*MPD700B Maintenance

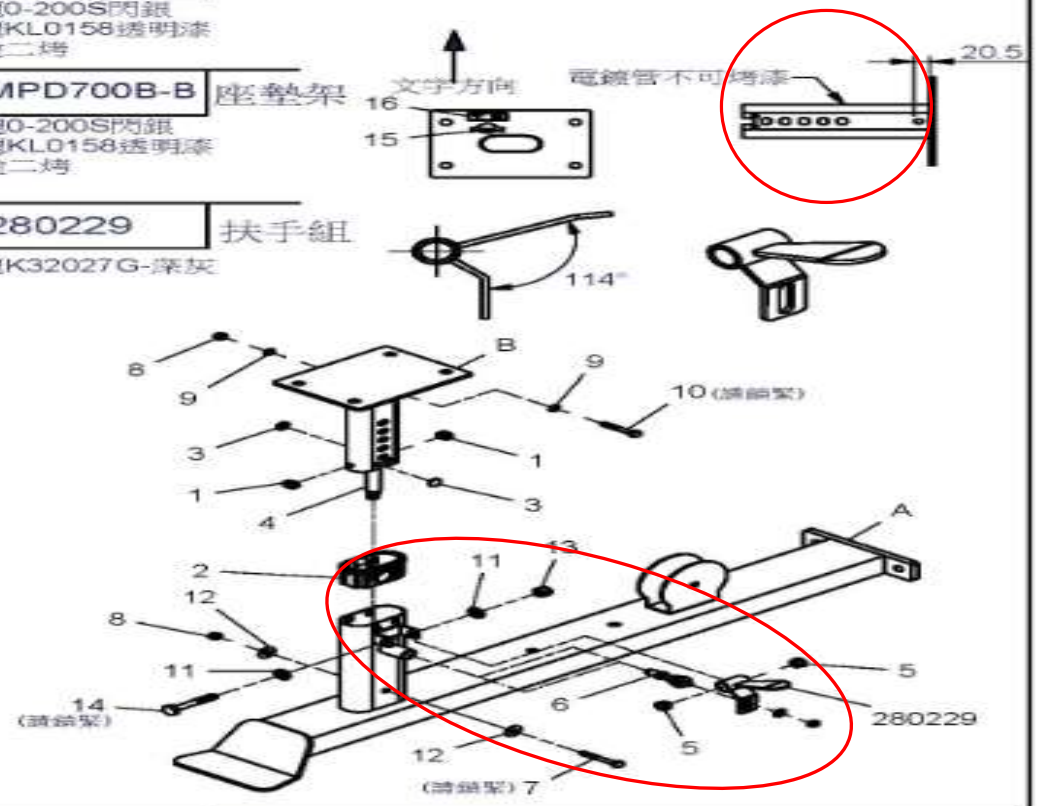
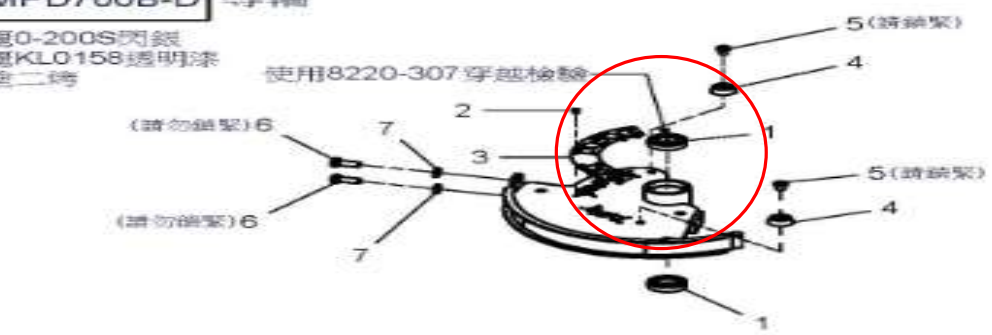


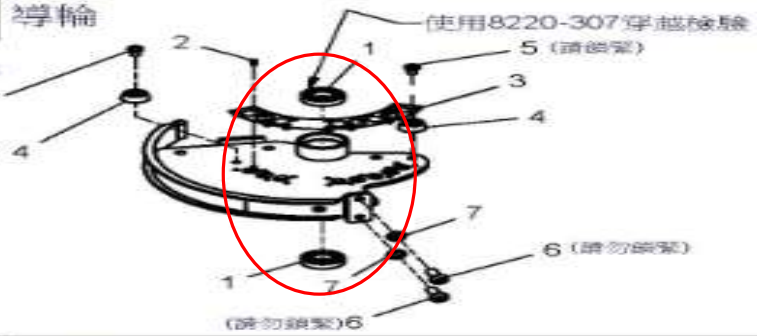
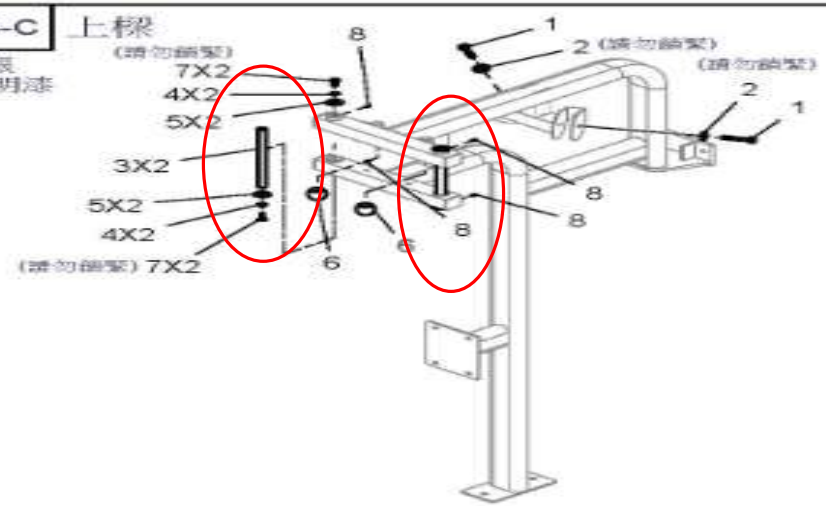
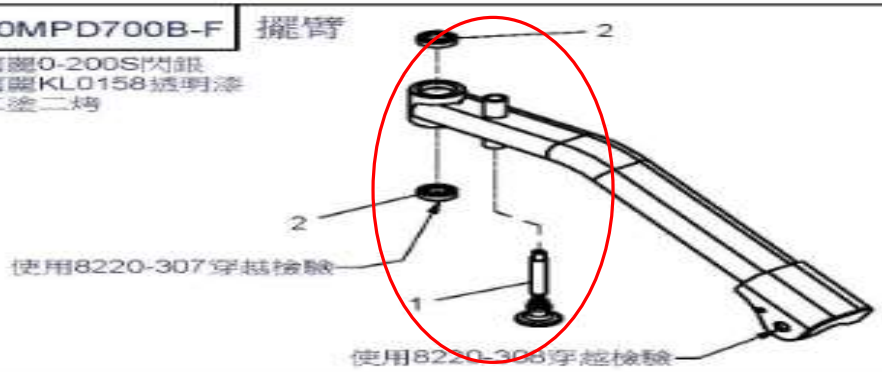
* Customers can put some grease on pivot points(red circle place), with brass or gunmetal bushings.

