*MDR1300 Maintenance



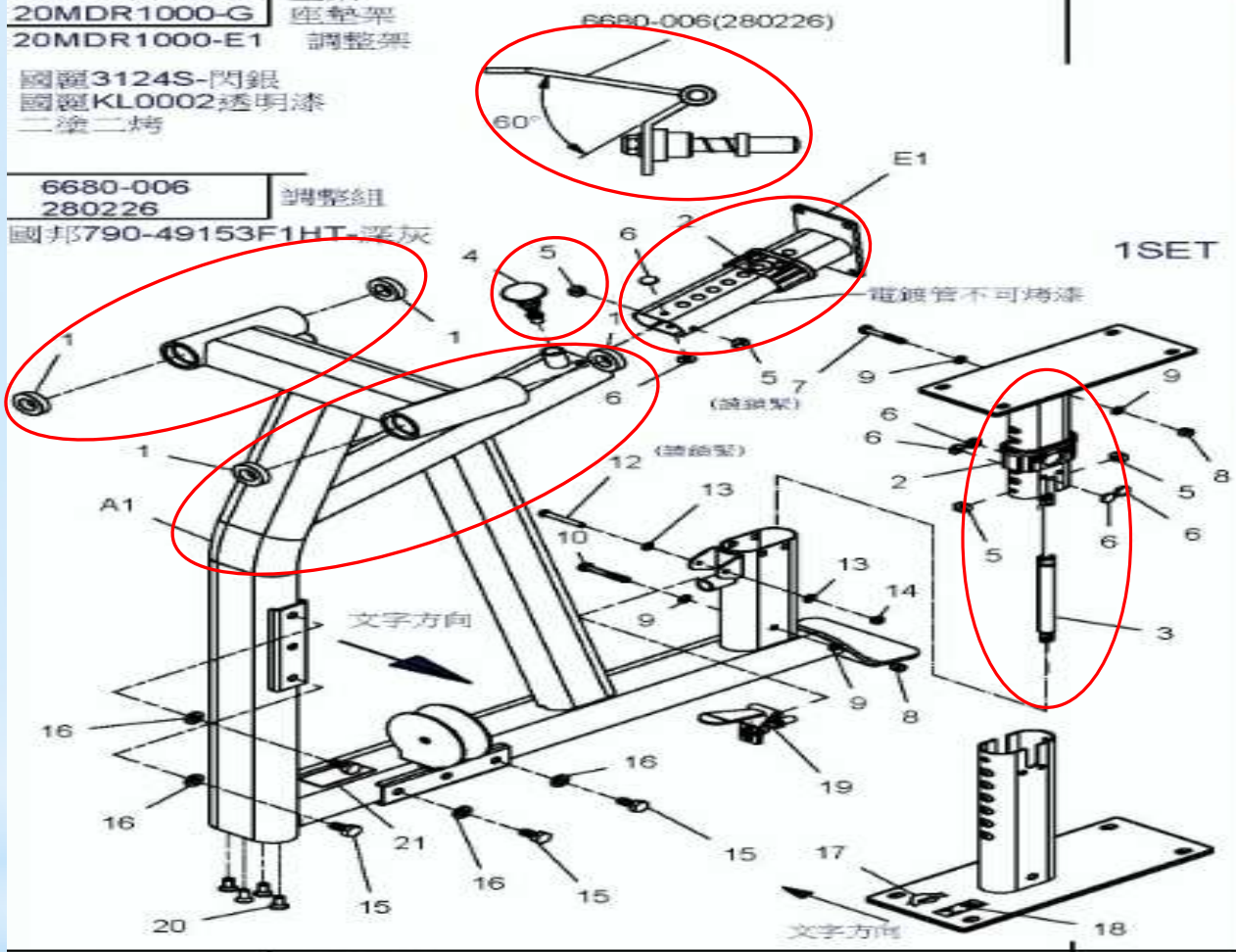
* Customers can put some grease on pivot points(red circle place), with brass or gunmetal bushings.

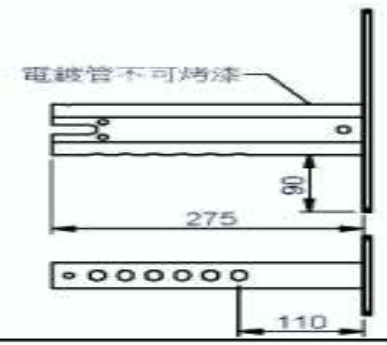


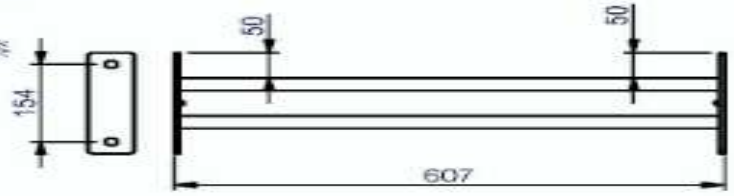


* Let's maintain your machine!

零件代碼	品 名 及 圖 案	用量	備 註
20MDR1300-A1 20MDR1000-G 20MDR1000-E1	主架 座墊架 調整架 國寶3124S-閃銀 國寶KL0002透明漆 二塗二烤		1.組立8510-018軸承=4PCS 2.組立9211-107緊扣套=2PCS 3.組立8830-013前避震=1PCS 4.組立8520-066調整組=1PCS 5.組立9211-118按扣墊=6PCS 6.組立9211-036按扣墊=6PCS 7.組立3/8"X2-1/4"L=1PCS 一般外六角頭螺絲 8.組立3/8"尼帽=2PCS 9.組立3/8"華司Ø16=4PCS 10.組立3/8"X2-1/2"L=1PCS 一般外六角頭螺絲 12.組立M8X60L=1PCS 半圓頭內六角螺絲 13.組立M8華司Ø16 14.組立M8尼帽=1PCS 15.組立1/2"X1"L=4PCS 一般外六角頭螺絲 16.組立1/2"華司Ø25=4PCS 17.貼9440-055貼紙=1PCS 18.貼"工管"貼紙=1PCS 19.組立8250-101調整組=1PCS 20.組立M10X25L=4PCS 錐形內六角螺絲 21.貼9440-328認證貼紙=1PCS
6680-006 280226	調整組 國邦790-49153F1HT-深灰	1SET	
20MDR1300-B	連接桿 國寶3124S-閃銀 國寶KL0002透明漆 二塗二烤	1SET	

