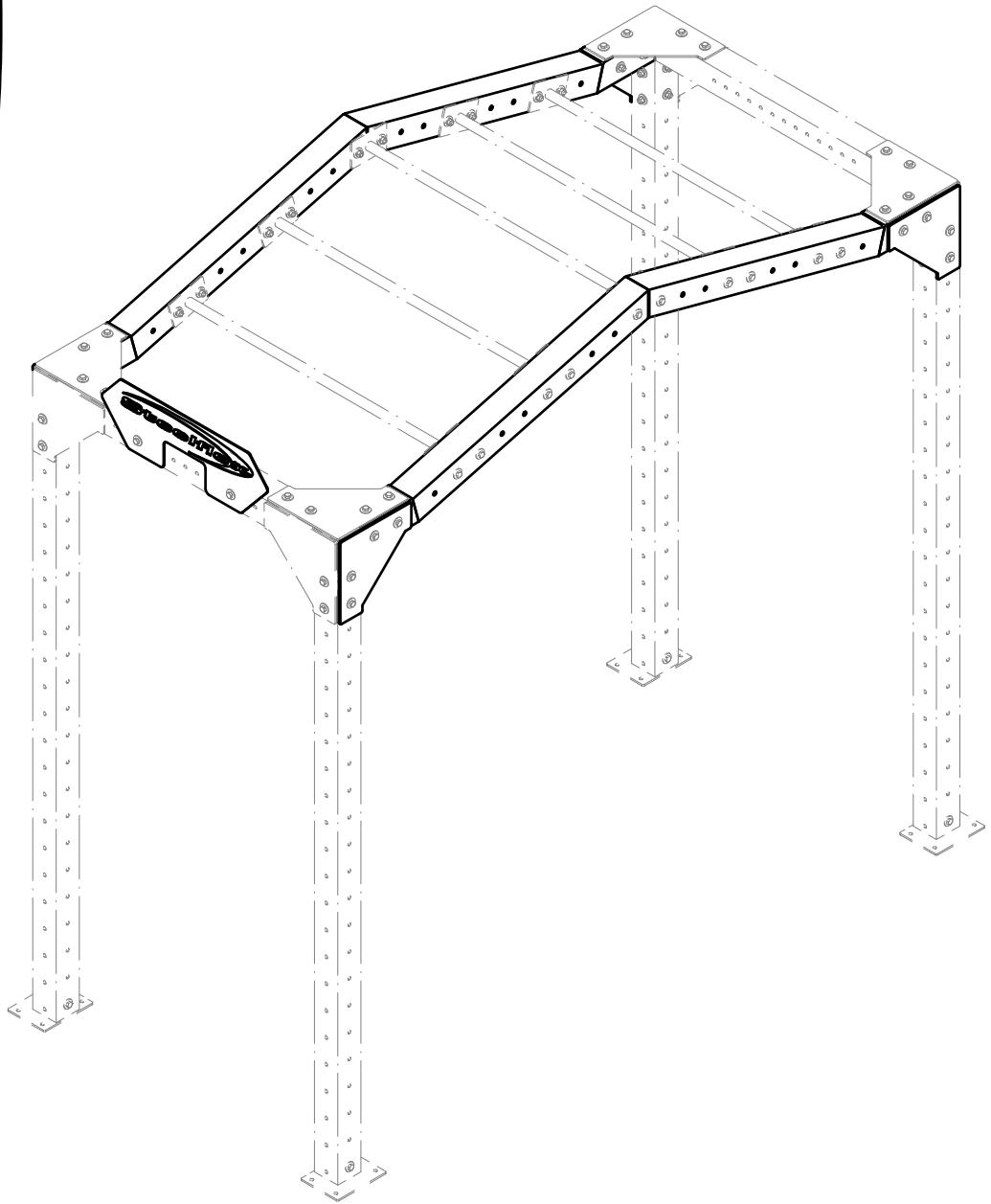


FUNCTION MACHINE



JOONG CHENN INDUSTRY CO., LTD.

Sales Office:

3F28, No.5, Shin-Yi Rd., Sec. 5, Taipei, Taiwan 110 R.O.C.

