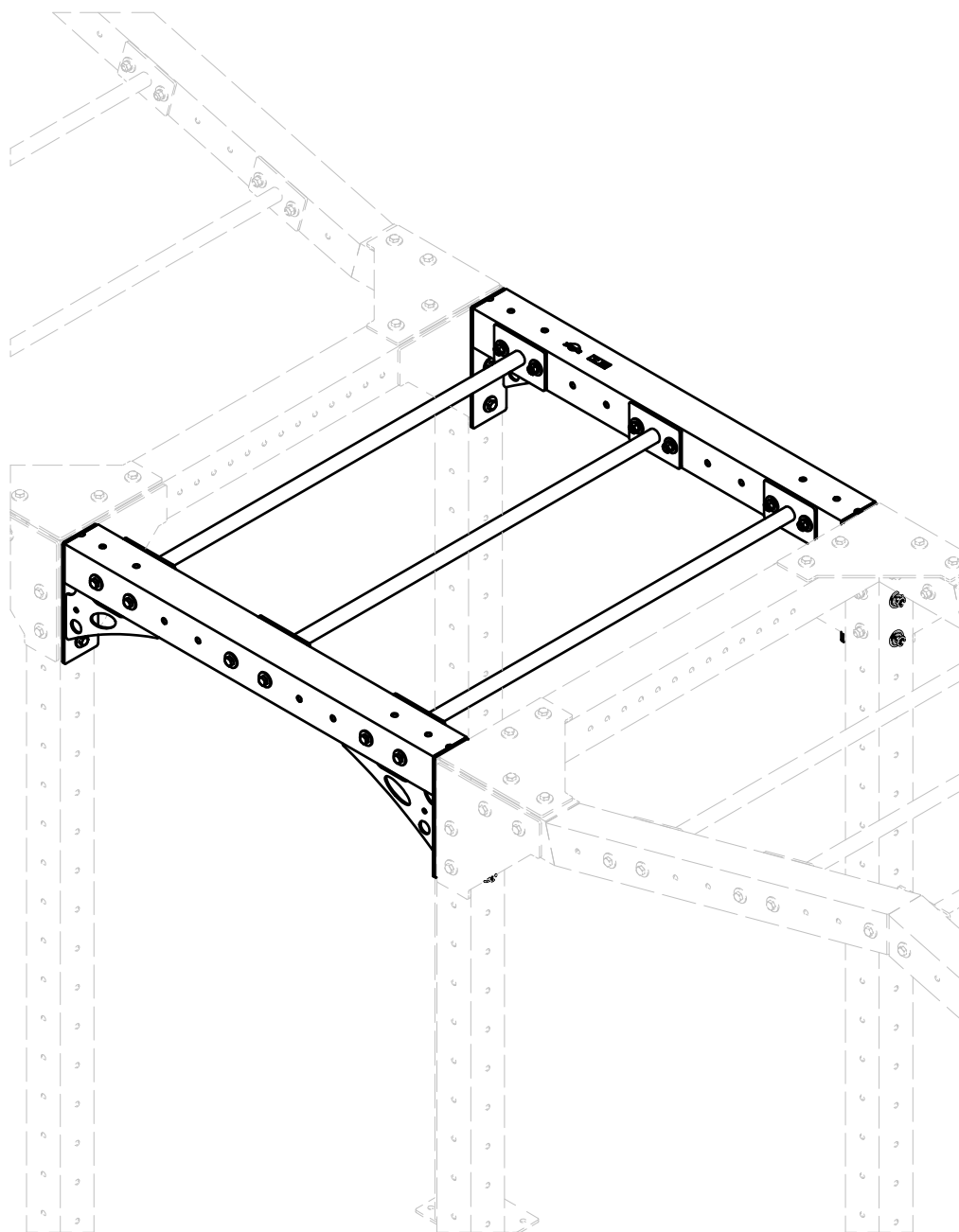


FUNCTION MACHINE



JOONG CHENN INDUSTRY CO., LTD.

