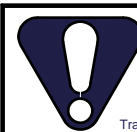
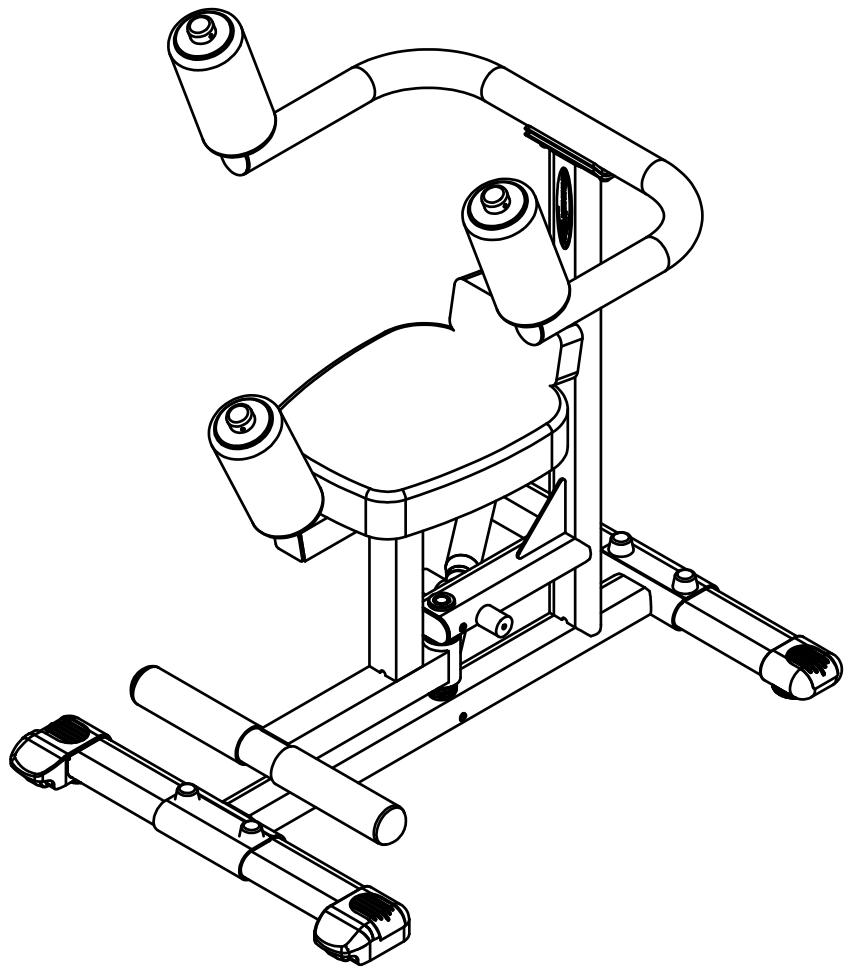


SteelFlex



The Surgeon General
has determined that lack
of physical activity is
detrimental to your health.™

Trademark of United States Fitness Products Council

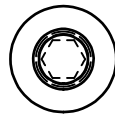
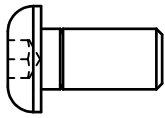
THERE IS A RISK ASSUMED BY INDIVIDUALS WHO USE THIS TYPE OF EQUIPMENT. TO MINIMIZE RISK, YOU MUST FOLLOW THESE RULES:

1. Inspect equipment before each workout. Check that all nuts, bolts, screws and pop pins are in place and fully tightened. Also, before use, check cylinders for leaking. Replace all worn parts immediately. Never use machine if any parts are damaged or missing. Failure to follow these rules may result in serious injury.
2. Keep clear of the cylinder and all moving parts when the machine is in use.
3. Exercise with care. Perform your exercises at a smooth moderate pace; never perform jerky or uncoordinated movements that may cause injury.
4. It is recommended that you should workout with a training partner.
5. Do not allow children or minors to play on or around this equipment.
6. If unsure of proper use of equipment, call your local distributor.
7. **WARNING:** Consult your physician before starting your exercise program. For your own safety do not begin any exercise program without proper instruction.

