# Steelflex

THERE IS A RISK ASSUMED BY INDIVIDUALS WHO USE THIS TYPE OF EQUIPMENT. TO MINIMIZE RISK, YOU MUST FOLLOW THESE RULES:

1. Inspect equipment before each workout. Check that all nuts, bolts, screws and pop pins are in place and fully tightened. Also, before use, check cylinders for leaking. Replace all worn parts immediately. Never use machine if any parts are damaged or missing. Fallure to follow these rules may result in serious injury.
2. Keep clear of the cylinder and all moving parts when the machine is in use.
3. Exercise with care. Perform your exercises at a smooth moderate pace; never perform jerky or uncoordinated movements that may cause injury.
4. It is recommended that you should workout with a training partner.
5. Do not allow children or minors to play on or around this equipment.
6. If unsure of proper use of equipment, call your local distributor.
7. WARNING: Consult your physician before starting your exercise program. For your own safety do not begin any exercise program without proper instruction.
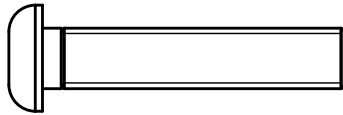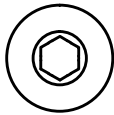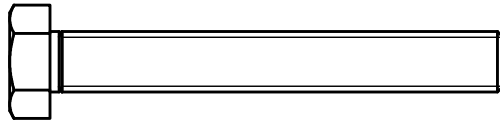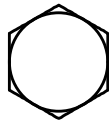
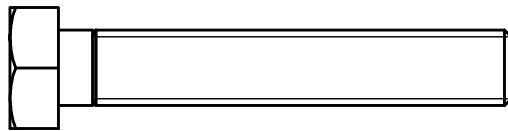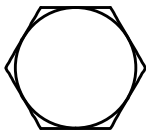# CLP-600.2 OWNER'S MANUAL

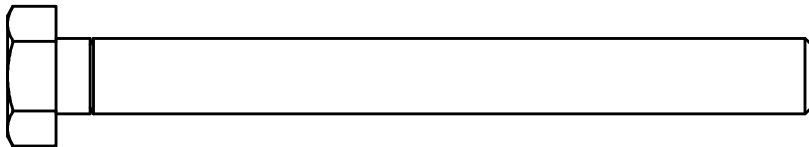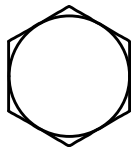## HARDWARE ILLUSTRATION
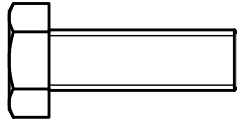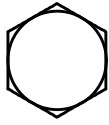
(A1)HEX BOLT M8X25L PARTIAL QTY.4
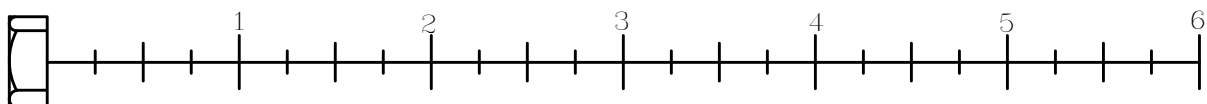
(A2)ROUND INNER HEX SCREW M8X40L PARTIAL QTY.4

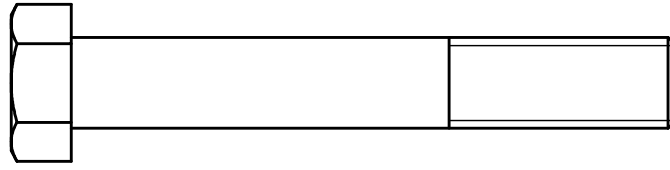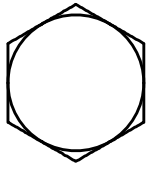(A3)HEX BOLT M8X60L PARTIAL QTY.2

(A4)HEX BOLT M10X60L PARTIAL QTY.4

(A5)HEX BOLT M10X100L PARTIAL QTY.2

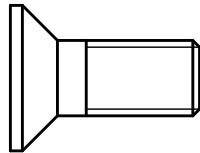1   2   3   4   5   6

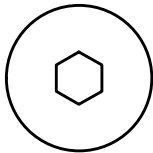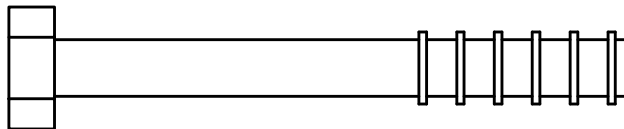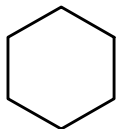# CLP-600   ASSEMBLY INSTRUCTIONS

