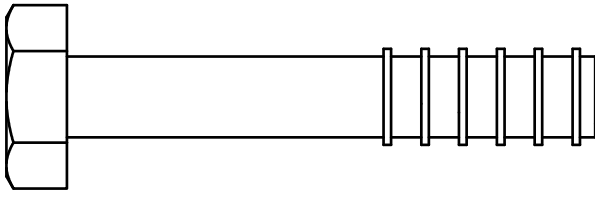


(A10)HEX BOLT 1/2"X3-3/4"L THREAD THREAD QTY.2

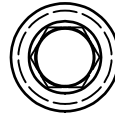
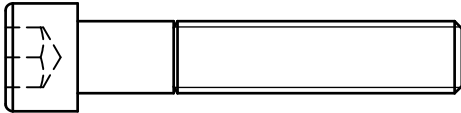


MDLP ASSEMBLY INSTRUCTIONS

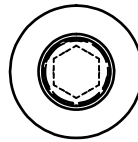
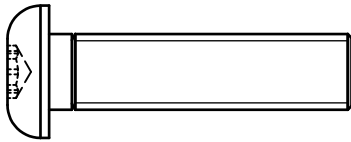
FRAME HARDWARE ILLUSTRATION FOR DOOR



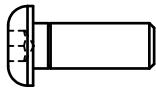
(A11)HEX BOLT 1/2"x2-3/4"L PARTIAL THREAD QTY.3



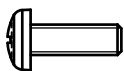
(A12)ROUND ALLEN HEAD 3/8"x2"L FULL THREAD QTY.1



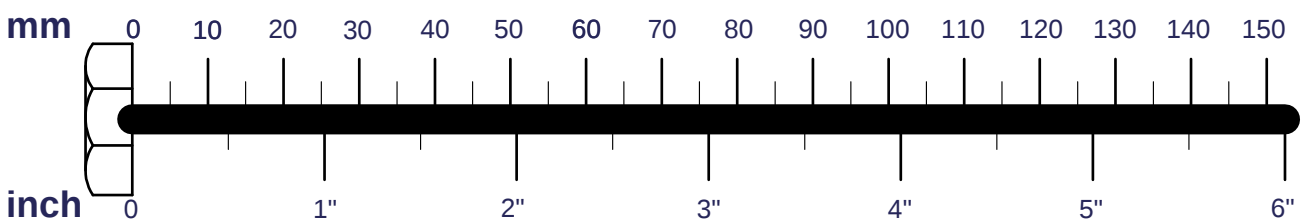
(A13)ROUND INNER HEX SCREW M10X40L FULL THREAD QTY.1



(A14)ROUND INNER HEX SCREW M6X16L FULL THREAD QTY.16

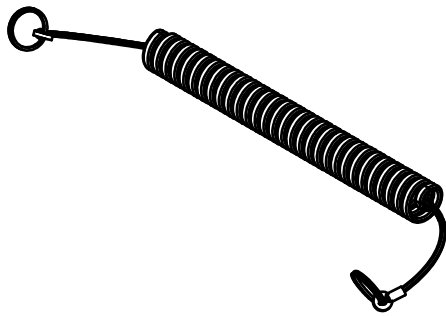


(A15)ROUND INNER HEX SCREW M4X12L FULL THREAD QTY.2

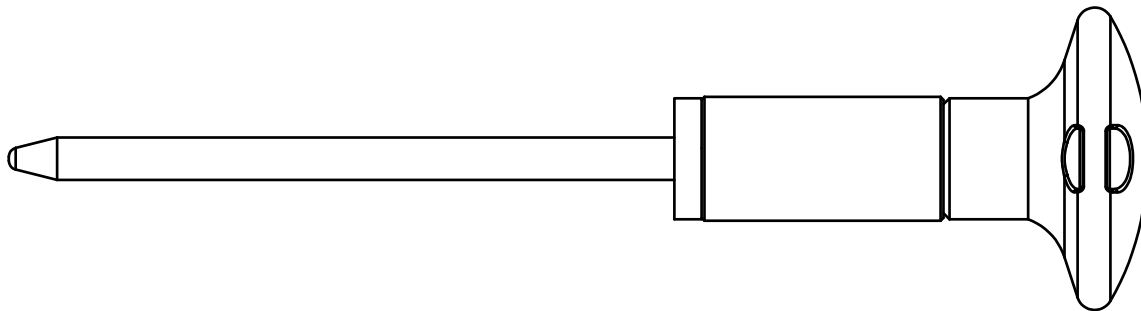


MDLP ASSEMBLY INSTRUCTIONS

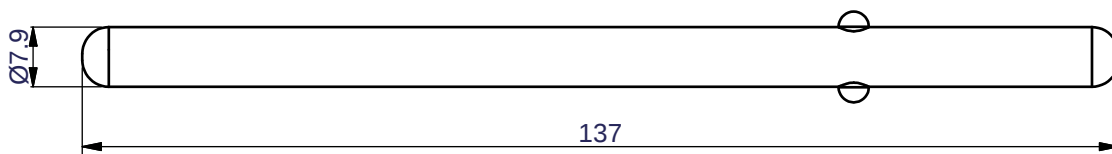
FRAME HARDWARE ILLUSTRATION FOR DOOR



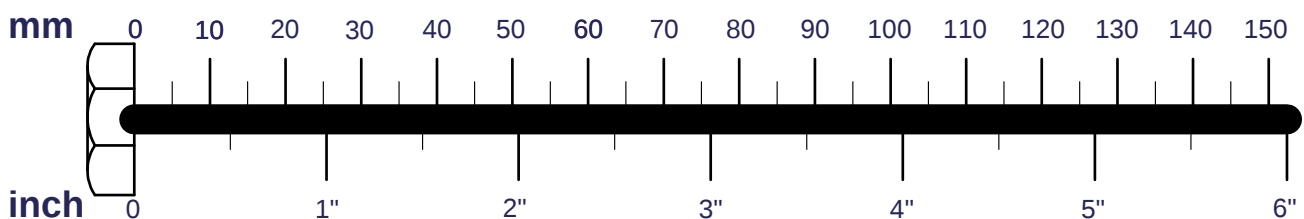
(A16)ELASTIC BELT (F920003) QTY.1



(A17)10 、 15 、 20LB PIN (8250-162) QTY.1



(A18) Ø7.9 PIN(8250-166) QTY.1

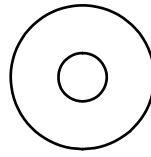
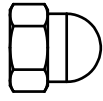


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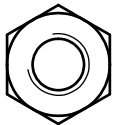
HARDWARE ILLUSTRATION



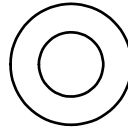
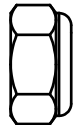
(B1)DOMED NUT M6 QTY.2



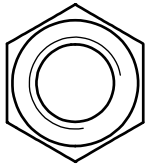
(C1)M6(I.D.)FLAT WASHER Ø19 QTY.2



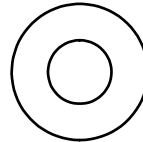
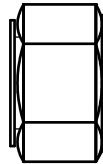
(B2)NYLON LOCK NUT M8 QTY.2



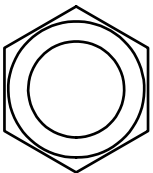
(C2)M8(I.D.)FLAT WASHER Ø14 QTY.1



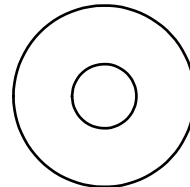
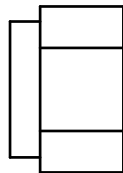
(B3)NYLON LOCK NUT M12 QTY.2



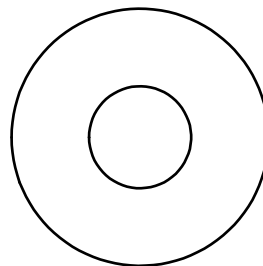
(C3)M8(I.D.)FLAT WASHER Ø18 QTY.4



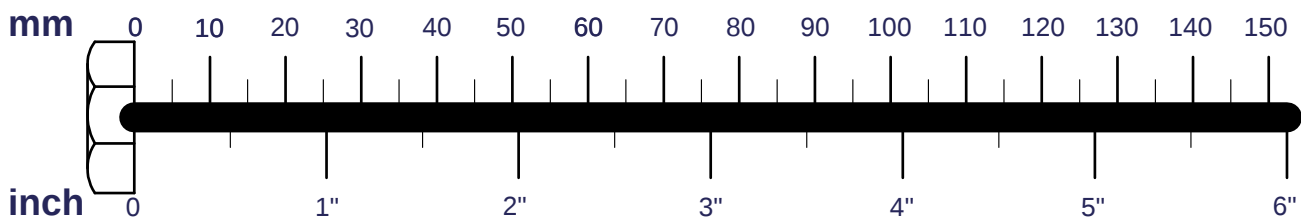
(B4)NYLON LOCK NUT 1/2" QTY.5



(C4)M8(I.D.)FLAT WASHER Ø24 QTY.14

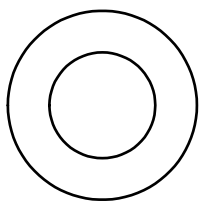


(C5)M12(I.D.)FLAT WASHER Ø34 QTY.6

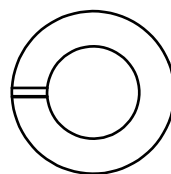


MDLP ASSEMBLY INSTRUCTIONS

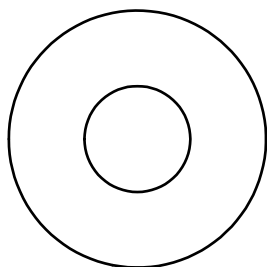
HARDWARE ILLUSTRATION



(C6) 1/2" (I.D.) FLAT WASHER Ø25 QTY.8



(C10) M12 SPRING WASHER QTY.2



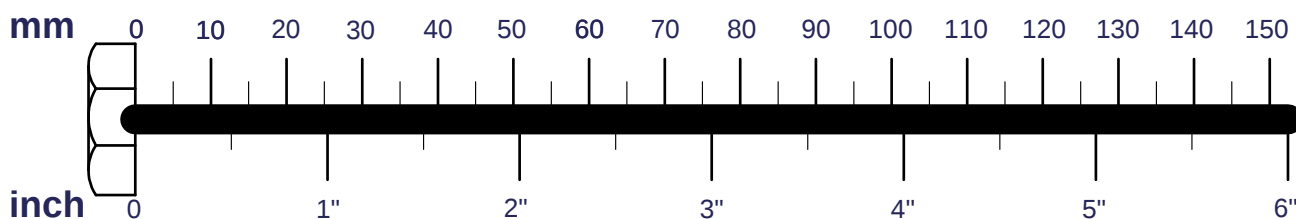
(C7) 1/2" (I.D.) FLAT WASHER Ø34 QTY.2



(C8) M6 SPRING WASHER QTY.2

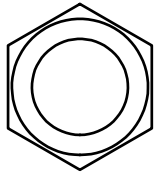


(C9) M8 SPRING WASHER QTY.15

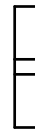
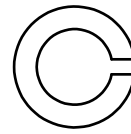
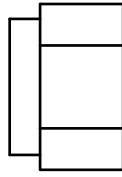


MDLP ASSEMBLY INSTRUCTIONS

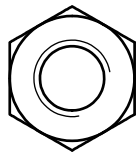
FRAME HARDWARE ILLUSTRATION FOR DOOR



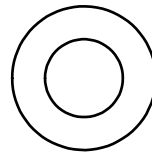
(B5)NYLON LOCK NUT 1/2" QTY.3



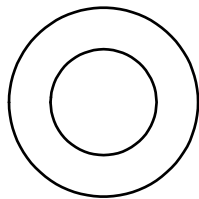
(C14)3/8" SPRING WASHER QTY.1



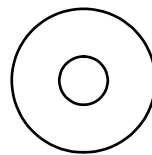
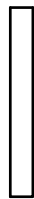
(B6)NYLON LOCK NUT M10 QTY.1



