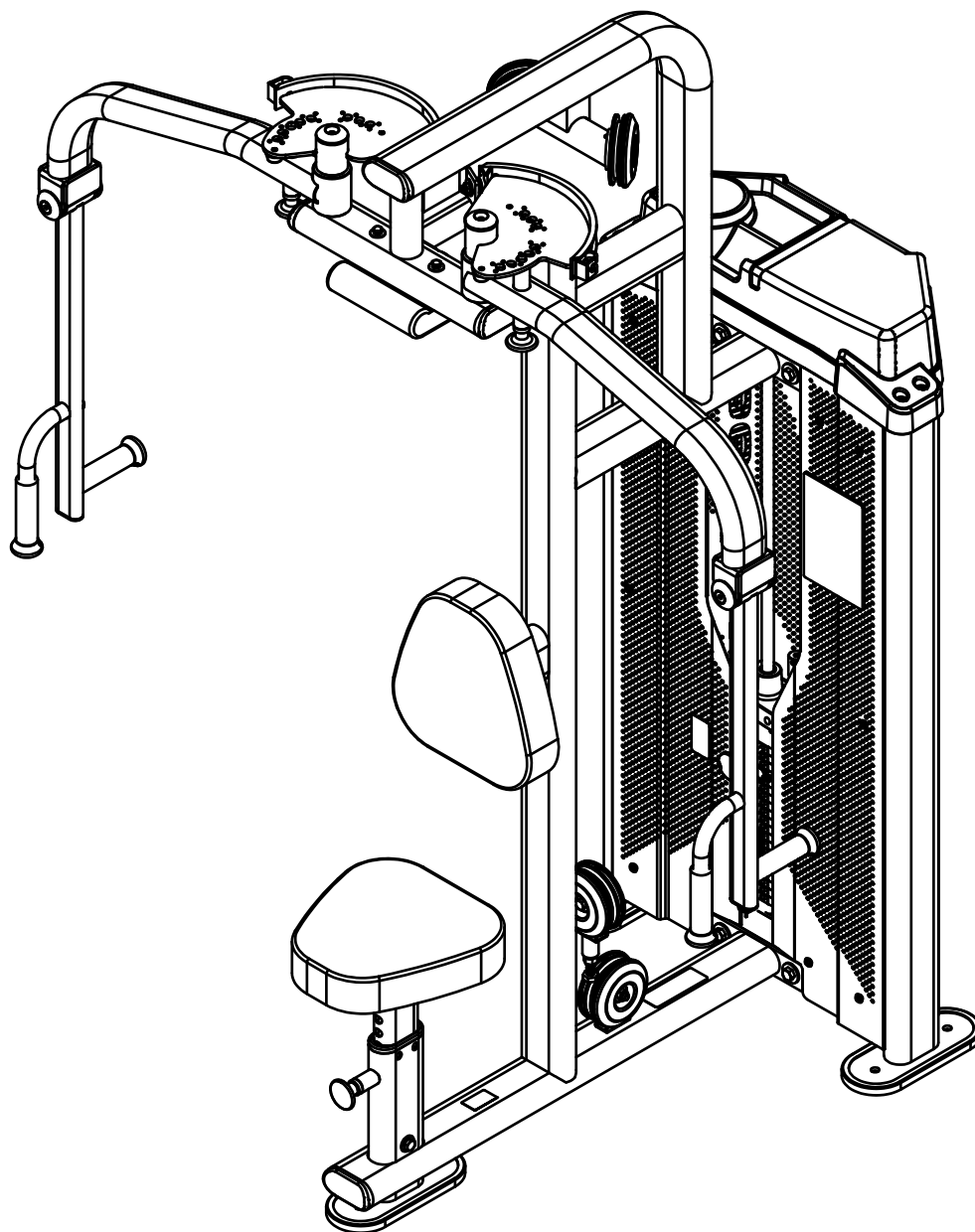


HPD



Steelflex

JOONG CHENN INDUSTRY CO., LTD.

Sales Office:

3F28, No.5, Shin-Yi Rd., Sec. 5, Taipei, Taiwan 110 R.O.C.

Tel: 886-2-27209980

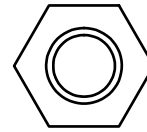
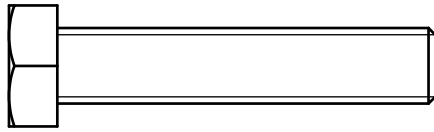
Fax: 886-2-27229750

www.steelflexfitness.com

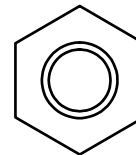
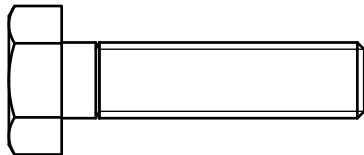
HPD-700.3 OWNER'S MANUAL

HPD-700 ASSEMBLY INSTRUCTIONS

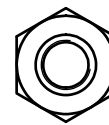
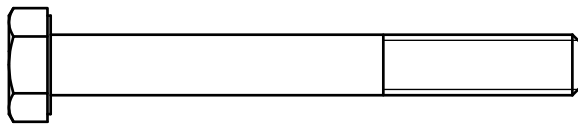
HARDWARE ILLUSTRATION



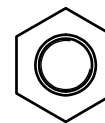
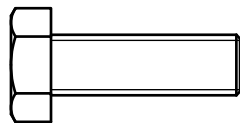
(A1)HEX BOLT M10X50L PARTIAL THREAD QTY.2



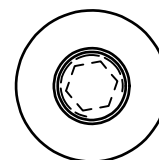
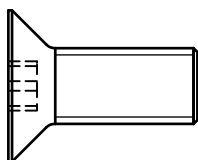
(A2)HEX BOLT M10X40L PARTIAL THREAD QTY.2



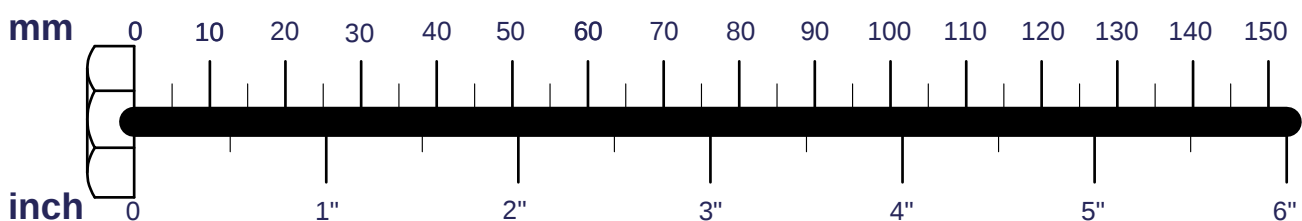
(A4)HEX BOLT M8X70L PARTIAL THREAD QTY.2



(A5)HEX BOLT M8X25L PARTIAL THREAD QTY.8

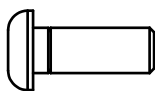


(A6)CONE SCREW M10X25L PARTIAL THREAD QTY.8

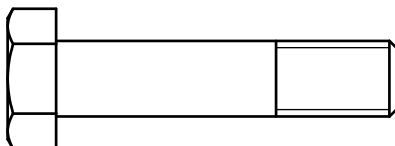
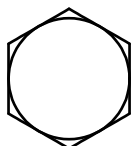


HPD-700 ASSEMBLY INSTRUCTIONS

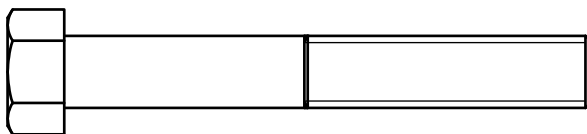
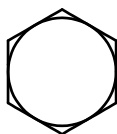
FRAME HARDWARE ILLUSTRATION FOR DOOR



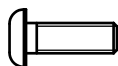
(AA1)ROUND ALLEN HEAD M6X16L PARTIAL THREAD QTY.24



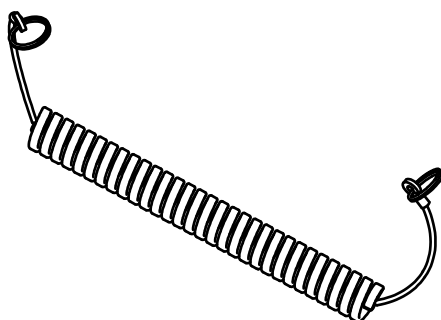
(AA2)HEX BOLT M10X45L PARTIAL THREAD QTY.2



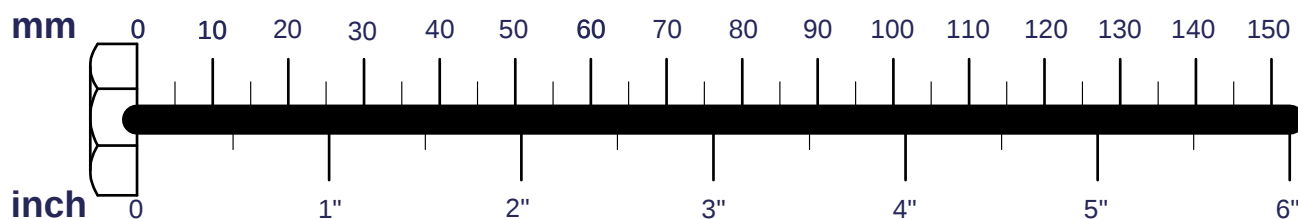
(AA4)HEX BOLT 3/8"X2-3/4"L PARTIAL THREAD QTY.1



