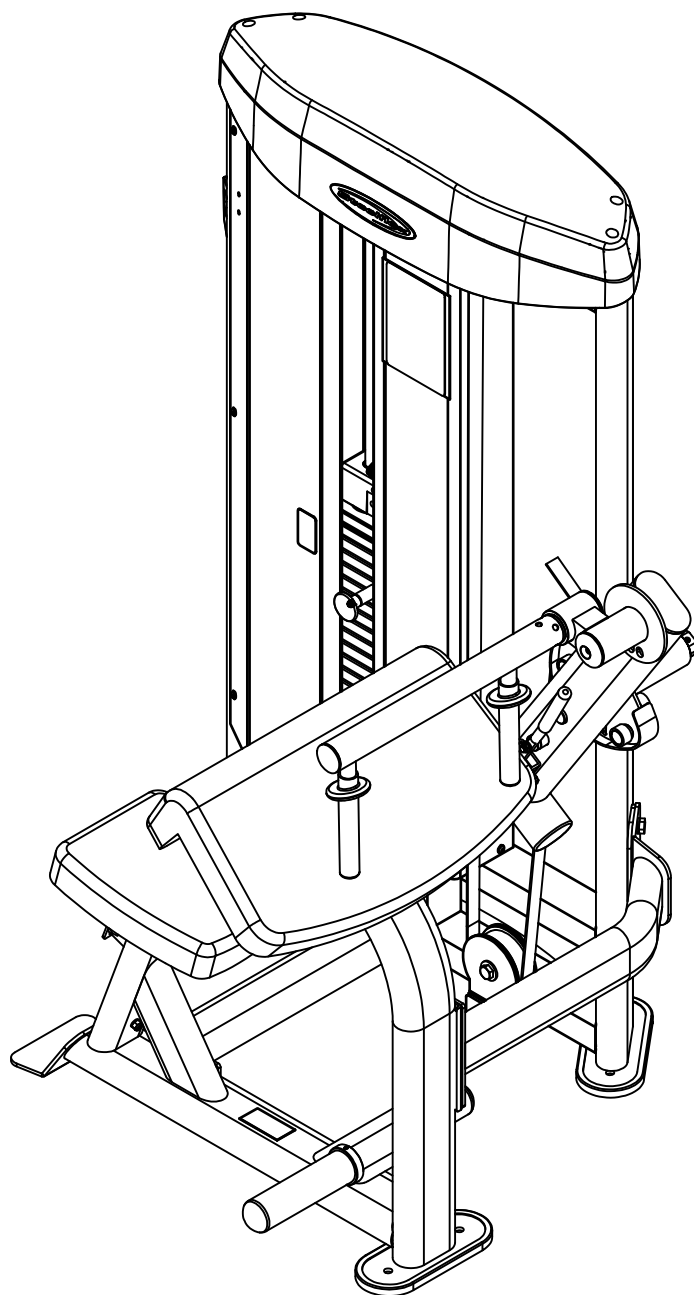


MEGA POWER



Steelflex

JOONG CHENN INDUSTRY CO., LTD.

Sales Office:

3F28, No.5, Shin-Yi Rd., Sec. 5, Taipei, Taiwan 110 R.O.C.

Tel: 886-2-27209980

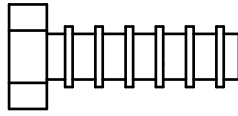
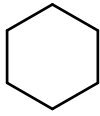
Fax: 886-2-27229750

www.steelflexfitness.com

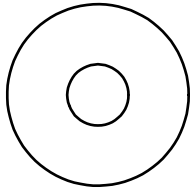
MTE-1200.3 OWNER'S MANUAL

MTE1200 ASSEMBLY INSTRUCTIONS

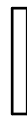
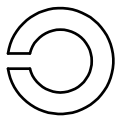
HARDWARE ILLUSTRATION



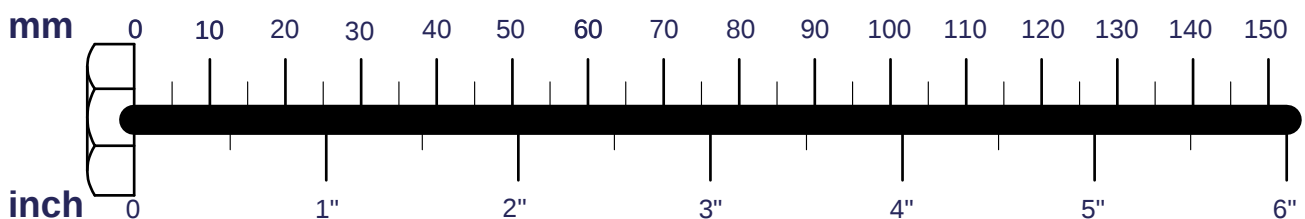
(A1)HEX BOLT 5/16""x1"L PARTIAL THREAD QTY.10



(C1)5/16"(I.D.)FLAT WASHER Ø24 QTY.10

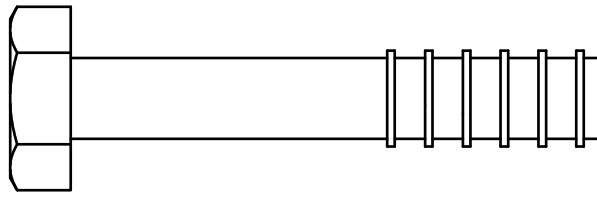
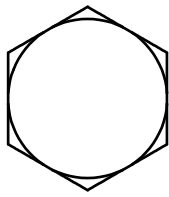


(C2)SPRING WASHER 5/16" QTY.10

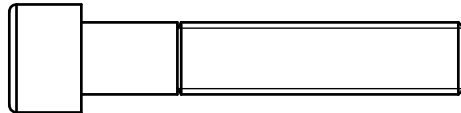
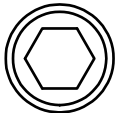


MTE1200 ASSEMBLY INSTRUCTIONS

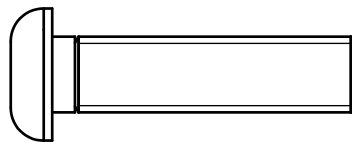
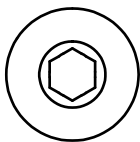
FRAME HARDWARE ILLUSTRATION



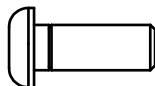
(AA1)HEX BOLT 1/2"x2-3/4"L PARTIAL QTY.3



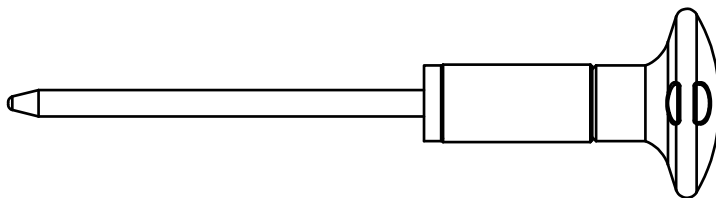
(AA2)ROUND INNER HEAD 3/8"x2"L PARTIAL QTY.1



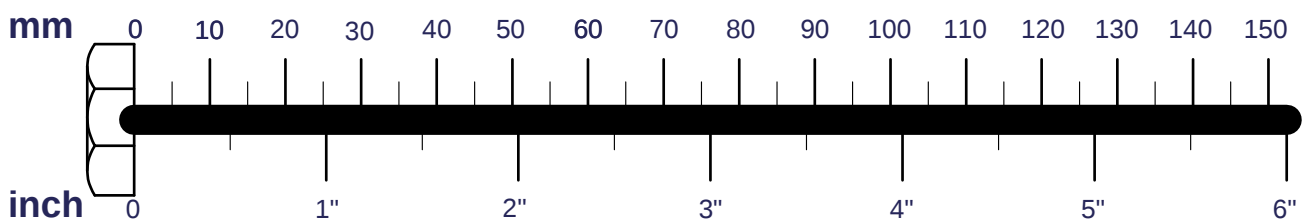
(AA3)ROUND INNER HEX SCREW M10x40L PARTIAL THREAD QTY.1



(AA4)ROUND INNER HEX SCREW M6x16L PARTIAL THREAD QTY.16

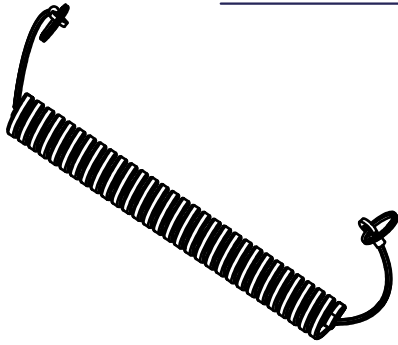


(AA5)10 、 15 、 20LB PIN(8250-162) QTY.1

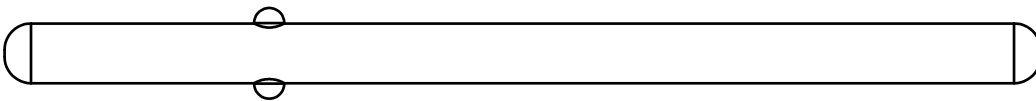


MTE1200 ASSEMBLY INSTRUCTIONS

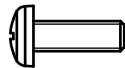
FRAME HARDWARE ILLUSTRATION



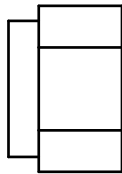
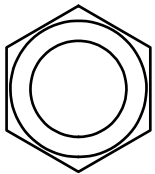
(AA6)ELASTIC BELT QTY.1