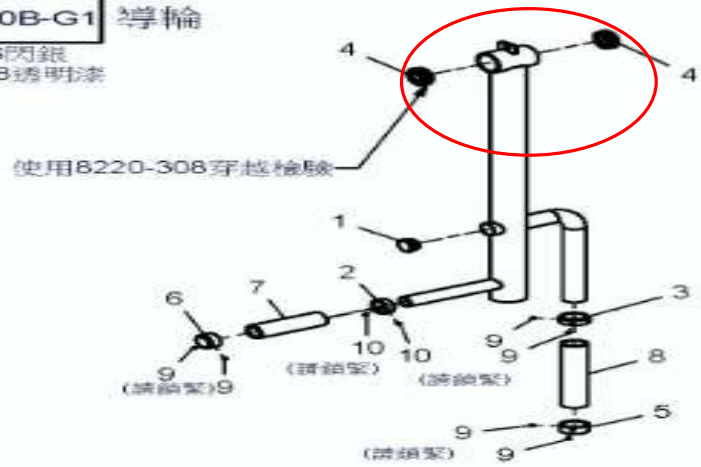
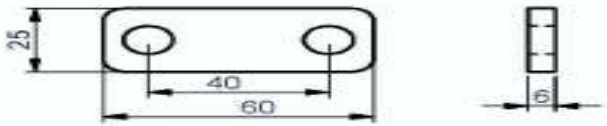


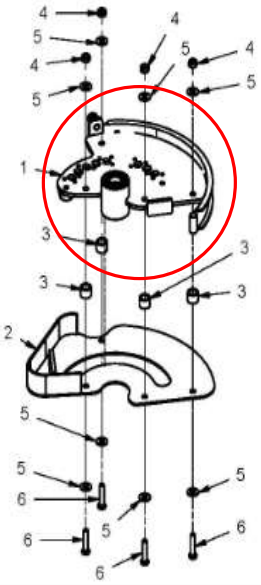
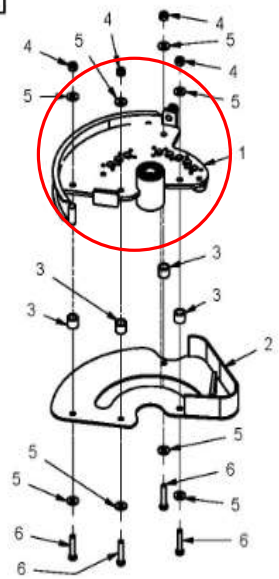


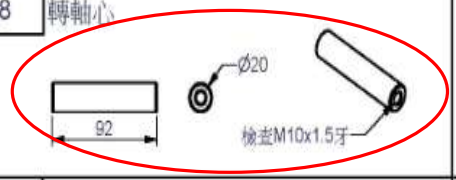
* Let's maintain your machine!

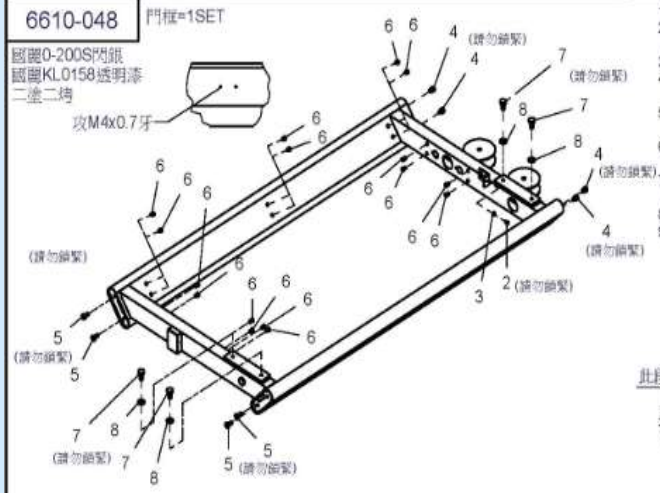
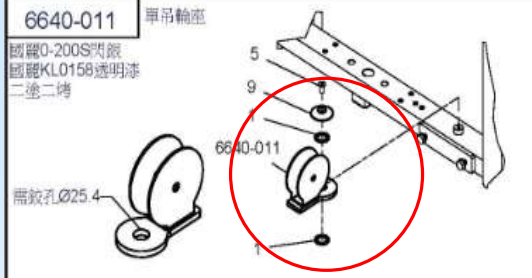
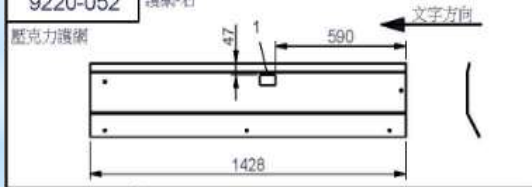
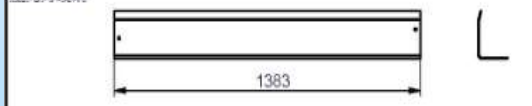
零件代碼	品名及圖案	用量	備註
20MPD700B-A 主架 國麗0-200S閃銀 國麗KL0158透明漆 二塗二烤 20MPD700B-B 座墊架 國麗0-200S閃銀 國麗KL0158透明漆 二塗二烤 280229 扶手組 國麗K32027G-深灰		1SET	1.組立9211-118按扣墊=2PCS 2.組立9211-107雙層套=1PCS 3.組立9211-036按扣墊=2PCS 4.組立8830-027氣壓桿=1PCS 5.組立8520-001鋼套=2PCS 6.組立8250-101調整組=1PCS 7.組立3/8"X2-1/2"L 一般外六角頭螺絲=1PCS 8.組立3/8"尼帽=2PCS 9.組立3/8"華司Ø16X2T=2PCS 10.組立3/8"X2-1/4"L 一般外六角頭螺絲=1PCS 11.組立1/2"華司Ø25=2PCS 12.組立3/8"華司Ø27=2PCS 13組立1/2"尼帽=1PCS 14.組立1/2X3"L 一般外六角頭螺絲=1PCS 15.貼9440-056貼紙=1PCS 16.貼"工單貼紙"=1PCS 280229 取20MRM1700-D委外加工
20MPD700B-D 導輪 國麗0-200S閃銀 國麗KL0158透明漆 二塗二烤		1SET	1.組立8510-010軸承=2PCS 2.組立拉釘435(4-3)=14PCS 3.組立9440-332固定片=1PCS 4.組立9214-030避震墊=2PCS 5.組立M8X12L 半圓頭內六角螺絲=2PCS 6.組立M10X25L 半圓頭內六角螺絲=2PCS 7.組立M10彈簧華可=2PCS

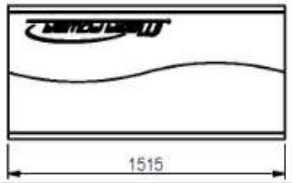
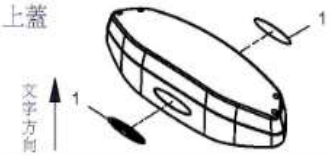
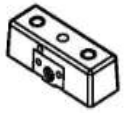
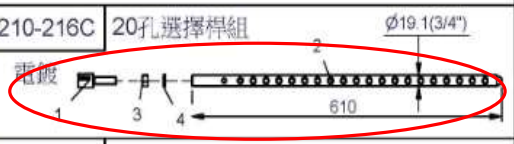
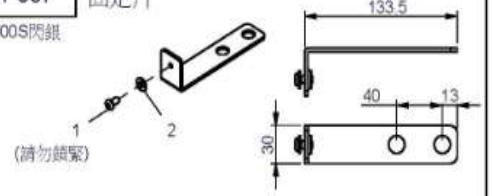
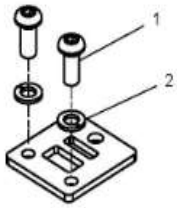
零件代碼	品名及圖案	用量	備註
20MPD700B-E 鐵麗0-200S閃銀 鐵麗KL0158透明漆 二塗二烤	導輪 	1SET	1.組立8510-010軸承=2PCS 2.組立拉釘435(4-3)=14PCS 3.組立9440-333固定片=1PCS 4.組立9214-030避震墊=2PCS 5.組立M8X12L 半圓頭內六角螺絲=2PCS 6.組立M10X25L 半圓頭內六角螺絲=2PCS 7.組立M10彈簧華司=2PCS
20MPD700B-C 鐵麗0-200S閃銀 鐵麗KL0158透明漆 二塗二烤	上樑 	1SET	1.組立1/2"-2-1/2"L 一般外六角頭螺絲=2PCS 2.組立1/2"華司Ø34=2PCS 3.組立8220-307轉軸心=2PCS 4.組立M10彈簧華司=4PCS 5.組立M10華司Ø35=4PCS 6.組立9212-019緩衝套=2PCS (需上膠) 7.組立M10X25L 半圓頭內六角螺絲=4PCS 8.組立5X10L 沈頭內六角螺絲=4PCS 設變單號 2018100006
20MPD700B-F 鐵麗0-200S閃銀 鐵麗KL0158透明漆 二塗二烤	擺臂 	2SET	1.組立8250-095調整組=2PCS 2.組立8510-010軸承=4PCS

