*MMH1500 Maintenance

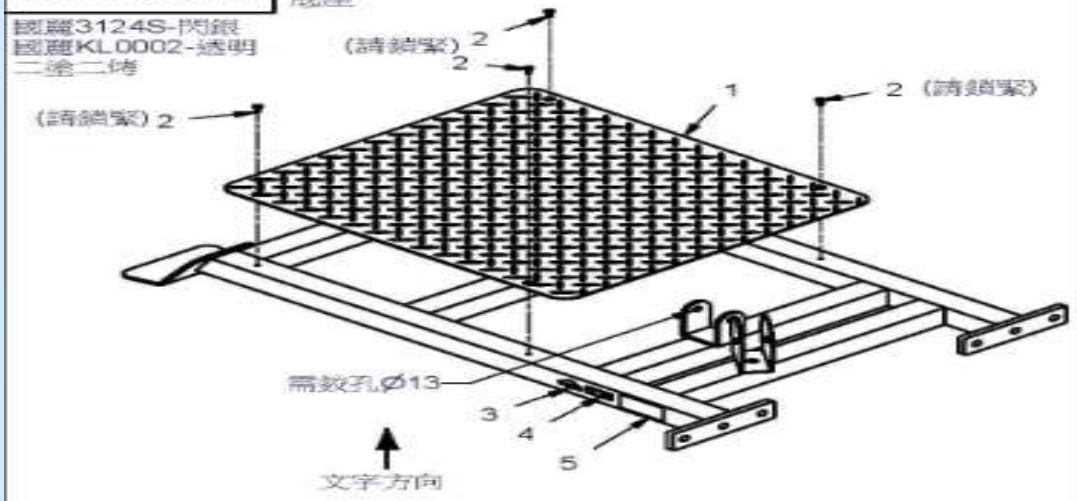
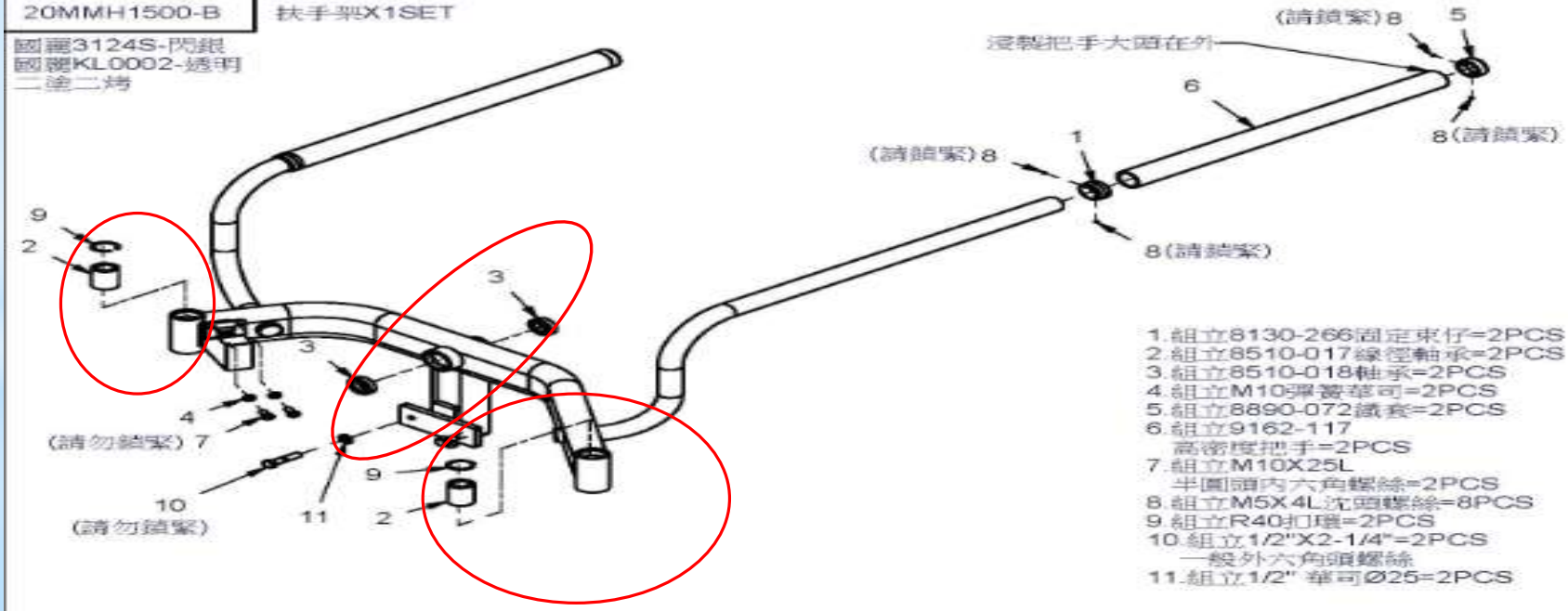


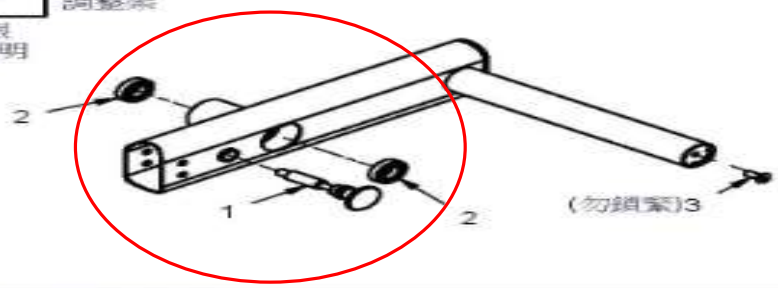
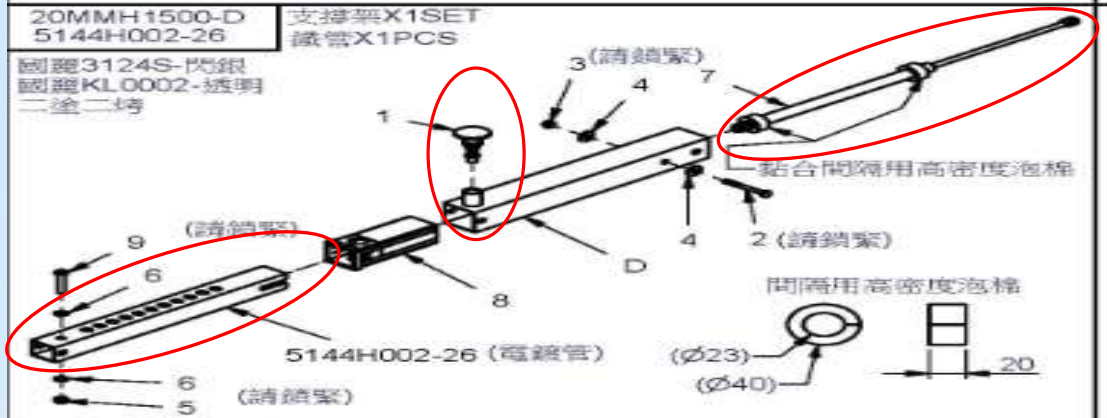
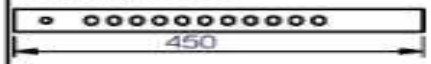
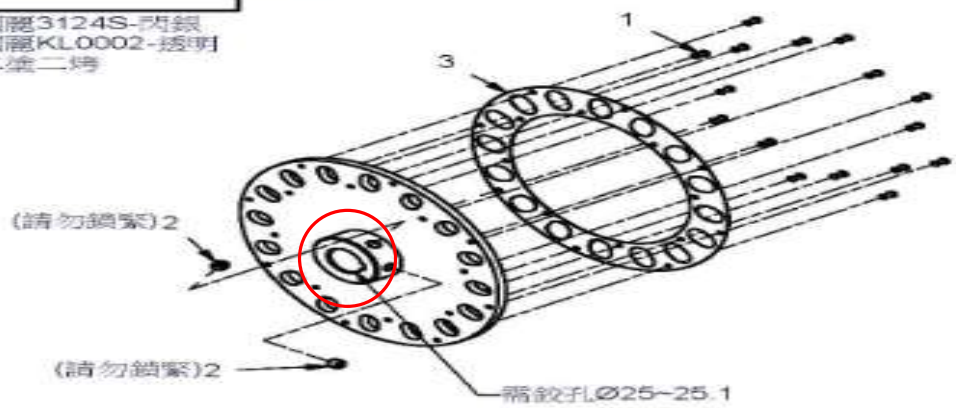
* Customers can put some grease on pivot points(red circle place), with brass or gunmetal bushings.

