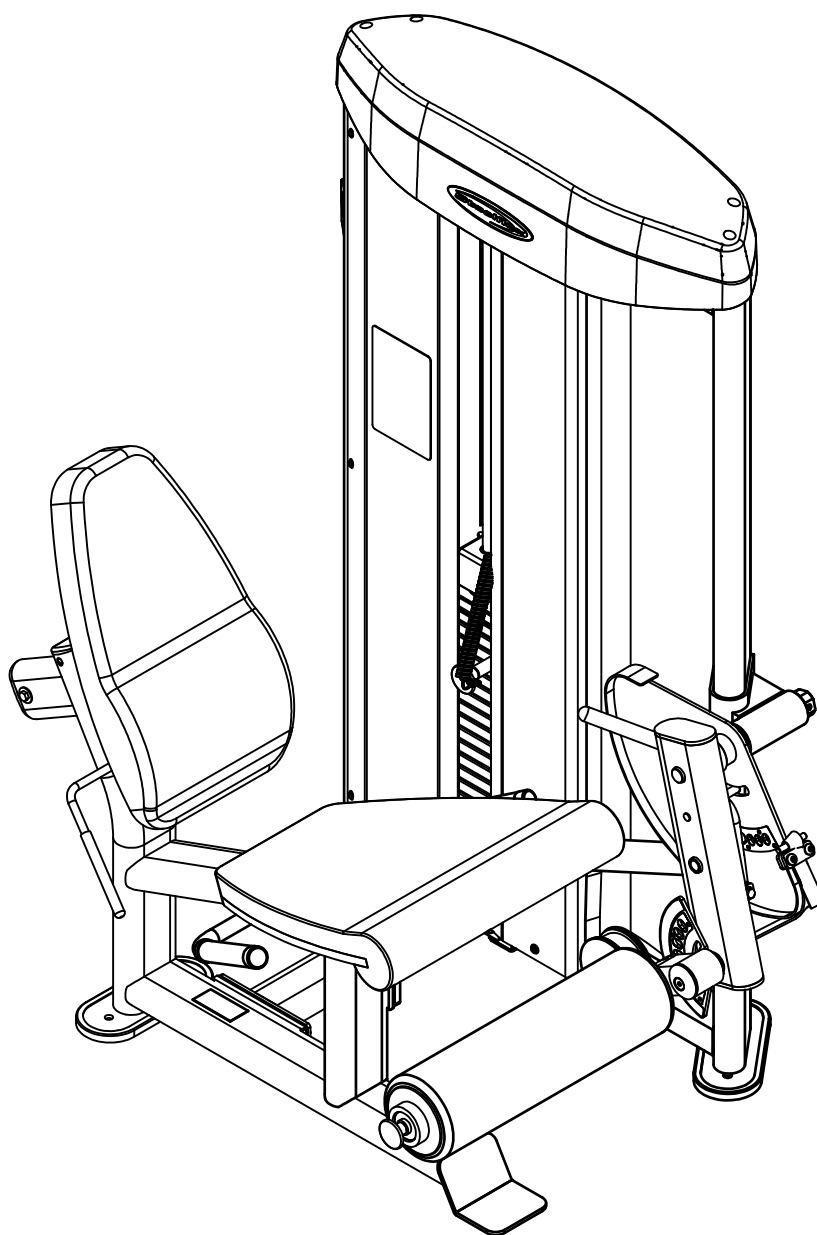


MEGA POWER



Steelflex

JOONG CHENN INDUSTRY CO., LTD.

Sales Office:

3F28, No.5, Shin-Yi Rd., Sec. 5, Taipei, Taiwan 110 R.O.C.

Tel: 886-2-27209980

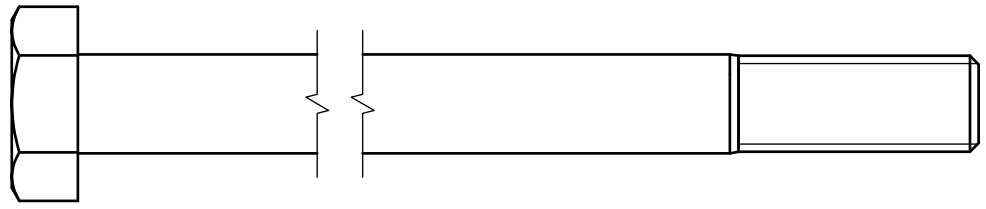
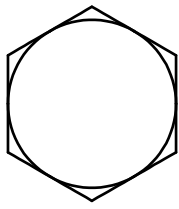
Fax: 886-2-27229750

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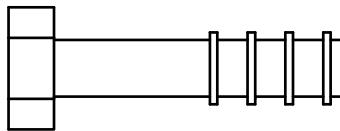
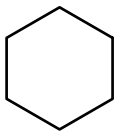
MLE-200.5 OWNER'S MANUAL

MLE200 ASSEMBLY INSTRUCTIONS

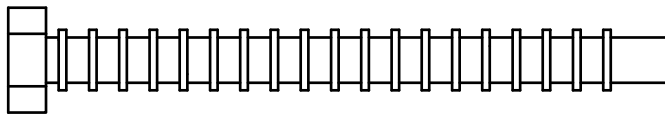
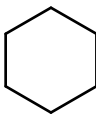
HARDWARE ILLUSTRATION



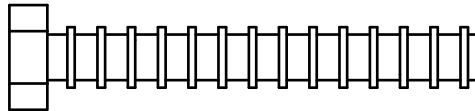
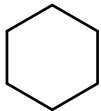
(A1)HEX BOLT 1/2"x6"L PARTIAL QTY.2



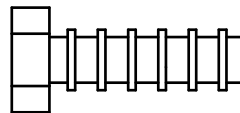
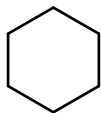
(A2)HEX BOLT 3/8"x1-1/2"L PARTIAL THREAD QTY.1



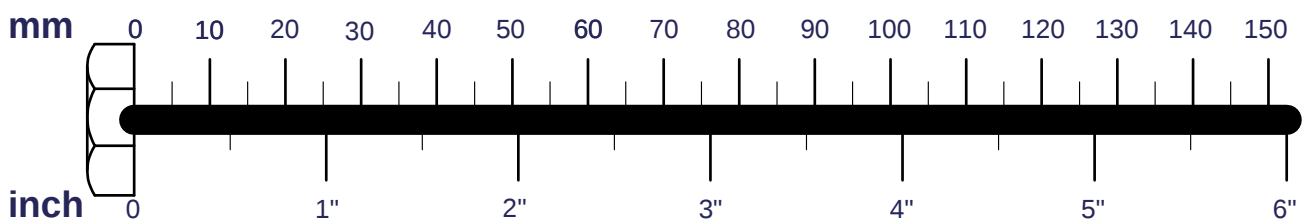
(A3)HEX BOLT 5/16"x3-1/4"L PARTIAL THREAD QTY.1



(A4)HEX BOLT 5/16"x2-1/4"L PARTIAL THREAD QTY.1

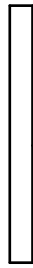
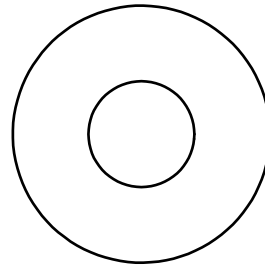
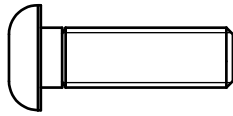
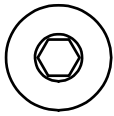


(A5)HEX BOLT 5/16"x1"L PARTIAL THREAD QTY.4



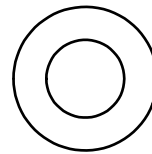
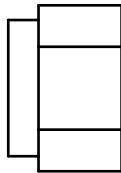
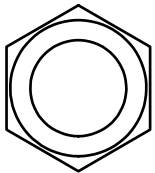
MLE200 ASSEMBLY INSTRUCTIONS

HARDWARE ILLUSTRATION



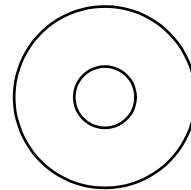
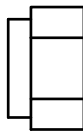
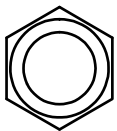
(A6)ROUND INNER HEX SCREW
5/16"X1"L PARTIAL THREAD QTY.2

(C1)1/2"(I.D.)FLAT WASHER Ø34 QTY.4



(B1)NYLON LOCK NUT 1/2" QTY.2

(C2)3/8"(I.D.)FLAT WASHER Ø19 QTY.2



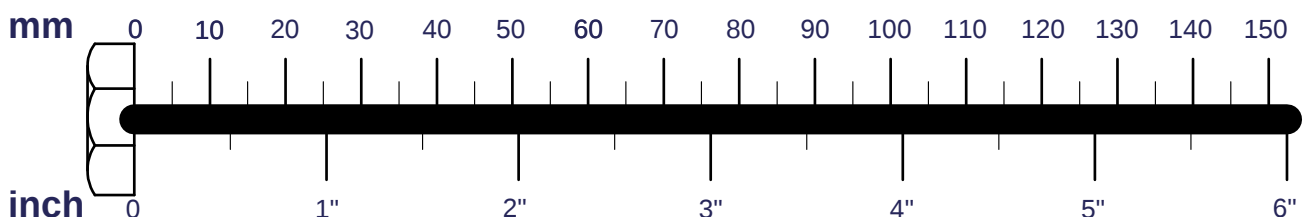
(B2)NYLON LOCK NUT 3/8" QTY.1

(C3)5/16"(I.D.)FLAT WASHER Ø24 QTY.9



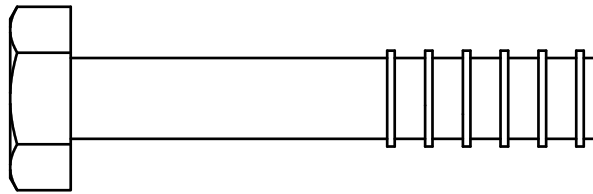
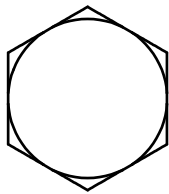
(B3)NYLON LOCK NUT 5/16" QTY.1

(C4)SPRING WASHER 5/16" QTY.7

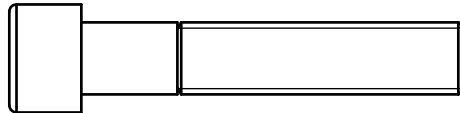
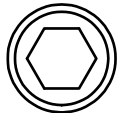