(AA5)ROUND ALLEN HEAD M4X12L PARTIAL THREAD QTY.4

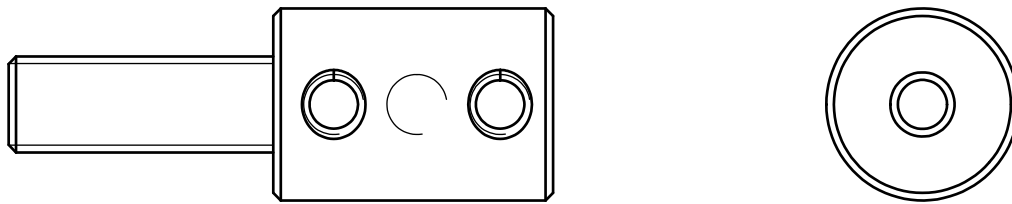


(AA6)ELASTIC BELT (F920003) QTY.1

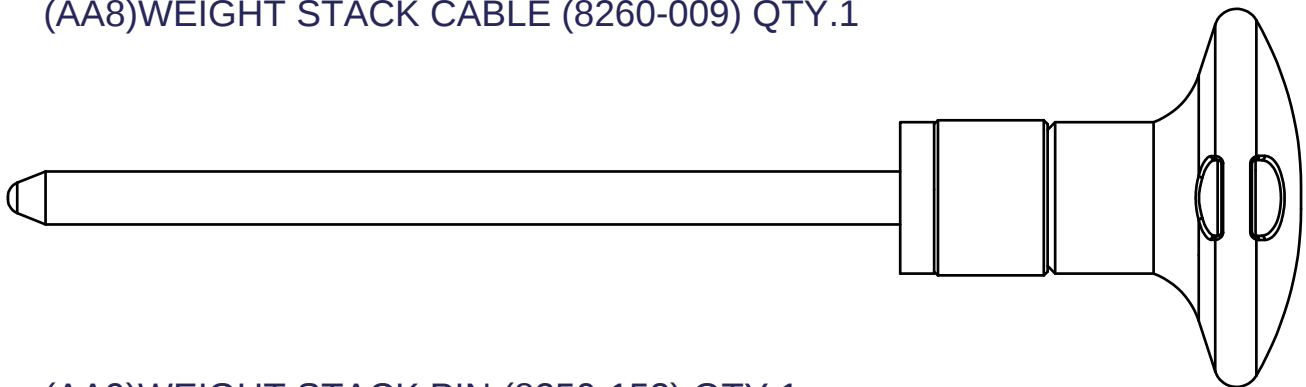


HPD-700 ASSEMBLY INSTRUCTIONS

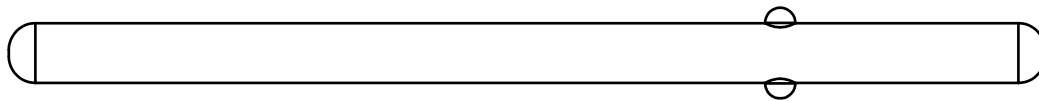
FRAME HARDWARE ILLUSTRATION FOR DOOR



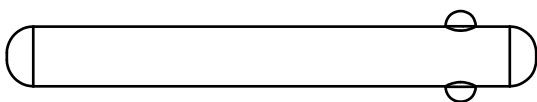
(AA8)WEIGHT STACK CABLE (8260-009) QTY.1



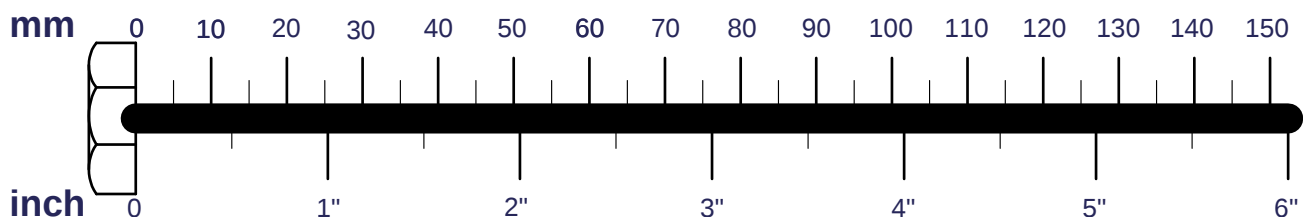
(AA9)WEIGHT STACK PIN (8250-152) QTY.1



(AA10)Ø5/16" FIXED PIN (8250-166) QTY.1

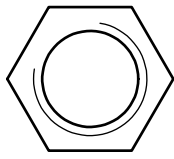


(AA11)Ø5/16" FIXED PIN (8250-167) QTY.1

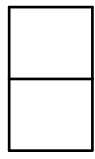


HPD-700 ASSEMBLY INSTRUCTIONS

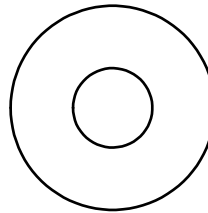
HARDWARE ILLUSTRATION



(B1) LOCK NUT 1/2" X13UNC QTY.1



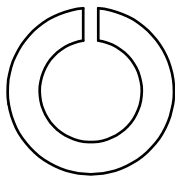
(B2) NYLON LOCK NUT M10 QTY.2



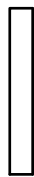
(C3) M10(I.D.) FLAT WASHER Ø27 QTY.6



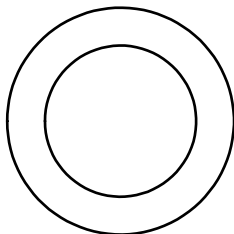
(C6) M8(I.D.) FLAT WASHER Ø24 QTY.10



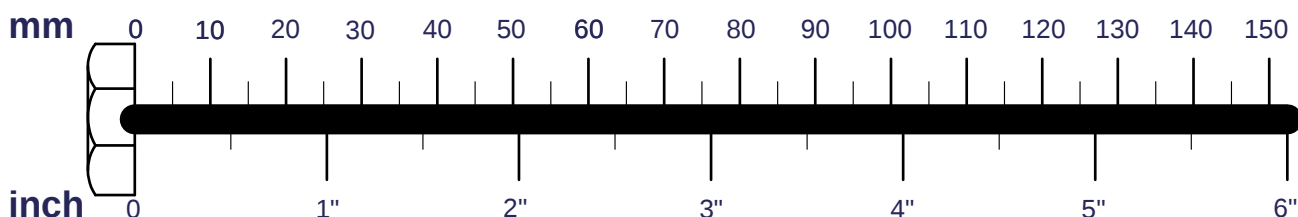
(C1) 1/2" SPRING WASHER QTY.1



(C7) M8 SPRING WASHER QTY.10

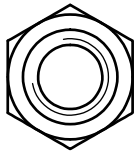


(C2) M20(I.D.) FLAT WASHER Ø30 QTY.4

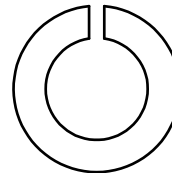
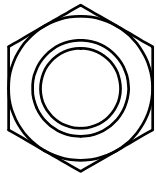


HPD-700 ASSEMBLY INSTRUCTIONS

FRAME HARDWARE ILLUSTRATION FOR DOOR



(BB1)NYLON LOCK NUT M10 QTY.2



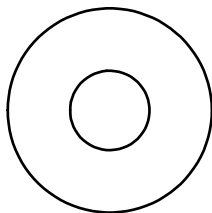
(BB2)LOCK NUT 1/2"X13 UNC QTY.1

(CC4)1/2" SPRING WASHER QTY.1

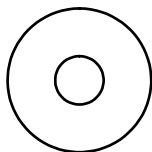


(BB3)NYLON LOCK NUT M4 QTY.4

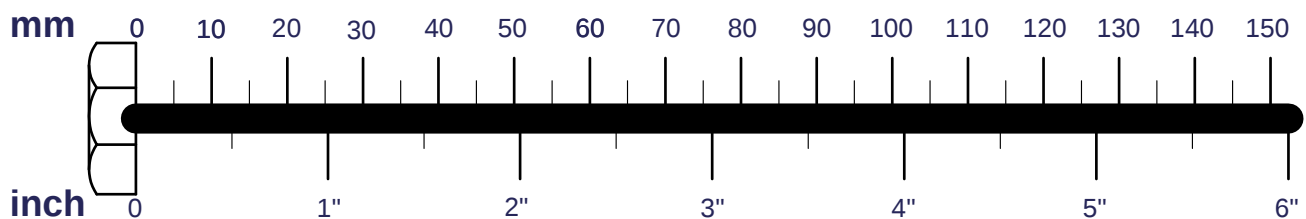
(CC5)M4(I.D.)FLAT WASHER Ø10 QTY.8



(CC1)M10(I.D.)FLAT WASHER Ø27 QTY.5



(CC2)M6(I.D.)FLAT WASHER Ø19 QTY.24

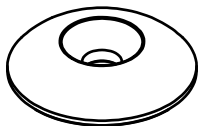


HPD-700 ASSEMBLY INSTRUCTIONS

HARDWARE ILLUSTRATION

D1. ø50 End Cap (8130-131)	-----	[6PCS]
D2. ø30 Brass Washer (8520-007)	-----	[4PCS]
D3. 50x100 End Plug (9211-114)	-----	[4PCS]
D4. Pully Cap (9211-173)	-----	[6PCS]
D5. 25x50 End Plug (9211-176)	-----	[2PCS]
D6. Rubber Pad (9310-075)	-----	[1PCS]
D7. ø110 Pully (9213-002B)	-----	[4PCS]
D8. Exercise Chart (9420-083)	-----	[1PCS]
D9. 4020 mm Steel Cable (FHPD700A)	-----	[1PCS]
D10. 2890 mm Steel Cable (FHPD700B1)	-----	[1PCS]

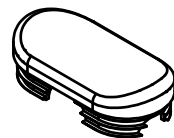
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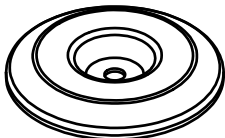
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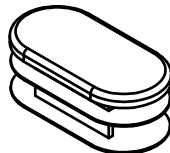
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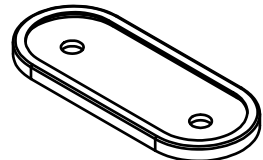
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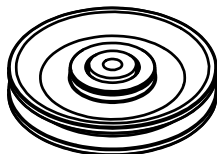
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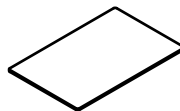
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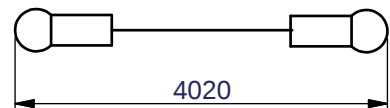
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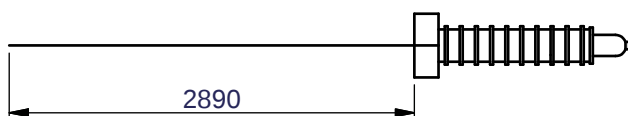
D8