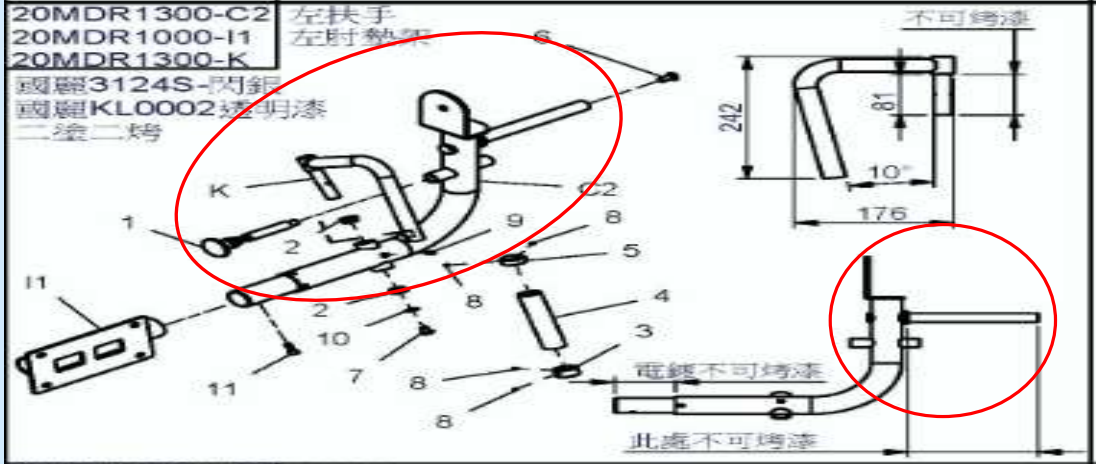
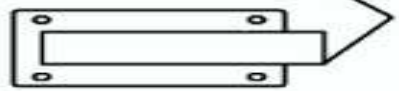
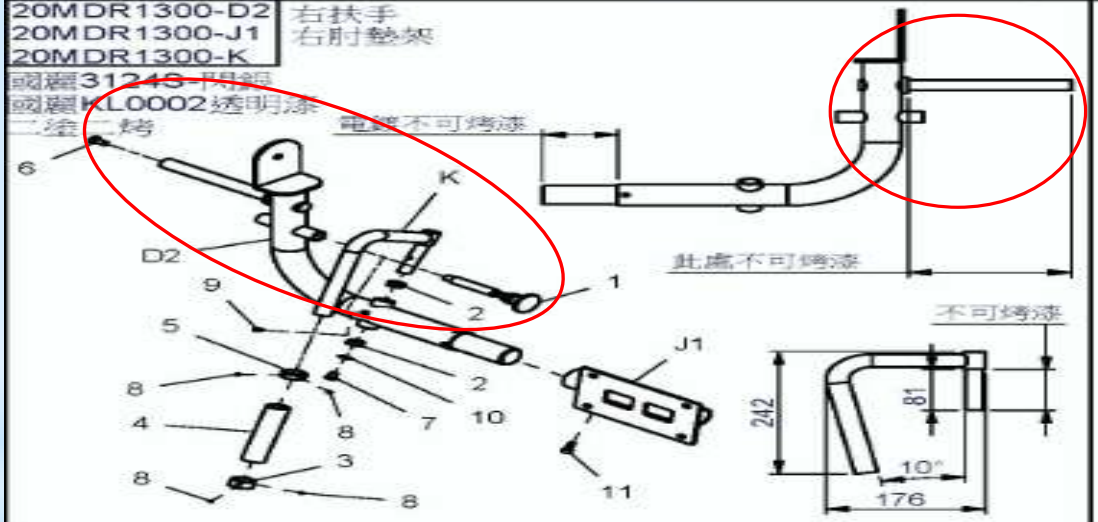
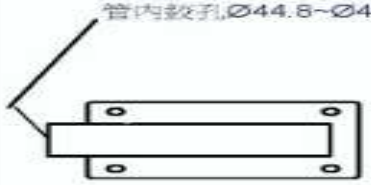
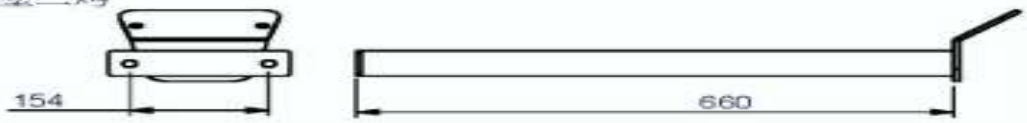


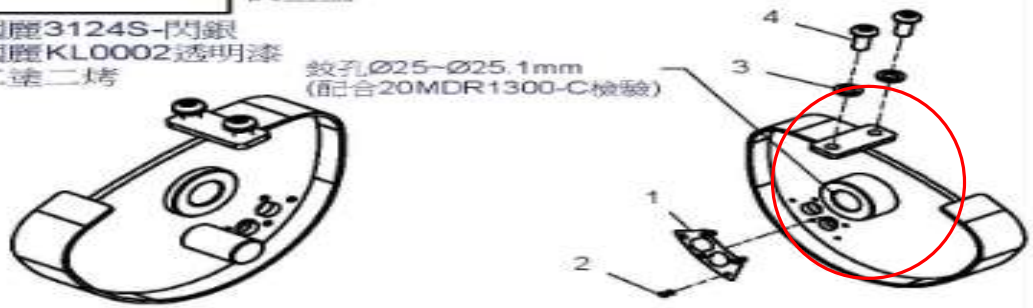
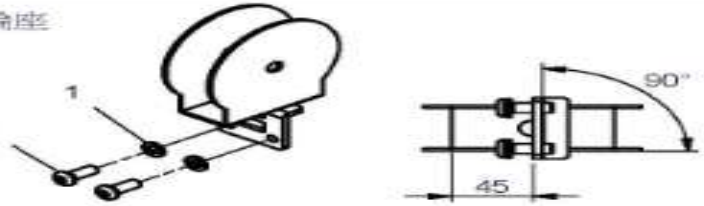
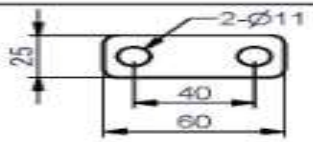


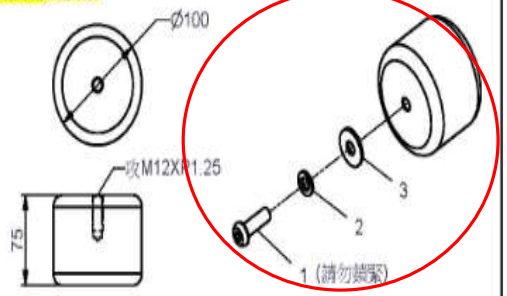


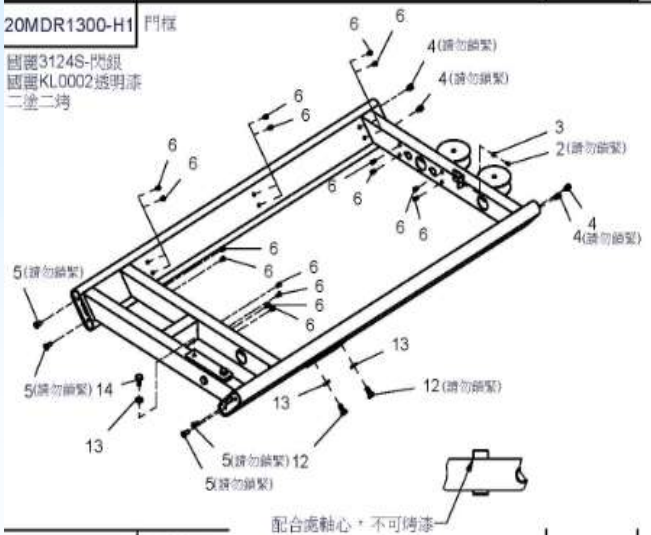
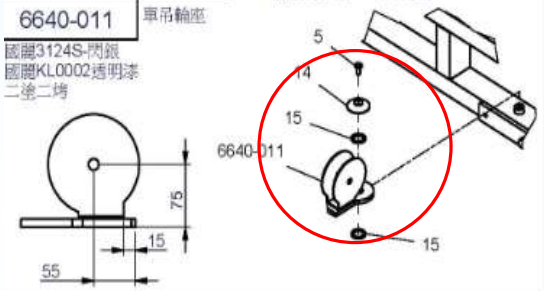
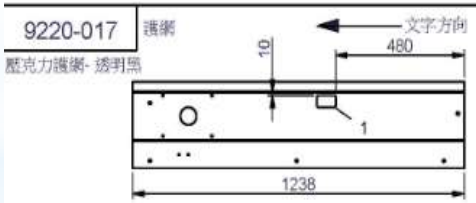
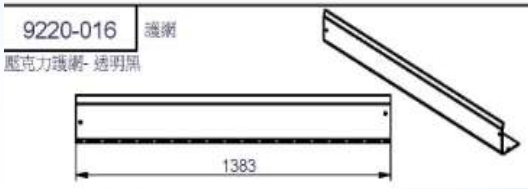
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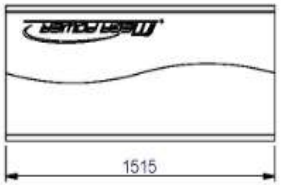
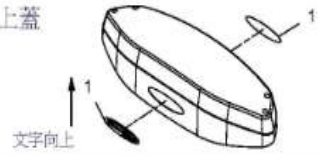
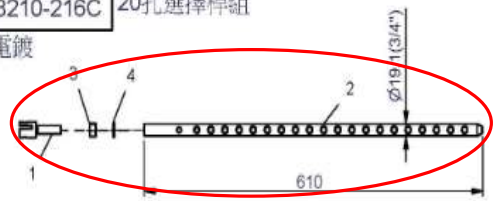
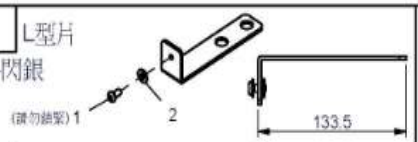
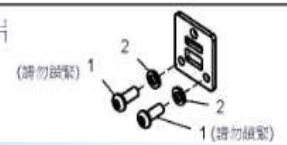
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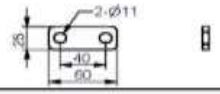
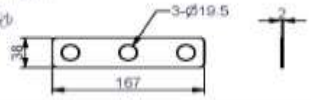
零件代碼	品 名 及 圖 案	用量	備 註
20MDR1300-C2 20MDR1000-I1 20MDR1300-K 國噸3124S-閃銀 國噸KL0002透明漆 二塗二烤	左扶手 左肘墊架 	1SET	1.組立8250-095調整組=1PCS 2.組立8520-003銅套=2PCS 3.組立8890-006鐵套=1PCS 4.組立9162-122高密度把手=1PCS Ø24X5tX150L 5.組立8130-250束子=1PCS 6.組立M10X25L=2PCS 菱形平頭內六角螺絲 7.組立M10X12=1PCS 半圓頭內六角螺絲 8.組立3/16"3/16"L=4PCS 半圓頭內六角螺絲 9.組立M5X10L=1PCS 圓頭內六角螺絲-CAP 10.組立M10華司-Ø25=1PCS 11.組立5/16"X3/4"L=1PCS 圓頭內六角螺絲-CAP 管內鉸孔Ø44.8~Ø44.9 
20MDR1300-D2 20MDR1300-J1 20MDR1300-K 國噸3124S-閃銀 國噸KL0002透明漆 二塗二烤	右扶手 右肘墊架 	1SET	1.組立8250-095調整組=1PCS 2.組立8520-003銅套=2PCS 3.組立8890-006鐵套=1PCS 4.組立9162-122高密度把手=1PCS Ø24X5tX150L 5.組立8130-250束子=1PCS 6.組立M10X25L=2PCS 菱形平頭內六角螺絲 7.組立M10X12=1PCS 半圓頭內六角螺絲 8.組立3/16"3/16"L=4PCS 半圓頭內六角螺絲 9.組立M5X10L=1PCS 圓頭內六角螺絲-CAP 10.組立M10華司-Ø25=1PCS 11.組立5/16"X3/4"L=1PCS 圓頭內六角螺絲-CAP 管內鉸孔Ø44.8~Ø44.9 
20MDR1300-F 國噸3124S-閃銀 國噸KL0002透明漆 二塗二烤	連接桿 	1SET	設變單號 2020070001