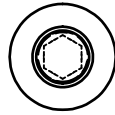
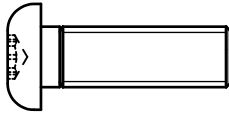
CRT-1500 OWNER'S MANUAL

CRT-1500 ASSEMBLY INSTRUCTIONS

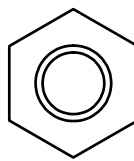
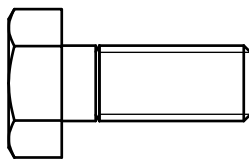
HARDWARE ILLUSTRATION



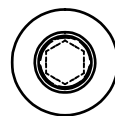
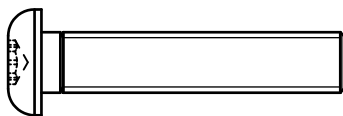
(A1)ROUND ALLEN HEAD M8x16L PARTIAL THREAD QTY.1



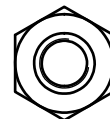
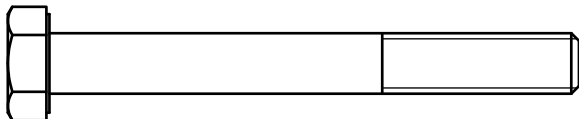
(A2)ROUND ALLEN HEAD M8x25L PARTIAL THREAD QTY.2



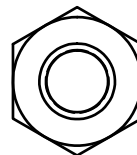
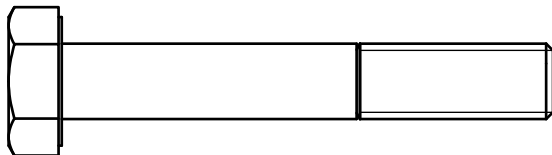
(A3)HEX HEAD BOLT M10X25L PARTIAL THREAD QTY.2



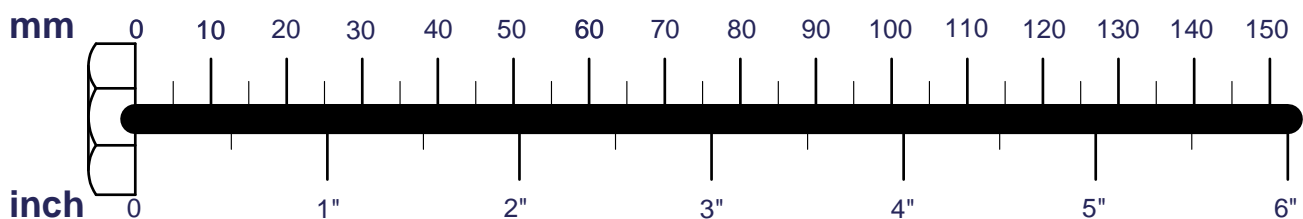
(A4)ROUND ALLEN HEAD M8x40L PARTIAL THREAD QTY.1



(A5)HEX HEAD BOLT M8X70L PARTIAL THREAD QTY.2



(A6)HEX HEAD BOLT M10X65L PARTIAL THREAD QTY.4

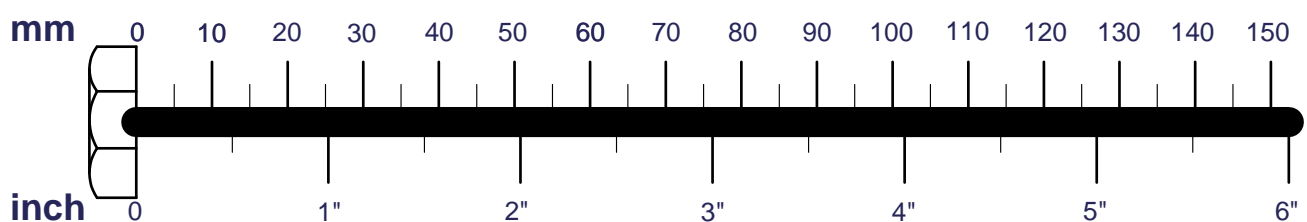


CRT-1500 ASSEMBLY INSTRUCTIONS

HARDWARE ILLUSTRATION

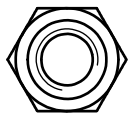


(A7)ALLEN SCREW M5X4L FULL THREAD QTY.6

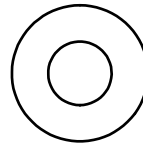


CRT-1500 ASSEMBLY INSTRUCTIONS

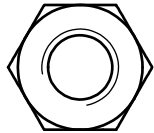
HARDWARE ILLUSTRATION



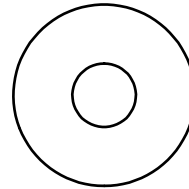
(B1)NYLON LOCK NUT M8 QTY.1



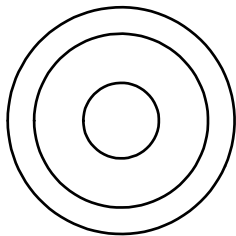
(C5)M8(I.D.)FLAT WASHER Ø18X1.5T QTY.2



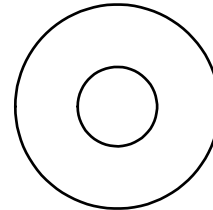
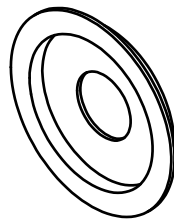
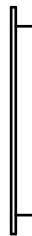
(B2)NYLON LOCK NUT M10 QTY.4