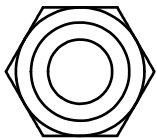
(AA7)Ø5/16" FIXED PIN (8250-166) QTY.1



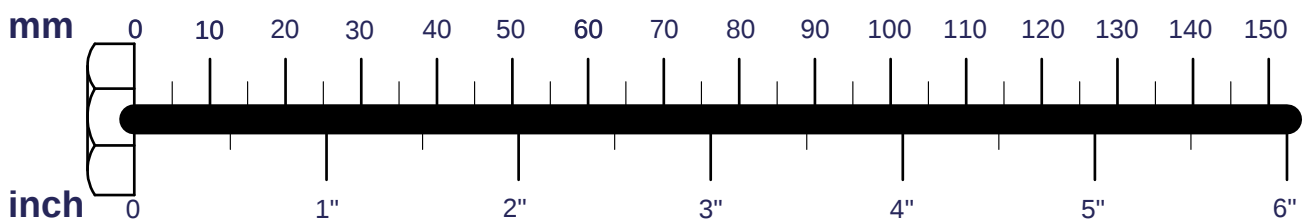
(AA8)ROUND HEAD PHILLIPS M4X12L PARTIAL THREAD QTY.2



(BB1)NYLON LOCK NUT 1/2" QTY.3

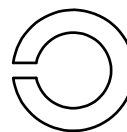
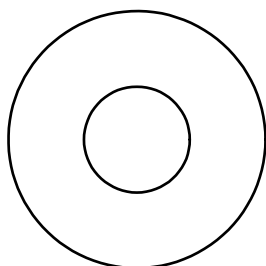


(BB2)NYLON LOCK NUT M10 QTY.1



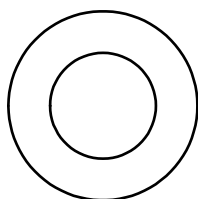
MTE1200 ASSEMBLY INSTRUCTIONS

FRAME HARDWARE ILLUSTRATION

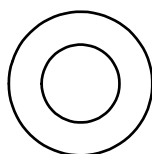


(CC1)1/2"(I.D.)FLAT WASHER Ø34 QTY.4

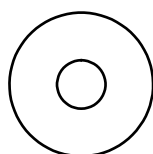
(CC5)SPRING WASHER 3/8" QTY.1



(CC2)1/2"(I.D.)FLAT WASHER Ø25 QTY.2



(CC3)M10(I.D.)FLAT WASHER Ø19 QTY.2



(CC4)M6(I.D.)FLAT WASHER Ø19 QTY.16

mm

0 10 20 30 40 50 60 70 80 90 100 110 120 130 140 150

inch

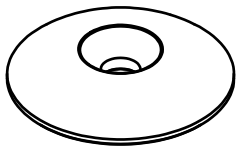
0 1" 2" 3" 4" 5" 6"

MTE1200 ASSEMBLY INSTRUCTIONS

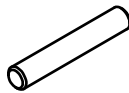
HARDWARE ILLUSTRATION

D1.Ø60 CAP COVER(8130-231)-----	[2PCS]
D2.Ø10X60L SHAFT(8210-156)-----	[1PCS]
D3.THRUST BEARING(8510-008)-----	[1PCS]
D4.Ø38X26X1.5t CU WASHER(8520-008)-----	[3PCS]
D5.Ø50 END CAP(9211-020)-----	[1PCS]
D6.Ø50 END CAP(9211-074)-----	[2PCS]
D7.108X15tX263L RUBBER PAD(9310-075)-----	[1PCS]
D8.3690mm BELT (FMTE12001)-----	[1PCS]
D9.HANDLEAR WITH COATING(9162-116)-----	[2PCS]
D10.Ø50XØ26X3t NYLON WASHER(9214-001)-----	[1PCS]

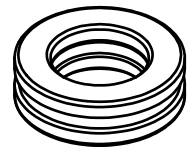
D1.



D2.



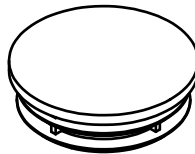
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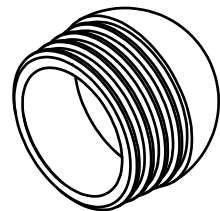
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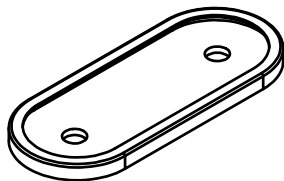
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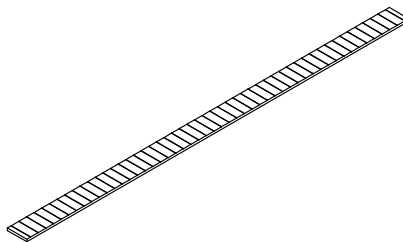
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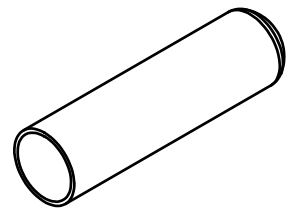
D7.



D8.



D9.



D10.



MTE1200 ASSEMBLY INSTRUCTIONS

FARME HARDWARE ILLUSTRATION

DD1.Ø3/4" SHAFT COLLAR(9211-147)-----[2PCS]
DD2.Ø4" RUBBER DOUNT(9310-017)-----[2PCS]
DD3.108X14.5tX263L RUBBER PAD(9310-075)-----[2PCS]
DD4.Ø115X50L PULLEY-NO MAGNET(9213-042B)-----[3PCS]

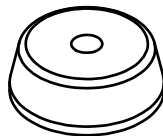
DD6.BOTTLE BRACKET(8388-025)-----[1PCS]
DD7.BOTTLE RACK(9260-320)-----[1PCS]
DD8.BOTTLE(9260-123)-----[1PCS]

DD11.TOP PLATE(8400-033)-----[1PCS]
DD12.3/4"SHAFT COLLAR(9211-167)-----[2PCS]
DD13.WEIGHT SELECTOR BAR(8210-216C)-----[1PCS]

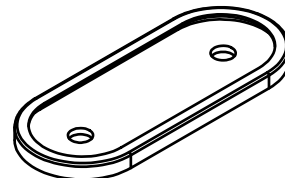
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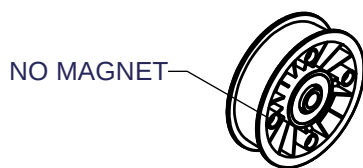
DD2.



DD3.



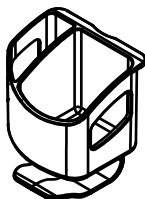
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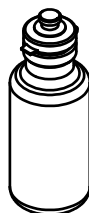
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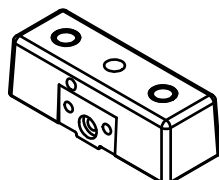
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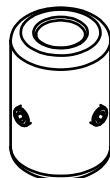
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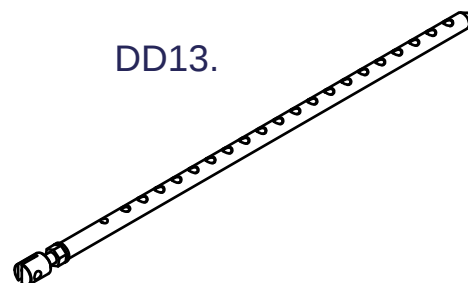
DD11.



DD12.



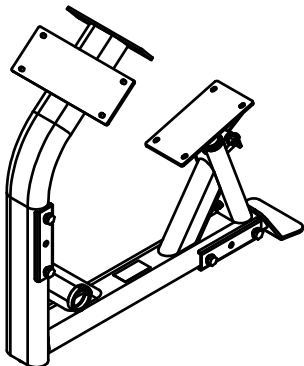
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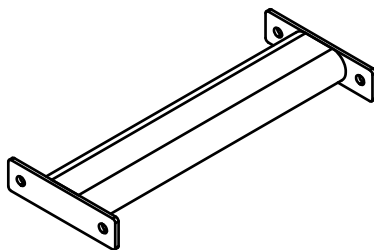
MTE1200 ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

