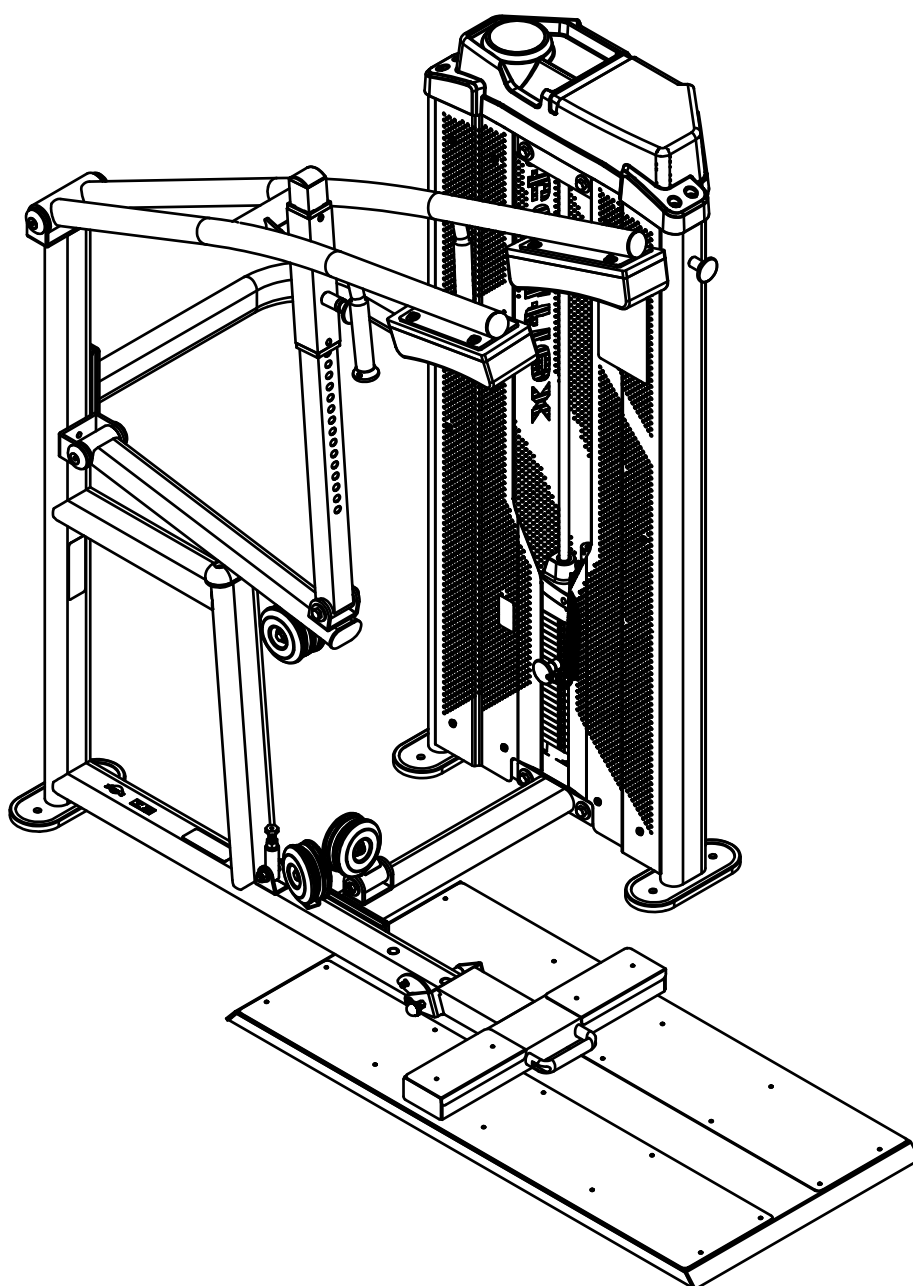


HOPE



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3F28, No.5, Shin-Yi Rd., Sec. 5, Taipei, Taiwan 110 R.O.C.

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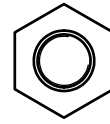
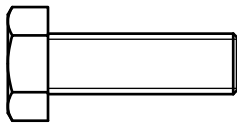
Fax: 886-2-27229750

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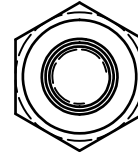
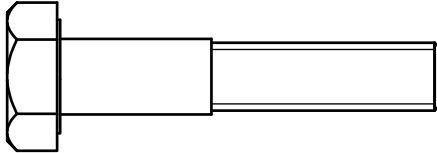
HCP-2200.2 OWNER'S MANUAL

HCP2200 ASSEMBLY INSTRUCTIONS

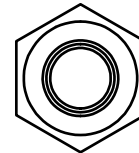
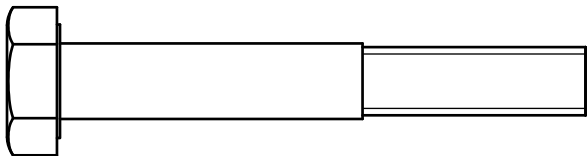
HARDWARE ILLUSTRATION



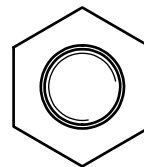
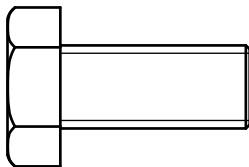
(A1)HEX BOLT M8X25L PARTIAL THREAD QTY.8



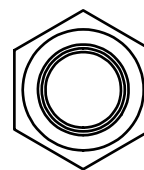
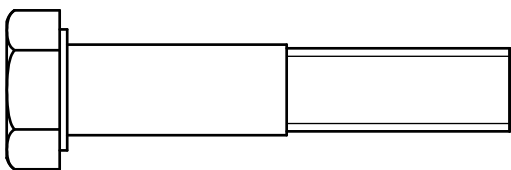
(A2)HEX BOLT M10X50L PARTIAL THREAD QTY.2



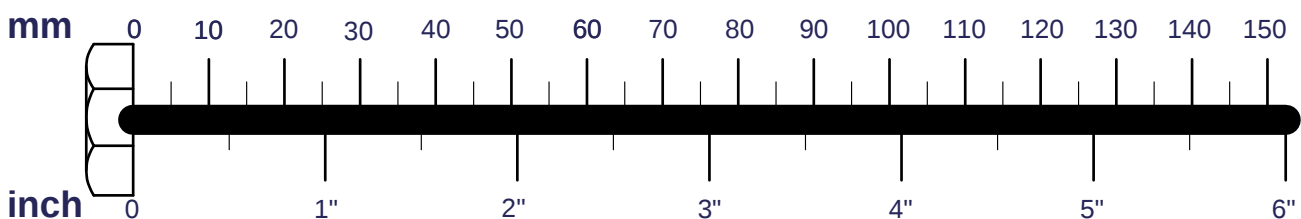
(A3)HEX BOLT M10X70L PARTIAL THREAD QTY.1



(A4)HEX BOLT M12X25L PARTIAL THREAD QTY.2

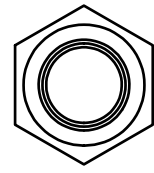
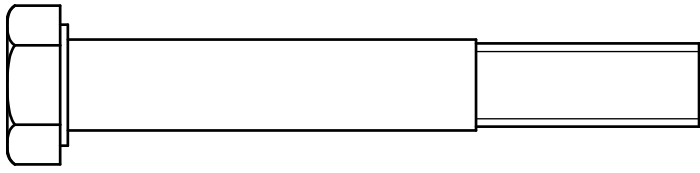


(A5)HEX BOLT M12X60L PARTIAL THREAD QTY.1

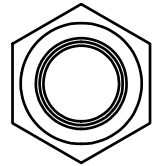
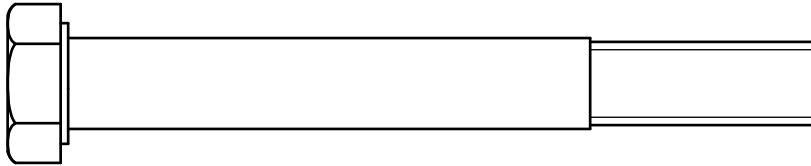


HCP2200 ASSEMBLY INSTRUCTIONS

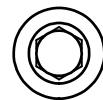
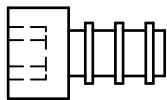
HARDWARE ILLUSTRATION



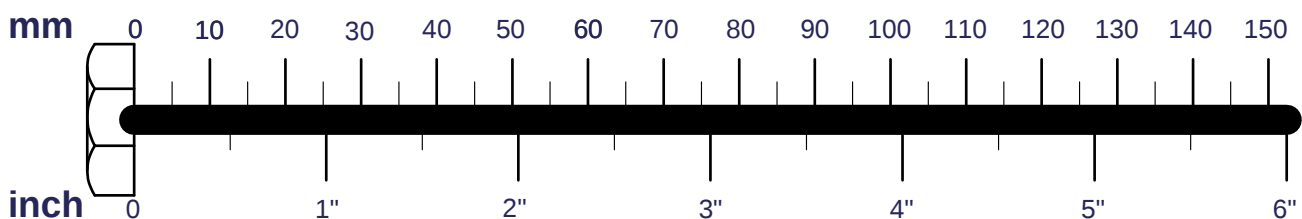
(A6)HEX BOLT M12X85L PARTIAL THREAD QTY.2



(A7)HEX BOLT M12X100L PARTIAL THREAD QTY.2

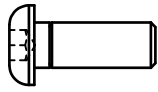


(A8)ROUND ALLEN HEAD 5/16"x1/2"L PARTIAL THREAD QTY.1

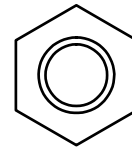
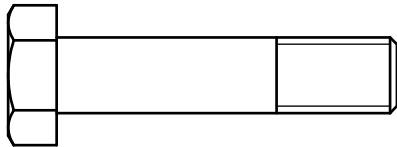


HCP2200 ASSEMBLY INSTRUCTIONS

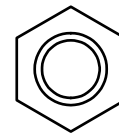
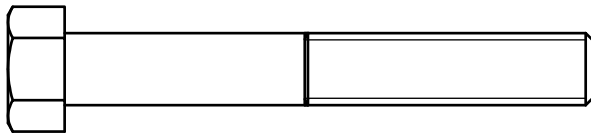
FRAME HARDWARE ILLUSTRATION FOR DOOR



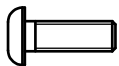
(A9)ROUND ALLEN HEAD M6X16L PARTIAL THREAD QTY.24



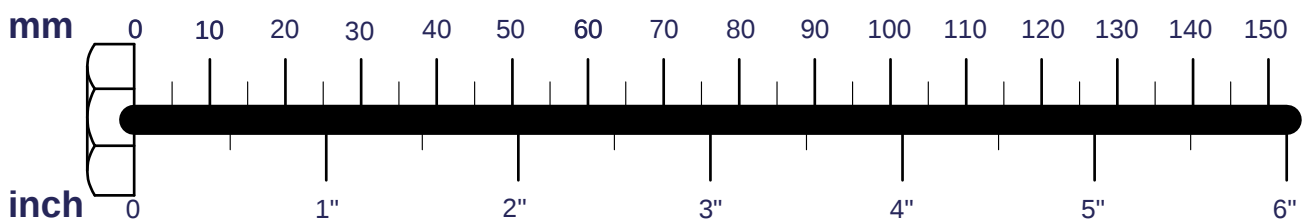
(A10)HEX BOLT M10X45L PARTIAL THREAD QTY.2