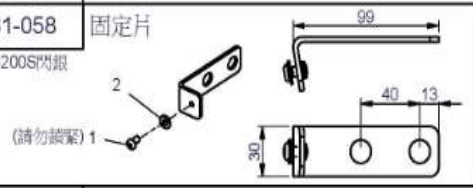
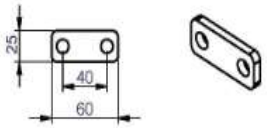
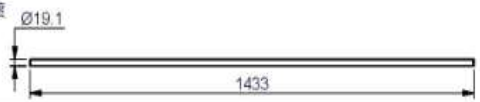
零件代碼	品名及圖案	用量	備註
20MPD700B-G1 國麗0-200S閃銀 國麗KL0158透明漆 二塗二烤	導輪  	2SET	1.組立9211-169端蓋=2PCS 2.組立8130-250束子=2PCS 3.組立8130-483束子=2PCS 4.組立8510-034軸承=4PCS 5.組立8890-056束子=2PCS 6.組立8890-079襯套=2PCS 7.組立9162-135浸漬把手=2PCS 8.組立9162-220浸漬把手=2PCS 9.組立M5X4L 沉頭內六角螺絲=12PCS 10.組立3/16"X3/16"L 沉頭內六角螺絲=4PCS 設變單號 2020040004
20MPD700B-H 國麗0-200S閃銀 國麗KL0158透明漆 二塗二烤	護罩 	1SET	
20MPD700B-I 國麗0-200S閃銀 國麗KL0158透明漆 二塗二烤	護罩 	1SET	
6640-009 國麗0-200S閃銀 國麗KL0158透明漆 二塗二烤	單吊輪組  	1SET	1.組立M10X25L 半圓頭內六角螺絲=2PCS 2.組立M10彈簧墊可=2PCS HLMPD700BA內箱
8311-117 國麗0-200S閃銀 國麗KL0158透明漆 二塗二烤	固定片  	3PCS	HLMPD700BA內箱

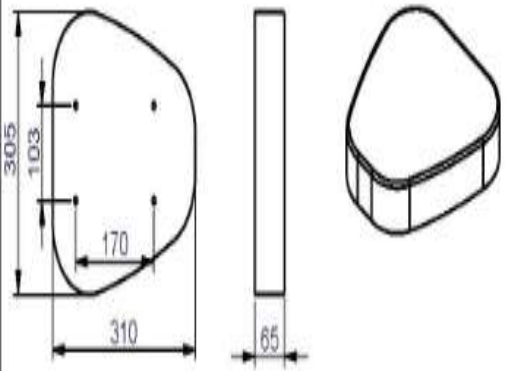
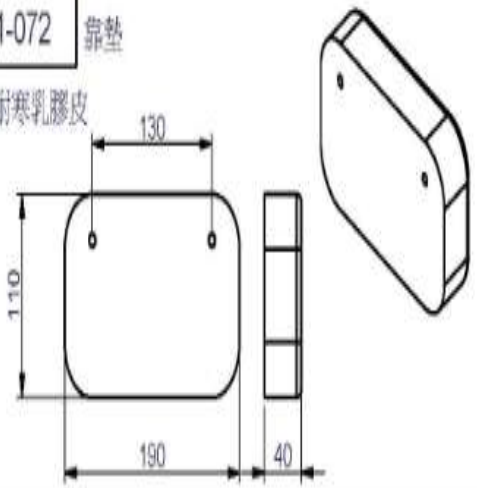
零件代碼	品 名 及 圖 案	用量	備　註
		1SET	1.組立20MPD700-D=1PCS 2.組立20MPD700-I=1PCS 3組立8110-066鐵套=4PCS 4.組立M8尼帽=4PCS 5.組立M8華司Ø20=8PCS 6.組立M8X40L 半圓頭內六角螺絲=4PCS 設變單號 2018100006
		1SET	1.組立20MPD700-E=1PCS 2.組立20MPD700-H=1PCS 3組立8110-066鐵套=4PCS 4.組立M8尼帽=4PCS 5.組立M8華司Ø20=8PCS 6.組立M8X40L 半圓頭內六角螺絲=4PCS

零件代碼	品 名 及 圖 案	用量	備　註
FMPD700BA	平皮帶輪包 	1SET	HLMPD700BA內箱
FMPD700BB	平皮帶輪包 	1SET	HLMPD700BA內箱
8220-308	轉軸心 電鍍 	2PCS	HLMPD700BA內箱
9420-148	MPD700B動作圖銘板	1PCS	9630-126氣泡袋X1 160X460XB-平口 HLMPD700BA內箱
23MPD700BA	附件包	1SET	HLMPD700BA內箱
25MPD700BA	皮帶輪包	1SET	HLMPD700BA內箱
GMPD700BA	螺絲包	1SET	HLMPD700BA內箱
KMPD700B	說明書	1SET	

零件代碼	品 名 及 圖 案	用量	備 註
6610-048	門框=1SET 國麗0-200S閃銀 國麗KL0158透明漆 二塗二烤 攻M4x0.7牙 		1.組立8520-008滑座可=2PCS 2.組立M6X12L 半圓頭內六角螺絲=1PCS 3.組立M6華司Ø13=1PCS 4.組立M10X12L 圓頭內六角螺絲CAP=4PCS 5.組立M10X25L 錐形平頭內六角螺絲=5PCS 6.組立M6拉帽 (身體有花)=16PCS 7.組立1/2"x1"L 一般外六角螺絲=4PCS 8.組立1/2"華司Ø25=4PCS 9.組立8130-231襯套=1PCS
6640-011	單吊輪座 國麗0-200S閃銀 國麗KL0158透明漆 二塗二烤 	1SET	
9220-052	護網-右 壓克力護網 	1PCS	1.貼9440-117防夾手貼紙=1PCS 設變單號 2019030002
9220-016	護網-左 壓克力護網 	1PCS	

零件代碼	品 名 及 圖 案	用量	備 註
9220-023	護網 壓克力護網 	1PCS	
9211-148	上蓋 	1SET	1.貼9441-370=2PCS 鋁標(Steelflex) H9211148內箱
8400-033	選擇上片 烤黑漆 	1SET	HLMPD700B內箱
8210-216C	20孔選擇桿組 電鍍 	1SET	1.組立8260-076固定桿=1PCS 2.組立8210-216 20孔選擇桿=1PCS 3.組立1/2"螺帽=1PCS 4.組立1/2"彈簧華司=1PCS
8331-057	固定片 國麗0-200S閃銀 	4SET	1.組立M6X12L=4PCS 半圓頭內六角螺絲 2.組立M6華司-Ø13=4PCS HLMPD700B內箱
8313-169	固定片 電鍍 	1PCS	1.組立M10X25L 半圓頭內六角螺絲=2PCS 2.組立M10彈簧華司=2PCS HLMPD700B內箱

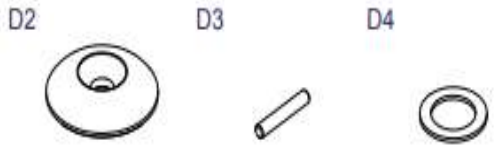
零件代碼	品名及圖案	用量	備註
8331-058	固定片 國麗0-200S閃銀 	3SET	1.組立M6X12L 半圓頭內六角螺絲=3PCS 2.組立M6華司-Ø13=3PCS HLMPD700BB內箱
8313-144	固定片 國麗0-200S閃銀 國麗KL0158透明漆 二塗二烤 	2PCS	HLMPD700BB內箱
8311-117	固定片 國麗0-200S閃銀 	1PCS	HLMPD700BB內箱
8280-042	導桿 電鍍 	2PCS	
23MPD700BB	附件包	1SET	HLMPD700BB內箱
23MDCUP	附件包-CUP	1SET	HLMPD700BB內箱
25MPD700BB	皮帶輪包	1SET	HLMPD700BB內箱
GMPD700BB	螺絲包	1SET	HLMPD700BB內箱
KMD	操作手冊	1SET	

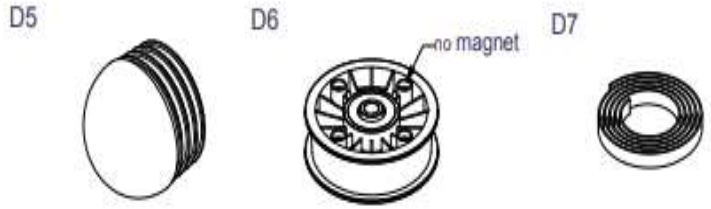
零件代碼	品名及圖案	用量	備註
9121-093	座墊 黑色耐寒乳膠皮 	2PCS	
9131-072	靠墊 黑色耐寒乳膠皮 	1PCS	

