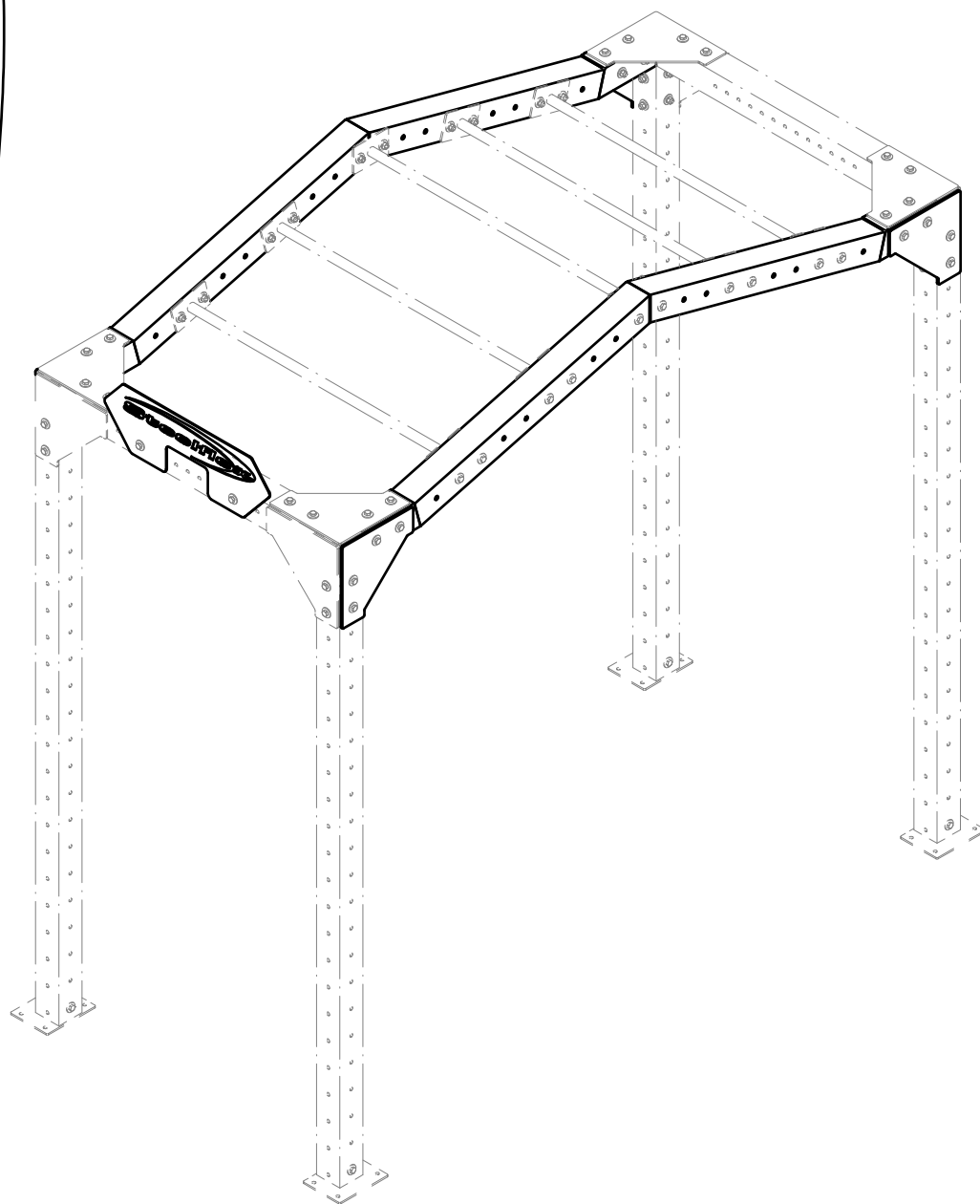


# FUNCTION MACHINE



JOONG CHENN INDUSTRY CO., LTD.

Sales Office:

3F28, No.5, Shin-Yi Rd., Sec. 5, Taipei, Taiwan 110 R.O.C.