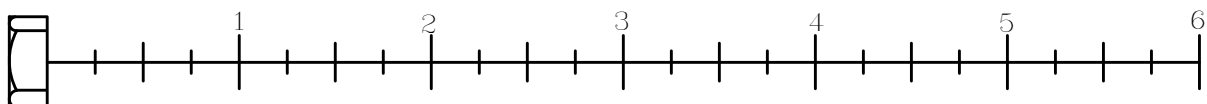## HARDWARE ILLUSTRATION

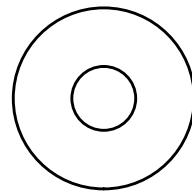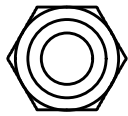(A6)HEX BOLT M12X80L PARTIAL QTY.2

(A7)BOLT CAP(9212-024) QTY.8
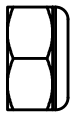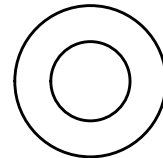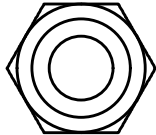
(A8)M10X25L SOCKER FLAT SCREW QTY.8

(A9)HEX BOLT 3/8"x3"L PARTIAL THREAD QTY.1
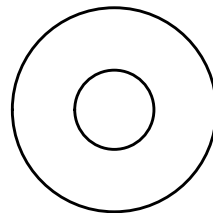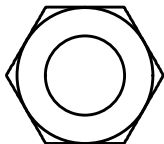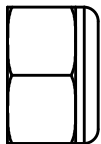
HARDWARE ILLUSTRATION
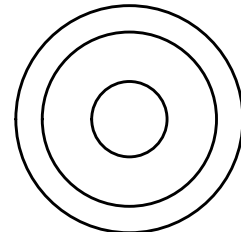
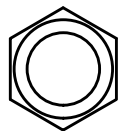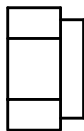(B1) M8 NYLON LOCK NUT QTY.4

(C2)M8(I.D.)FLAT WASHER Ø24 QTY.6
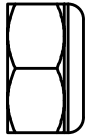
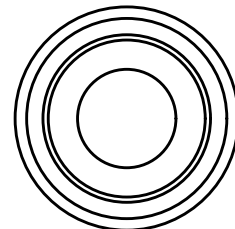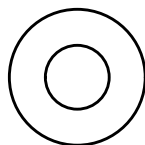(B2)M10 NYLON LOCK NUT QTY.6

(C3)M10(I.D.)FLAT WASHER Ø20 QTY.4

(B3)M12 NYLON LOCK NUT QTY.2

(C4)M10(I.D.)FLAT WASHER Ø27 QTY.4
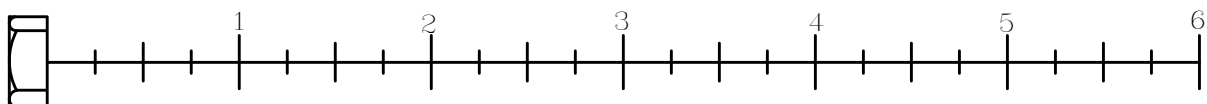
(B4)NYLON LOCK NUT 3/8" QTY.1

(C5)3/8" ROUND END CAP WASHER QTY.4

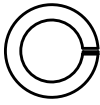(C1)M8(I.D.)FLAT WASHER Ø18 QTY.8

(C6)1/2" ROUND END CAP WASHER QTY.4
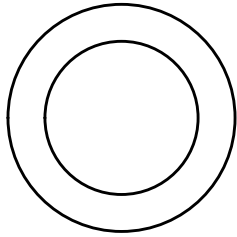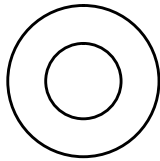
1 2 3 4 5 6

