

The Surgeon General
has determined that lack
of physical activity is
detrimental to your health.™

Trademark of United States Fitness Products Council

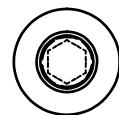
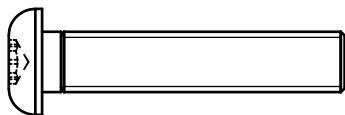
THERE IS A RISK ASSUMED BY INDIVIDUALS WHO USE THIS TYPE OF EQUIPMENT. TO MINIMIZE RISK, YOU MUST FOLLOW THESE RULES:

1. Inspect equipment before each workout. Check that all nuts, bolts, screws and pop pins are in place and fully tightened. Also, before use, check cylinders for leaking. Replace all worn parts immediately. Never use machine if any parts are damaged or missing. Failure to follow these rules may result in serious injury.
2. Keep clear of the cylinder and all moving parts when the machine is in use.
3. Exercise with care. Perform your exercises at a smooth moderate pace; never perform jerky or uncoordinated movements that may cause injury.
4. It is recommended that you should workout with a training partner.
5. Do not allow children or minors to play on or around this equipment.
6. If unsure of proper use of equipment, call your local distributor.
7. **WARNING:** Consult your physician before starting your exercise program. For your own safety do not begin any exercise program without proper instruction.

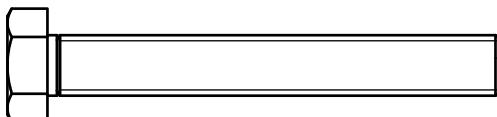
CBP-300.4 OWNER'S MANUAL

CBP-300 ASSEMBLY INSTRUCTIONS

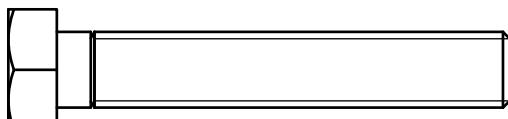
HARDWARE ILLUSTRATION



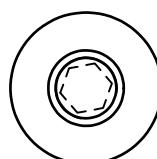
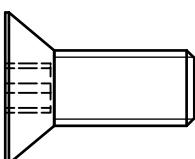
(A1)ROUND ALLEN HEAD M8x40L PARTIAL THREAD QTY.2



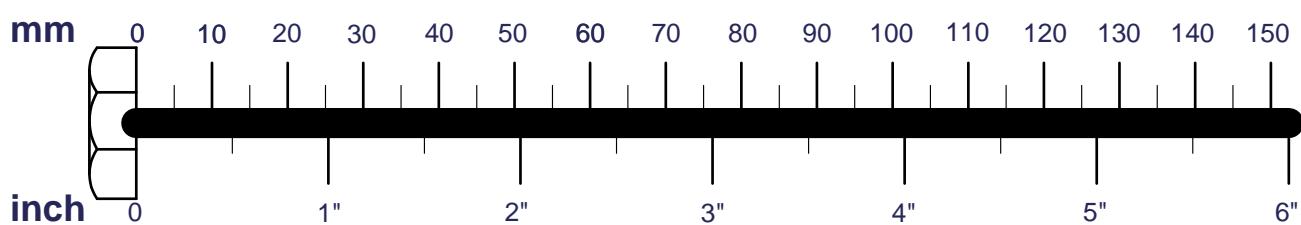
(A2)HEX BOLT M8X60L PARTIAL THREAD QTY.4



(A3)HEX BOLT M10X60L PARTIAL THREAD QTY.4

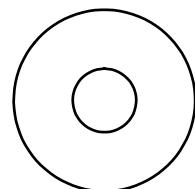
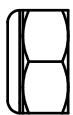
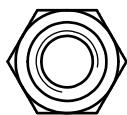


(A4)SOCKER FLAT HEAD SCREW M10X25L PARTIAL THREAD QTY.2

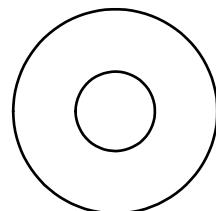
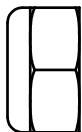
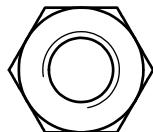


