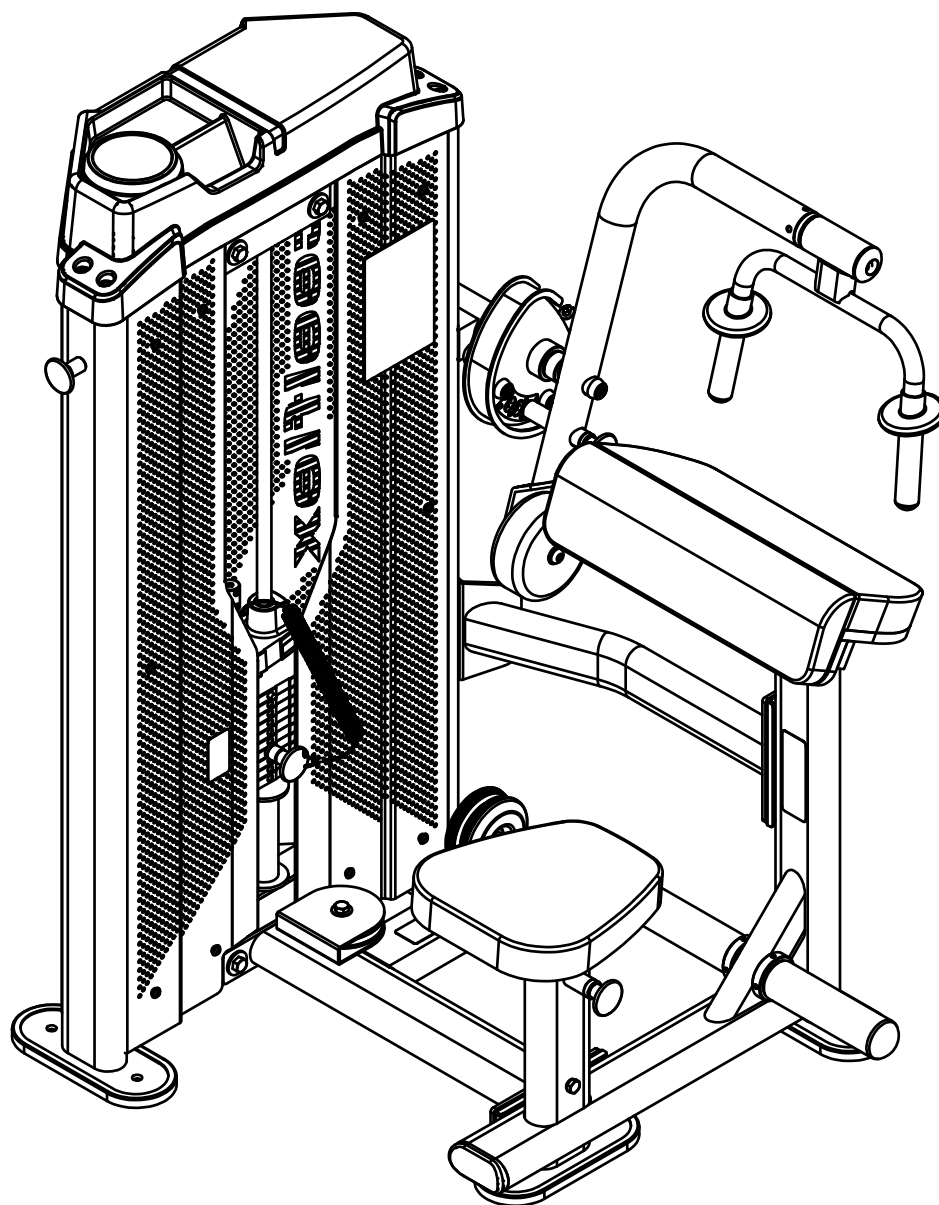


HOPE



Steelflex

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3F28, No.5, Shin-Yi Rd., Sec. 5, Taipei, Taiwan 110 R.O.C.

Tel: 886-2-27209980

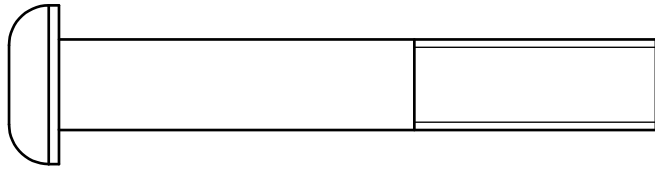
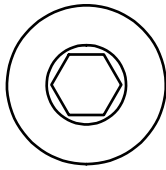
Fax: 886-2-27229750

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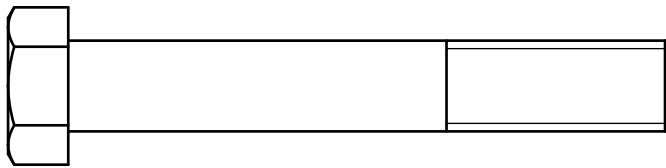
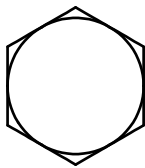
HTE-1200.2 OWNER'S MANUAL

HTE1200 ASSEMBLY INSTRUCTIONS

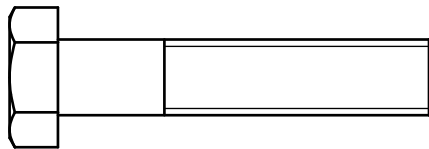
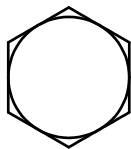
HARDWARE ILLUSTRATION



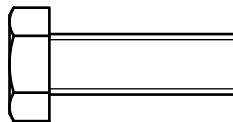
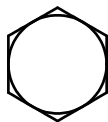
(A1)ROUND INNER HEX SCREW M12X80L PARTIAL THREAD QTY.1



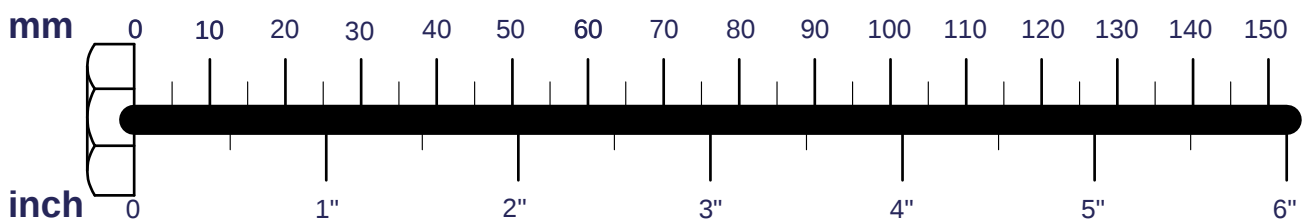
(A2)HEX BOLT M12X80L PARTIAL THREAD QTY.2



(A4)HEX BOLT M10X50L PARTIAL THREAD QTY.1

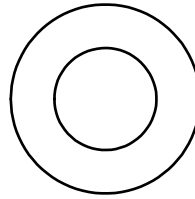
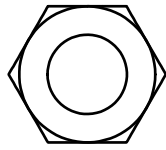


(A5)HEX BOLT M8X25L PARTIAL QTY.8



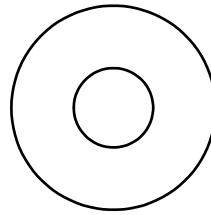
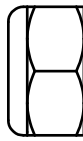
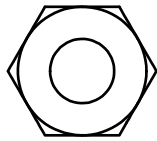
HTE1200 ASSEMBLY INSTRUCTIONS

HARDWARE ILLUSTRATION



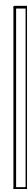
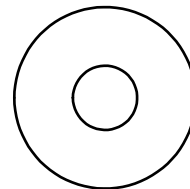
(B1)NYLON LOCK NUT M12 QTY.3

(C1)M12(I.D.)FLAT WASHER Ø25 QTY.6

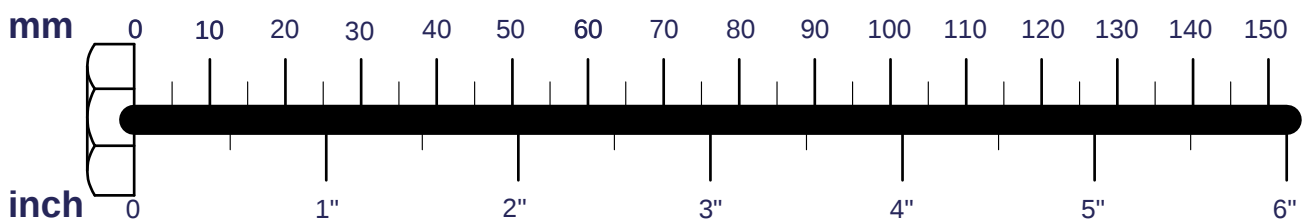


(B2)NYLON LOCK NUT M10 QTY.1

(C2)M10(I.D.)FLAT WASHER Ø27 QTY.2

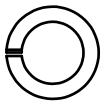


(C4)M8(I.D.)FLAT WASHER Ø24 QTY.8

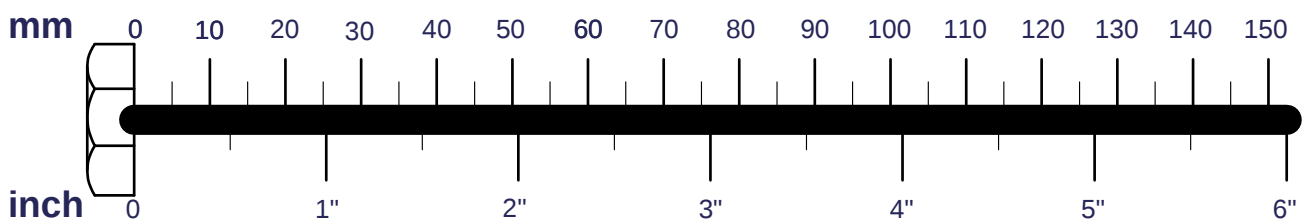


HTE1200 ASSEMBLY INSTRUCTIONS

HARDWARE ILLUSTRATION

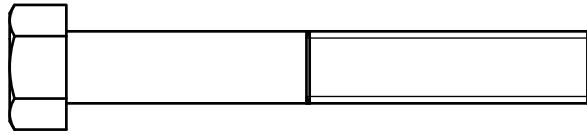
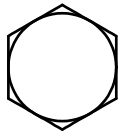