CLP-600   ASSEMBLY INSTRUCTIONS

HARDWARE ILLUSTRATION

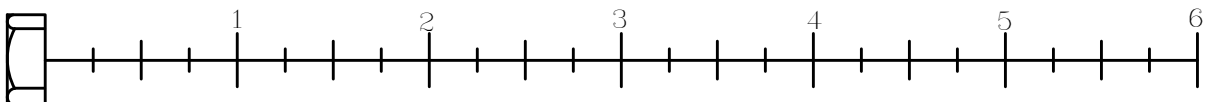(C7)M8 SPRING WASHER QTY.6

(C8)Ø30XØ20X2t WASHER QTY.2

(C9)3/8"(I.D.)FLAT WASHER Ø20X1.6T QTY.2

HARDWARE ILLUSTRATION

(D1)Ø50X10 END COVER(8130-131) --[8PCS]
(D3)50X50X1.8t ROUND END CAP(9211-087) ---------------------------------[3PCS]
(D4)40X80 END CAP(9211-113) --[1PCS]
(D5)30X60 END CAP(9211-139) ---[4PCS]
(D6)Ø60X42H DECK BUFFER(9214-037) --------------------------------------[2PCS]
(D7)40X80 ROUND END COVER(9261-070) ------------------------------------[2PCS]
(D8)40X80 FOOT CAP(9261-071) --[1PCS]
(D9)40X80 FOOT CAP(9261-072) --[1PCS]
(D10)60X60X2.0t ROUND END CAP(9211-092)---------------------------------[1PCS]
(D11)Ø5/8"XØ10.5x25L STEEL BUSHING(8110-047)----------------------[2PCS]
(D12)Ø16.1XØ8x22.5L STEEL BUSHING(8110-150)-----------------------[4PCS]
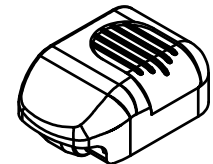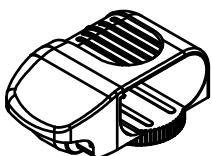
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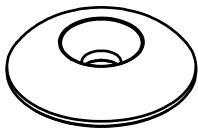
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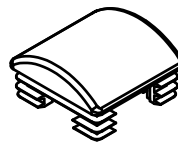
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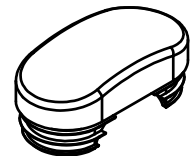
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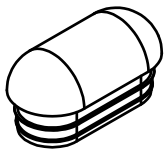
D6.

D7.

D8.

D9.

D10.

D11.

D12.
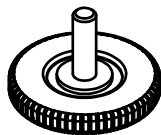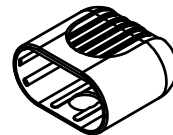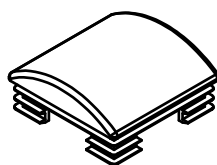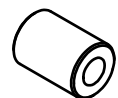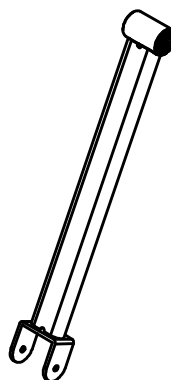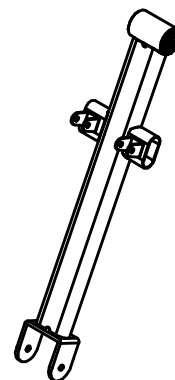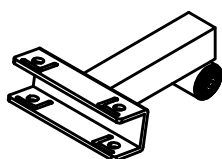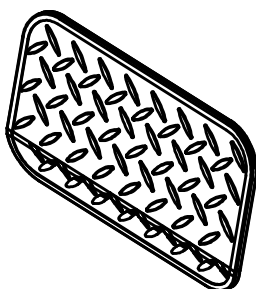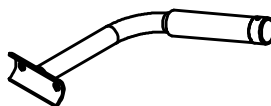
PARTS ILLUSTRATION SHEET

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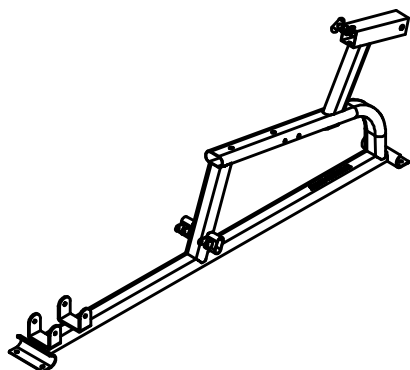
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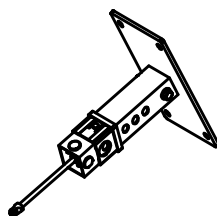
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E1[1SET]
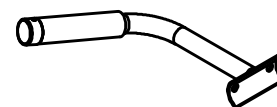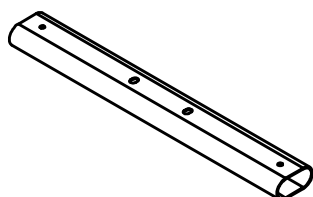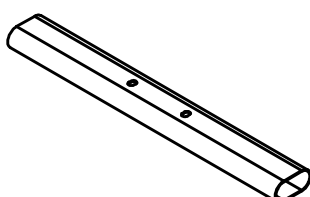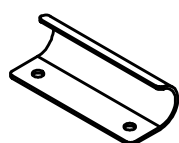
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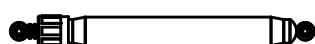6640-008