(A12)HEX BOLT 3/8"X2-3/4"L PARTIAL THREAD QTY.1

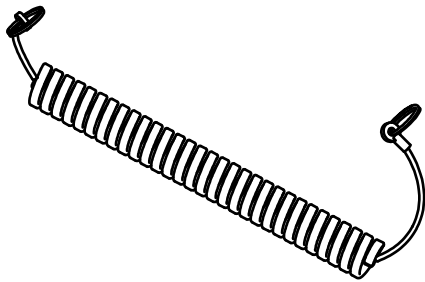


(A13)ROUND ALLEN HEAD M4X12L PARTIAL THREAD QTY.4

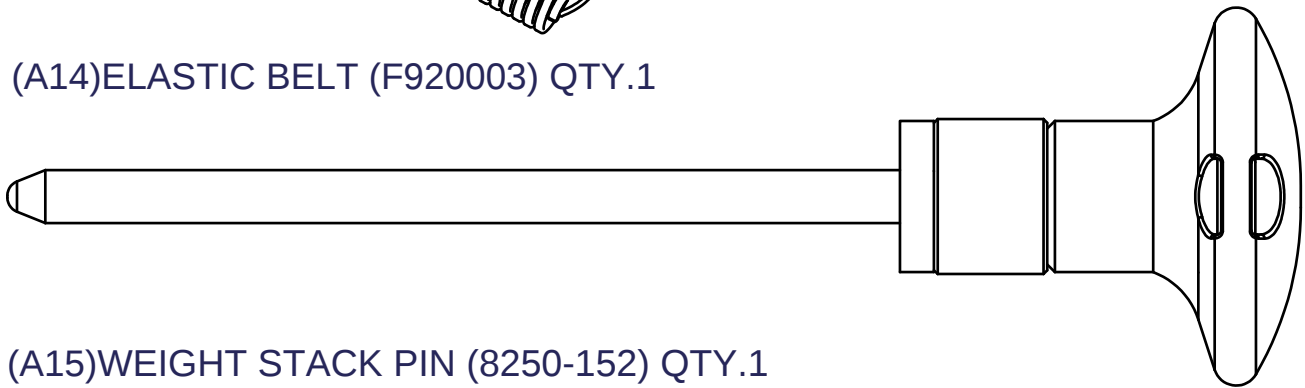


HCP2200 ASSEMBLY INSTRUCTIONS

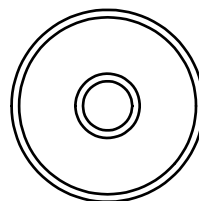
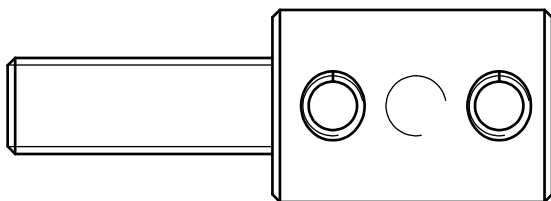
FRAME HARDWARE ILLUSTRATION FOR DOOR



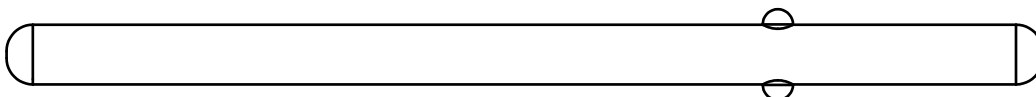
(A14)ELASTIC BELT (F920003) QTY.1



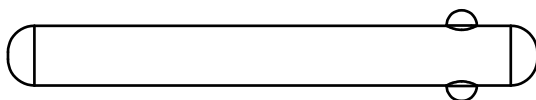
(A15)WEIGHT STACK PIN (8250-152) QTY.1



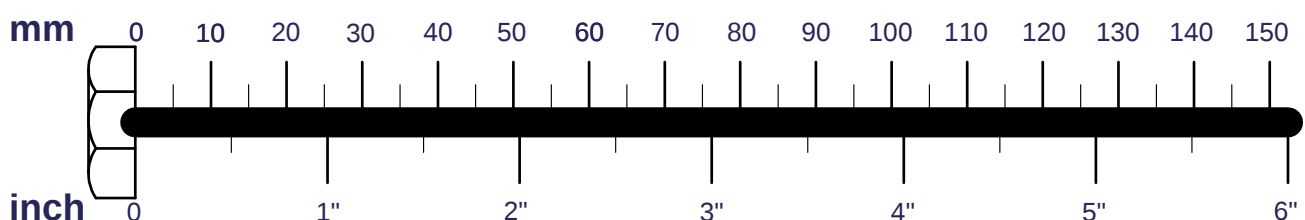
(A16)WEIGHT STACK CABLE (8260-009) QTY.1



(A17)Ø5/16" FIXED PIN (8250-166) QTY.1

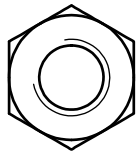


(A18)Ø5/16" FIXED PIN (8250-167) QTY.1

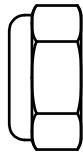


HCP2200 ASSEMBLY INSTRUCTIONS

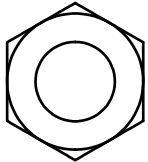
HARDWARE ILLUSTRATION



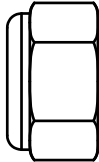
(B1) NYLON LOCK NUT M10 QTY.3



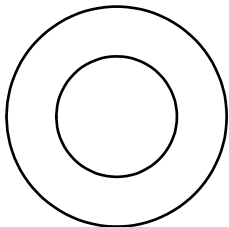
(B2) NYLON LOCK NUT M12 QTY.5



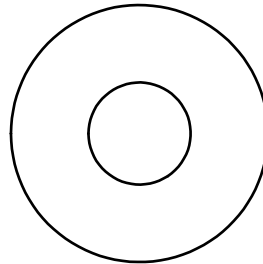
(B3) LOCK NUT 1/2"X13 UNC QTY.1



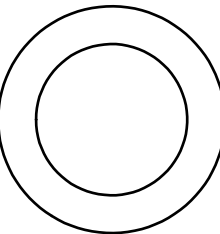
(C1) 5/8" (I.D.) FLAT WASHER Ø29 QTY.2



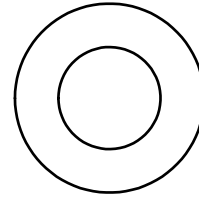
(C5) M12 (I.D.) FLAT WASHER Ø34 QTY.6



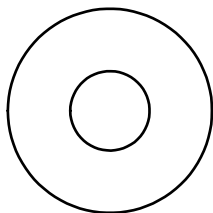
(C6) M20 (I.D.) FLAT WASHER Ø30 QTY.2



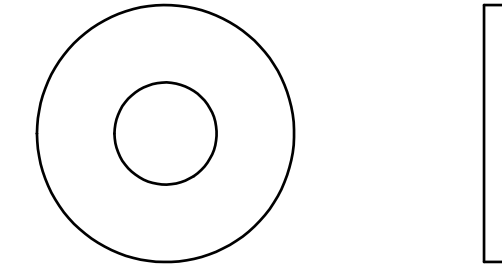
(C4) M12 (I.D.) FLAT WASHER Ø25 QTY.6



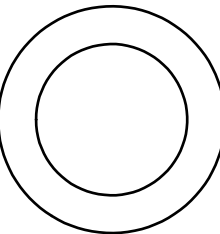
(C3) M12 (I.D.) FLAT WASHER Ø20 QTY.4



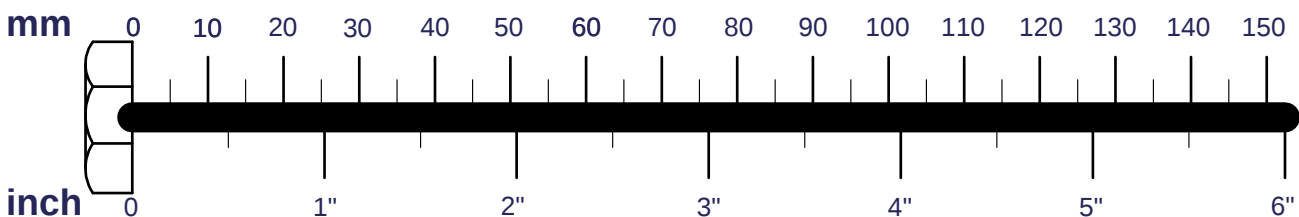
(C2) M10 (I.D.) FLAT WASHER Ø27 QTY.6



(C5) M12 (I.D.) FLAT WASHER Ø34 QTY.6



(C6) M20 (I.D.) FLAT WASHER Ø30 QTY.2



HCP2200 ASSEMBLY INSTRUCTIONS

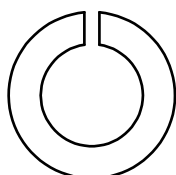
HARDWARE ILLUSTRATION



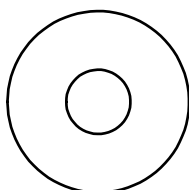
(C7)5/16" SPRING WASHER QTY.1



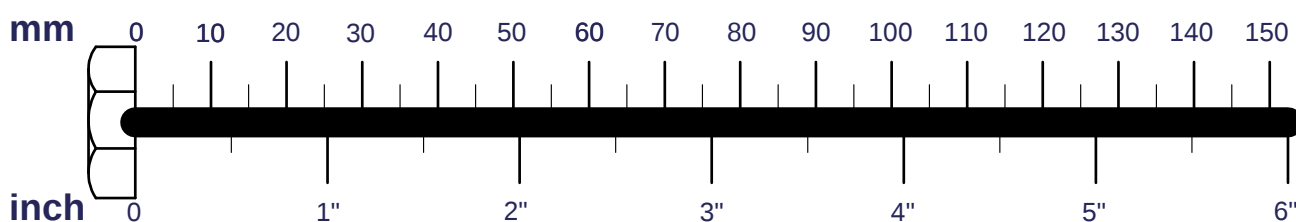
(C8)M8" SPRING WASHER QTY.8



(C9)1/2" SPRING WASHER QTY.1

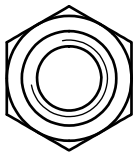


(C15)M8(I.D.) FLAT WASHER Ø24 QTY.8

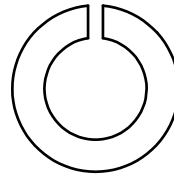
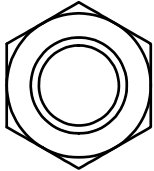


HCP2200 ASSEMBLY INSTRUCTIONS

FRAME HARDWARE ILLUSTRATION FOR DOOR



(B4)NYLON LOCK NUT M10 QTY.2



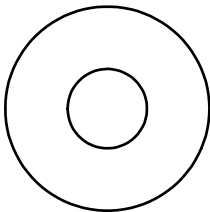
(B5)LOCK NUT 1/2"X13 UNC QTY.1

(C13)1/2" SPRING WASHER QTY.1

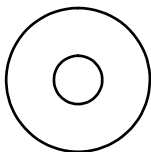


(B6)NYLON LOCK NUT M4 QTY.4

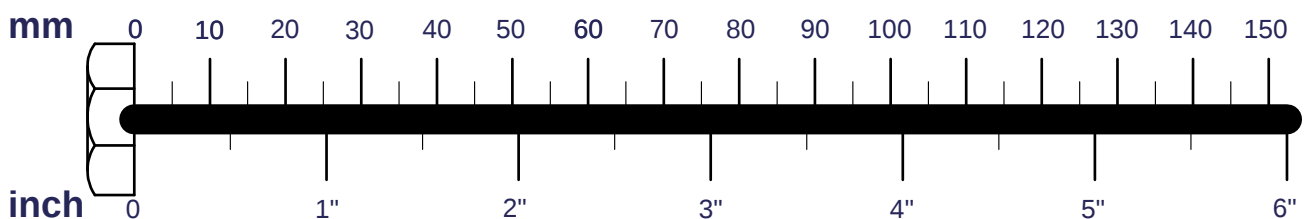
(C14)M4(I.D.)FLAT WASHER Ø10 QTY.8



(C10)M10(I.D.)FLAT WASHER Ø27 QTY.5



(C11)M6(I.D.)FLAT WASHER Ø19 QTY.24

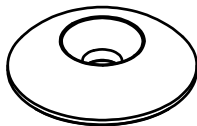


HCP2200 ASSEMBLY INSTRUCTIONS

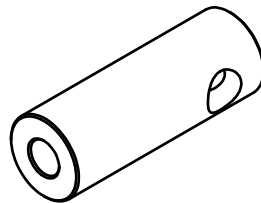
HARDWARE ILLUSTRATION

D1.Ø50 CAP COVER(8130-131)-----	[4PCS]
D2.Ø1"x70L STEEL BUSHING (8220-244)-----	[1PCS]
D3.Ø1" CU WASHER (8520-008)-----	[2PCS]
D4. 60x50 NYLON BUSHING(9211-033) -----	[2PCS]
D5. □50x1.8T END CAP(9211-087)-----	[1PCS]
D6.PLATE CAP (9211-173)-----	[6PCS]
D7.116X58X29 RUBBER PAD(9310-057)-----	[1PCS]
D8.108X14.5TX263L RUBBER PAD(9310-075)-----	[1PCS]
D9.Ø110 PULLEY(9213-002B)-----	[4PCS]
D10.6100mm STEEL CABLE(FHCP2200A)-----	[1PCS]
D11.EXERCISE CHART (9420-122)-----	[1PCS]

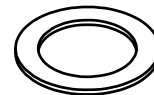
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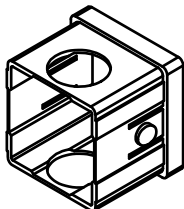
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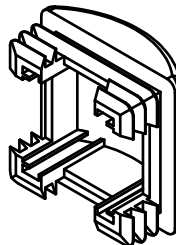
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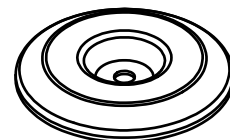
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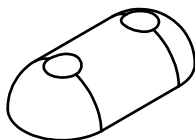
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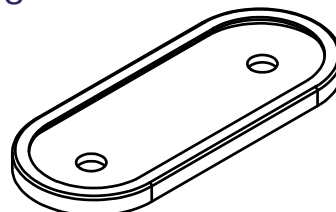
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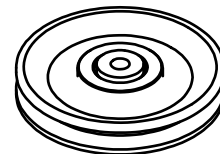
D7