Sales Office:

3F28, No.5, Shin-Yi Rd., Sec. 5, Taipei, Taiwan 110 R.O.C.

Tel: 886-2-27209980

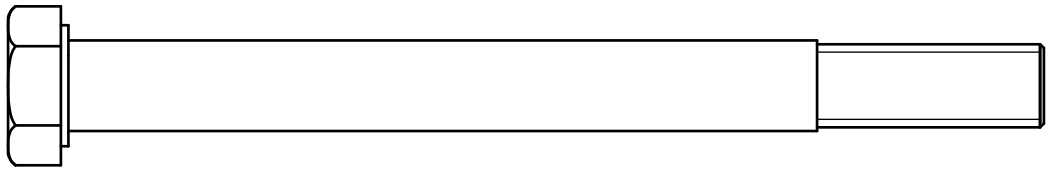
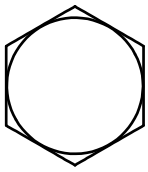
Fax: 886-2-27229750

www.steelflexfitness.com

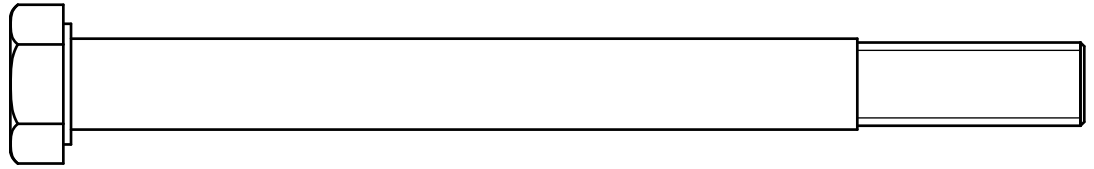
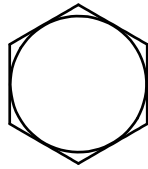
FMK3 OWNER'S MANUAL