MPD-700B ASSEMBLY INSTRUCTIONS

HARDWARE ILLUSTRATION

D2.Ø50 CAP COVER(8130-131)----------[4PCS]
D3.Ø10X60 SHAFT(8210-156)----------[2PCS]
D4.Ø30XØ20X1.5T CU WASHER(8520-007)----------[4PCS]
D5. Ø49.5X31L Round End Cap (9211-074)----------[2PCS]
D6.Ø115 PULLEY(9213-42B)----------[4PCS]
D7.3540mm BELT(FMPD700BA1)----------[1PCS]
D8.4490mm BELT(FMPD700BB)----------[1PCS]
D9.EXERCISE CHART (9420-148)----------[1PCS]



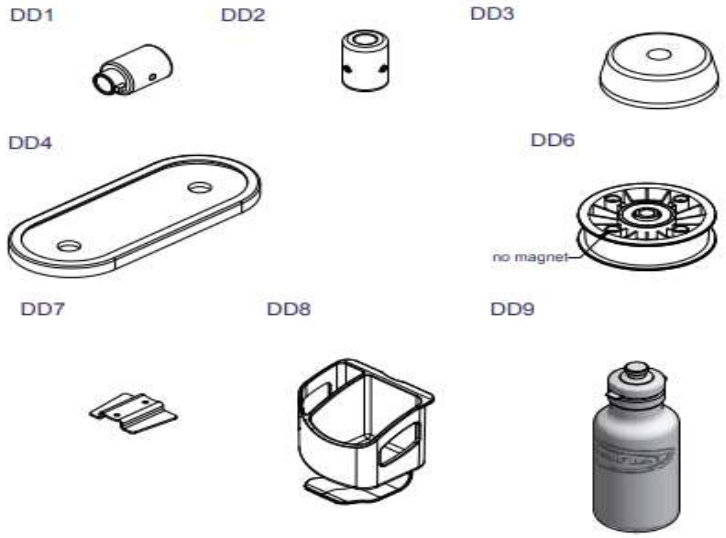




MPD-700B ASSEMBLY INSTRUCTIONS

DOOR FRAME HARDWARE ILLUSTRATION

DD1.3/4" SHAFT COLLAR(9211-147)----------[2PCS]
DD2.3/4" SHAFT COLLAR(9211-167)----------[2PCS]
DD3.Ø4" RUBBER PAD(9310-017)----------[2PCS]
DD4.108X263 RUBBER PAD(9310-075)----------[2PCS]
DD6.Ø115 PULLEY(9213-042B)----------[3PCS]
DD7.BOTTLE BRACKET(8388-025)----------[1PCS]
DD8.BOTTLE RACK(9260-320)----------[1PCS]
DD9.BOTTLE(9260-123)----------[1PCS]



MPD-700B ASSEMBLY INSTRUCTIONS

DOOR FRAME HARDWARE ILLUSTRATION

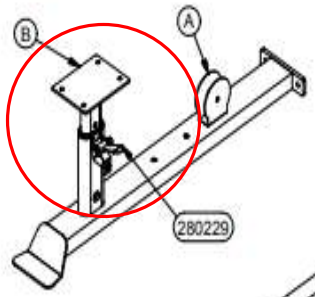
DD10.TOP PLATE(8400-033)----------[1PCS]
DD11.Selector Rod(8210-216C)----------[1PCS]



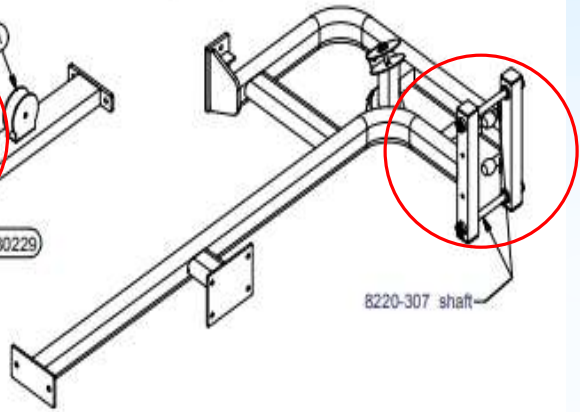
MPD-700B ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

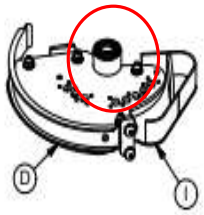
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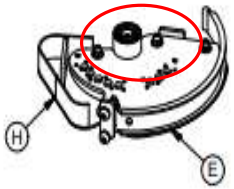
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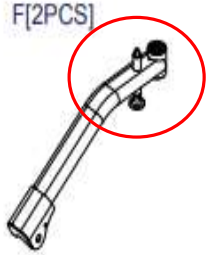
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E[1PCS]



F[2PCS]



G[2PCS]



MPD-700B ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

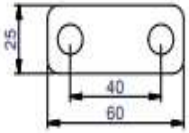
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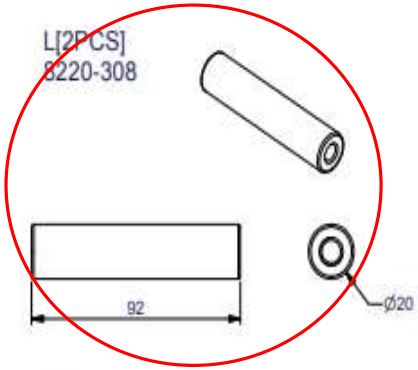
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L[2PCS]
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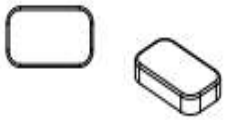
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N[1PCS]
9131-072

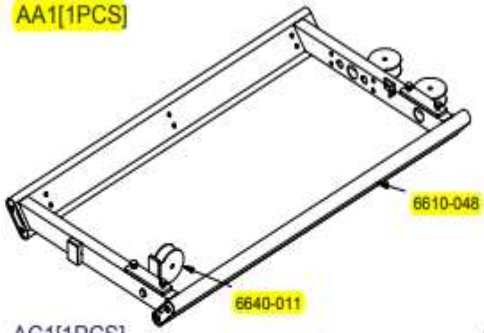




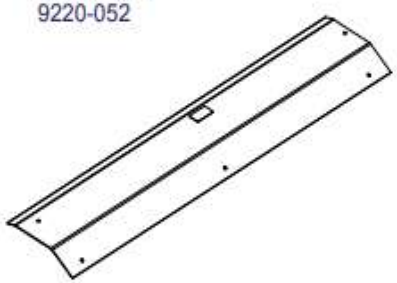
MPD-700B ASSEMBLY INSTRUCTIONS

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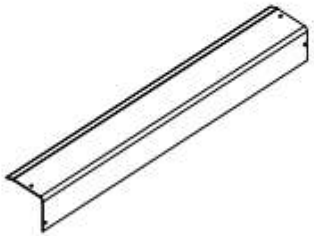
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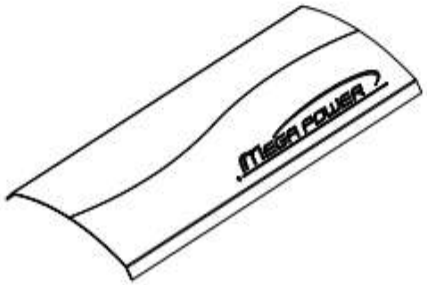
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AD[1PCS]
9220-016



AE[1PCS]
9220-023



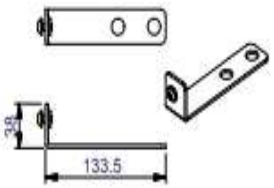
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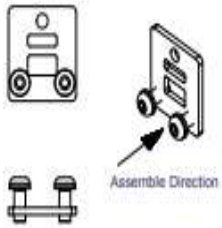
MPD-700B ASSEMBLY INSTRUCTIONS