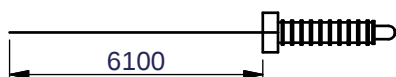
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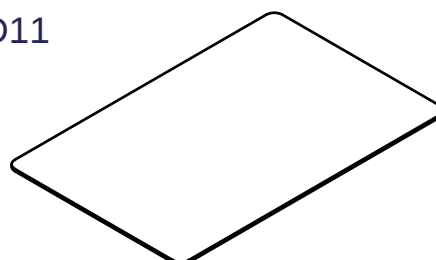
D9



D10



D11



HCP2200 ASSEMBLY INSTRUCTIONS

FRAME HARDWARE ILLUSTRATION FOR DOOR

D12.3/4" SHAFT COLLAR(9211-046)-----	[2PCS]
D13.2"x2" Rubber Cane Cap(9214-002)-----	[3PCS]
D14.TOWEL RACK(9215-024)-----	[1PCS]
D15.Ø65XØ20X70L Rubber Dount(9310-049)-----	[2PCS]
D16.108X14.5TX263T RUBBER PAD(9310-075)-----	[2PCS]
D17.Ø110 PULLEY(9213-002B)-----	[2PCS]
D18.TOP PLATE(8400-006)-----	[1PCS]
D19.Selector Rod(8210-191)-----	[1PCS]

D12



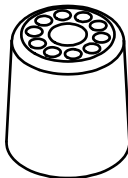
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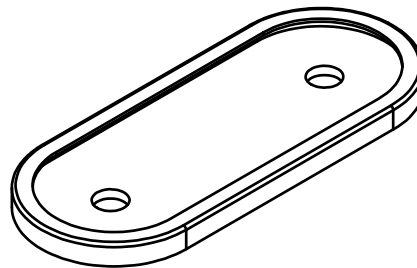
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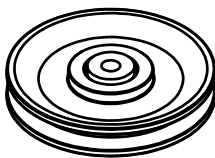
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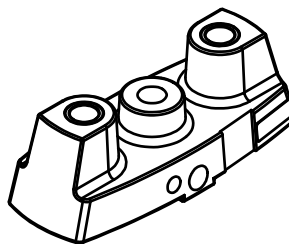
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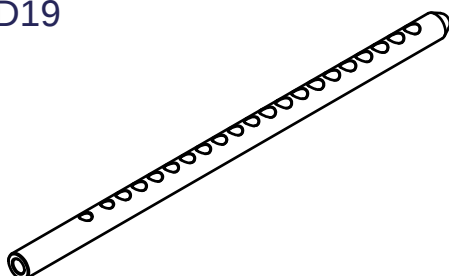
D17



D18



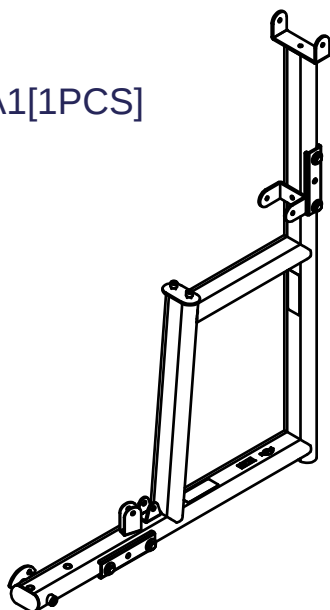
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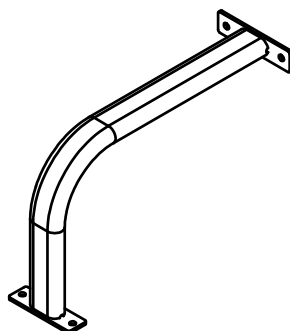
HCP2200 ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

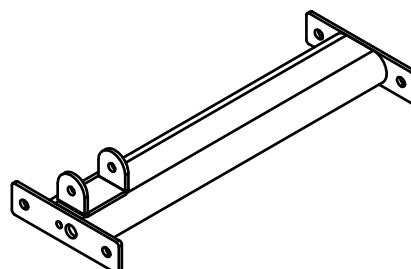
A1[1PCS]



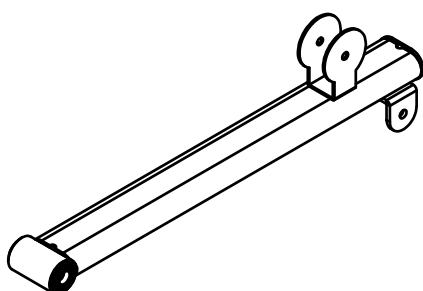
B[1PCS]



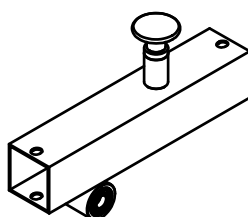
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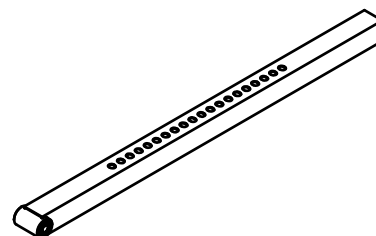
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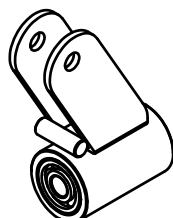
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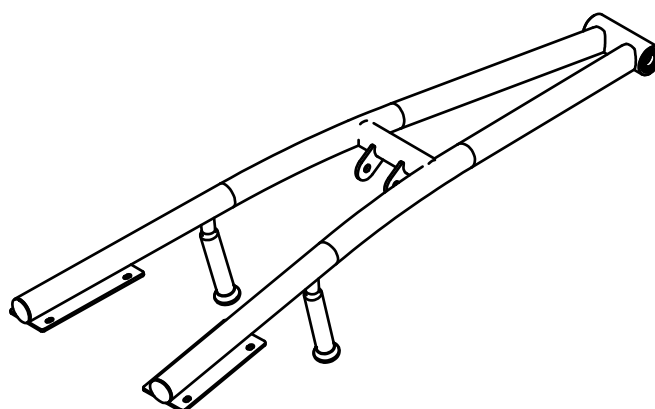
F[1PCS]
26HCP2200F



G[1PCS]



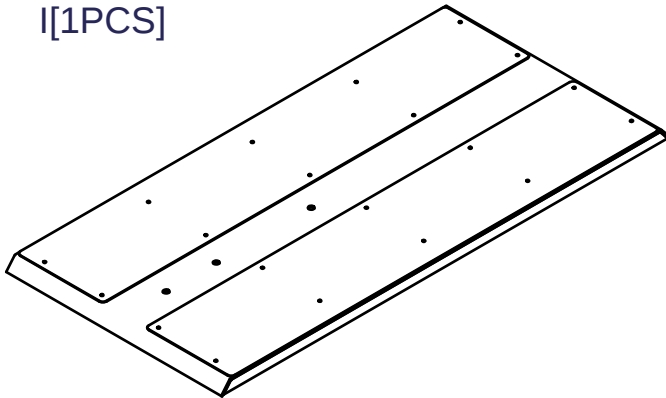
H1[1PCS]



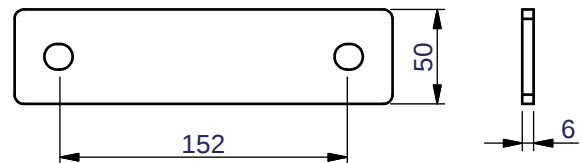
HCP2200 ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

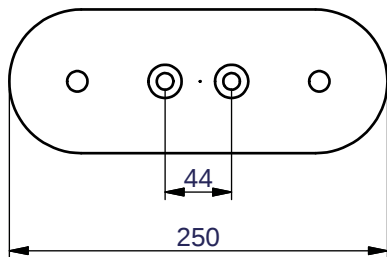
I[1PCS]



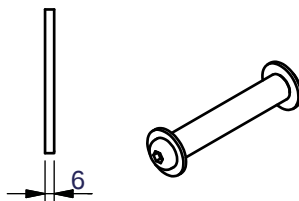
J[1PCS]
8312-077



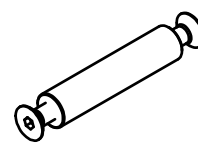
K[1PCS]
8313-188



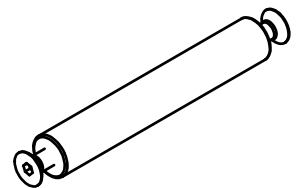
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8210-197
Ø15X84L



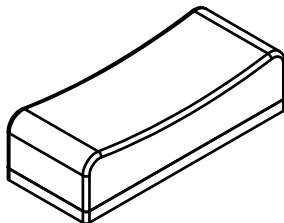
M[1PCS].
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Ø20X89L



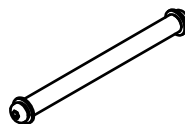
N[1PCS]
8220-255
Ø25X153.5L



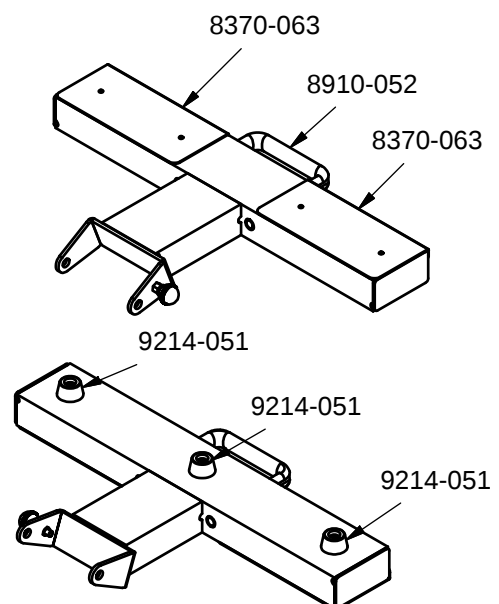
O[2PCS]
9131-064



P[1PCS]
8210-211
Ø1/2"X141L



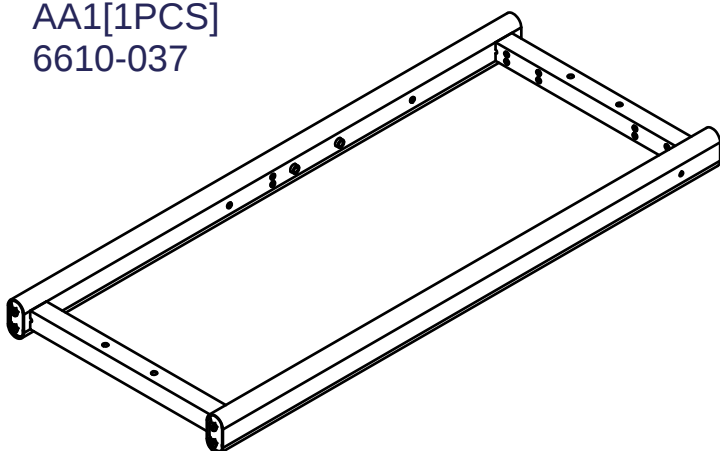
Q[10CS]
20HCP2200-K



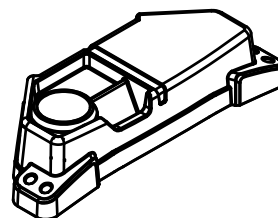
HCP2200 ASSEMBLY INSTRUCTIONS

FRAME PARTS ILLUSTRATION SHEET FOR DOOR

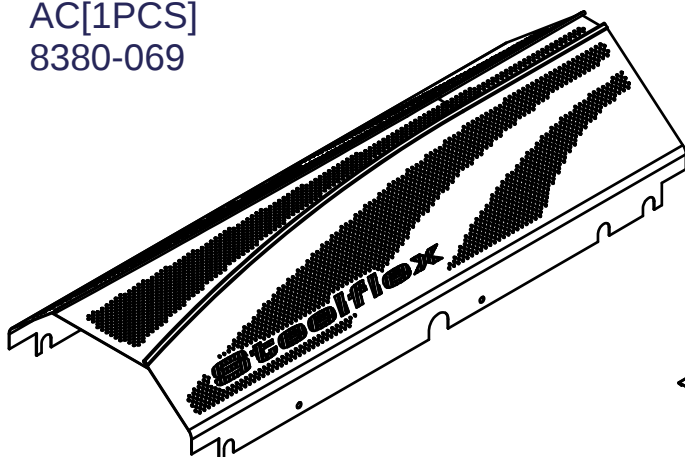
AA1[1PCS]
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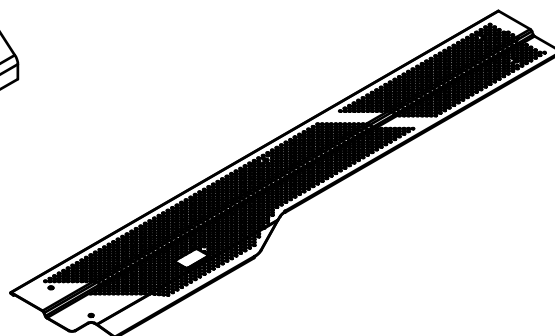
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9211170-023