(C6)M8(I.D.)FLAT WASHER Ø24X1.6T QTY.5



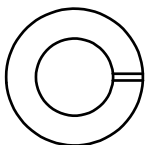
(C1)3/8" ROUDN END CAP WASHER QTY.4



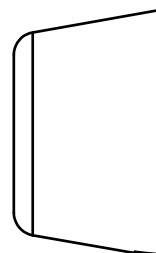
(C7)M10(I.D.)FLAT WASHER Ø27X1.6T QTY.4



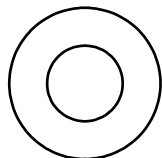
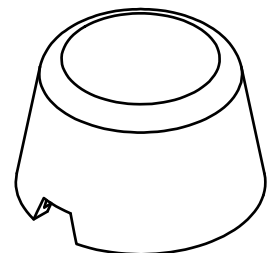
(C2)M8 SPRING WASHER QTY.4



(C3)M10 SPRING WASHER QTY.2



(C8)1/2" BOLT CAP(9212-024) QTY.4



(C4)M10(I.D.)FLAT ARC WASHER R25 QTY.2



mm

0 10 20 30 40 50 60 70 80 90 100 110 120 130 140 150

inch

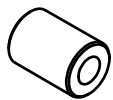
0 1" 2" 3" 4" 5" 6"

CRT-1500 ASSEMBLY INSTRUCTIONS

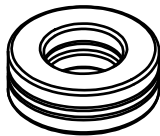
HARDWARE ILLUSTRATION

- D1. Ø16.1XØ8X22.5L STEEL BUSHING(8110-150)-----[1PCS]
D2.ROLLER THRUST BEARING(8510-051)-----[1PCS]
D3.Ø30XØ20X1.5T CU WASHER(8520-007)-----[1PCS]
D4. Ø35XØ26X19L STEEL BUSHING (8890-079)-----[3PCS]
D5. 3" Nylon WASHER (9214-008)-----[6PCS]
D6. Ø60X42H DECK BUFFER (9214-037)-----[2PCS]
D7. 40X80 ROUND END COVER (9261-070)-----[2PCS]
D8. 40X80 FOOT CAP (9261-071)-----[1PCS]
D9. 40X80 FOOT CAP (9261-072)-----[1PCS]

D1



D2



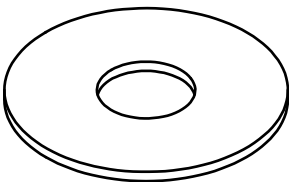
D3



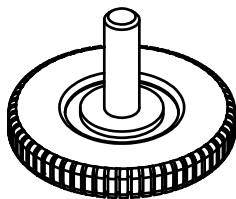
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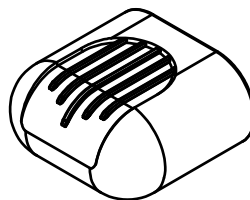
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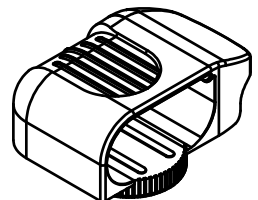
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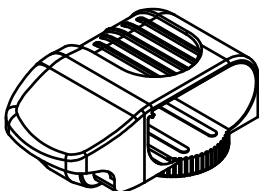
D7



D8



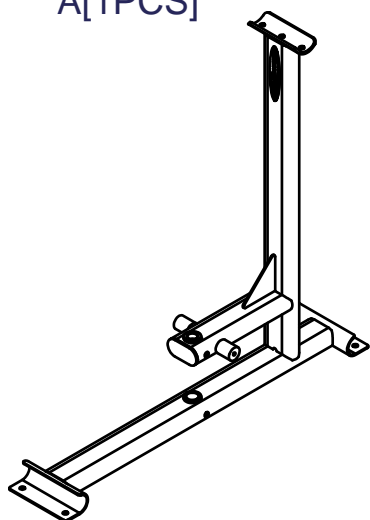
D9



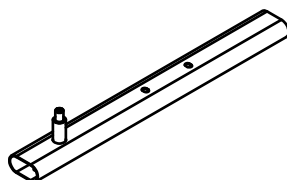
CRT-1500 ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