FMK3 ASSEMBLY INSTRUCTIONS

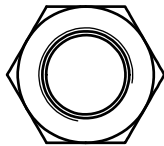
HARDWARE ILLUSTRATION



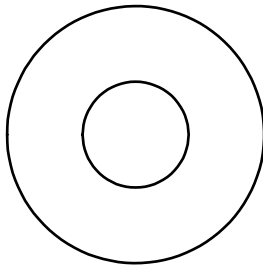
(A1)HEX BOLT M12X130L PARTIAL THREAD QTY.12



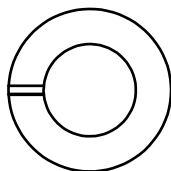
(A2)HEX BOLT M12X135L PARTIAL THREAD QTY.8



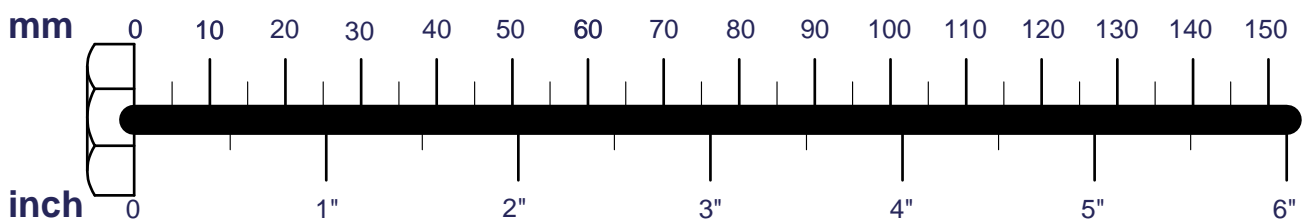
(B1)LOCK NUT M12 QTY.20



(C1)M12(I.D.)FLAT WASHER Ø34 QTY.40



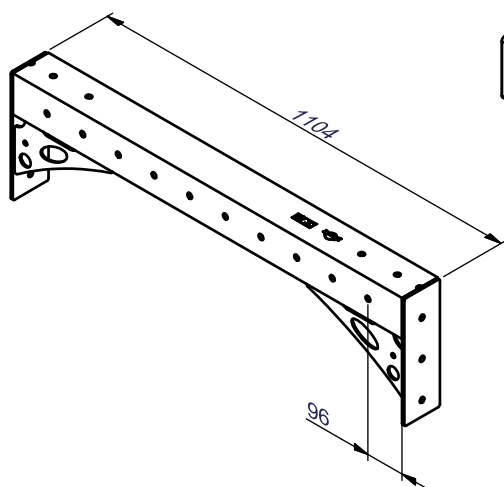
(C2)SPRING WASHER M12 QTY.20



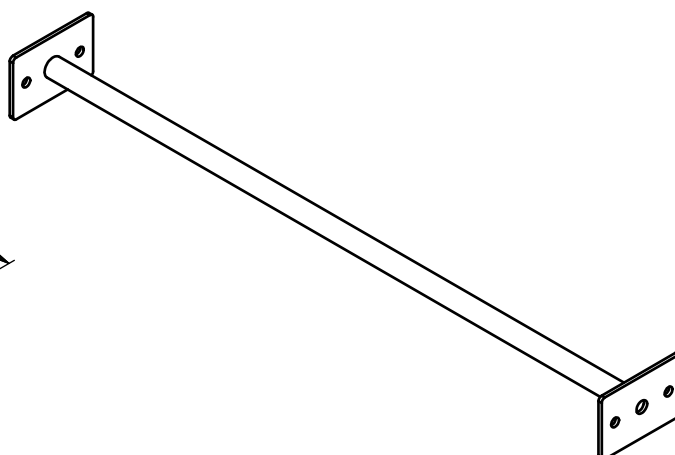
FMK3 ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

A [2SET]

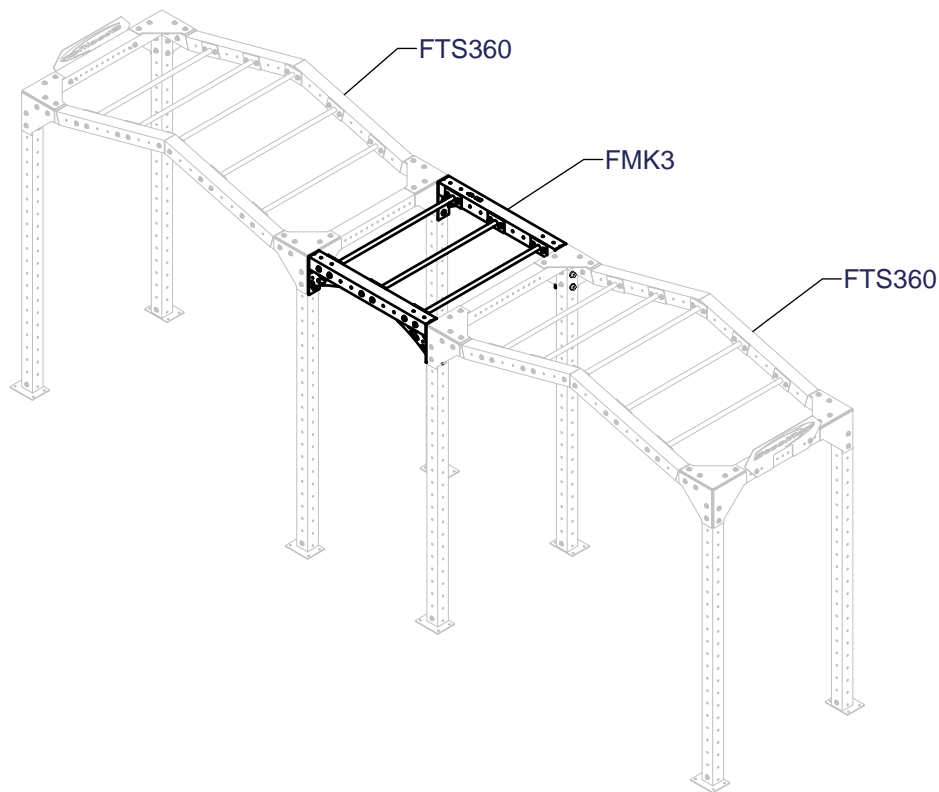


B [3SET]