D9



D10



HPD-700 ASSEMBLY INSTRUCTIONS

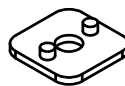
FRAME HARDWARE ILLUSTRATION FOR DOOR

- DD1. 3/4" Shaft Collar (9211-046) -----[2PCS]
DD2. 2"x2" Rubber Cane Cap (9214-002) -----[3PCS]
DD3. Tower Rack (9215-024)-----[1PCS]
DD4. $\phi 65 \times \phi 20 \times 70L$ Rubber Dount (9310-049) -----[2PCS]
DD6. 108x14.5tx263 Rubber Pad (9310-075)-----[2PCS]
DD7. $\phi 110$ Pulley (9213-002B) -----[2PCS]
DD8. Top Plate (8400-006) -----[1PCS]
DD10. Selector Rod (8210-191) -----[1PCS]

DD1



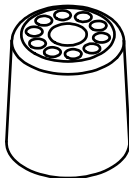
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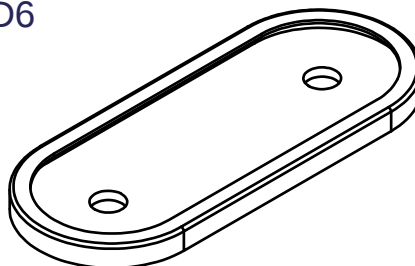
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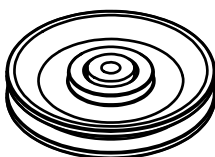
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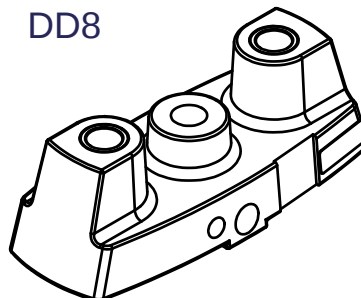
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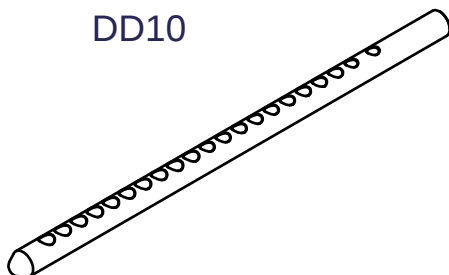
DD7



DD8



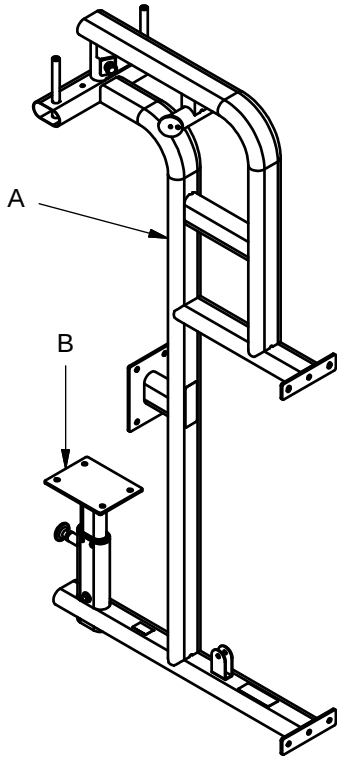
DD10



HPD-700 ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

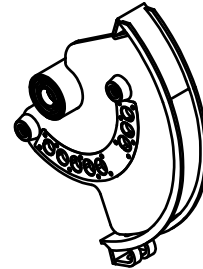
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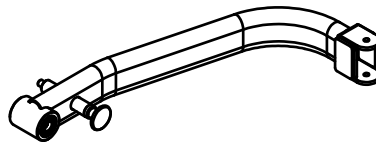
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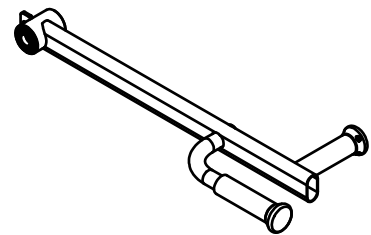
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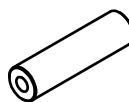
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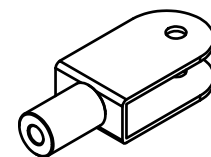
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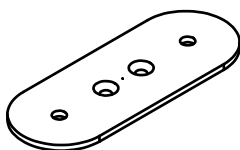
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8220-148



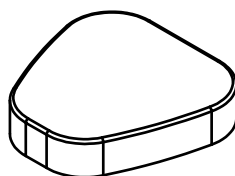
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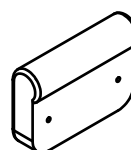
J[1PCS]
8313-188



K[2PCS]
9121-093



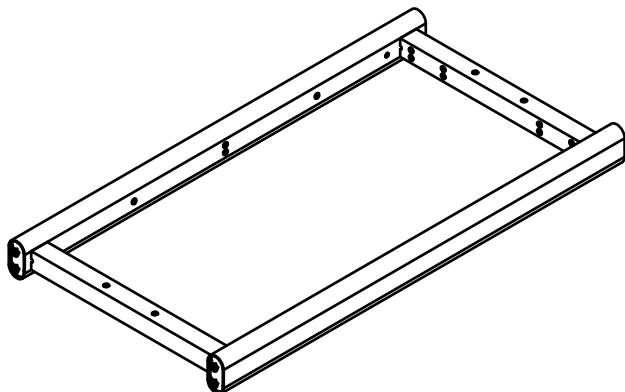
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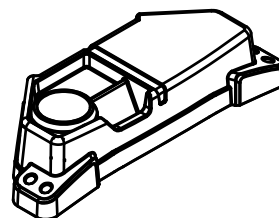
HPD-700 ASSEMBLY INSTRUCTIONS

FRAME PARTS ILLUSTRATION SHEET FOR DOOR

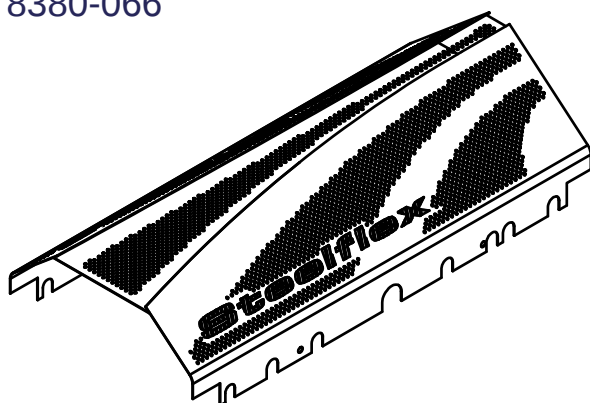
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6610-016



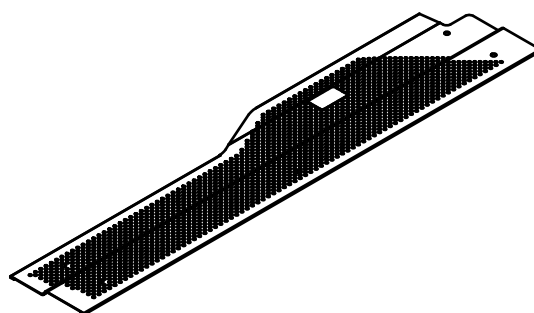
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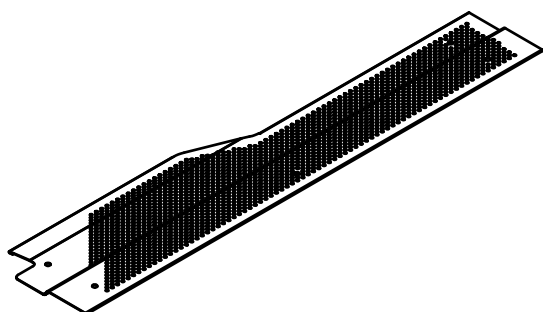
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8380-066



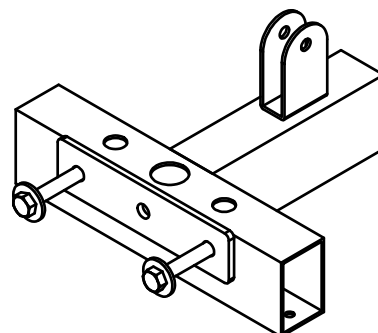
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8380-067



AE[1PCS]
8380-068



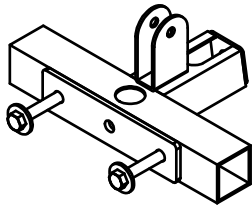
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6610-017



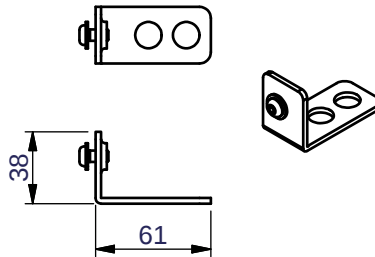
HPD-700 ASSEMBLY INSTRUCTIONS

FRAME PARTS ILLUSTRATION SHEET FOR DOOR

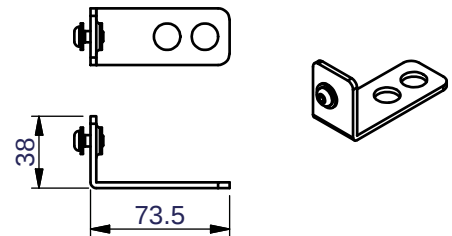
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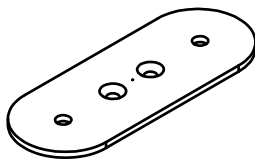
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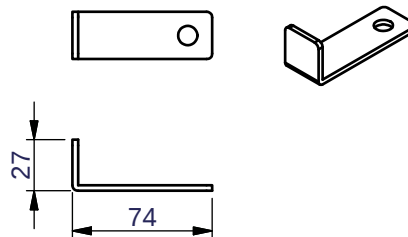
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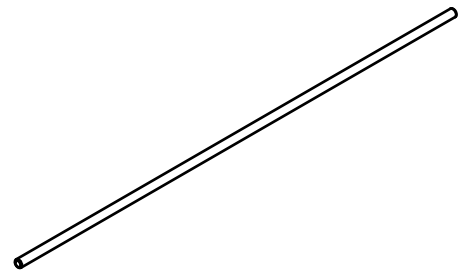
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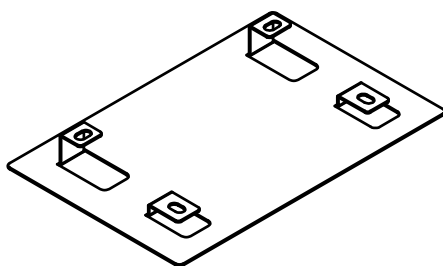
AK[1PCS]
8331-017