MLE200 ASSEMBLY INSTRUCTIONS

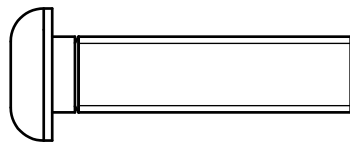
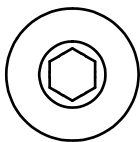
FRAME HARDWARE ILLUSTRATION



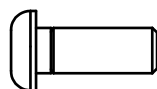
(AA1)HEX BOLT 1/2"x2-3/4"L PARTIAL QTY.3



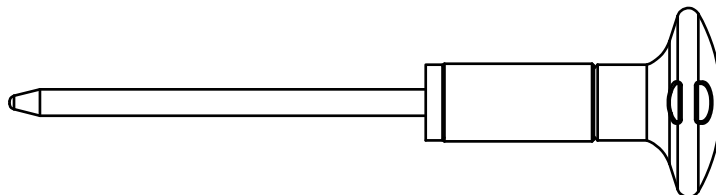
(AA2)ROUND INNER HEAD 3/8"x2"L PARTIAL QTY.1



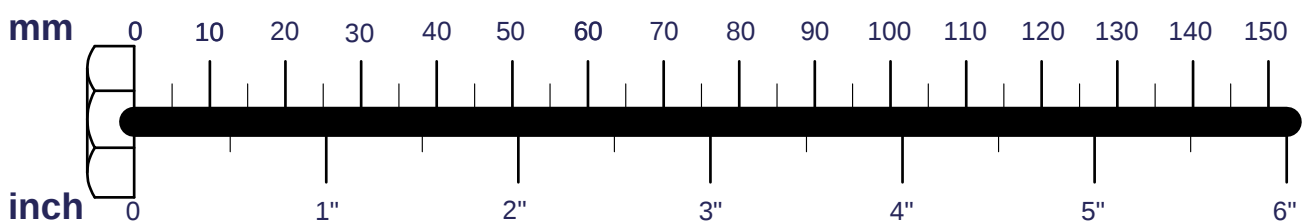
(AA3)ROUND INNER HEX SCREW M10x40L PARTIAL THREAD QTY.1



(AA4)ROUND INNER HEX SCREW M6x16L PARTIAL THREAD QTY.16

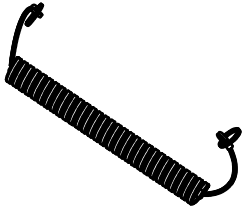


(AA5)10 、 15 、 20LB PIN(8250-162) QTY.1

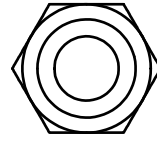


MLE200 ASSEMBLY INSTRUCTIONS

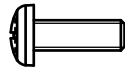
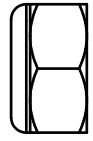
FRAME HARDWARE ILLUSTRATION



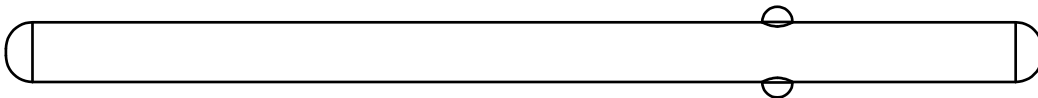
(AA6)ELASTIC BELT (F920003) QTY.1



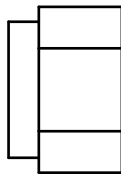
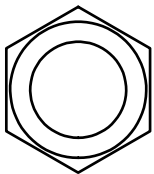
(BB2)NYLON LOCK NUT M10 QTY.1



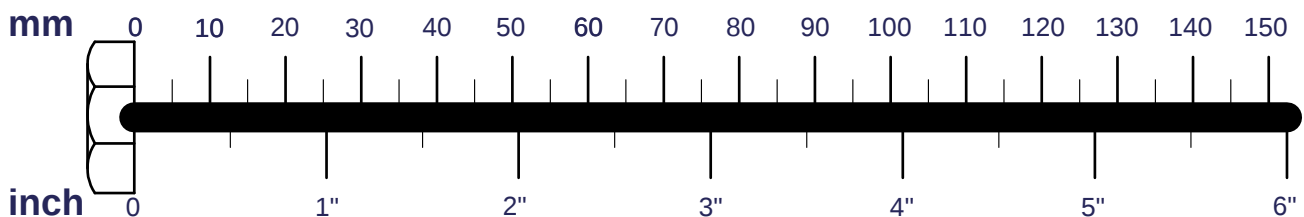
(AA7)ROUND HEAD PHILLIPS M4X12L PARTIAL THREAD QTY.2



(AA8)Ø7.9 PIN(8250-166) QTY.1

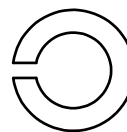
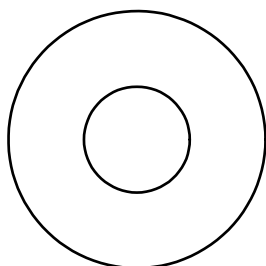


(BB1)NYLON LOCK NUT 1/2" QTY.3

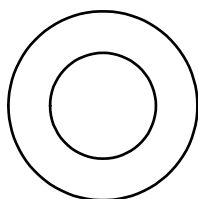


MLE200 ASSEMBLY INSTRUCTIONS

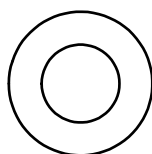
FRAME HARDWARE ILLUSTRATION



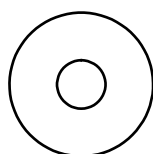
(CC1)1/2"(I.D.)FLAT WASHER Ø34 QTY.4 (CC5)SPRING WASHER 3/8" QTY.1



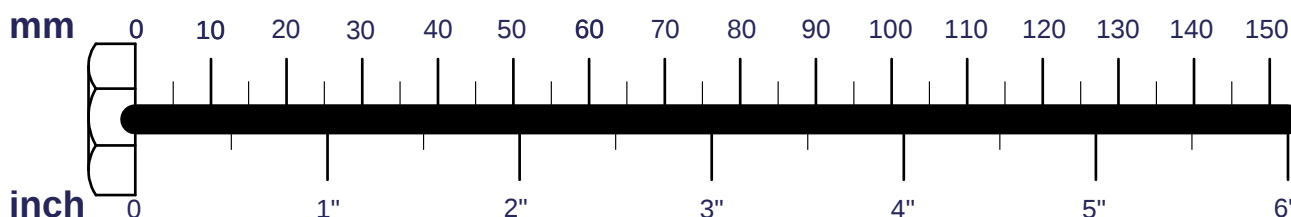
(CC2)1/2"(I.D.)FLAT WASHER Ø25 QTY.2



(CC3)M10(I.D.)FLAT WASHER Ø19 QTY.2



(CC4)M6(I.D.)FLAT WASHER Ø19 QTY.16

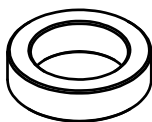


MLE200 ASSEMBLY INSTRUCTIONS

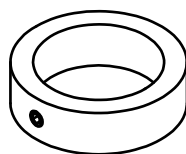
HARDWARE ILLUSTRATION

D1.Ø38XØ25.8X10L STEEL BUSHING(8120-071)-----	[1PCS]
D2.Ø70X52X20L STEEL BUSHING(8130-065)-----	[1PCS]
D3.Ø60 CAP COVER(8130-231)-----	[1PCS]
D4.Ø10X60L SHAFT(8210-156)-----	[1PCS]
D5.THRUST BEARING(8510-008)-----	[1PCS]
D6.Ø38X26X1.5t CU WASHER(8520-008)-----	[3PCS]
D7.58X116X2.5tX30H END CAP(9211-189)-----	[1PCS]
D8.Ø120XØ51X3t NYLON WASHER(9214-039)-----	[2PCS]
D9.50X100X1.5t END CAP(9261-060)-----	[1PCS]
D11.108X15tX263L RUBBER PAD(9310-075)-----	[1PCS]
D12.3690mm BELT (FMLE200A1)-----	[1PCS]

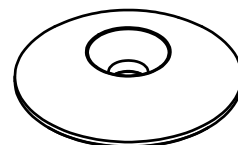
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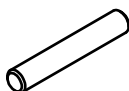
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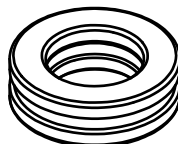
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D4.



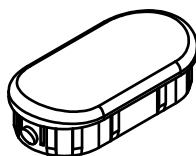
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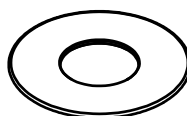
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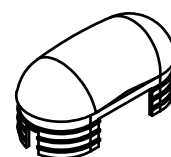
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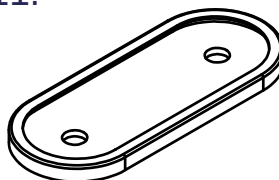
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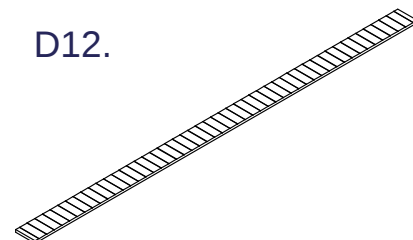
D9.



D11.



D12.



MLE200 ASSEMBLY INSTRUCTIONS

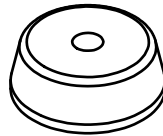
FARME HARDWARE ILLUSTRATION

DD1.Ø3/4" SHAFT COLLAR(9211-147)-----	[2PCS]
DD2.Ø4" RUBBER DOUNT(9310-017)-----	[2PCS]
DD3.108X14.5tX263L RUBBER PAD(9310-075)-----	[2PCS]
DD4.Ø115X50L PULLEY-NO MAGNET(9213-042B) -----	[3PCS]
DD6.BOTTLE BRACKET(8388-025)-----	[1PCS]
DD7.BOTTLE RACK(9260-320)-----	[1PCS]
DD8.BOTTLE(9260-123)-----	[1PCS]
DD11.Ø1" RUBBER PAD (9212-019)-----	[1PCS]
DD12.TOP PLATE(8400-033)-----	[1PCS]
DD13.Ø3/4" SHAFT COLLAR(9211-167)-----	[2PCS]
DD14.WEIGHT SELECTOR BAR(8210-216C)-----	[1PCS]

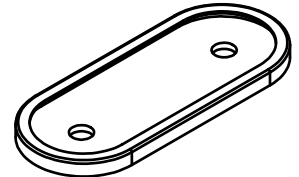
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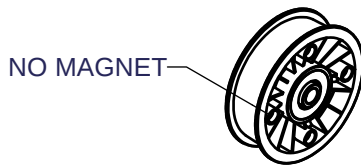
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DD3.