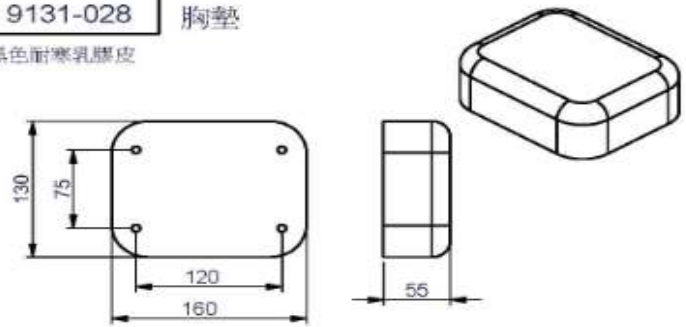
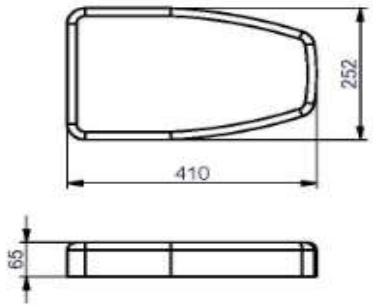
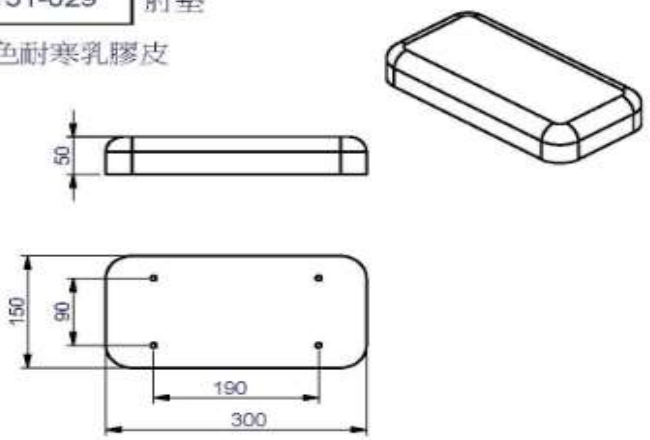
零件代碼	品 名 及 圖 案	用量	備 註
6680-013	調整盤 國麗3124S-閃銀 國麗KL0002透明漆 二塗二烤 鉸孔Ø25~Ø25.1mm (配合20MDR1300-D檢驗) 	1SET	1.組立9440-236貼紙=1PCS 2.組立435(4-3)拉釘=5PCS 3.組立M10彈簧華司=2PCS 4.組立M10X25L=2PCS 半圓頭內六角螺絲 HLMDR1300A內箱
6680-014	調整盤 國麗3124S-閃銀 國麗KL0002透明漆 二塗二烤 鉸孔Ø25~Ø25.1mm (配合20MDR1300-C檢驗) 	1SET	1.組立9440-237貼紙=1PCS 2.組立435(4-3)拉釘=5PCS 3.組立M10彈簧華司=2PCS 4.組立M10X25L=2PCS 半圓頭內六角螺絲 工作連絡單 100045 HLMDR1300A內箱
6640-013	吊輪座 國麗3124S-閃銀 國麗KL0002透明漆 二塗二烤 (請勿鎖緊) 	1SET	1.組立M10彈簧華司=2PCS 2.組立M10X25L=2PCS 半圓頭內六角螺絲 HLMDR1300A內箱
8313-144	固定片 國麗3124S-閃銀 國麗KL0002透明漆 二塗二烤 	1PCS	HLMDR1300A內箱
8311-117	國麗3124S-閃銀 國麗KL0002透明漆 二塗二烤 	3PCS	HLMDR1300A內箱

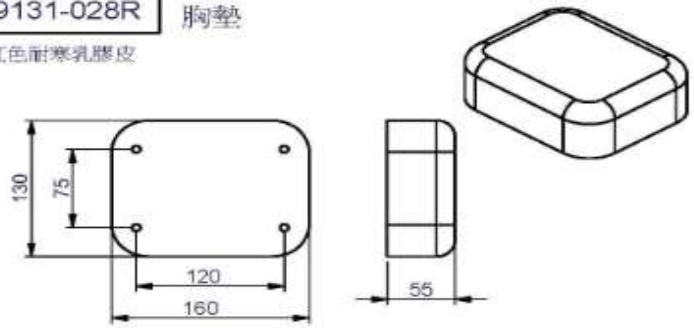
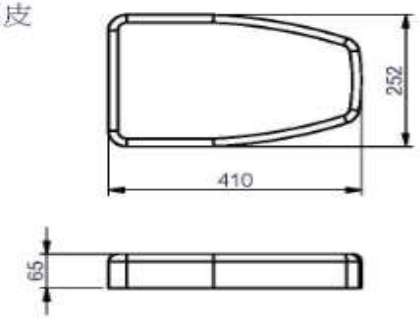
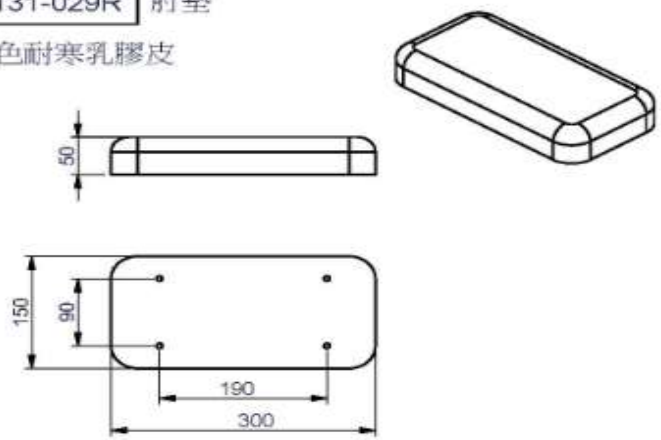
零件代碼	品 名 及 圖 案	用量	備 註
9420-109	動作圖銘版	1PCS	9630-126氣泡袋X1 160X460XB-平口
23MDR1300A	附件包	1SET	HLMDR1300A內箱
25MDR1300A	皮帶輪包	1SET	HLMDR1300A內箱
FMDR1300A1	皮帶包 	1SET	HLMDR1300A內箱
FMDR1300B	皮帶包 	1SET	HLMDR1300A內箱
GMDR1300A	螺絲包	1SET	HLMDR1300A內箱
KMDR1300	說明書	1SET	
280273	配重塊 K32027G深灰砂 	2SET	1.M12X40L=2PCS 半圓頭內六角螺絲 2.M12彈簧華司=2PCS 3.M12華司-Ø34=2PCS HLMDR1300A內箱
			1.9180-027特固腳=12PCS Ø65X45X215L 2.9630-009束帶=15PCS 7.5X2TX540L 4.9630-176蜂巢紙=8PCS 45HX70X30