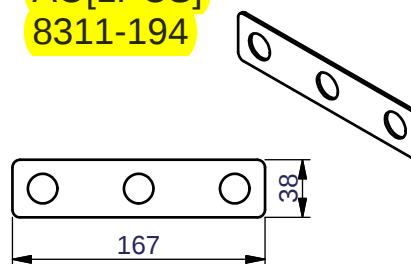
AL1[2PCS]
8280-036
Ø3/4"X1222L



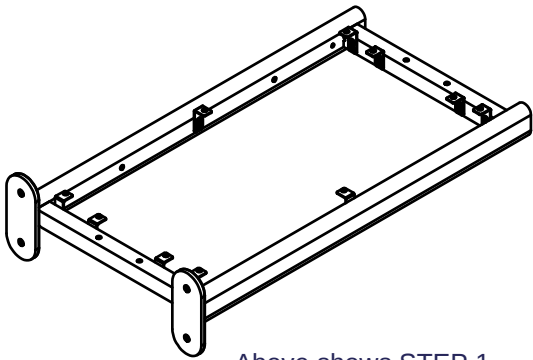
AN[1PCS]
8345-014



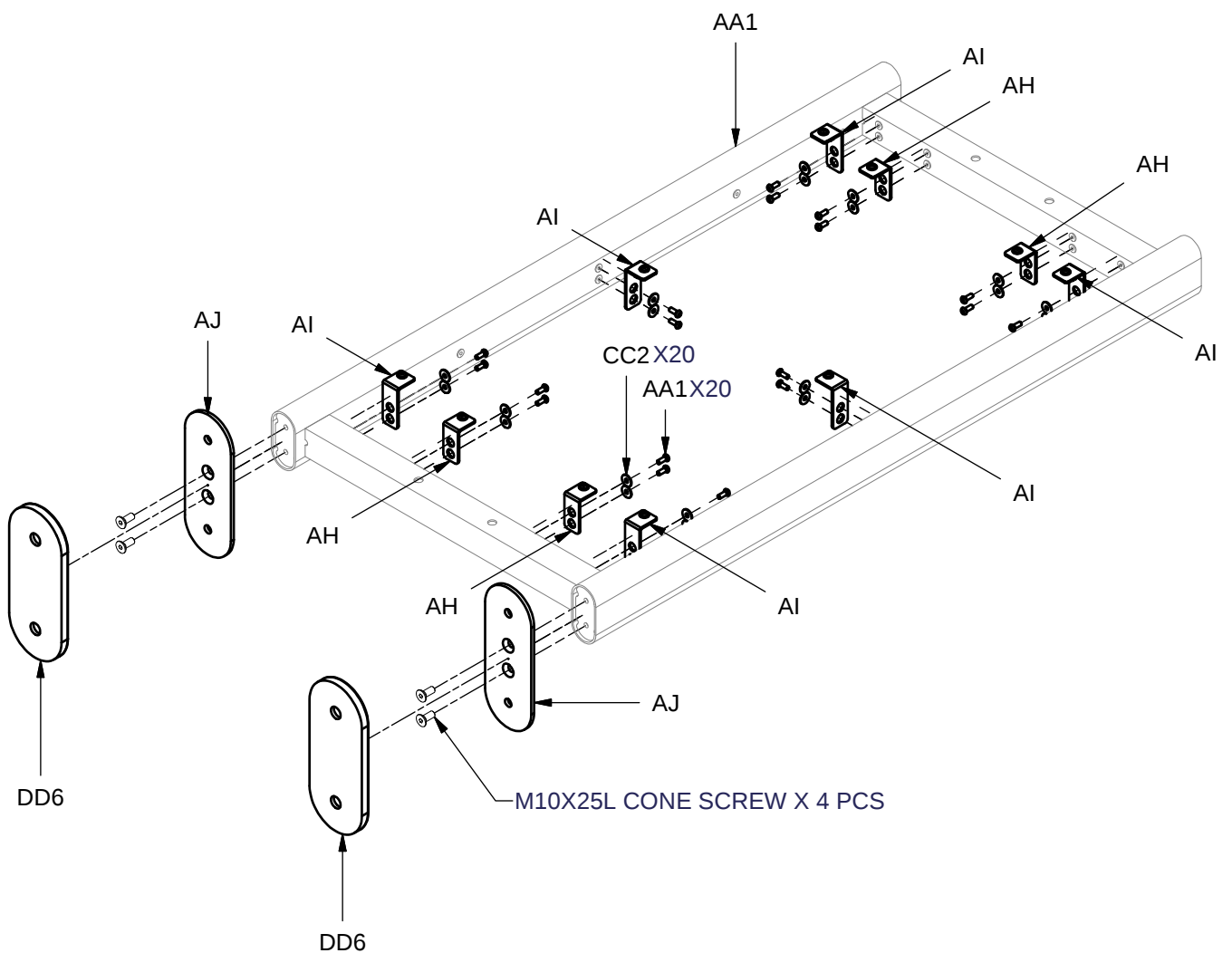
AO[1PCS]
8311-194



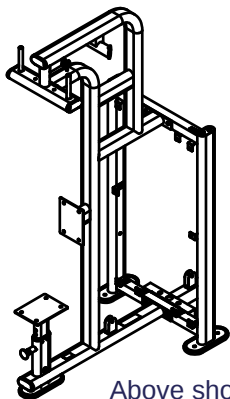
HPD-700 ASSEMBLY INSTRUCTIONS



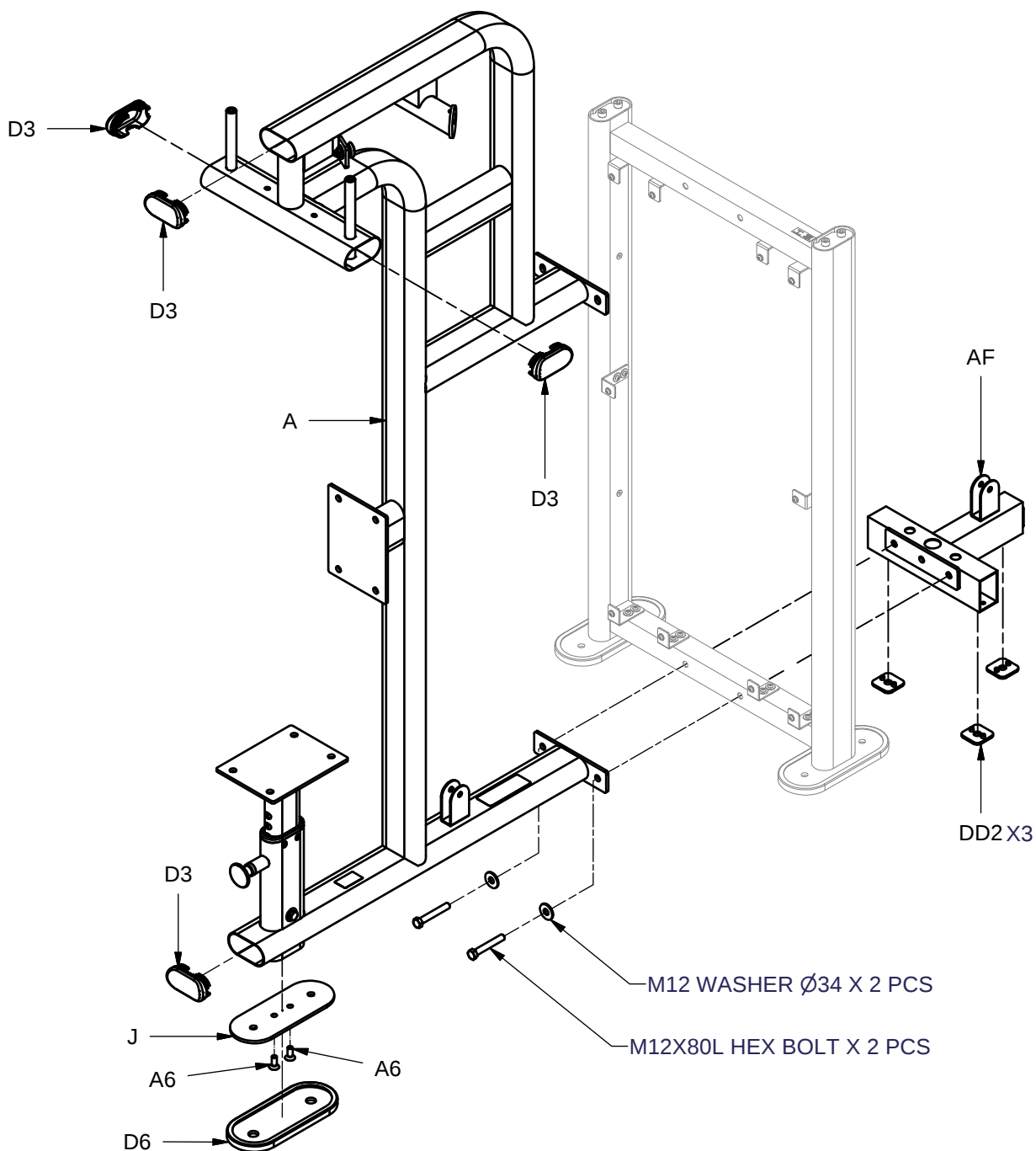
Above shows STEP 1
assembled and completed