(C6)SPRING WASHER M8 QTY.8

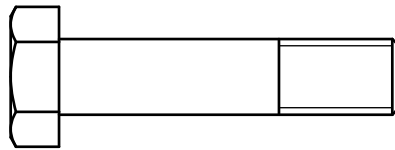
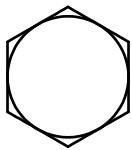


HTE1200 ASSEMBLY INSTRUCTIONS

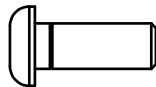
FRAME HARDWARE ILLUSTRATION



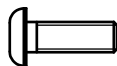
(AA2)HEX BOLT 3/8"X2-3/4"L PARTIAL THREAD QTY.1



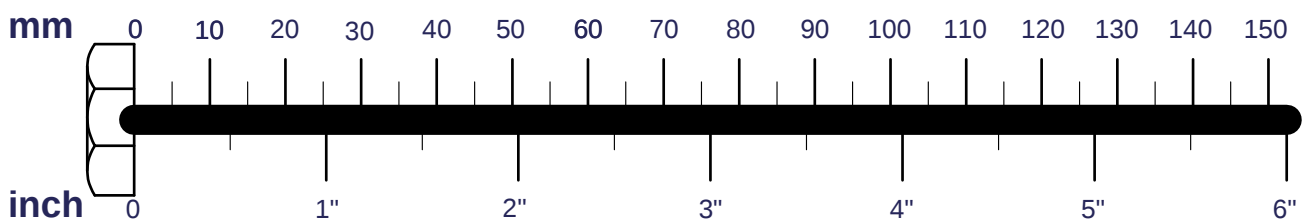
(AA3)HEX BOLT M10X45L PARTIAL THREAD QTY.2



(AA4)ROUND INNER HEX SCREW M6x16L PARTIAL THREAD QTY.24

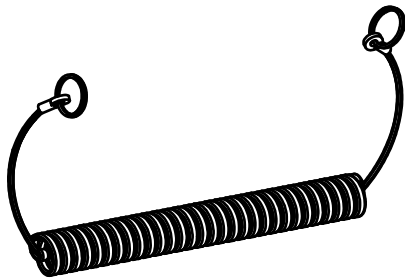


(AA5)ROUND INNER HEX SCREW M4x12L PARTIAL THREAD QTY.4

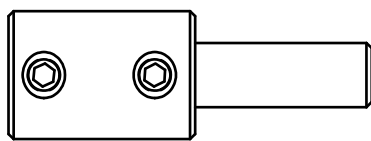


HTE1200 ASSEMBLY INSTRUCTIONS

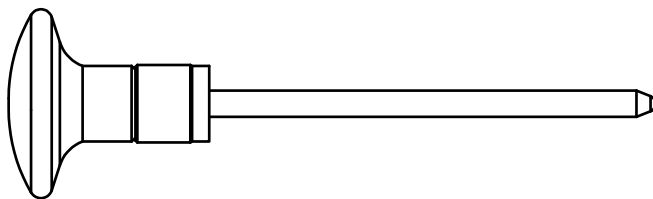
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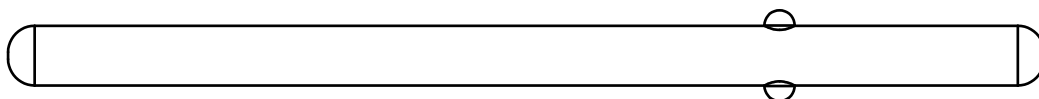
(AA7)ELASTIC BELT (F920003) QTY.1



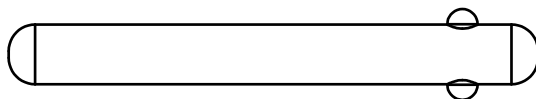
(AA8)RT3(8260-009) QTY.1



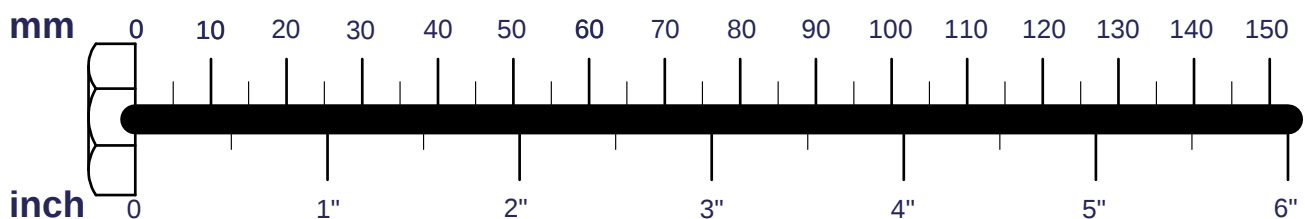
(AA9)20LB PIN(8250-152) QTY.1



(AA10)Ø5/16" FIXED PIN (8250-166) QTY.1

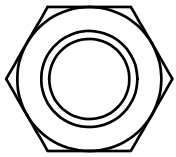


(AA11)Ø5/16" FIXED PIN (8250-167) QTY.1

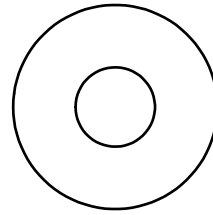


HTE1200 ASSEMBLY INSTRUCTIONS

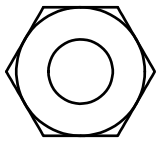
HARDWARE ILLUSTRATION



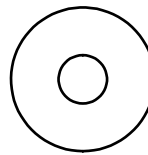
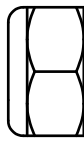
(BB1)1/2"NUT-13UNC QTY.1



(CC1)M10(I.D.)FLAT WASHER Ø27 QTY.5



(BB2)NYLON LOCK NUT M10 QTY.2



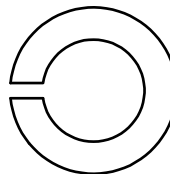
(CC2)M6(I.D.)FLAT WASHER Ø19 QTY.24



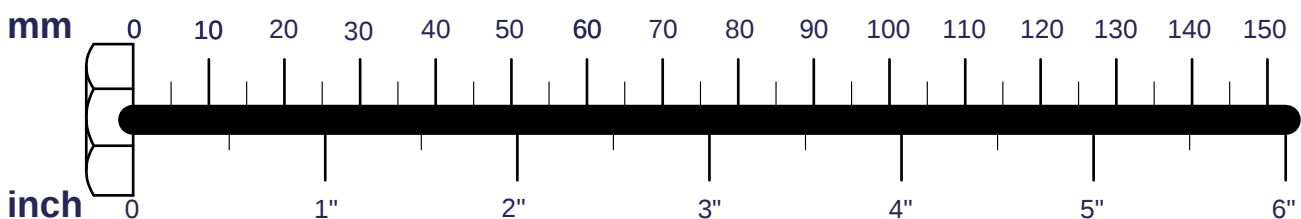
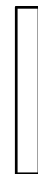
(BB3)NYLON LOCK NUT M4 QTY.4



(CC3)M4(I.D.)FLAT WASHER Ø10 QTY.8



(CC5)SPRING WASHER 1/2" QTY.1

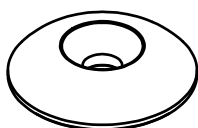


HTE1200 ASSEMBLY INSTRUCTIONS

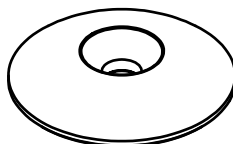
HARDWARE ILLUSTRATION

D1.Ø50 CAP COVER(8130-131)-----	[1PCS]
D2.Ø60 CAP COVER(8130-231)-----	[1PCS]
D3.THRUST BEARING(8510-008)-----	[1PCS]
D4.Ø38XØ26X1.5t CU WSAHER(8520-008)-----	[2PCS]
D5.HANDLEAR WITH COATING(9162-116)-----	[2PCS]
D6.Ø50 END CAP(9211-074)-----	[2PCS]
D7.50X100X2.0tX30H END CAP(9211-114)-----	[1PCS]
D8.Ø116X17 CAP COVER(9211-173)-----	[2PCS]
D9.Ø1" RUBBER PAD(9212-019)-----	[1PCS]
D10.108X14.5tX263L RUBBER PAD(9310-075)-----	[2PCS]
D11.Ø110X22 PULLEY (9213-002B)-----	[2PCS]
D12.3885mm STEEL CABLE(FHTE1200A1)-----	[1PCS]

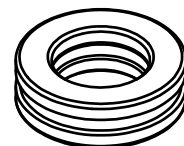
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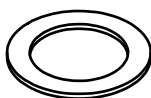
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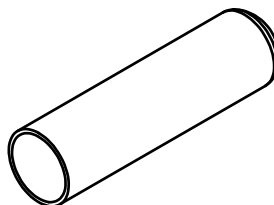
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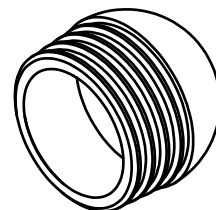
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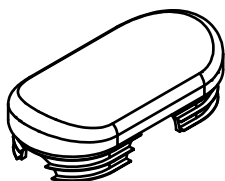
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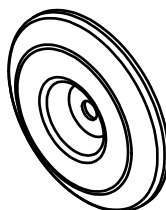
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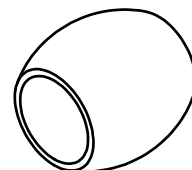
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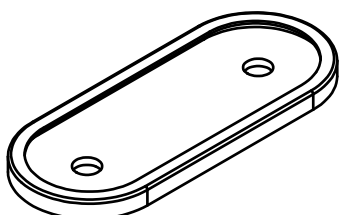
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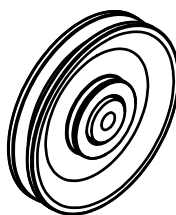
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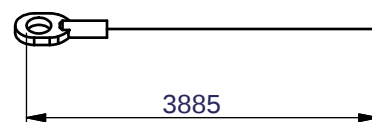
D10.