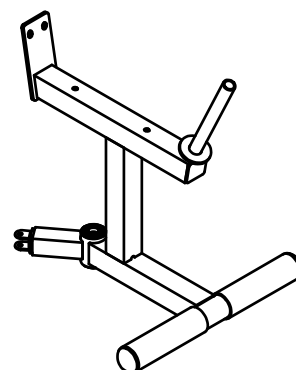
A[1PCS]



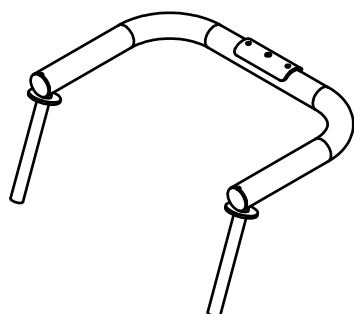
B[1PCS]



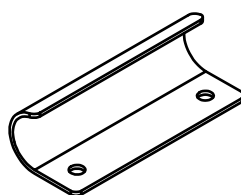
C[1PCS]



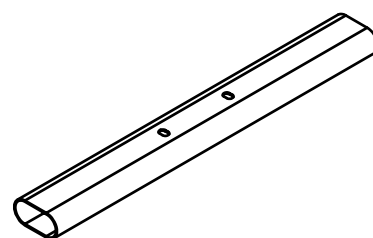
D[1PCS]



