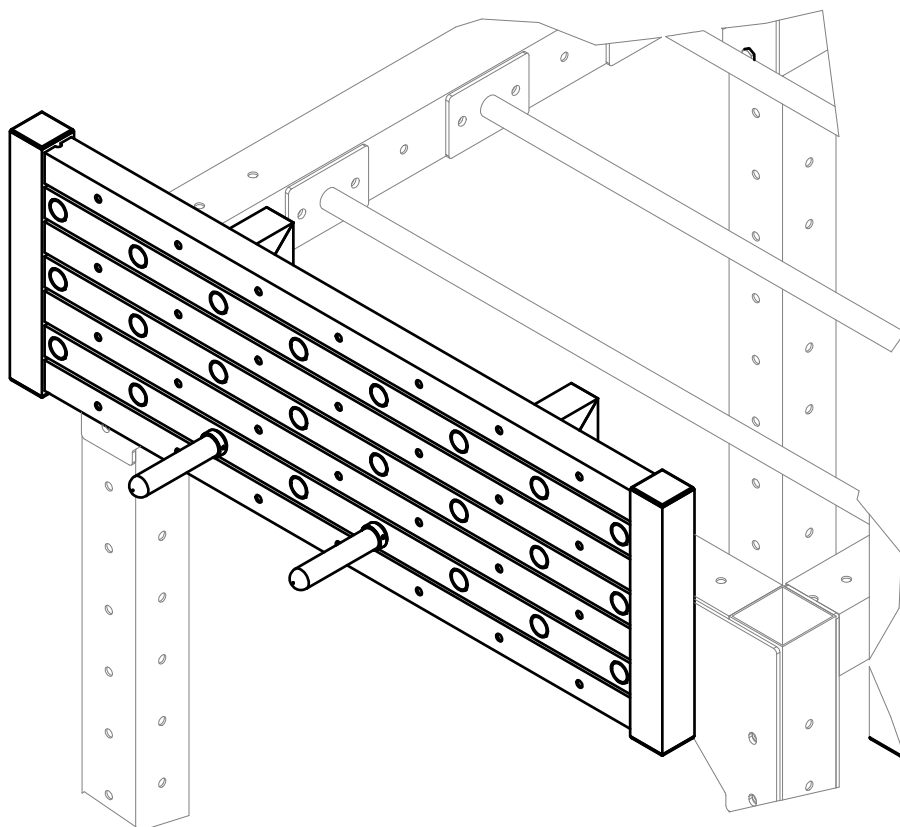


FUNCTION MACHINE



JOONG CHENN INDUSTRY CO., LTD.

Sales Office:

3F28, No.5, Shin-Yi Rd., Sec. 5, Taipei, Taiwan 110 R.O.C.

Tel: 886-2-27209980

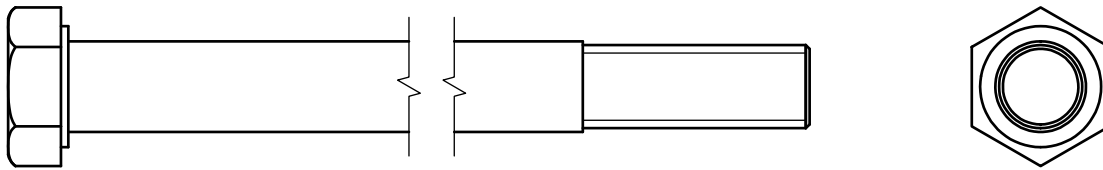
Fax: 886-2-27229750

www.steelflexfitness.com

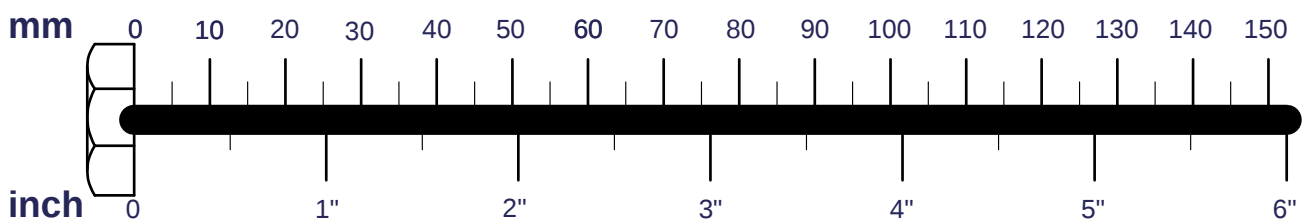
FRC1 OWNER'S MANUAL

FRC1 ASSEMBLY INSTRUCTIONS

HARDWARE ILLUSTRATION

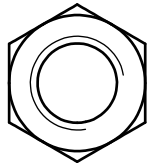
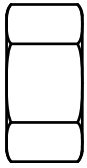