零件代碼	品 名 及 圖 案	用量	備 註
20MDR1300-H1	門框 國麗3124S-閃銀 國麗KL0002透明漆 二塗二烤 		1. 2.組立M6X12L 半圓頭內六角螺絲=1PCS 3.組立M6華司Ø13=1PCS 4.組立M10X12L 圓頭內六角-CAP螺絲=4PCS 5.組立M10X25L 鎚形內六角螺絲=5PCS 6.組立M6蓋帽 (身體有孔)=16PCS 7. 8. 9. 10. 11. 12.組立1/2"x1"L 一般外六角螺絲=4PCS 13.組立1/2"華司Ø25=4PCS 14.組立8130-231端蓋=1PCS 15.組立8520-008鋼華司=2PCS 16.
6640-011	車吊輪座 國麗3124S-閃銀 國麗KL0002透明漆 二塗二烤 	1SET	
9220-017	護網 壓克力護網- 透明黑 	1PCS	1.貼9440-117防夾手貼紙=1PCS
9220-016	護網 壓克力護網- 透明黑 	1PCS	設變車號 2019030004

零件代碼	品 名 及 圖 案	用量	備 註
9220-023	護網 壓克力護網- 透明黑 	1PCS	
9211-148	上蓋 	1SET	1. 貼9441-370=2PCS 鋁標(Steelflex) H9211148內箱
8400-033	選擇上片 	1SET	HLMDR1300B內箱
8210-216C	20孔選擇桿組 電鍍 	1SET	1.組立8260-076固定桿=1PCS 2.組立8210-216 20孔選擇桿=1PCS 3.組立1/2"螺帽=1PCS 4.組立1/2"彈簧華司=1PCS
	設變單號 2016010001		
8331-057	L型片 國麗3124S-閃銀 	4SET	1.組立M6X12L 半圓頭內六角螺絲=4PCS 2.組立M6華司Ø13=4PCS HLMDR1300B內箱
8313-169	固定片 電鍍 	1SET	1.組立M10X25L 半圓頭內六角螺絲=2PCS 2.組立M10彈簧華司=2PCS HLMDR1300B內箱

零件代碼	品 名 及 圖 案	用量	備 註
8331-058	L型片 國麗3124S-閃銀 	3SET	1.組立M6X12L 半圓頭內六角螺絲=3PCS 2.組立M6華司-Ø13=3PCS HLMDR1300B內箱
8313-144	固定片 國麗3124S-閃銀 國麗KL0002透明非 二重二待 	2PCS	HLMDR1300B內箱
8311-117	L型片 國麗3124S-閃銀 	1PCS	HLMDR1300B內箱
8331-056	L型片 國麗3124S-閃銀 	1SET	1.組立M6X12L 半圓頭內六角螺絲=1PCS 2.組立M6華司-Ø13=1PCS HLMDR1300B內箱
8280-042	導桿 電鍍 	2PCS	設變單號 2019030004
23MDR1300B	附件包	1SET	HLMDR1300B內箱
23MDCUP	附件包-CUP	1SET	HLMDR1300B內箱
25MDR1300B	皮帶輪包	1SET	HLMDR1300B內箱
GMDR1300B	螺絲包	1SET	HLMDR1300B內箱
8311-194	固定片 K32027G 深 灰 砂 	1PCS	HLMDR1300B內箱
	設變單號 2019030004		1. 9180-025特固扣=4PCS Ø48X28X75L 2. 9180-028特固扣=2PCS Ø48X31X75L 3. 9630-009束帶=5PCS 7.5X2TX540L 4. 9630-031氣泡袋=1PCS 200X300X3A 5. 9630-064氣泡布=1PCS 1400mmX1400mm 6. 9630-080氣泡布=1PCS 1900mmX2000mm 7. 9630-151氣泡袋=1PCS 205X900XB-平口 8. 9630-176蜂巢紙=8PCS 45HX70X30

零件代碼	品 名 及 圖 案	用量
9131-028	胸墊 黑色耐寒乳膠皮 	1SET
9121-085	座墊 黑色耐寒乳膠皮 	1SET
9131-029	肘墊 黑色耐寒乳膠皮 	2SET

零件代碼	品 名 及 圖 案	用量
9131-028R	胸墊 紅色耐寒乳膠皮 	1SET
9121-085R	座墊 紅色耐寒乳膠皮 	1SET
9131-029R	肘墊 紅色耐寒乳膠皮 	2SET

MDR1300 ASSEMBLY INSTRUCTIONS

HARDWARE ILLUSTRATION

D1.Ø60 CAP COVER(8130-231)---------- [2PCS]
D2.Ø10X60L SHAFT(8210-156)---------- [2PCS]
D3.Ø38X26X1.5t CU WASHER(8520-008)---------- [4PCS]
D4.Ø50 ROUND END CAP (9211-020)---------- [2PCS]
D5.Ø1" RUBBER PAD(9212-019)---------- [2PCS]
D6.108X15tX263L RUBBER PAD(9310-075)---------- [1PCS]
D7.Ø115X50L PULLEY(9213-042B)---------- [2PCS]
D8.3660mm (FMDR1300A1)---------- [1PCS]
D9.2100mm (FMDR1300B)---------- [1PCS]

D1.



D2.



D3.



D4.



D5.



D6.



D7.



NO MAGNET

D8.



D9.



MDR1300 ASSEMBLY INSTRUCTIONS

FARME HARDWARE ILLUSTRATION

DD1.Ø3/4" SHAFT COLLAR(9211-147)---------- [2PCS]
DD2.Ø4" RUBBER COUNT(9310-017)---------- [2PCS]
DD3.108X14.5tX263L RUBBER PAD(9310-075)---------- [2PCS]
DD4.Ø115X50L PULLEY(9213-042B)---------- [3PCS]

DD8.BOTTLE BRACKET(8388-025)---------- [1PCS]
DD7.BOTTLE RACK(9260-320)---------- [1PCS]
DD8.BOTTLE(9260-123)---------- [1PCS]
DD11.TOP PLATE(8400-033)---------- [1PCS]
DD12.3/4" SHAFT COLLAR(9211-167)---------- [2PCS]
DD13.WEIGHT SELECTOR BAR(8210-216C)---------- [1PCS]

DD1.



DD2.



DD3.



DD4.



NO MAGNET

DD6.



DD7.



DD8.



DD11.



DD12.



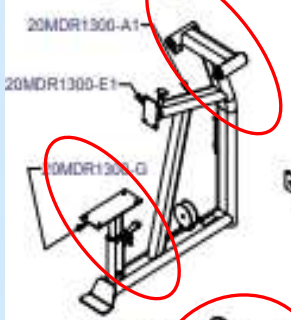
DD13.



MDR1300 ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

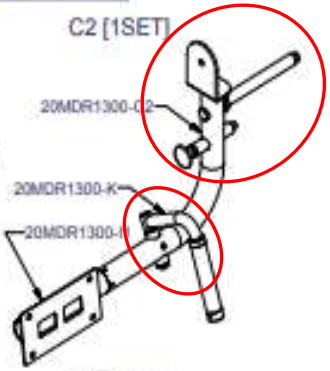
A1 [1SET]



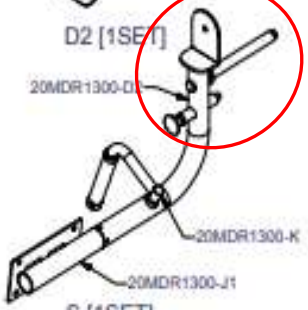
B [1SET]



C2 [1SET]



D2 [1SET]



R [1SET]
6640-013



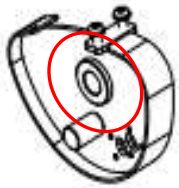
F [1SET]