E[2PCS]
8386-101



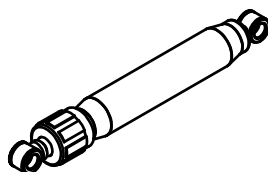
F[1PCS]
5584-K008
oval 40X80X2TX600L



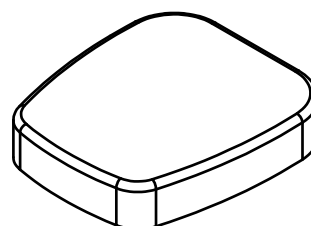
G[1PCS]
8220-288
Ø20X194L



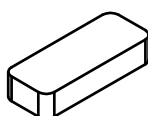
H[1PCS]
8830-018



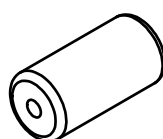
I[1PCS]
9121-064



J[1PCS]
9131-068



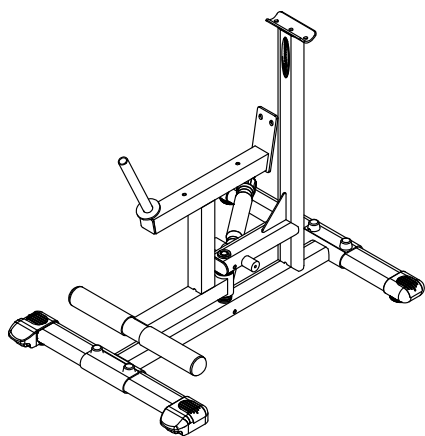
K[3PCS]
9161-077



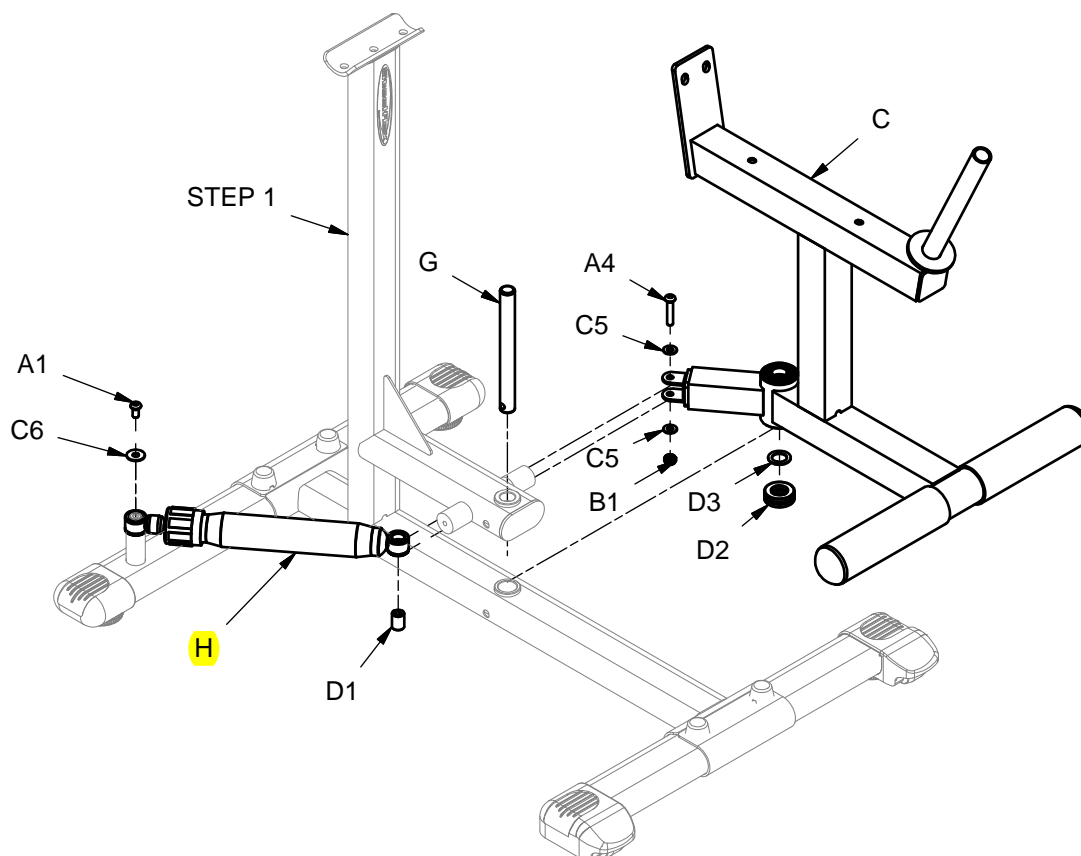
This exploded view diagram illustrates the assembly of a mechanical structure. The main components are labeled A through F, and the fasteners are labeled D1 through D9. Component A is a vertical support structure. Component B is a horizontal beam. Component C is a bracket or support arm. Component D is a motor or actuator. Component E is a small rectangular component. Component F is a long horizontal beam. The diagram shows the following assembly steps and components:

- Component A:** The main vertical support structure.
- Component B:** A horizontal beam that fits into the top of component A.
- Component C:** A bracket or support arm that fits into the side of component A.
- Component D:** A motor or actuator that fits into the top of component A.
- Component E:** A small rectangular component that fits into the side of component A.
- Component F:** A long horizontal beam that fits into the bottom of component A.
- Fasteners:**
 - D1:** A screw or bolt used to secure component C to component A.
 - D2:** A screw or bolt used to secure component E to component A.
 - D3:** A screw or bolt used to secure component B to component A.
 - D4:** A screw or bolt used to secure component D to component A.
 - D5:** A screw or bolt used to secure component F to component A.
 - D6:** A screw or bolt used to secure component C to component B.
 - D7:** A screw or bolt used to secure component E to component B.
 - D8:** A screw or bolt used to secure component F to component B.
 - D9:** A screw or bolt used to secure component F to component B.