(A1)HEX BOLT M12X170L PARTIAL THREAD QTY.2

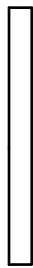
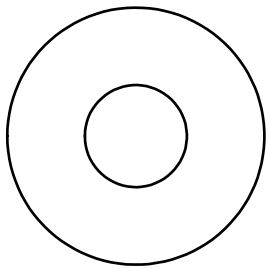


FRC1 ASSEMBLY INSTRUCTIONS

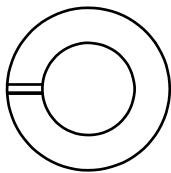
HARDWARE ILLUSTRATION



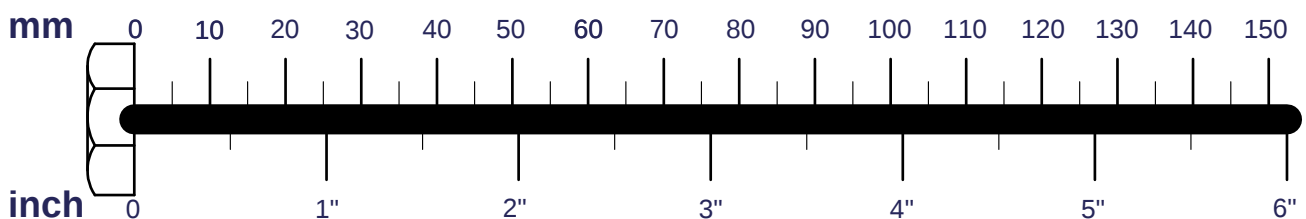
(B1)LOCK NUT M12X10T QTY.2



(C1)M12(I.D.)FLAT WASHER Ø34 QTY.4



(C2)M12 SPRING WASHER QTY.2



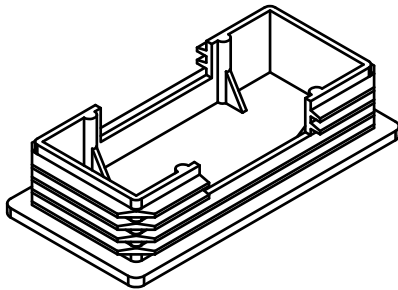
FRC1 ASSEMBLY INSTRUCTIONS

HARDWARE ILLUSTRATION

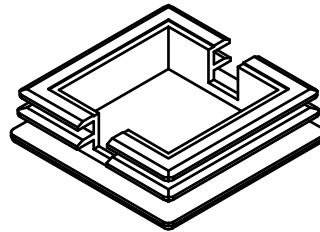
D1.50X100X2.5T END CAP(9211-013)-----[2PCS]

D2.□60X2T END CAP(9211-049)-----[4PCS]

D1



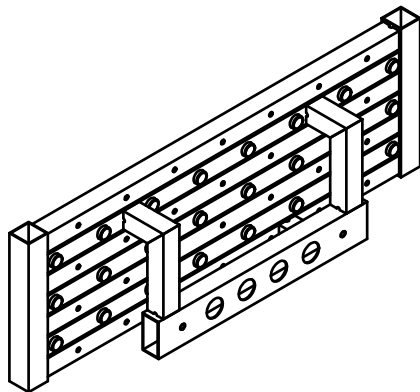
D2



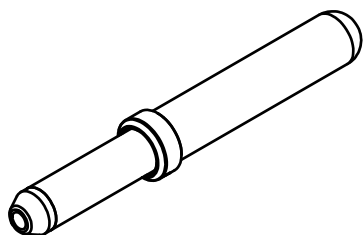
FRC1 ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

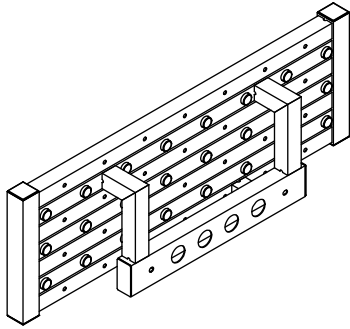
A[1PCS]