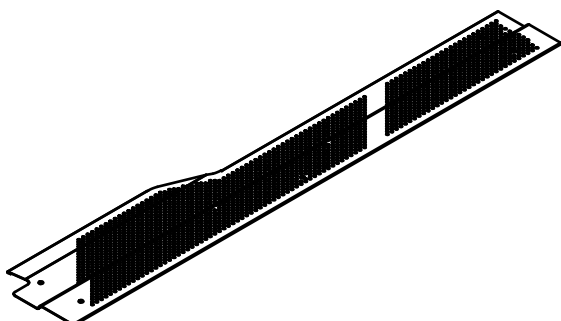
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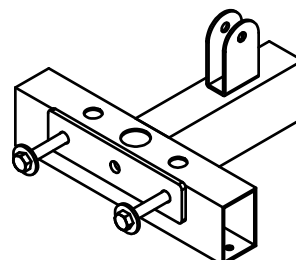
AD[1PCS]
8380-070



AE[1PCS]
8380-071



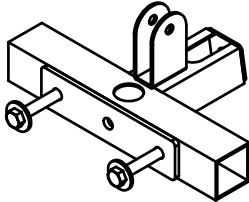
AF[1PCS]
6610-017



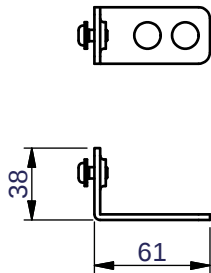
HCP2200 ASSEMBLY INSTRUCTIONS

FRAME PARTS ILLUSTRATION SHEET FOR DOOR

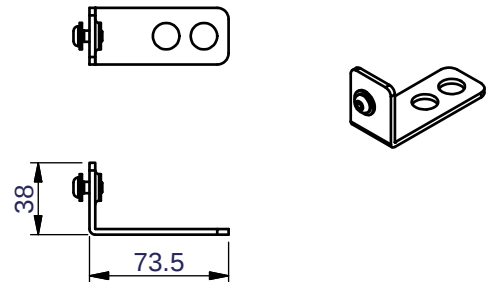
AG[1PCS]
6610-018



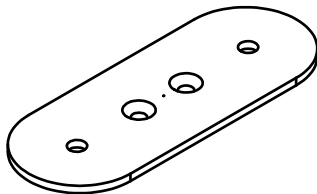
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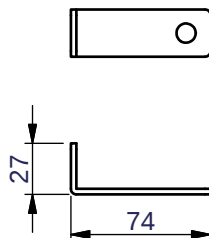
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8331-064



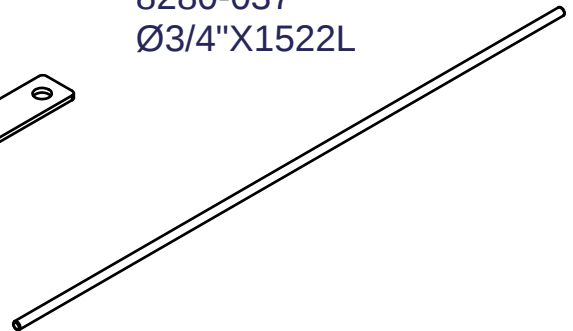
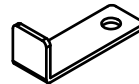
AJ[2PCS]
8313-188



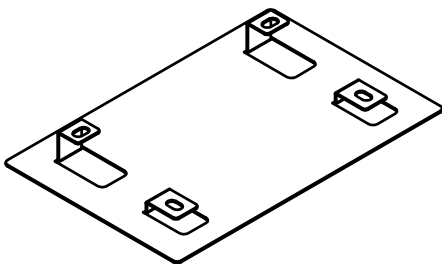
AK[1PCS]
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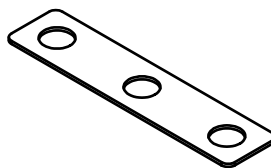
AL[2PCS]
8280-037
Ø3/4"X1522L



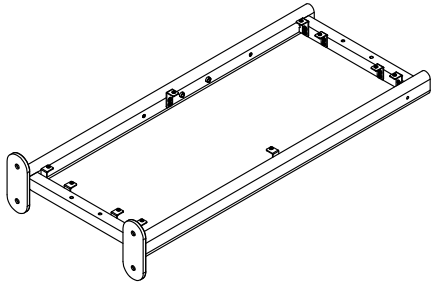
AM[1PCS]
8345-014



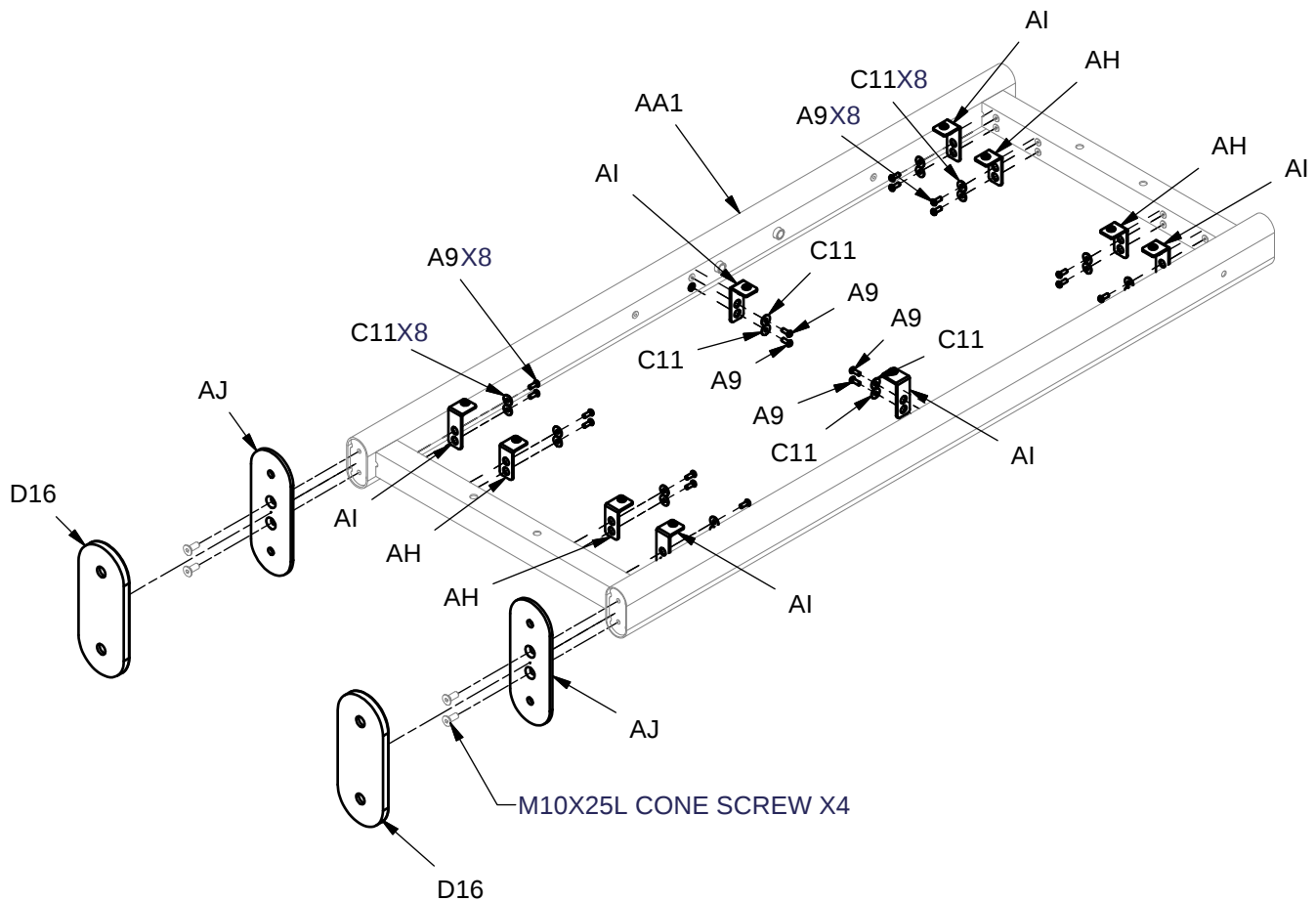
AO[1PCS]
8311-194



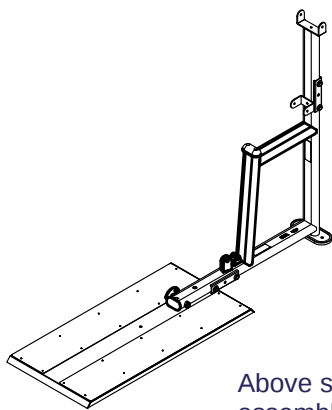
HCP2200 ASSEMBLY INSTRUCTIONS



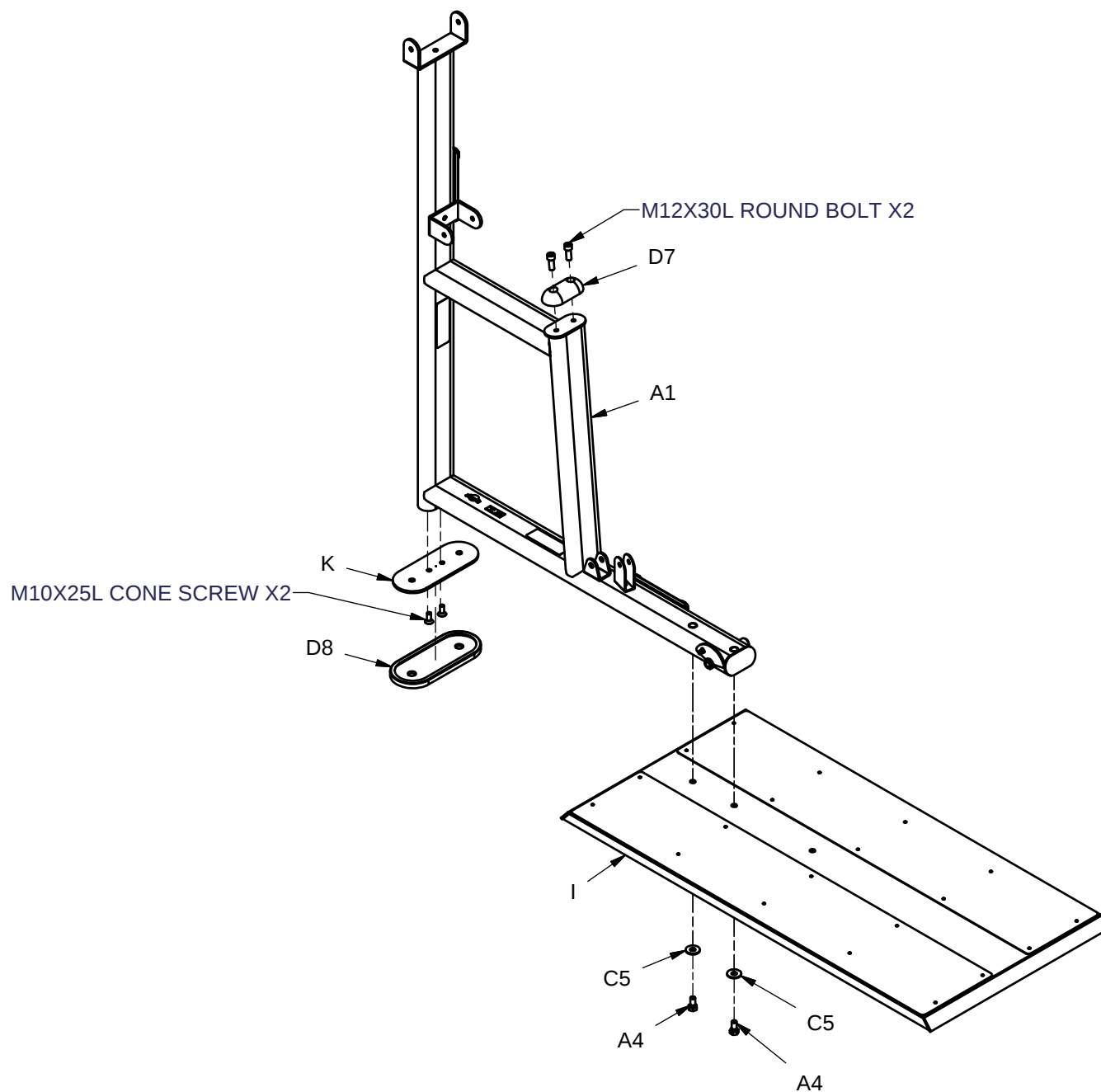
Above shows STEP 1
assembled and completed