D11.



D12.



HTE1200 ASSEMBLY INSTRUCTIONS

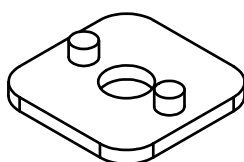
FARME HARDWARE ILLUSTRATION

DD1.Ø3/4" SHAFT COLLAR(9211-046)-----	[2PCS]
DD2.50X4tX50L RUBBER PAD(9214-002)-----	[3PCS]
DD3.Ø50X33.5L PLASTICS BAR(9215-024)-----	[1PCS]
DD4.Ø65XØ20X70L RUBBER DOUNT(9310-049)-----	[2PCS]
DD6.108X14.5tX263L RUBBER PAD(9310-075)-----	[2PCS]
DD7.Ø110X22 PULLEY (9213-002B)-----	[2PCS]

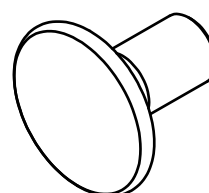
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DD2.



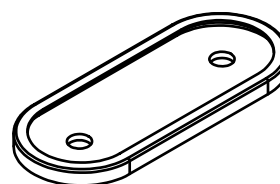
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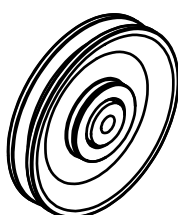
DD4.



DD6.



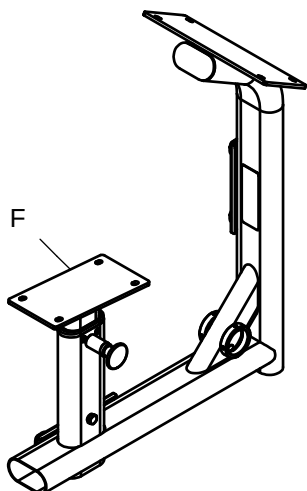
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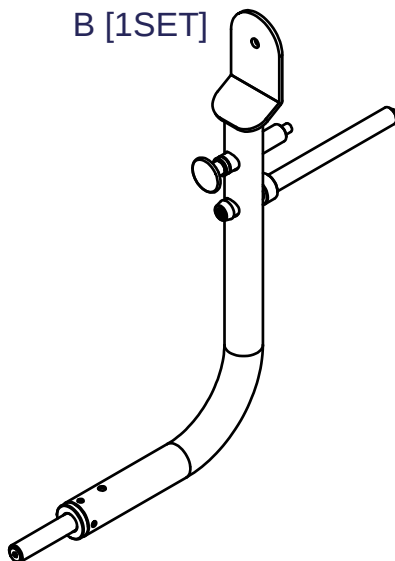
HTE1200 ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

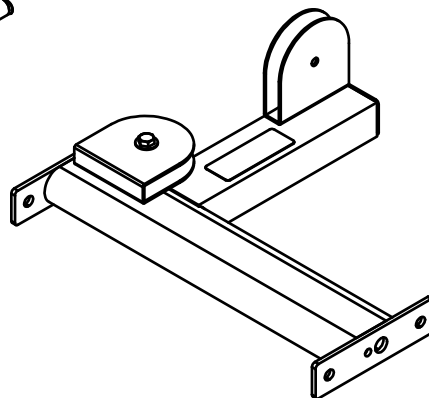
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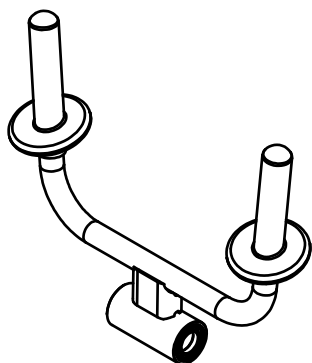
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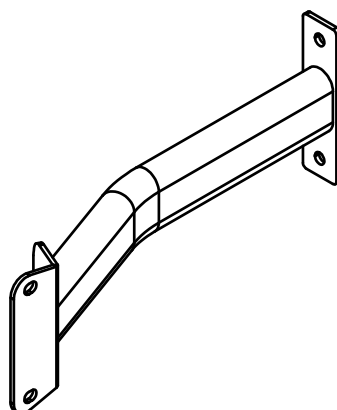
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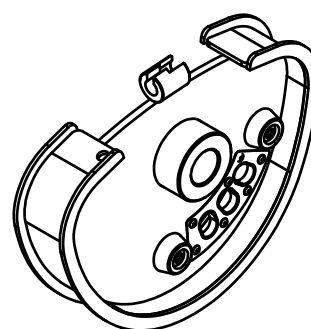
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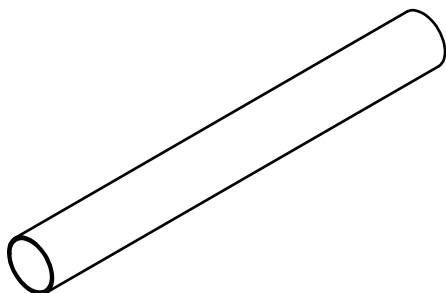
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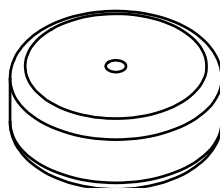
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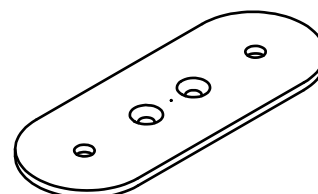
H [1PCS]
5355-K002



I [1PCS]
8230-023



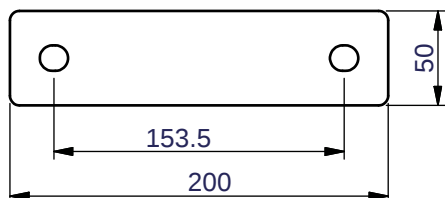
J [2PCS]
8313-188



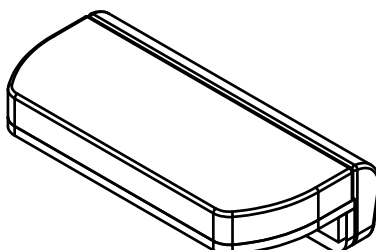
HTE1200 ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

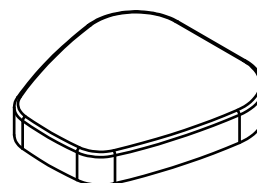
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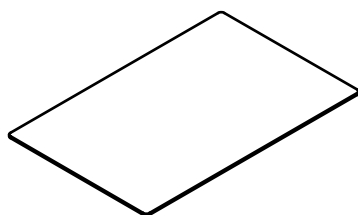
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9131-051



M [1SET]
9121-094



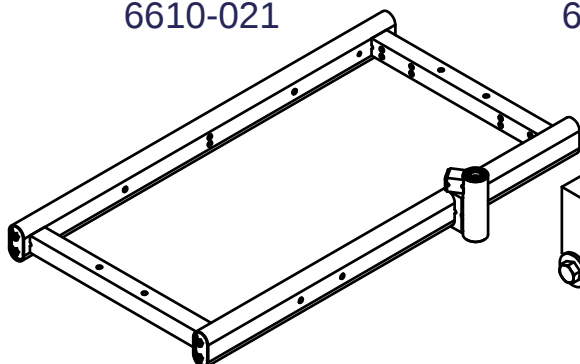
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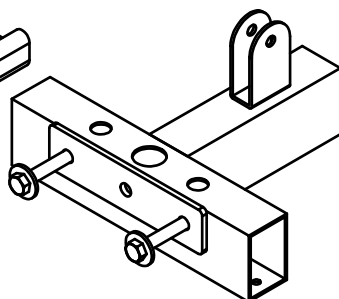
HTE1200 ASSEMBLY INSTRUCTIONS

FARME PARTS ILLUSTRATION SHEET

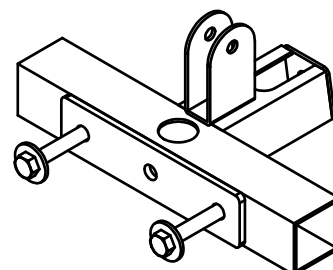
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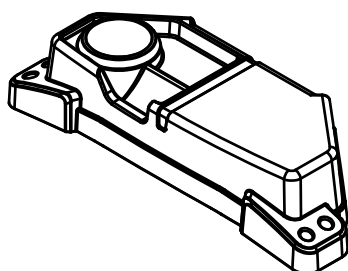
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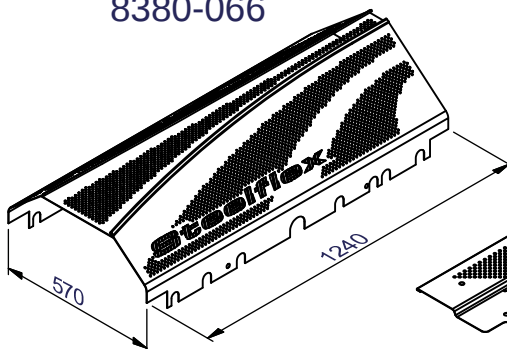
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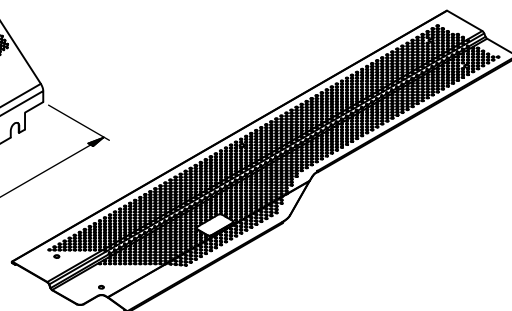
AD [1PCS]
9211170-023