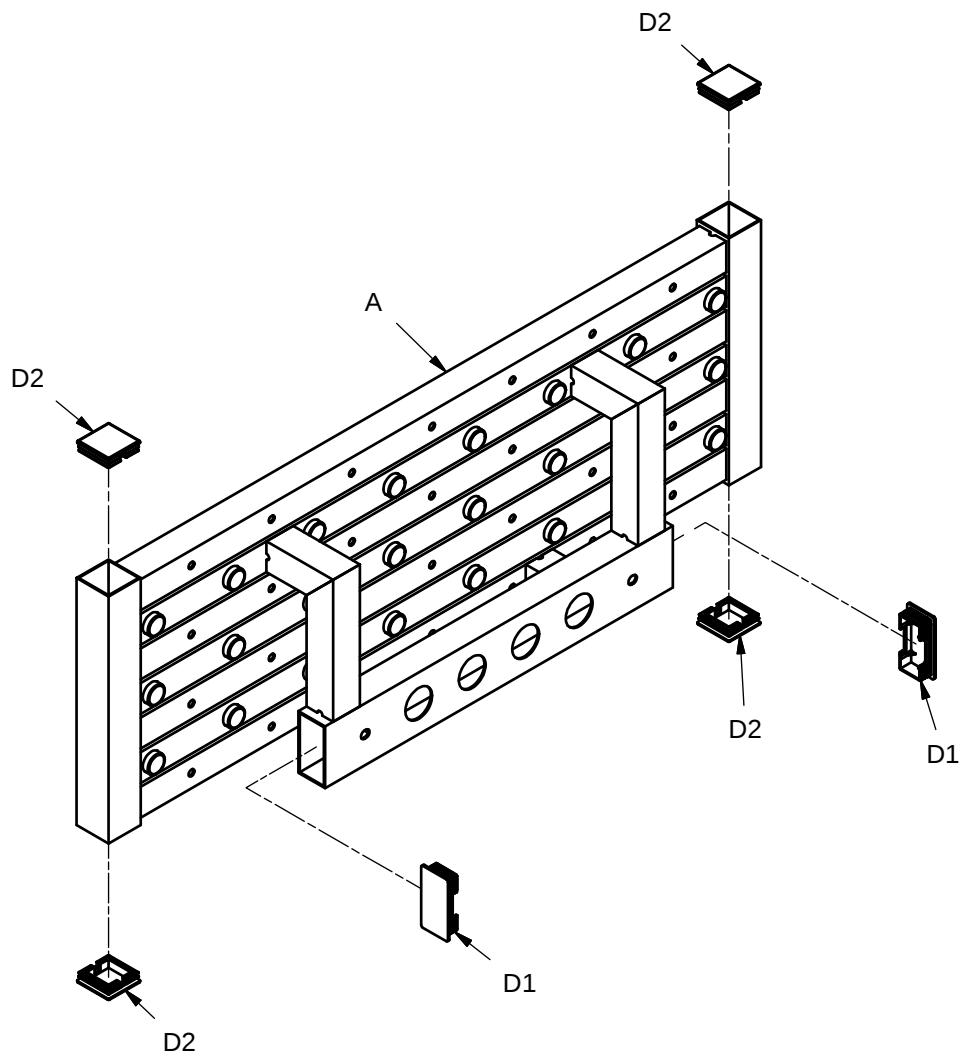
C[2PCS]