Tel: 886-2-27209980

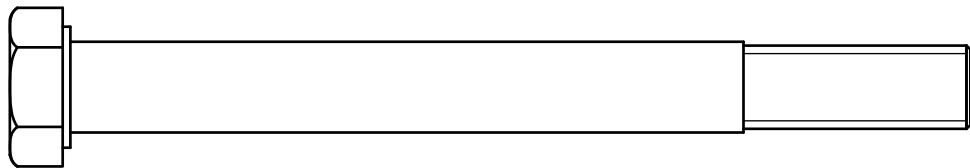
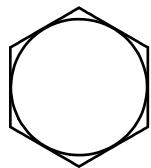
Fax: 886-2-27229750

www.steelflexfitness.com

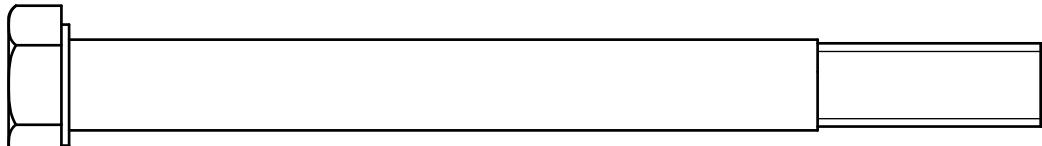
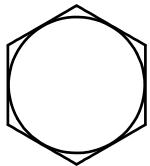
FMK5 OWNER'S MANUAL

FMK5 ASSEMBLY INSTRUCTIONS

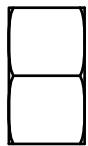
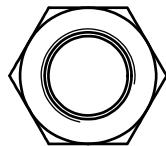
HARDWARE ILLUSTRATION



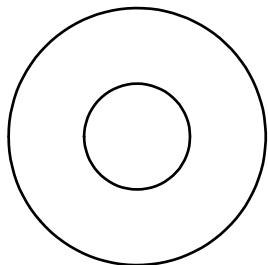
(A1)HEX BOLT M12X125L PARTIAL THREAD QTY.2



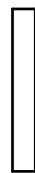
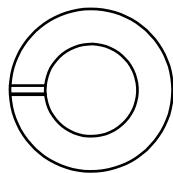
(A2)HEX BOLT M12X130L PARTIAL THREAD QTY.16



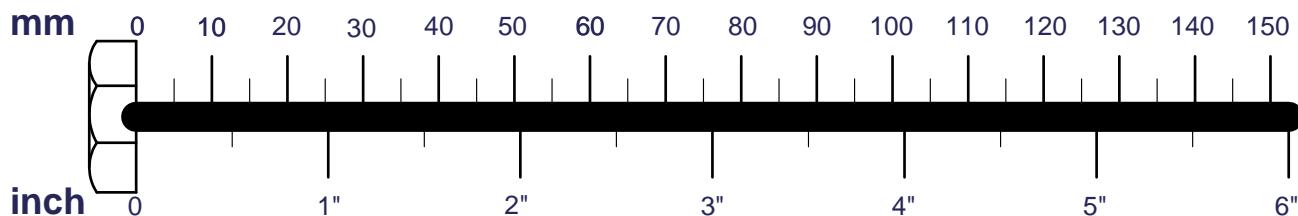
(B1)LOCK NUT M12 QTY.18



(C1)M12(I.D.)FLAT WASHER Ø34 QTY.36



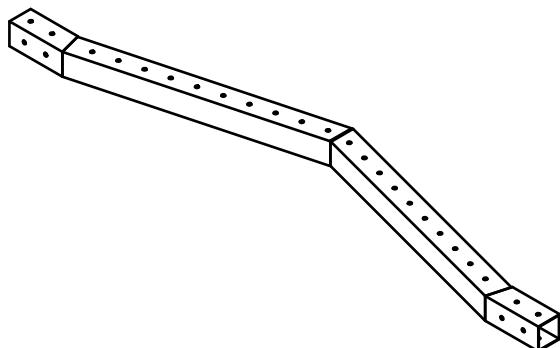
(C2)SPRING WASHER M12 QTY.18



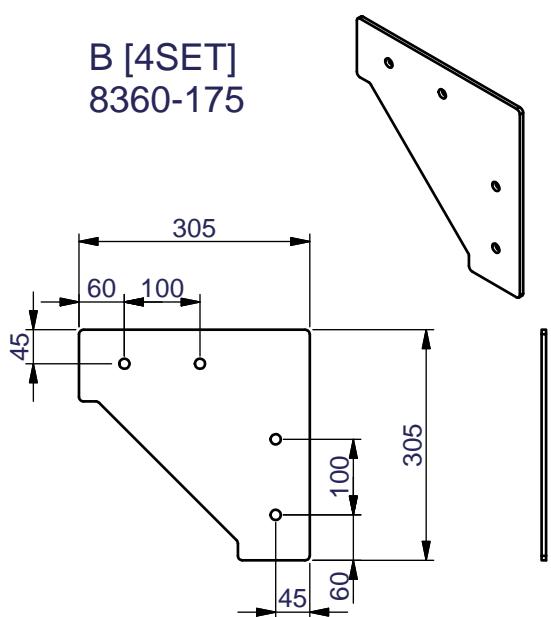
FMK5 ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