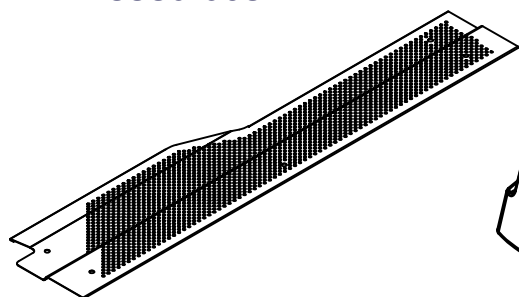
AE [1PCS]
8380-066



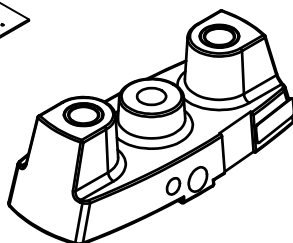
AF [1SET]
8380-067



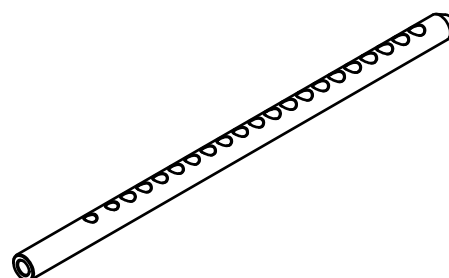
AG [1PCS]
8380-068



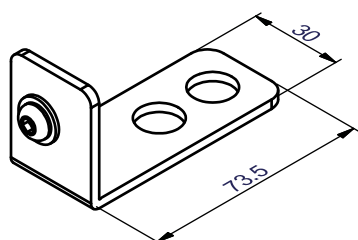
AH [1SET]
8400-006



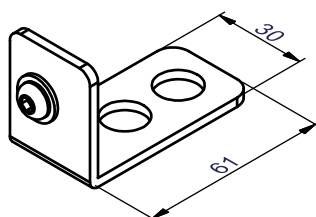
AI1[1PCS]
8210-191



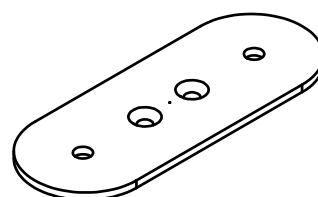
AJ[6SET]
8331-064



AK[4SET]
8331-065



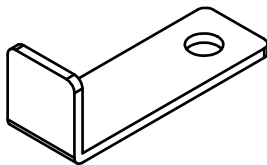
AL[2PCS]
8313-188



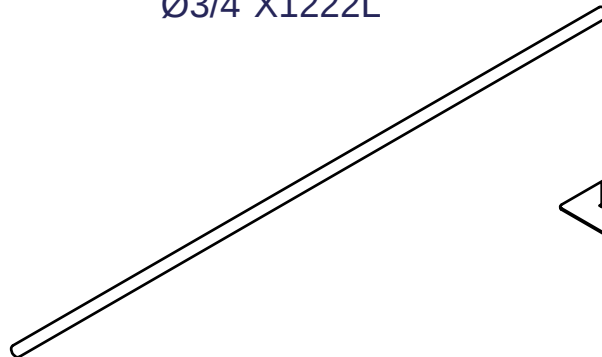
HTE1200 ASSEMBLY INSTRUCTIONS

FARME PARTS ILLUSTRATION SHEET

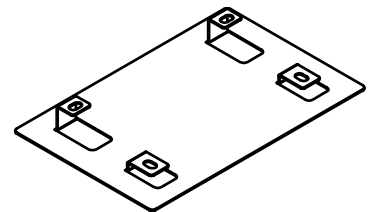
AM [1PCS]
8331-017



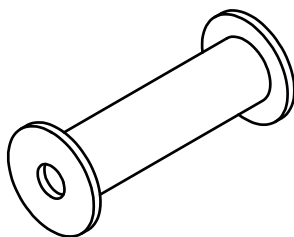
AN1 [2PCS]
8280-036
Ø3/4"X1222L



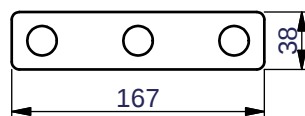
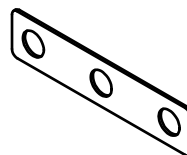
AO [1PCS]
8345-014