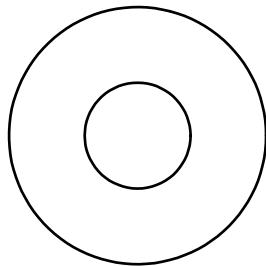
(C15)M10(I.D.)FLAT WASHER Ø19 QTY.2



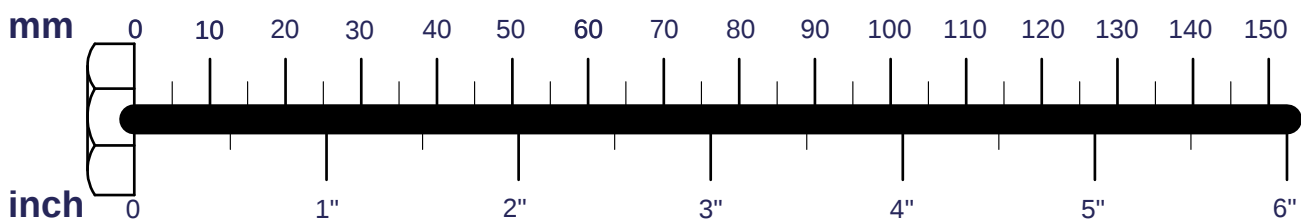
(C12)1/2"(I.D.)FLAT WASHER Ø25 QTY.2



(C16)M6 (I.D.)FLAT WASHER Ø19 QTY.16



(C13)1/2"(I.D.)FLAT WASHER Ø34 QTY.4



MDLP ASSEMBLY INSTRUCTIONS

HARDWARE ILLUSTRATION

D1.Ø75 CAP COVER(8130-236)	-----[2PCS]
D2.Ø10X60L SHAFT (8210-156)	-----[1PCS]
D3.CABINET U HANDLES(8910-052)	-----[1PCS]
D4.□45X17L END CAP(9211-004)	-----[1PCS]
D5.□60x45 NYLON BUSHING(9211-032)	-----[2PCS]
D6.□50X1.8T END CAP(9211-087)	-----[2PCS]
D7.Ø60 END CAP(9211-101)	-----[2PCS]
D8.50X5TX100 Rubber Dount(9310-065)	-----[1PCS]
D9.108X14.5TX263L Rubber Dount(9310-075)	-----[4PCS]
D10.Ø119 PULLEY(9213-042B)	-----[2PCS]
D11.5100mm BELT(FMDLPA)	-----[1PCS]
D12.EXERCISE CHART (9420-164)	-----[1PCS]

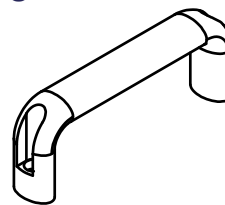
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D2



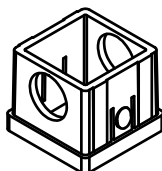
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D4



D5



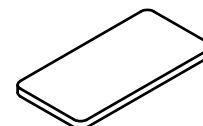
D6



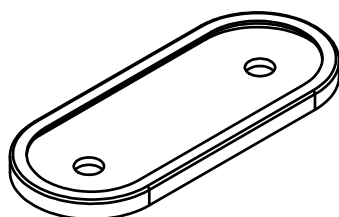
D7



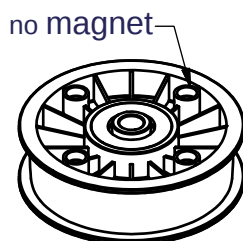
D8



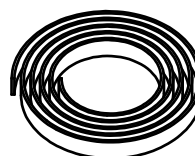
D9



D10



D11



D12

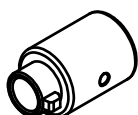


MDLP ASSEMBLY INSTRUCTIONS

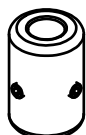
FRAME HARDWARE ILLUSTRATION FOR DOOR

D13.3/4" SHAFT COLLAR(9211-147)-----	[2PCS]
D14.3/4" SHAFT COLLAR(9211-167)-----	[2PCS]
D15.Ø4"XØ20X38T RUBBER PAD(9310-017)-----	[2PCS]
D16.108X263 RUBBER PAD(9310-075)-----	[2PCS]
D17.Ø115 PULLEY(9213-042B)-----	[3PCS]
D18.BOTTLE BRACKET(8388-025)-----	[1PCS]
D19.BOTTLE RACK(9260-320)-----	[1PCS]
D20.BOTTLE(9260-123)-----	[1PCS]
D21.TOP PLATE(8400-033)-----	[1PCS]
D22.Selector Rod(8210-216C)-----	[1PCS]

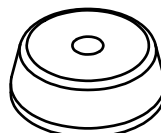
D13



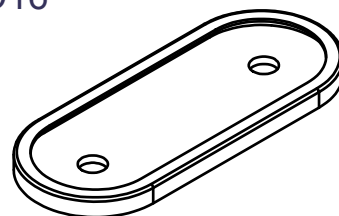
D14



D15

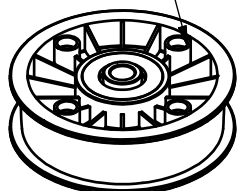


D16



D17

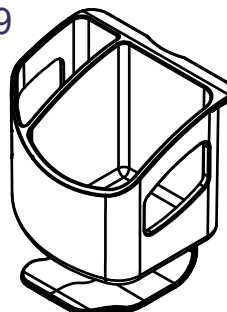
no magnet



D18



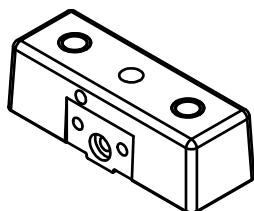
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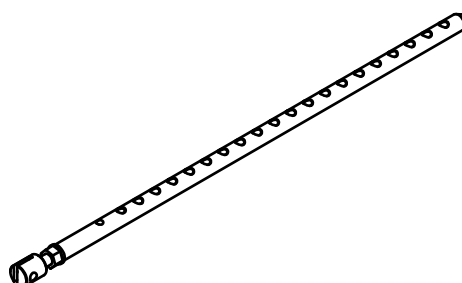
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D21

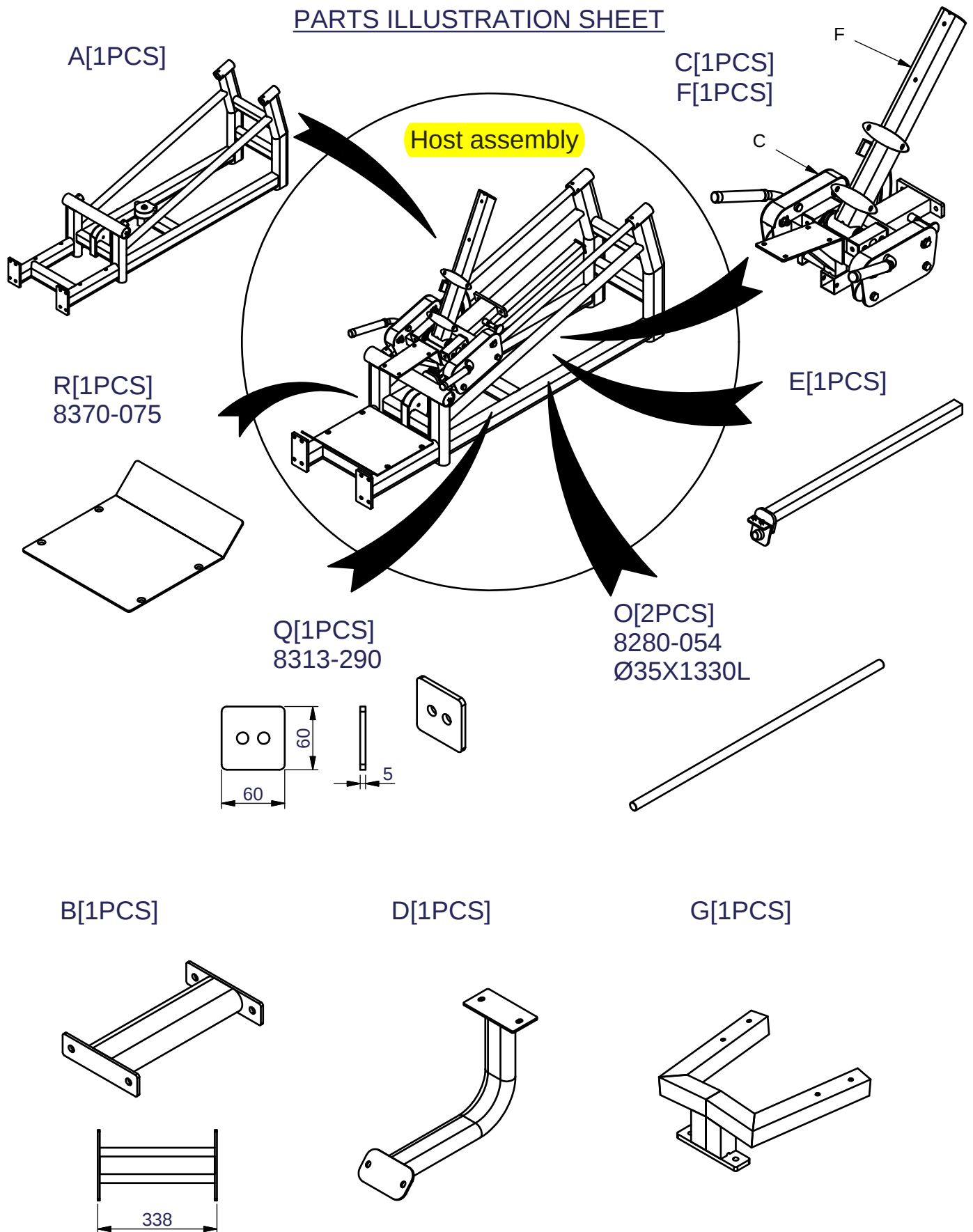


D22



MDLP ASSEMBLY INSTRUCTIONS

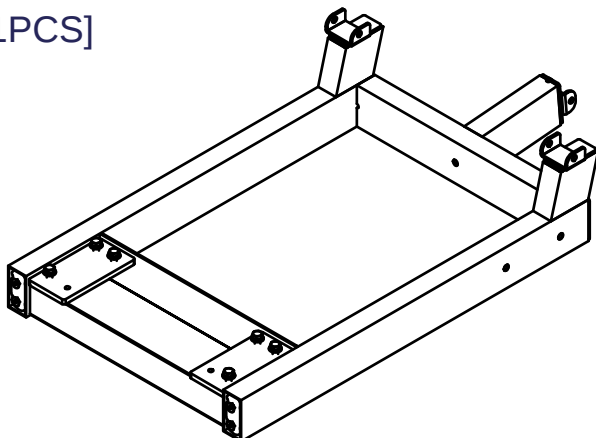
PARTS ILLUSTRATION SHEET



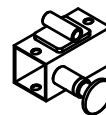
MDLP ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

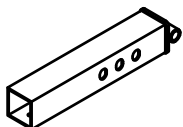
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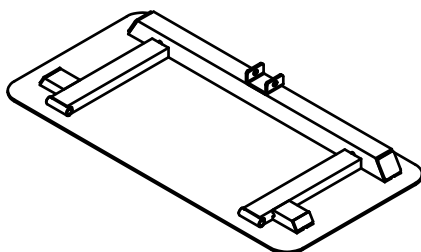
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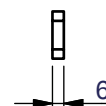
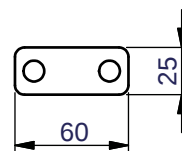
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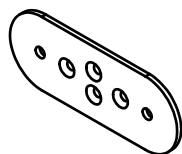
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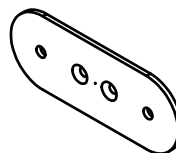
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8311-117



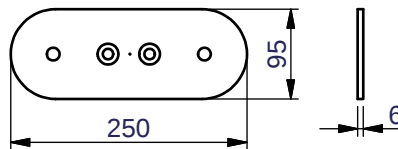
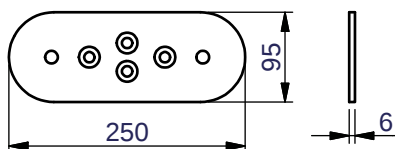
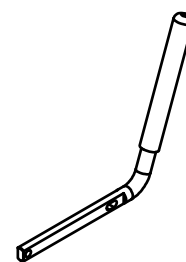
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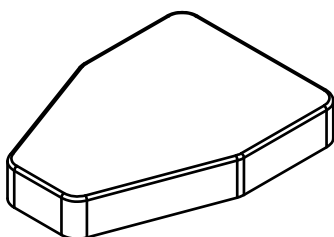
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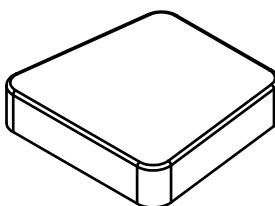
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8240-137



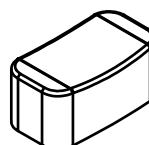
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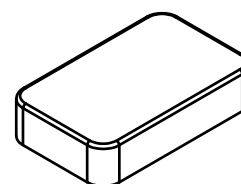
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9121-125