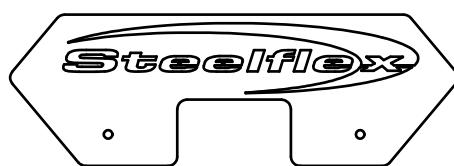
A [2SET]



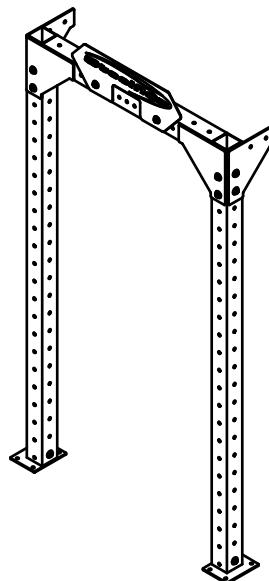
B [4SET]
8360-175



C [1SET]
8360-179



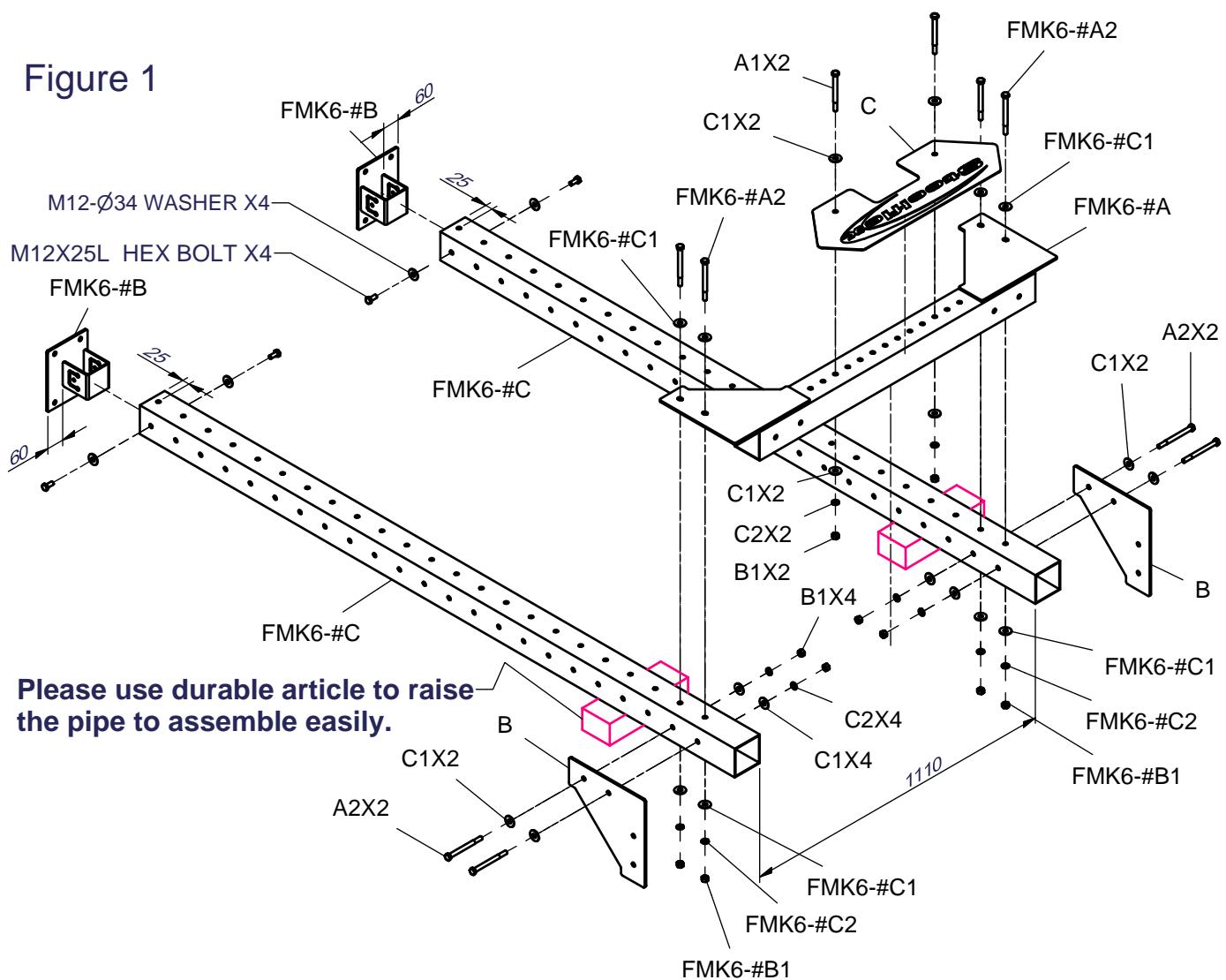
FMK5 ASSEMBLY INSTRUCTIONS



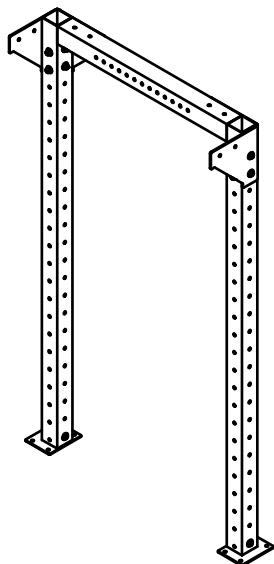
Above shows STEP 1
assembled and completed

#Please tighten the screw after all parts assembled.
or please tighten all screws after all parts joint together