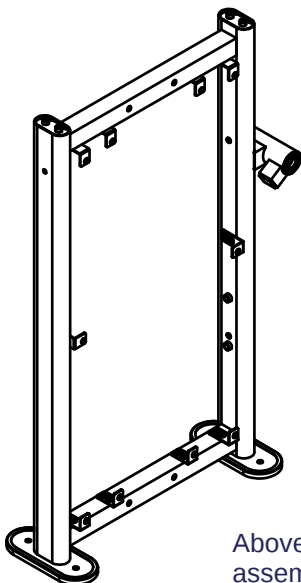
AP [2SET]
6670-004



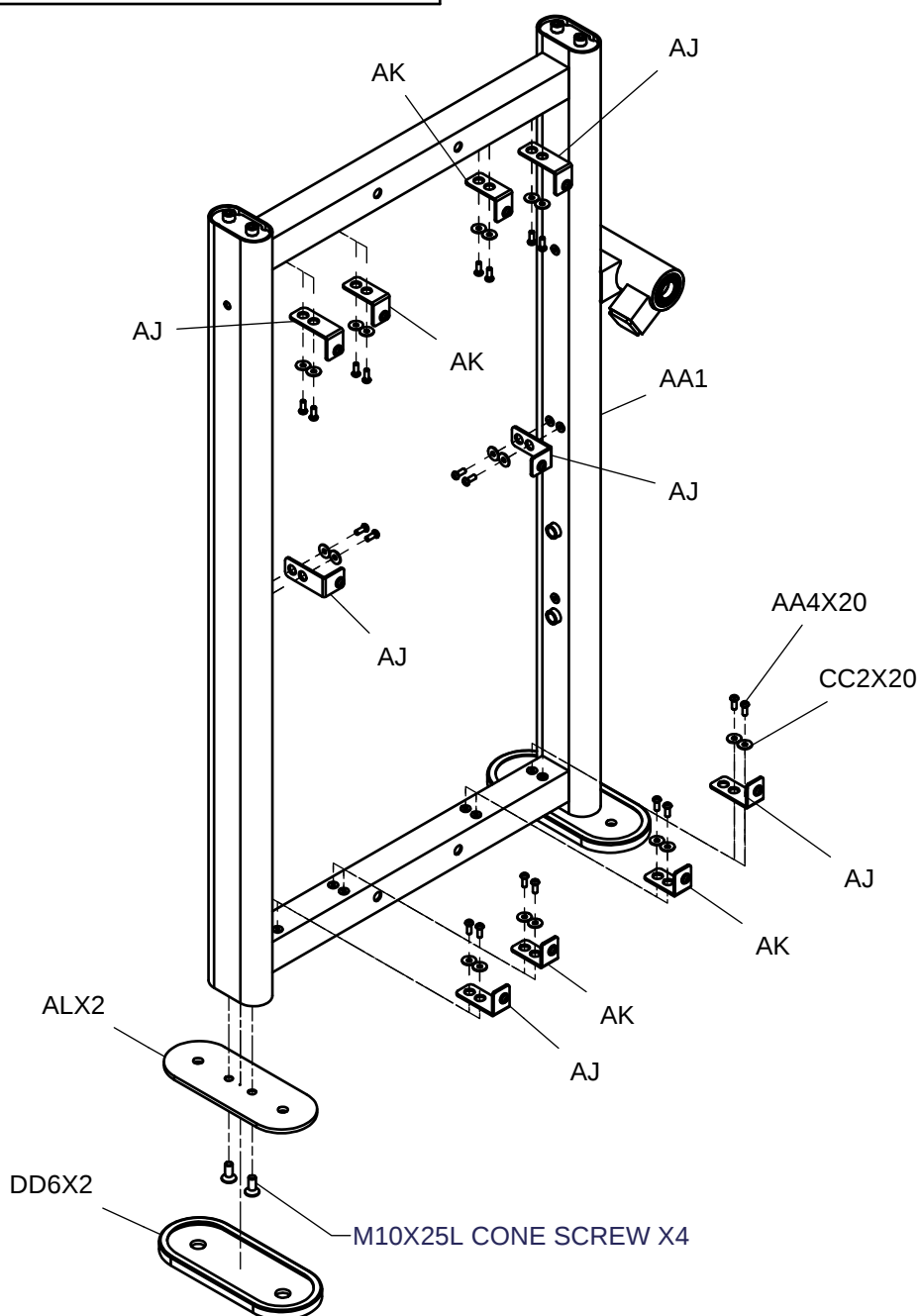
AQ[1PCS]
8311-194



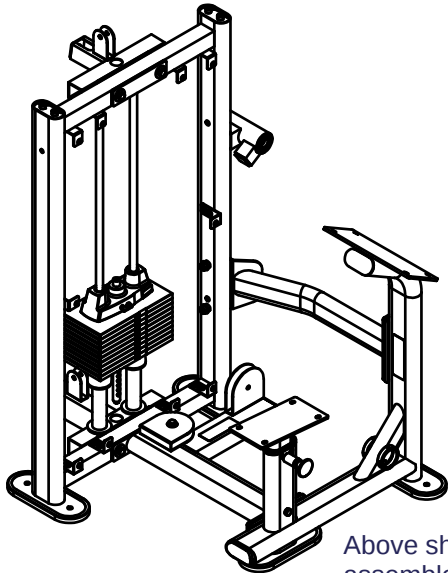
HTE1200 ASSEMBLY INSTRUCTIONS



Above shows STEP 1
assembled and completed



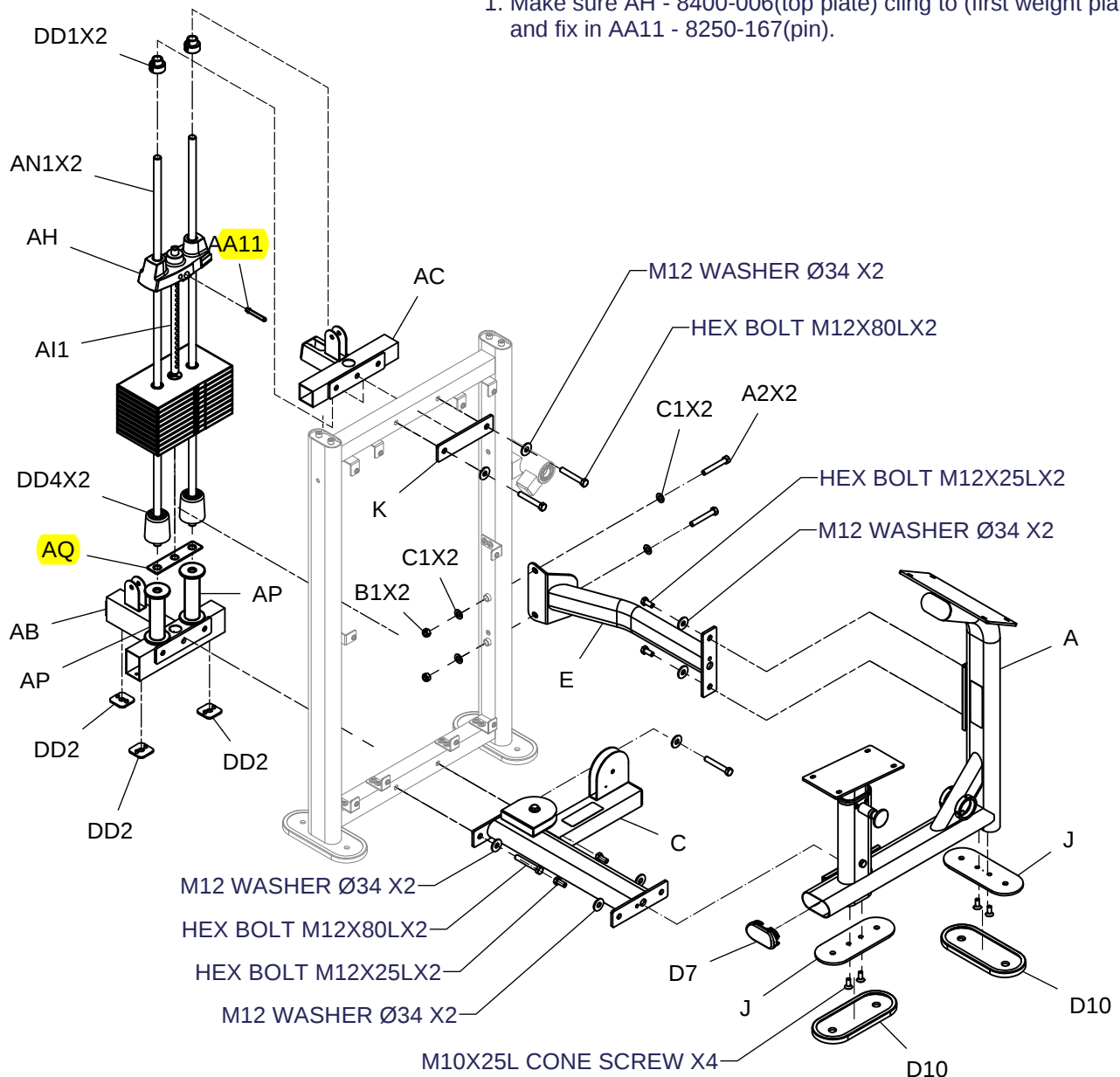
HTE1200 ASSEMBLY INSTRUCTIONS



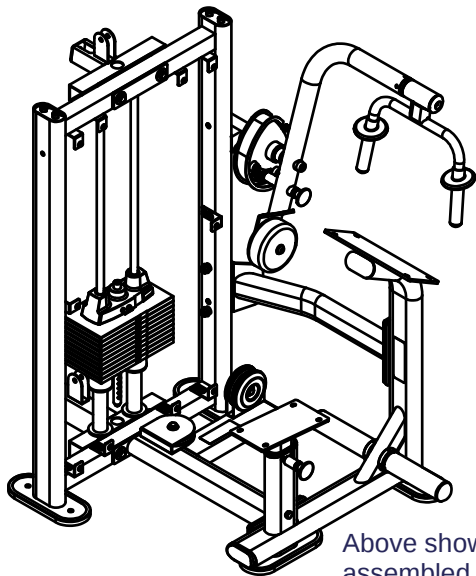
Above shows STEP 2
assembled and completed

NOTE:

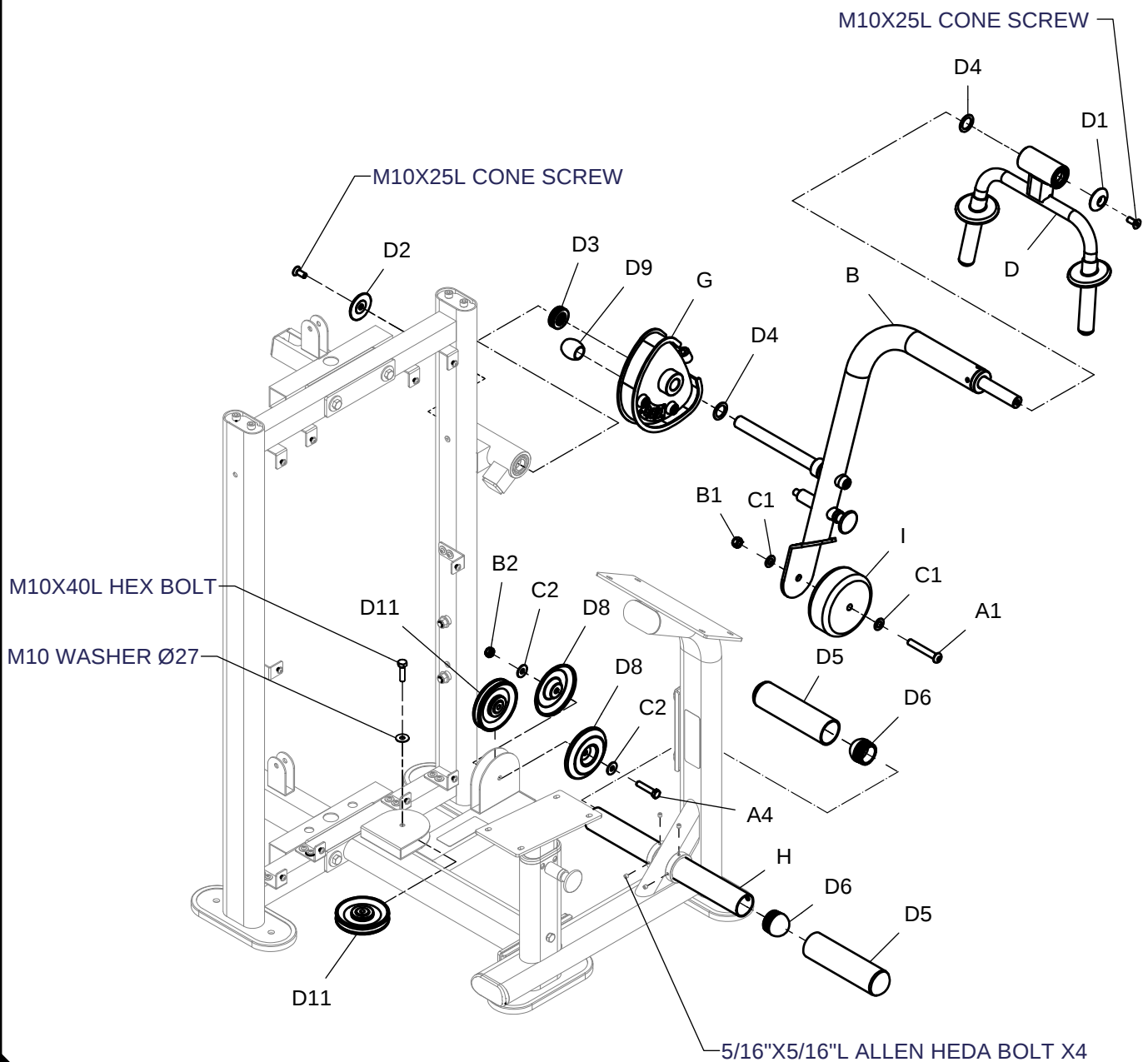
1. Make sure AH - 8400-006(top plate) cling to (first weight plate) and fix in AA11 - 8250-167(pin).