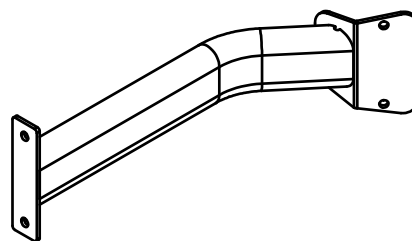
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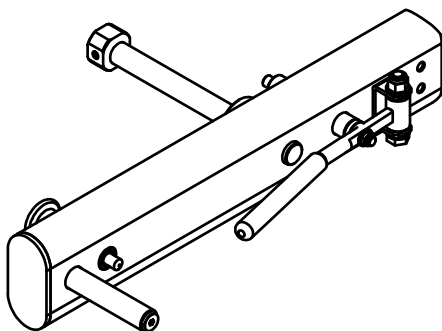
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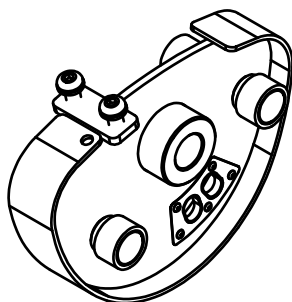
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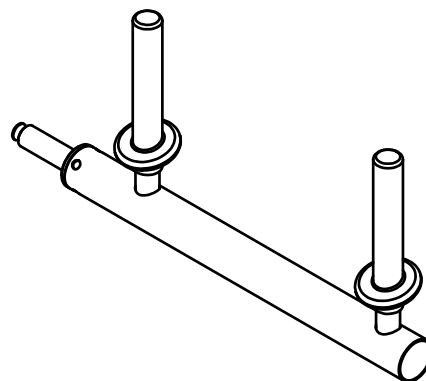
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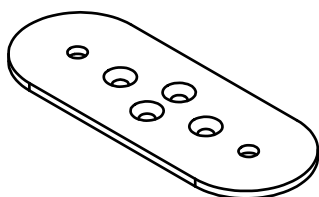
E [1SET]
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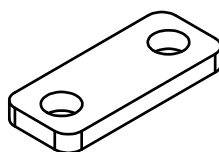
F [1SET]
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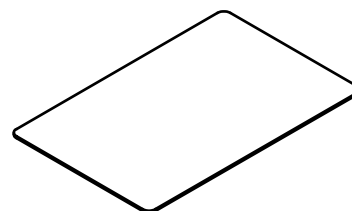
G [1PCS]
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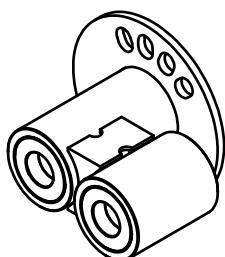
H [1PCS]
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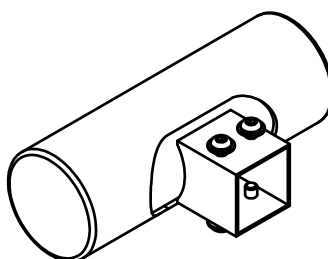
I [1PCS]
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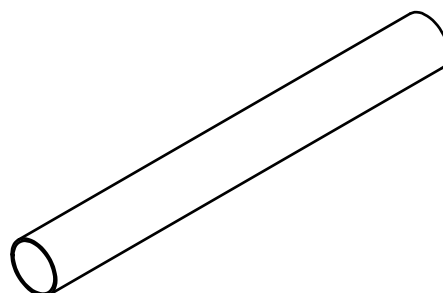
J [1SET]
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K1[1SET]
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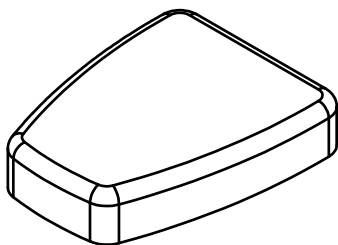


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5355-K002

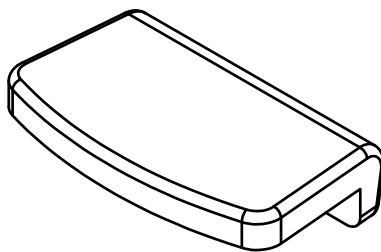


PARTS ILLUSTRATION SHEET

M [1PCS]
9121-084



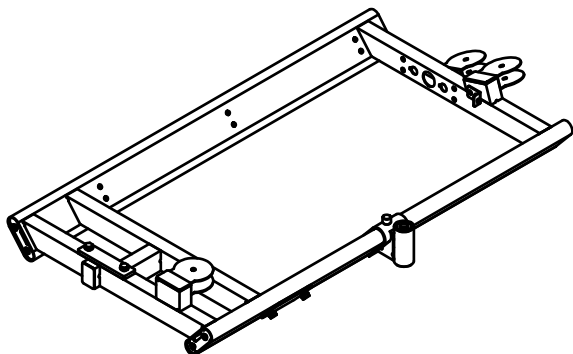
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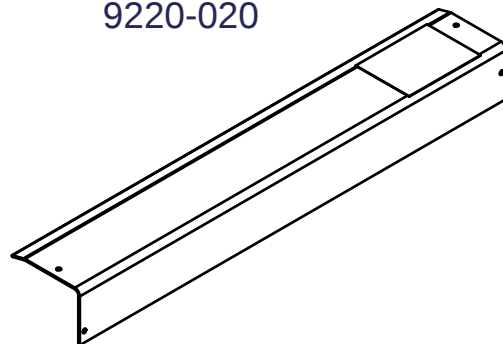
MTE1200 ASSEMBLY INSTRUCTIONS

FARME PARTS ILLUSTRATION SHEET

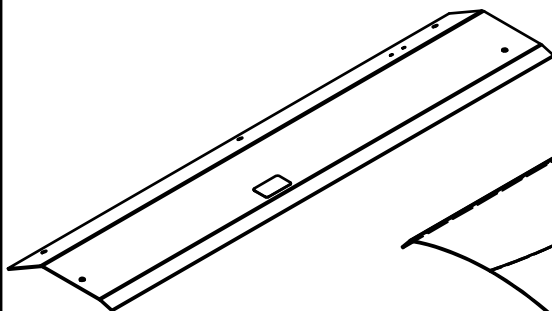
AA1 [1SET]
6610-015



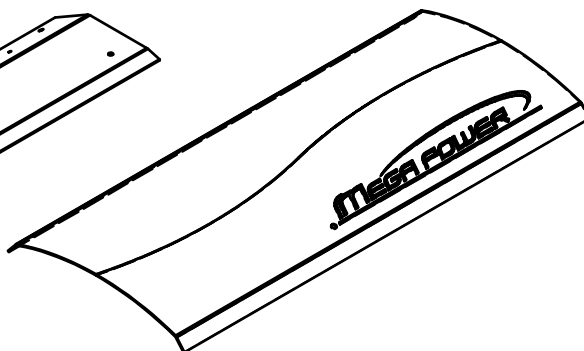
AC1 [1PCS]
9220-020



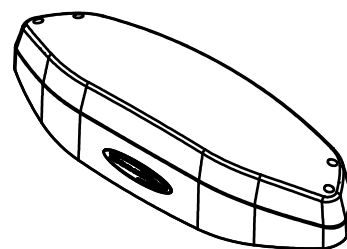
AD [1PCS]
9220-019



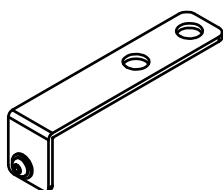
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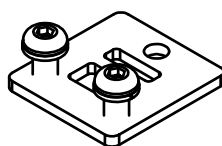
AF [1SET]
9211-148



AG [4SET]
8331-057



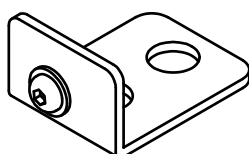
AH [1SET]
8313-169



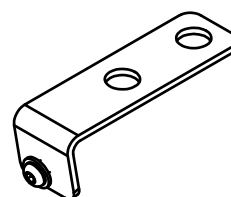
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8280-041
Ø3/4"X1243L



AK[1PCS]
8331-056

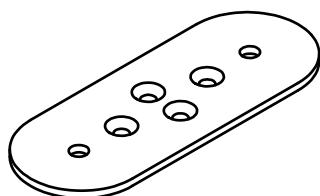


AL[3SET]
8331-058

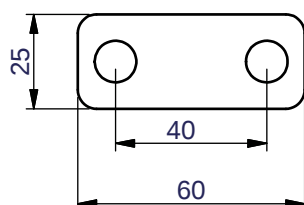


FARME PARTS ILLUSTRATION SHEET

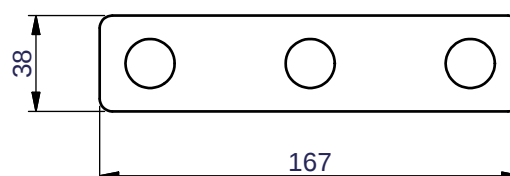
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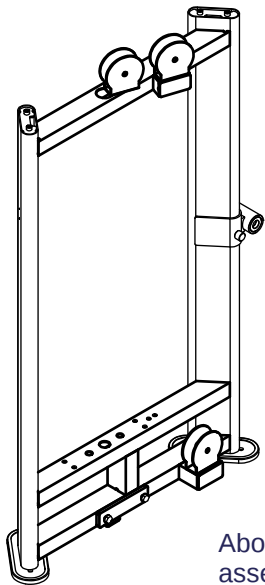
AP [1PCS]
8311-117