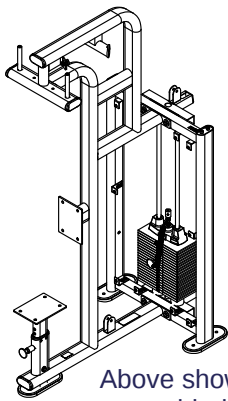
HPD-700 ASSEMBLY INSTRUCTIONS



Above shows STEP 2
assembled and completed



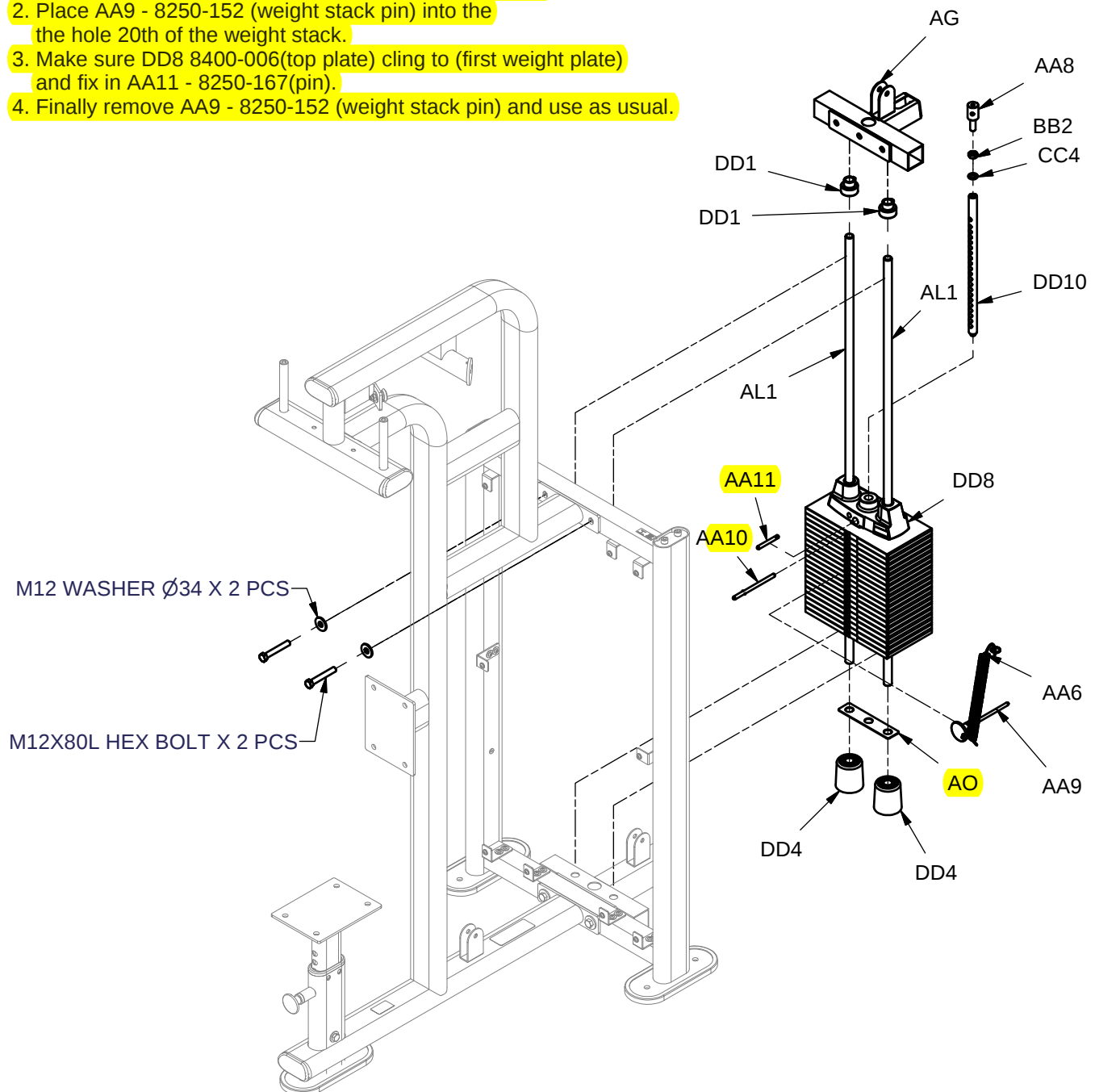
HPD-700 ASSEMBLY INSTRUCTIONS



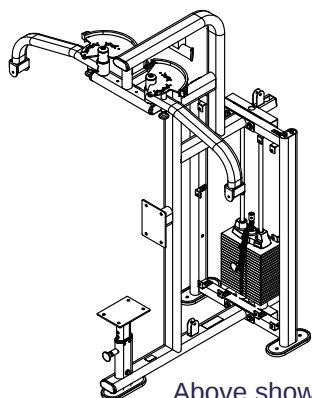
Above shows STEP 3
assembled and completed

NOTE:

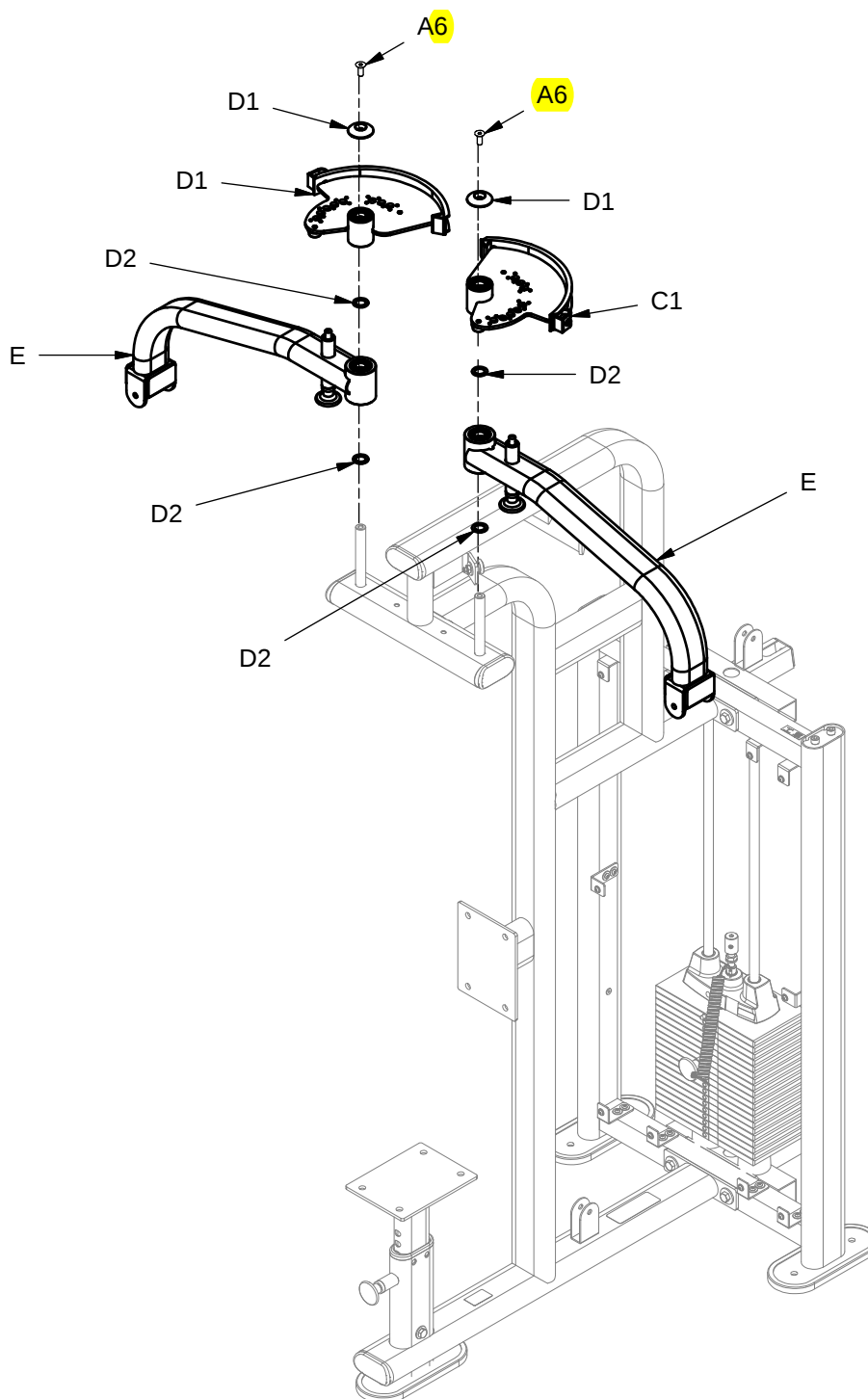
1. Place AA10 - 8250-166 (pin) into the first weight plate.
2. Place AA9 - 8250-152 (weight stack pin) into the hole 20th of the weight stack.
3. Make sure DD8 8400-006(top plate) cling to (first weight plate) and fix in AA11 - 8250-167(pin).
4. Finally remove AA9 - 8250-152 (weight stack pin) and use as usual.