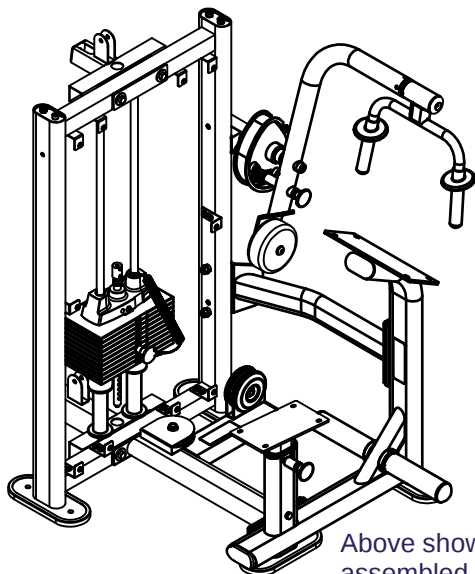
HTE1200 ASSEMBLY INSTRUCTIONS



Above shows STEP 3
assembled and completed



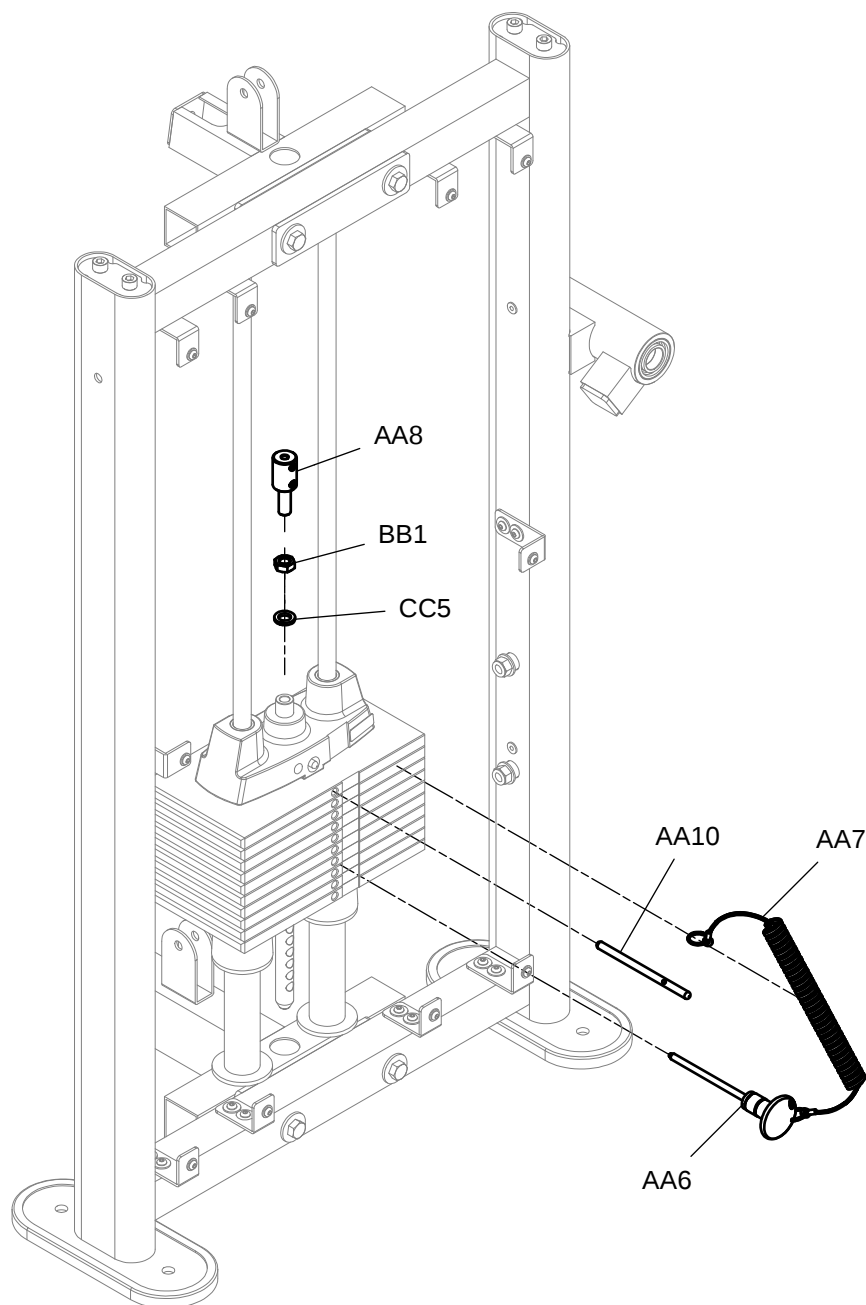
HTE1200 ASSEMBLY INSTRUCTIONS



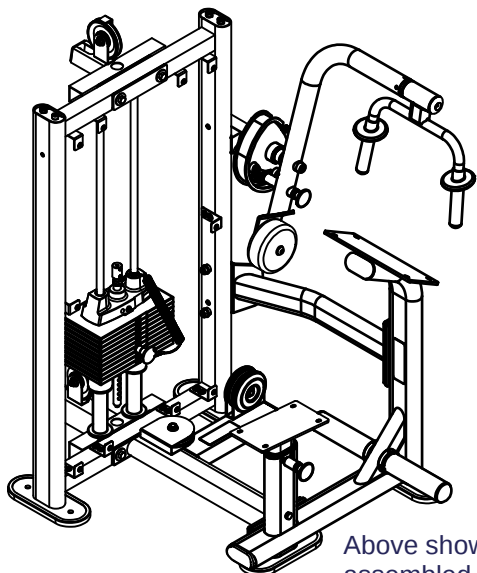
Above shows STEP 4
assembled and completed

NOTE:

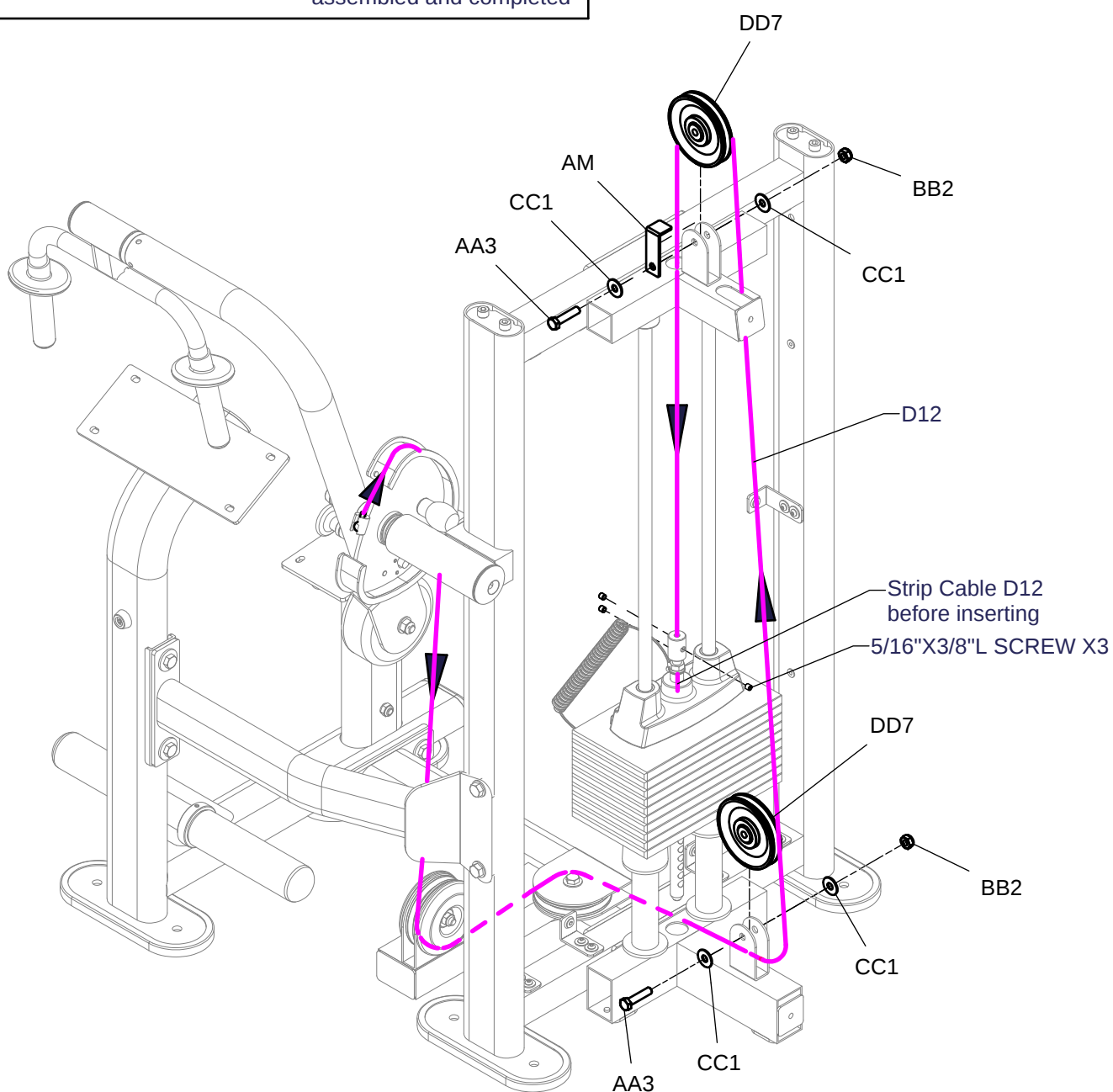
1. Place AA10 - 8250-166 (pin) into the first weight plate.
2. Place AA9 - 8250-152 (weight stack pin) into the hole 20th of the weight stack.
3. Finally remove AA9 - 8250-152 (weight stack pin) and use as usual.