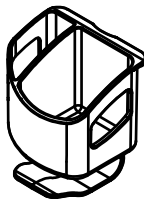
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DD6.



DD7.



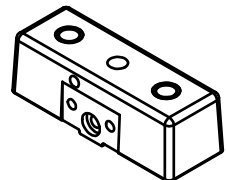
DD8.



DD11.



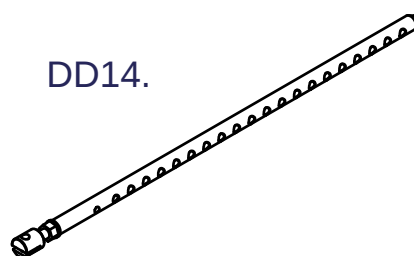
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DD13.

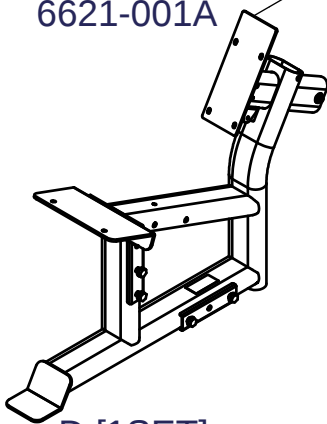


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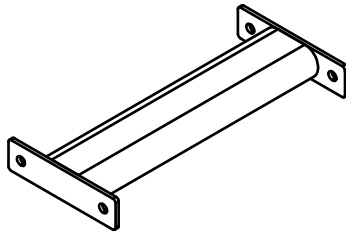


PARTS ILLUSTRATION SHEET

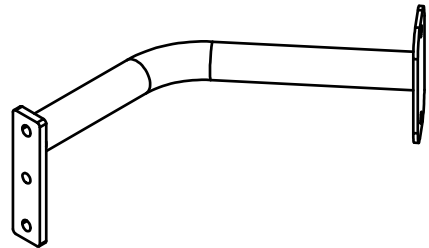
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6621-001A



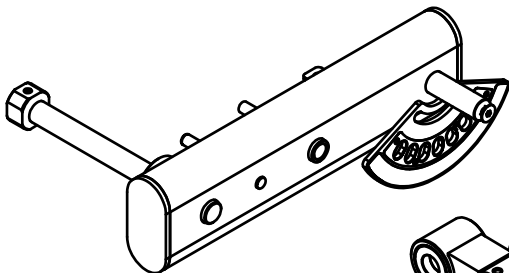
B [1SET]
6630-002



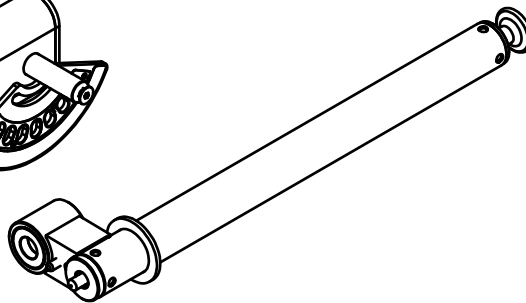
C1 [1SET]
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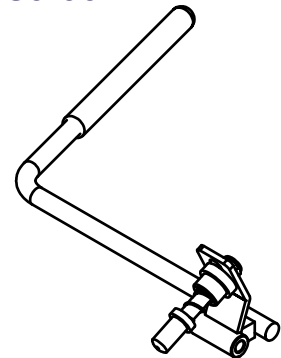
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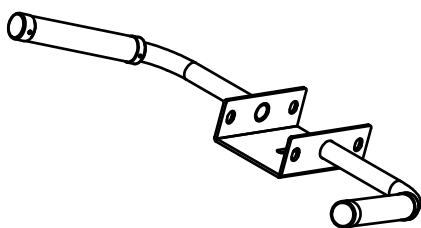
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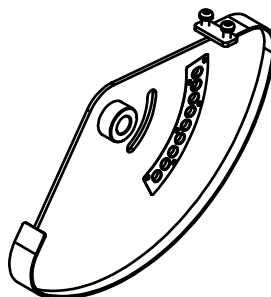
F [1SET]
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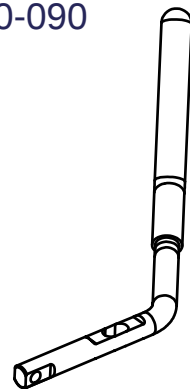
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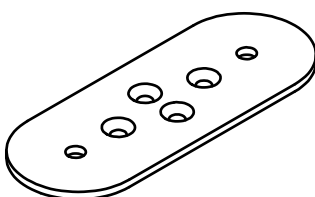
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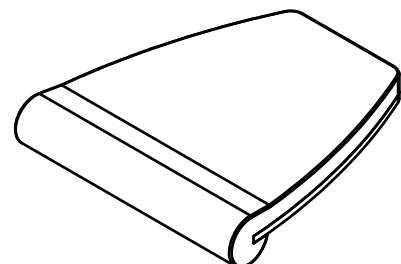
I [1SET]
8240-090



J [1PCS]
8313-144

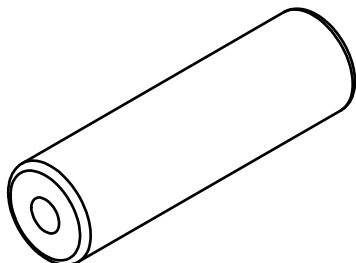


L [1SET]
9121-071

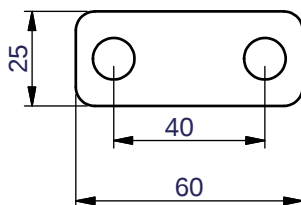


PARTS ILLUSTRATION SHEET

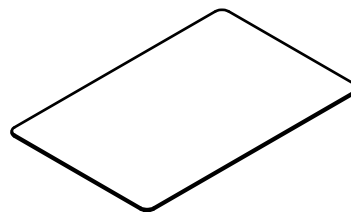
M3 [1SET]
9161-079



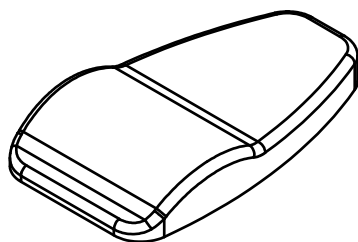
N [1PCS]
8311-117



O1[1PCS]
9420-098



P [1SET]
9111-068

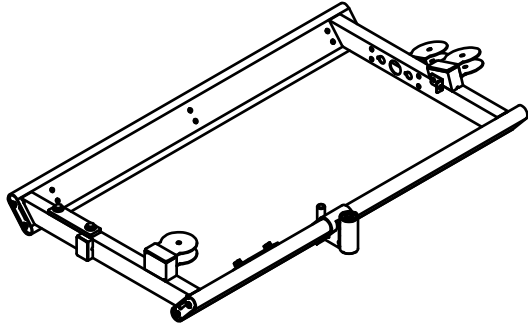


MLE200 ASSEMBLY INSTRUCTIONS

FARME PARTS ILLUSTRATION SHEET

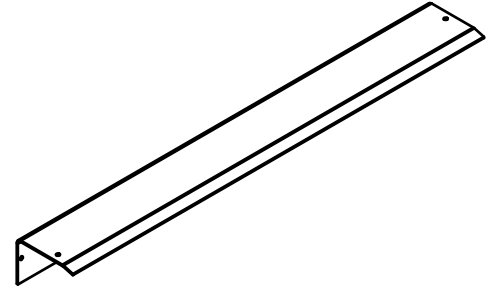
AA2 [1SET]

6610-009A



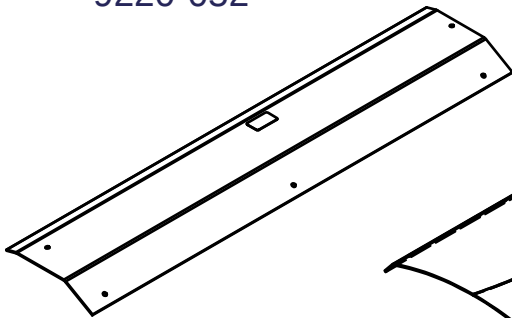
AC1 [1PCS]

9220-016



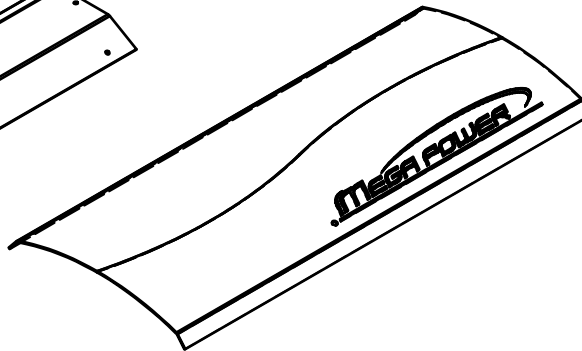
AD2 [1PCS]

9220-052



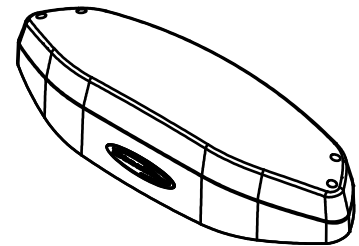
AE [1SET]

9220-023



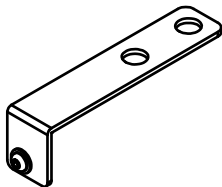
AF [1SET]

9211-148



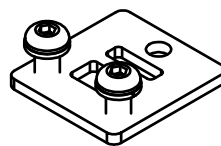
AG [4SET]

8331-057



AH [1SET]

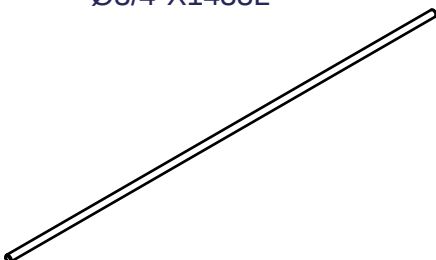
8313-169



AJ2[2PCS]