S [1SET]
6680-013



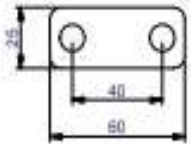
H [1SET]
6680-014



T [1PCS]
8313-144



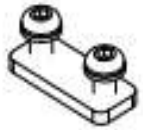
U [3SET]
8311-117



V[1PCS]
9420-109



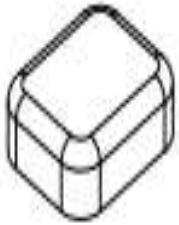
L[3SET]
8311-116



MDR1300 ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

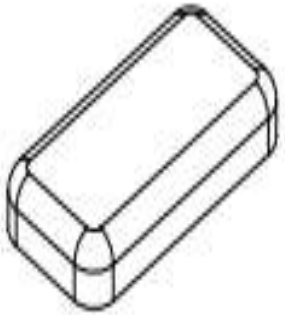
M [1SET]
9131-028



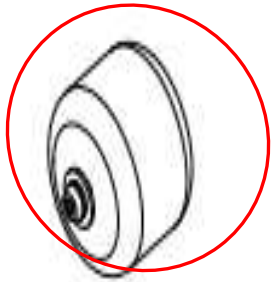
N [1SET]
9121-085



O [2SET]
9131-029



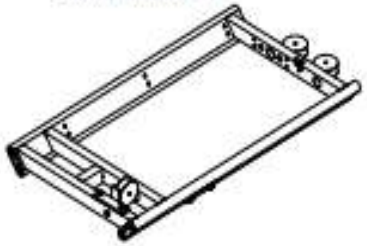
Q1 [2SET]
280273



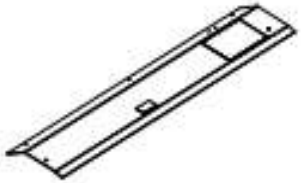
MDR1300 ASSEMBLY INSTRUCTIONS

FARME PARTS ILLUSTRATION SHEET

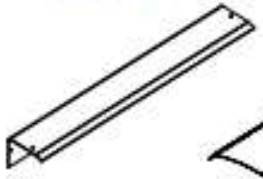
AA1 [1SET]
20MDR1300-H1



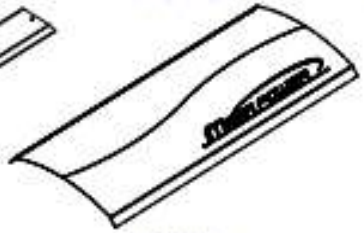
AC1 [1PCS]
9220-017



AD [1PCS]
9220-018



AE [1SET]
9220-023



AF [1SET]
9211-148



AG [4SET]
8331-057



AH [1SET]
8313-169



AJ1 [2PCS]
8280-041
Ø3/4"X1243L

AK[1PCS]
8331-056



AL[3SET]
8331-058



MDR1300 ASSEMBLY INSTRUCTIONS

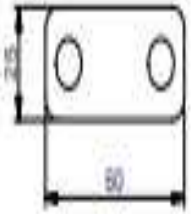
FARME PARTS ILLUSTRATION SHEET

AM [2PCS]
8313-144

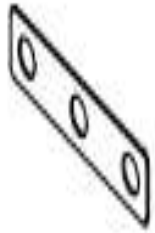


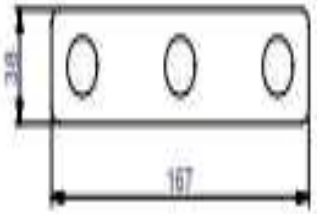
AP [1PCS]
8311-117





AR [1PCS]
8311-194

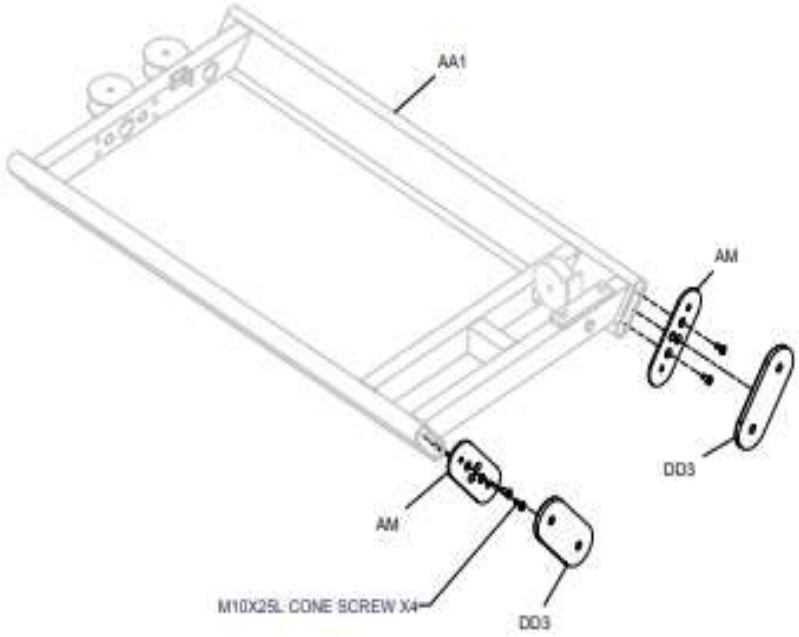




MDR1300 ASSEMBLY INSTRUCTIONS



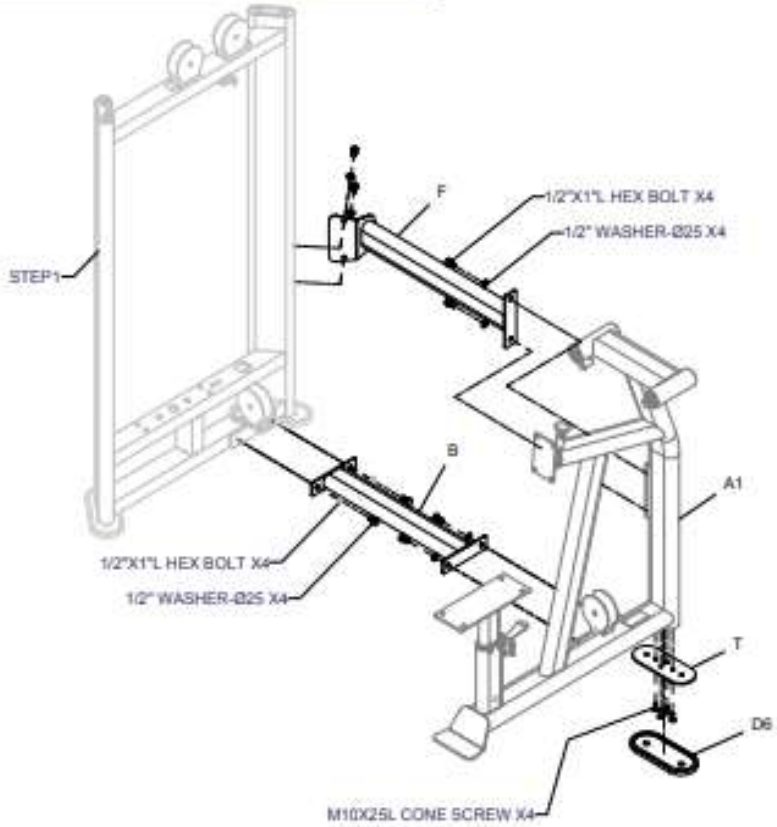
Above shows STEP 1 assembled and completed



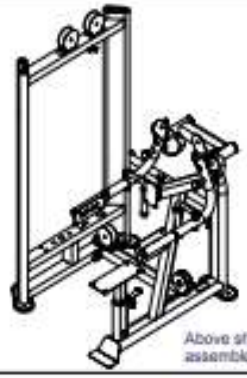
MDR1300 ASSEMBLY INSTRUCTIONS



Above shows STEP 2 assembled and completed



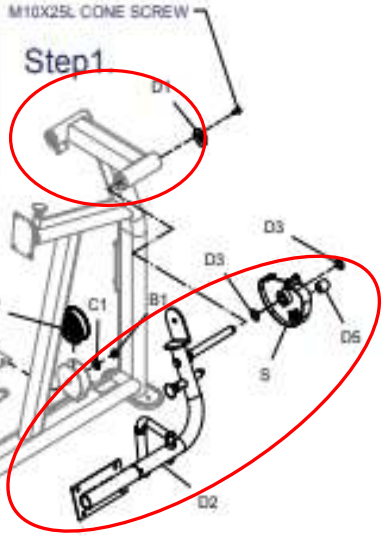
MDR1300 ASSEMBLY INSTRUCTIONS



Above shows STEP 3 assembled and completed

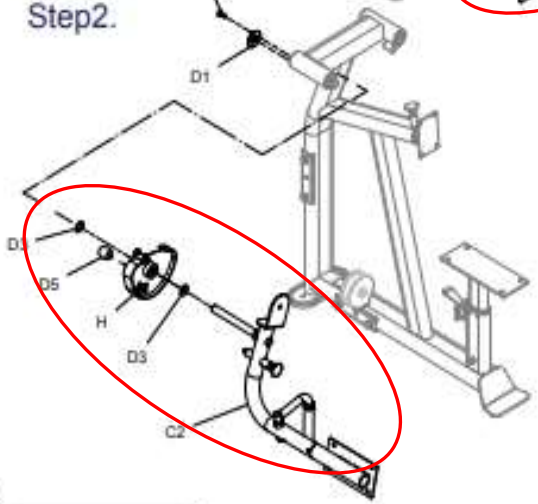
M10X25L CONE SCREW

Step1

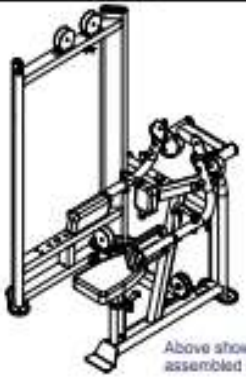


M10X25L CONE SCREW

Step2.