Tel: 886-2-27209980

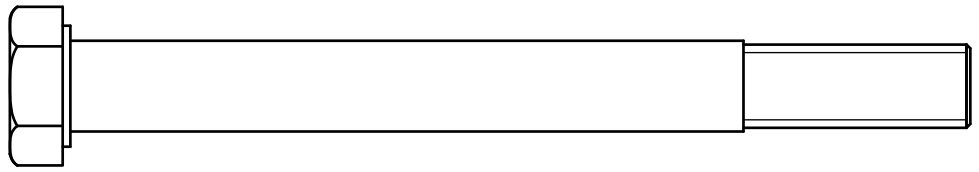
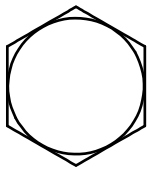
Fax: 886-2-27229750

[www.steelflexfitness.com](http://www.steelflexfitness.com)

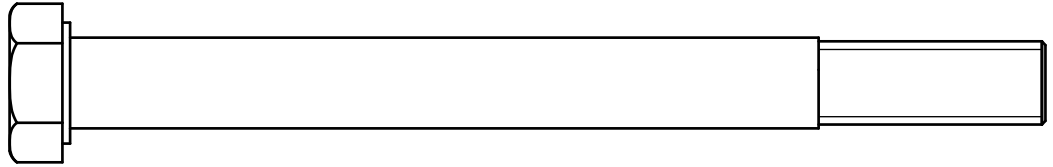
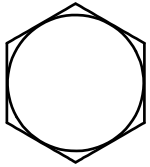
## FMK5 OWNER'S MANUAL