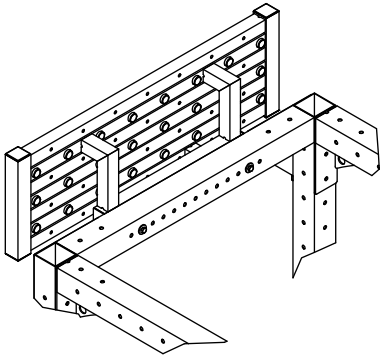
FRC1 ASSEMBLY INSTRUCTIONS



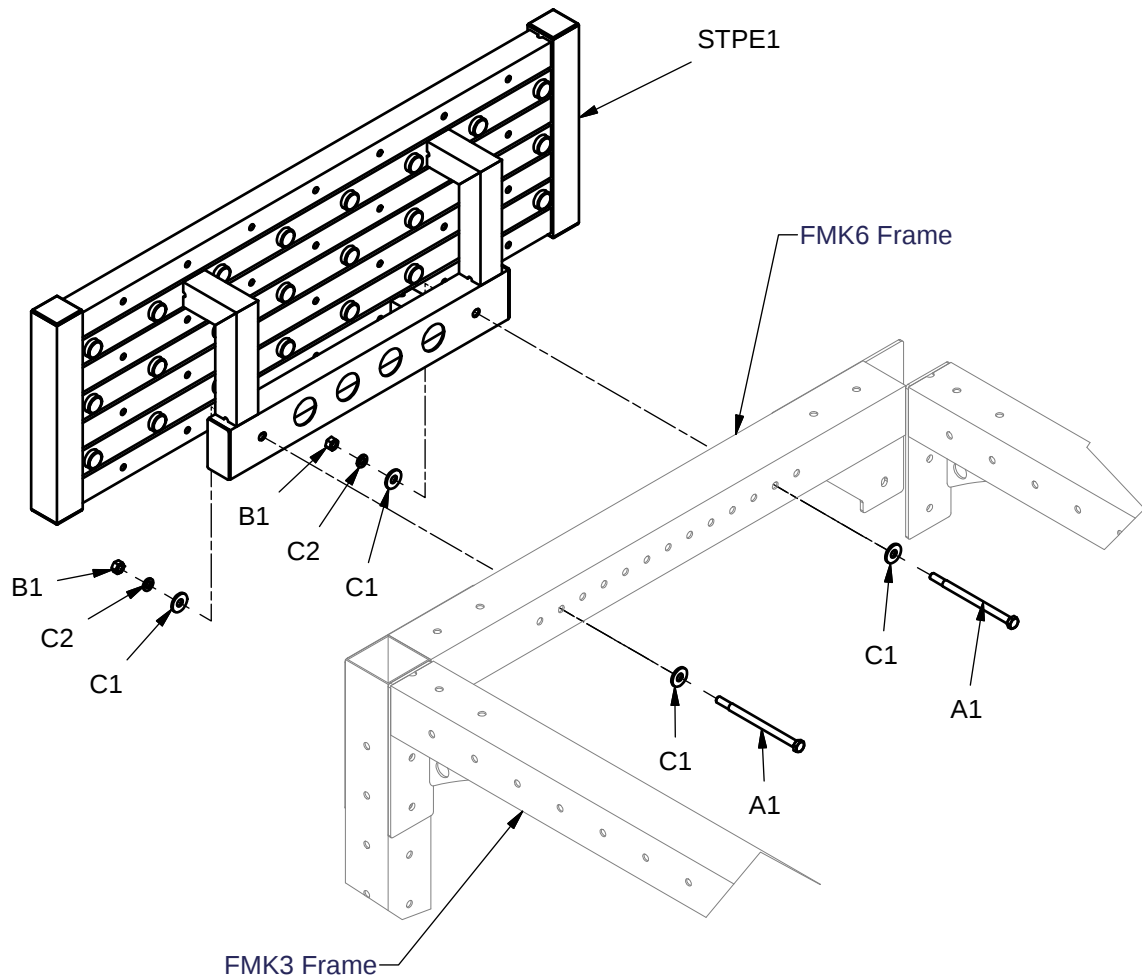
Above shows STEP 1
assembled and completed



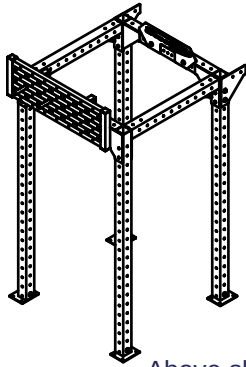
FRC1 ASSEMBLY INSTRUCTIONS



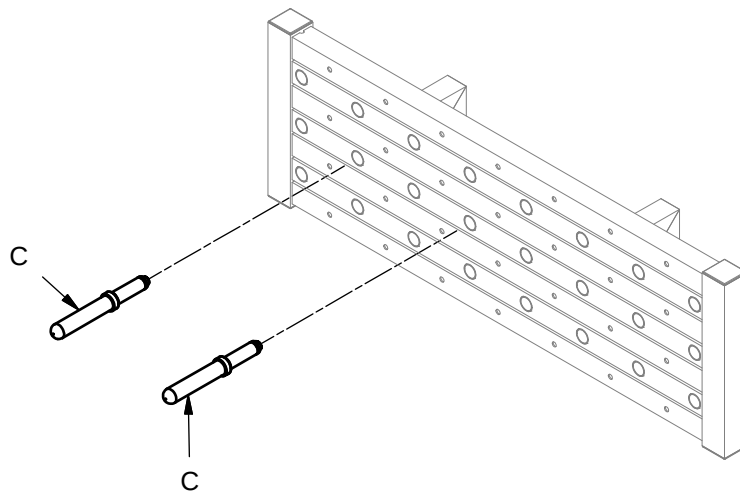
Above shows STEP 2
assembled and completed



FRC1 ASSEMBLY INSTRUCTIONS



Above shows STEP 3
assembled and completed



Or buy a climbing block and install it yourself