Figure 1



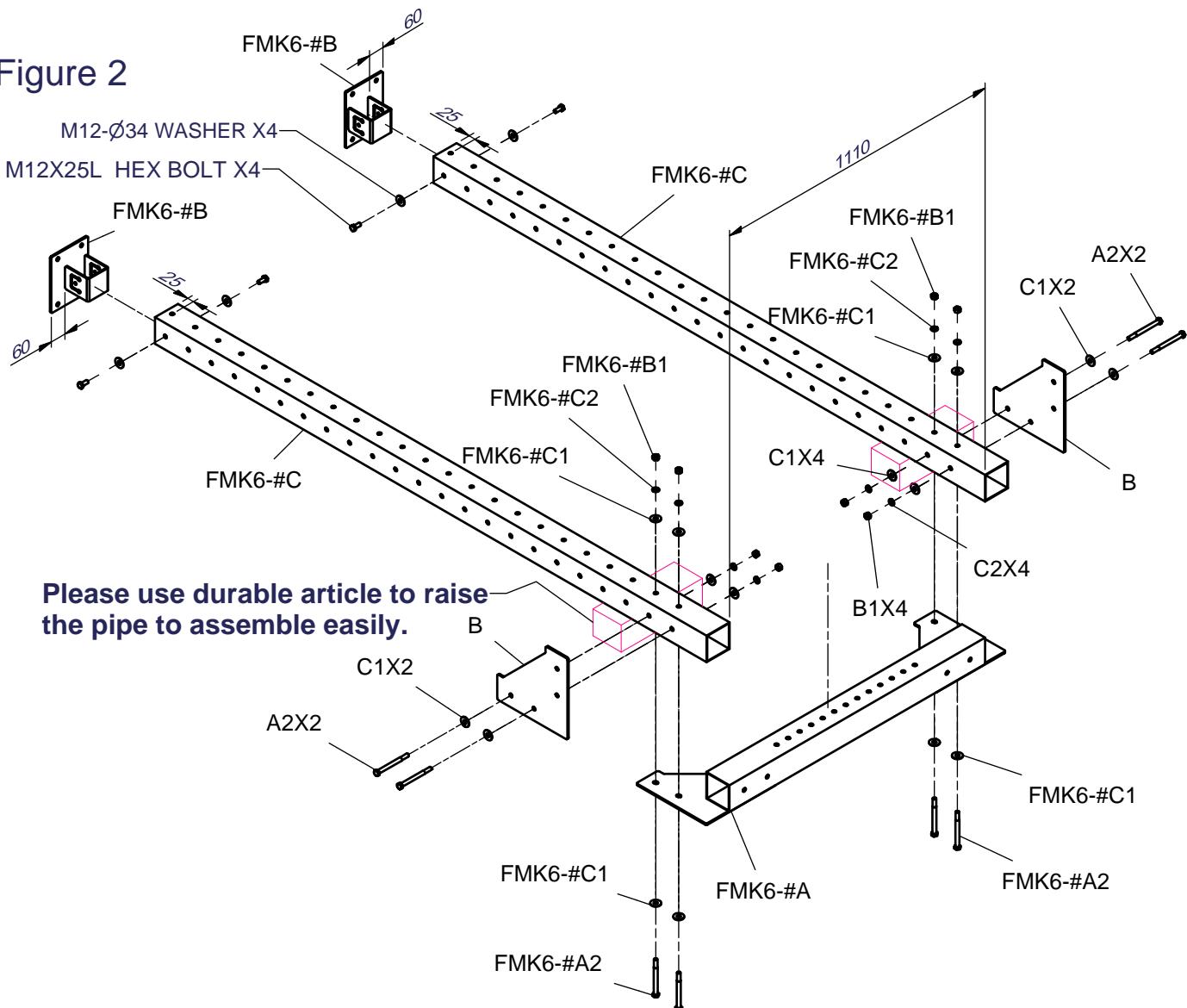
FMK5 ASSEMBLY INSTRUCTIONS



Above shows STEP 2
assembled and completed

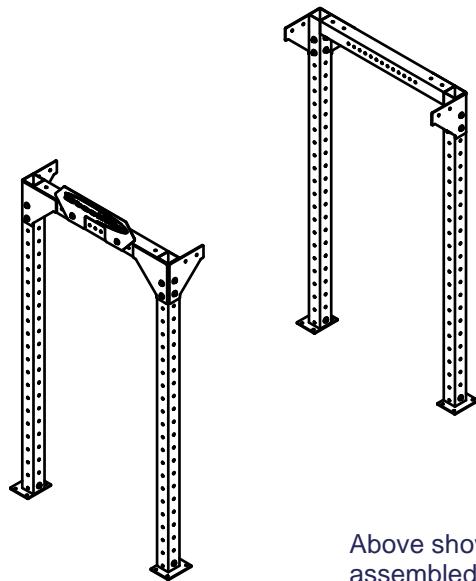
#Please tighten the screw after all parts assembled.