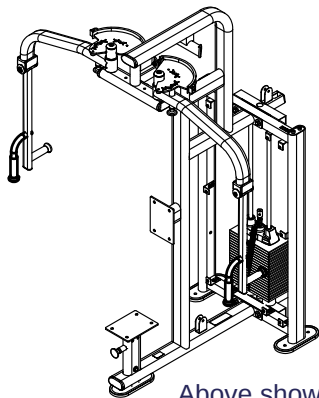
HPD-700 ASSEMBLY INSTRUCTIONS



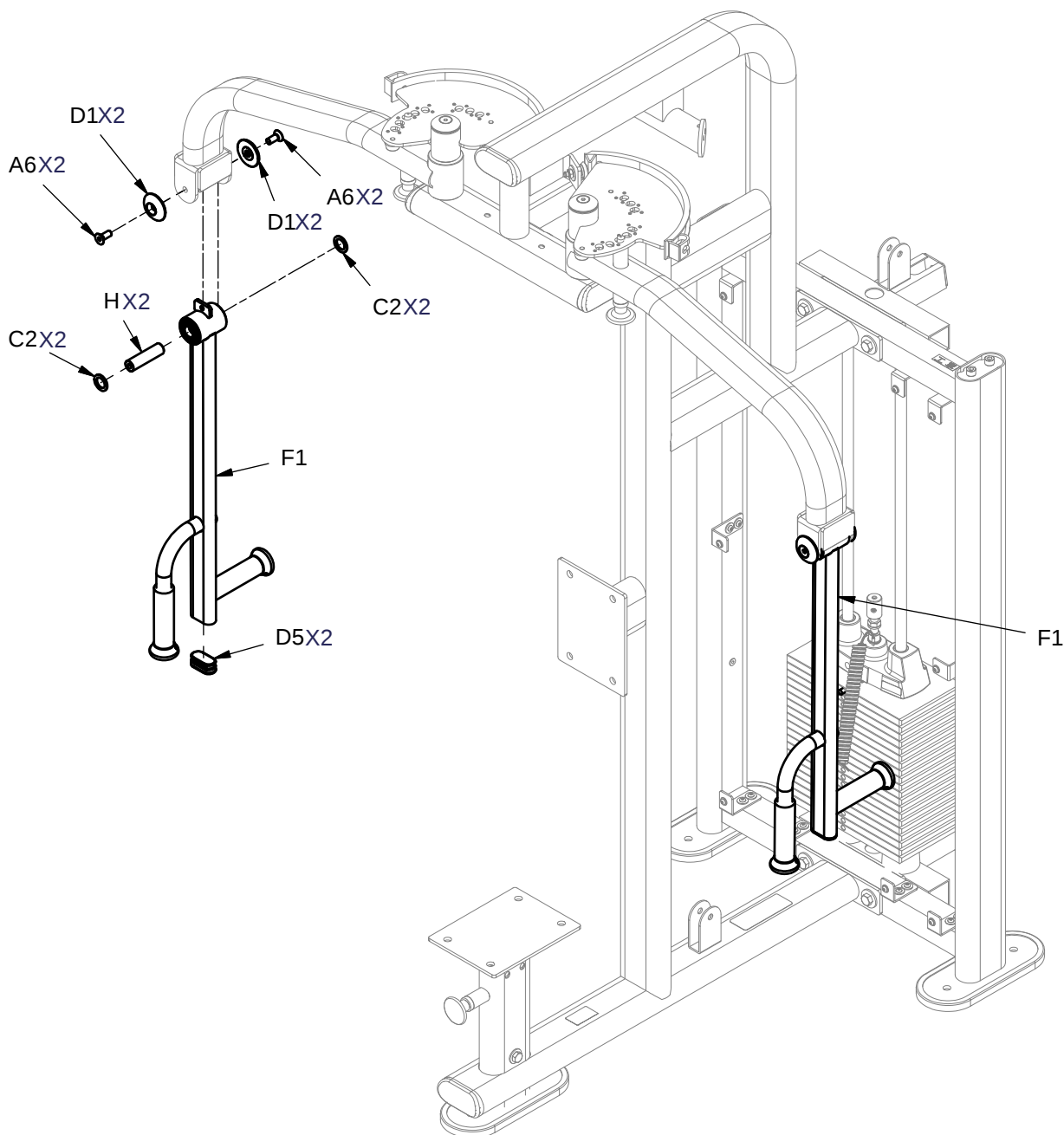
Above shows STEP 4
assembled and completed



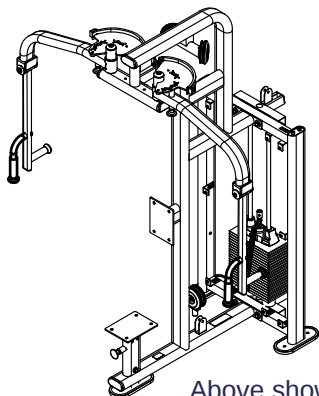
HPD-700 ASSEMBLY INSTRUCTIONS



Above shows STEP 5
assembled and completed



HPD-700 ASSEMBLY INSTRUCTIONS



Above shows STEP 6
assembled and completed

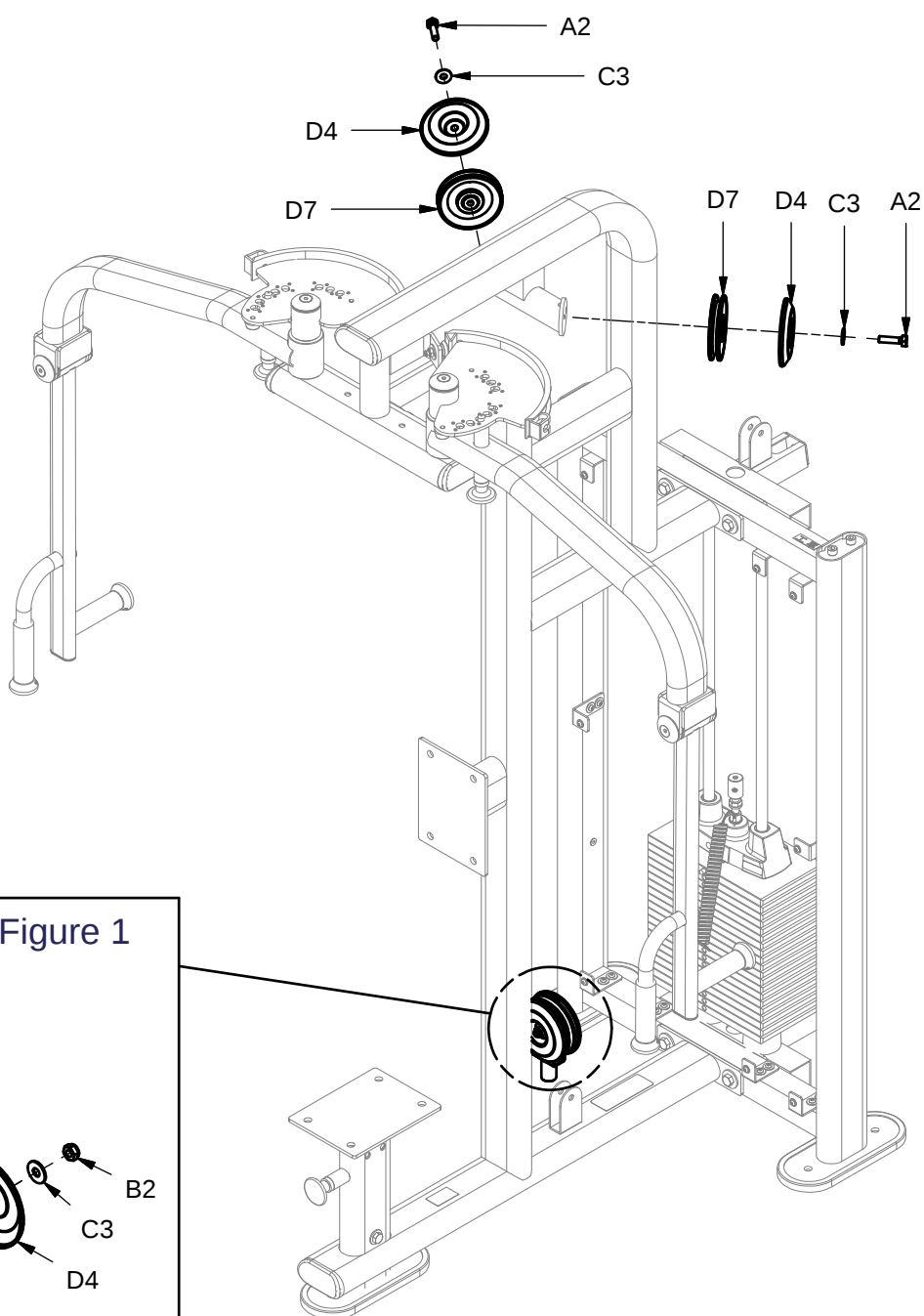
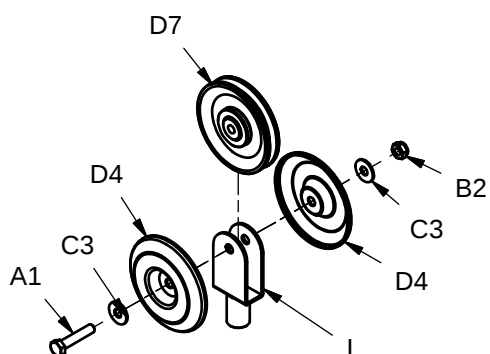
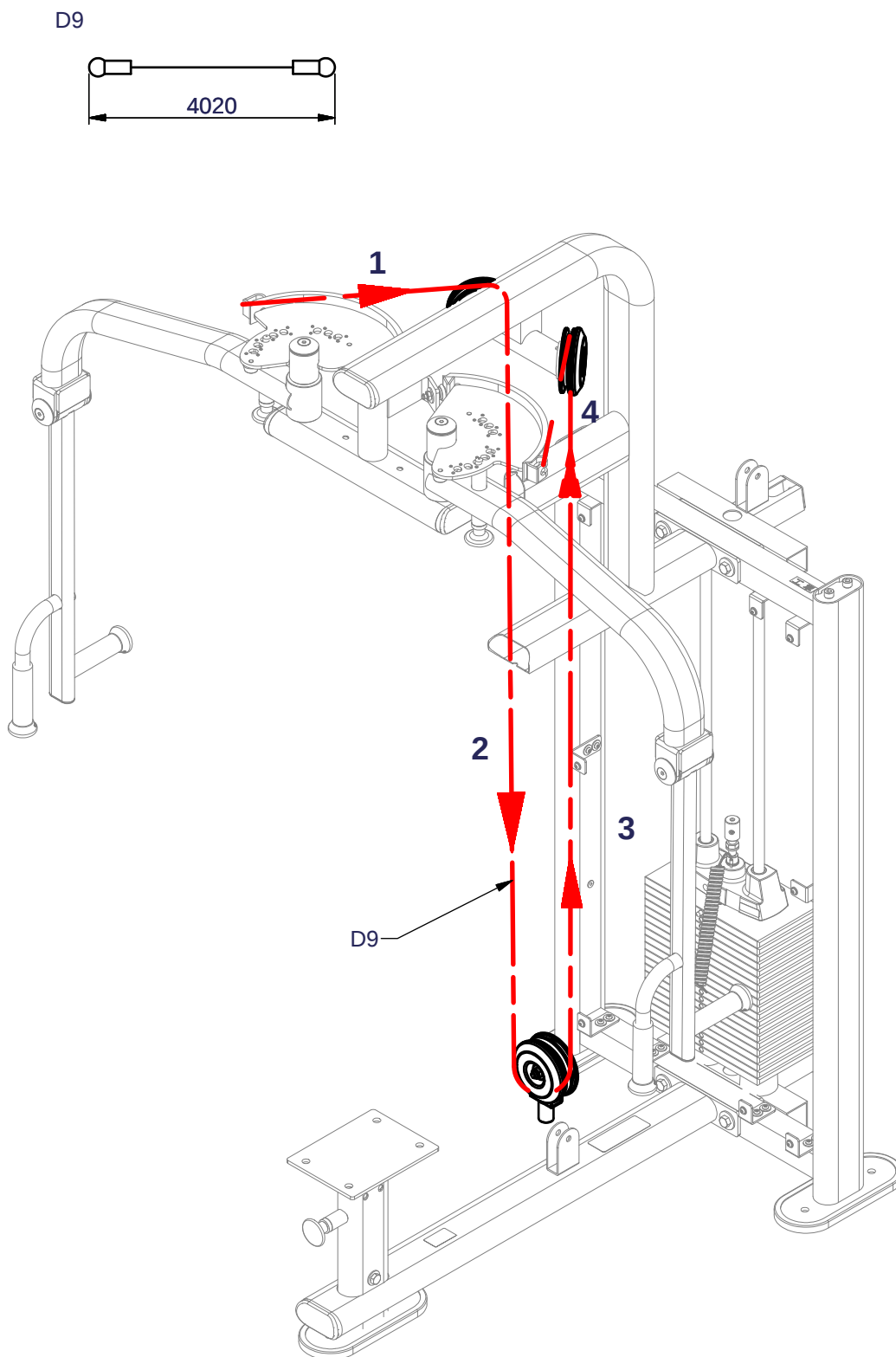