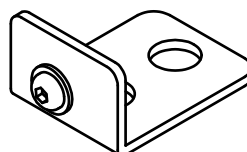
8280-042

Ø3/4"X1433L



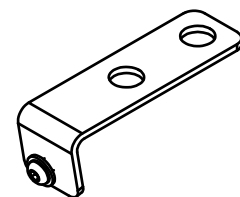
AK[1PCS]

8331-056



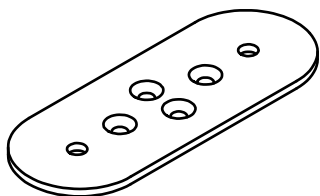
AL[3SET]

8331-058

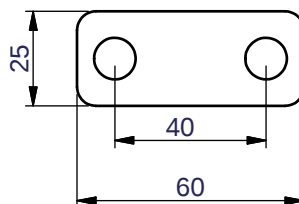


FARME PARTS ILLUSTRATION SHEET

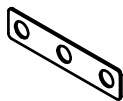
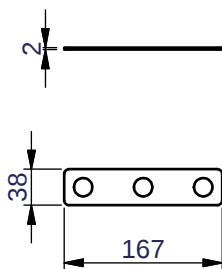
AM [2PCS]
8313-144



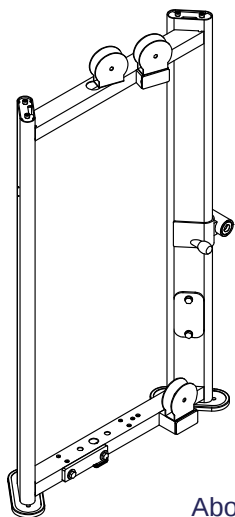
AP [1PCS]
8311-117



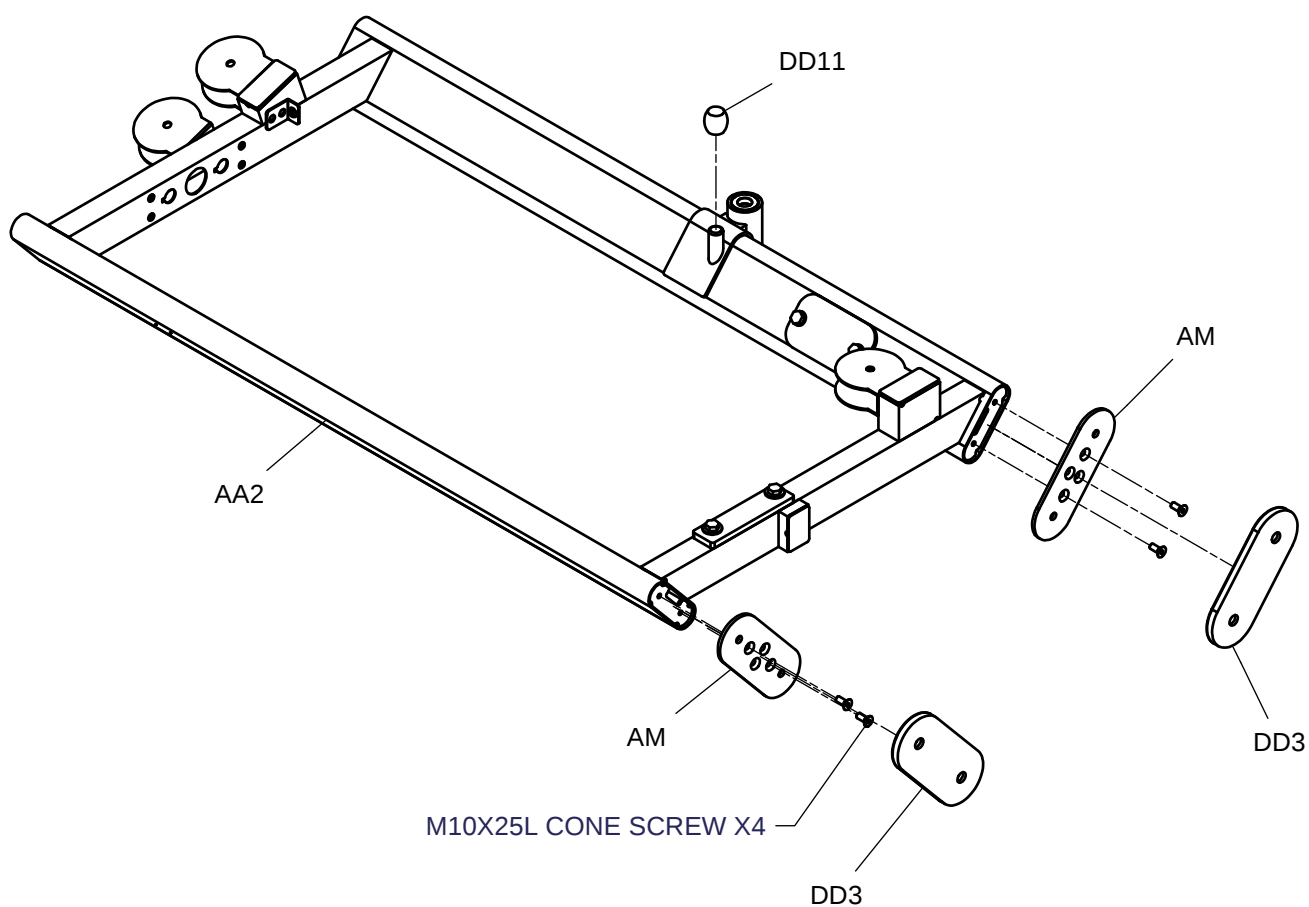
AR[1PCS]
8311-194



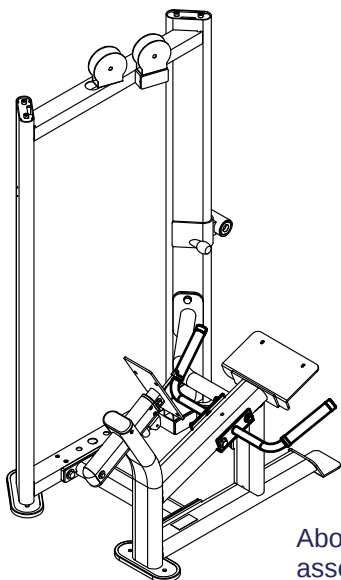
MLE200 ASSEMBLY INSTRUCTIONS



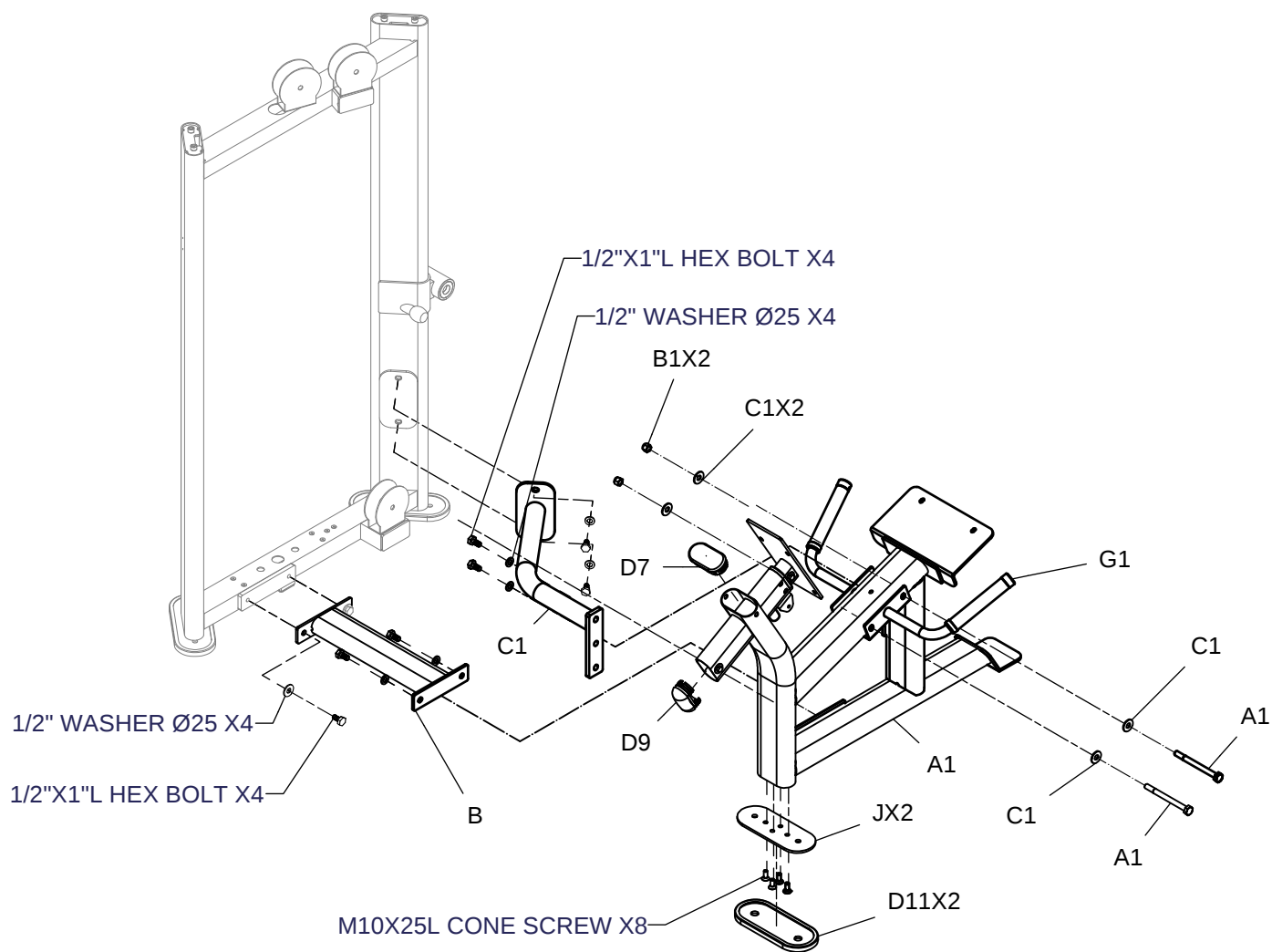
Above shows STEP 1
assembled and completed