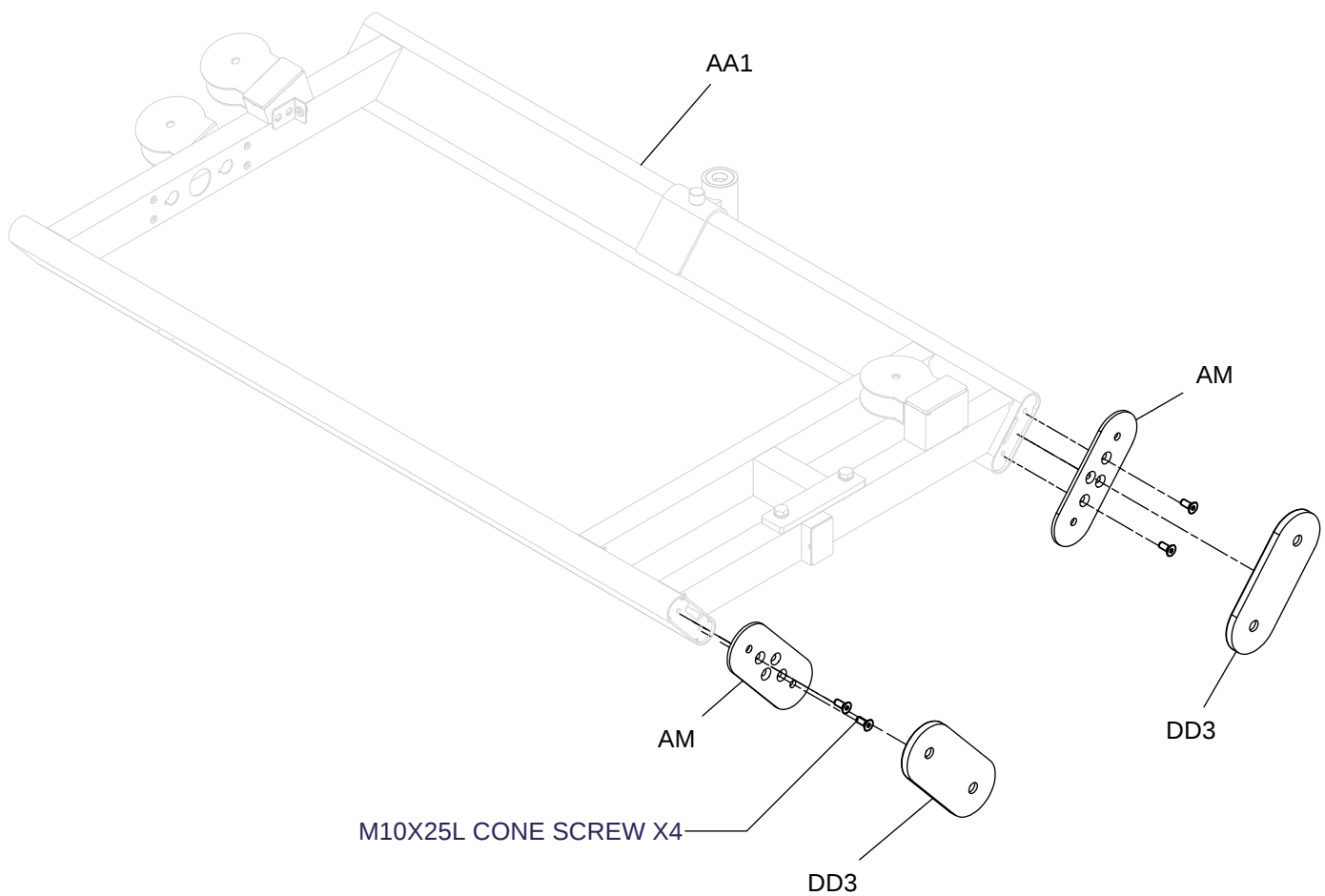
AR [1PCS]
8311-194



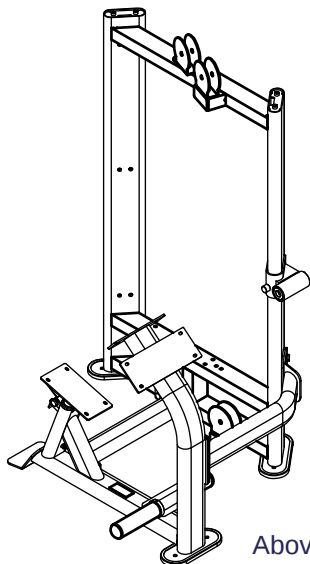
MTE1200 ASSEMBLY INSTRUCTIONS



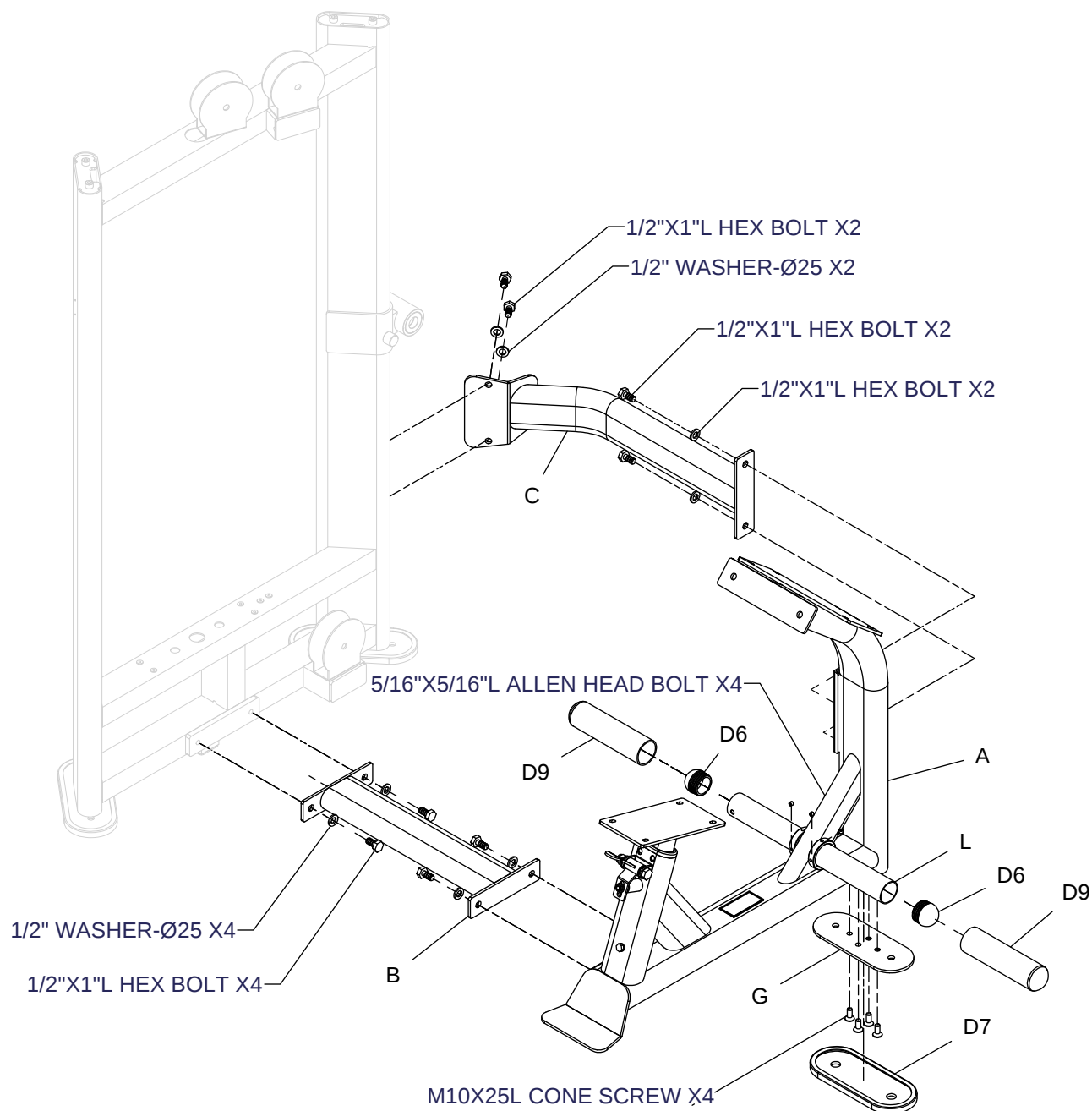
Above shows STEP 1
assembled and completed