# FMK5 ASSEMBLY INSTRUCTIONS

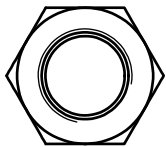
## HARDWARE ILLUSTRATION



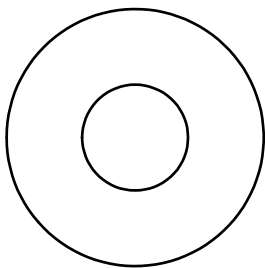
(A1)HEX BOLT M12X125L PARTIAL THREAD QTY.2



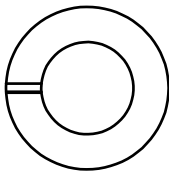
(A2)HEX BOLT M12X130L PARTIAL THREAD QTY.16



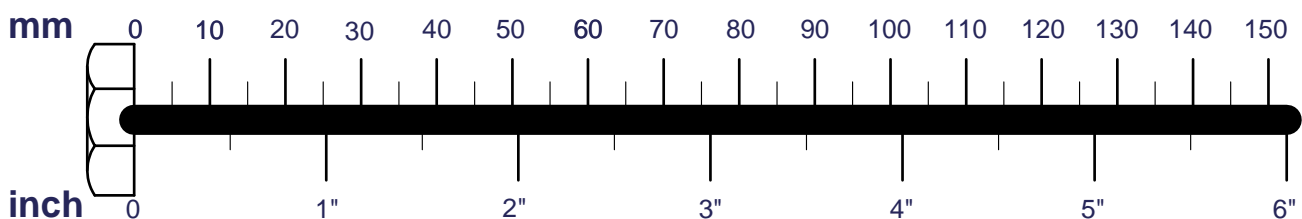
(B1)LOCK NUT M12 QTY.18



(C1)M12(I.D.)FLAT WASHER Ø34 QTY.36



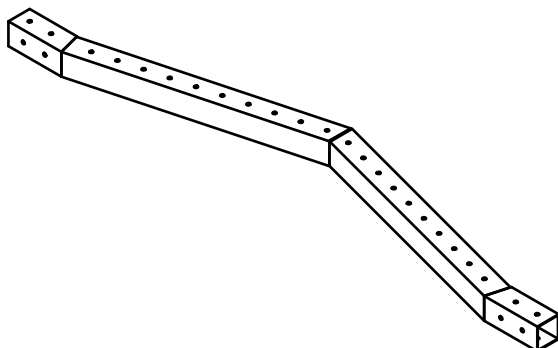
(C2)SPRING WASHER M12 QTY.18



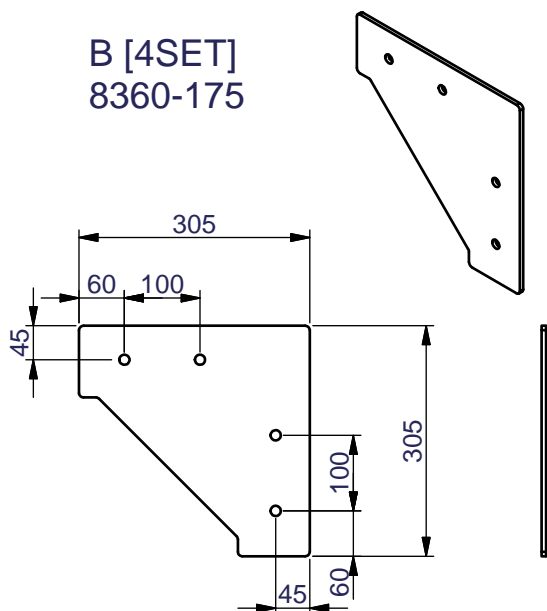
# FMK5 ASSEMBLY INSTRUCTIONS

## PARTS ILLUSTRATION SHEET

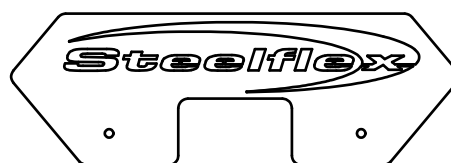
A [2SET]