U[2PCS]
9131-054



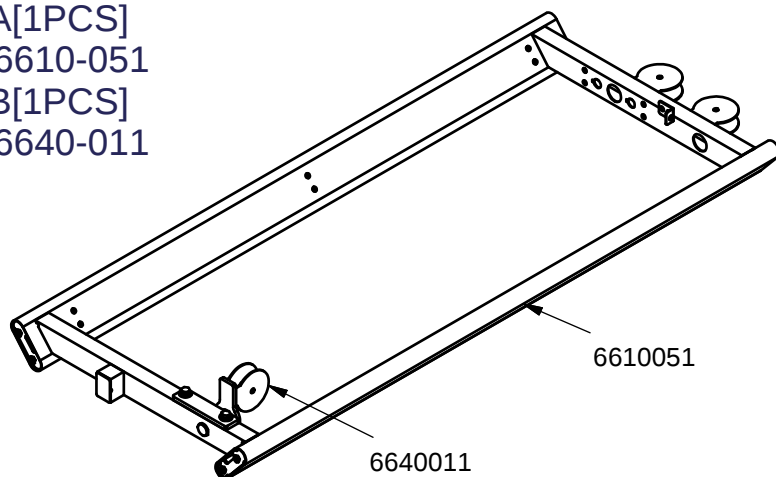
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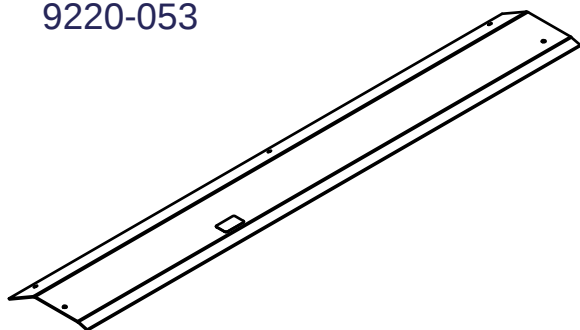
MDLP ASSEMBLY INSTRUCTIONS

FRAME PARTS ILLUSTRATION SHEET FOR DOOR

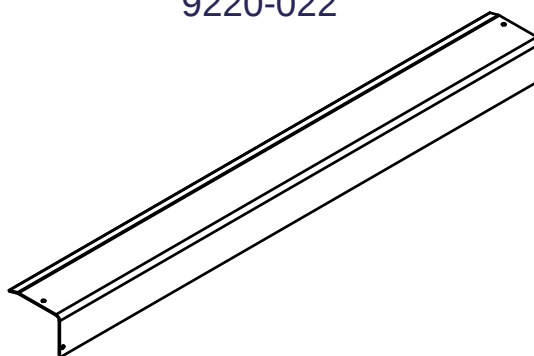
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6610-051
AB[1PCS]
6640-011



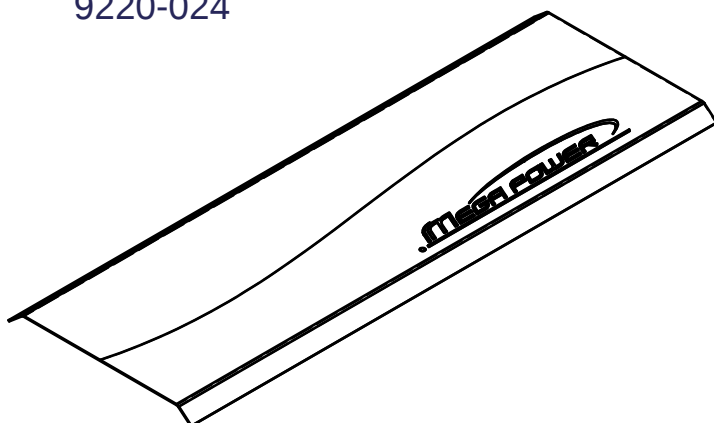
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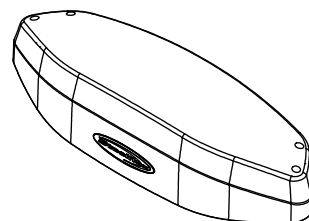
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9220-022



AE[1PCS]
9220-024



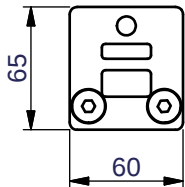
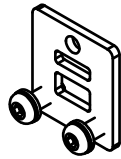
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9211-148



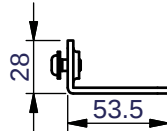
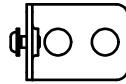
MDLP ASSEMBLY INSTRUCTIONS

FRAME PARTS ILLUSTRATION SHEET FOR DOOR

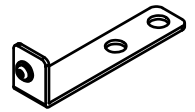
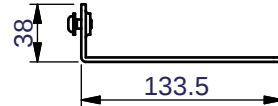
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8313-169



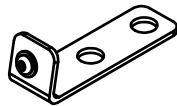
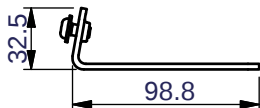
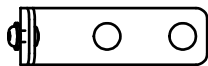
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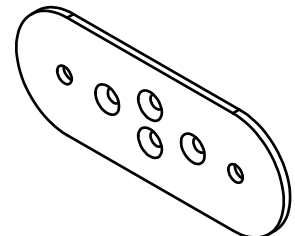
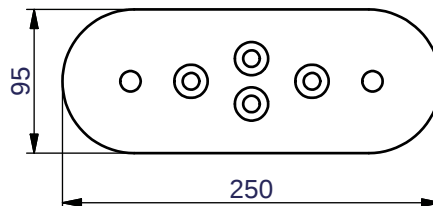
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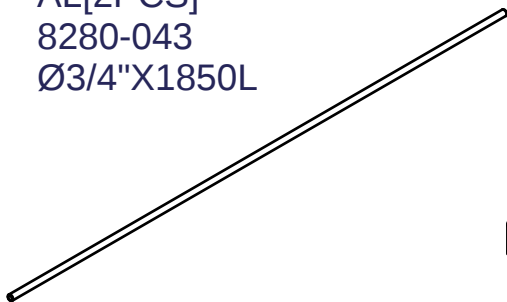
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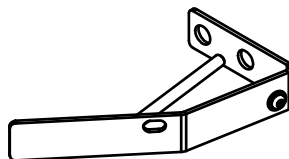
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8313-144



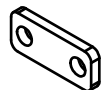
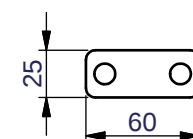
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8280-043
Ø3/4"X1850L



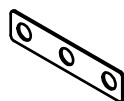
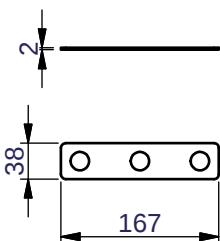
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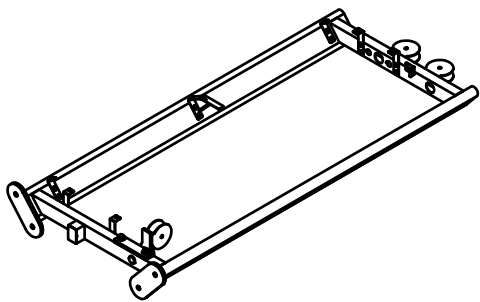
AN[1PCS]
8311-117



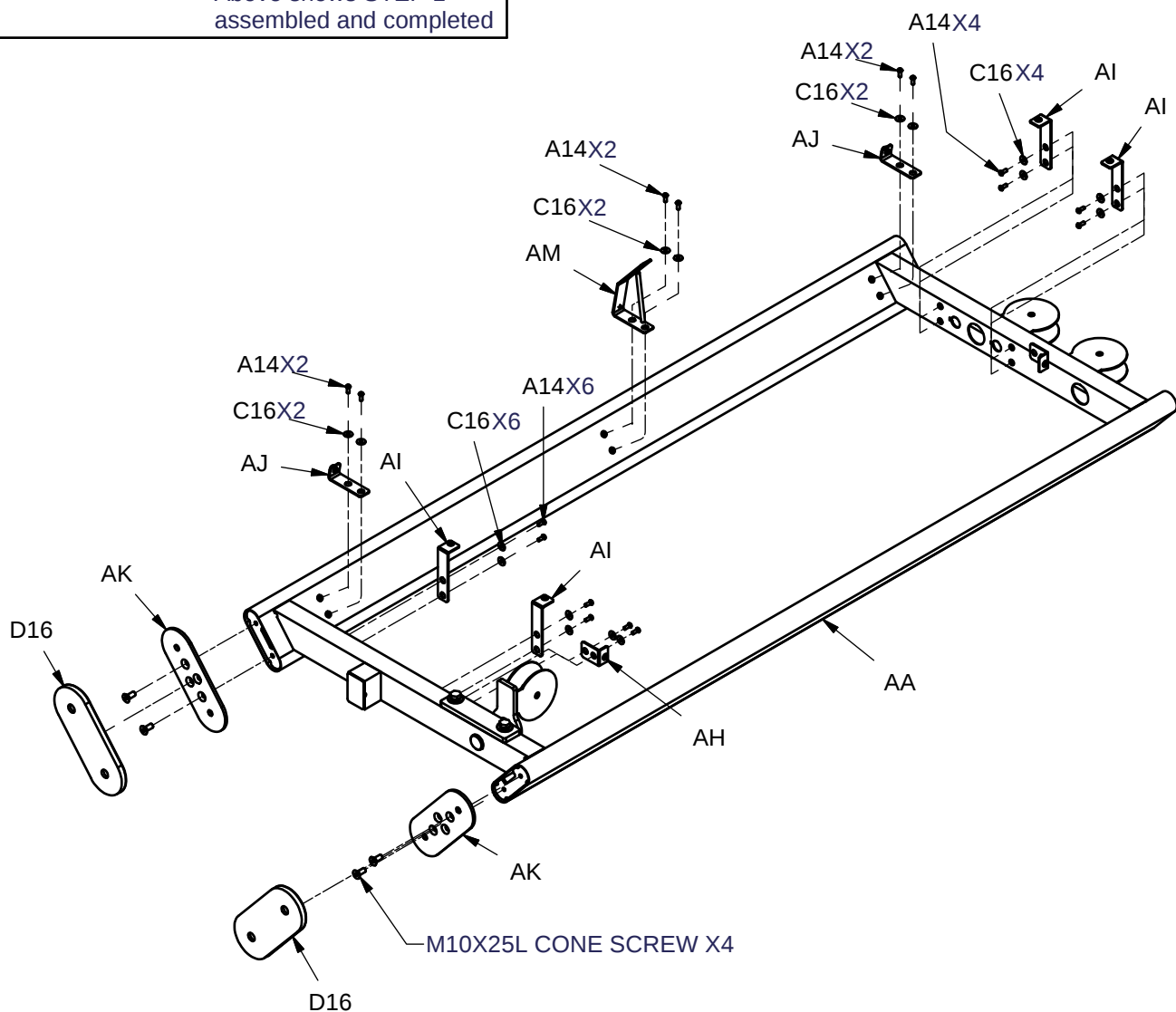
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8311-194