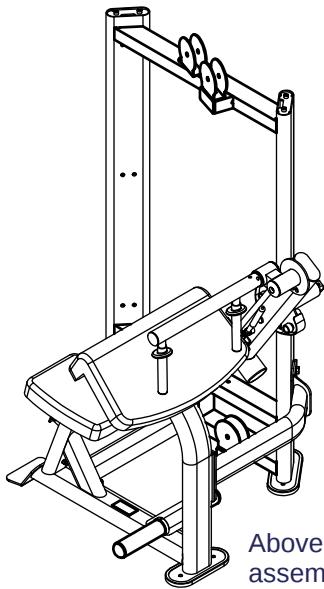
MTE1200 ASSEMBLY INSTRUCTIONS



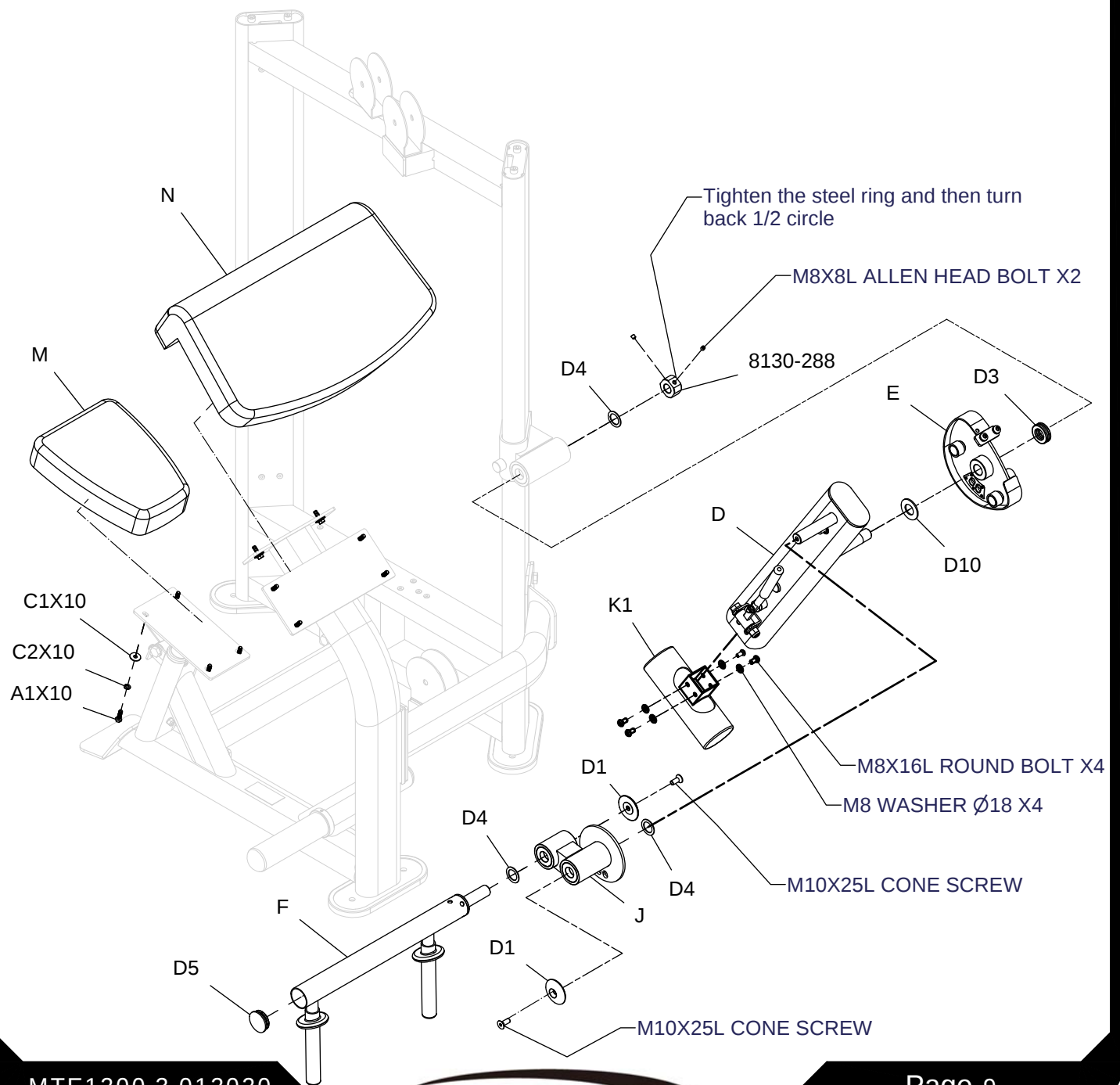
Above shows STEP 2
assembled and completed



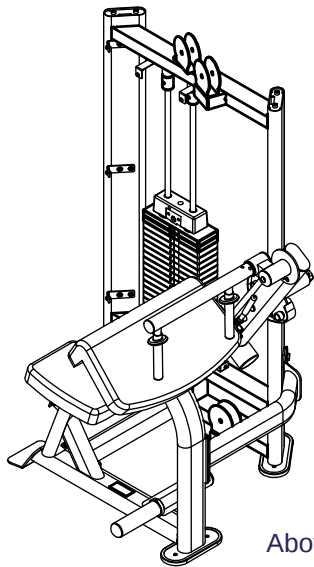
MTE1200 ASSEMBLY INSTRUCTIONS



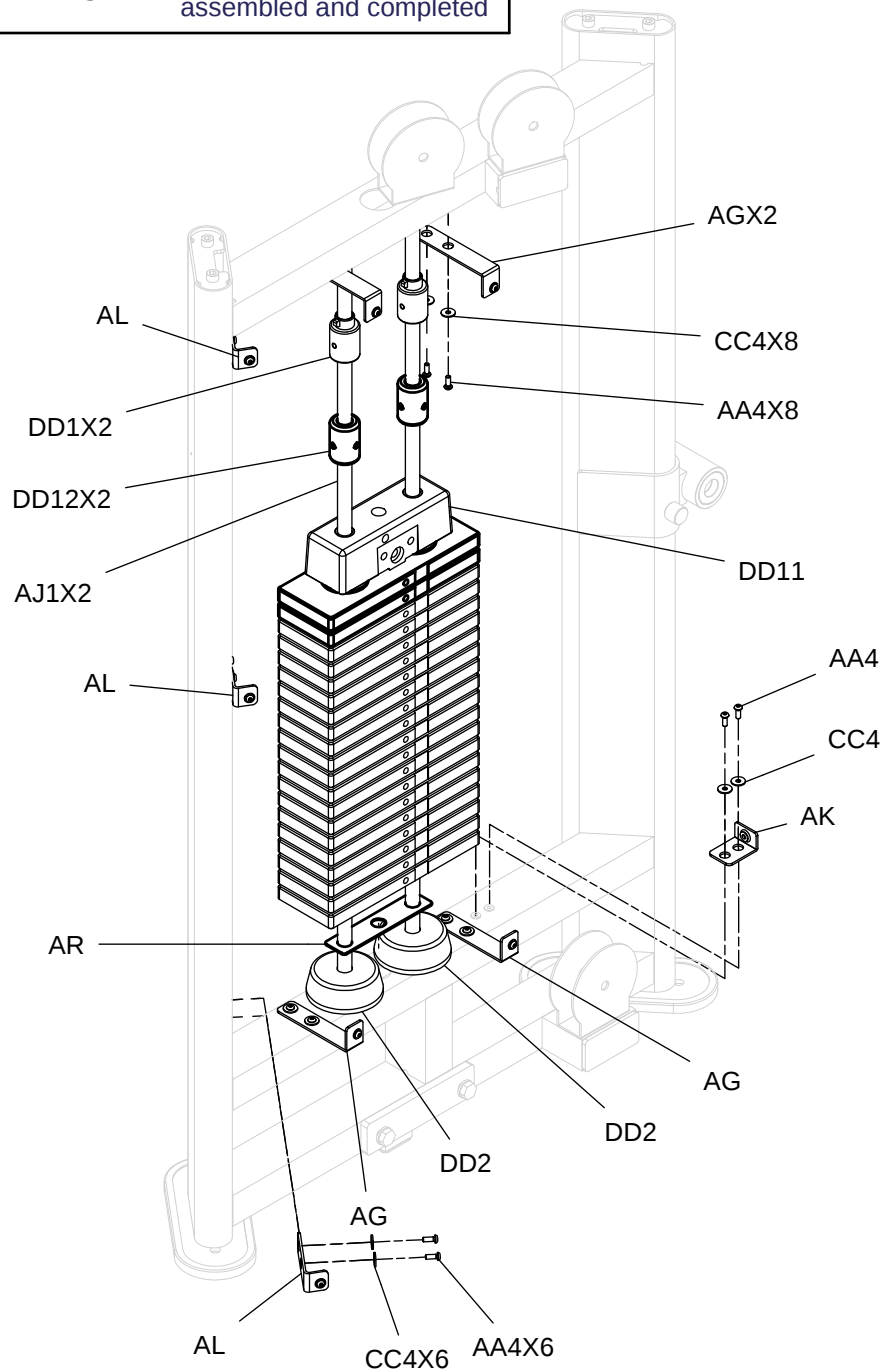
Above shows STEP 3 assembled and completed



MTE1200 ASSEMBLY INSTRUCTIONS



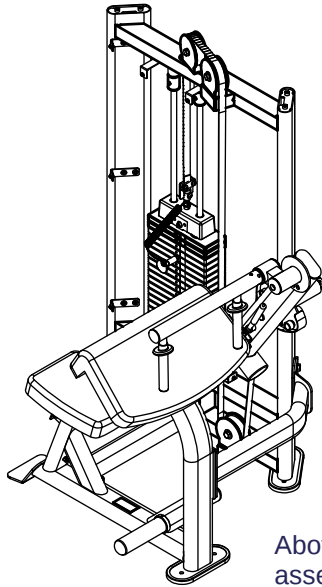
Above shows STEP 4
assembled and completed



This diagram shows an exploded view of a mechanical assembly. The components are labeled as follows:

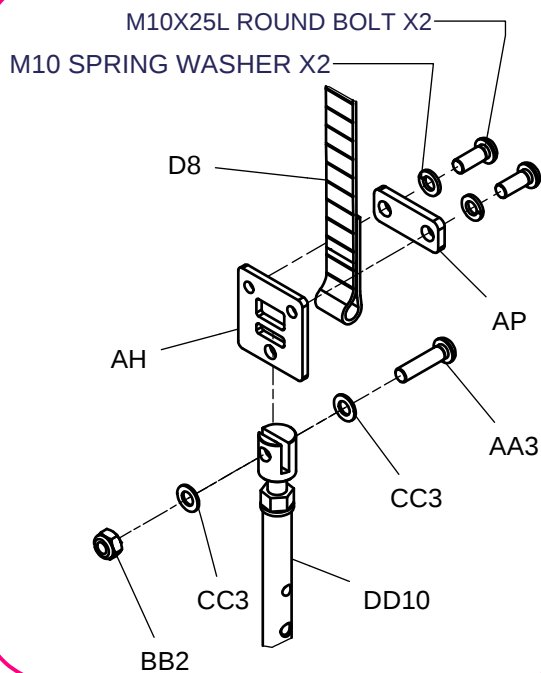
- BB1**: Two small circular components, likely bearings or bushings, located at the top of the assembly.
- CC1**: Two larger circular components, likely gears or pulleys, located below BB1.
- DD4**: Two circular components, likely gears or pulleys, located below CC1.
- AA1**: Two small cylindrical components, likely pins or screws, located near the top of the assembly.
- CC2**: Two small circular components, likely bearings or bushings, located near the top of the assembly.
- DD13**: A long, thin cylindrical component, likely a shaft or rod, located on the left side of the assembly.
- AA7**: A small cylindrical component, likely a pin or screw, located near the bottom of the assembly.
- AA6**: A small cylindrical component, likely a pin or screw, located near the bottom of the assembly.
- AA5**: A small cylindrical component, likely a pin or screw, located near the bottom of the assembly.
- CC5**: A small cylindrical component, likely a pin or screw, located near the bottom of the assembly.
- AA2**: A small cylindrical component, likely a pin or screw, located near the bottom of the assembly.
- BB1**: A small circular component, likely a bearing or bushing, located near the bottom of the assembly.
- CC1**: A small circular component, likely a bearing or bushing, located near the bottom of the assembly.
- DD4**: A small circular component, likely a bearing or bushing, located near the bottom of the assembly.