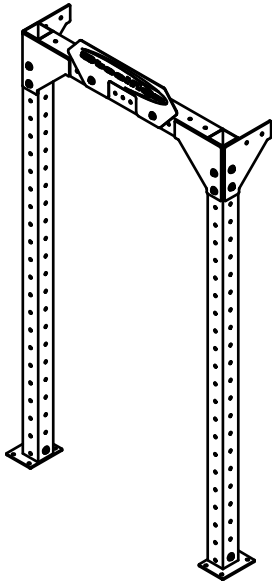
B [4SET]  
8360-175



C [1SET]  
8360-179



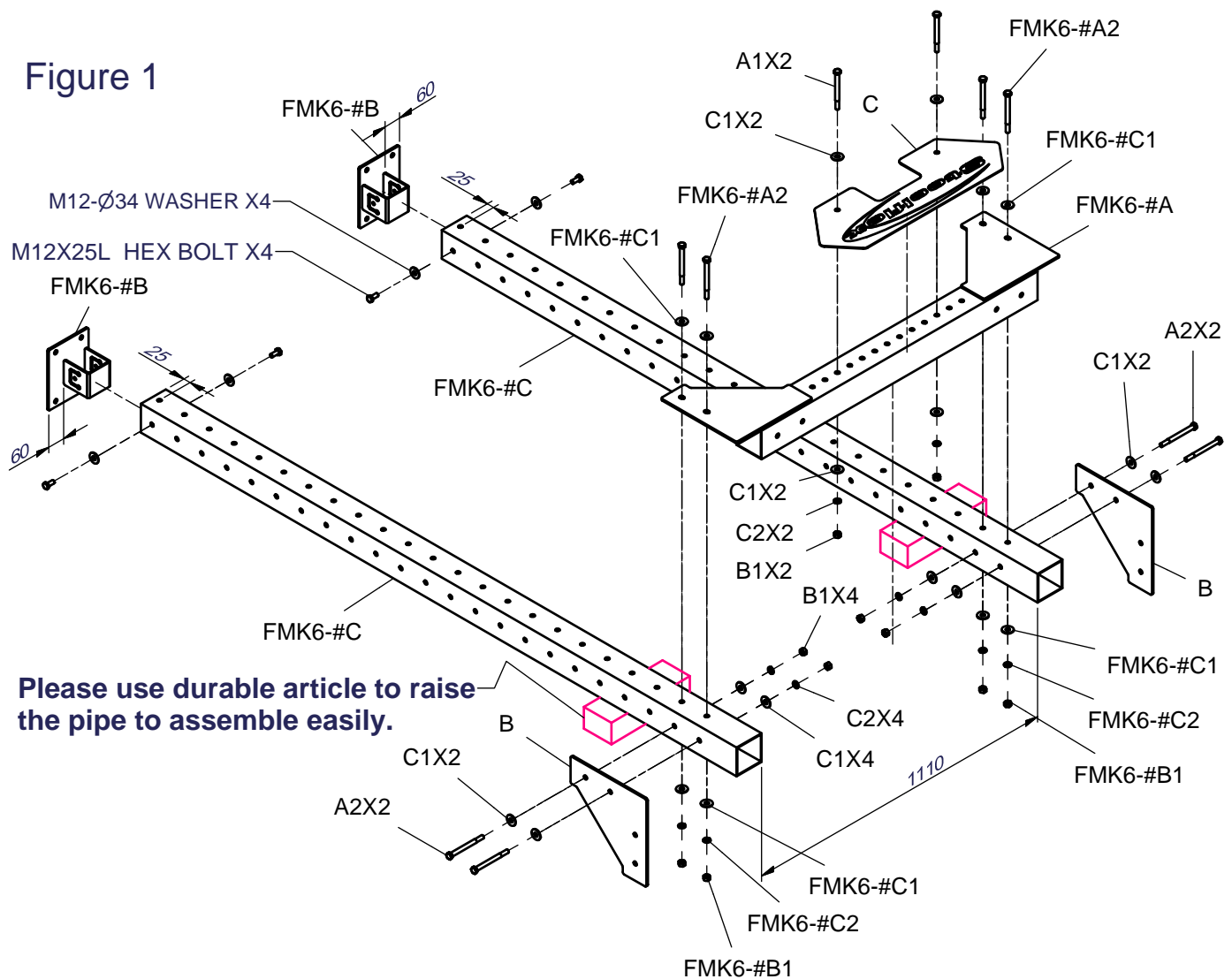
# FMK5 ASSEMBLY INSTRUCTIONS



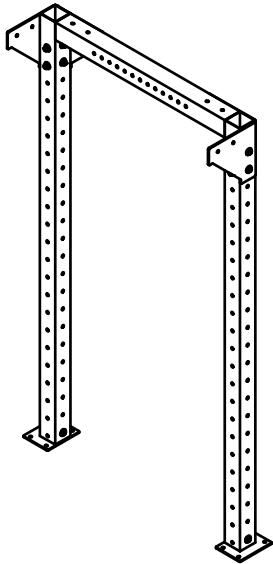
Above shows STEP 1  
assembled and completed

#Please tighten the screw after all parts assembled.  
or please tighten all screws after all parts joint together