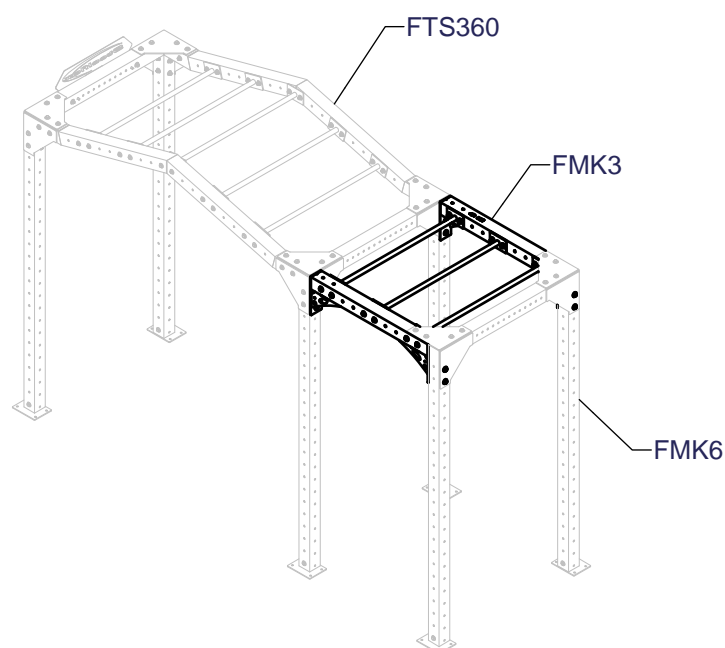


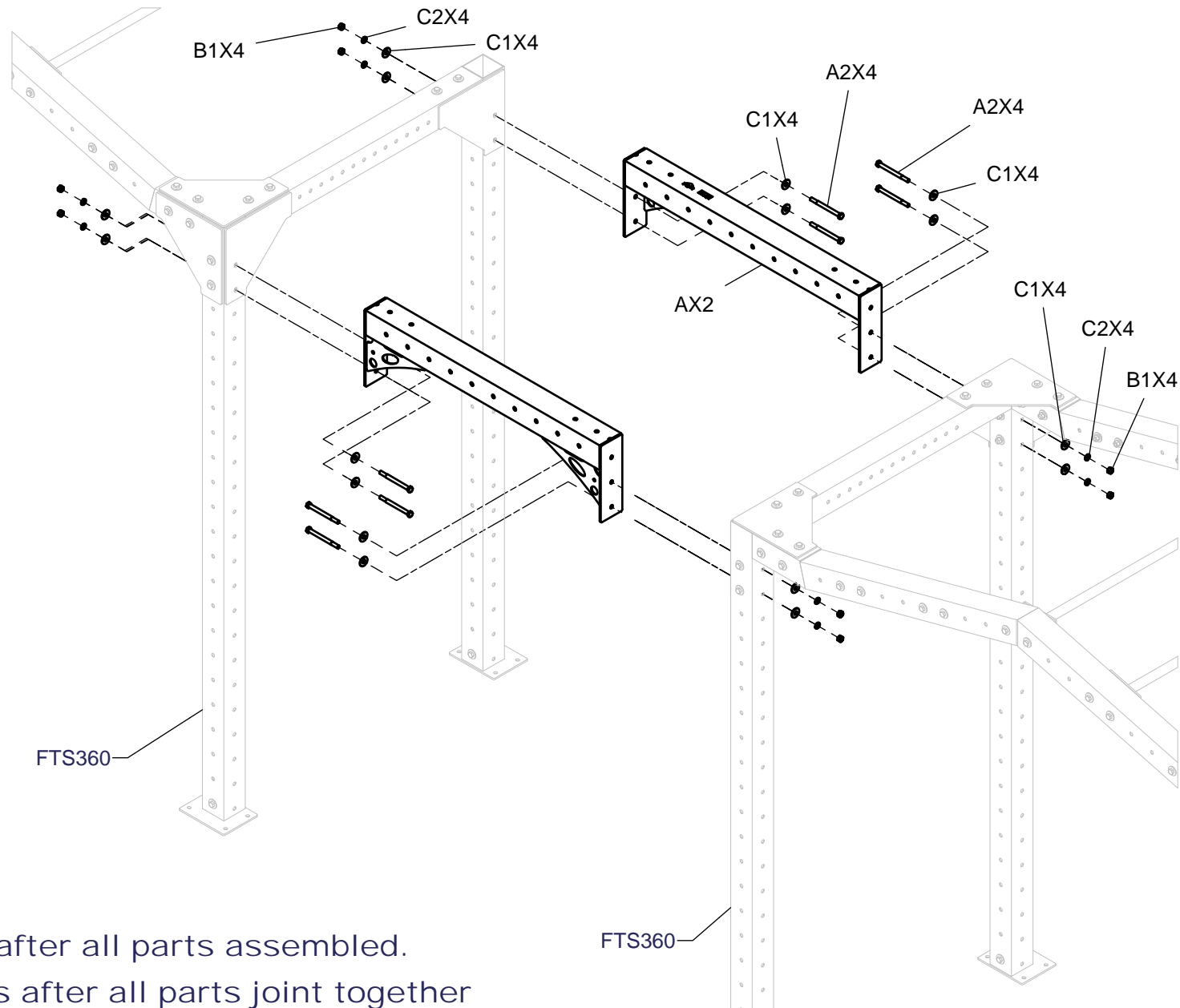
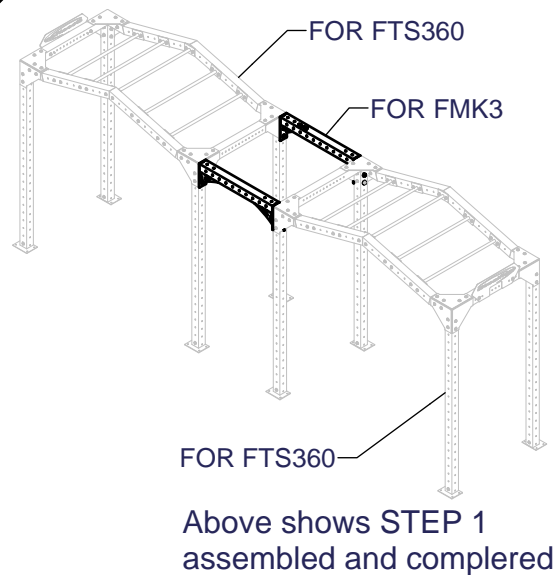
FMK3 ASSEMBLY INSTRUCTIONS

#FMK3 is connected between two FTS360 assembly instructions ,
please turn to page 4

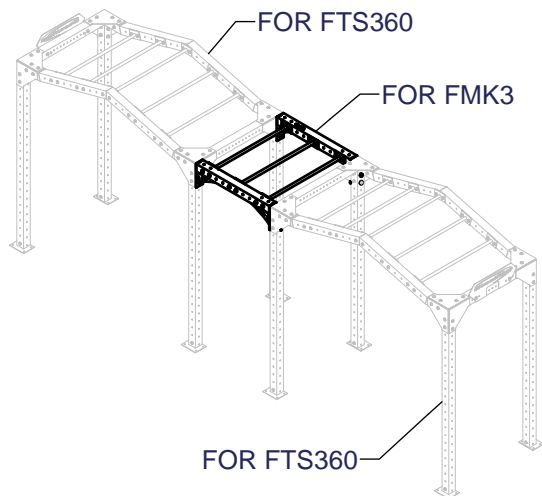


#FMK3 is connected between FTS360 and FMK6
assembly instructions , please turn to FMK6 manual pages 3 and 4