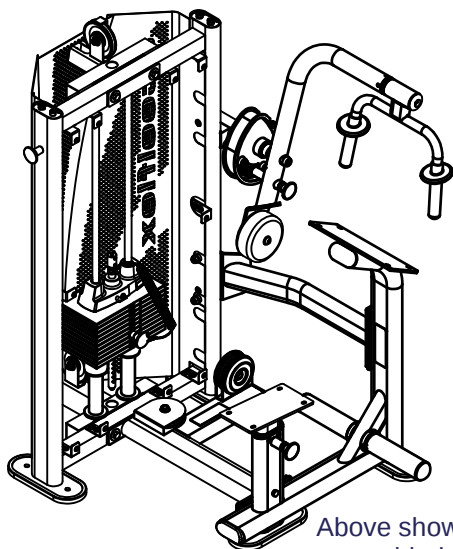
HTE1200 ASSEMBLY INSTRUCTIONS



Above shows STEP 5
assembled and completed

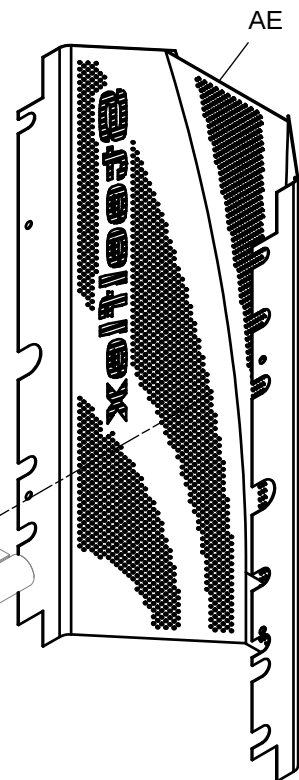


HTE1200 ASSEMBLY INSTRUCTIONS

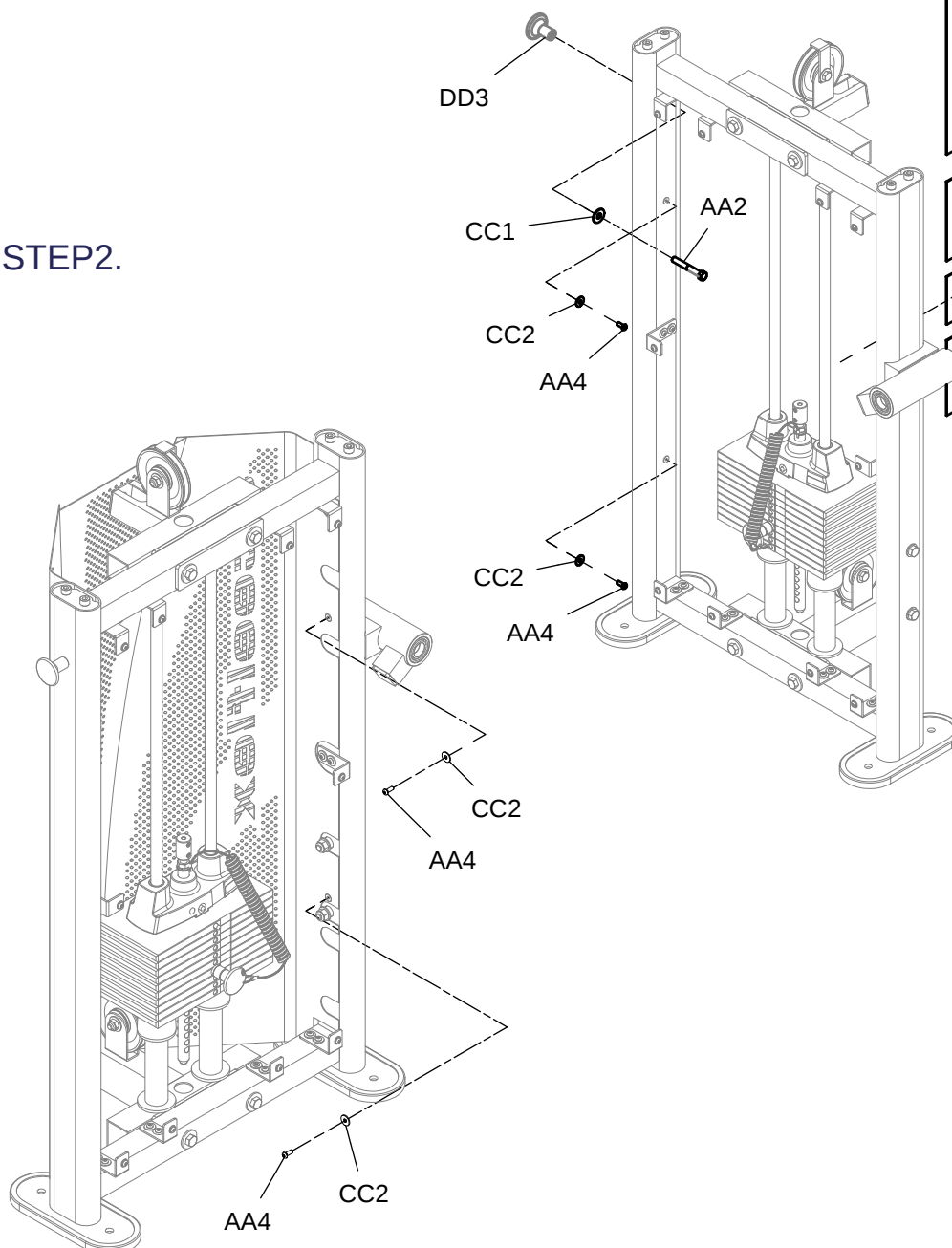


Above shows STEP 6
assembled and completed

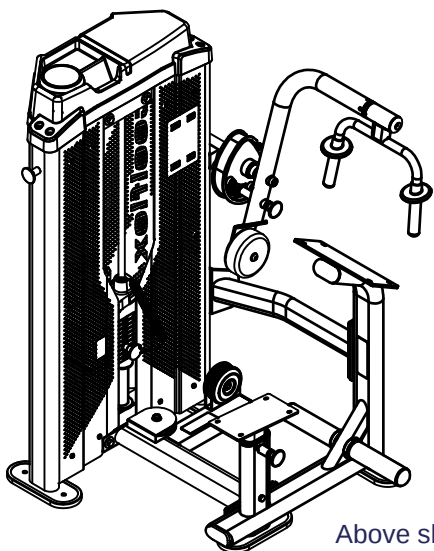
STEP1.



STEP2.

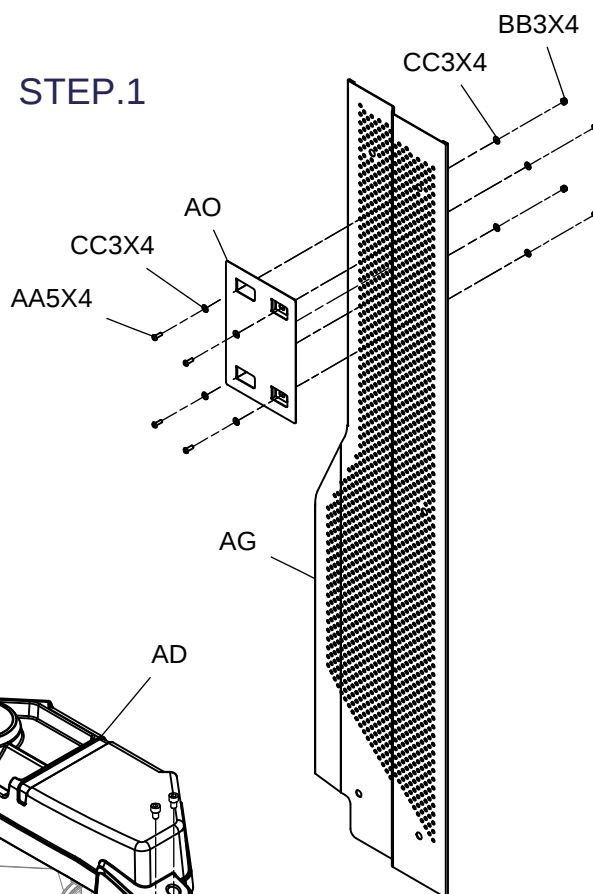


HTE1200 ASSEMBLY INSTRUCTIONS



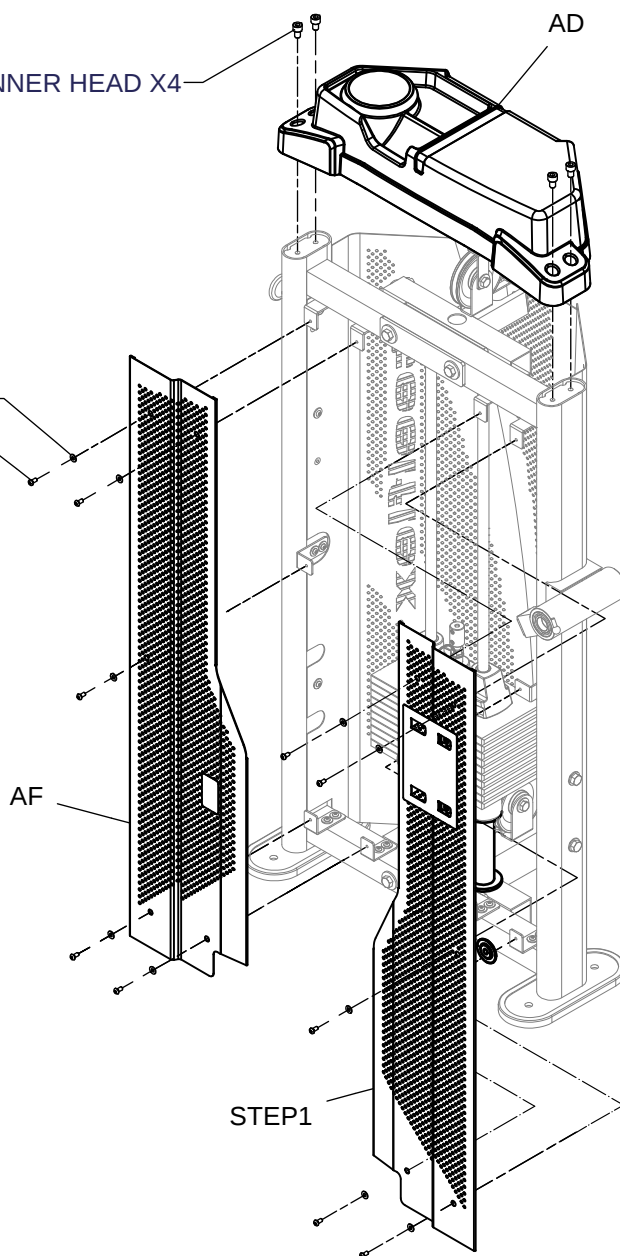
Above shows STEP 7
assembled and completed