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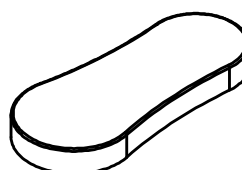5584-K007
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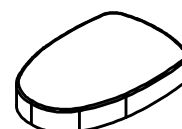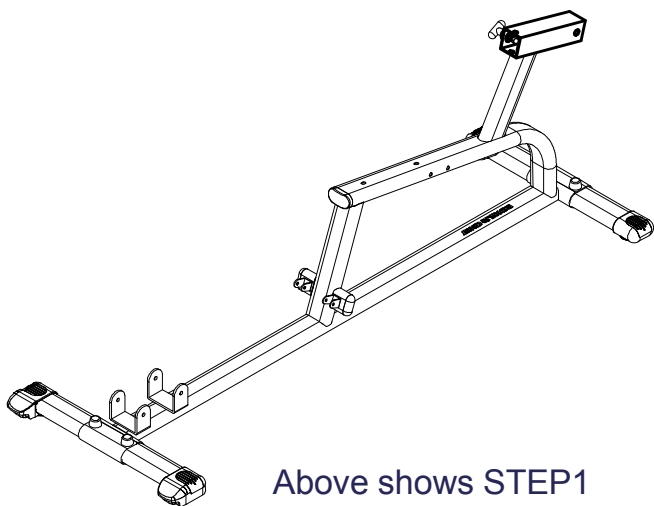5584-K008
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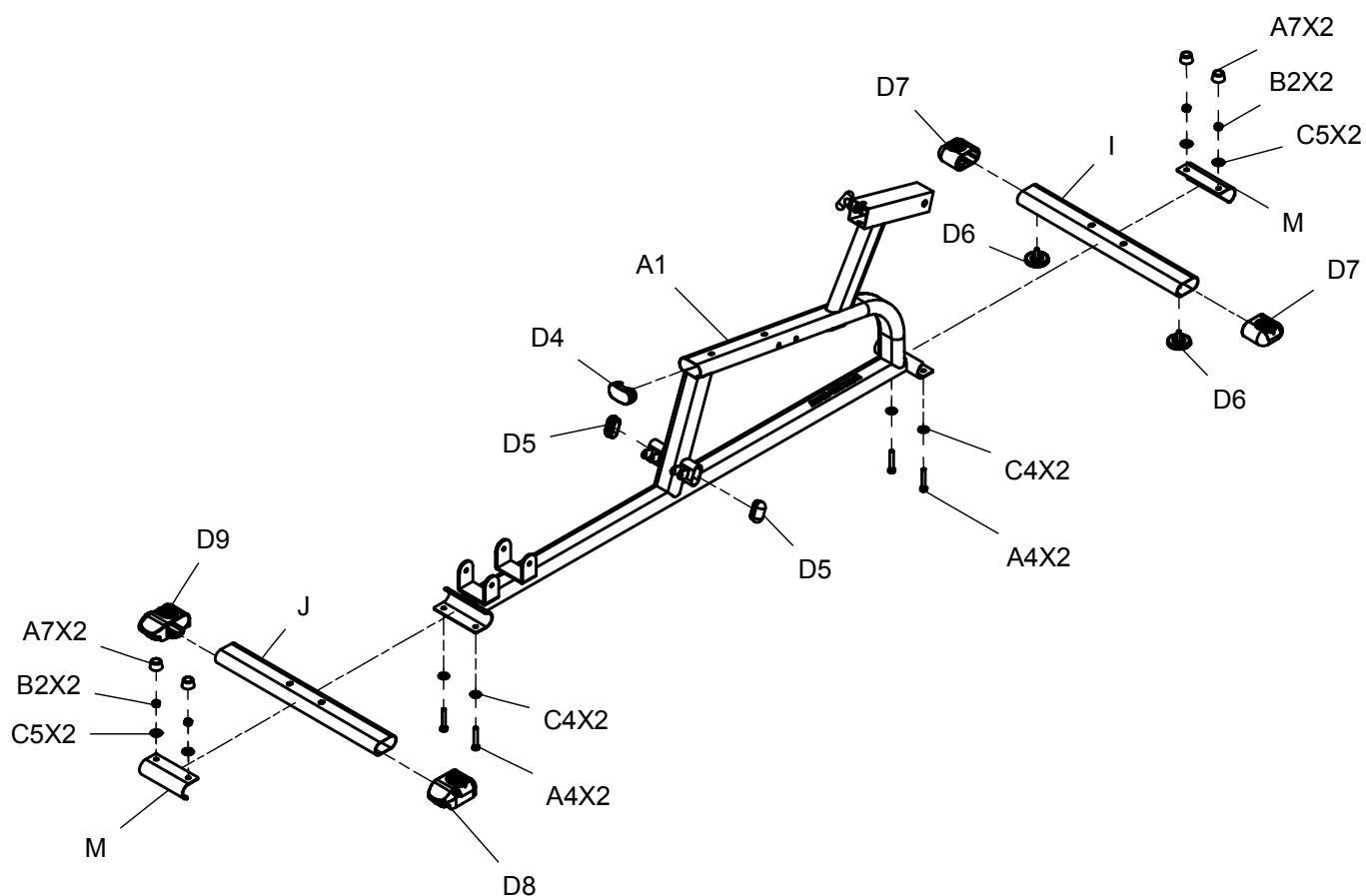8386-101