DOOR FRAME PARTS ILLUSTRATION SHEET

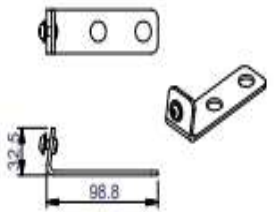
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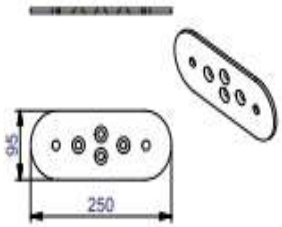
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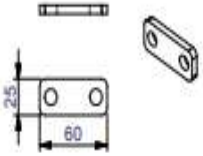
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AJ[2PCS]
8313-144



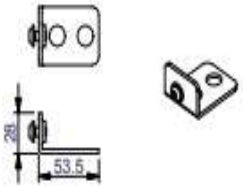
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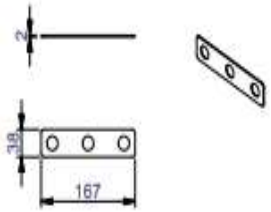
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Ø3/4"X1433L



AO[1PCS]
8331-056



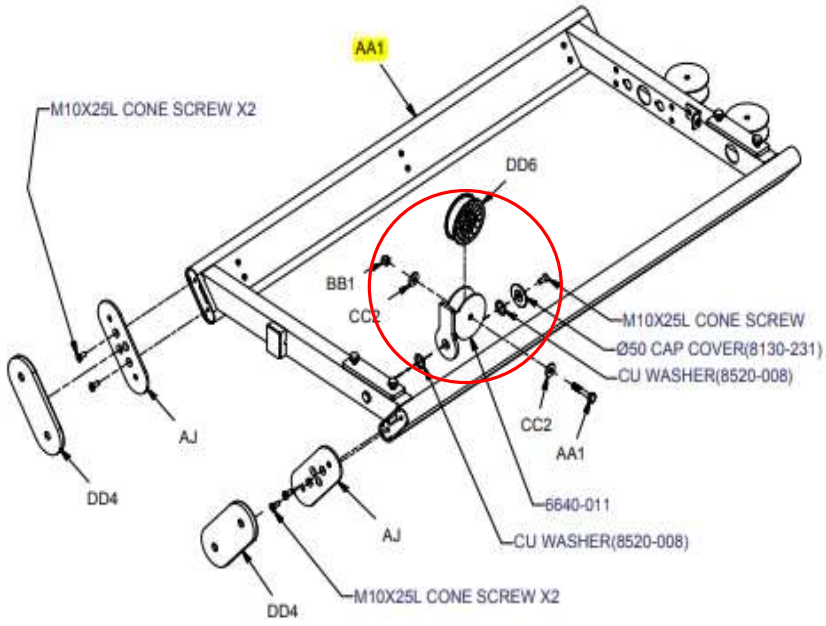
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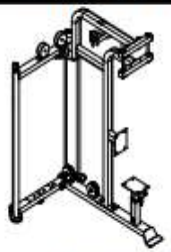
MPD-700B ASSEMBLY INSTRUCTIONS



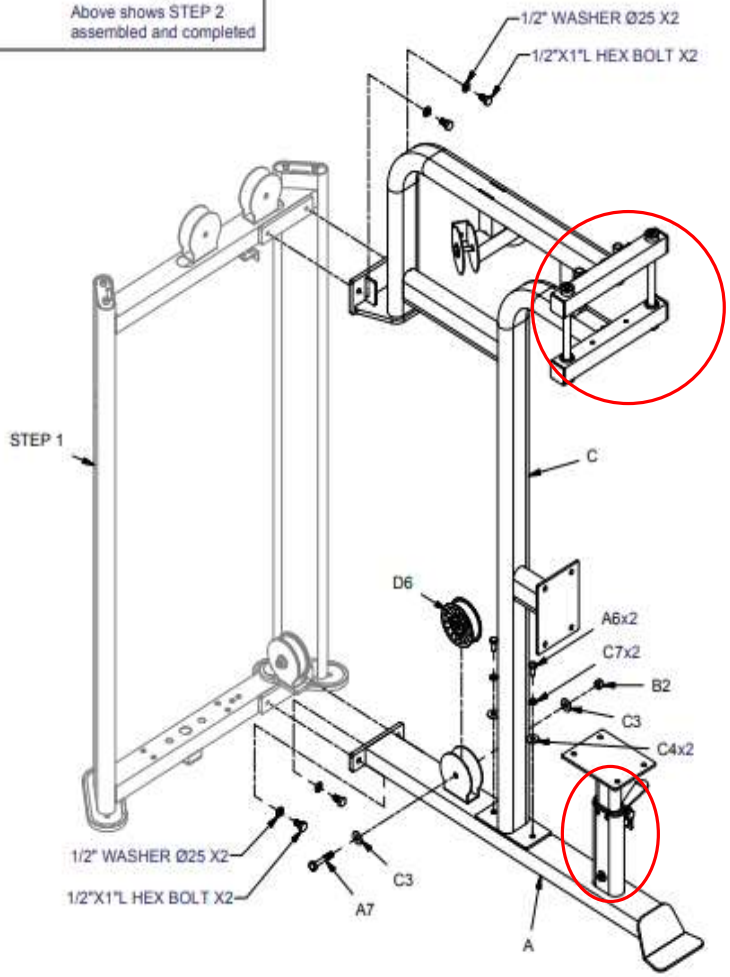
Above shows STEP 1
assembled and completed



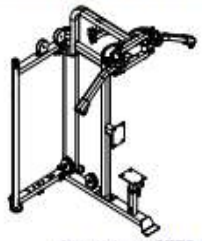
MPD-700B ASSEMBLY INSTRUCTIONS



Above shows STEP 2
assembled and completed



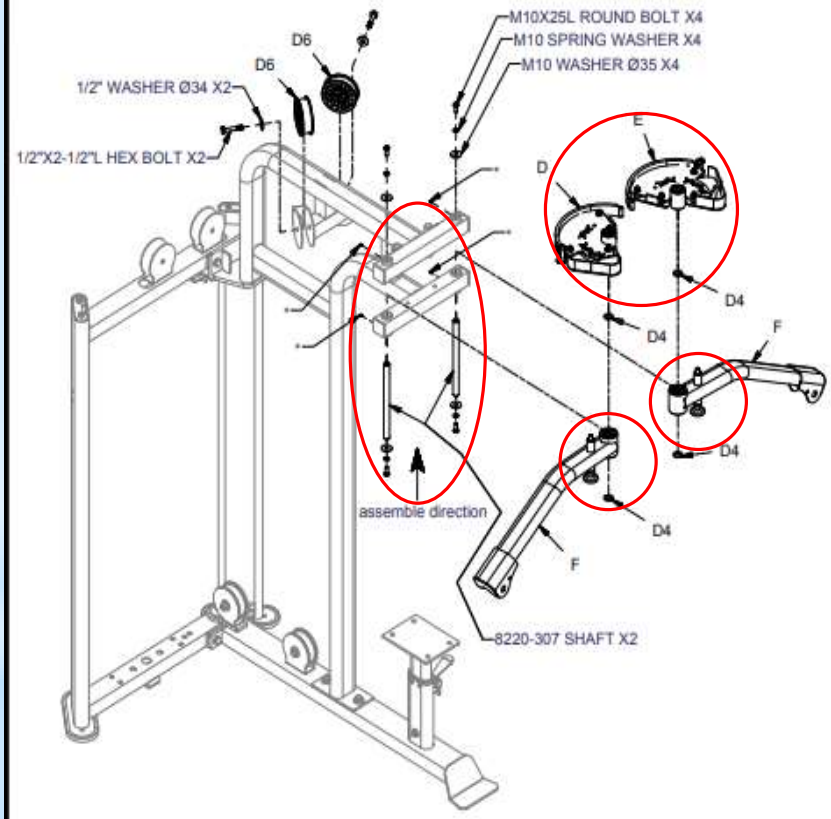
MPD-700B ASSEMBLY INSTRUCTIONS



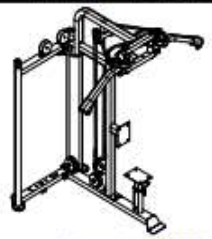
Above shows STEP 4
assembled and completed