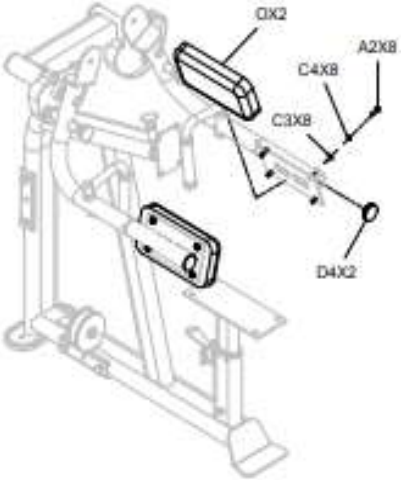


MDR1300 ASSEMBLY INSTRUCTIONS

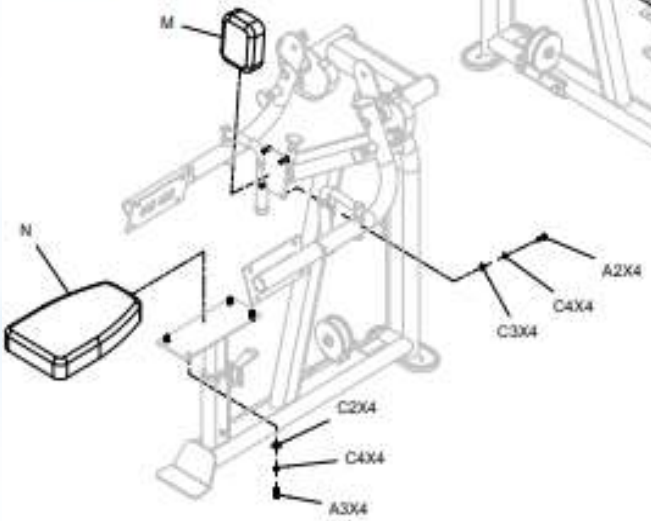


Above shows STEP 4 assembled and completed

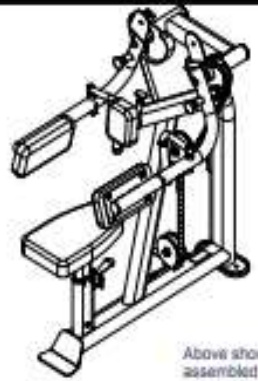
Step1.



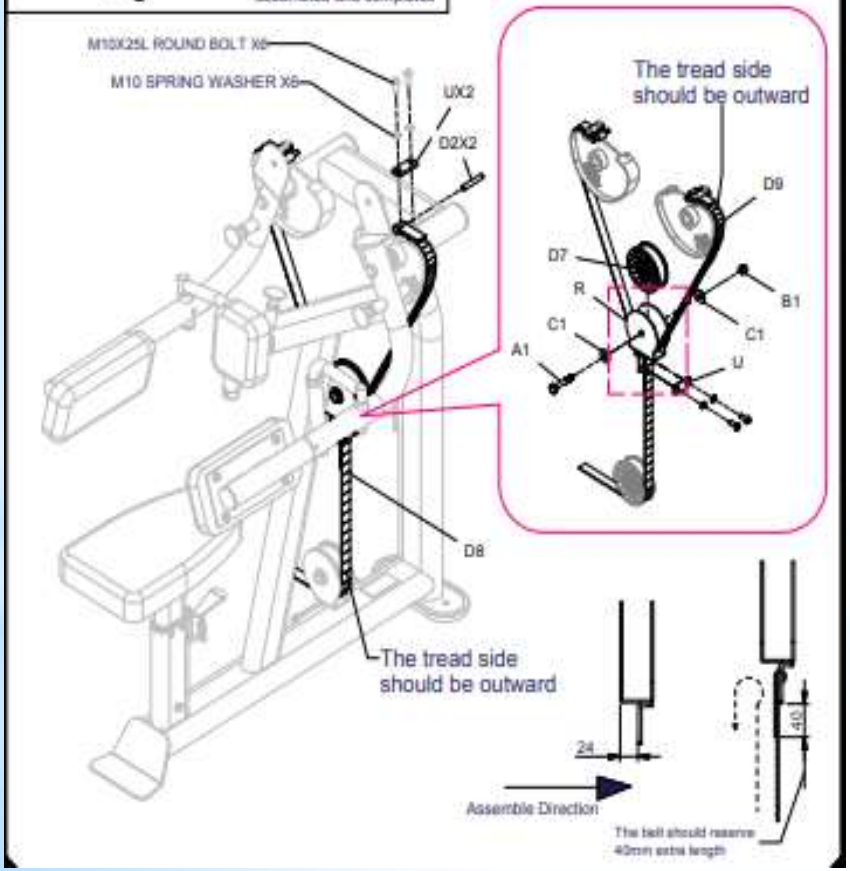
Step2.



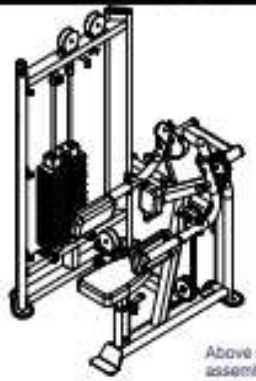
MDR1300 ASSEMBLY INSTRUCTIONS



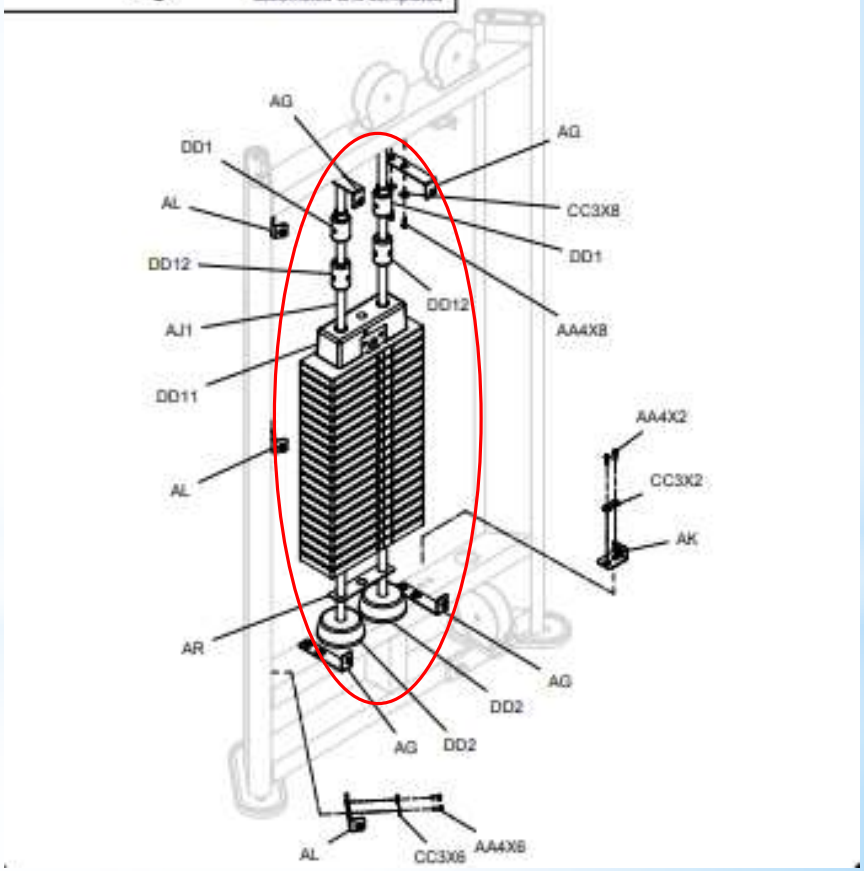
Above shows STEP 5 assembled and completed