MTE1200 ASSEMBLY INSTRUCTIONS

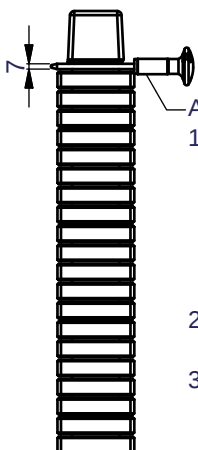
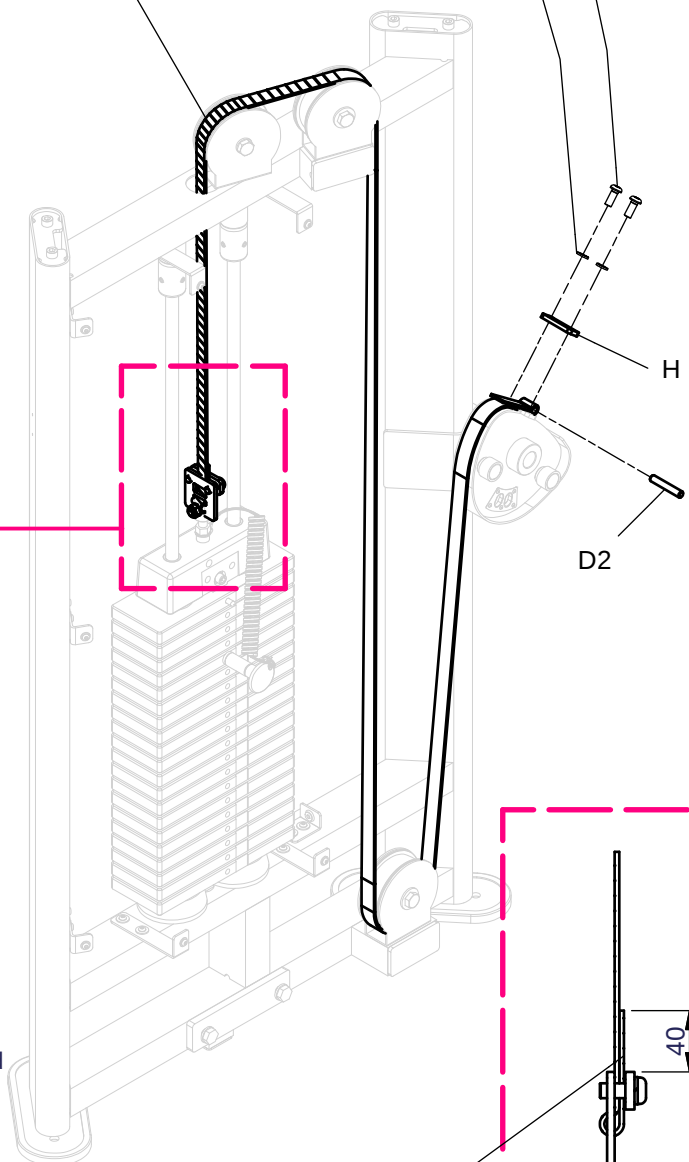


Above shows STEP 6 assembled and completed

The tread side should outward



M10X25L ROUND BOLT X2
M10 SPRING WASHER X2

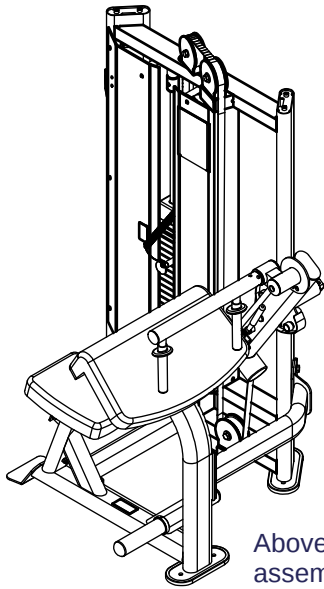


Adjust Belt Procedure:

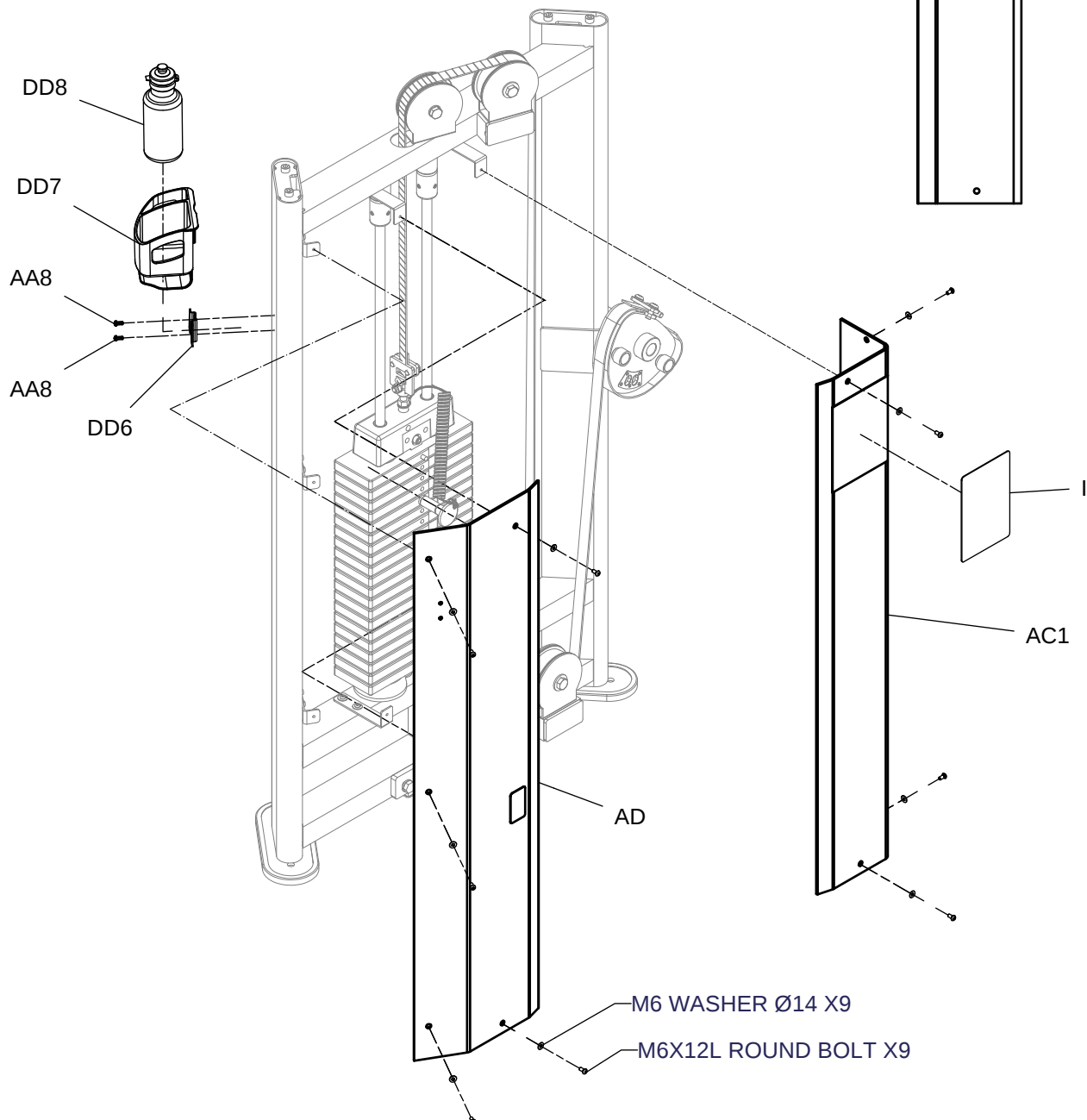
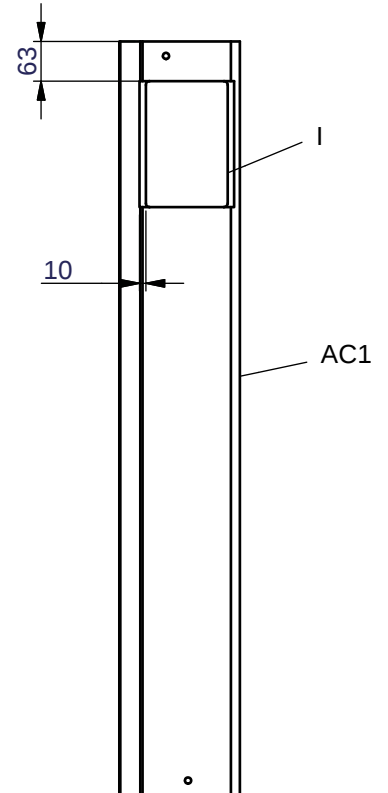
1. Lift the selector rod a little and then insert the pin between first weight stack and top plate (Do not insert though the first hole of the rod), and there are 7 mm gap between top plate and first weight stack.
2. Adjust the belt to have proper tension and then tighten the belt clamps
3. Remove the pin and let the top plate fall on the first weight plate.