* * * : Please tighten the screw after all parts assembled.
or please tighten all screws after all parts joint together

please make it in order
D4→F→D4→D
D4→F→D4→E

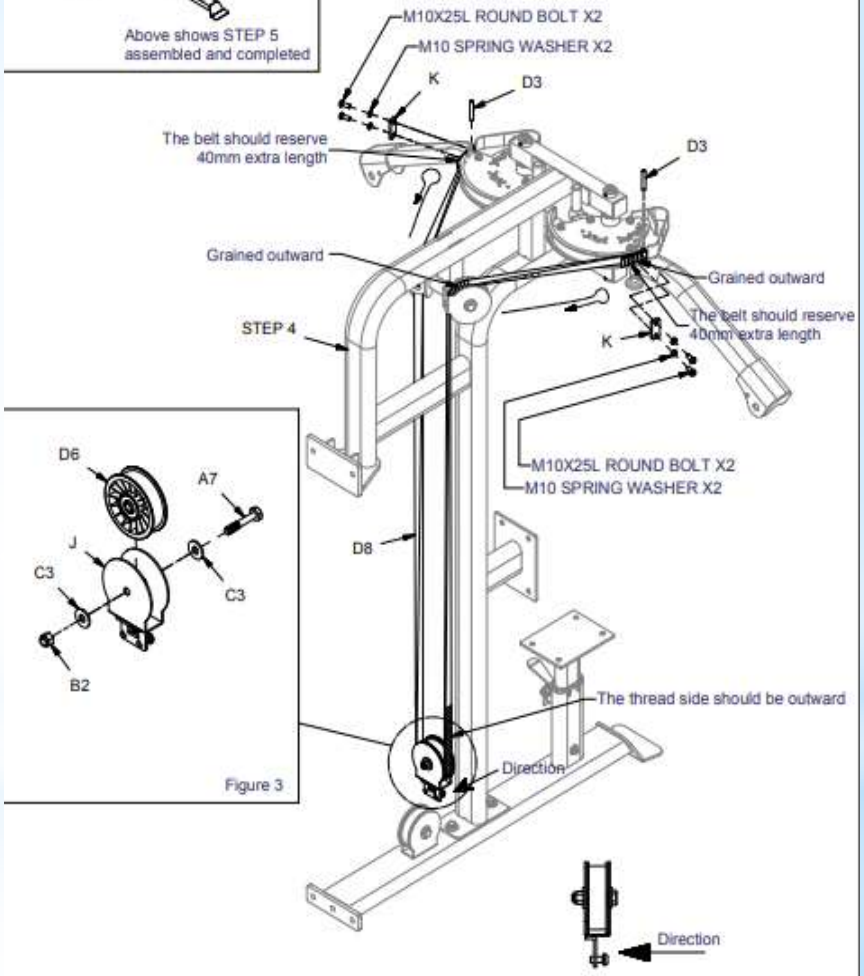


MPD-700B ASSEMBLY INSTRUCTIONS

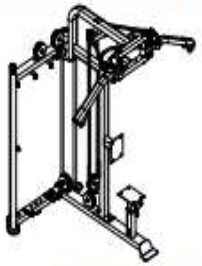


Above shows STEP 5
assembled and completed

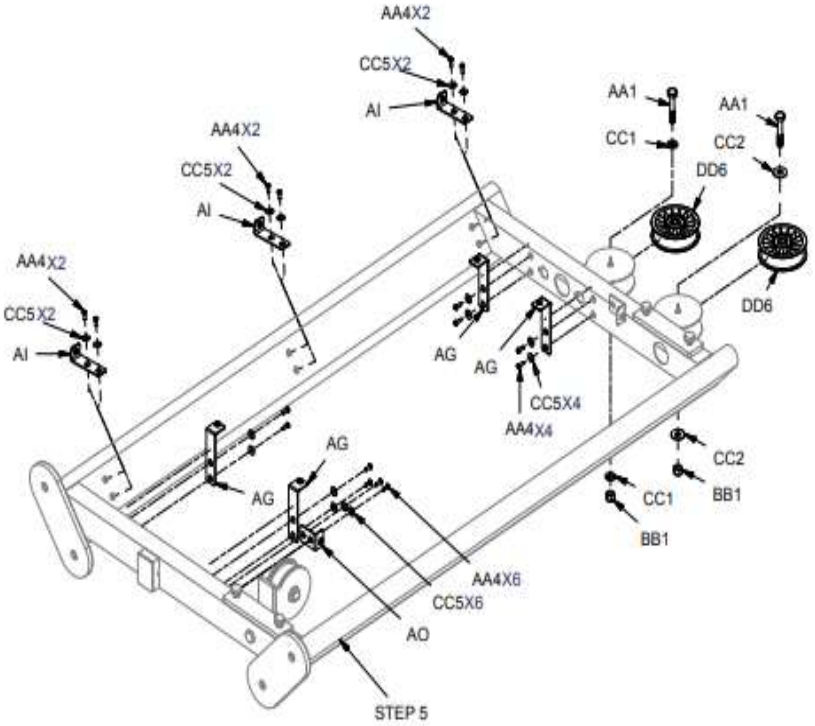
NOTE:
1. THE BELT SMOOTH SIDE SHOULD ATTACH ON PULLEY SURFACE, AND THE BELT SMOOTH SIDE WRAP AROUND THE BELT RETAINER SHAFT (D3)
2. PLEASE BE SURE THE PRESSURE BETWEEN THE BELT CLAMPS (K) DO NOT EXCEED 70 PSI



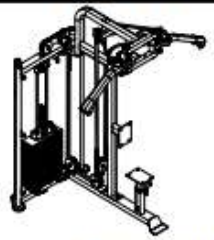
MPD-700B ASSEMBLY INSTRUCTIONS



Above shows STEP 6
assembled and completed

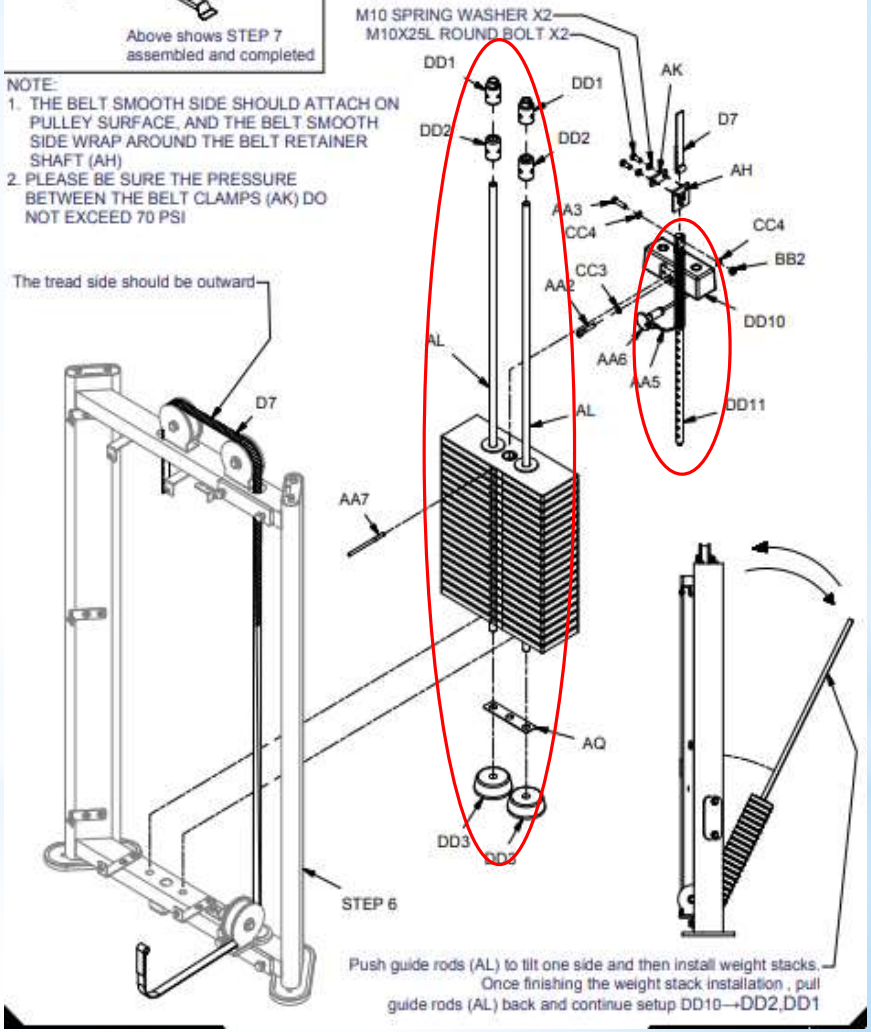


MPD-700B ASSEMBLY INSTRUCTIONS

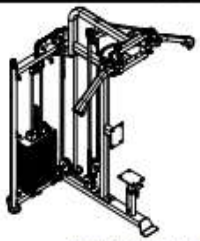


Above shows STEP 7
assembled and completed

NOTE:
1. THE BELT SMOOTH SIDE SHOULD ATTACH ON PULLEY SURFACE, AND THE BELT SMOOTH SIDE WRAP AROUND THE BELT RETAINER SHAFT (AH)
2. PLEASE BE SURE THE PRESSURE BETWEEN THE BELT CLAMPS (AK) DO NOT EXCEED 70 PSI