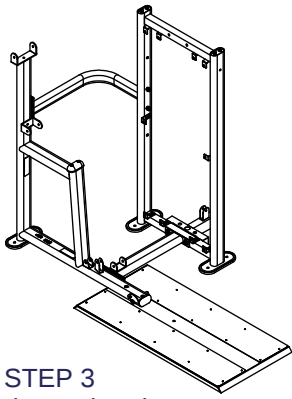
HCP2200 ASSEMBLY INSTRUCTIONS



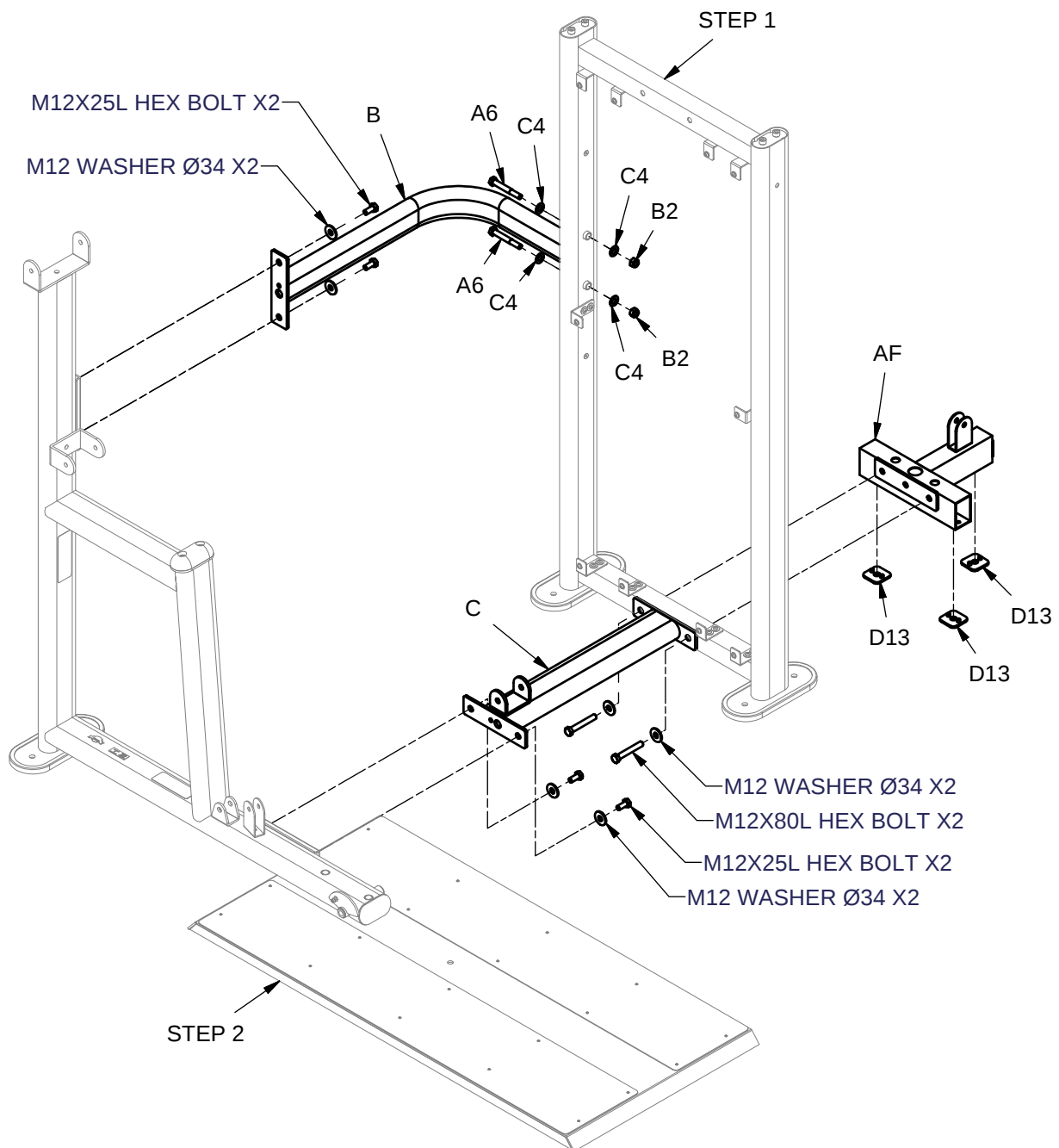
Above shows STEP 2
assembled and completed



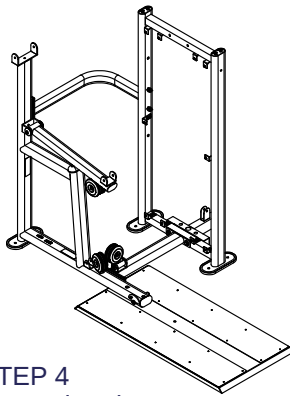
HCP2200 ASSEMBLY INSTRUCTIONS



Above shows STEP 3
assembled and completed



HCP2200 ASSEMBLY INSTRUCTIONS



Above shows STEP 4
assembled and completed

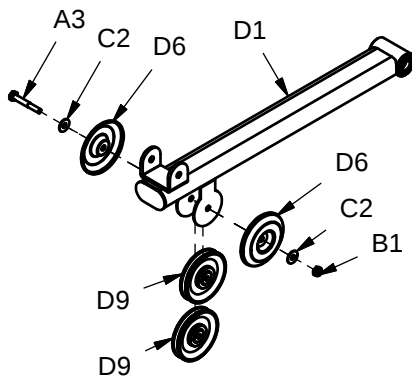


Figure 1

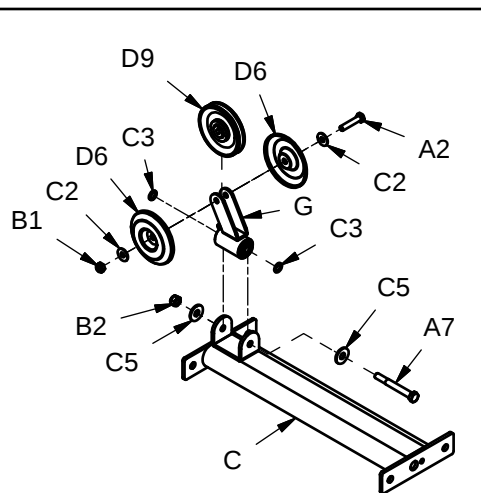
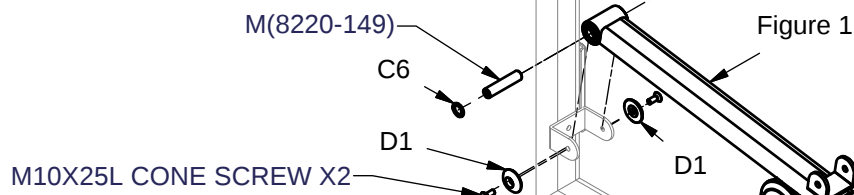
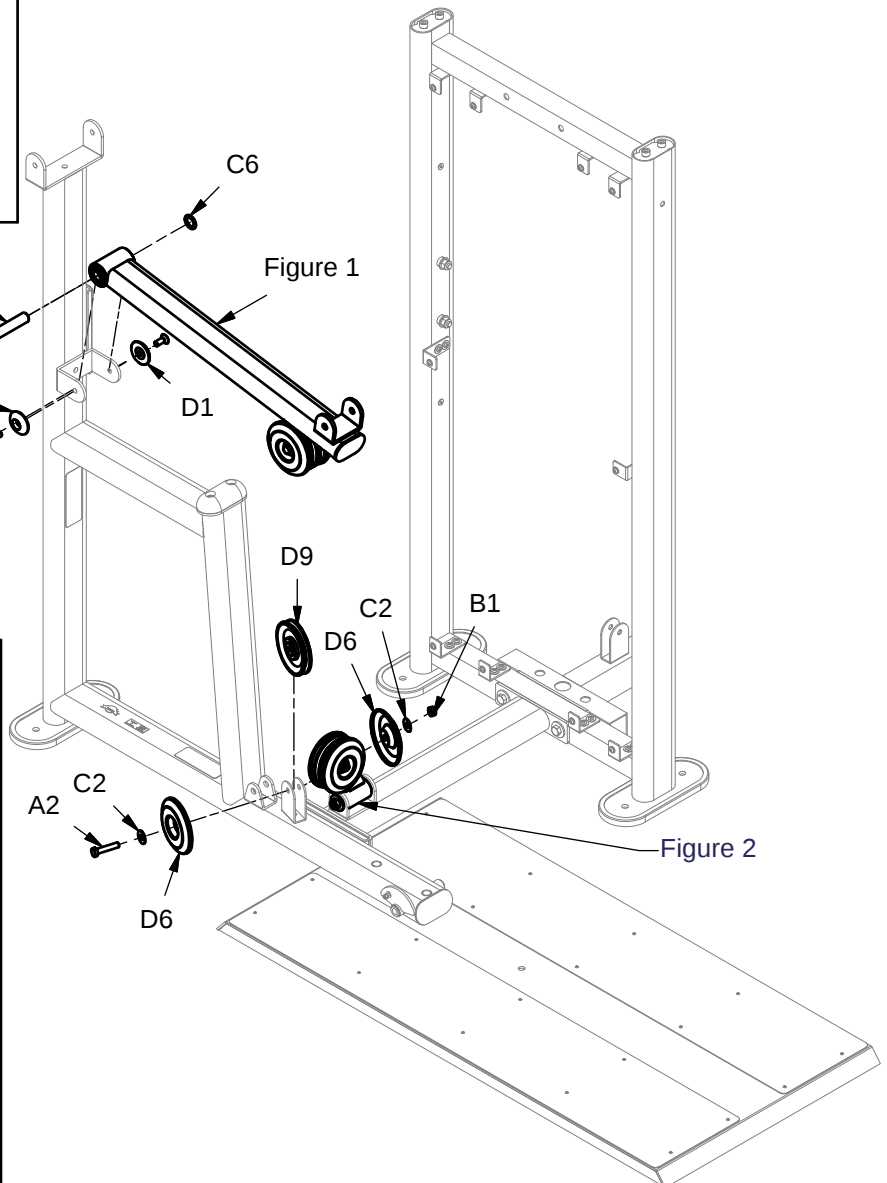


Figure 2

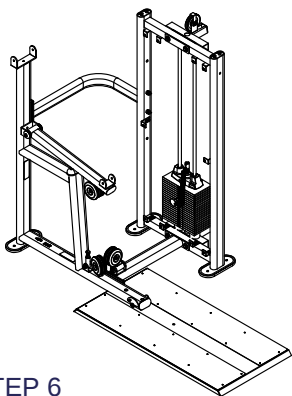


The diagram shows the completed assembly. The motor unit is now attached to the vertical frame. The motor is mounted on the right side of the frame, and the pulley is positioned to drive the belt system. The entire assembly is shown on a base plate.