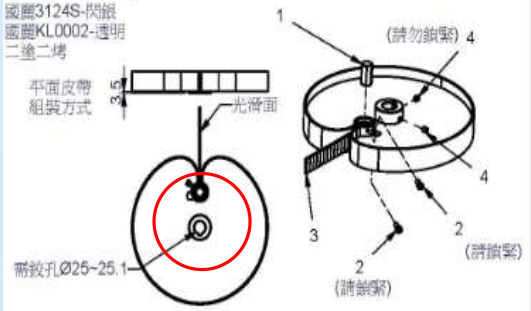
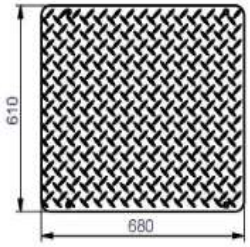
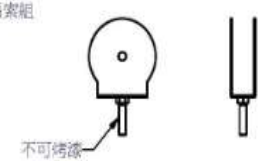


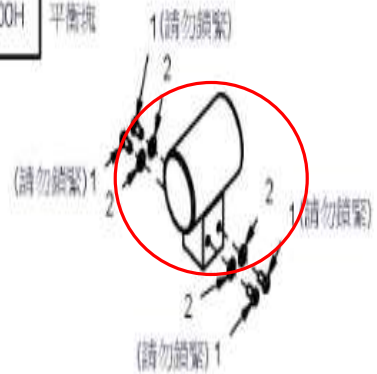


* Let's maintain your machine!

零件代碼	品 名 及 圖 案	用量	備 註
20MMH1500-A1 國麗3124S-閃銀 國麗KL0002-透明 二塗二烤	底座 	1SET	1.組立8370-040壓花板=1PCS 2.組立M6X16L 錐形平頭內六角螺絲=4PCS 3.貼9440-055貼紙=1PCS 4.貼"工單"貼紙=1PCS 5.貼9440-329認證貼紙=1PCS
20MMH1500-B 國麗3124S-閃銀 國麗KL0002-透明 二塗二烤	扶手架X1SET 		1.組立8130-266固定束仔=2PCS 2.組立8510-017線管軸承=2PCS 3.組立8510-018軸承=2PCS 4.組立M10彈簧華可=2PCS 5.組立8890-072鐵套=2PCS 6.組立9162-117 高密度把手=2PCS 7.組立M10X25L 半圓頭內六角螺絲=2PCS 8.組立M5X4L沈頭螺絲=8PCS 9.組立R40扣環=2PCS 10.組立1/2"X2-1/4"=2PCS 一般外六角頭螺絲 11.組立1/2" 華可Ø25=2PCS

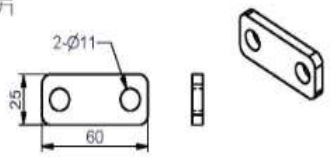
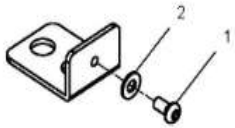
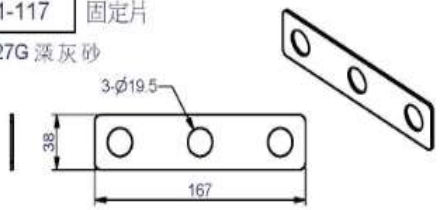
零件代碼	品 名 及 圖 案	用量	備 註
20MMH1500-C1 國麗3124S-閃銀 國麗KL0002-透明 二塗二烤	調整架 	1SET	1.組立8250-068調整組=1PCS 2.組立8510-018軸承=2PCS 3.組立M10X25L 錐形平頭內六角螺絲=1PCS
20MMH1500-D 5144H002-26 國麗3124S-閃銀 國麗KL0002-透明 二塗二烤	支撐架X1SET 鐵管X1PCS 	1SET	1.組立8250-066調整組=1PCS 2.組立3/8"X3"L 一般外六角螺絲=1PCS 3.組立3/8"尼帽=1PCS 4.組立3/8"華司Ø27=2PCS 5.組立M10尼帽=1PCS 6.組立M10華司Ø19=2PCS 7.組立8830-026氣壓棒=1PCS 8.組立9211-047雙層套=1PCS 9.組立M10X60L 半圓頭內六角螺絲=1PCS 5144H002-26(電鍍管) □45X2.3X400 
20MMH1500-E 國麗3124S-閃銀 國麗KL0002-透明 二塗二烤	滾撐盤 	1SET	1.組立435-(4-3)拉釘=16PCS 2.組立5/16"X5/16"L 沈頭螺絲=2PCS 3.組立9440-244 不鏽鋼貼紙=1PCS 品質異常單 2018090001 HLMMH1500A

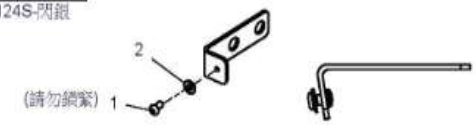
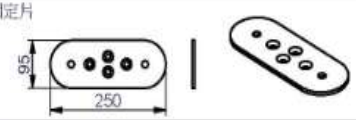
零件代碼	品名及圖案	用量	備註
6680-015	調整盤 國覺3124S-閃銀 國覺KL0002-透明 二塗二烤 平面皮帶組裝方式  	1SET	1.組立8210-162軸心=1PCS 2.組立M6X16L=2PCS 圓頭內六角螺絲 3.組立FMMH1500皮帶=1PCS 4.組立5/16"X3/8"L=2PCS 沉頭內六角螺絲 工作連絡單 100045 HLMMH1500A
8370-040	壓花板 國鋁790-49153F1HT-深灰  	1PCS	610X2.3TX680L
8220-199	轉軸心 染黑  	1PCS	1.組立M10X25L 錐形平頭內六角螺絲=2PCS 2.組立□6X6X25L平鍵=1PCS 3.組立□6X6X35L平鍵=1PCS HLMMH1500A Ø25x250L
20MMH1500-F	吊索組 國覺3124S-閃銀 國覺KL0002-透明 二塗二烤  	1SET	HLMMH1500A
8220-198	導桿 鍍硬鉻  	2SET	1.組立M10X35L 錐形平頭內六角螺絲=4PCS HLMMH1500A Ø25X300L