The belt should reserve 40mm extra length

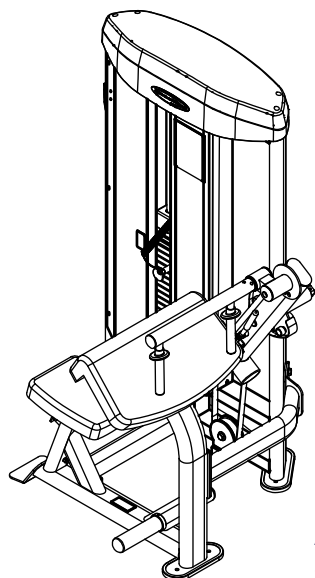
MTE1200 ASSEMBLY INSTRUCTIONS



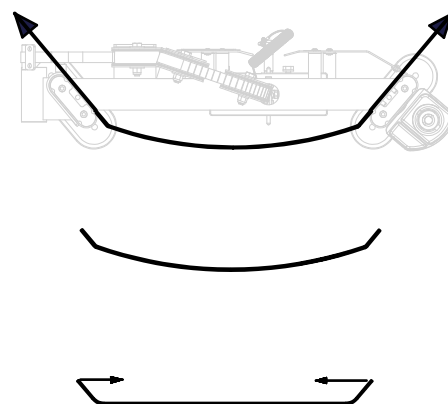
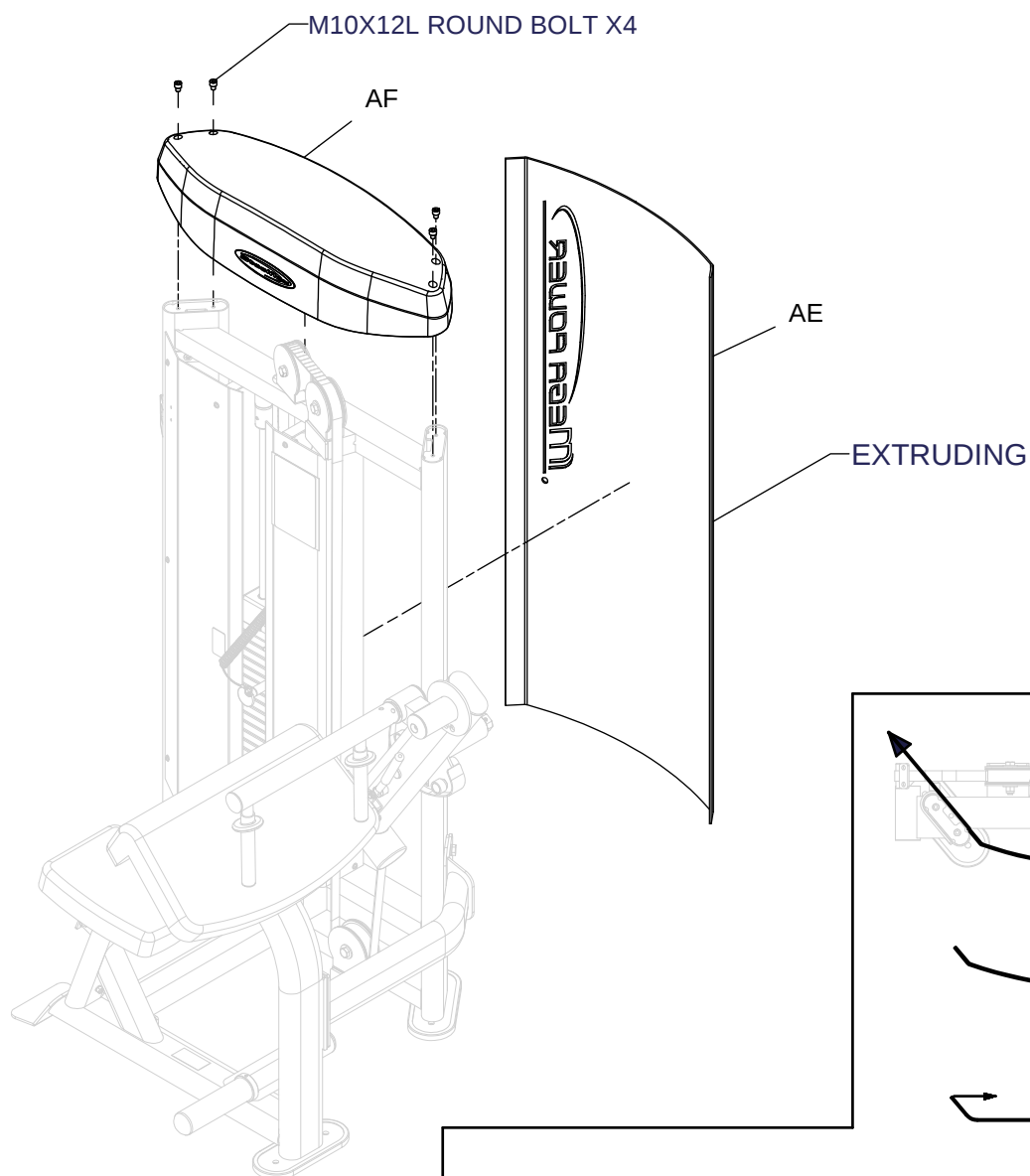
Post location



MTE1200 ASSEMBLY INSTRUCTIONS



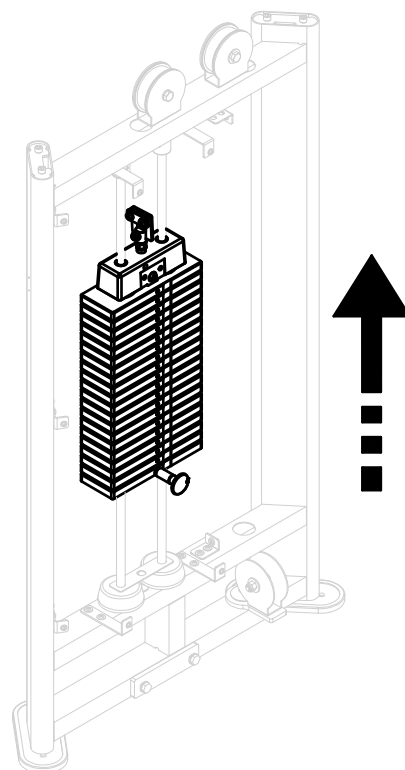
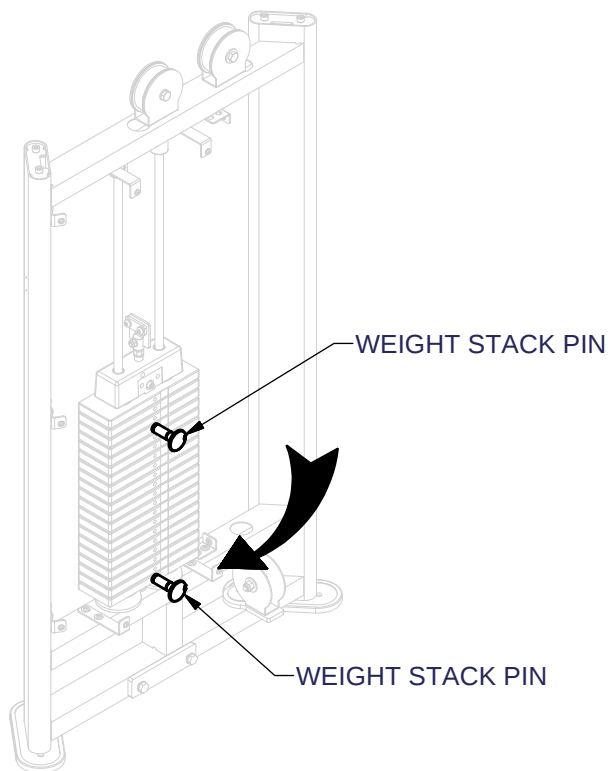
Above shows STEP 8
assembled and completed



Note: When installing the shroud (AE), push both sides of the shroud toward center in order to bend it a little.
After insert it to the door frame and then releasing it. The shroud will be locked on the door frame.