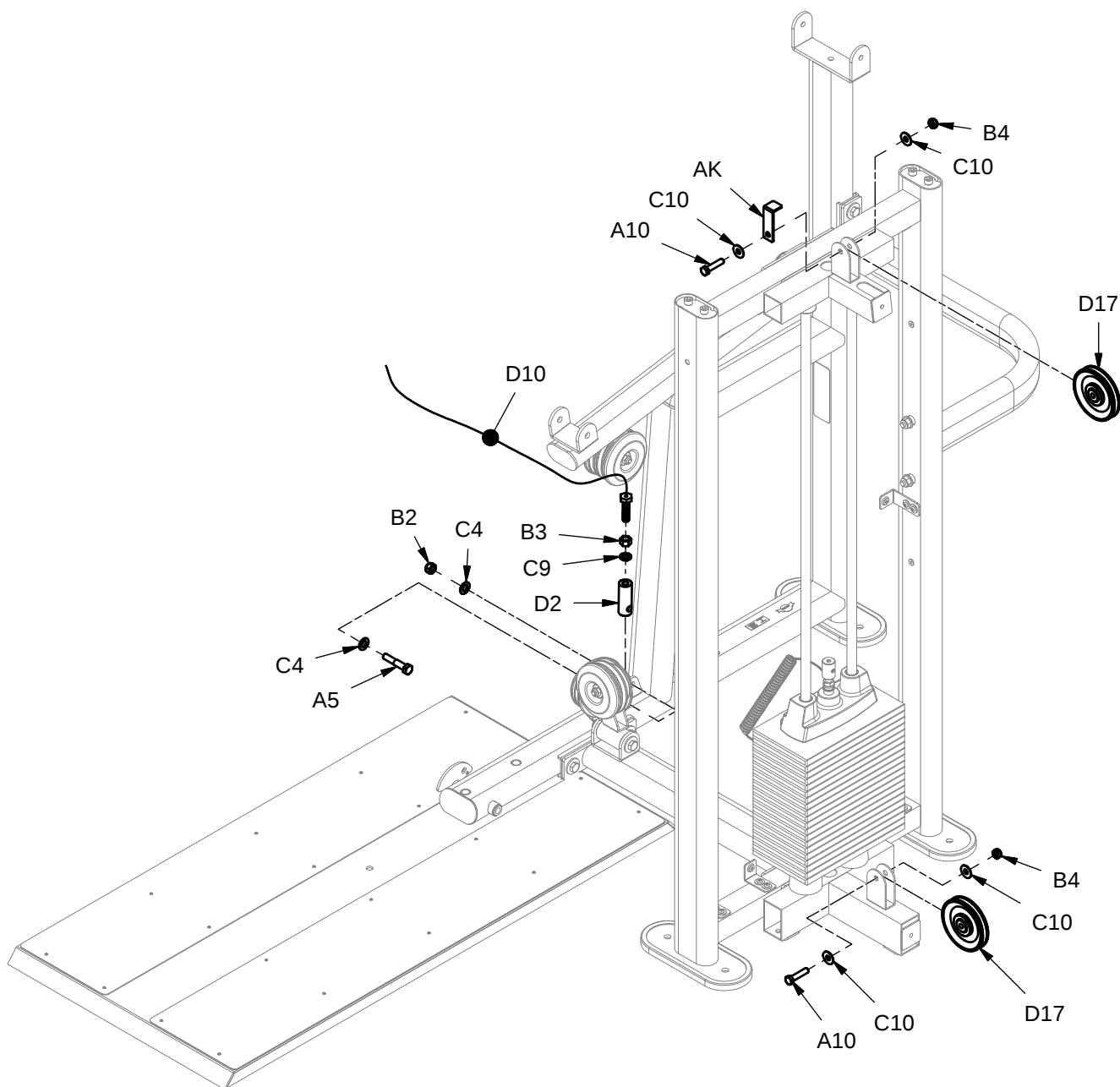
NOTE:

-
- This diagram illustrates the assembly of a mechanical structure, likely a frame or support system. The components are labeled as follows:
- AG**: A bracket or connector at the top center.
 - D12**: Two small cylindrical components, possibly bushings or spacers, located near the top center.
 - D19**: A long, thin vertical rod or tube on the right side.
 - A16**, **B5**, **C13**: Small components at the top of the rod D19.
 - D18**: A large, rectangular component with a textured surface, possibly a heat exchanger or a large filter, located on the right.
 - A14**, **A15**: Components at the bottom right, possibly a handle or a lever.
 - AL**: Two long, thin vertical rods or tubes in the center.
 - AO**: A small rectangular plate or bracket at the bottom center.
 - D15**: Two small cylindrical components at the bottom center.
 - A17**, **A18**: Small components near the base of the rod D19.
 - J**: A bracket or connector on the left side.
 - M12X80L HEX BOLT X2**: Two hex bolts for the left side.
 - M12 WASHER Ø34 X2**: Two washers for the left side.
- The diagram shows the assembly sequence with dashed lines indicating the path of the components. The components are arranged in a symmetrical fashion around a central vertical axis.

HCP2200 ASSEMBLY INSTRUCTIONS



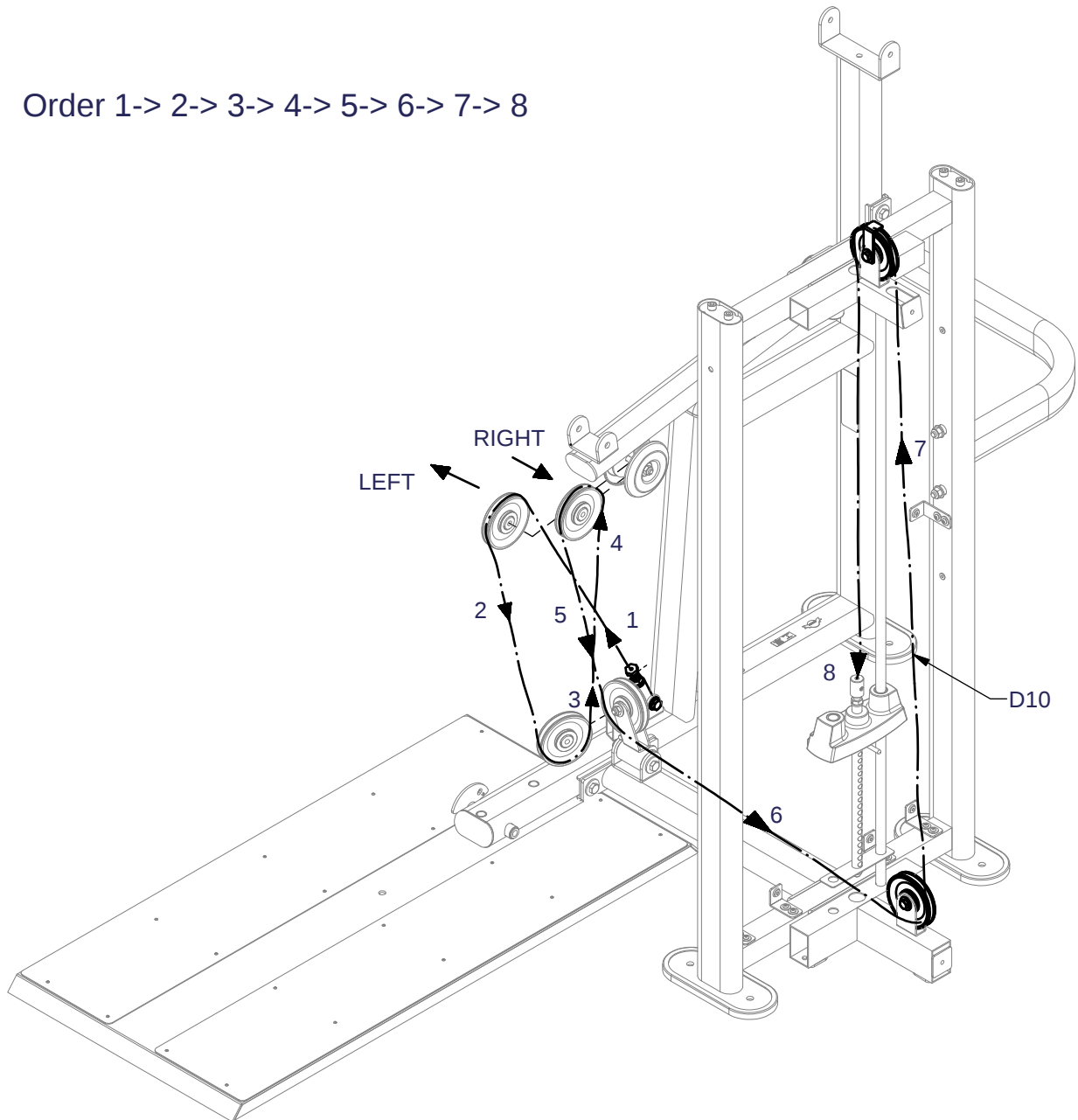
Above shows STEP 6
assembled and completed