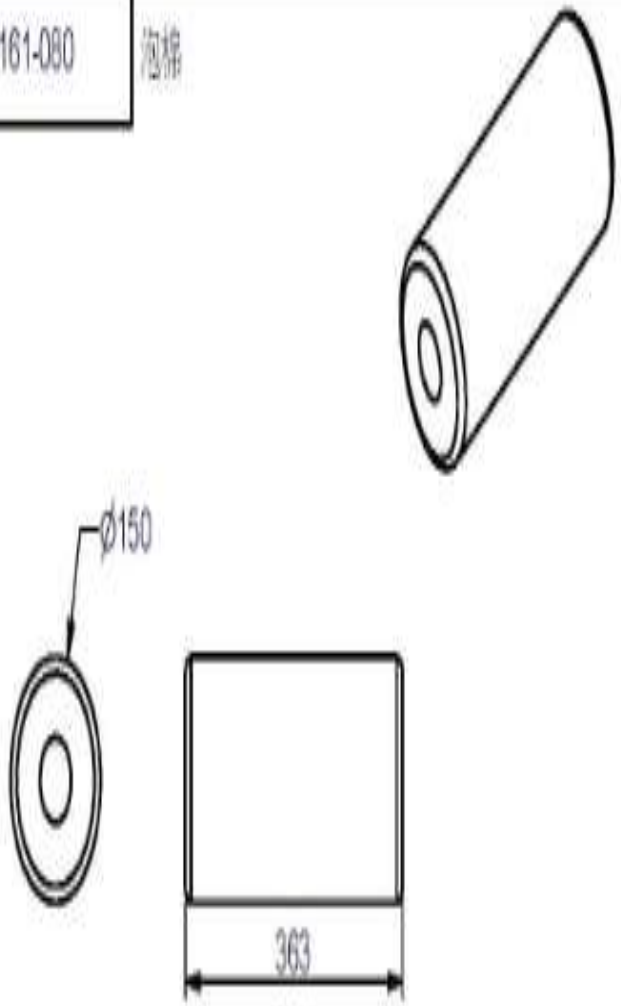
零件代碼	品名及圖案	用量	備註
23MMH1500A	附件包	1SET	HLMMH1500A
25MMH1500A	皮帶輪包	1SET	HLMMH1500A
GMMH1500A	螺絲包	1SET	HLMMH1500A
KMMH1500	說明書	1SET	
9420-111	MMH1500動作匯路板	1PCS	9630-126氣泡袋X1 160X460XB-平口
26MMH1500H	平衡塊 電鍍  	1SET	1.組立M8X16L=4PCS 半圓頭內六角螺絲 2.組立M8墊可-Ø18=4PCS HLMMH1500A

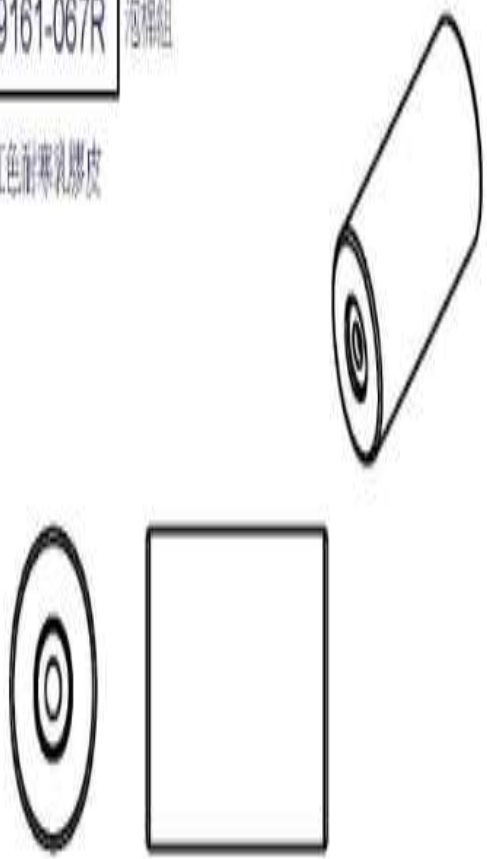
零件代碼	品 名 及 圖 案	用量	備 註
20MMH1500-G1	門框=1SET 國麗3124S-閃銀 國麗KL0002透明漆 二塗二烤		2. 3. 4.組立M6X12L 半圓頭內六角螺絲=1PCS 5.組立M6華司Ø13=1PCS 6.組立M10X12L 圓頭內六角-CAP螺絲=4PCS 7.組立M10X25L 扁形內六角螺絲=5PCS 8.組立M6拉帽 (身體有花)=16PCS 9. 10. 11. 12. 13. 14.組立1/2"X1-1/4"L 一般外六角螺絲=4PCS 15.組立1/2"華司Ø25=4PCS 16.組立8130-231端蓋=1PCS 17.組立8520-008鉚華司=2PCS
6640-011	單吊輪座=1SET 國麗3124S-閃銀 國麗KL0002透明漆 二塗二烤		
9220-052	護網 壓克力護網 透明黑	1PCS	1.貼9440-117防夾手貼紙=1PCS
9220-016	護網 壓克力護網 透明黑	1PCS	設變單號 2019030002

零件代碼	品 名 及 圖 案	用量	備 註
9220-023	護網 壓克力護網 透明黑	1PCS	
9211-148	上蓋	1SET	1. 貼9441-370=2PCS 鋁條(Steelflex) H9211148
8400-033	擺撐上片	1SET	HLMMH1500B
8210-216	20孔選擇桿組 電鍍	1PCS	
			設變單號 2016010001
8331-057	L型片 國麗3124S-閃銀	4SET	1.組立M6X12L 半圓頭內六角螺絲=4PCS 2.組立M6華司Ø13=4PCS HLMMH1500B

零件代碼	品 名 及 圖 案	用量	備 註
8311-117	固定片 國麗3124S-閃銀 國麗KL0002透明漆 二塗二烤 	1PCS	HLMMH1500B
8331-056	L型片 國麗3124S-閃銀 	1SET	1.組立M6X12L 半圓頭內六角螺絲=1PCS 2.組立M6華司-Ø13=1PCS HLMMH1500B
			設變單號 2019030002
8311-117	固定片 K32027G 淡灰砂 	1PCS	HLMMH1500B

零件代碼	品 名 及 圖 案	用量	備 註
8331-058	L型片 國麗3124S-閃銀 	3SET	1.組立M6X12L 半圓頭內六角螺絲=3PCS 2.組立M6華司-Ø13=3PCS HLMMH1500B
8313-144	固定片 國麗3124S-閃銀 國麗KL0002透明漆 二塗二烤 	2PCS	HLMMH1500B
8280-042	導桿 	2PCS	
23MMH1500B	附件包	1SET	HLMMH1500B
23MDCUP	附件包-CUP	1SET	HLMMH1500B
25MMH1500B	皮帶輪包	1SET	HLMMH1500B
GMMH1500B	螺絲包	1SET	HLMMH1500B
			設變單號 2019030002
			9180025特固龍X4 9180028特固龍X2 9630009束帶X4 9630031氣泡袋X1 9630064氣泡布X1 9630080氣泡布X1 9630151氣泡袋X1 9630176蜂巢紙X8