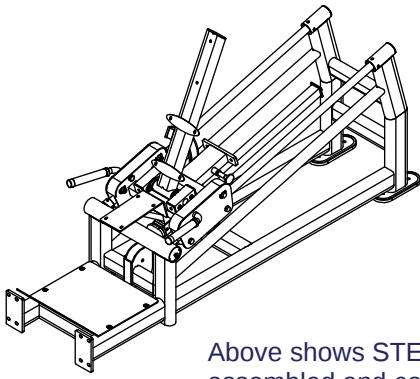
MDLP ASSEMBLY INSTRUCTIONS



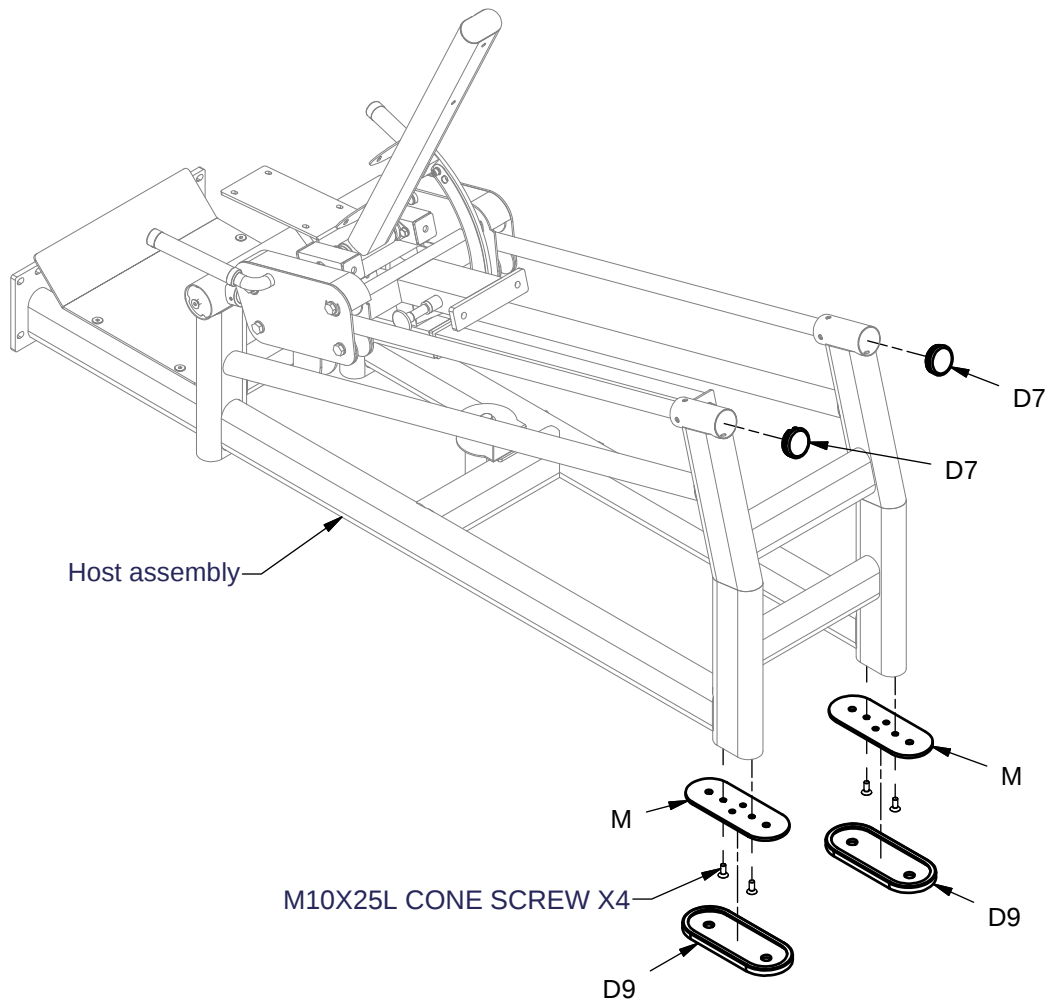
Above shows STEP 1
assembled and completed



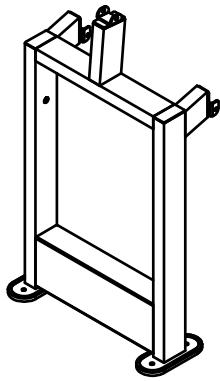
MDLP ASSEMBLY INSTRUCTIONS



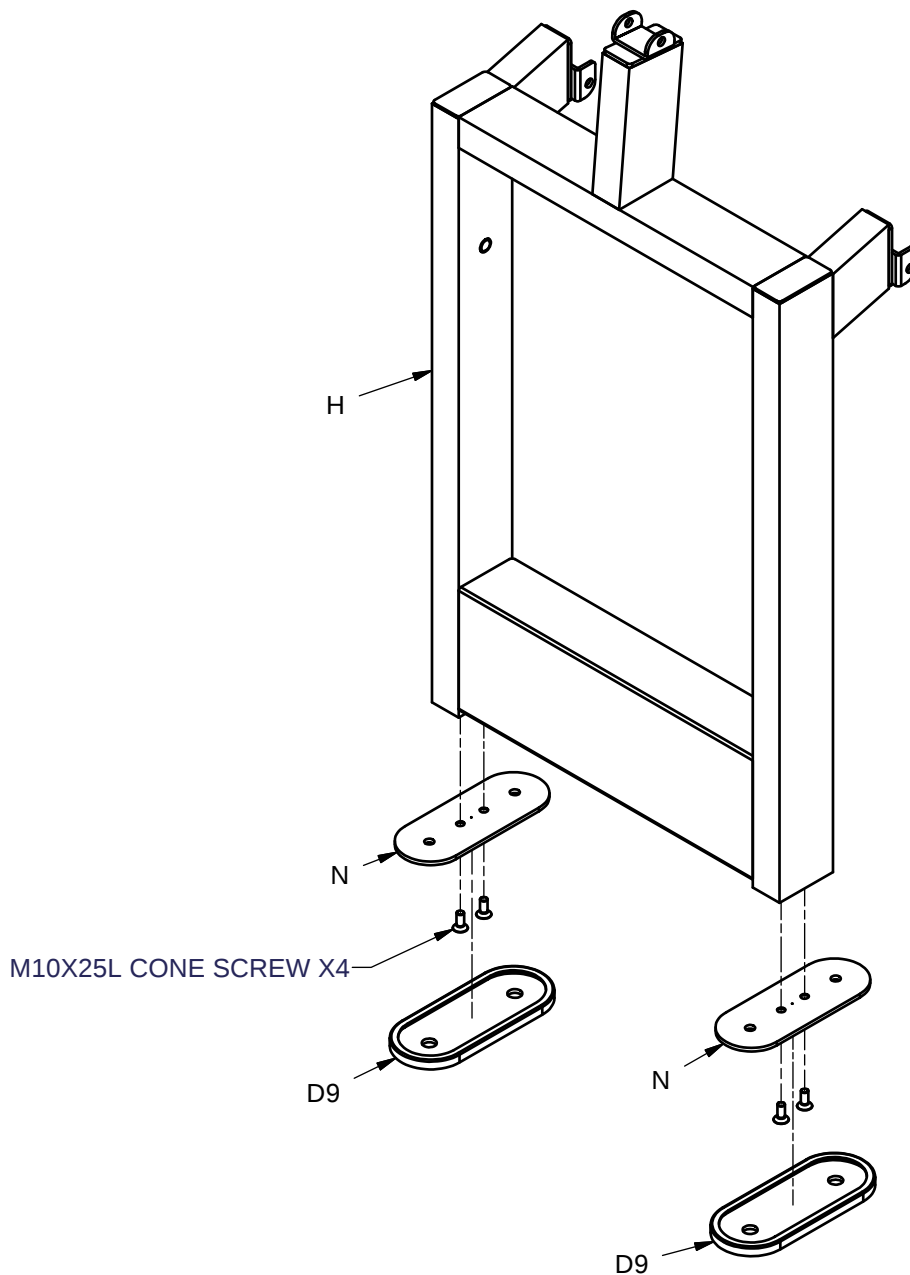
Above shows STEP 2
assembled and completed



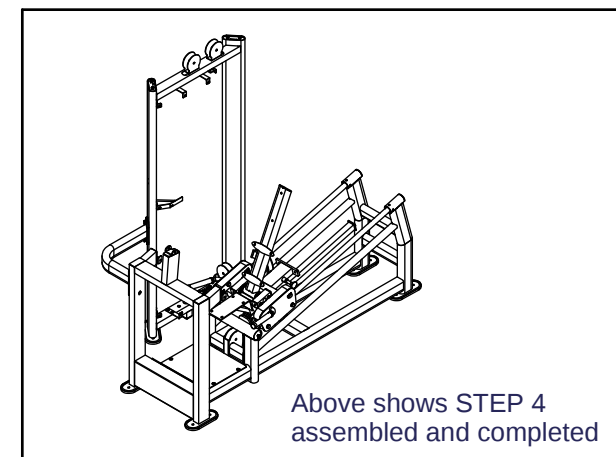
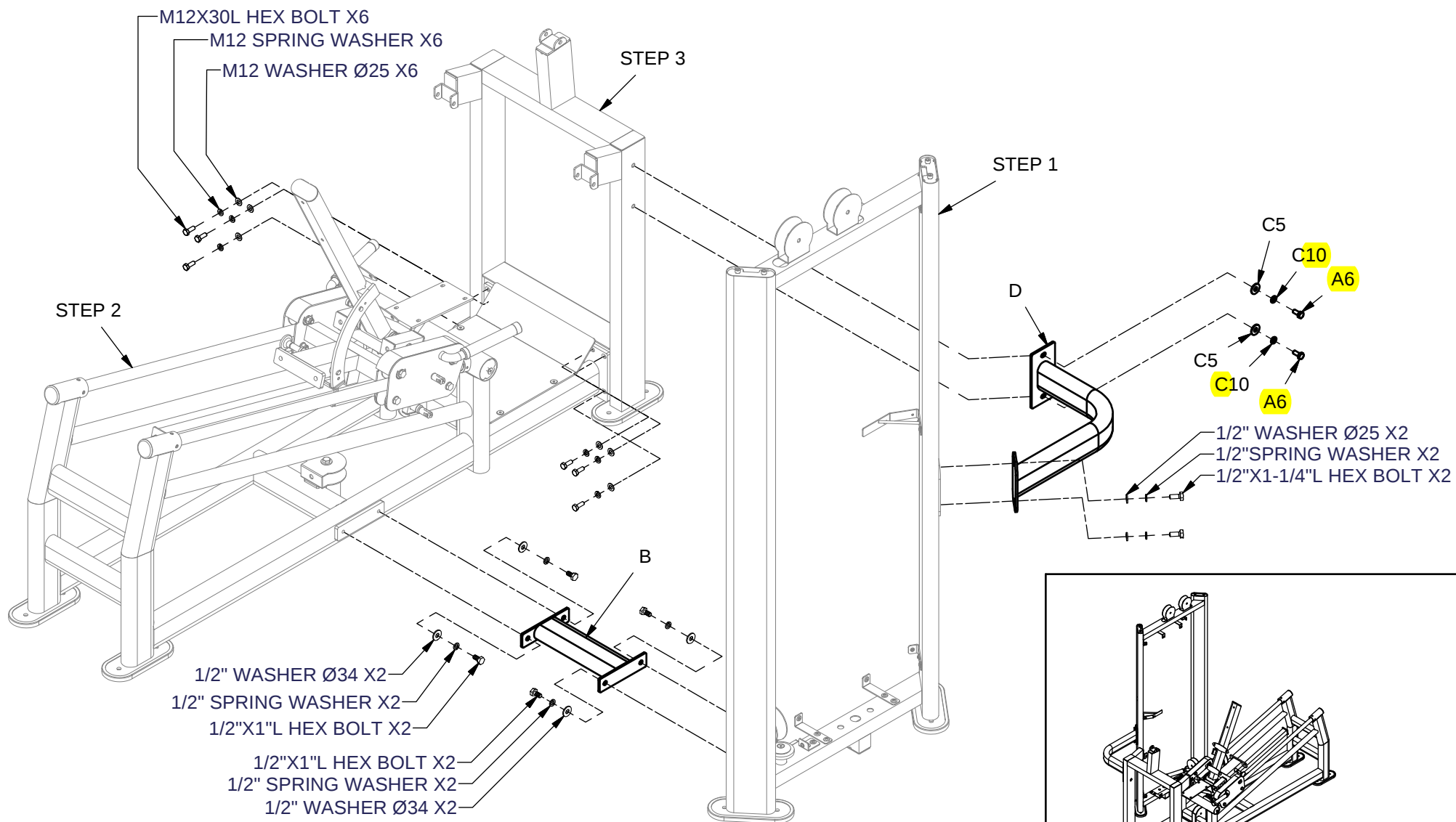
MDLP ASSEMBLY INSTRUCTIONS



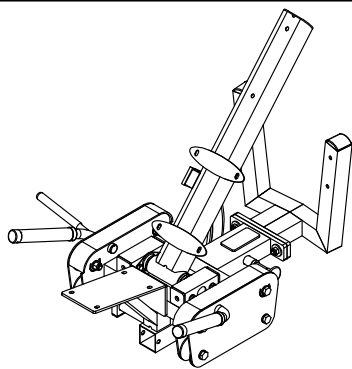
Above shows STEP 3
assembled and completed