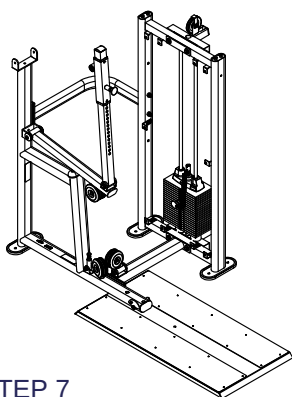
HCP2200 ASSEMBLY INSTRUCTIONS

Cable Configuration Diagram

Order 1-> 2-> 3-> 4-> 5-> 6-> 7-> 8



HCP2200 ASSEMBLY INSTRUCTIONS



Above shows STEP 7
assembled and completed

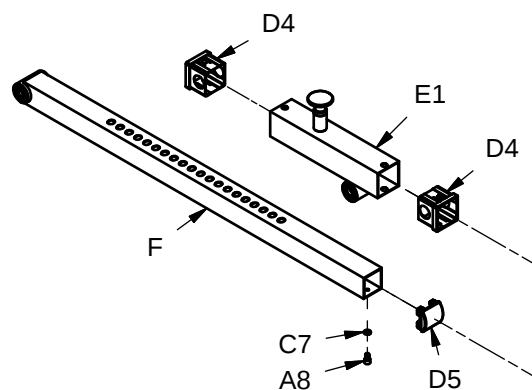
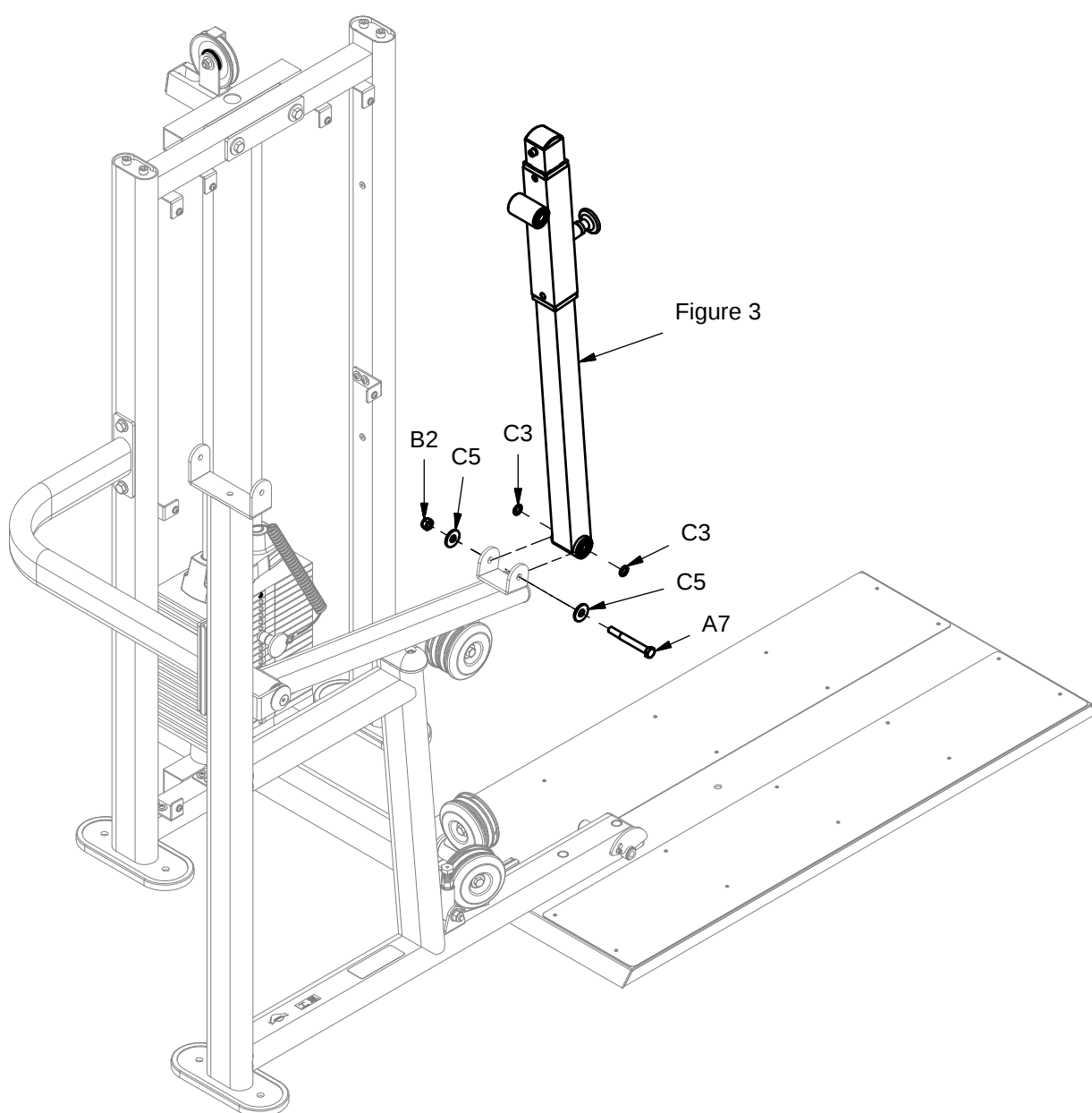
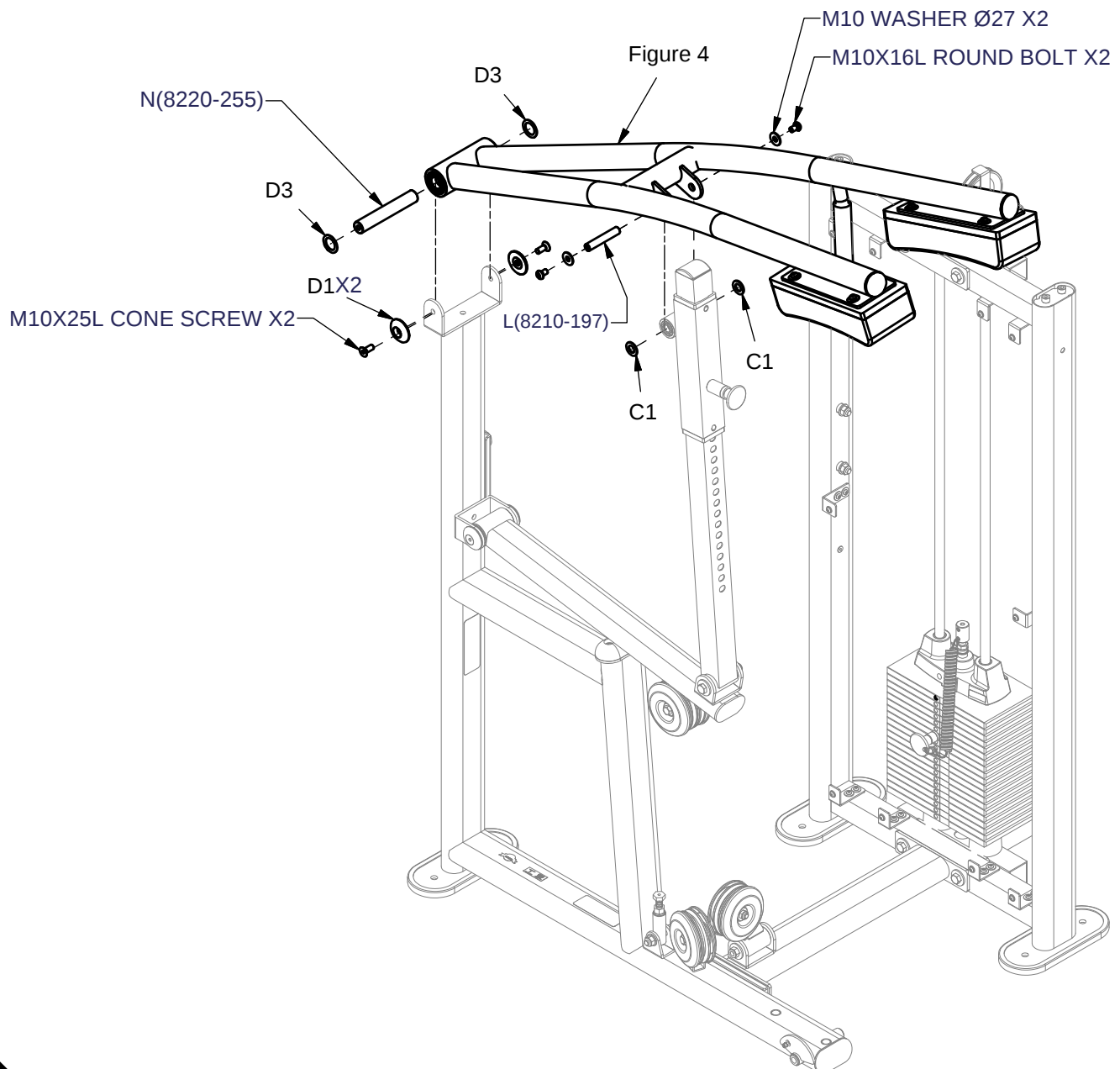
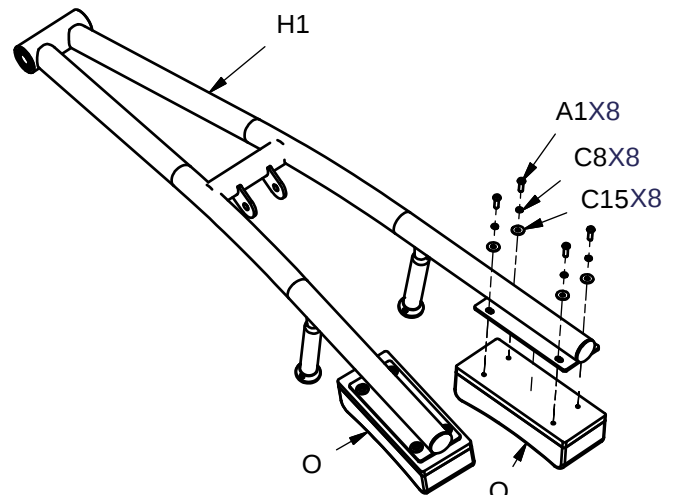
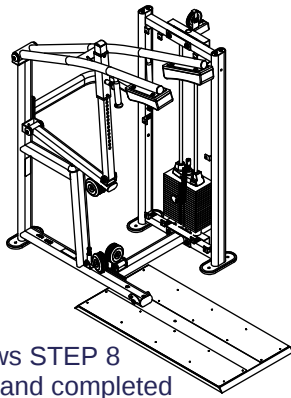


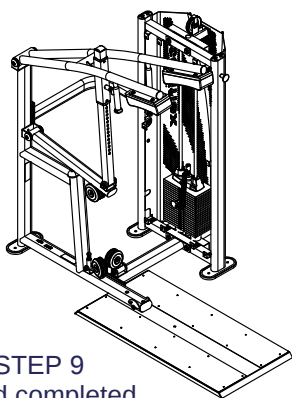
Figure 3



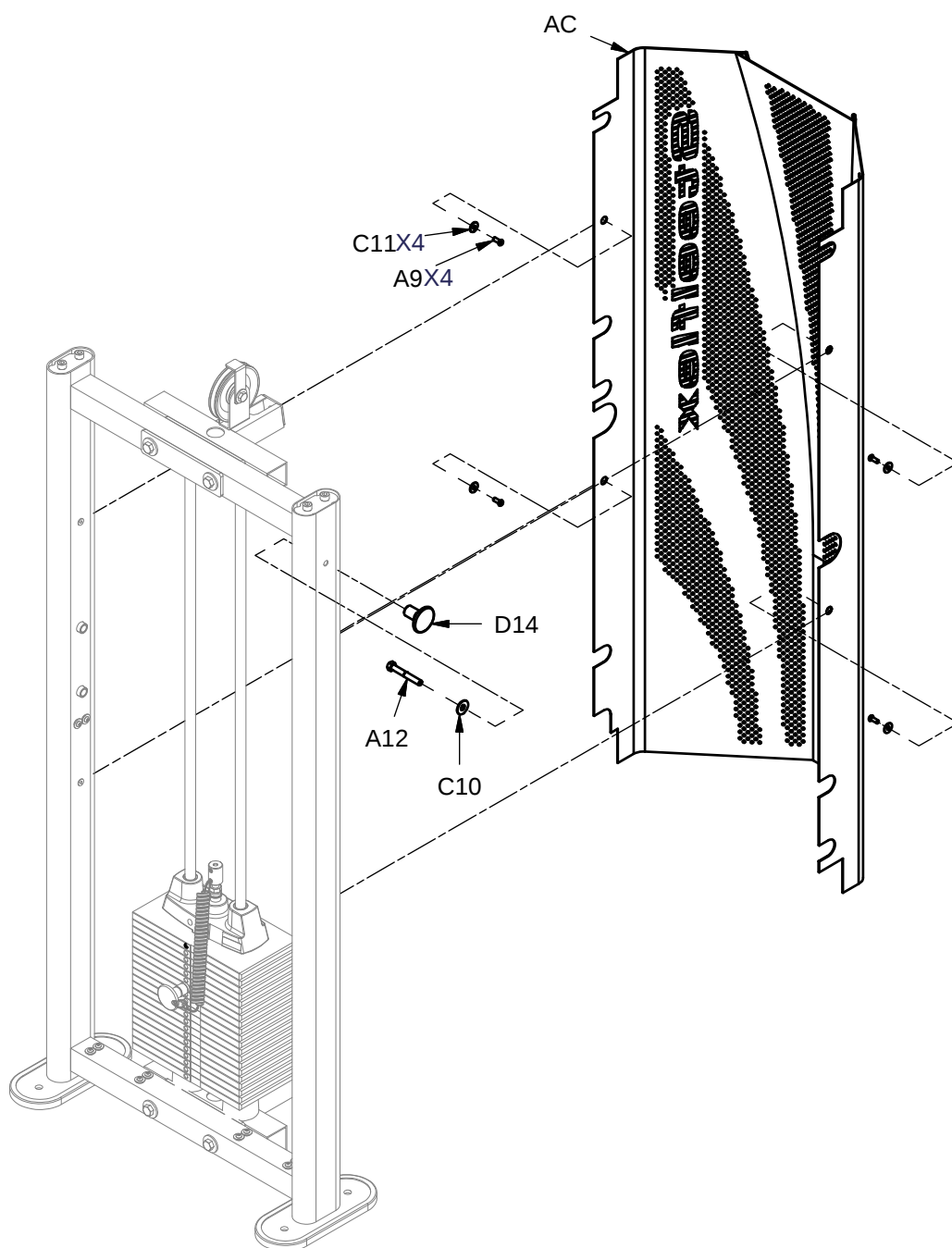
HCP2200 ASSEMBLY INSTRUCTIONS



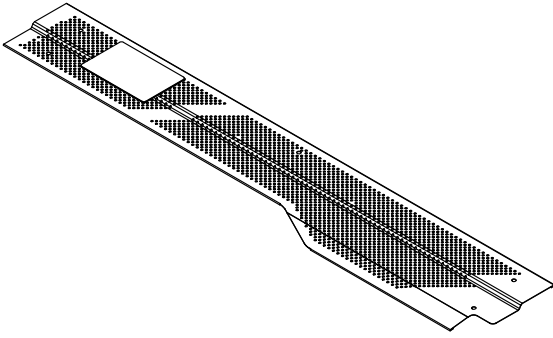
HCP2200 ASSEMBLY INSTRUCTIONS



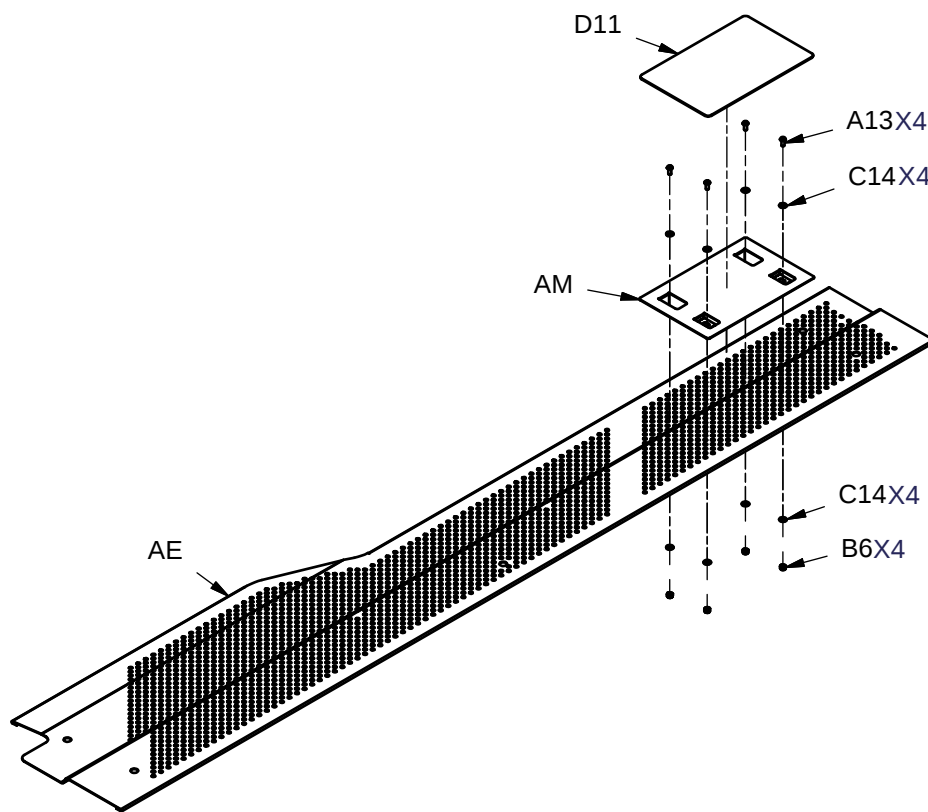
Above shows STEP 9
assembled and completed