零件代碼	品名及圖案	用量
9161-060	泡棉 	1PCS

零件代碼	品名及圖案	用量	備註
9161-067R	泡棉組 紅色耐寒海綿皮 	1PCS	委外加工 取9161-066泡棉=1PCS

MMH-1500 ASSEMBLY INSTRUCTIONS

HARDWARE ILLUSTRATION

D2.Ø50 CAP COVER(8130-131)----------[5PCS]
D3.Ø60 CAP COVER(8130-231)----------[1PCS]
D3.Ø10X60L SHAFT (8210-156) ----------[1PCS]
D4.Ø1" CU WASHER(8520-008)----------[2PCS]
D5.Ø38 END CAP(9211-099)----------[2PCS]
D7.Ø115 PULLEY(9213-042B)----------[1PCS]
D8.Ø110 PULLEY(9213-043A)----------[2PCS]
D9.5780mm BELT(FMMH15001)----------[1PCS]
D10.EXERCISE CHART (9420-111)----------[1PCS]
D12.□45 END CAP(9211-004)----------[1PCS]
D13.□60 END CAP(9211-049)----------[1PCS]
D27. Ø120XØ52X3t NYLON WASHER (9214-039)-----[2PCS]
D28.Ø76 CAP COVER(8130-236)----------[1PCS]

D2 D3 D4 D5



D7 D8 D9



D10 D12 D13



D27 D28



MMH-1500 ASSEMBLY INSTRUCTIONS

FRAME HARDWARE ILLUSTRATION

D14.3/4" SHAFT COLLAR(9211-147)----------[2PCS]
D15.Ø4" RUBBER PAD(9310-017)----------[2PCS]
D16.108X263 RUBBER PAD(9310-075)----------[2PCS]

D18.Ø115 PULLEY(9213-042B)----------[6PCS]
D19.BOTTLE BRACKET(8388-025)----------[1PCS]
D20.BOTTLE RACK(9260-320)----------[1PCS]
D21.BOTTLE(9260-123)----------[1PCS]

D14 D15 D16



D18 D19



D20 D21



MMH-1500 ASSEMBLY INSTRUCTIONS

FRAME HARDWARE ILLUSTRATION

D24.TOP PLATE(8400-033)----------[1PCS]
D25.3/4" SHAFT COLLAR(9211-167)----------[2PCS]
D26.Selector Rod(8210-216)----------[1PCS]

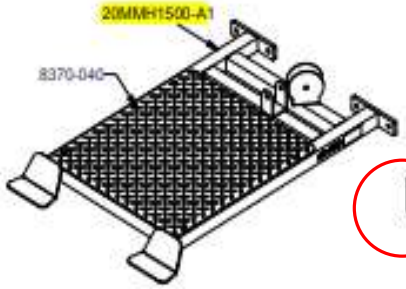
D24 D25 D26



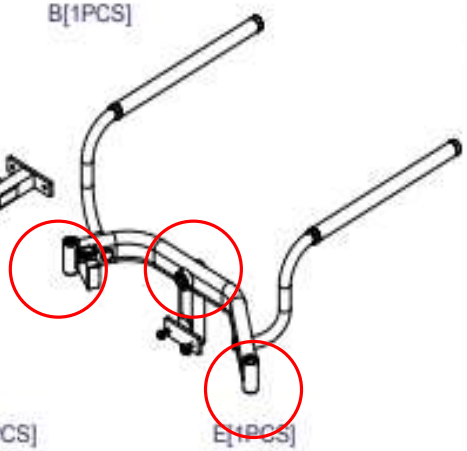
MMH-1500 ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

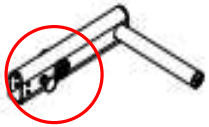
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B[1PCS]



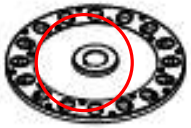
C1[1PCS]



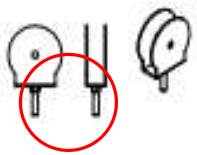
D[1PCS]



E[1PCS]



F[1PCS]



G[1PCS]
6680-015



H[1PCS]
280277



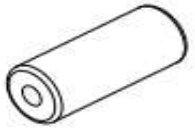
I[2PCS]
8220-198
Ø25X360L



J[1PCS]
8220-199
Ø25X250L



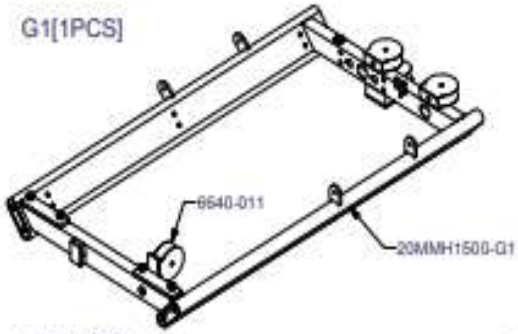
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9161-080
Ø150X360L



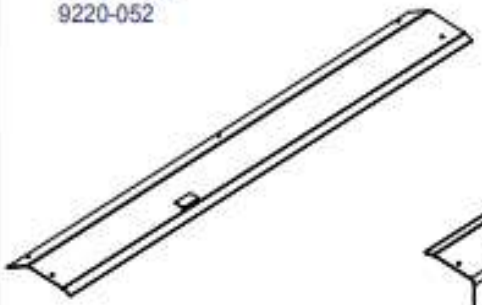
MMH-1500 ASSEMBLY INSTRUCTIONS

FRAME PARTS ILLUSTRATION SHEET

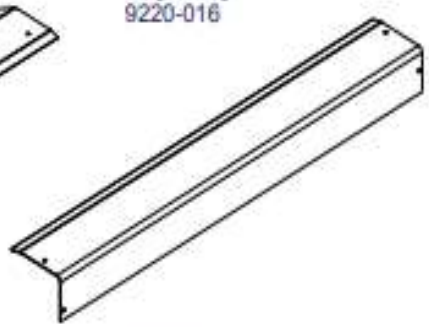
G1[1PCS]



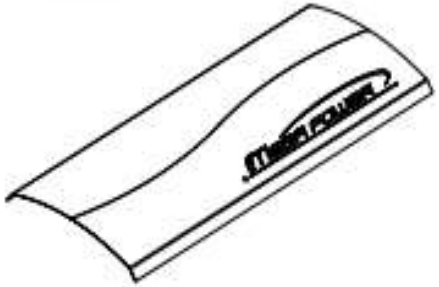
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9220-052