## Figure 1



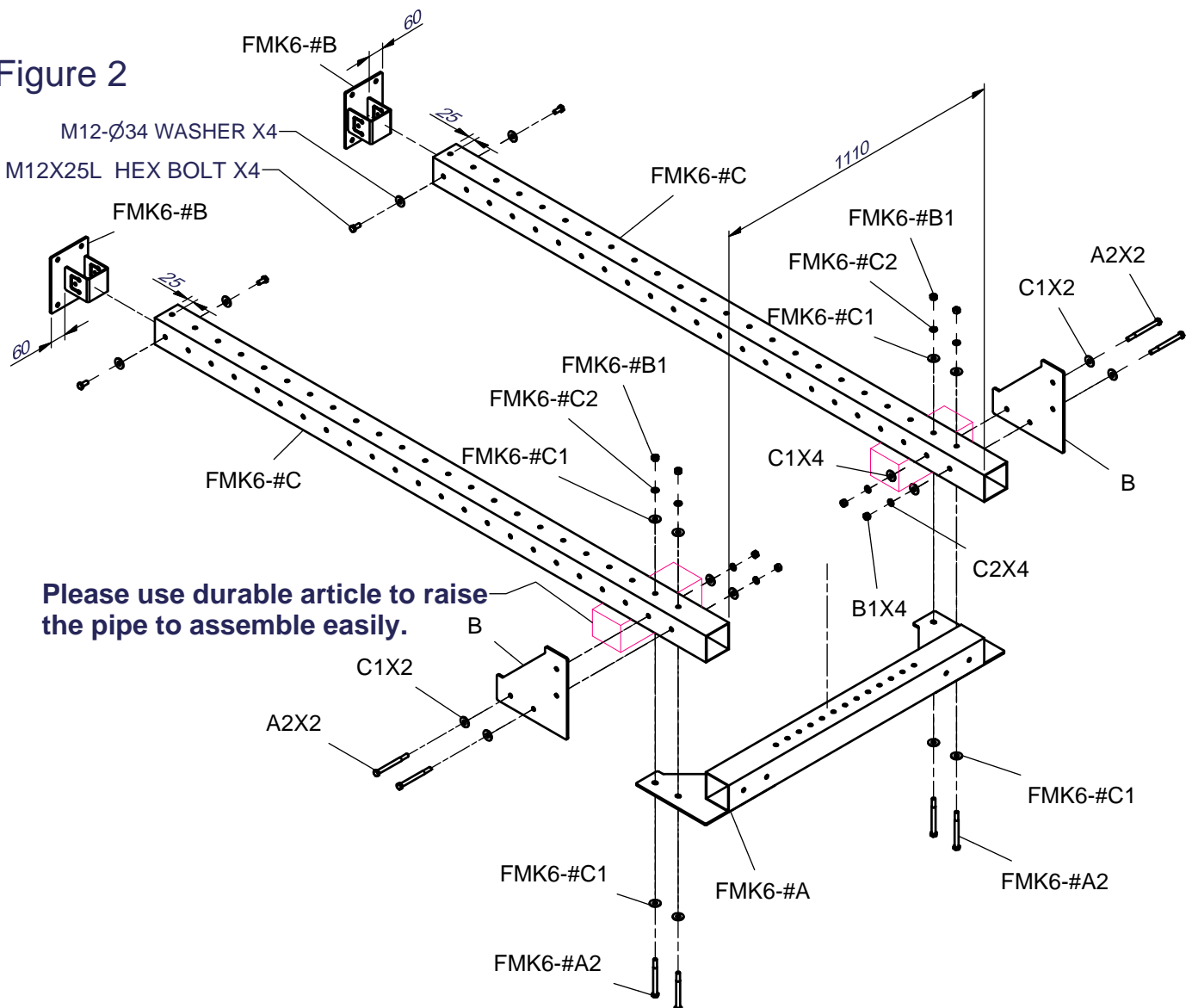
# FMK5 ASSEMBLY INSTRUCTIONS



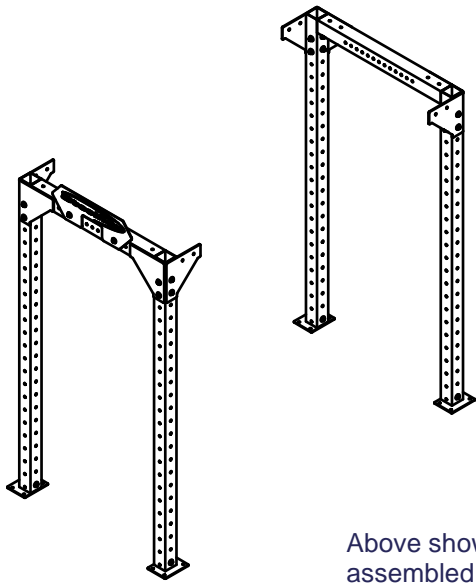
Above shows STEP 2  
assembled and completed

#Please tighten the screw after all parts assembled.  
or please tighten all screws after all parts joint together