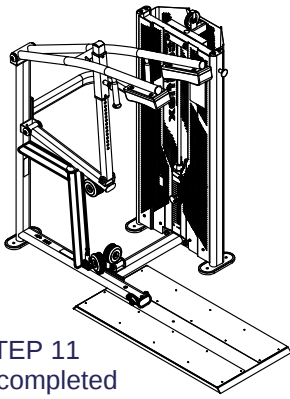
HCP2200 ASSEMBLY INSTRUCTIONS



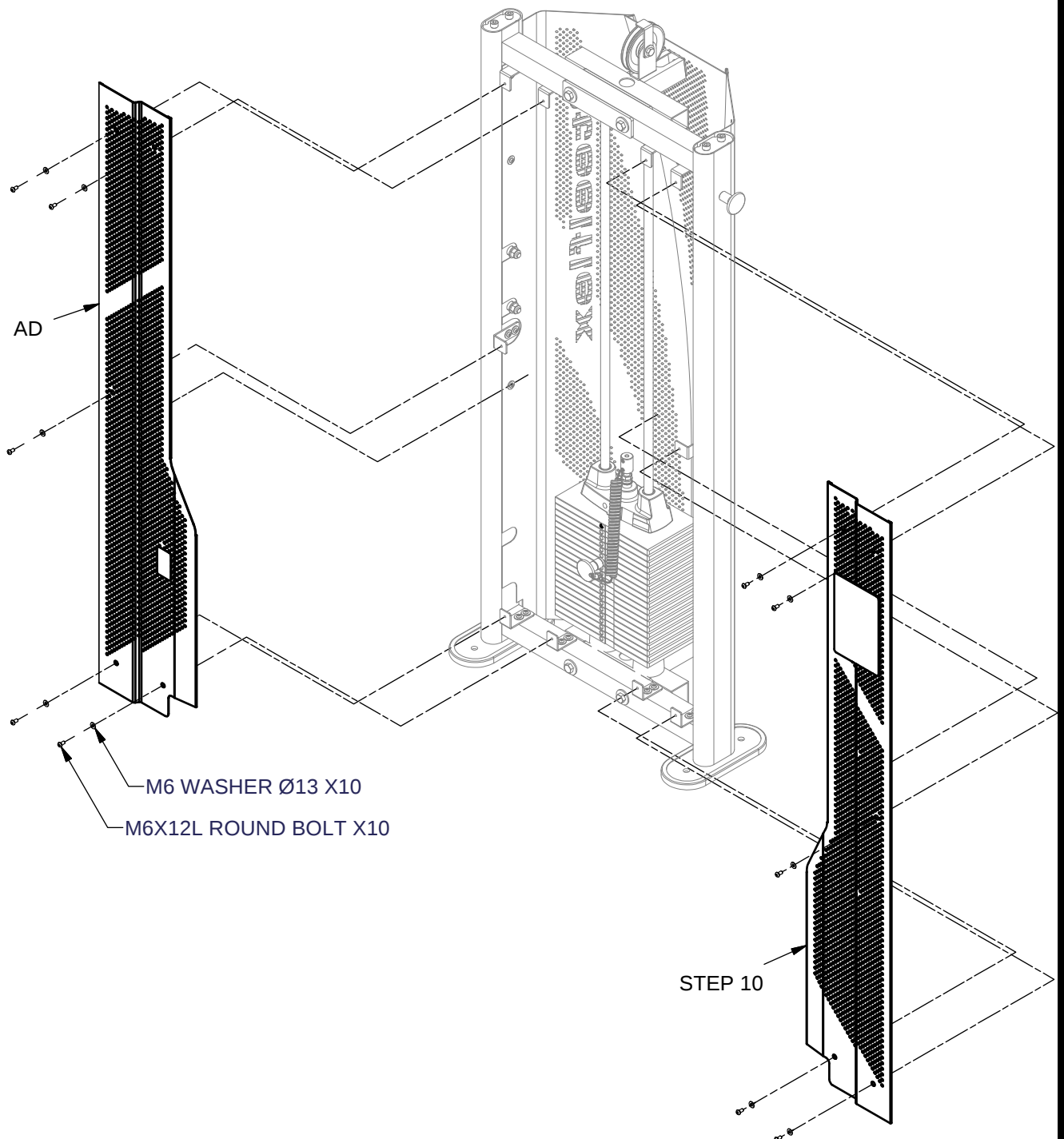
Above shows STEP 10
assembled and completed



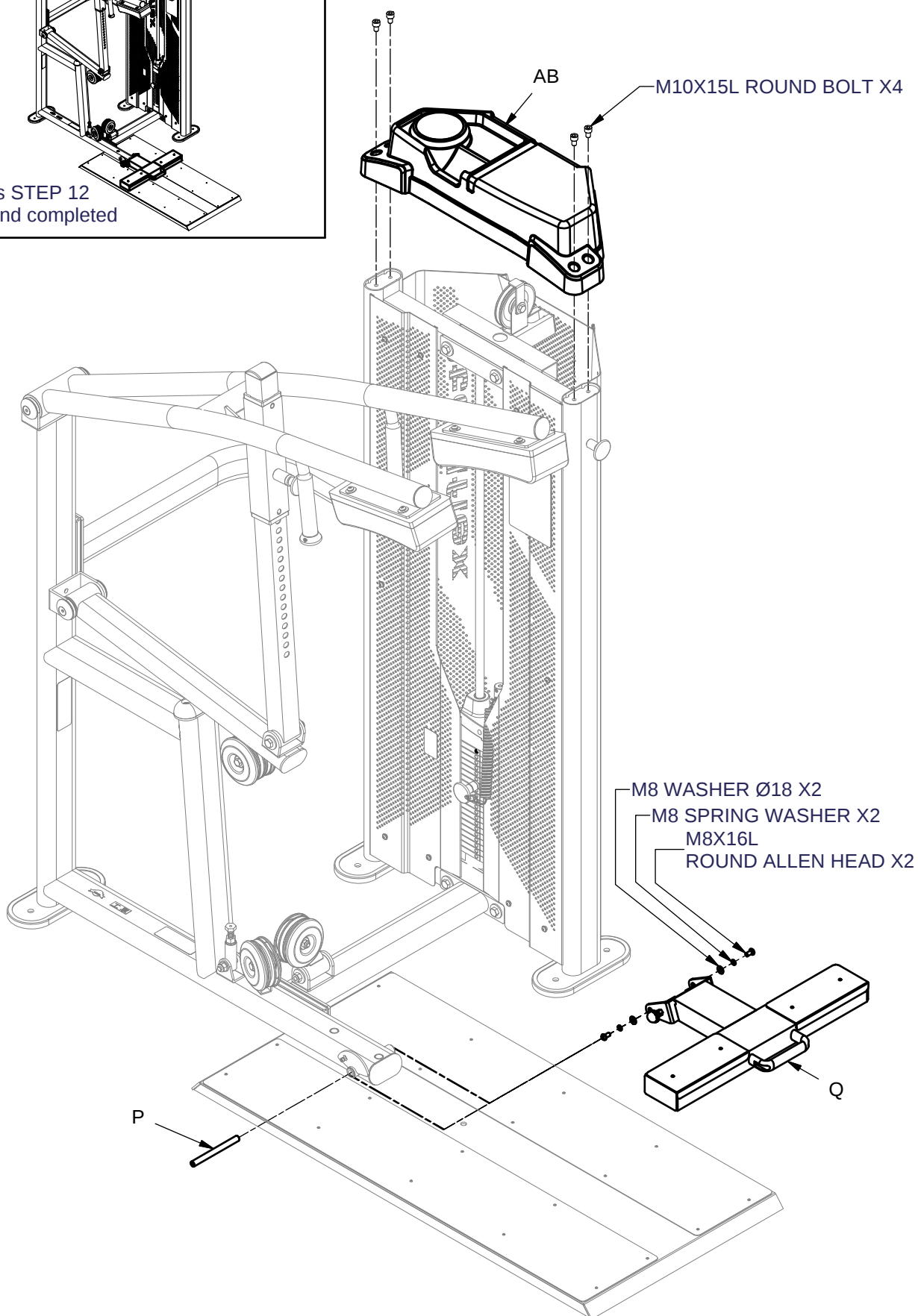
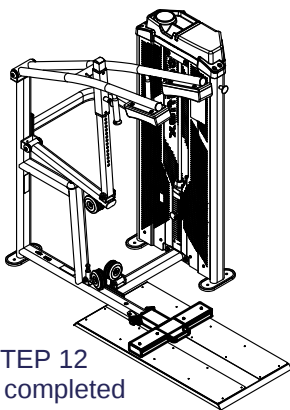
HCP2200 ASSEMBLY INSTRUCTIONS



Above shows STEP 11
assembled and completed



HCP2200 ASSEMBLY INSTRUCTIONS



HOPE ASSEMBLY INSTRUCTIONS

DECAL REFERENCE

MAINTENANCE SCHEDULE

Check the function and integrity of the following components. As noted, inspect equipment before each workout. Replace all damaged, broken or worn components immediately.

		W E E K L Y	D A I L Y
Cables:	Check tension, end fittings, and coating	✓	
	Check that locking nut at weight stack is tight	✓	
Upholstery:	Wipe down and dry	✓	
	Clean and condition	✓	
Frame:	Wipe down and dry	✓	
	Polish / Wax	✓	
Chrome:	Wipe down and dry	✓	
	Polish / Lubricate	✓	
Nut / Bolts / Fasteners:	Tighten and / or adjust as needed	✓	
Guide Rods:	Lubricate and clean	✓	
Linear Rods:	Lubricate and clean	✓	
Seat Sleeves:	Lubricate and clean	✓	
Adjustments / Locking Pins / Tightening Knobs		✓	
Weight Stack Pins		✓	
Warning Instruction Labels		✓	
Springs / Pop Pins		✓	
Anti Skid Surfaces		✓	
Hand Grips / Rollers		✓	

For Steelflex Customer Service
Call +886 2 27209980

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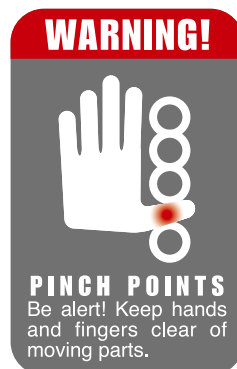
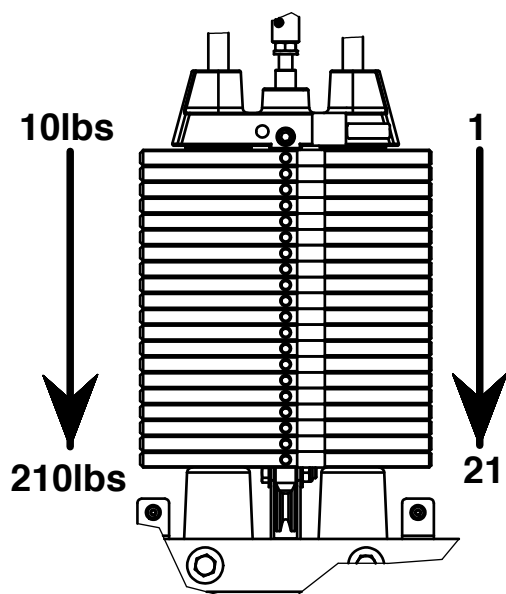
THERE IS A RISK ASSUMED BY INDIVIDUALS WHO USE THIS TYPE OF EQUIPMENT. TO MINIMIZE RISK, YOU MUST FOLLOW THESE RULES:

1. Inspect equipment before each workout. Check that all nuts, bolts, screws and pop pins are in place and fully tightened. Also, before use, check cables for signs of wear. Replace all worn parts immediately. Never use machine if any parts are damaged or missing.
2. Keep clear of the cables and all moving parts when the machine is in use.
3. Always make sure all Snap Links are closed when doing any cable/pulley/strap exercises.
4. Exercise with care. Perform your exercises at a smooth moderate pace; never perform jerky or uncoordinated movements that may cause injury.
5. It is recommended that you should workout with a training partner.
6. Do not allow children or minors to play on or around this equipment.
7. If unsure of proper use of equipment, call Steelflex Customer Service +886 2 27209980.
8. **WARNING:** Consult your physician before starting your exercise program. For your own safety, do not begin any exercise program without proper instruction.

9440-259



9440-047



9440-117