AC[1PCS]
9220-016



AD[1PCS]
9220-023



AE[1PCS]
9211-148

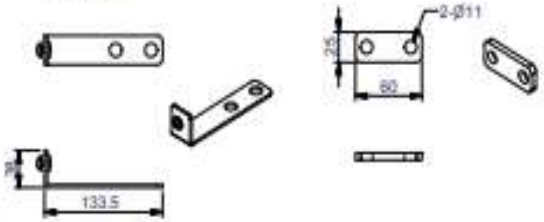


MMH-1500 ASSEMBLY INSTRUCTIONS

FRAME PARTS ILLUSTRATION SHEET

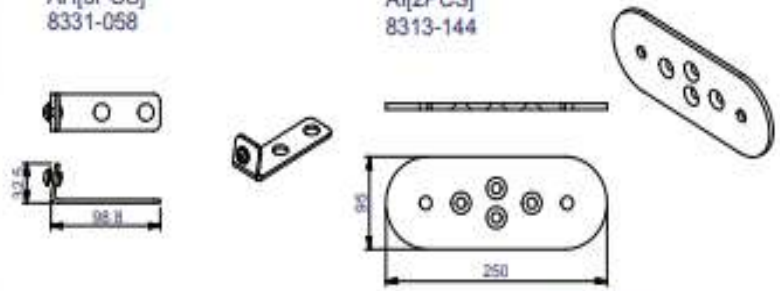
AF[4PCS]
8331-057

AG[1PCS]
8311-117



AH[3PCS]
8331-058

AI[2PCS]
8313-144



AK1[2PCS]
8280-042
Ø3/4"X1433L



AL[1PCS]
8331-056

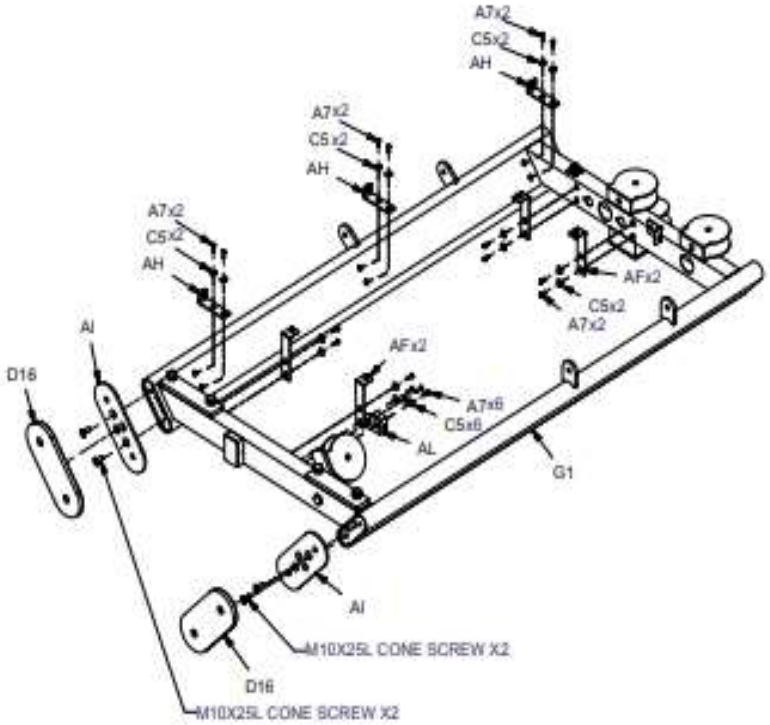
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8311-194



MMH-1500 ASSEMBLY INSTRUCTIONS



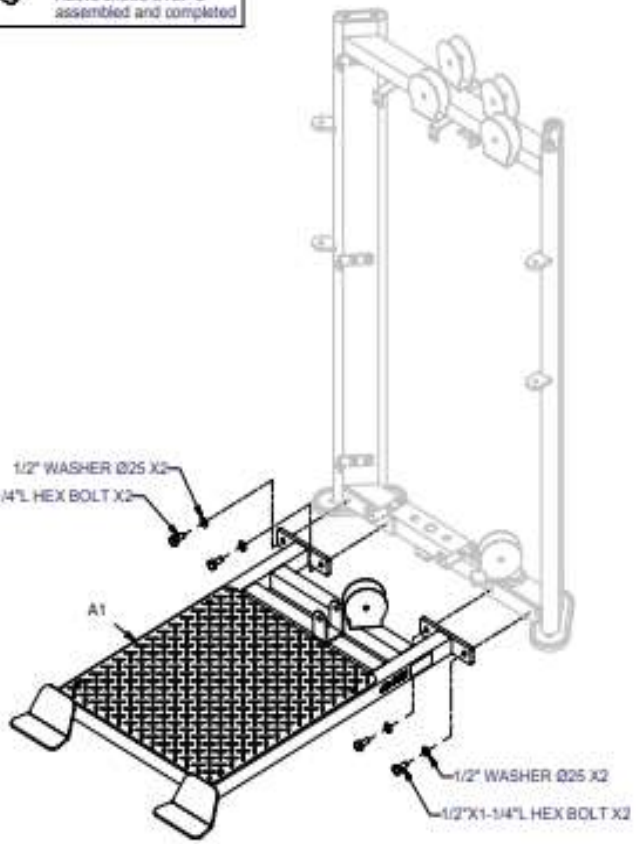
Above shows STEP 1 assembled and completed



MMH-1500 ASSEMBLY INSTRUCTIONS



Above shows STEP 2
assembled and completed



MMH-1500 ASSEMBLY INSTRUCTIONS



Above shows STEP 3
assembled and completed

Push guide rods (AK1) to tilt one side and then install weight stacks.
Once finishing the weight stack installation , pull
guide rods (AK1) back and continue setup D24 →D14

MMH-1500 ASSEMBLY INSTRUCTIONS



Above shows STEP 4 assembled and completed

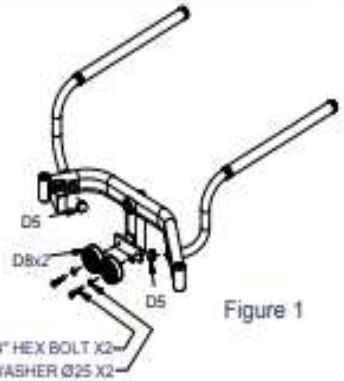
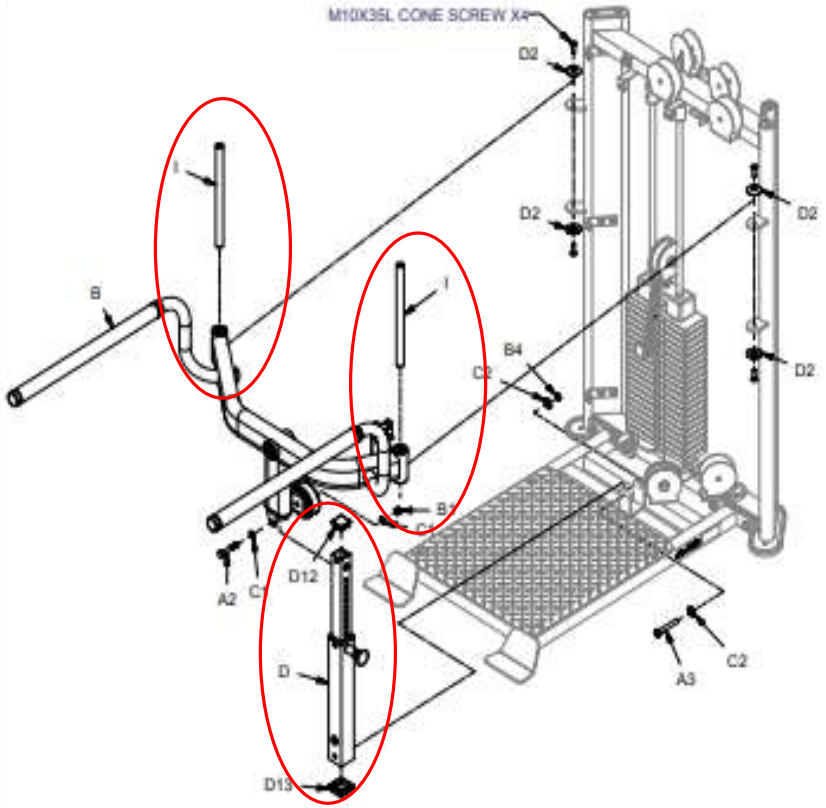