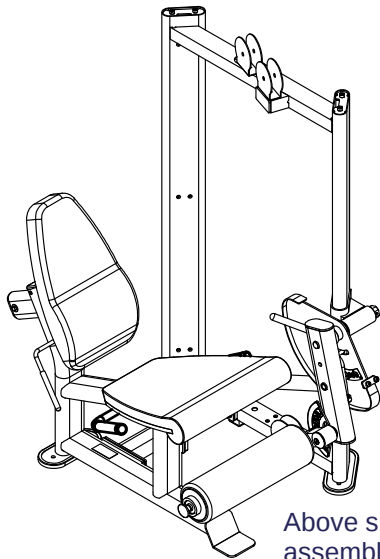
MLE200 ASSEMBLY INSTRUCTIONS



Above shows STEP 2
assembled and completed

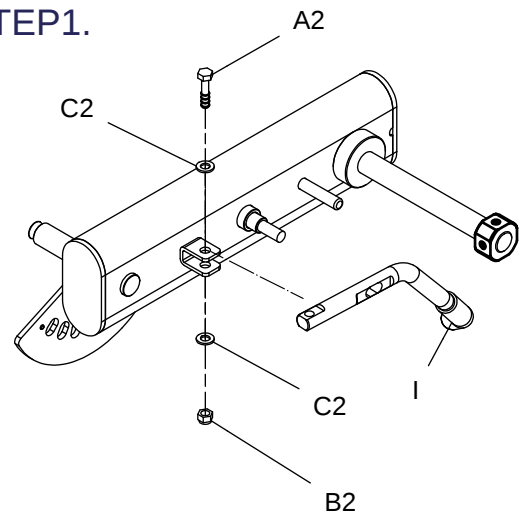


MLE200 ASSEMBLY INSTRUCTIONS

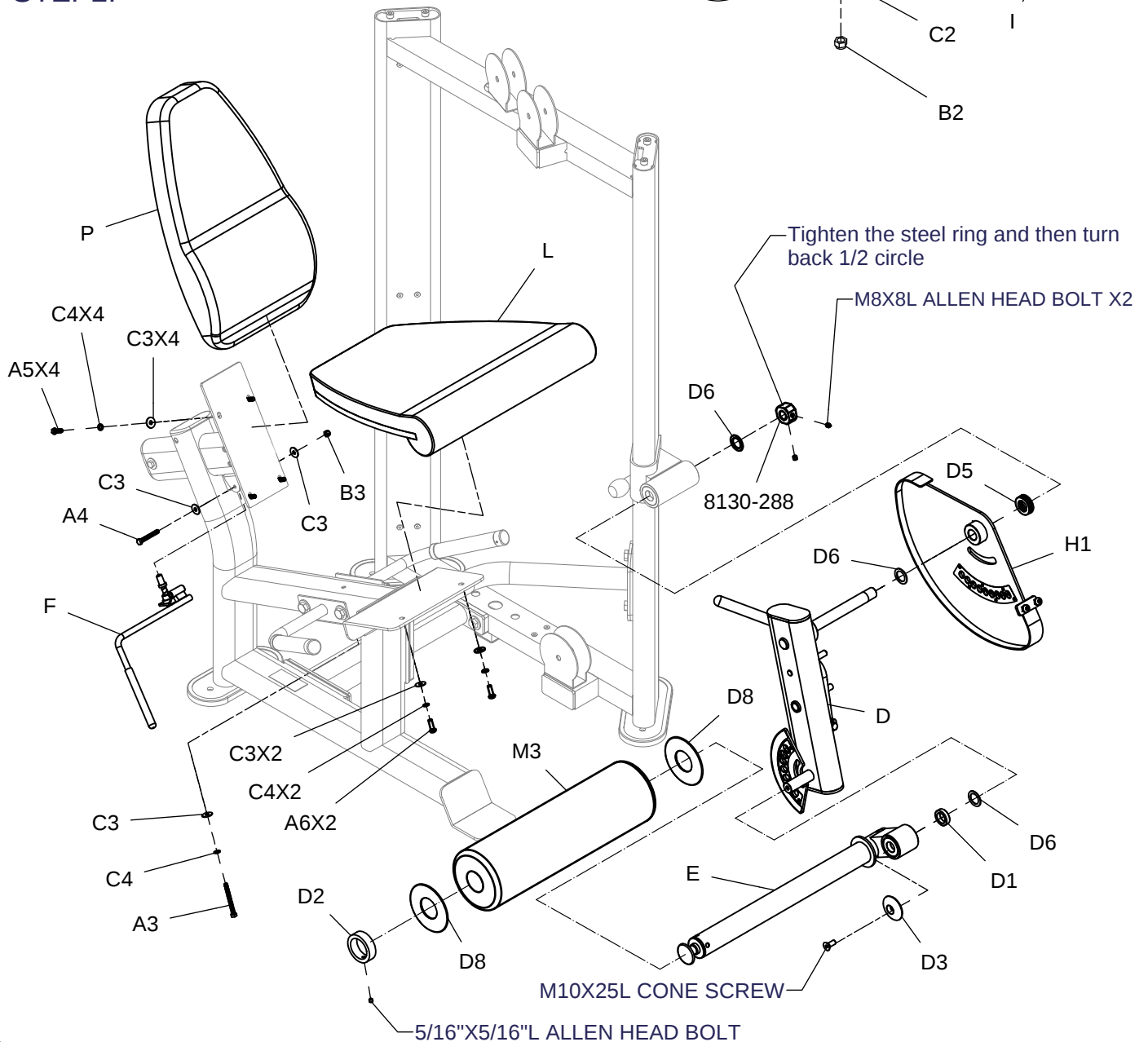


Above shows STEP 3 assembled and completed

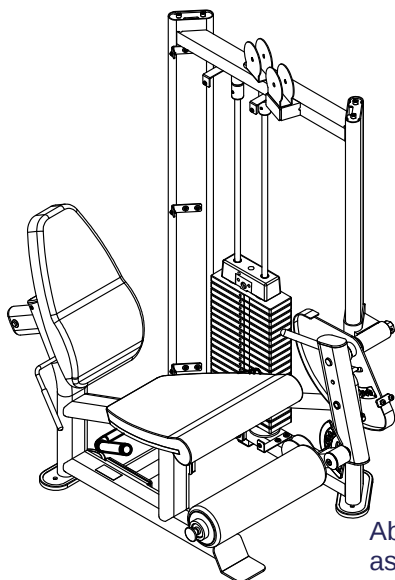
STEP1.



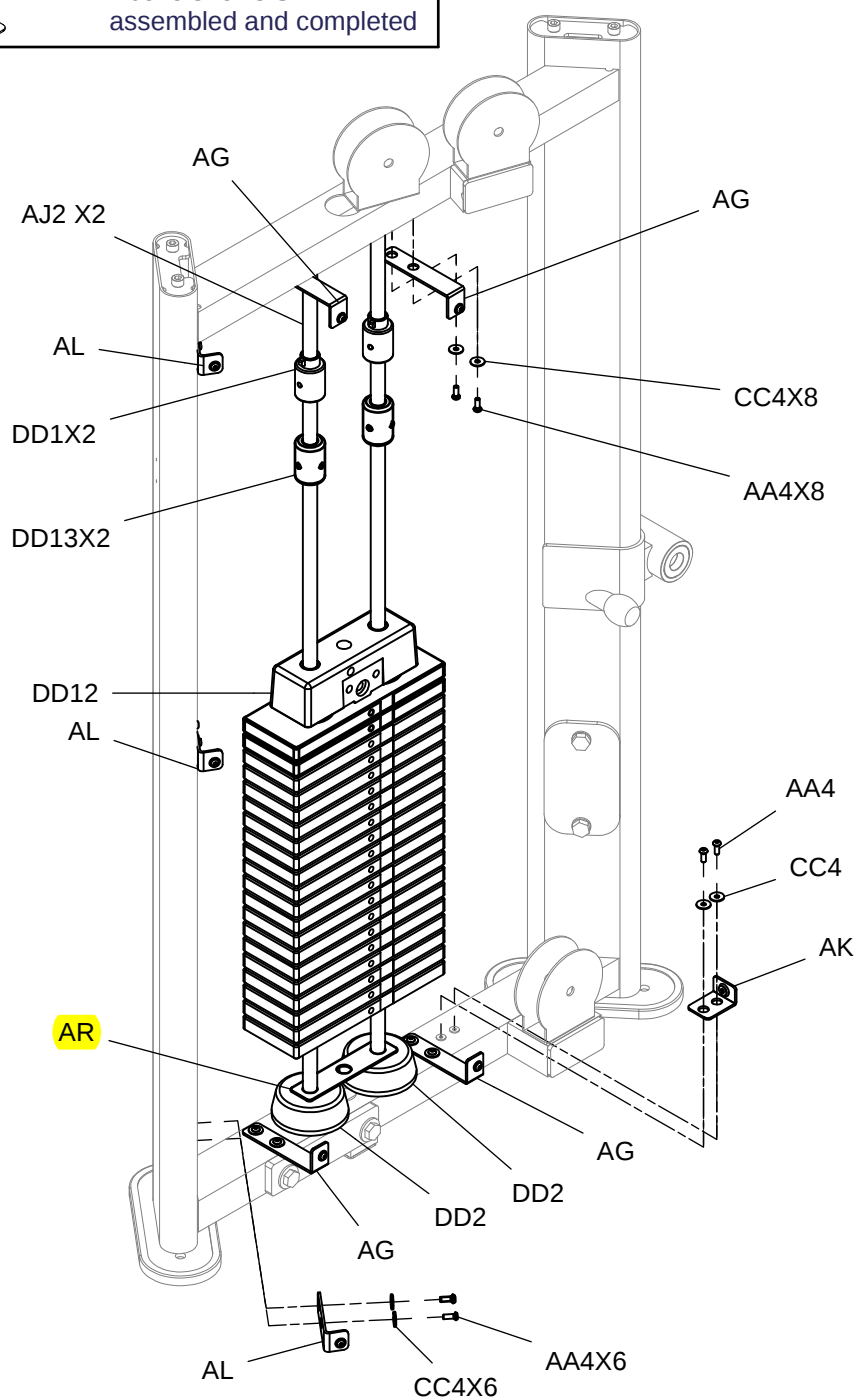
STEP2.