or please tighten all screws after all parts joint together

Figure 2



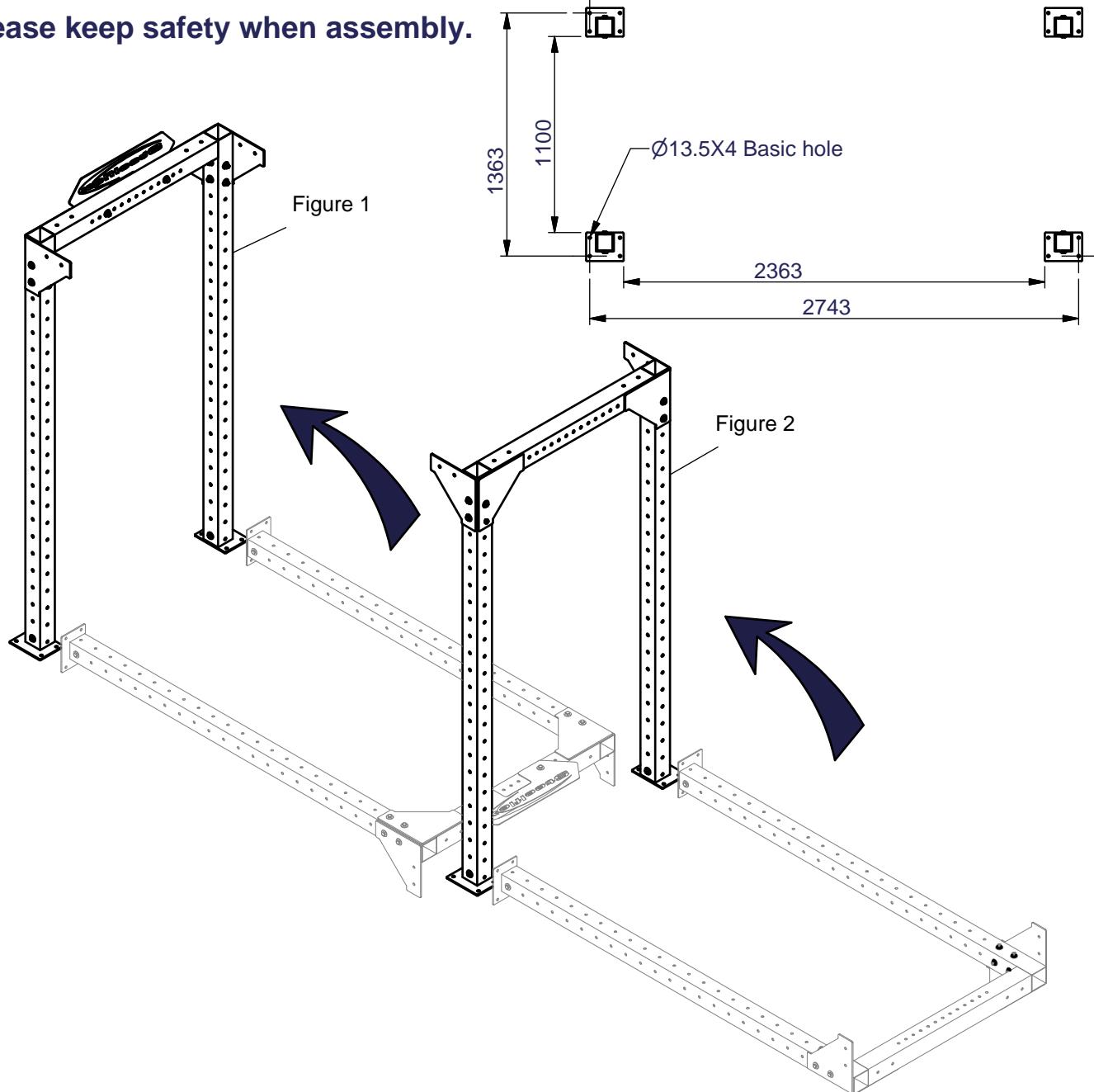
Please use durable article to raise
the pipe to assemble easily.