MDLP ASSEMBLY INSTRUCTIONS



MDLP ASSEMBLY INSTRUCTIONS



Above shows STEP 5
assembled and completed

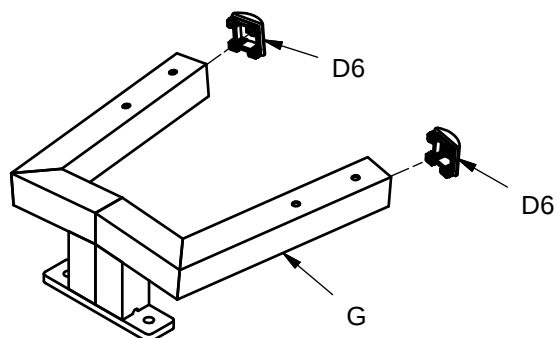
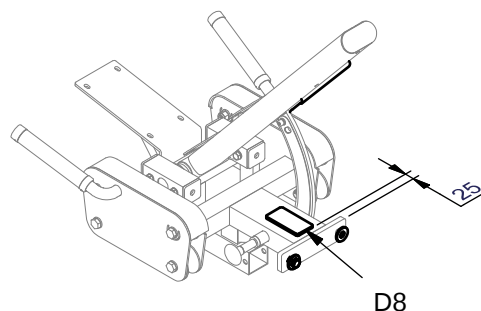
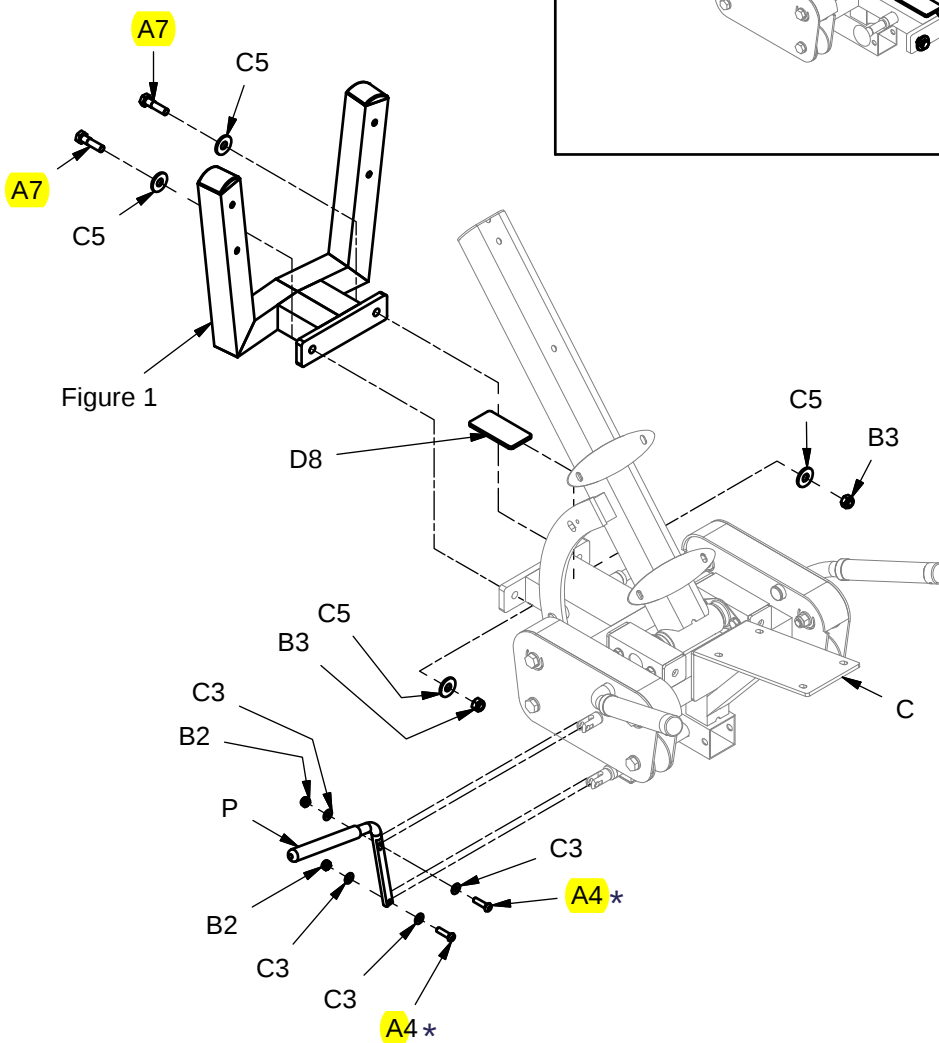


Figure 1



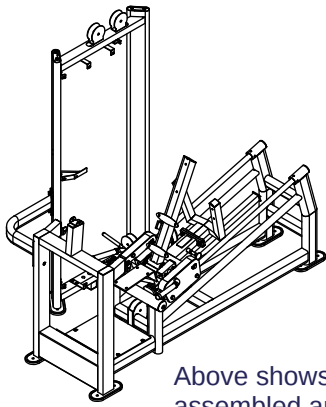
DETIAL A



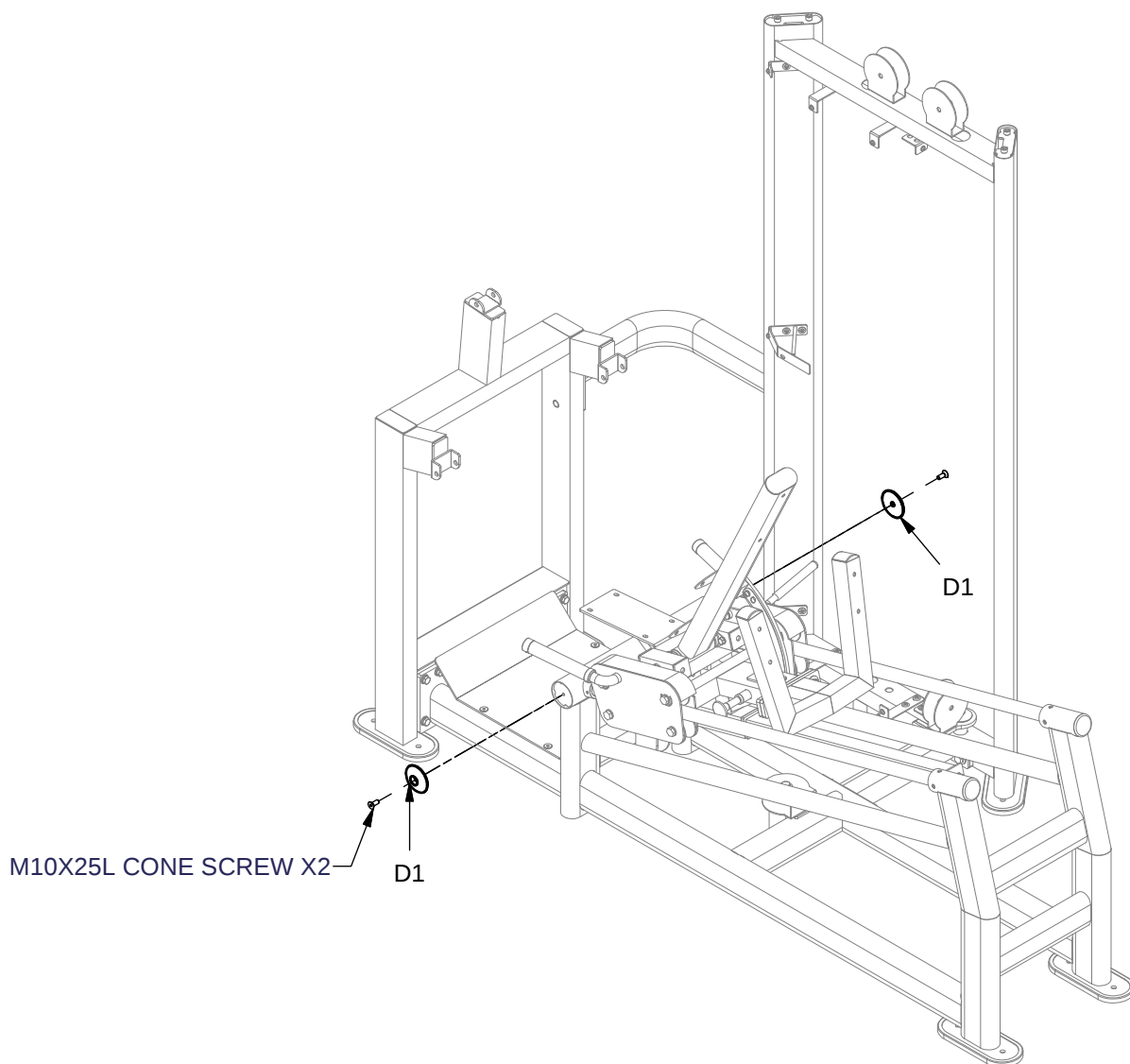
Note

* : After the screw is tightened,
it needs to be retracted half a turn to create a gap