Figure 1

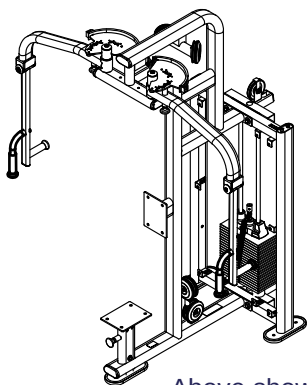


HPD-700 ASSEMBLY INSTRUCTIONS

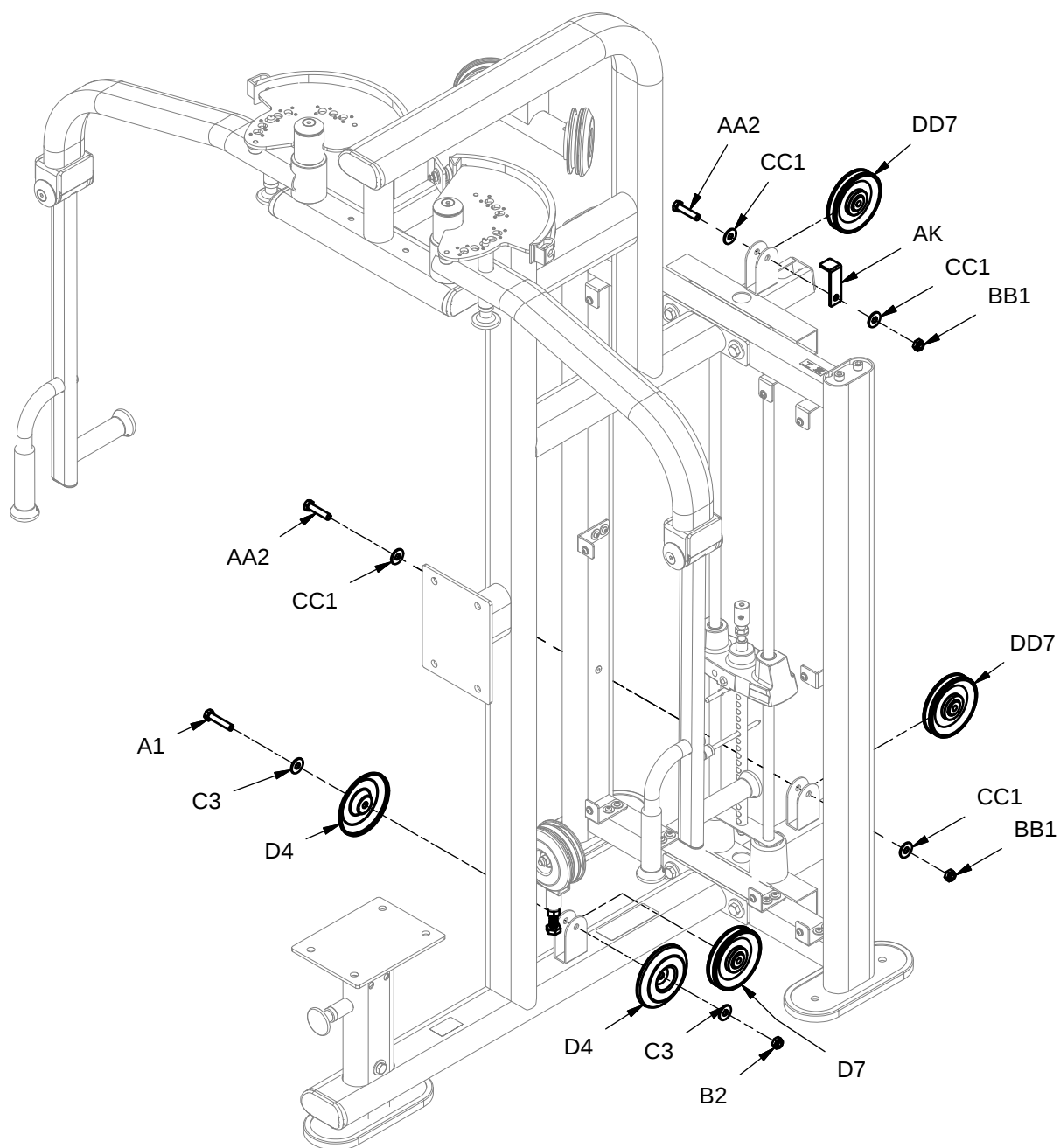
Cable To Constitute Illustration



HPD-700 ASSEMBLY INSTRUCTIONS



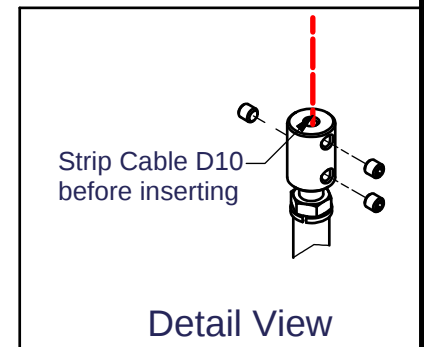
Above shows STEP 7
assembled and completed



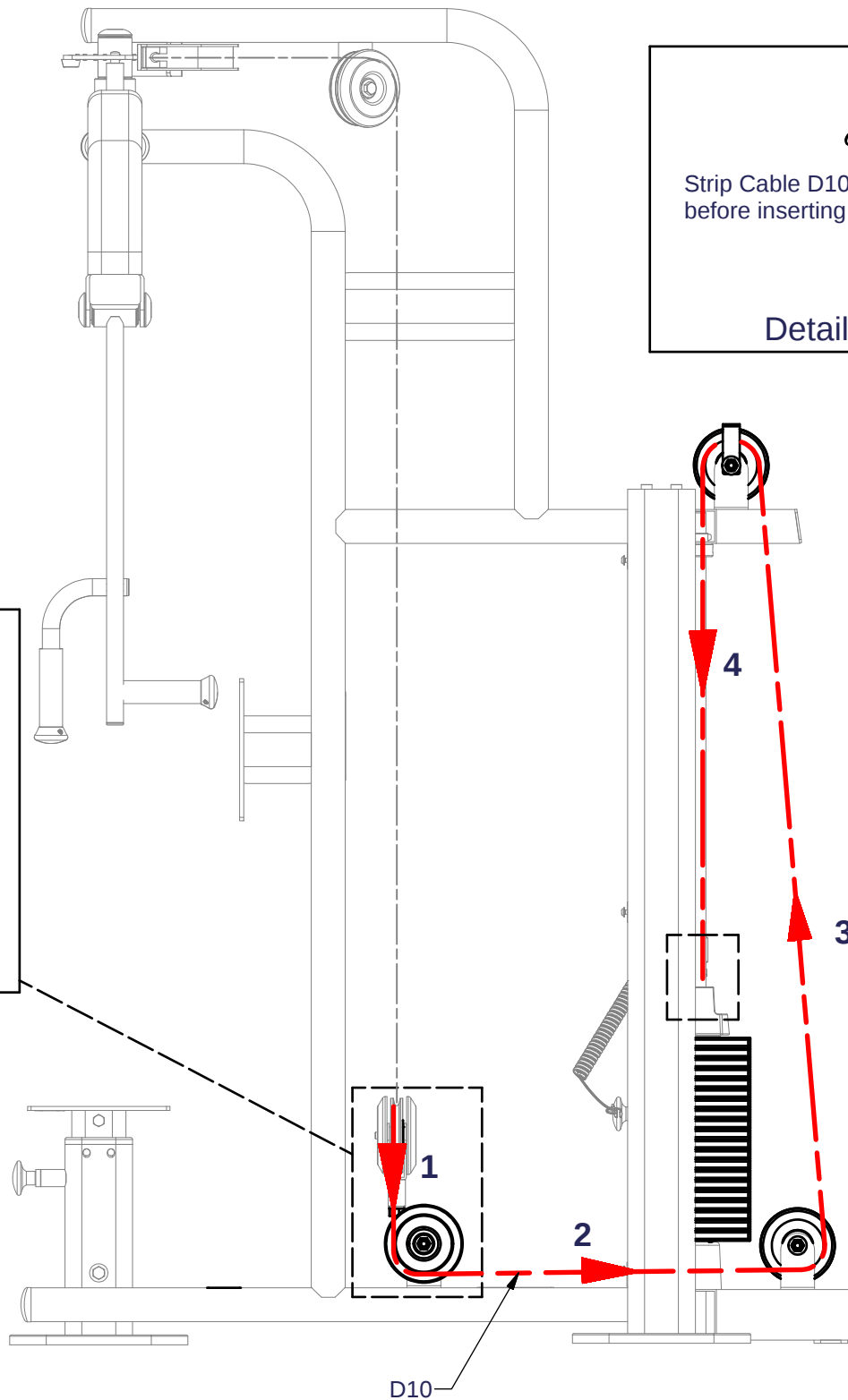
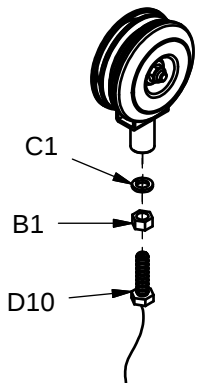
HPD-700 ASSEMBLY INSTRUCTIONS