FMK5 ASSEMBLY INSTRUCTIONS

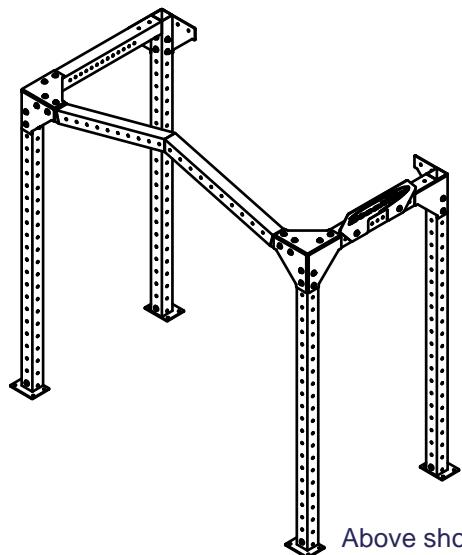


Above shows STEP 3
assembled and completed

#Please keep safety when assembly.

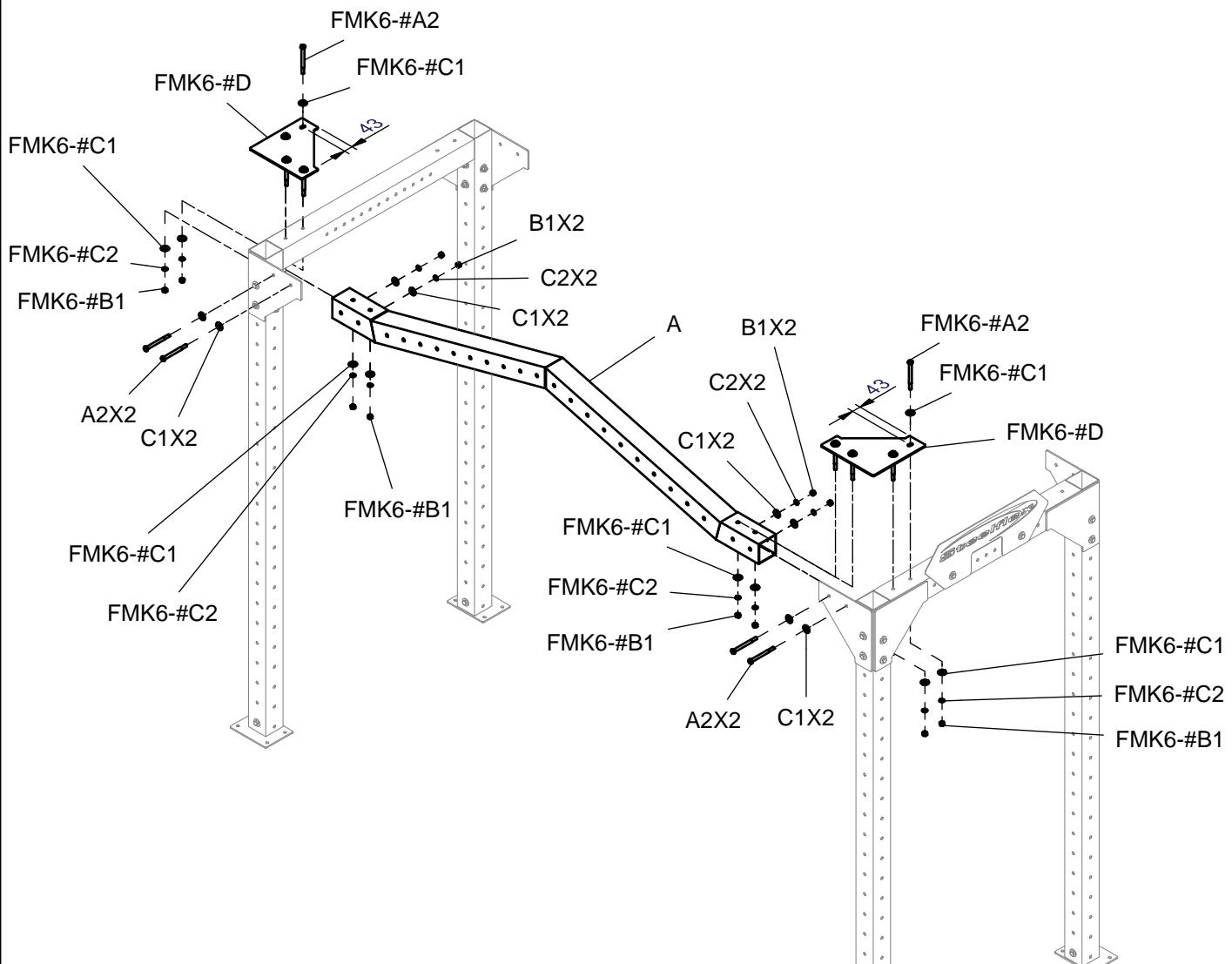


FMK5 ASSEMBLY INSTRUCTIONS

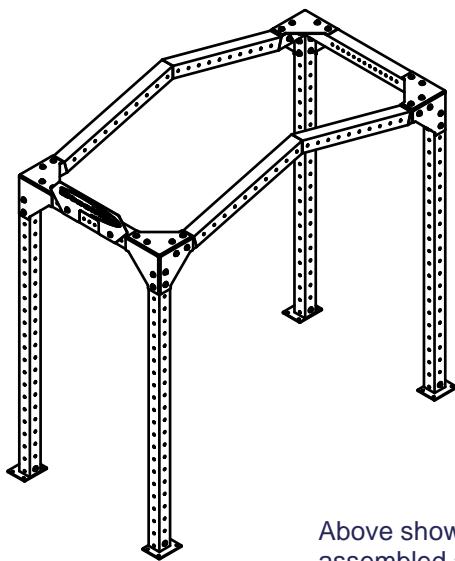


Above shows STEP 4
assembled and completed

#Please tighten the screw after all parts assembled.
or please tighten all screws after all parts joint together