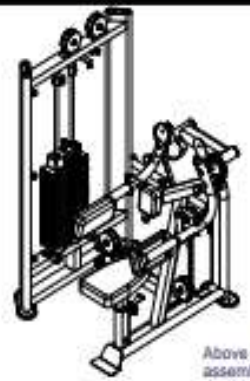
MDR1300 ASSEMBLY INSTRUCTIONS



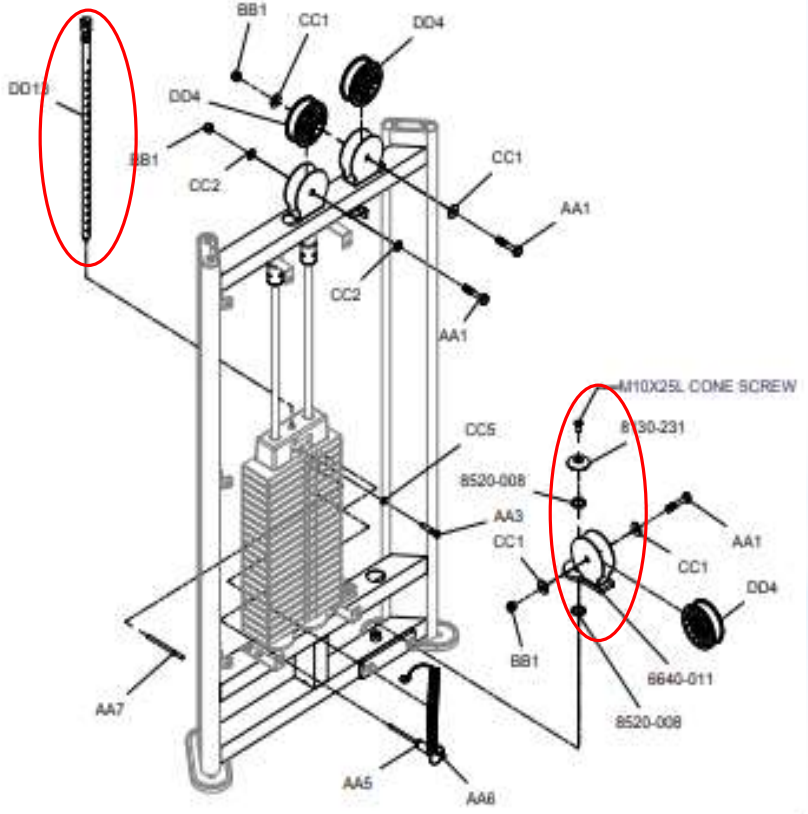
Above shows STEP 6 assembled and completed



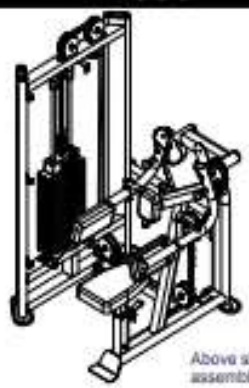
MDR1300 ASSEMBLY INSTRUCTIONS



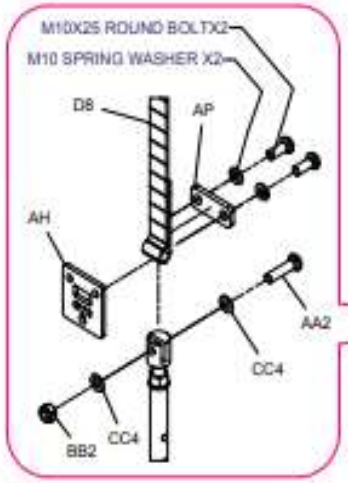
Above shows STEP 7 assembled and completed

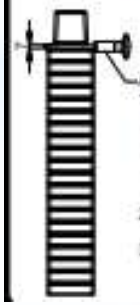


MDR1300 ASSEMBLY INSTRUCTIONS



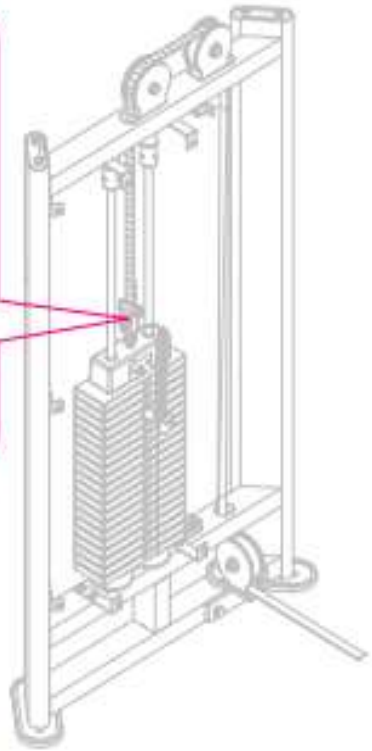
Above shows STEP 8 assembled and completed



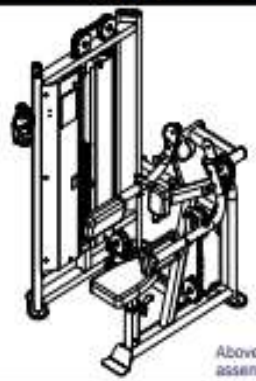


Adjust Belt Procedure:

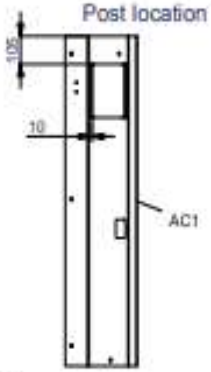
1. Lift the selector rod a little and then insert the pin between first weight stack and top plate (Do not insert though the first hole of the rod), and there are 7 mm gap between top plate and first weight stack.
2. Adjust the belt to have proper tension and then tighten the belt clamps
3. Remove the pin and let the top plate fall on the first weight plate.