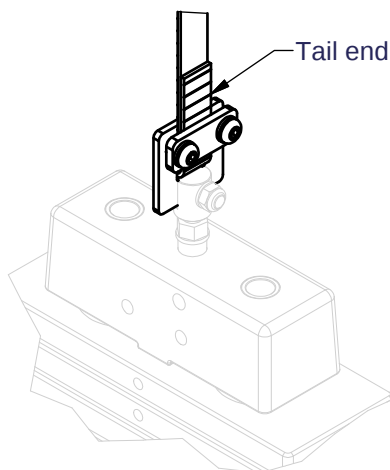
ASSEMBLY INSTRUCTIONS

Adjust Flat Belt Steps



1. When installing flat belt, please put the weight stack pin into 4th weight stack. After installing flat belt, please put the weight stack pin into 20th weight stack.

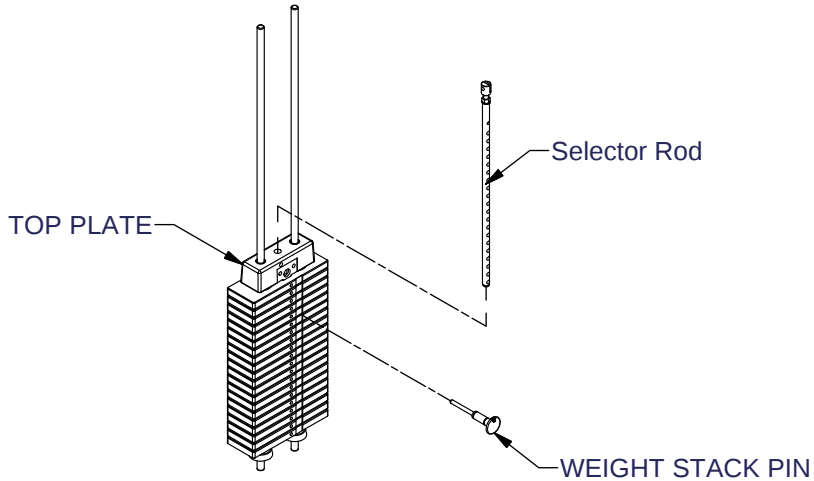
2. When weight stack pin put into 20th weight stack, please do workout with the machine around 1 minute or 5-10 sets in order to extend the flat belt, flat belt will be loosed a little bit.



3. Pull end of flat belt as drawing showed to make the flat belt be tightened.
(After using the machine 3 months to 6 months, please check flat belt. If the flat belt is loosed, please follow this step to tighten the belt again.)

Guide on Selector Rod Adjustment

STEP 1

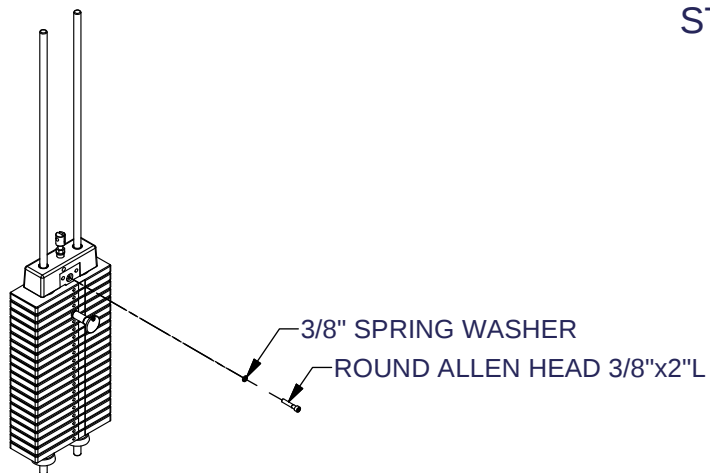


Step 1

Place Selector Rod into Top Plate.

Then put selector pin into the weight plate to fix the rod.

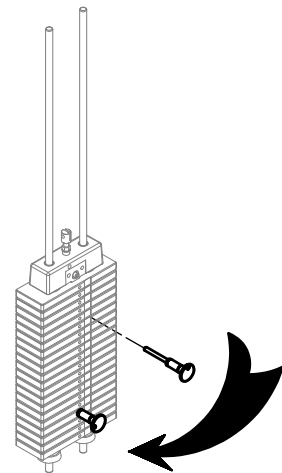
STEP 2



Step 2

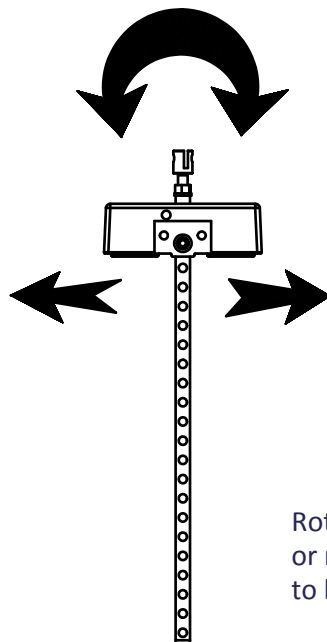
Screw the 3/8"x2"L Round Allen Head into Top Plate but not tighten it up.

STEP 3



Step 3

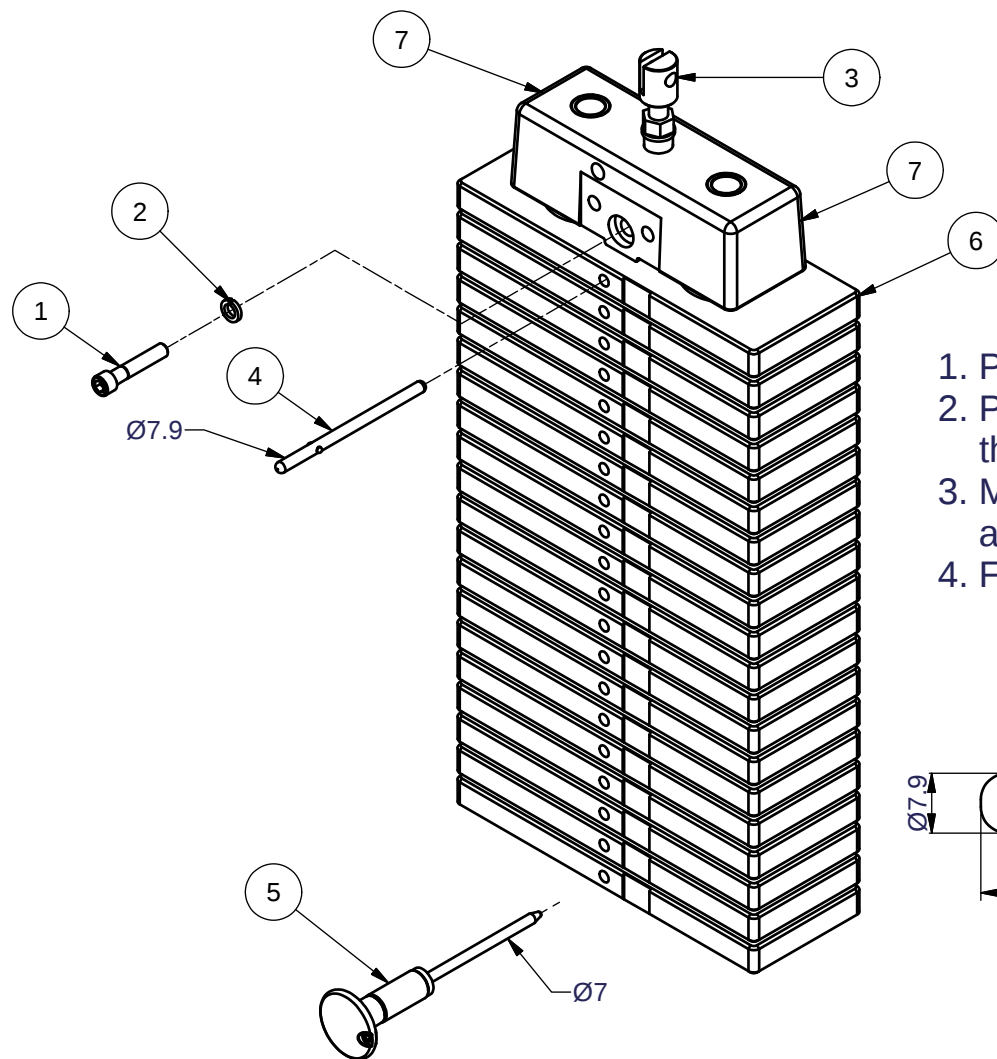
Place the selector pin to each weight plate (5,10,15,20...) to check the smoothness.



Rotate the Selector Rod slightly or move the 3/8"x2"L Round Allen Head to left and right and repeat Step 3.

MEGA POWER series JUNGLE GYM series

project	Part number	Name	Specification	Quantity	Remark
1	38-200 CAP	round allen head	3/8"X2"L round allen head-CAP	1	
2	38-SPWAS 8732003	3/8" spring washer		1	
3	8210-216C	20 hole Selector Rod		1	
4	8250-166	pin	Ø7.9X137L	1	
5	8250-162	weight stack pin	Ø7X110L	1	
6	8400-010	10LB weight stack plate	102x22x280L 10LB	20	
7	8400-033	top plate		1	



1. Place #4 - 8250-166 (pin) into the first weight plate.
2. Place #5 - 8250-162 (weight stack pin) into the the hole 20th of the weight stack.
3. Make sure #7 (top plate) cling to #6 (first weight plate) and fix in #1 - 3/8"X2"L screw and #2 - 3/8" spring washer.
4. Finally remove #5 - 8250-162 (weight stack pin) and use as usual.