MDLP ASSEMBLY INSTRUCTIONS



Above shows STEP 6
assembled and completed

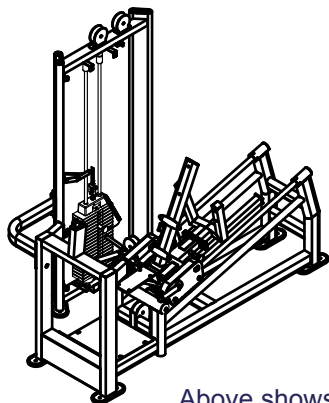


M10X25L CONE SCREW X2

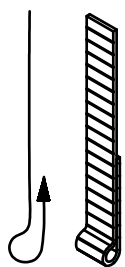
D1

D1

MDLP ASSEMBLY INSTRUCTIONS



Above shows STEP 7
assembled and completed

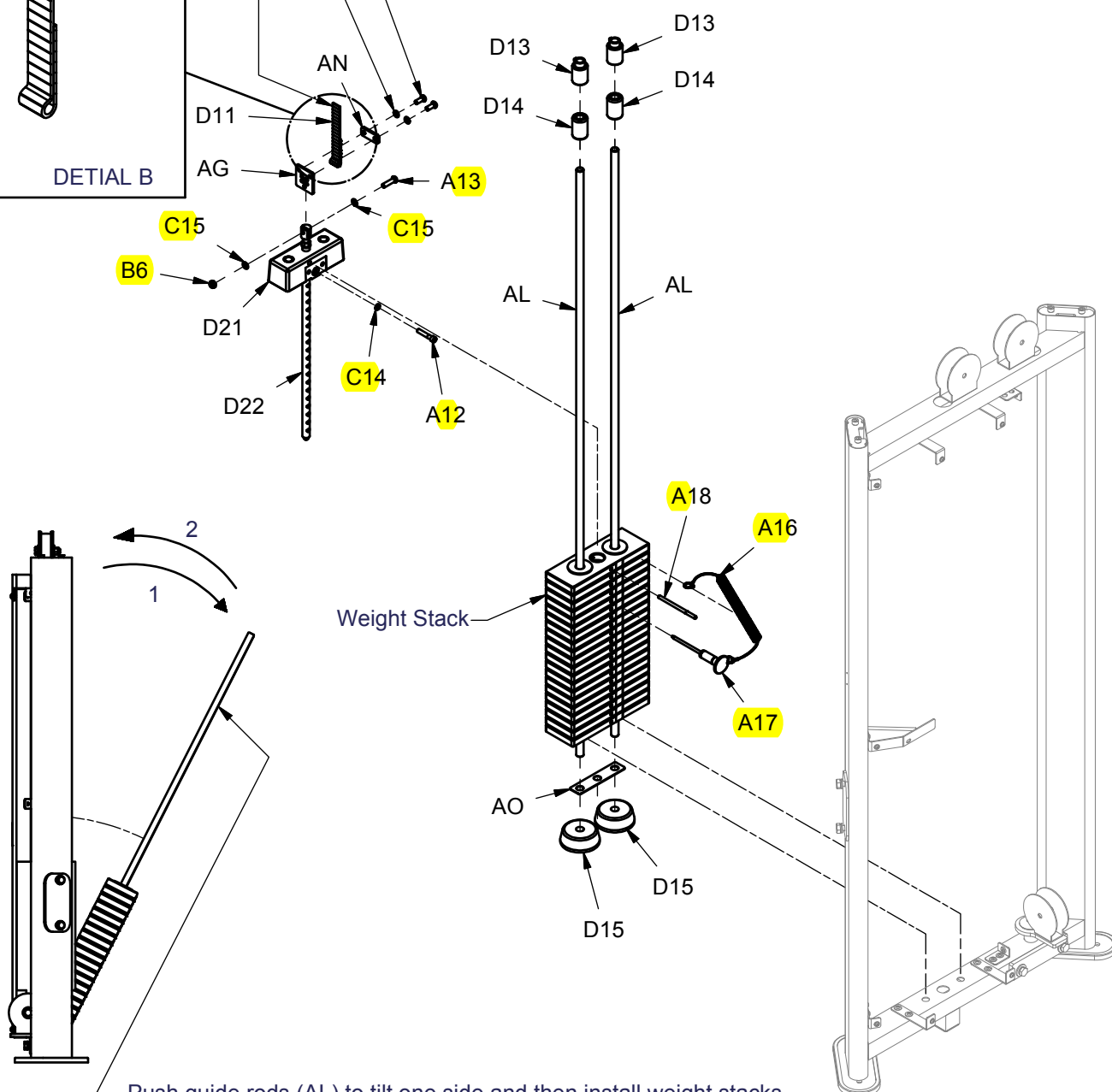


DETIAL B

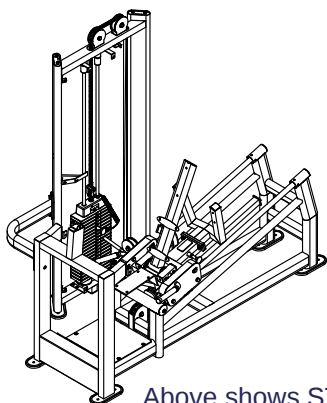
The tread side should be outward

M10 SPRING WASHER X2

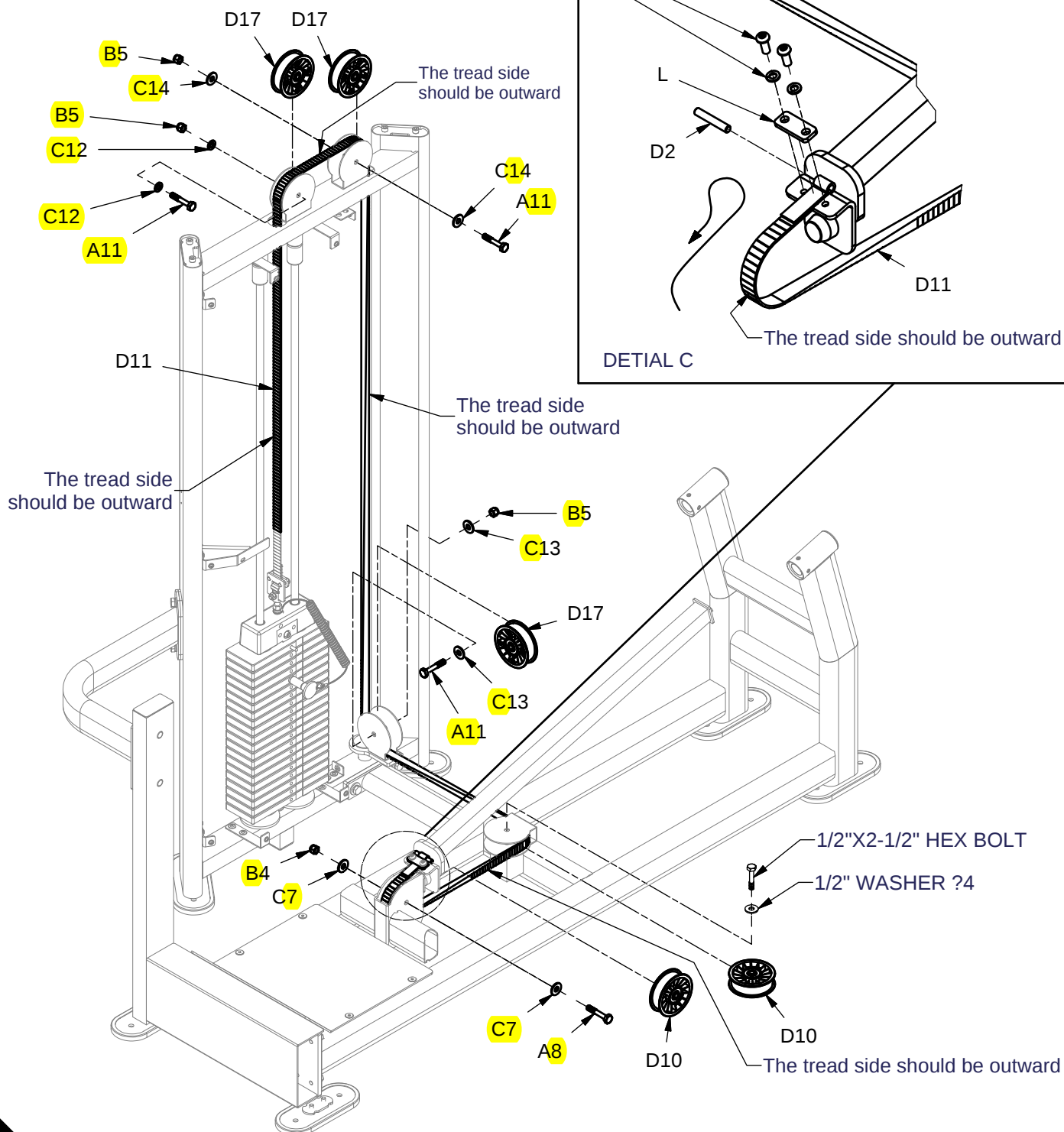
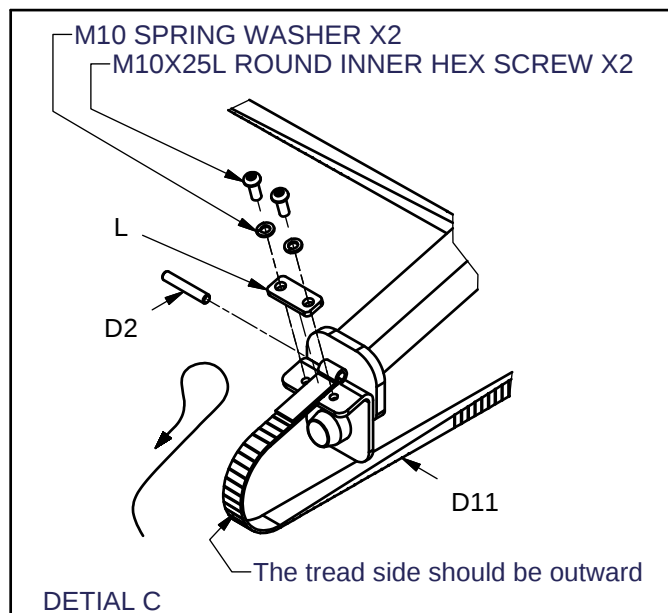
M10X25L ROUND INNER HEX SCREW X2



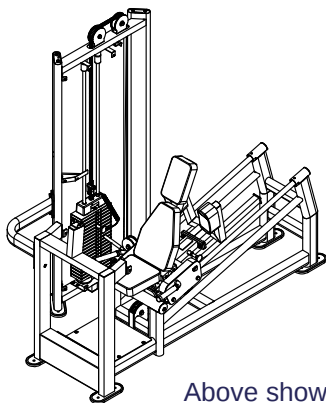
MDLP ASSEMBLY INSTRUCTIONS



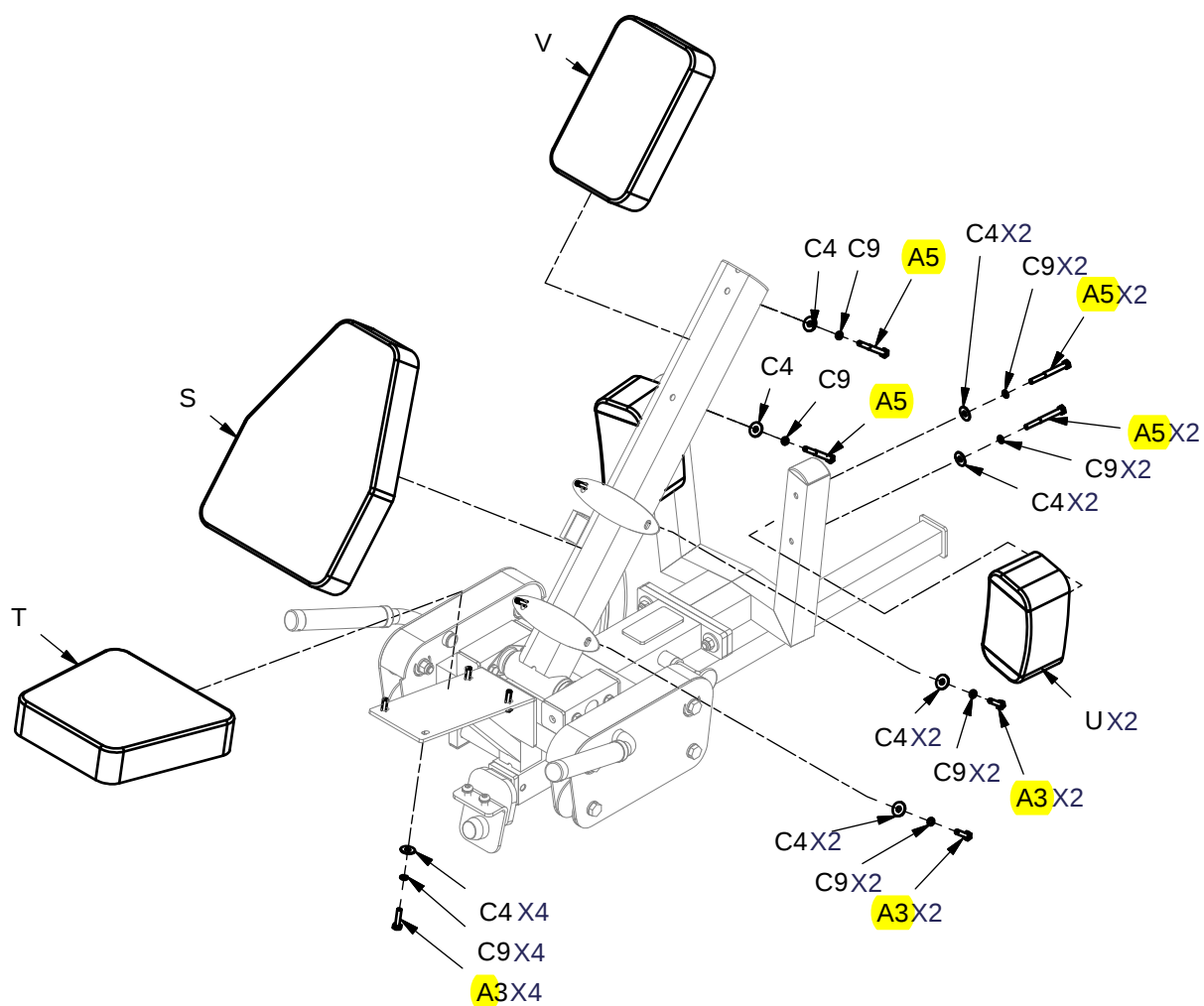
Above shows STEP 8
assembled and completed