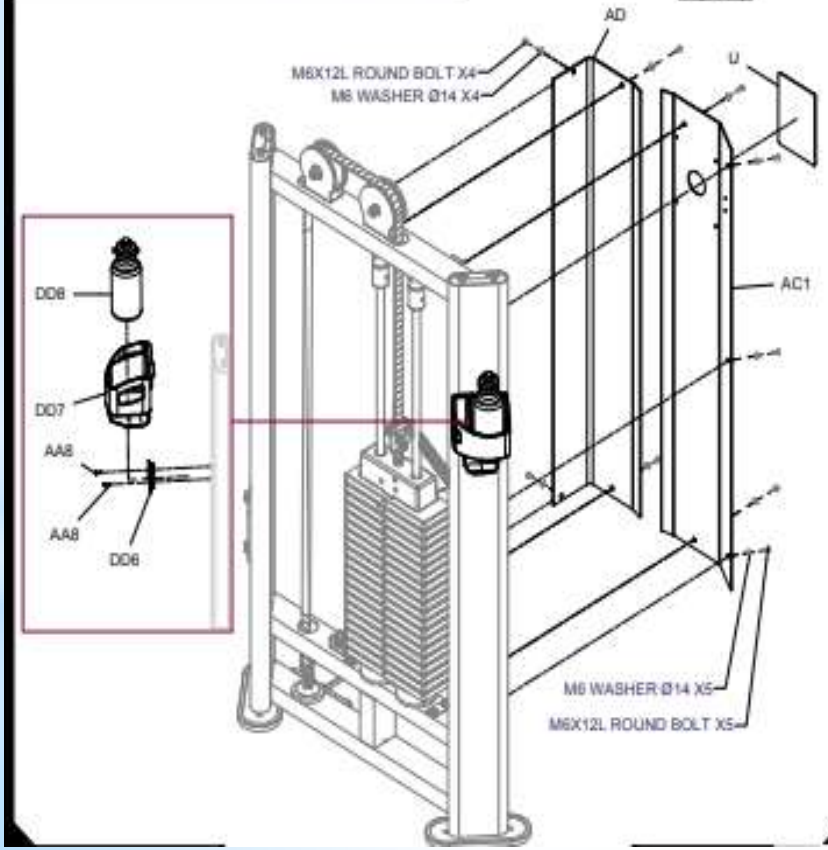


MDR1300 ASSEMBLY INSTRUCTIONS

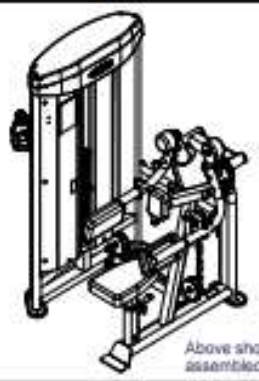


Above shows STEP 9 assembled and completed

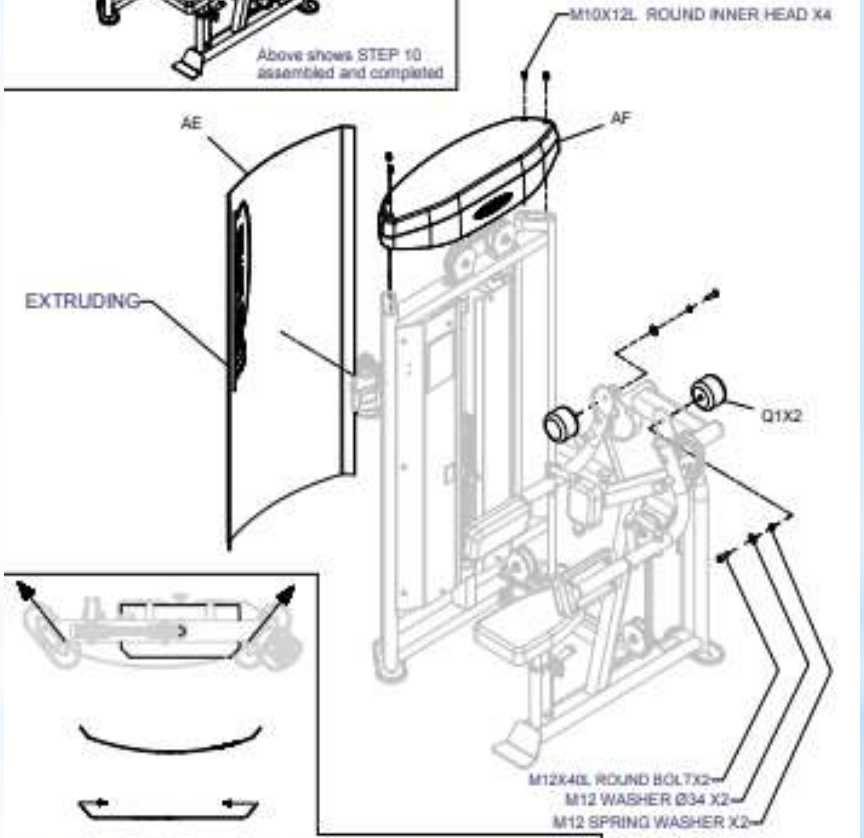




MDM1300 ASSEMBLY INSTRUCTIONS



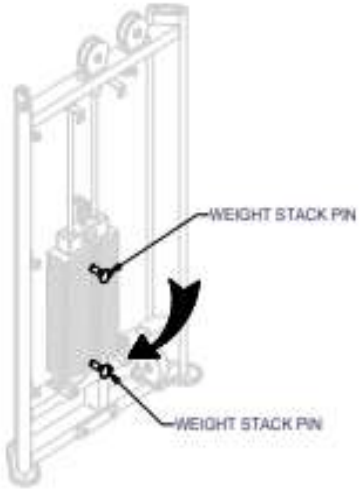
Above shows STEP 10 assembled and completed

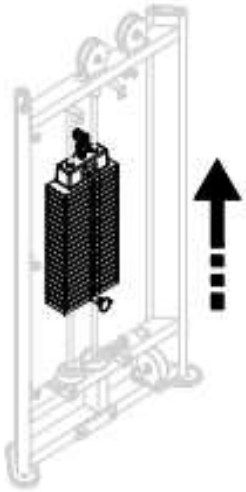


Note: When installing the shroud (AE), push both sides of the shroud toward center in order to bend it a little.
After insert it to the door frame and then releasing it. The shroud will be locked on the door frame.

ASSEMBLY INSTRUCTIONS

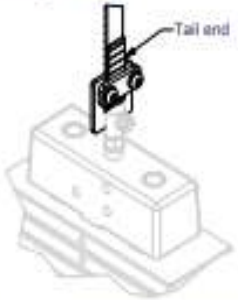
Adjust Flat Belt Steps





1.When installing flat belt, please put the weight stack pin into 4th weight stack. After installing flat belt, please put the weight stack pin into 20th weight stack.

2.When weight stack pin put into 20th weight stack, please do workout with the machine around 1 minute or 5-10 sets in order to extend the flat belt,flat belt will be loosed a little bit.



3.Pull end of flat belt as drawing showed to make the flat belt be tightened. (After using the machine 3 months to 6 months, please check flat belt.If the flat belt is loosed, please follow this step to tighten the belt again.)

Guide on Selector Rod Adjustment

STEP 1



Step 1
Place Selector Rod into Top Plate.
Then put selector pin into the weight plate to fix the rod.

STEP 2

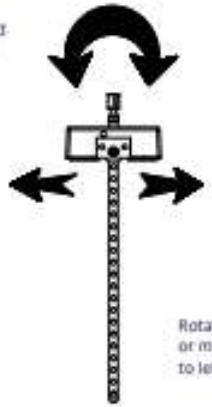


Step 2
Screw the 3/8"x2"L Round Allen Head into Top Plate but not tighten it up.

STEP 3



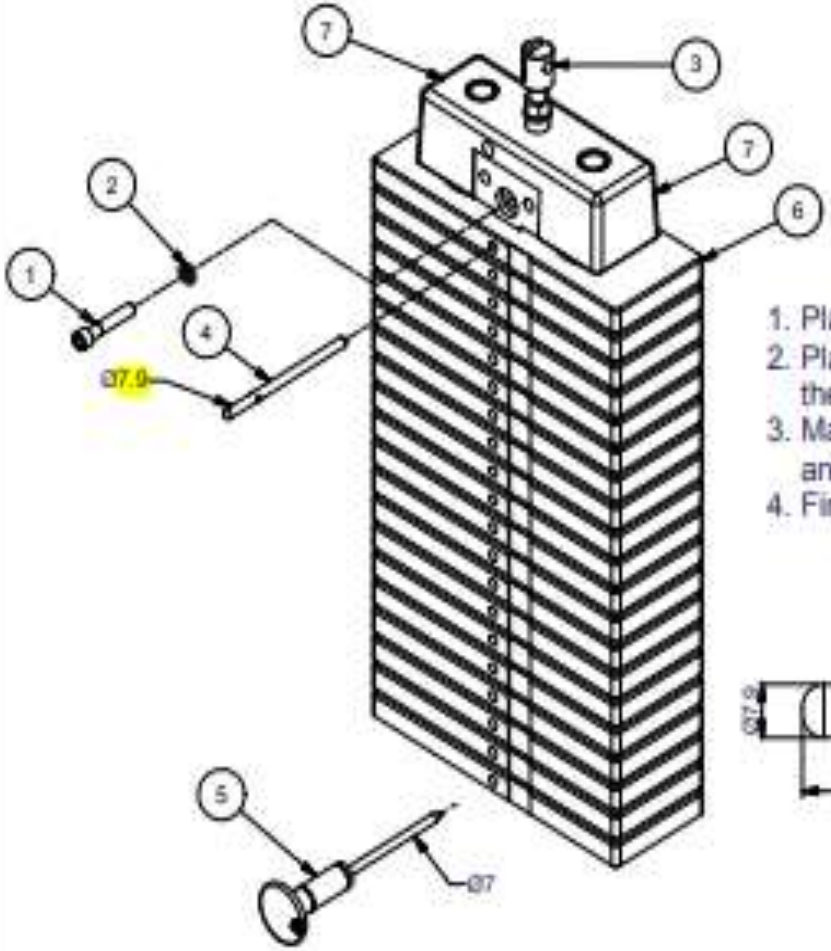
Step 3
Place the selector pin to each weight plate (5,10,15,20....) to check the smoothness.



Rotate the Selector Rod slightly
or move the 3/8"x2"L Round Allen Head
to left and right and repeat Step 3.

MEGA POWER series
JUNGLE GYM series

project	Part number	Name	Specification	Quantity	Remark
1	38-200 CAP	round allen head	3/8"X2"L round allen head-CAP	1	
2	38-SPWAS 8732003	3/8" spring washer		1	
3	8210-216C	20 hole Selector Rod		1	
4	8250-166	pin	Ø7.9X137L	1	
5	8250-162	weight stack pin	Ø7X110L	1	
6	8400-010	10LB weight stack plate	102x220x280L 10LB	20	
7	8400-033	top plate		1	



1. Place #4 - 8250-166 (pin) into the first weight plate.
2. Place #5 - 8250-162 (weight stack pin) into the the hole 20th of the weight stack.
3. Make sure #7 (top plate) cling to #6 (first weight plate) and fix in #1 - 3/8"X2"L screw and #2 - 3/8" spring washer.
4. Finally remove #5 - 8250-162 (weight stack pin) and use as usual.



(8250-166)PIN

V2-112017

*Well done!