N1[2PCS]
8830-029

O[1PCS]
9111064

P[1PCS]
9121066

Above shows STEP1
assembled and completed

A7X2
D7
B2X2
I
C5X2
M
D6
D7
A1
D6
D4
D5
C4X2
D5
A4X2
D9
A7X2
J
B2X2
C4X2
C5X2
A4X2
M
D8
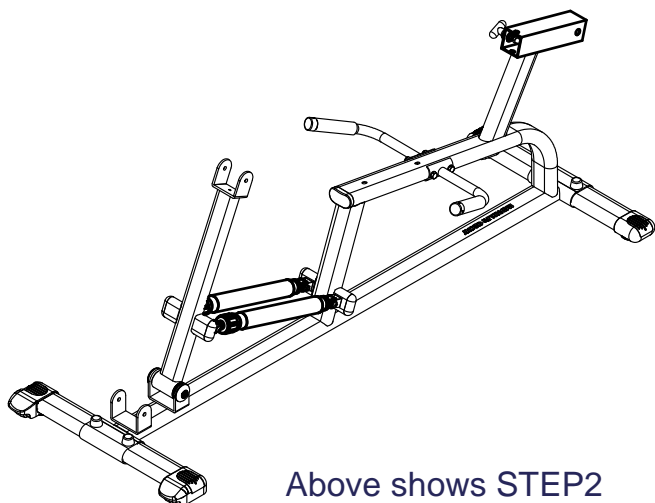
Above shows STEP2
assembled and completed