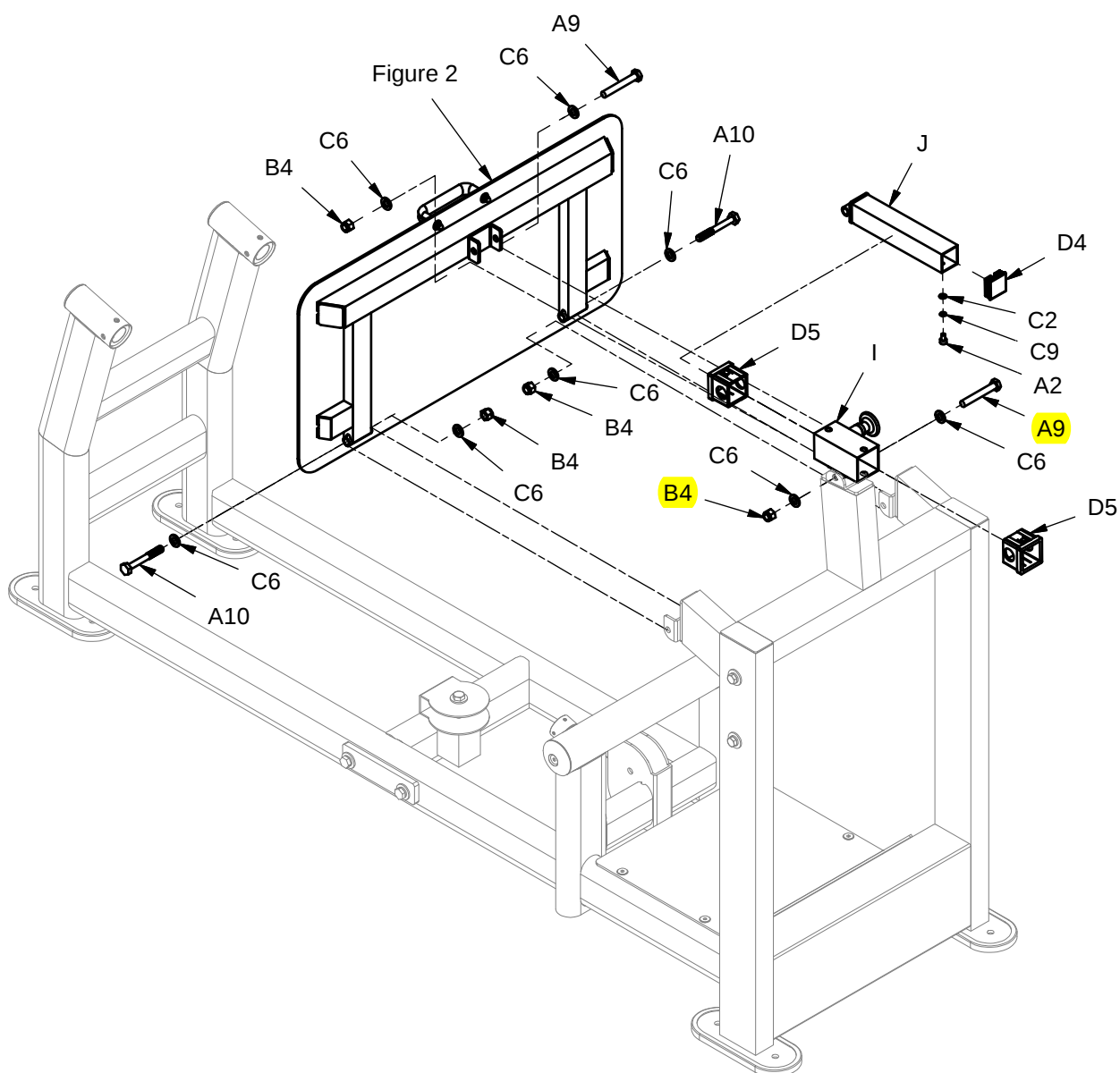
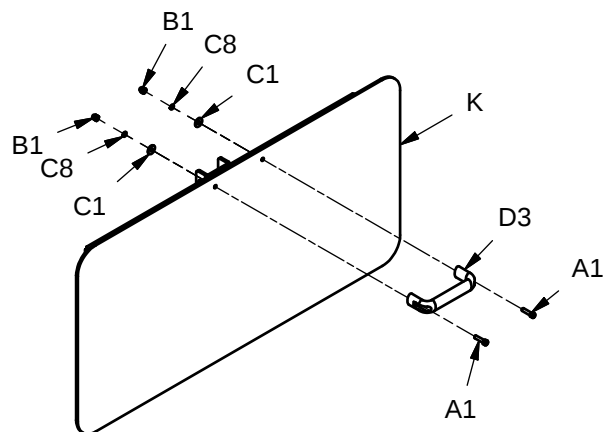
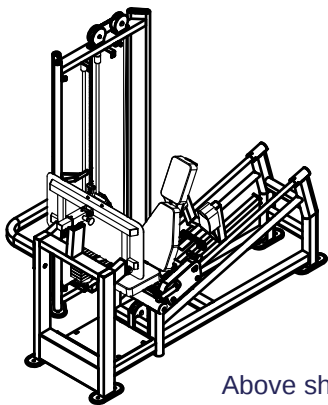
MDLP ASSEMBLY INSTRUCTIONS



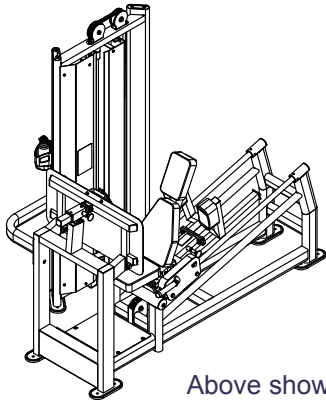
Above shows STEP 9
assembled and completed



MDLP ASSEMBLY INSTRUCTIONS



MDLP ASSEMBLY INSTRUCTIONS



Above shows STEP 11
assembled and completed

Post location

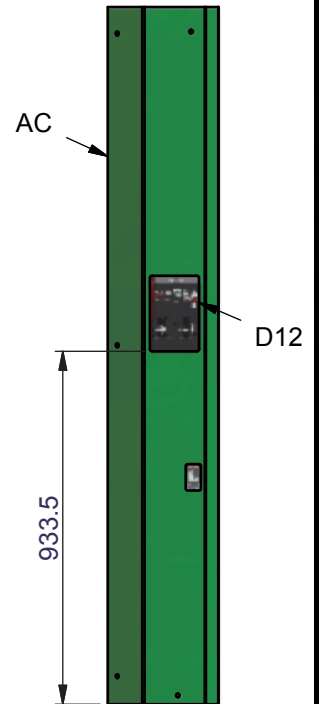
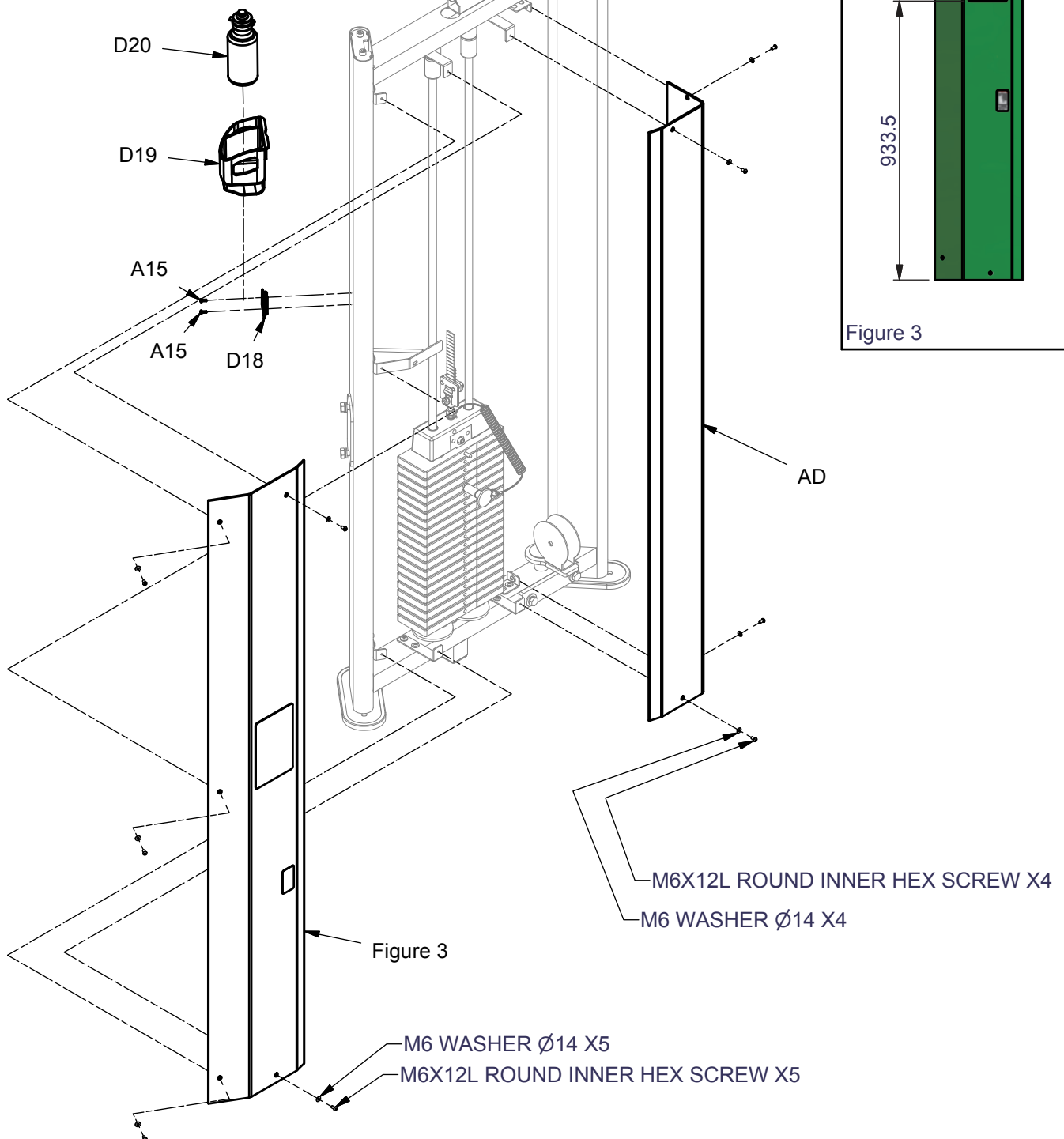


Figure 3



MDLP ASSEMBLY INSTRUCTIONS

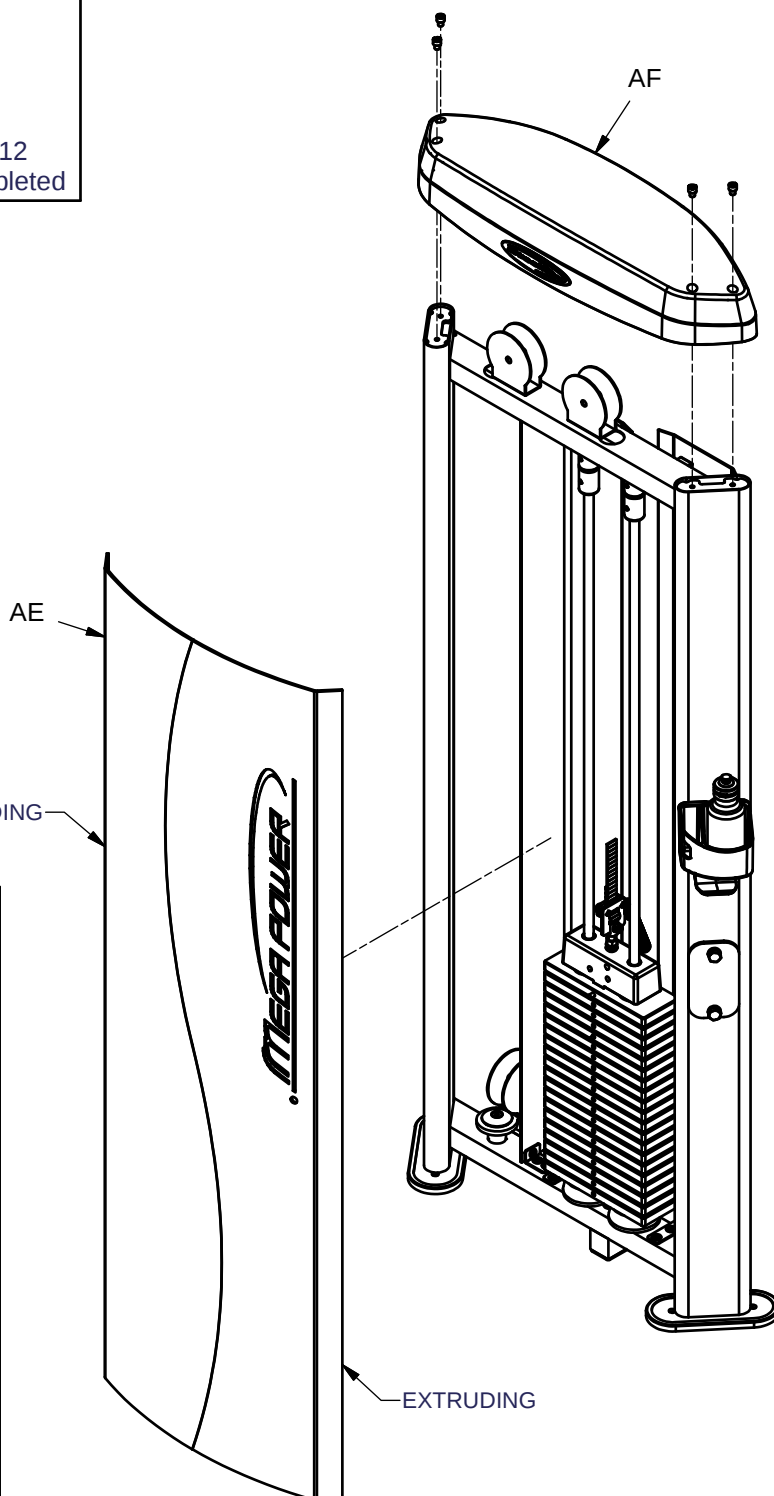
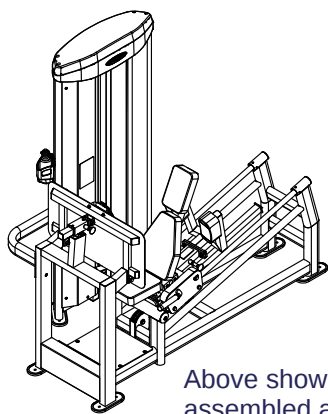
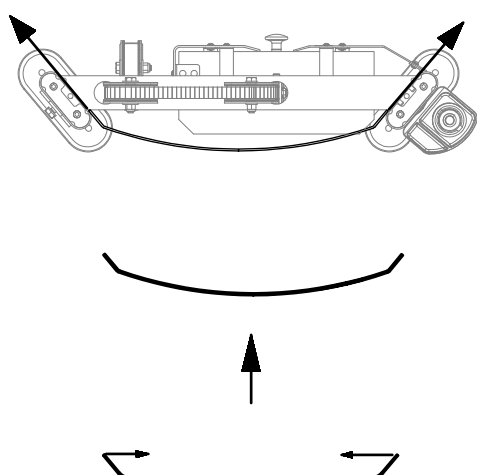