MPD-700B ASSEMBLY INSTRUCTIONS



Above shows STEP 8
assembled and completed

NOTE:
1. THE BELT SMOOTH SIDE SHOULD ATTACH ON PULLEY SURFACE, AND THE BELT SMOOTH SIDE WRAP AROUND THE BELT RETAINER SHAFT (J)
2. PLEASE BE SURE THE PRESSURE BETWEEN THE BELT CLAMPS (K) DO NOT EXCEED 70 PSI

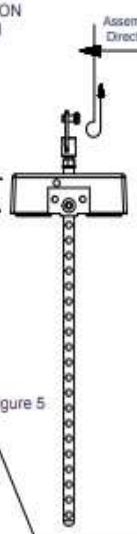


Figure 5

Adjust Belt Procedure:
1. Lift the selector rod a little and then insert the pin between first weight stack and top plate (Do not insert though the first hole of the rod), and there are 7 mm gap between top plate and first weight stack.
2. Adjust the belt to have proper tension and then lighten the belt clamps
3. Remove the pin and let the top plate fall on the first weight plate.

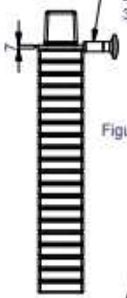
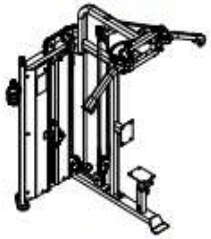
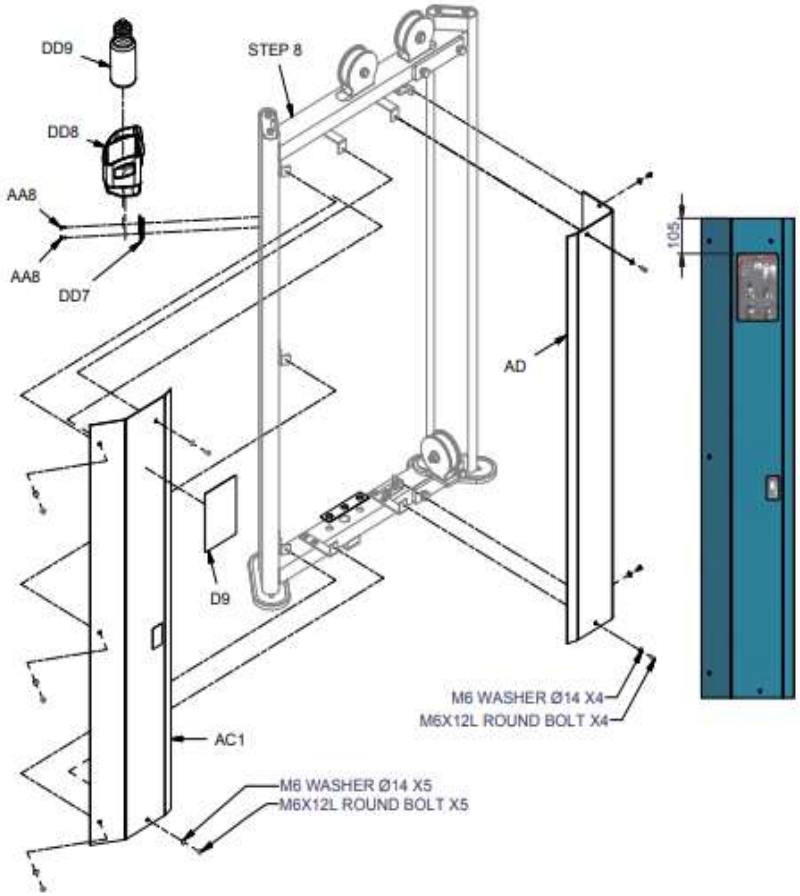


Figure 6

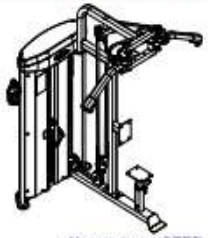
MPD-700B ASSEMBLY INSTRUCTIONS



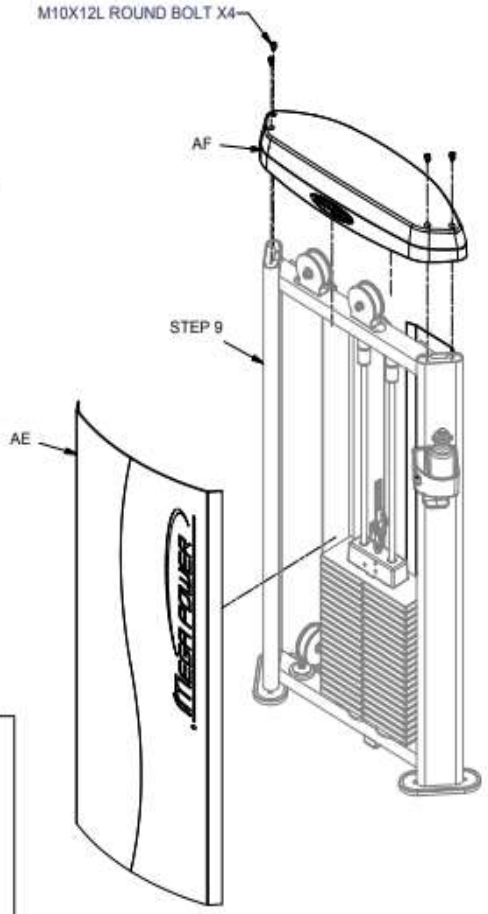
Above shows STEP 9
assembled and completed



MPD-700B ASSEMBLY INSTRUCTIONS



Above shows STEP 10
assembled and completed



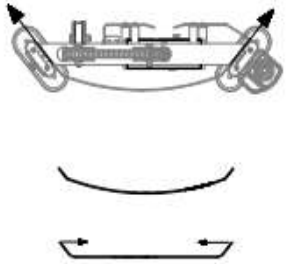


Figure 8

Note: When installing the shroud (AE), push both sides of the shroud toward center in order to bend it a little.
After insert it to the door frame and then releasing it. The shroud will be locked on the door frame.