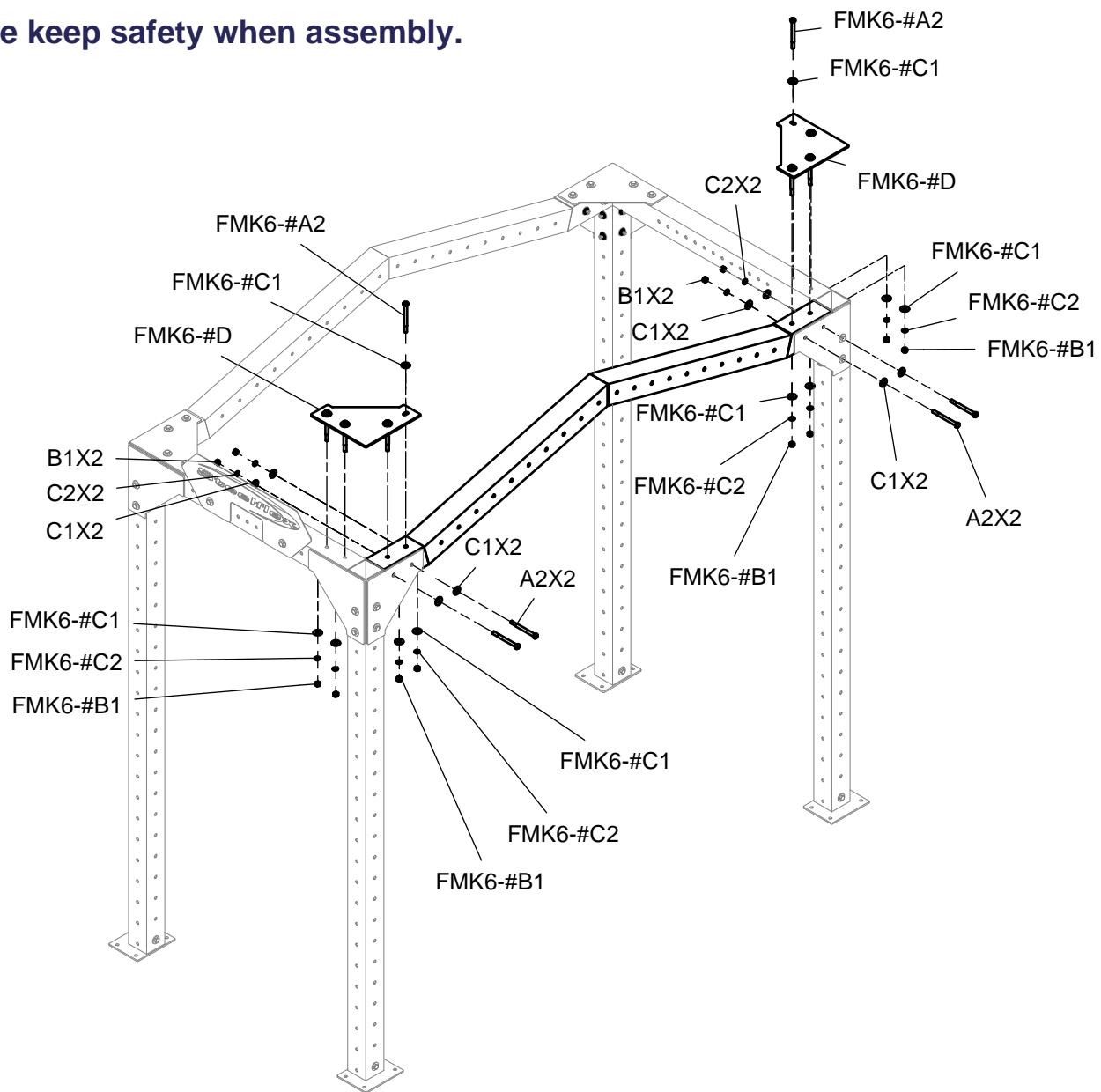
FMK5 ASSEMBLY INSTRUCTIONS



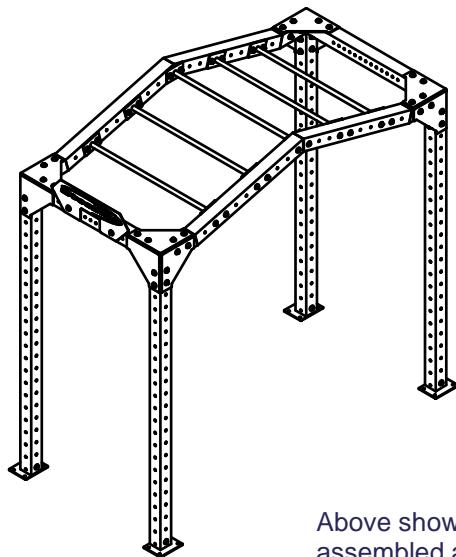
Above shows STEP 5
assembled and completed

#Please tighten the screw after all parts assembled.
or please tighten all screws after all parts joint together

#Please keep safety when assembly.



FMK5 ASSEMBLY INSTRUCTIONS



Above shows STEP 6
assembled and completed

#Please tighten the screw after all parts assembled.
or please tighten all screws after all parts joint together

FTS360 assembled Procedure