CBP-300 ASSEMBLY INSTRUCTIONS

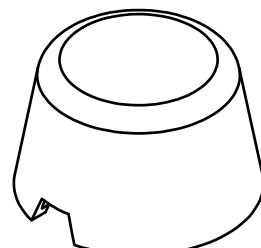
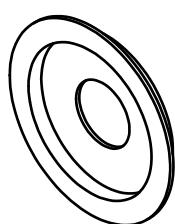
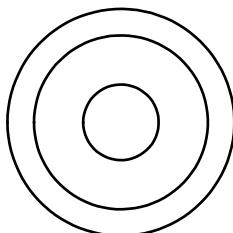
HARDWARE ILLUSTRATION



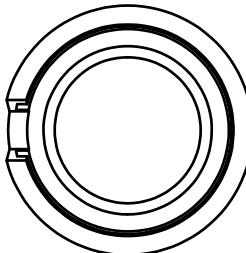
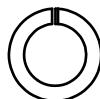
(B1) NYLON LOCK NUT M8 QTY.2



(B2) NYLON LOCK NUT M10 QTY.4

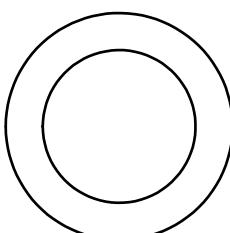
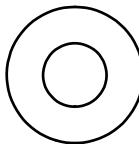