B2X2

C3X2

D1

D12

D12   N1   D12

H

D12

C1   B1

A2

A2

C1

D5

C1

C1   A2   B1   C1

C1

B1

N1

D12

C8

A8

C1   A2

G

C1

B1

D5

D1

D1   C1

A2

C8   D5

A8

B1   C1

C3X2

A5X2

Ø20X74L-SHAFT
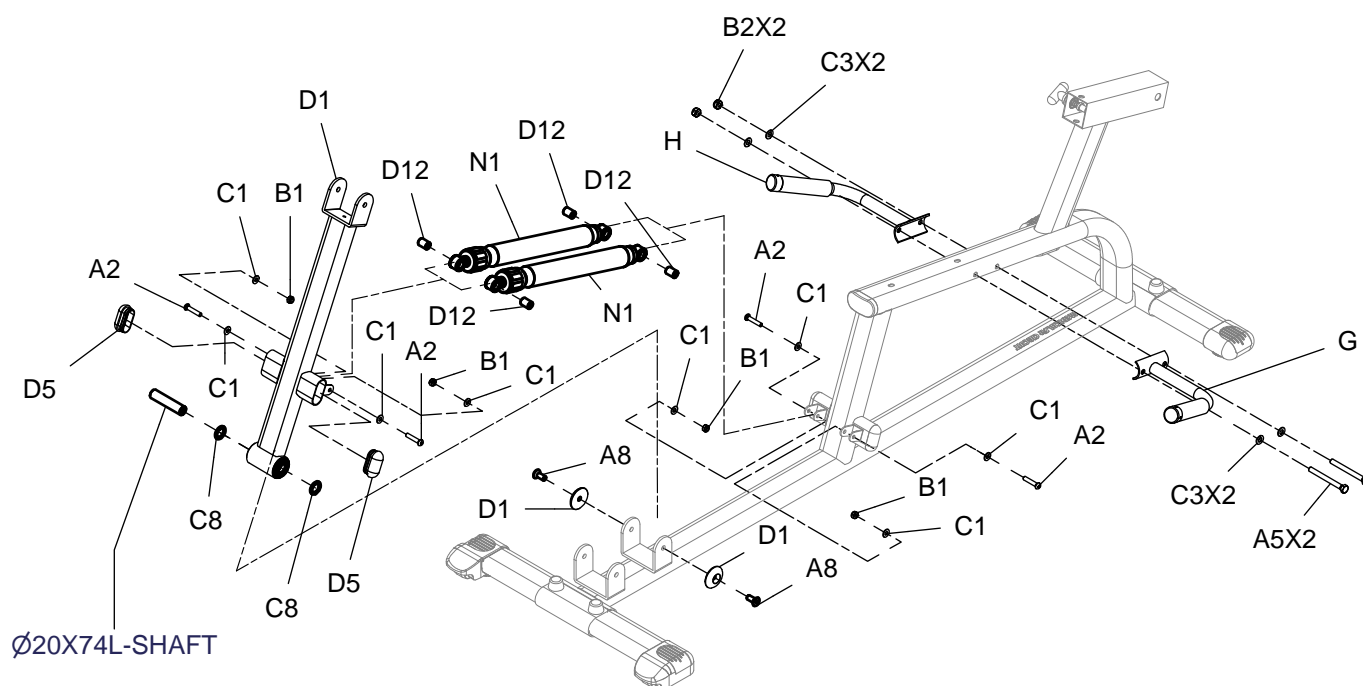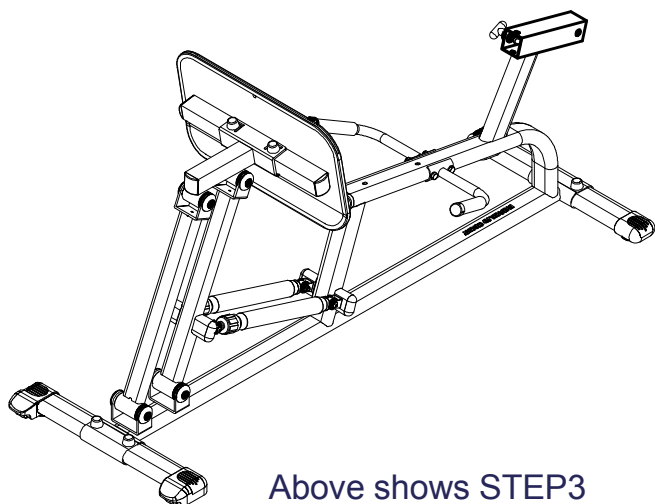
Above shows STEP3
assembled and completed