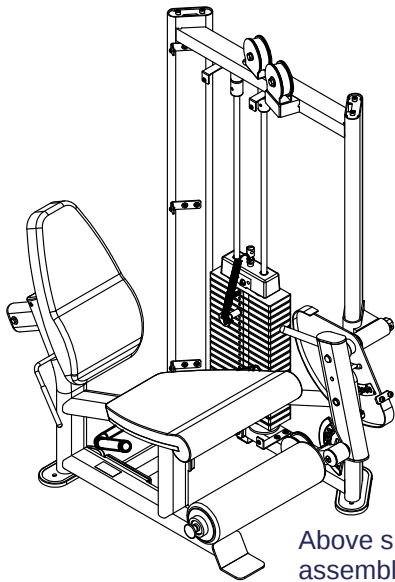
MLE200 ASSEMBLY INSTRUCTIONS



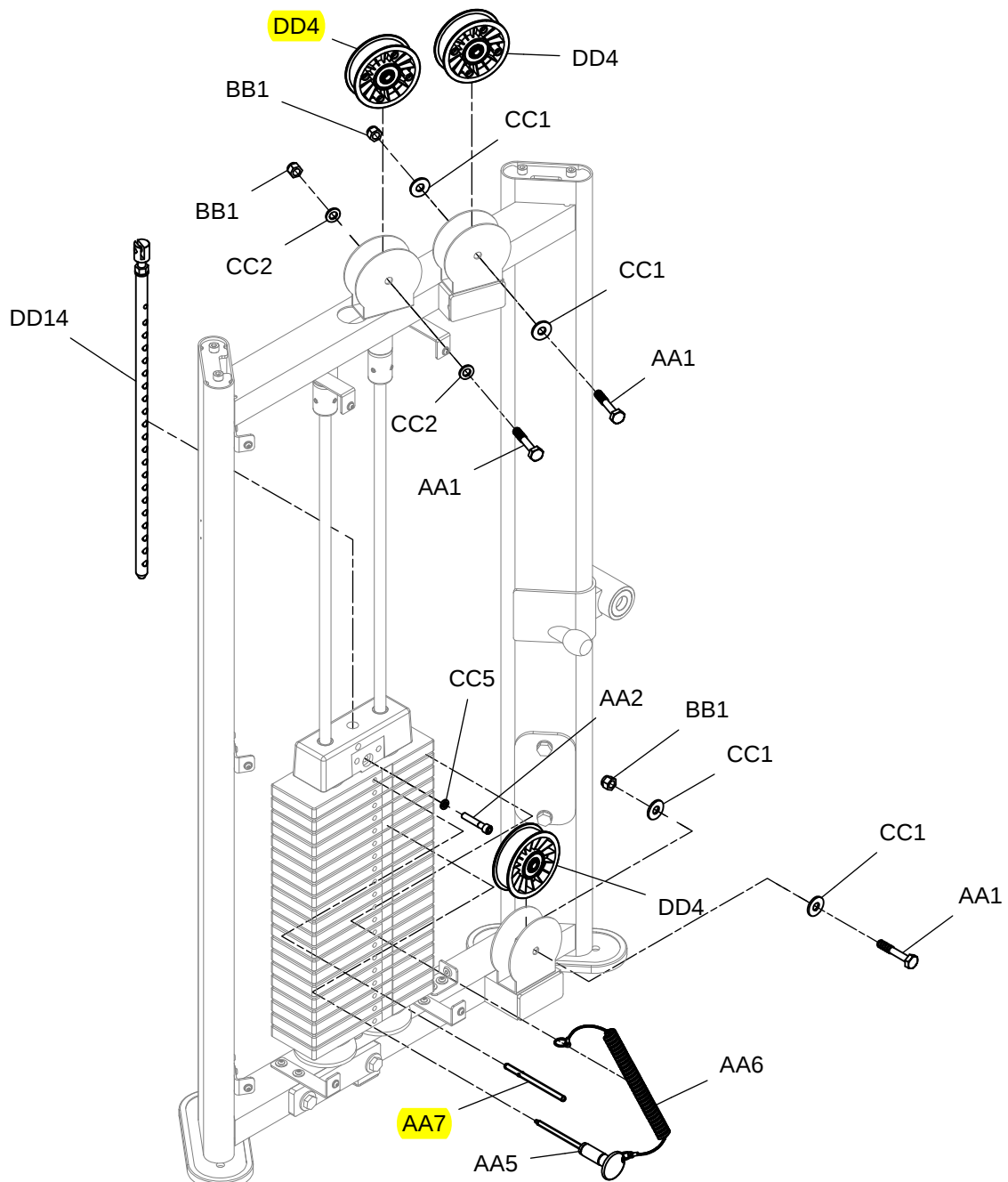
Above shows STEP 4
assembled and completed



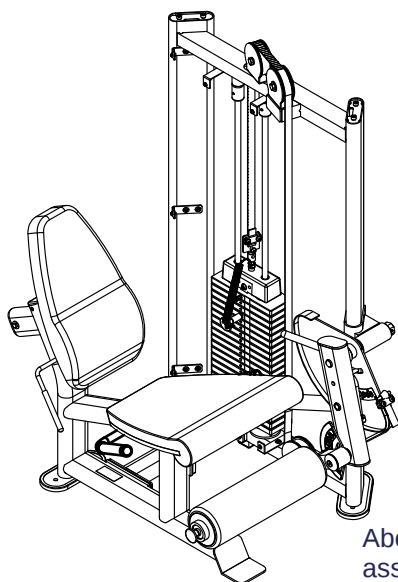
MLE200 ASSEMBLY INSTRUCTIONS



Above shows STEP 5
assembled and completed



MLE200 ASSEMBLY INSTRUCTIONS



Above shows STEP 6 assembled and completed

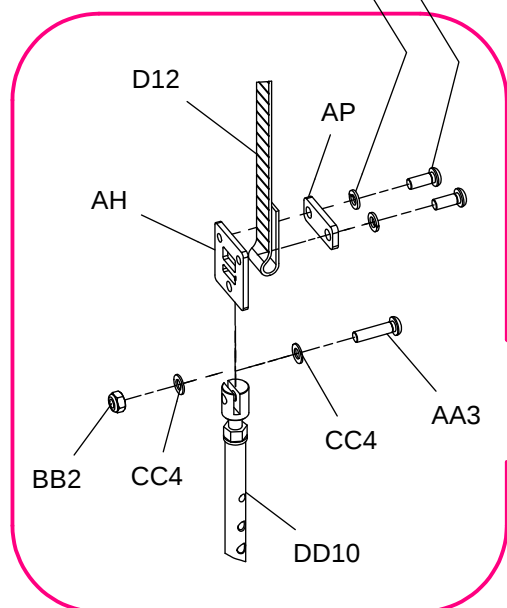
The tread side should be outward

M10X25L ROUND BOLT X2

M10 SPRING WASHER X2

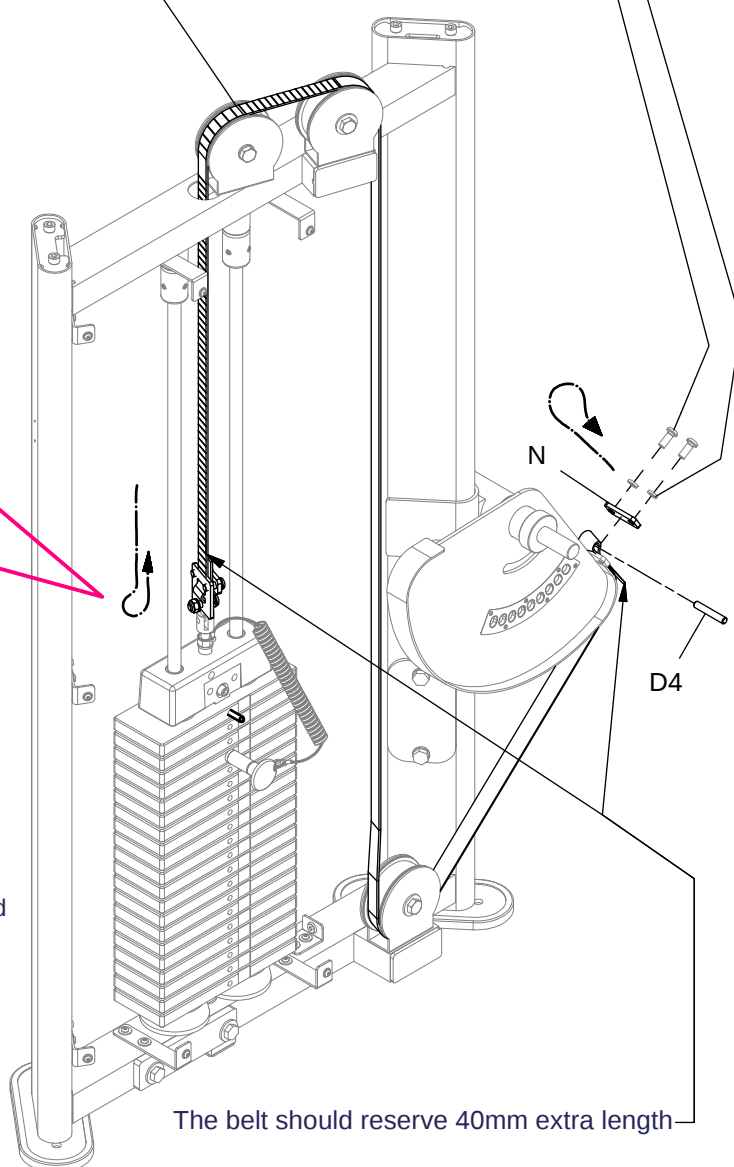
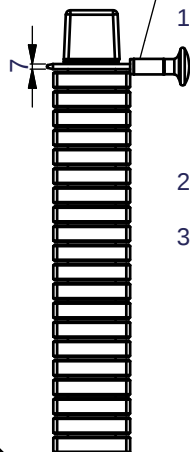
M10 SPRING WASHER X2

M10X25L ROUND BOLT X2



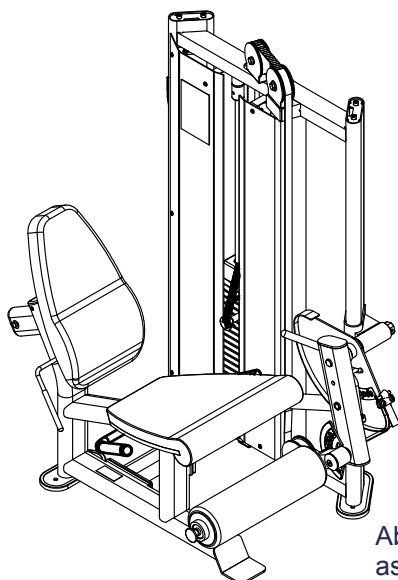
Adjust Belt Procedure:

1. Lift the selector rod a little and then insert the pin between first weight stack and top plate (Do not insert through the first hole of the rod), and there are 8 mm gap between top plate and first weight stack.
2. Adjust the belt to have proper tension and then tighten the belt clamps
3. Remove the pin and let the top plate fall on the first weight plate.