Figure 2

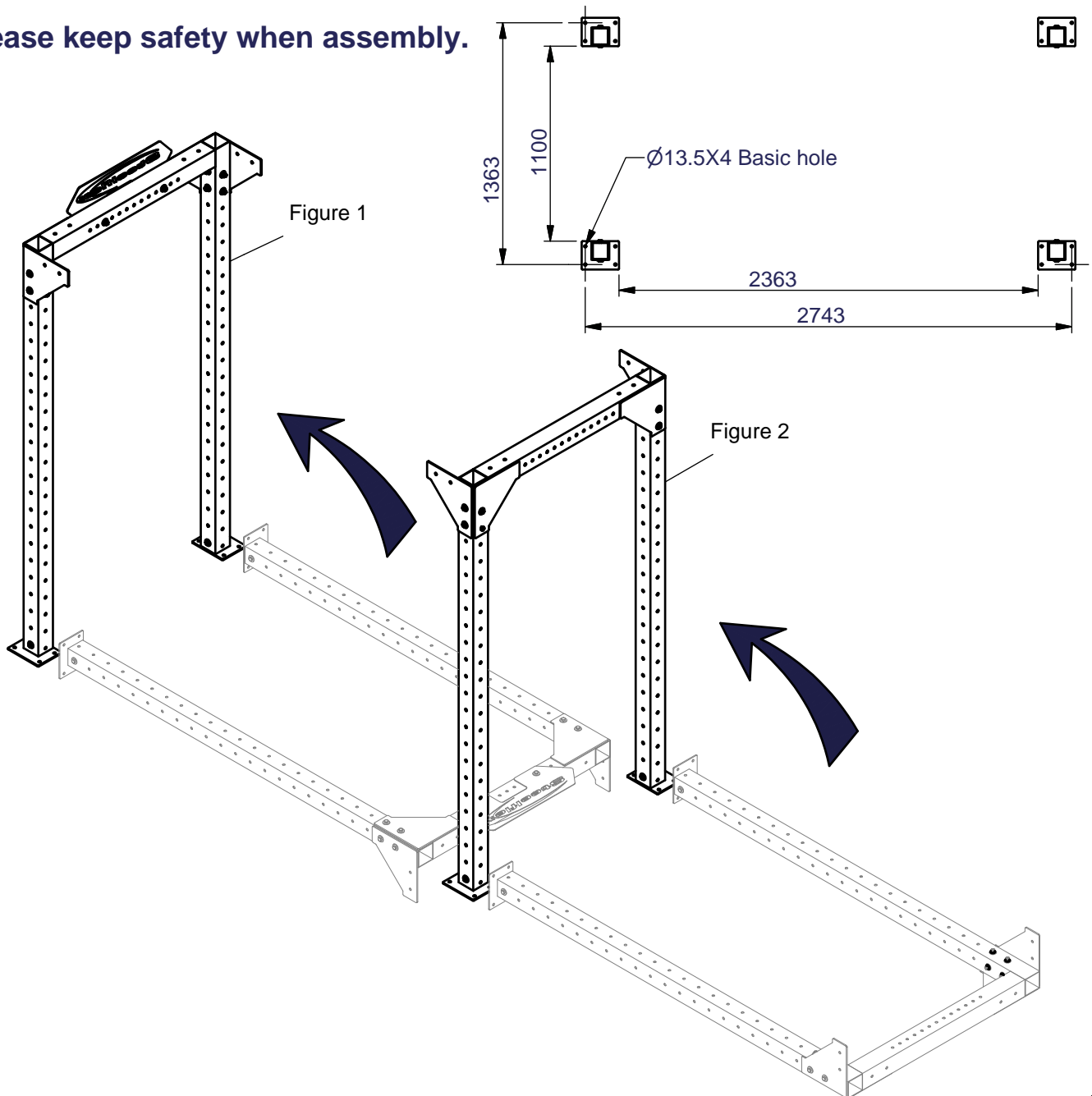


# FMK5 ASSEMBLY INSTRUCTIONS

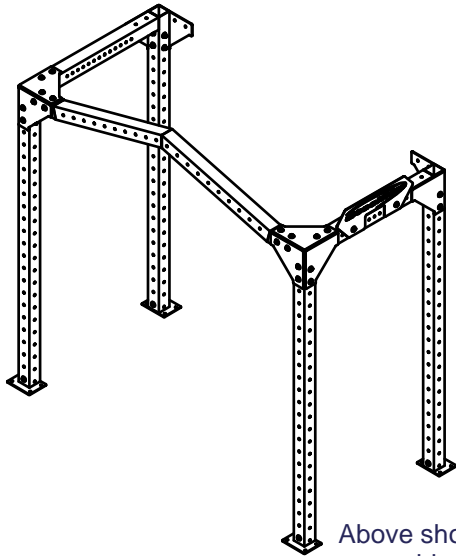


Above shows STEP 3  
assembled and completed

**#Please keep safety when assembly.**

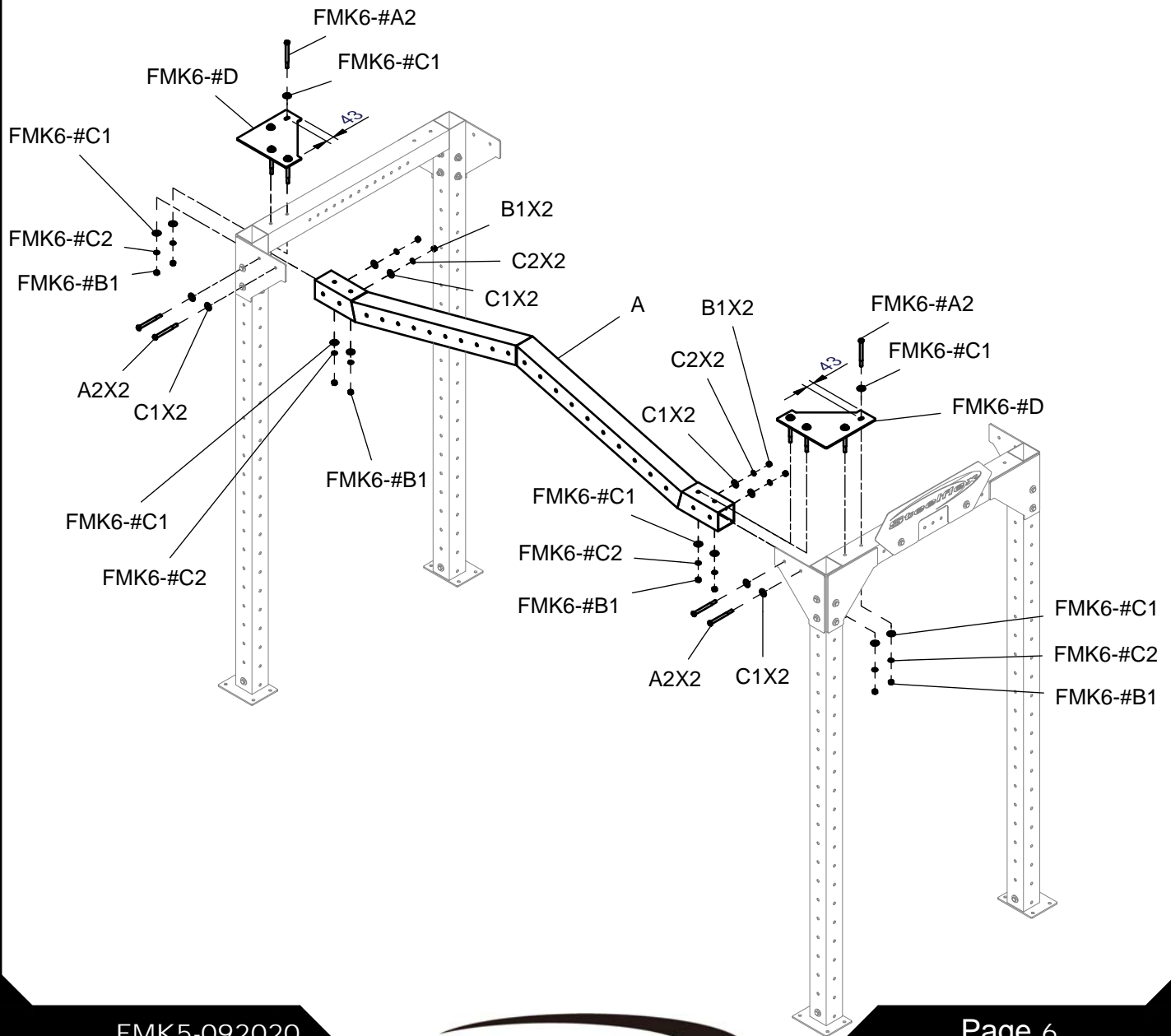


# FMK5 ASSEMBLY INSTRUCTIONS

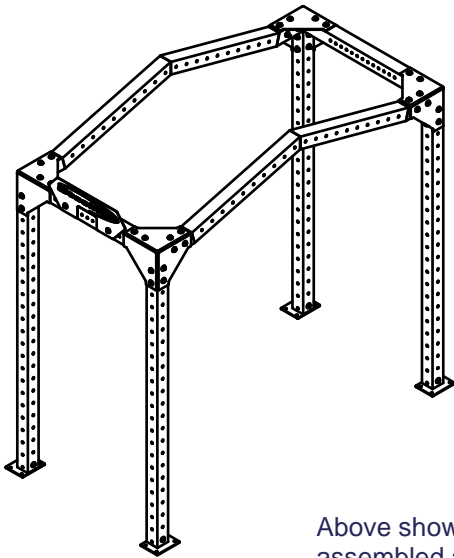


Above shows STEP 4  
assembled and completed

#Please tighten the screw after all parts assembled.  
or please tighten all screws after all parts joint together