(C1) 3/8" ROUND END CAP WASHER QTY.4



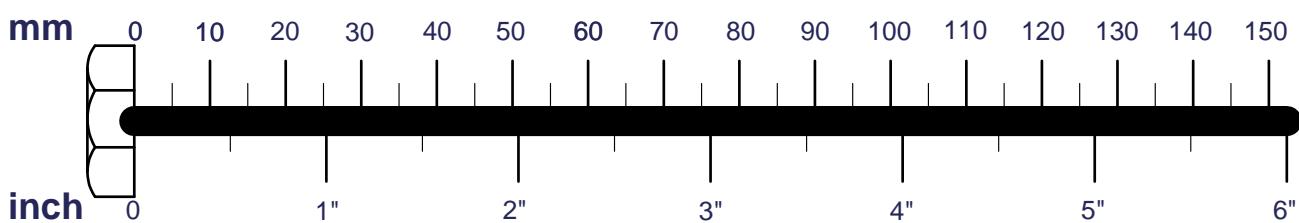
(C2) M8 SPRING WASHER QTY.4

(C6) 1/2" BOLT CAP(9212-024) QTY.4



(C3) M8(I.D.)FLAT WASHER Ø18X1.5T QTY.4

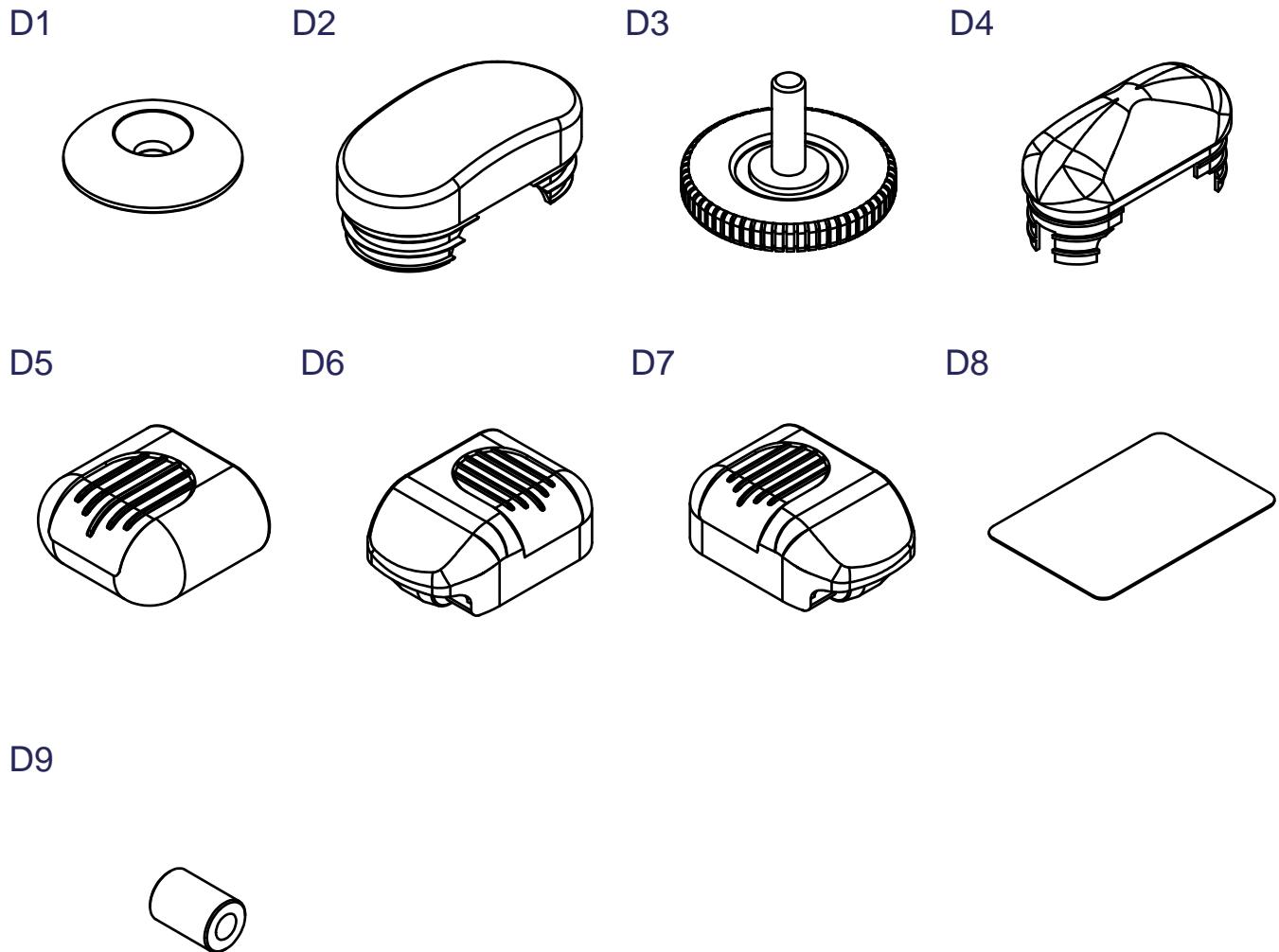
(C7) M20 WASHERØ30 QTY.2



CBP-300 ASSEMBLY INSTRUCTIONS

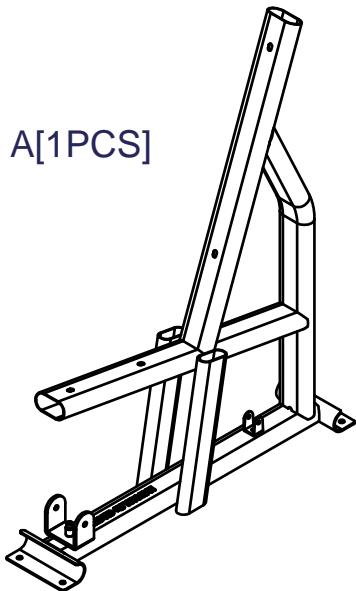
HARDWARE ILLUSTRATION

- D1. Ø50X10 END COVER (8130-131)-----[2PCS]
- D2. 40X80 END CAP(9211-113)-----[2PCS]
- D3. Ø60X42H DECK BUFFER (9214-037)-----[2PCS]
- D4. 30X70 ROUND END COVER (9261-061)-----[2PCS]
- D5. 40X80 ROUND END COVER (9261-070)-----[2PCS]
- D6. 40X80 FOOT CAP (9261-071)-----[1PCS]
- D7. 40X80 FOOT CAP (9261-072)-----[1PCS]
- D8. 95X140L RUBBER PAD(9630-003)-----[2PCS]
- D9. Ø16.1XØ8X22.5L STEEL BUSHING(8110-150)-----[2PCS]