Cable To Constitute Illustration

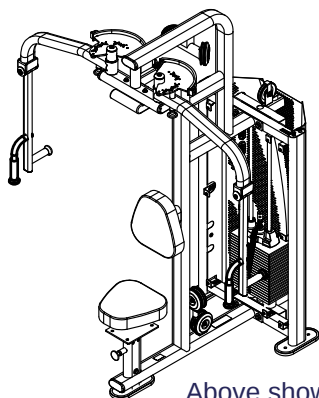
D10



Detail View



HPD-700 ASSEMBLY INSTRUCTIONS



Above shows STEP 8
assembled and completed

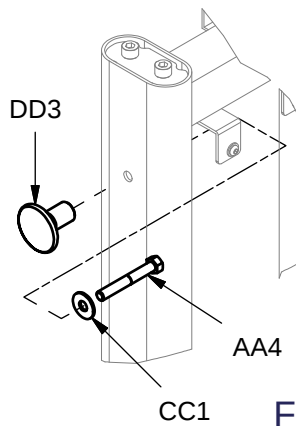
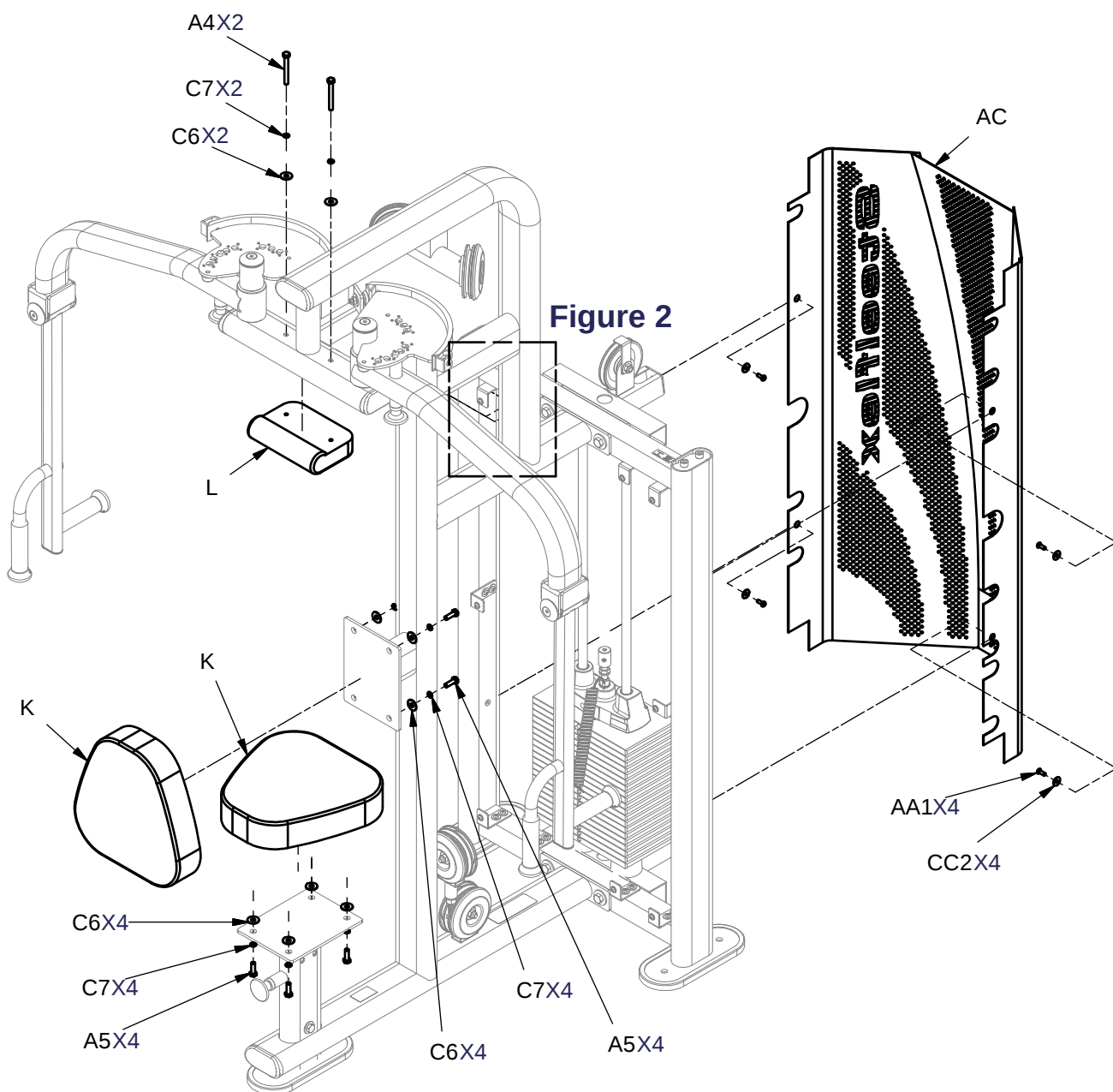
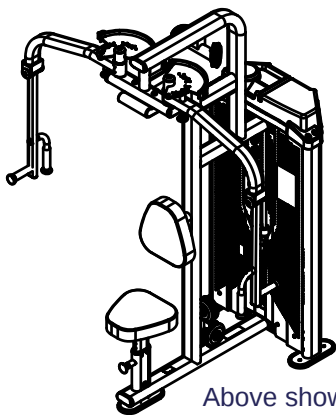


Figure 2



HPD-700 ASSEMBLY INSTRUCTIONS



Above shows STEP 9
assembled and completed

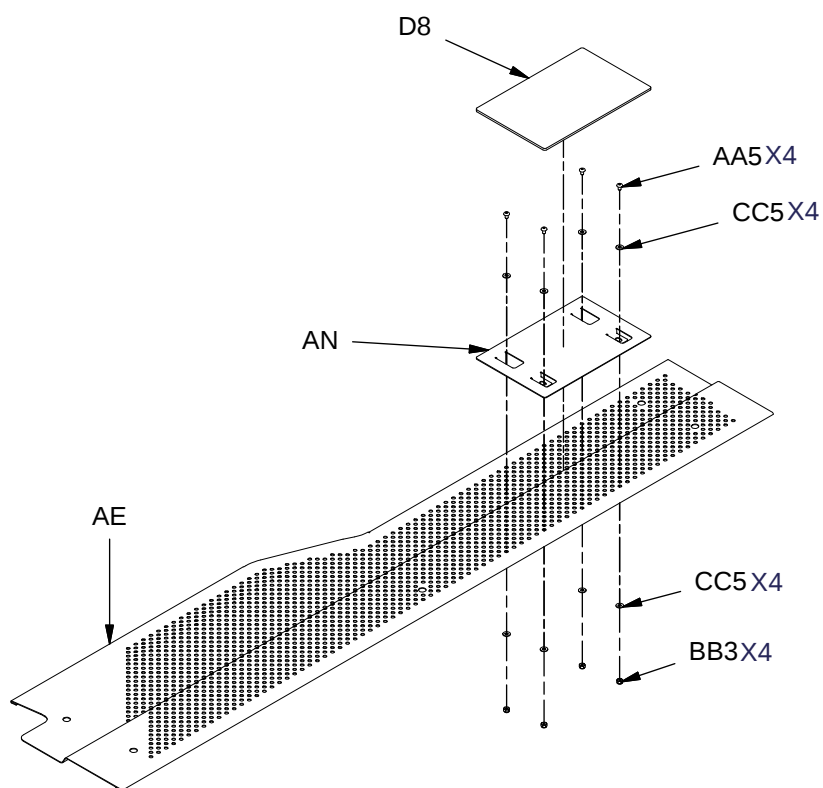
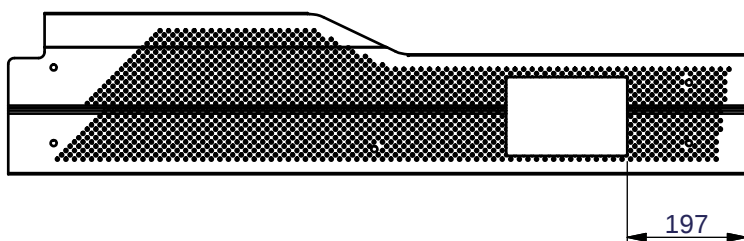
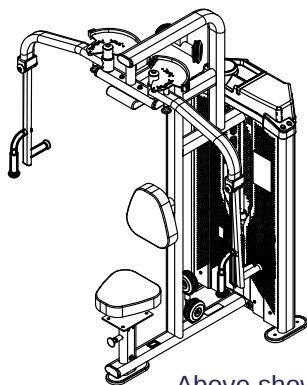


Figure 3

HPD-700 ASSEMBLY INSTRUCTIONS



Above shows STEP 10
assembled and completed