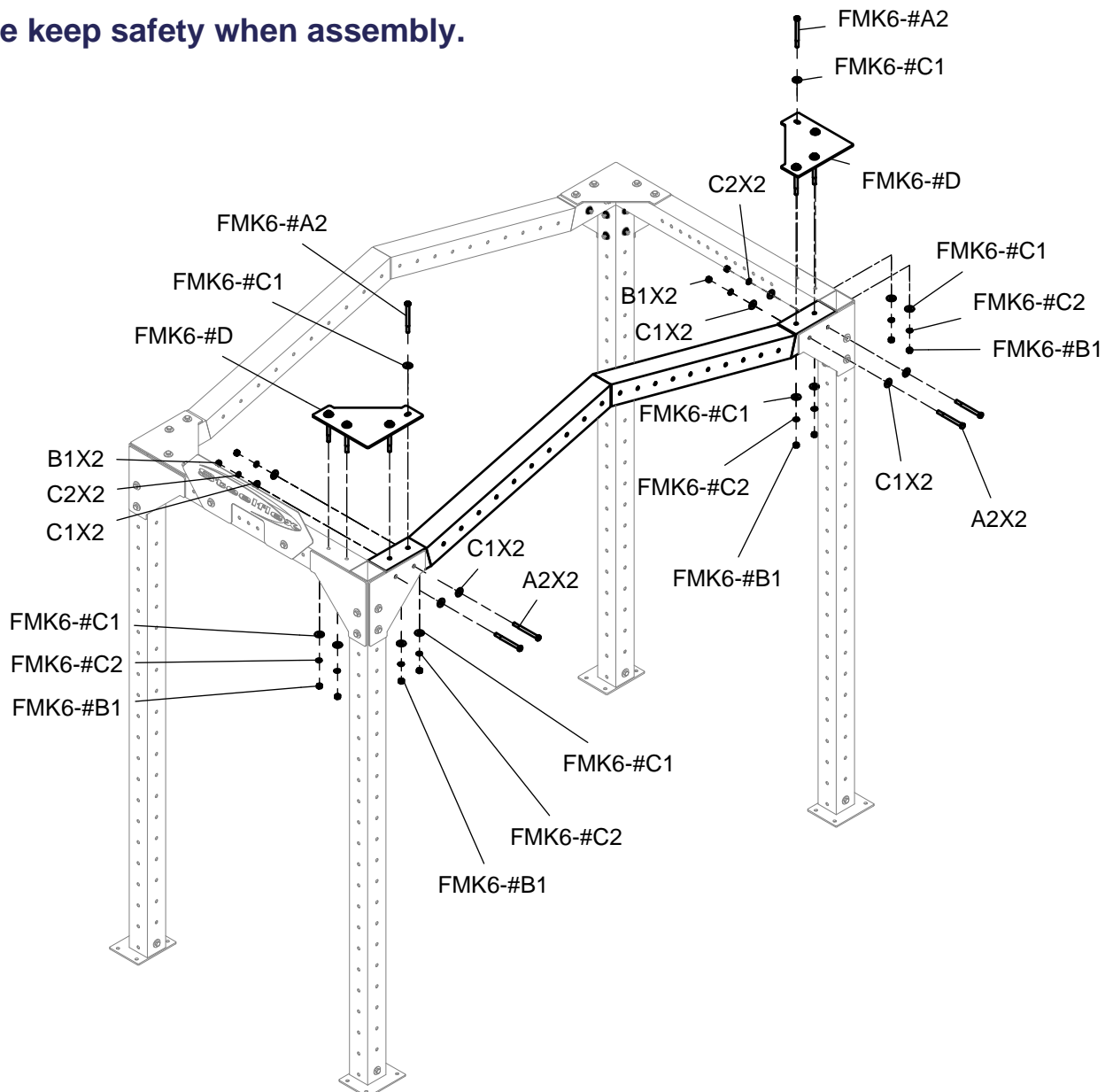
# FMK5 ASSEMBLY INSTRUCTIONS



Above shows STEP 5  
assembled and completed

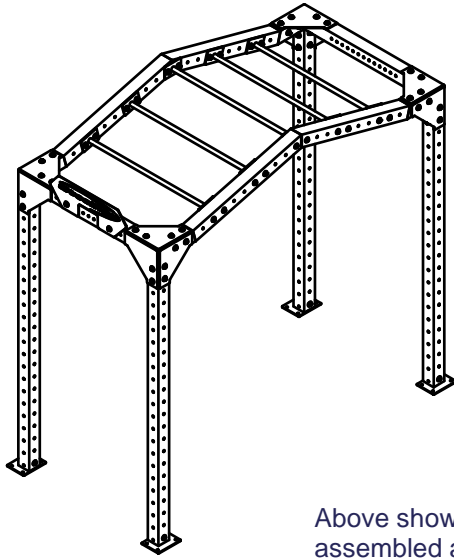
#Please tighten the screw after all parts assembled.  
or please tighten all screws after all parts joint together

**#Please keep safety when assembly.**





# FMK5 ASSEMBLY INSTRUCTIONS



Above shows STEP 6  
assembled and completed

#Please tighten the screw after all parts assembled.  
or please tighten all screws after all parts joint together

FTS360  
assembled Procedure