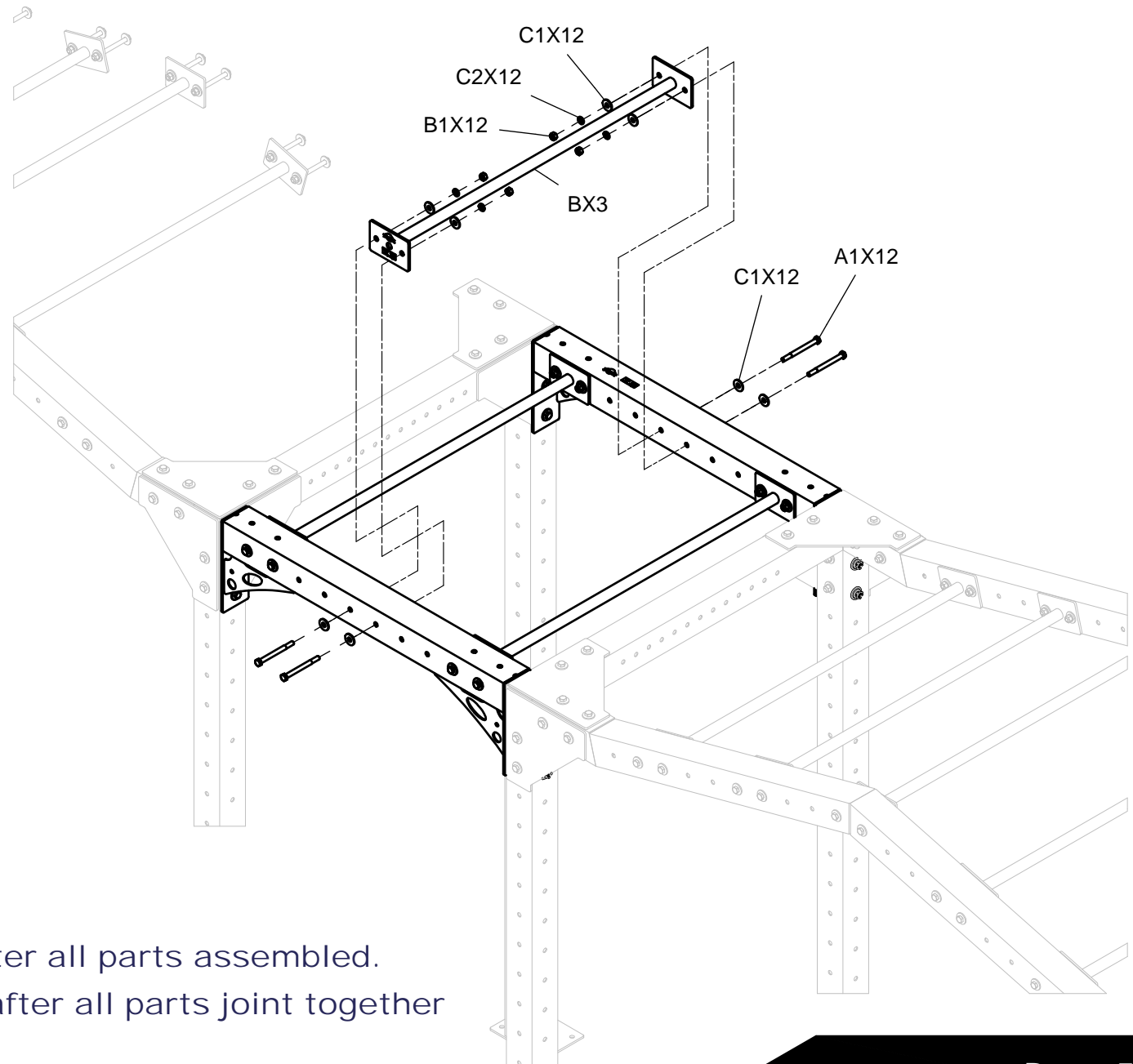




#Please tighten the screw after all parts assembled.
or please tighten all screws after all parts joint together



Above shows STEP 2
assembled and completed



#Please tighten the screw after all parts assembled.
or please tighten all screws after all parts joint together