A7X2

D3

A6X2

F

C6X2

D3

C8

E1

C8

C8

C6X2

C8

D3

C8

B3X2

A8

A7X2

D1

A8

D1

D1

A8

A8

Ø20X74L-SHAFT

C1

A8

C8

D1

C8

D1

A8

D1

A8
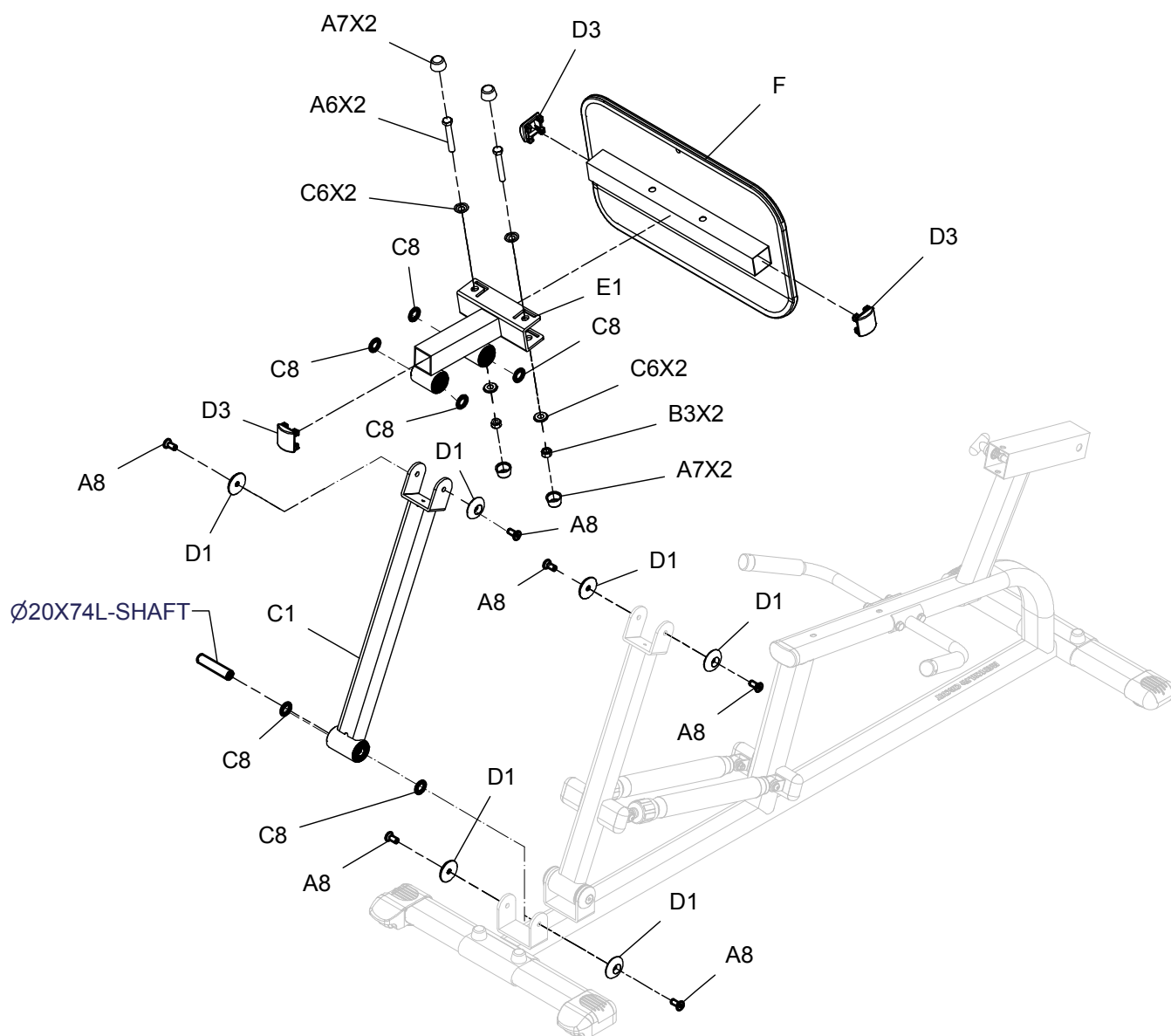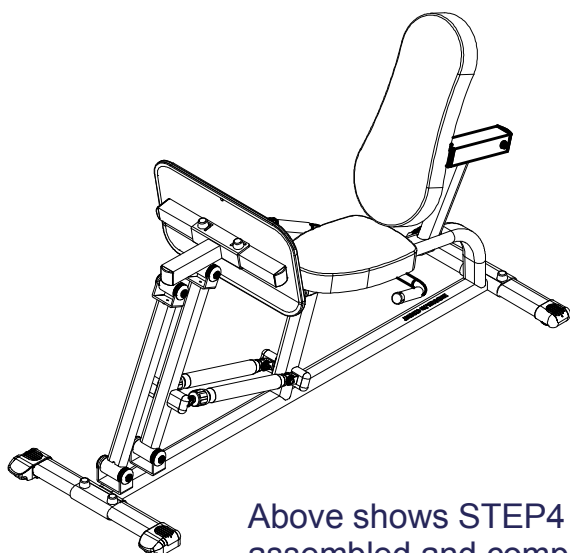
Above shows STEP4
assembled and completed

C2X4   C7X4   A1X4

O

B1

P

A9
C9
D11
D10
D11
C9
B4

C2X2

C7X2

A3X2