MPD-700B ASSEMBLY INSTRUCTIONS



Above shows STEP 11
assembled and completed

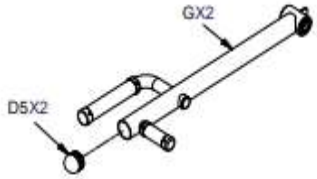
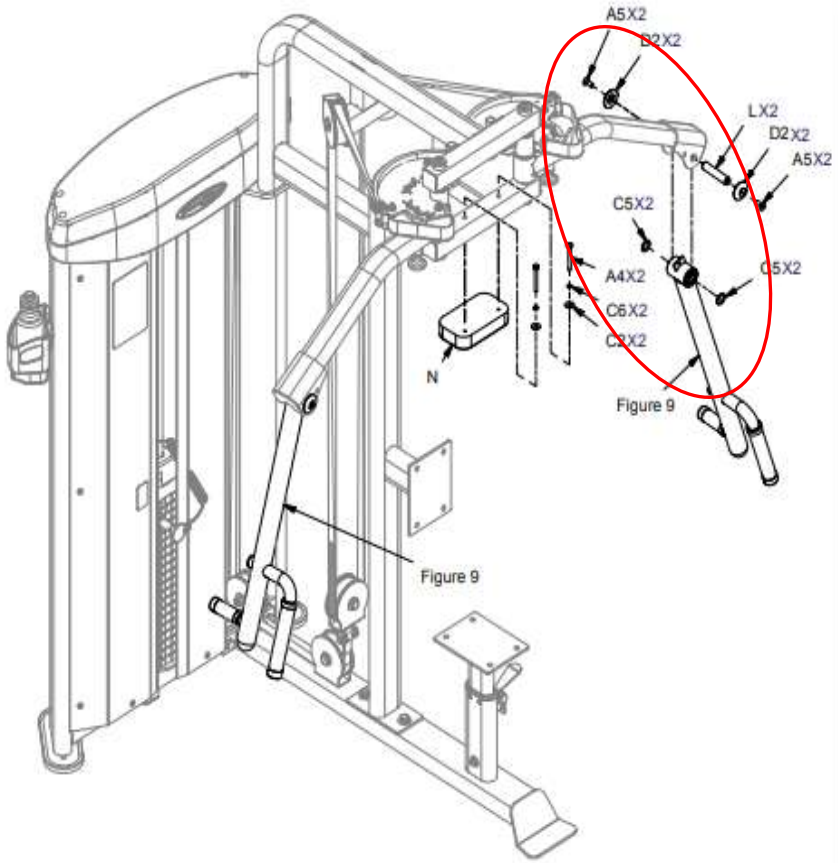


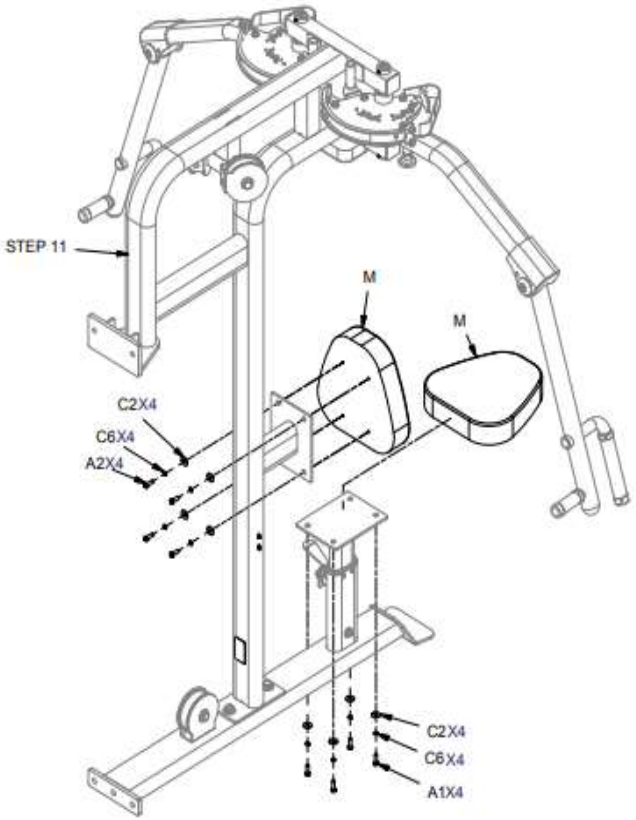
Figure 9



MPD-700B ASSEMBLY INSTRUCTIONS

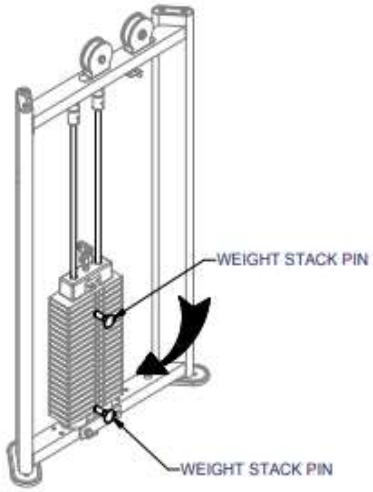


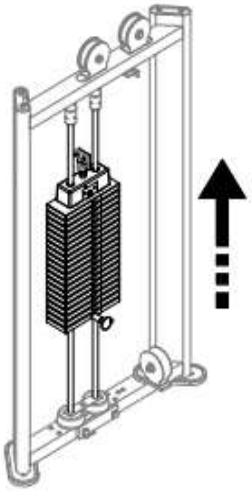
Above shows STEP 12
assembled and completed



ASSEMBLY INSTRUCTIONS

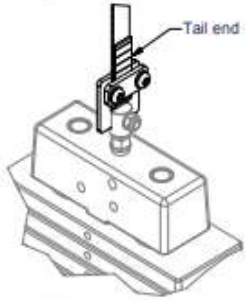
Adjust Flat Belt Steps





1. When installing flat belt, please put the weight stack pin into 4th weight stack. After installing flat belt, please put the weight stack pin into 20th weight stack.

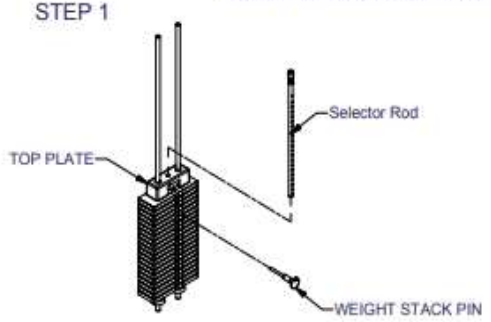
2. When weight stack pin put into 20th weight stack, please do workout with the machine around 1 minute or 5-10 sets in order to extend the flat belt,flat belt will be loosed a little bit.



3. Pull end of flat belt as drawing showed to make the flat belt be tightened. (After using the machine 3 months to 6 months, please check flat belt.If the flat belt is loosed, please follow this step to tighten the belt again.)

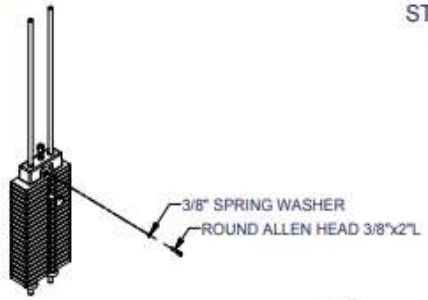
Guide on Selector Rod Adjustment

STEP 1



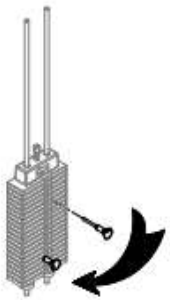
Step 1
Place Selector Rod into Top Plate.
Then put selector pin into the weight plate to fix the rod.

STEP 2

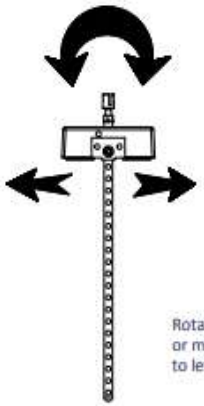


Step 2
Screw the 3/8"x2"L Round Allen Head into Top Plate but not tighten it up.

STEP 3



Step 3
Place the selector pin to each weight plate (5,10,15,20....) to check the smoothness.



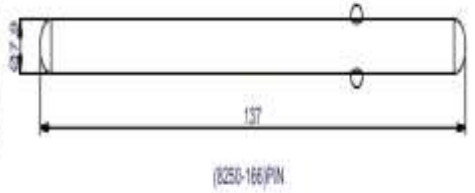
Rotate the Selector Rod slightly
or move the 3/8"x2"L Round Allen Head
to left and right and repeat Step 3.

MEGA POWER series
JUNGLE GYM series

project	Part number	Name	Specification	Quantity	Remark
1	38-200 CAP	round allen head	3/8"X2"L round allen head-CAP	1	
2	38-SPWAS 8732003	3/8" spring washer		1	
3	8210-216C	20 hole Selector Rod		1	
4	8250-166	pin	Ø7.9X137L	1	
5	8250-162	weight stack pin	Ø7X110L	1	
6	8400-010	10LB weight stack plate	102x22x2和L 10LB	20	
7	8400-033	top plate		1	



1. Place #4 - 8250-166 (pin) into the first weight plate.
2. Place #5 - 8250-162 (weight stack pin) into the the hole 20th of the weight stack.
3. Make sure #7 (top plate) cling to #6 (first weight plate) and fix in #1 - 3/8"X2"L screw and #2 - 3/8" spring washer.
4. Finally remove #5 - 8250-162 (weight stack pin) and use as usual.



V2-112017

*Well done!