Figure 1

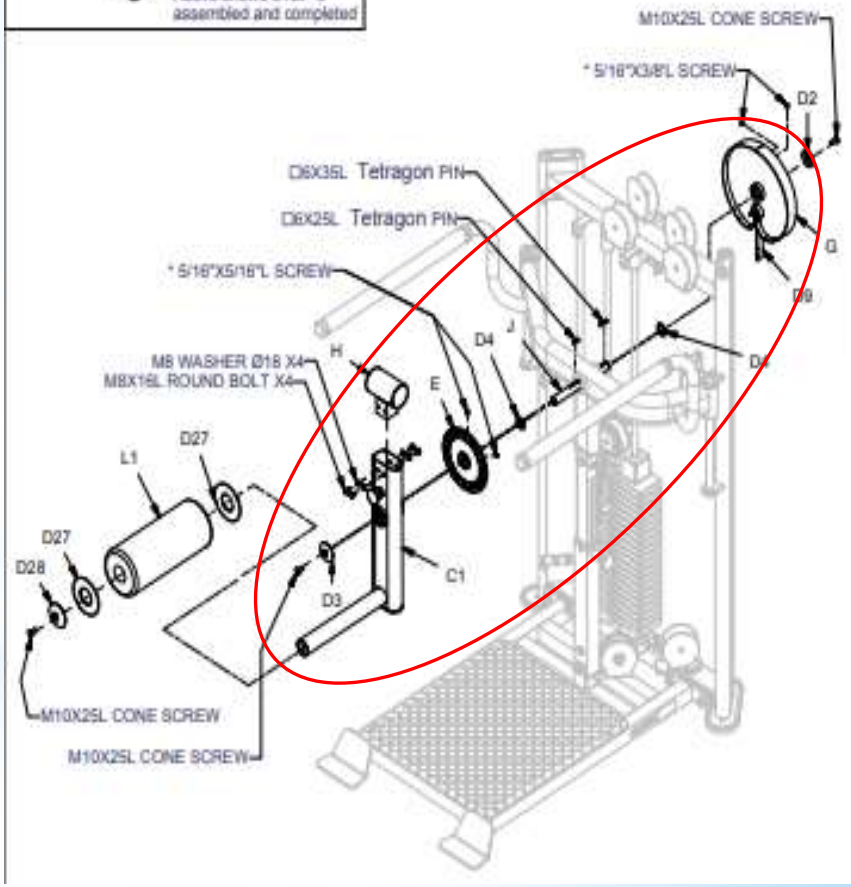


MMH-1500 ASSEMBLY INSTRUCTIONS

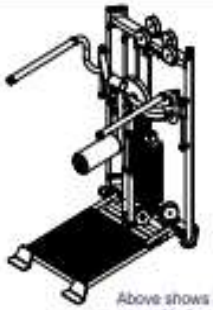


Above shows STEP 5 assembled and completed

Attention
*:NEED TO LOOSEH BOTH ALLEN HEAD BOLT IN ORDER TO REMOVE SHAFT



MMH-1500 ASSEMBLY INSTRUCTIONS



Above shows STEP 6 assembled and completed

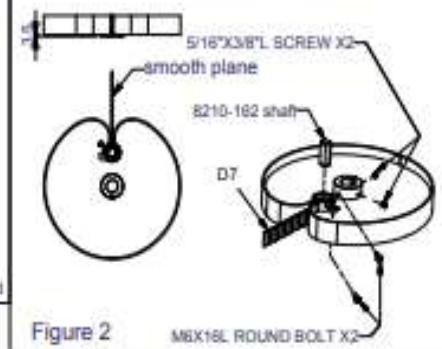
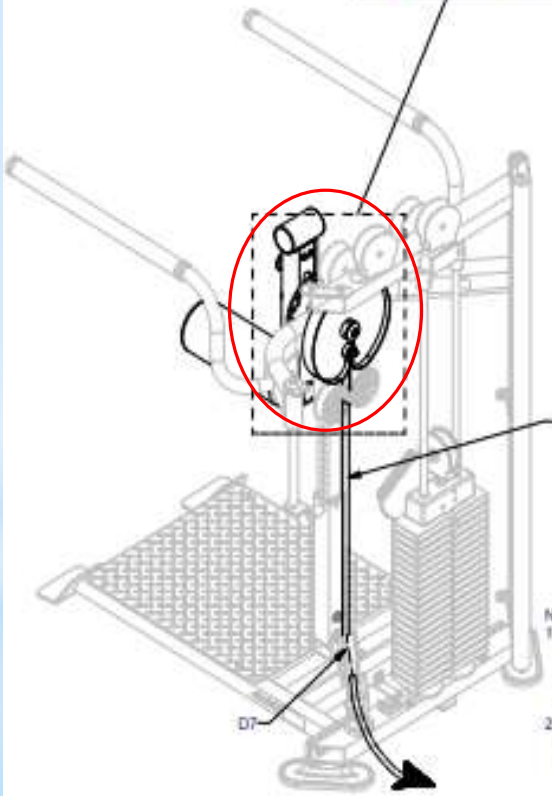
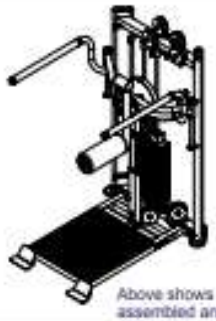


Figure 2

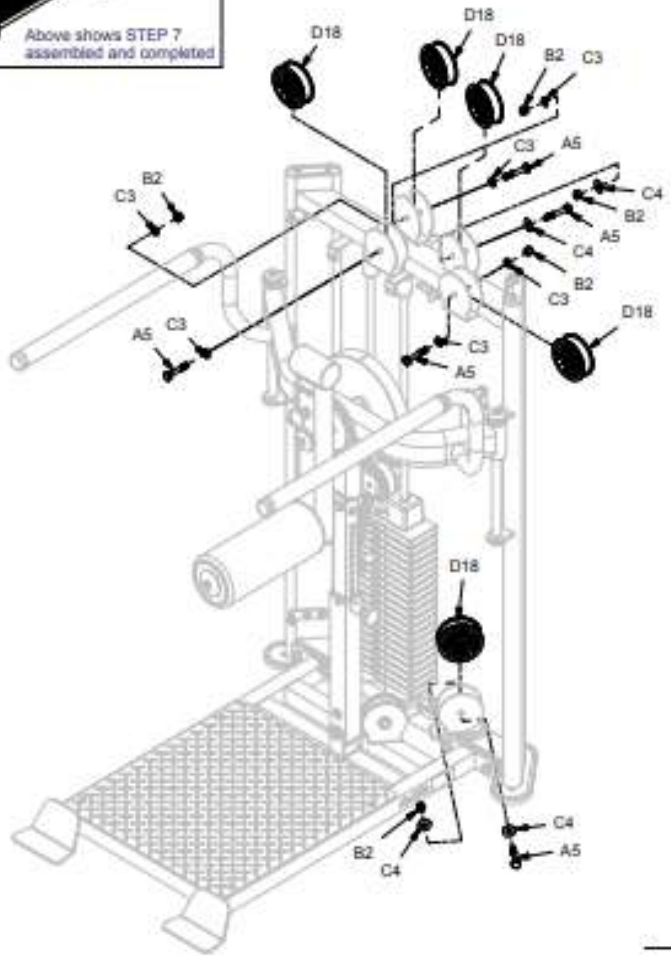


NOTE:
1. THE BELT SMOOTH SIDE SHOULD ATTACH ON PULLEY SURFACE , AND THE BELT SMOOTH SIDE WRAP AROUND THE BELT RETAINER SHAFT (B)
2. PLEASE BE SURE THE PRESSURE BETWEEN THE BELT CLAMPS (AG) DO NOT EXCEED 70 PSI

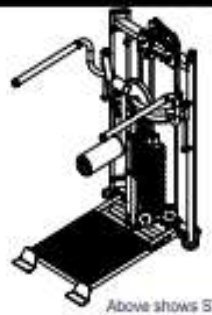
MMH-1500 ASSEMBLY INSTRUCTIONS



Above shows STEP 7 assembled and completed



MMH-1500 ASSEMBLY INSTRUCTIONS



Above shows STEP 8 assembled and completed

NOTE:
1. THE BELT SMOOTH SIDE SHOULD ATTACH ON PULLEY SURFACE, AND THE BELT SMOOTH SIDE WRAP AROUND THE BELT RETAINER SHAFT (B)
2. PLEASE BE SURE THE PRESSURE BETWEEN THE BELT CLAMPS (AG) DO NOT EXCEED 70 PSI