STEP.1

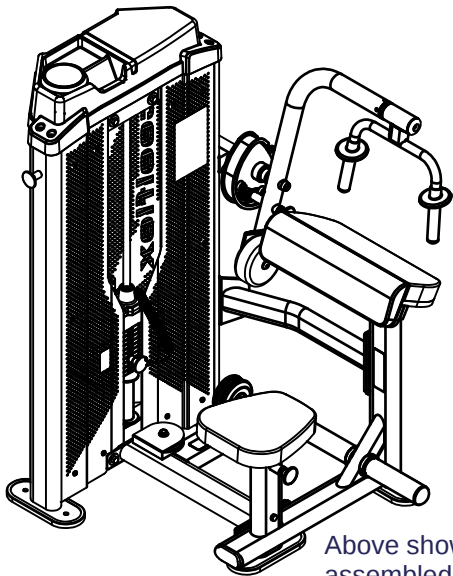


M10X15L ROUND INNER HEAD X4

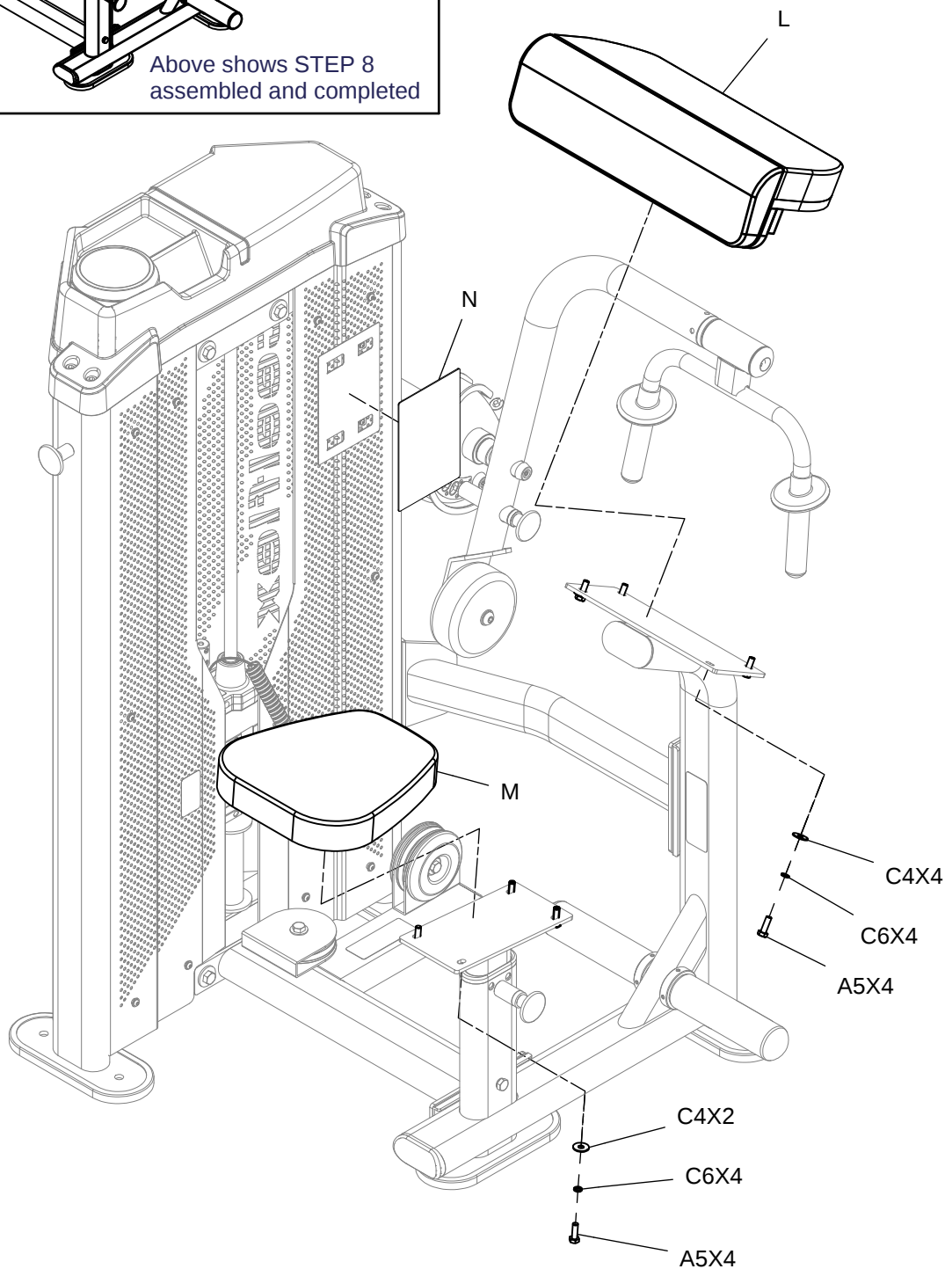
M6 WASHER Ø16 X10
ROUND BOLT M6X16L X10



HTE1200 ASSEMBLY INSTRUCTIONS



Above shows STEP 8
assembled and completed



HOPE ASSEMBLY INSTRUCTIONS

DECAL REFERENCE

MAINTENANCE SCHEDULE

Check the function and integrity of the following components. As noted, inspect equipment before each workout. Replace all damaged, broken or worn components immediately.

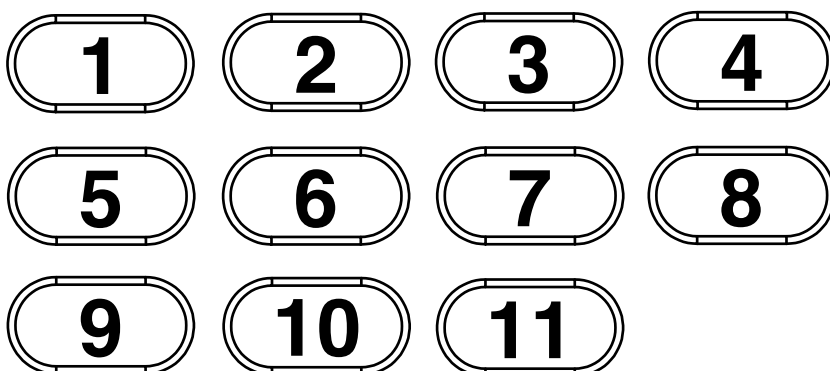
		W	D	E	A	I	L	L	Y
Cables:	Check tension, end fittings, and coating	✓							
	Check that locking nut at weight stack is tight		✓						
Upholstery:	Wipe down and dry	✓							
	Clean and condition		✓						
Frame:	Wipe down and dry	✓							
	Polish / Wax		✓						
Chrome:	Wipe down and dry	✓							
	Polish / Lubricate		✓						
Nut / Bolts / Fasteners:	Tighten and / or adjust as needed		✓						
Guide Rods:	Lubricate and clean		✓						
Linear Rods:	Lubricate and clean		✓						
Seat Sleeves:	Lubricate and clean		✓						
Adjustments / Locking Pins / Tightening Knobs			✓						
Weight Stack Pins			✓						
Warning Instruction Labels			✓						
Springs / Pop Pins		✓							
Anti Skid Surfaces			✓						
Hand Grips / Rollers			✓						

For Steelflex Customer Service
Call +886 2 27209980

THERE IS A RISK ASSUMED BY INDIVIDUALS WHO USE THIS TYPE OF EQUIPMENT. TO MINIMIZE RISK, YOU MUST FOLLOW THESE RULES:

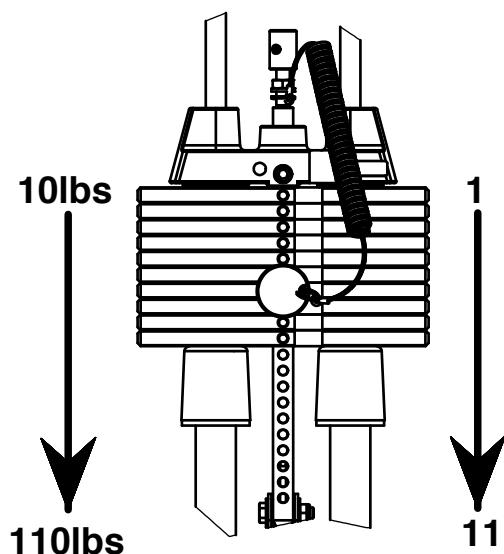
1. Inspect equipment before each workout. Check that all nuts, bolts, screws and pop pins are in place and fully tightened. Also, before use, check cables for signs of wear. Replace all worn parts immediately. Never use machine if any parts are damaged or missing.
2. Keep clear of the cables and all moving parts when the machine is in use.
3. Always make sure all Snap Links are closed when doing any cable/pulley/strap exercises.
4. Exercise with care. Perform your exercises at a smooth moderate pace; never perform jerky or uncoordinated movements that may cause injury.
5. It is recommended that you should workout with a training partner.
6. Do not allow children or minors to play on or around this equipment.
7. If unsure of proper use of equipment, call Steelflex Customer Service +886 2 27209980.
8. **WARNING:** Consult your physician before starting your exercise program. For your own safety, do not begin any exercise program without proper instruction.

9440-259

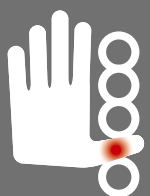


9440-274

9440-258



WARNING!



PINCH POINTS

Be alert! Keep hands and fingers clear of moving parts.

9440-117