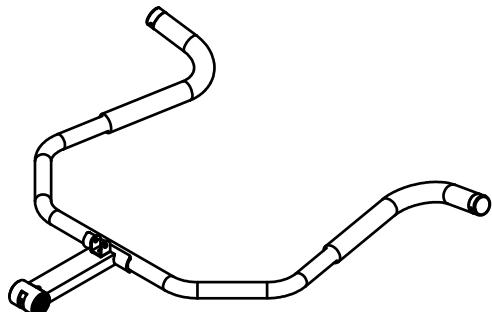


CBP-300 ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET



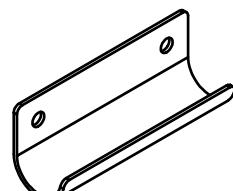
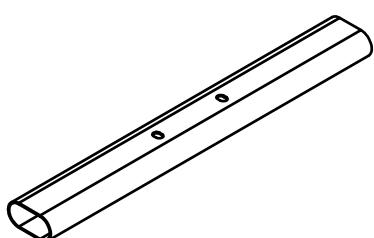
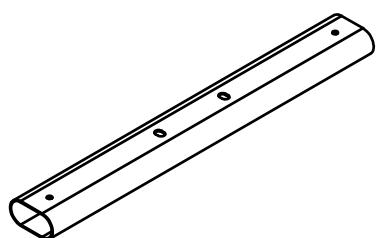
B2 [1PCS]



C [1PCS]
5584-K007
40X80X2TX600L

D [1PCS]
5584-K008
40X80X2TX600L

E [2PCS]
8386-101

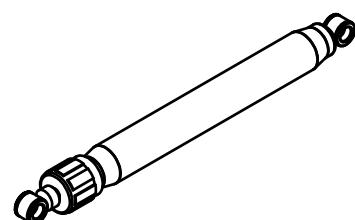
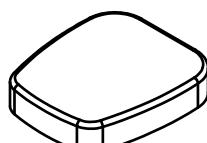
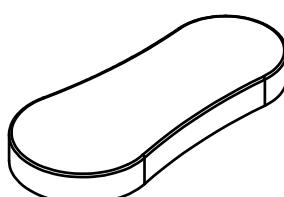
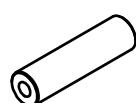