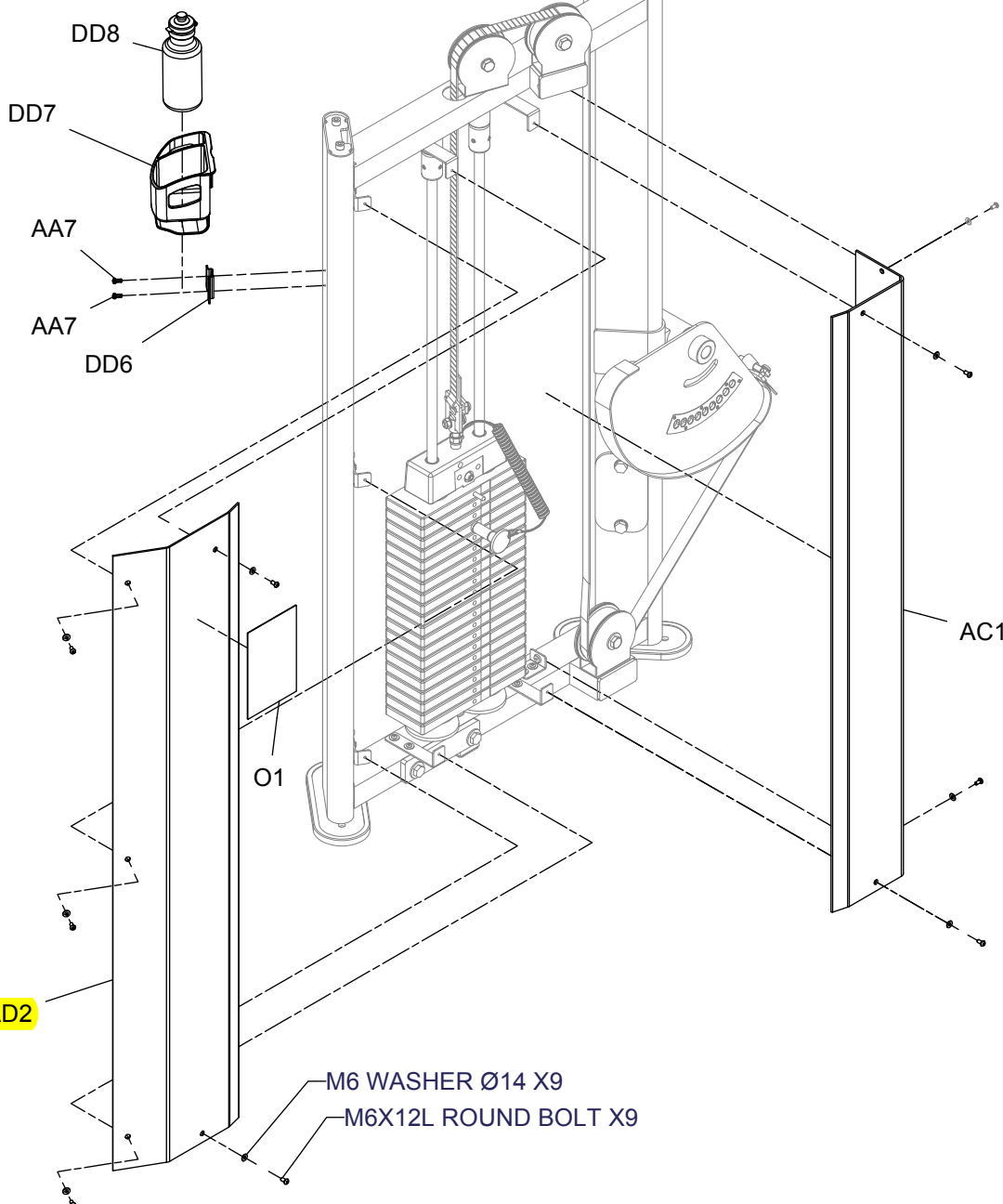


The belt should reserve 40mm extra length

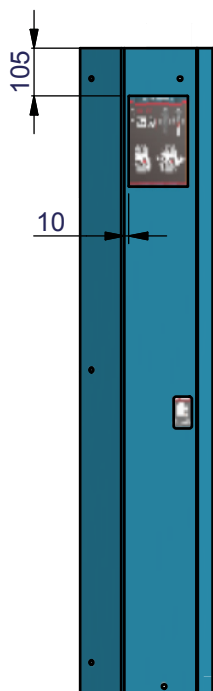
MLE200 ASSEMBLY INSTRUCTIONS



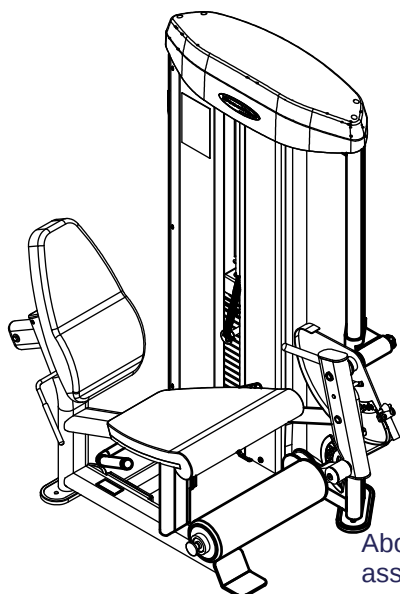
Above shows STEP 7
assembled and completed



Post location



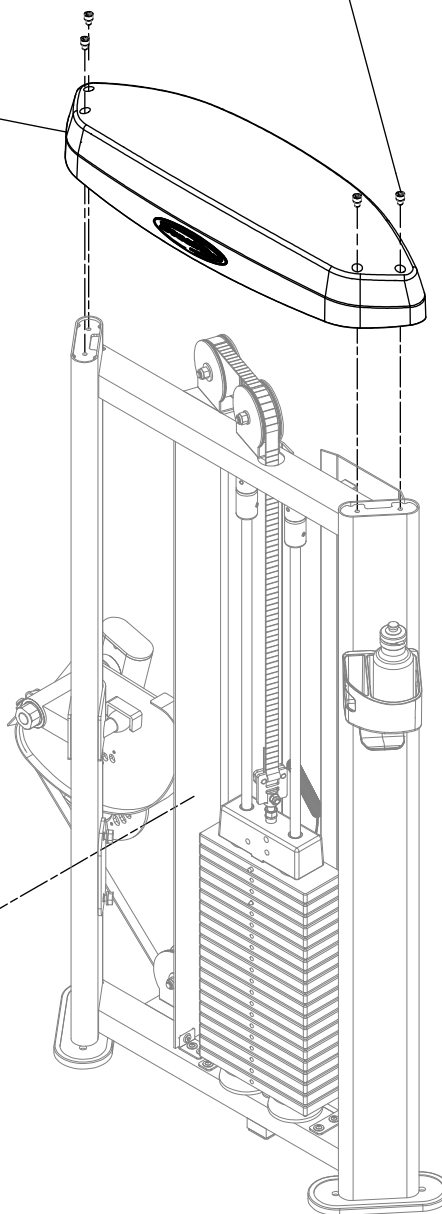
MLE200 ASSEMBLY INSTRUCTIONS



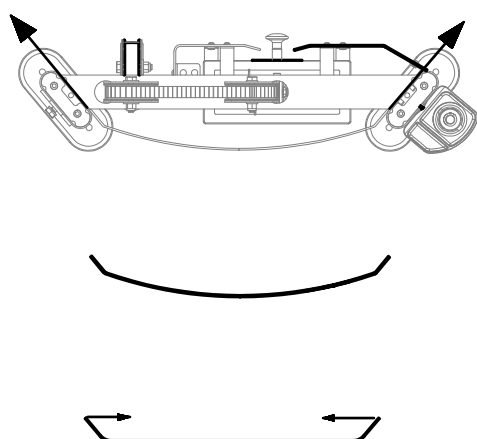
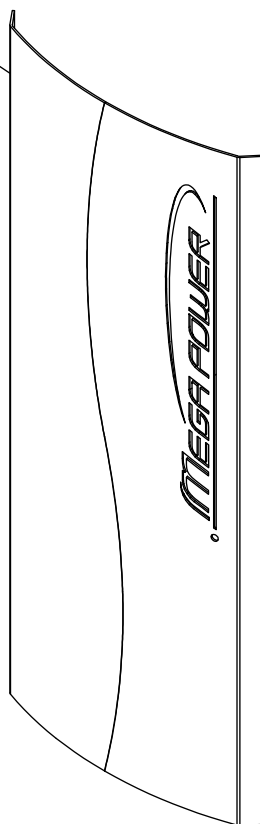
Above shows STEP 8
assembled and completed

M10X12L ROUND INNER HEAD X4

AF



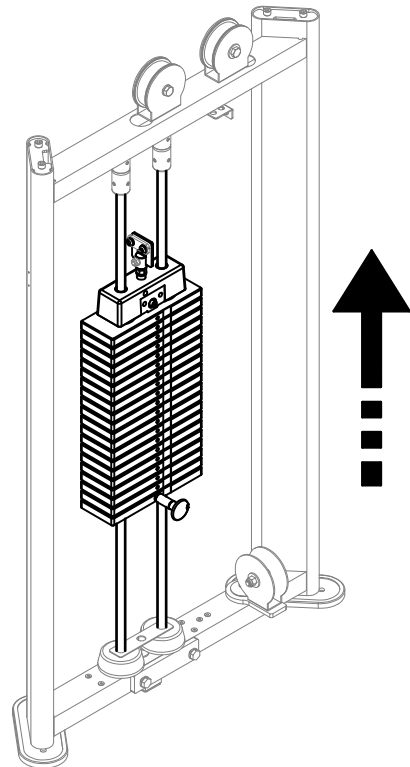
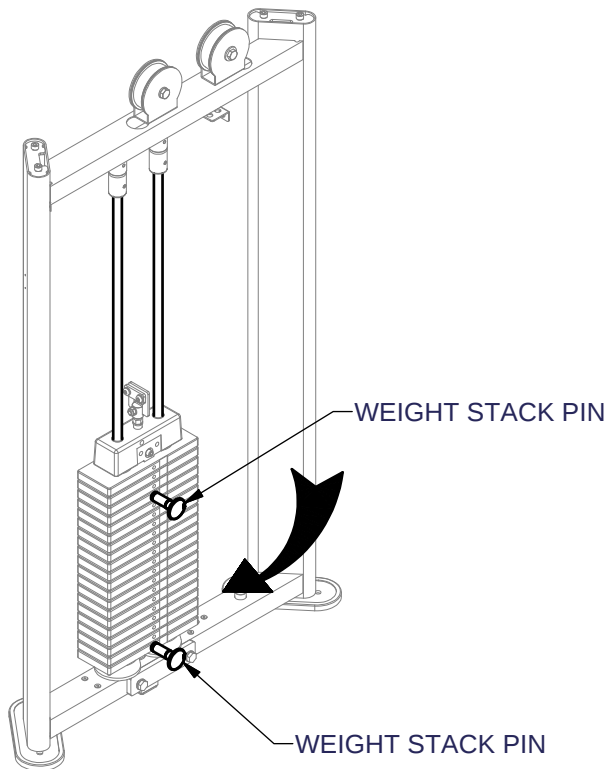
AE



Note: When installing the shroud (AE), push both sides of the shroud toward center in order to bend it a little.
After insert it to the door frame and then releasing it. The shroud will be locked on the door frame.