Equipment order 1→2→3→4→5→6

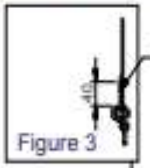
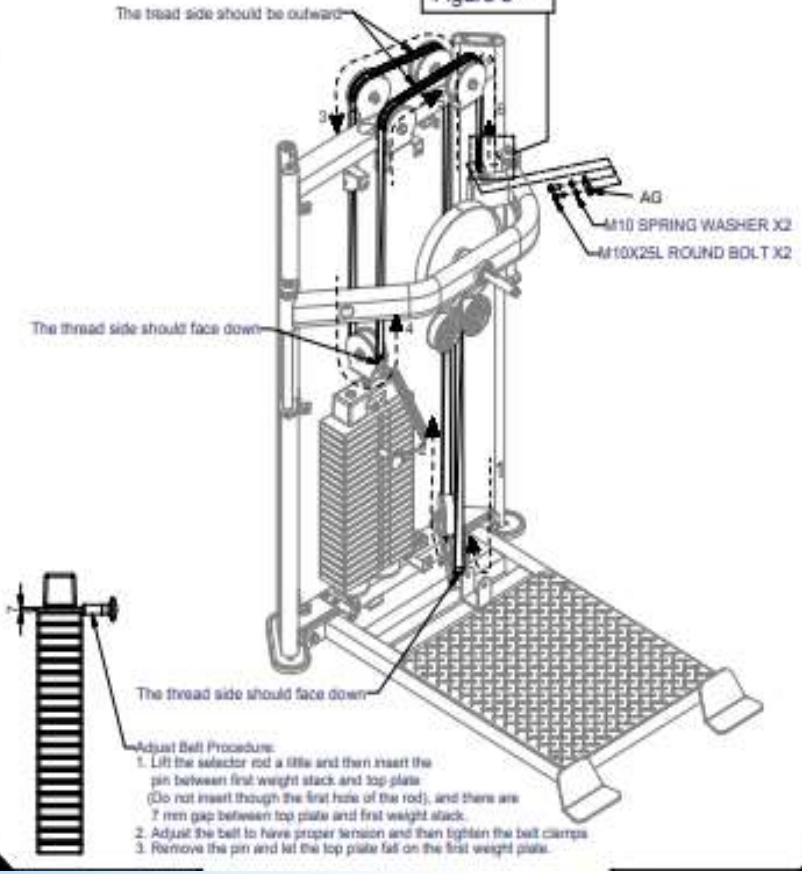
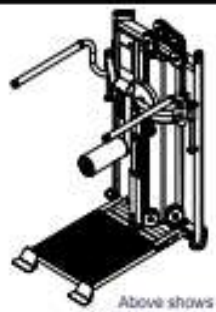


Figure 3

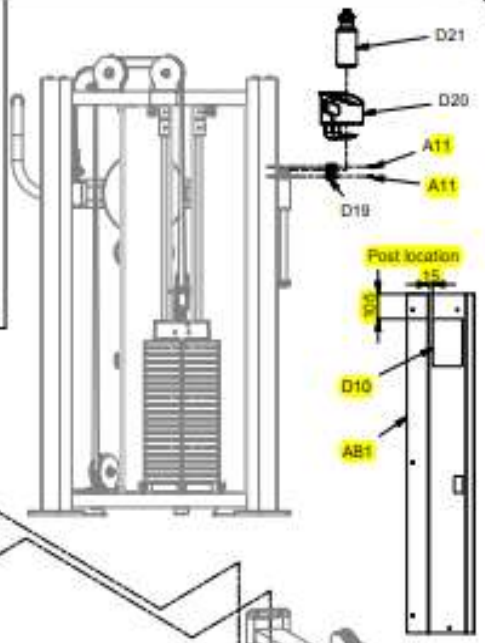


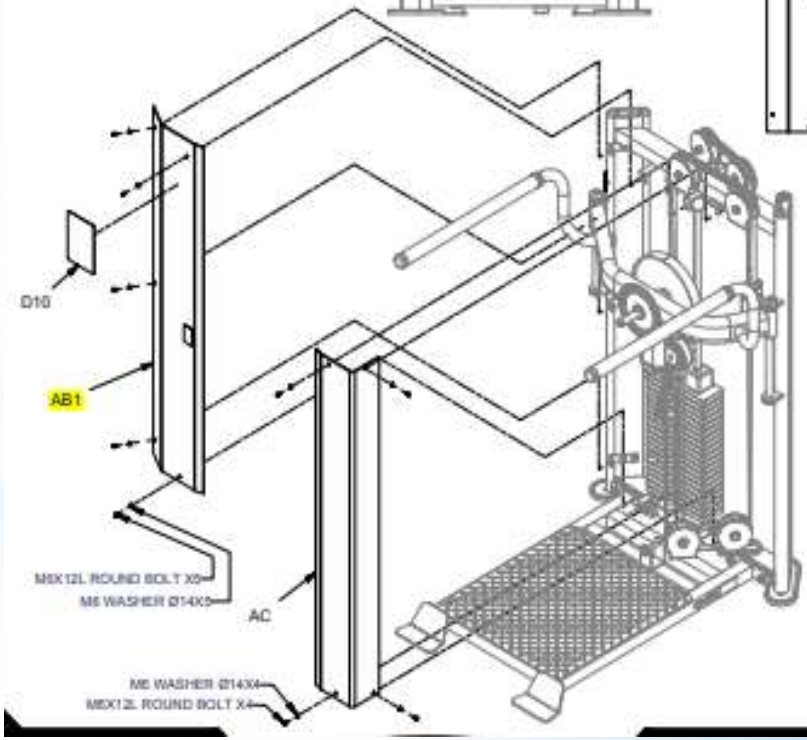
Adjust Belt Procedure:
1. Lift the selector rod a little and then insert the pin between first weight stack and top plate (Do not insert though the first hole of the rod), and there are 7 mm gap between top plate and first weight stack.
2. Adjust the belt to have proper tension and then tighten the belt clamps
3. Remove the pin and let the top plate fall on the first weight plate.