F1 [1PCS]
8220-148
Ø20X74L

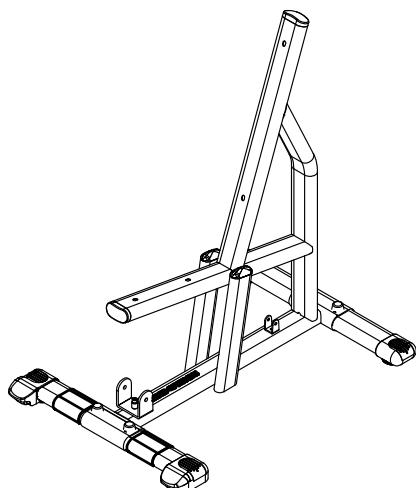
G [1PCS]
9111-065

H [1PCS]
9121-064

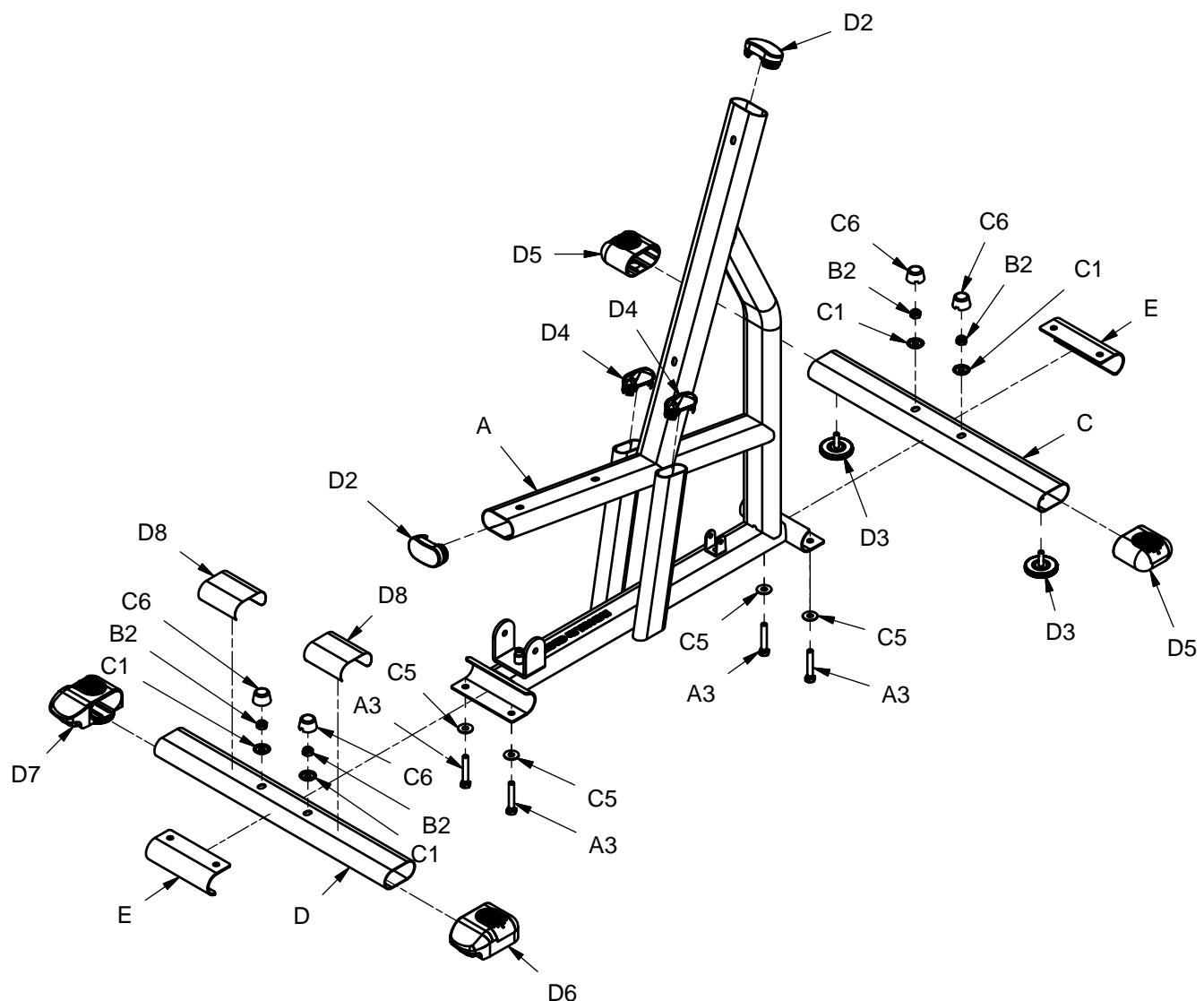
I [1PCS]
8830-017



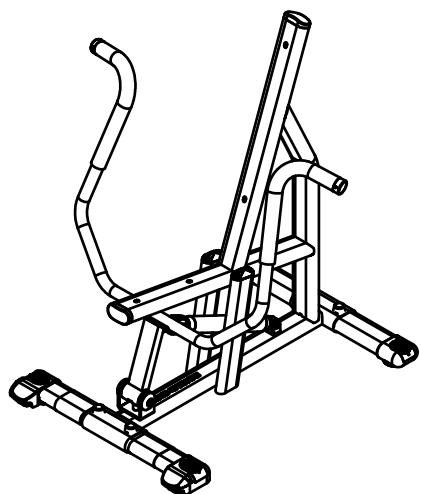
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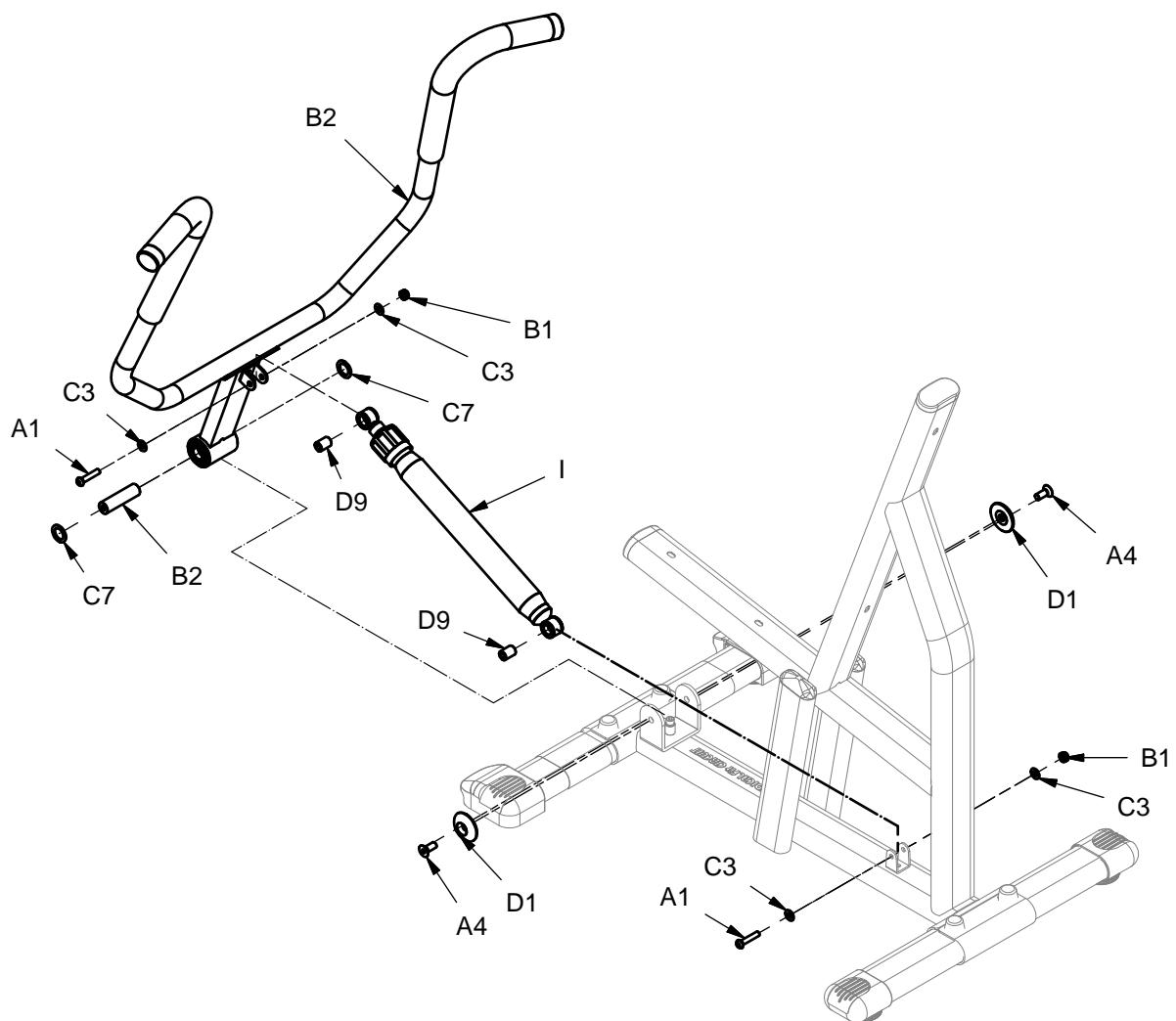
Above shows STEP 1
assembled and completed



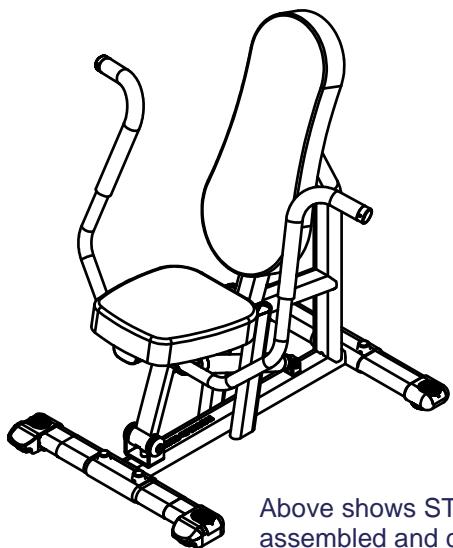
CBP-300 ASSEMBLY INSTRUCTIONS



Above shows STEP 1
assembled and completed



CBP-300 ASSEMBLY INSTRUCTIONS



Above shows STEP 3
assembled and completed