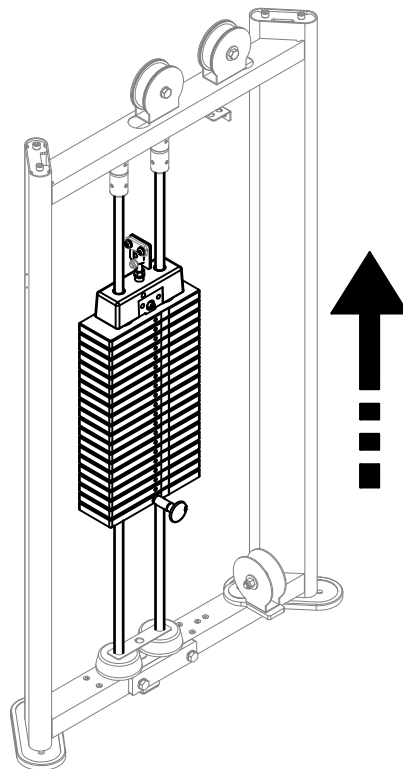
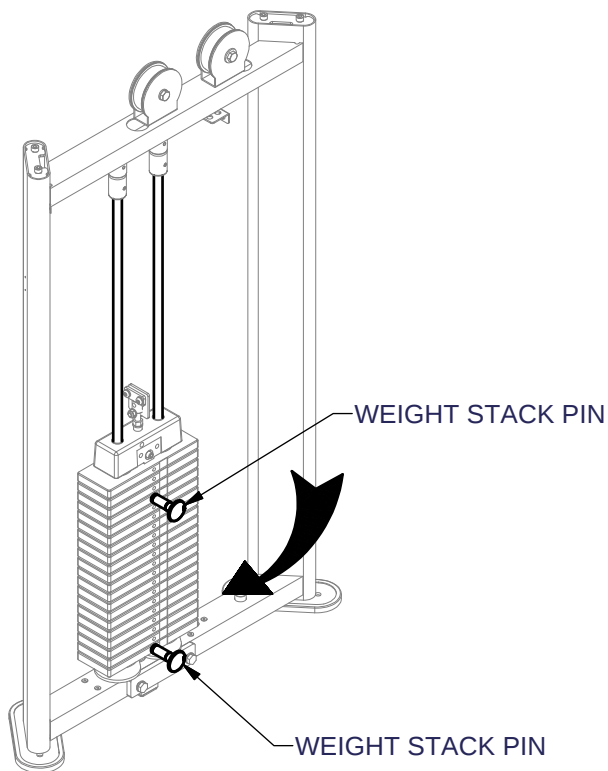
Figure 4



Note: When installing the shroud (AE), push both sides of the shroud toward center in order to bend it a little.
After insert it to the door frame and then releasing it. The shroud will be locked on the door frame.

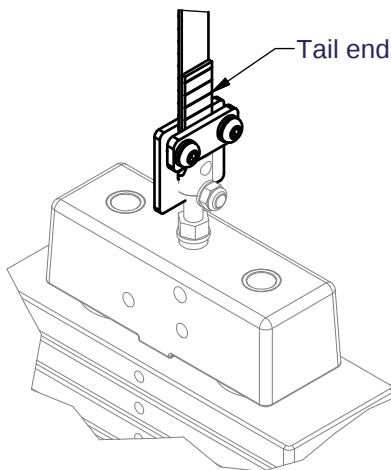
ASSEMBLY INSTRUCTIONS

Adjust Flat Belt Steps



1. When installing flat belt, please put the weight stack pin into 4th weight stack. After installing flat belt, please put the weight stack pin into 20th weight stack.

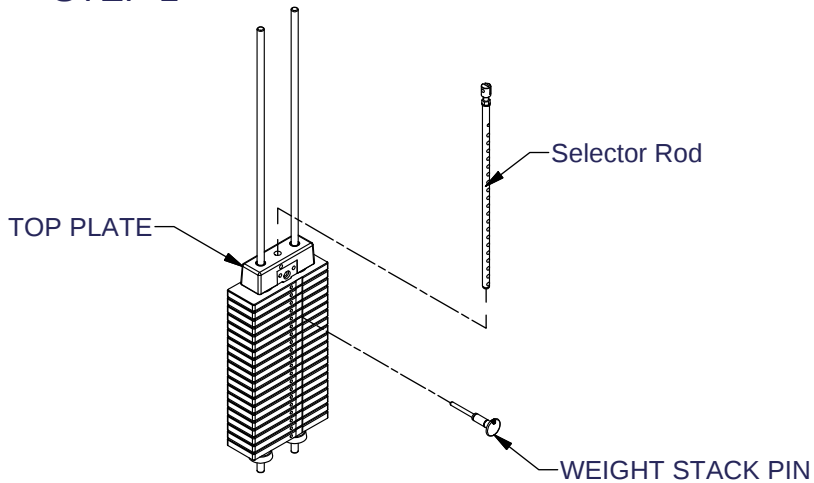
2. When weight stack pin put into 20th weight stack, please do workout with the machine around 1 minute or 5-10 sets in order to extend the flat belt, flat belt will be loosed a little bit.



3. Pull end of flat belt as drawing showed to make the flat belt be tightened.
(After using the machine 3 months to 6 months, please check flat belt. If the flat belt is loosed, please follow this step to tighten the belt again.)

Guide on Selector Rod Adjustment

STEP 1

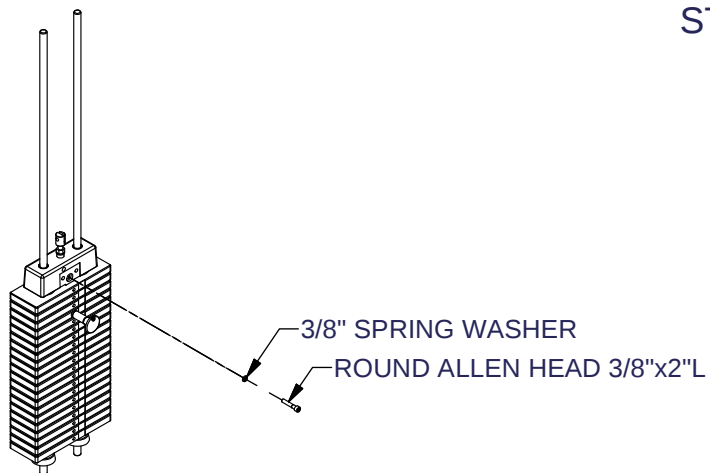


Step 1

Place Selector Rod into Top Plate.

Then put selector pin into the weight plate to fix the rod.

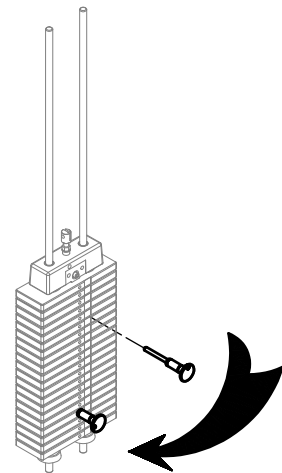
STEP 2



Step 2

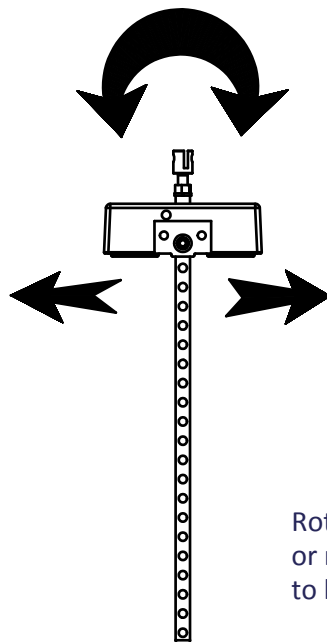
Screw the 3/8"x2"L Round Allen Head into Top Plate but not tighten it up.

STEP 3



Step 3

Place the selector pin to each weight plate (5,10,15,20...) to check the smoothness.

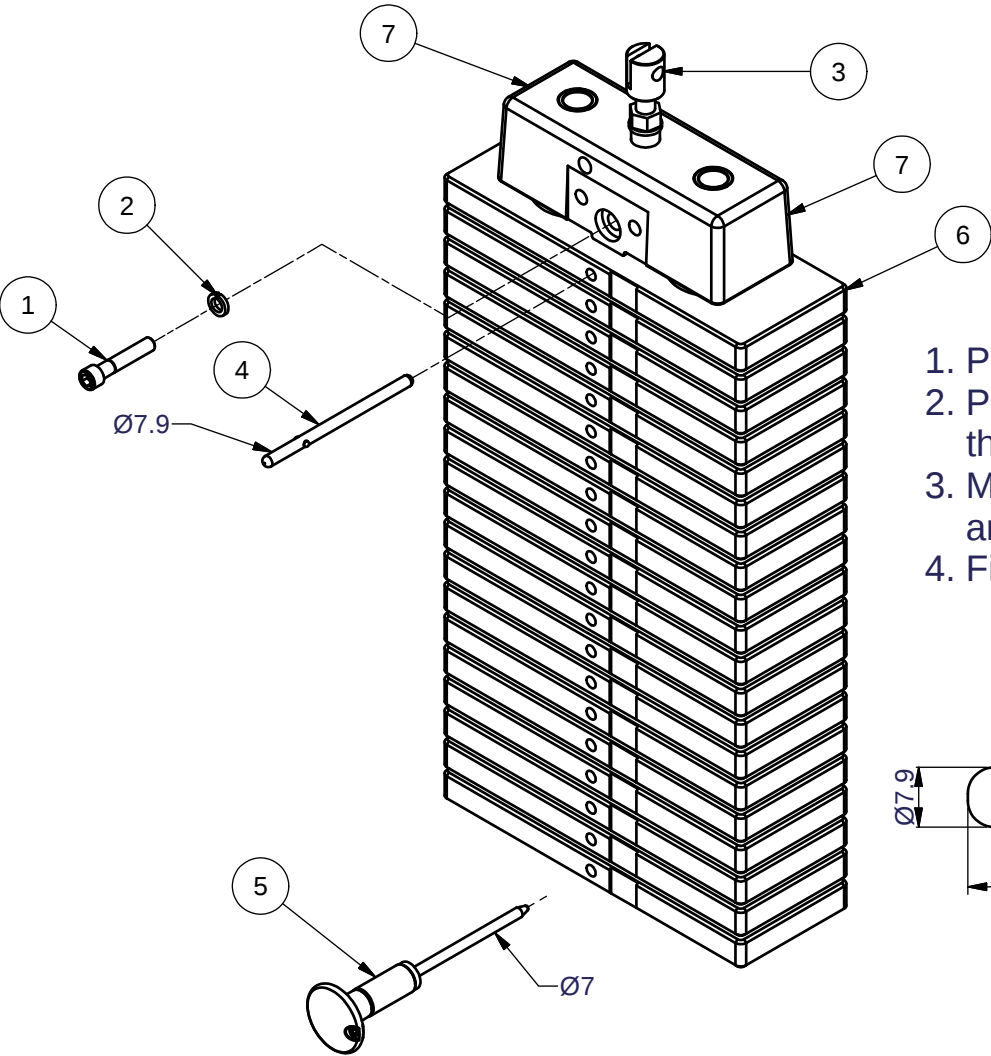


Rotate the Selector Rod slightly or move the 3/8"x2"L Round Allen Head to left and right and repeat Step 3.

MEGA POWER series

JUNGLE GYM series

project	Part number	Name	Specification	Quantity	Remark
1	38-200 CAP	round allen head	3/8"X2"L round allen head-CAP	1	
2	38-SPWAS 8732003	3/8" spring washer		1	
3	8210-216C	20 hole Selector Rod		1	
4	8250-166	pin	Ø7.9X137L	1	
5	8250-162	weight stack pin	Ø7X110L	1	
6	8400-010	10LB weight stack plate	102x22x280L 10LB	20	
7	8400-033	top plate		1	



1. Place #4 - 8250-166 (pin) into the first weight plate.
2. Place #5 - 8250-162 (weight stack pin) into the the hole 20th of the weight stack.
3. Make sure #7 (top plate) cling to #6 (first weight plate) and fix in #1 - 3/8"X2"L screw and #2 - 3/8" spring washer.
4. Finally remove #5 - 8250-162 (weight stack pin) and use as usual.