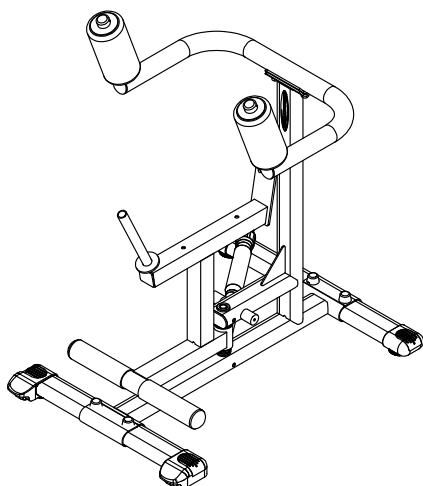
CRT-1500 ASSEMBLY INSTRUCTIONS



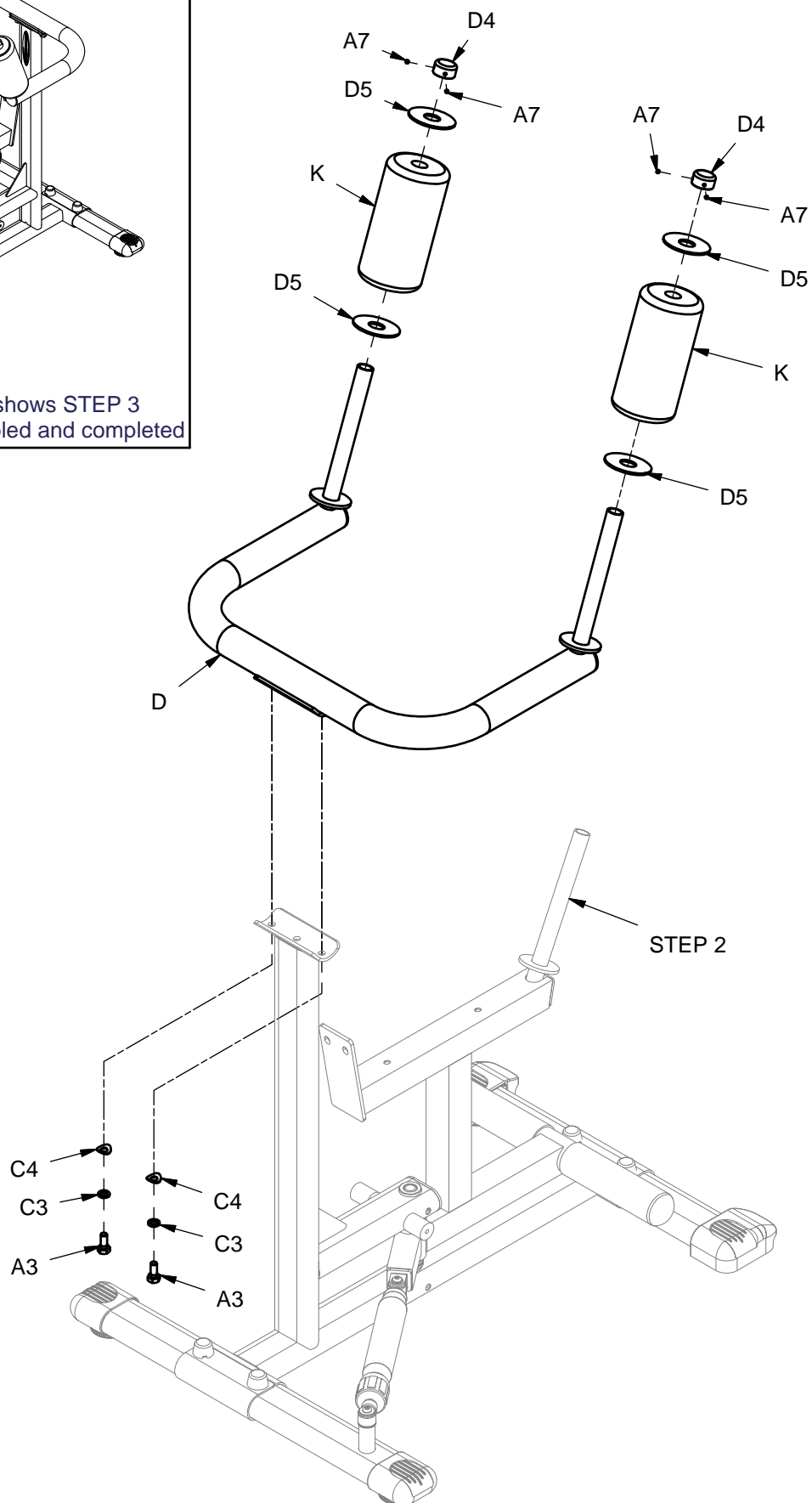
Above shows STEP 2
assembled and completed



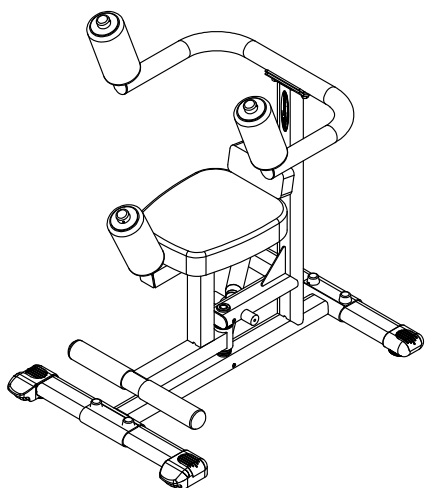
CRT-1500 ASSEMBLY INSTRUCTIONS



Above shows STEP 3
assembled and completed



CRT-1500 ASSEMBLY INSTRUCTIONS



Above shows STEP 4
assembled and completed