MMH-1500 ASSEMBLY INSTRUCTIONS

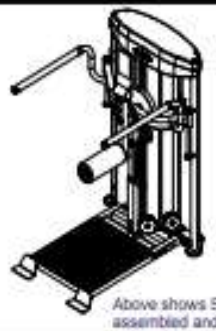


Above shows STEP 9 assembled and completed

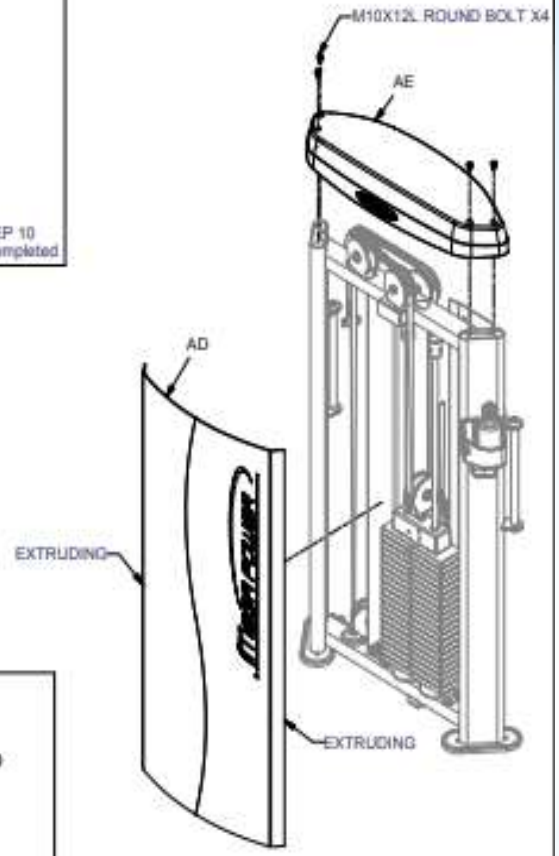




MMH-1500 ASSEMBLY INSTRUCTIONS



Above shows STEP 10 assembled and completed



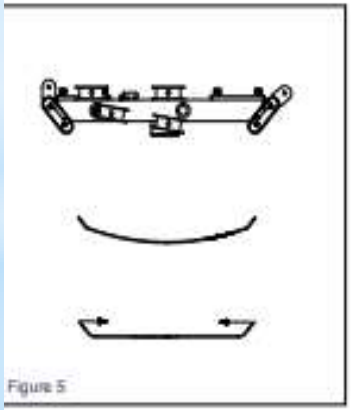
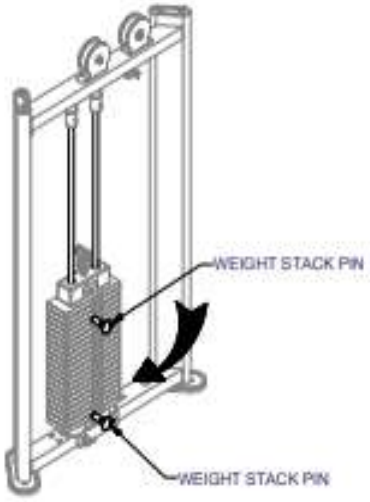


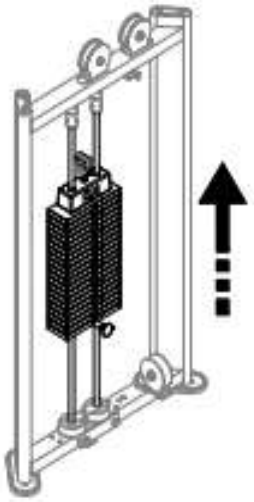
Figure 5

Note: When installing the shroud (AD), push both sides of the shroud toward center in order to bend it a little.
After insert it to the door frame and then releasing it. The shroud will be locked on the door frame.

ASSEMBLY INSTRUCTIONS

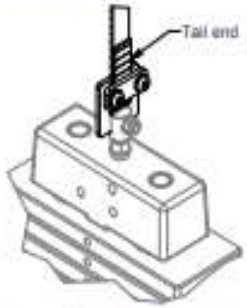
Adjust Flat Belt Steps





1. When installing flat belt, please put the weight stack pin into 4th weight stack. After installing flat belt, please put the weight stack pin into 20th weight stack.

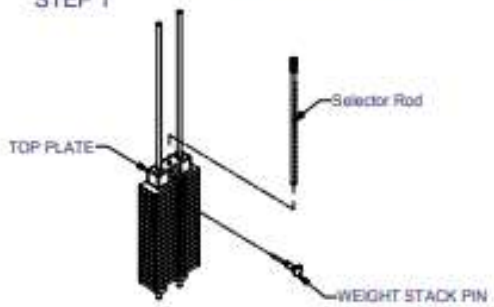
2. When weight stack pin put into 20th weight stack, please do workout with the machine around 1 minute or 5-10 sets in order to extend the flat belt,flat belt will be loosed a little bit.



3. Pull end of flat belt as drawing showed to make the flat belt be tightened. (After using the machine 3 months to 6 months, please check flat belt.If the flat belt is loosed, please follow this step to tighten the belt again.)

Guide on Selector Rod Adjustment

STEP 1



Step 1
Place Selector Rod into Top Plate.
Then put selector pin into the weight plate to fix the rod.

STEP 2

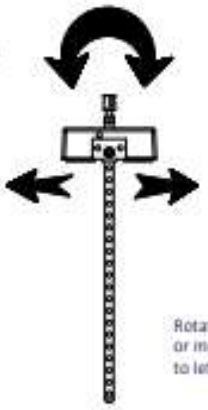


Step 2
Screw the 3/8"x2"L Round Allen Head into Top Plate but not tighten it up.

STEP 3



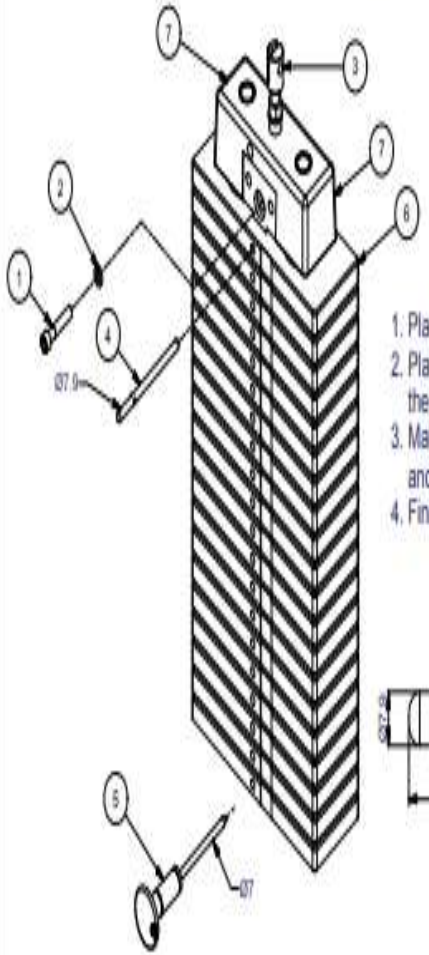
Step 3
Place the selector pin to each weight plate (5,10,15,20....) to check the smoothness.



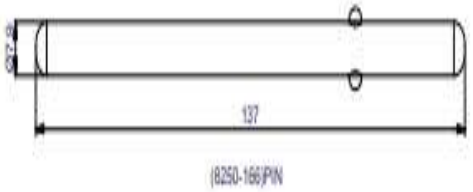
Rotate the Selector Rod slightly or move the 3/8"x2"L Round Allen Head to left and right and repeat Step 3.

MEGA POWER series
JUNGLE GYM series

project	Part number	Name	Specification	Quantity	Remark
1	38-200 CAP	round allen head	3/8"X2"L round allen head-CAP	1	
2	38-SPWAS 8732003	3/8" spring washer		1	
3	8210-216C	20 hole Selector Rod		1	
4	8250-166	pin	Ø7.9X137L	1	
5	8250-162	weight stack pin	Ø7X110L	1	
6	8400-010	10LB weight stack plate	102x22bx2R0L 10LB	20	
7	8400-033	top plate		1	



1. Place #4 - 8250-166 (pin) into the first weight plate.
2. Place #5 - 8250-162 (weight stack pin) into the the hole 20th of the weight stack.
3. Make sure #7 (top plate) cling to #6 (first weight plate) and fix in #1 - 3/8"X2"L screw and #2 - 3/8" spring washer.
4. Finally remove #5 - 8250-162 (weight stack pin) and use as usual.



(8250-166)PIN

V2-112017

*Well done!