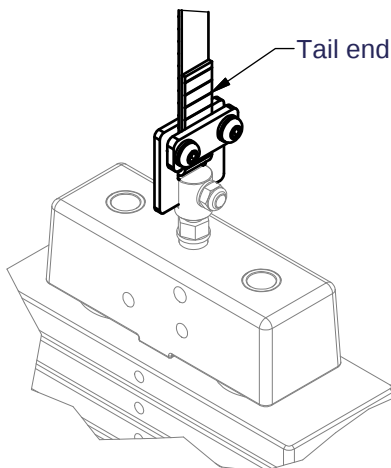
ASSEMBLY INSTRUCTIONS

Adjust Flat Belt Steps



1. When installing flat belt, please put the weight stack pin into 4th weight stack. After installing flat belt, please put the weight stack pin into 20th weight stack.

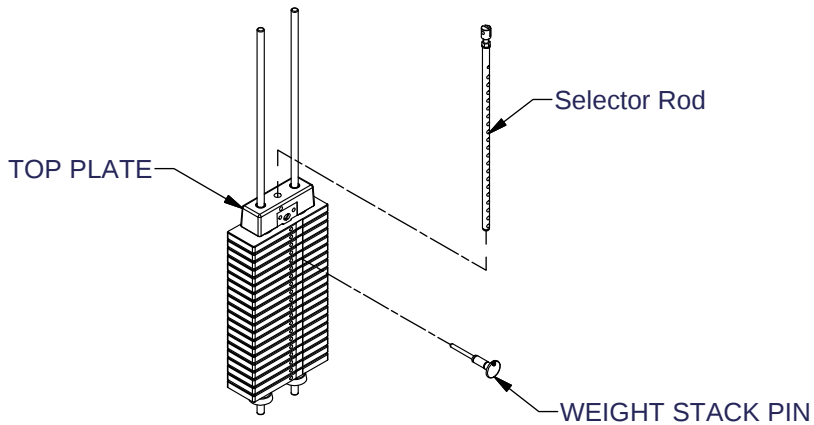
2. When weight stack pin put into 20th weight stack, please do workout with the machine around 1 minute or 5-10 sets in order to extend the flat belt, flat belt will be loosed a little bit.



3. Pull end of flat belt as drawing showed to make the flat belt be tightened.
(After using the machine 3 months to 6 months, please check flat belt. If the flat belt is loosed, please follow this step to tighten the belt again.)

Guide on Selector Rod Adjustment

STEP 1

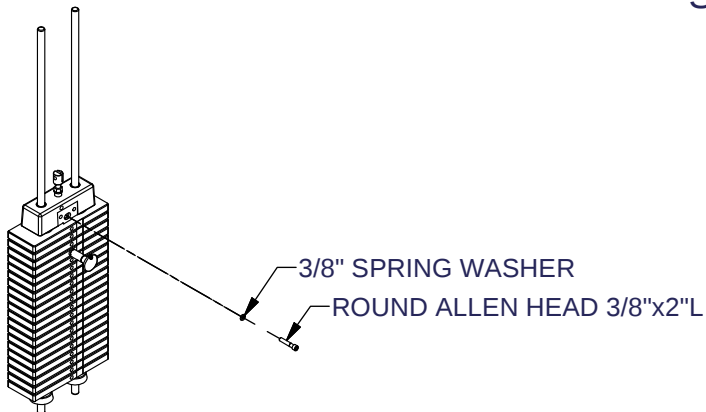


Step 1

Place Selector Rod into Top Plate.

Then put selector pin into the weight plate to fix the rod.

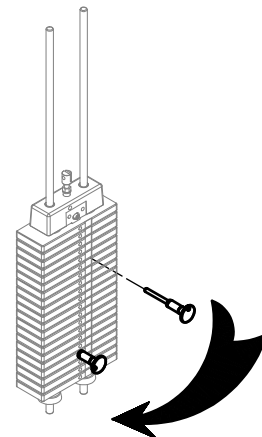
STEP 2



Step 2

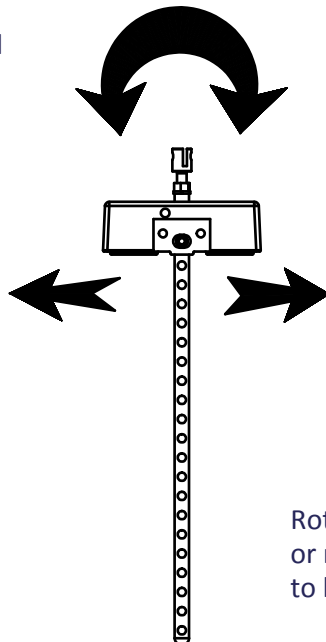
Screw the 3/8"x2"L Round Allen Head into Top Plate but not tighten it up.

STEP 3



Step 3

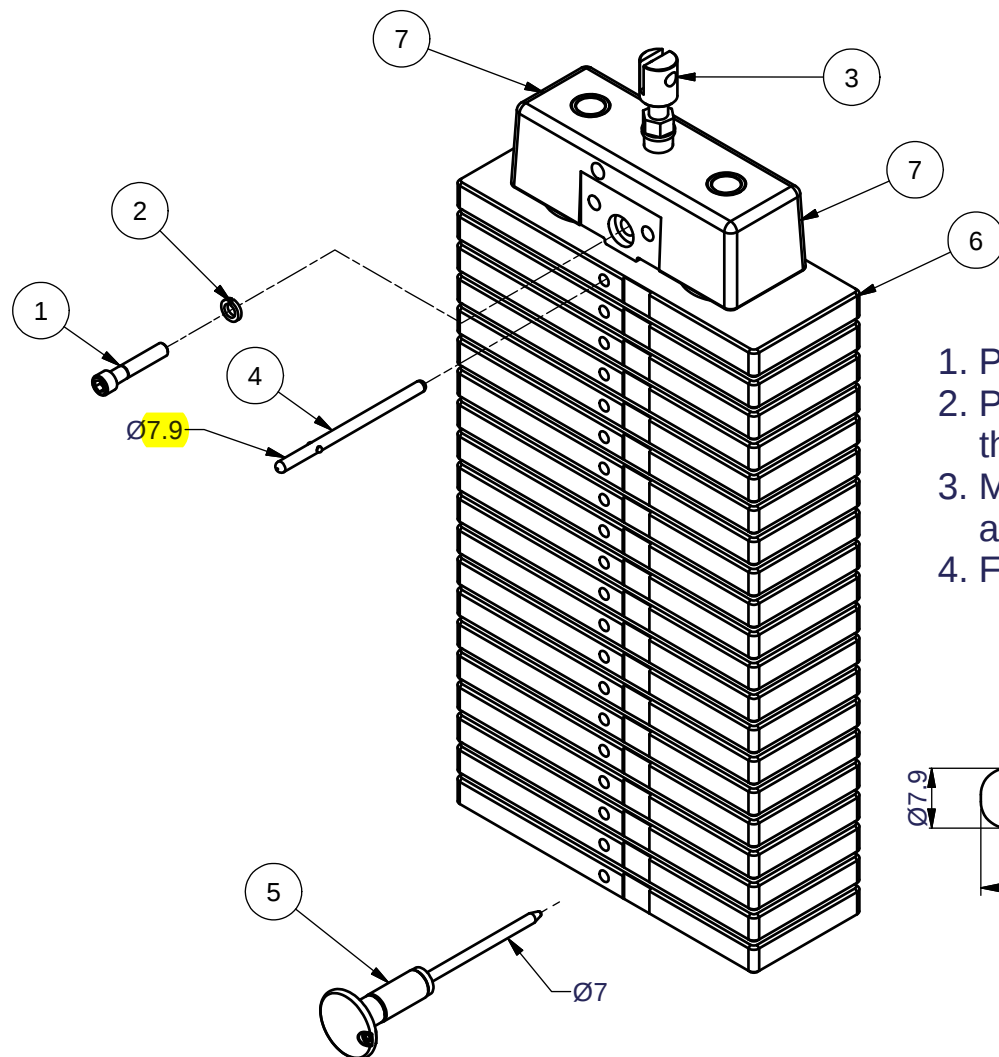
Place the selector pin to each weight plate (5,10,15,20....) to check the smoothness.



Rotate the Selector Rod slightly or move the 3/8"x2"L Round Allen Head to left and right and repeat Step 3.

MEGA POWER series JUNGLE GYM series

project	Part number	Name	Specification	Quantity	Remark
1	38-200 CAP	round allen head	3/8"X2"L round allen head-CAP	1	
2	38-SPWAS 8732003	3/8" spring washer		1	
3	8210-216C	20 hole Selector Rod		1	
4	8250-166	pin	Ø7.9X137L	1	
5	8250-162	weight stack pin	Ø7X110L	1	
6	8400-010	10LB weight stack plate	102x22x280L 10LB	20	
7	8400-033	top plate		1	



1. Place #4 - 8250-166 (pin) into the first weight plate.
2. Place #5 - 8250-162 (weight stack pin) into the the hole 20th of the weight stack.
3. Make sure #7 (top plate) cling to #6 (first weight plate) and fix in #1 - 3/8"X2"L screw and #2 - 3/8" spring washer.
4. Finally remove #5 - 8250-162 (weight stack pin) and use as usual.

