



Steelflex

M3D Functional Series

Designed for enjoying your life

www.steelflexfitness.com



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Features



The high-class two-coat and two-bake painting process allows long-lasting use and protects against scratches.



The single-stack machine allows comprehensive utilizations.



Machines are designed with ergonomics for premium operation.



The high-quality padding upholstery and backrest provide comfort and durability.



The sleek, elegant acrylic shroud is engineered for safety.



The pulley carriage features an adjustable design.



High-grade bearings are designed for superior durability.



The adjustable dial enables a wide range of motion.



M3DHL

3D High Low Pull

Considering to provide versatile workouts in one machine, the M3DHL makes this mechanical concept becomes a realistic solution. Every one of the pulleys offers isolated exercises for different muscle parts. A high-grade seat allows the workout position to adjust while seated, accommodating various sports requirements. The ideal design of M3DHL helps private coaches carry out better workout efficiency during a fitness and conditioning curriculum.

SPEC



M3DFC

3D Chest Press / Fly

Making a breakthrough of functional limit for strength machines, the M3DFC features a compact and versatile design to develop a muscular upper body. Adjustable lever movement arms offer the workout in both seated and standing positions. The nimble 360-degree adjustable pulley allows operators to enjoy the exercise with a fluid feeling.

SPEC



VIDEO





M3DBR

3D Back Row / Multi Hip

Machine M3DBR features adjustable pulleys in high and low positions and has side stability auxiliary pulleys for varying exercises, including the back extension and other standing workouts. The lateral pulley with an L-shape assist handle provides versatile training for the hip to strengthen flexibility and range of motion.

SPEC



VIDEO



M3DSM

3D Smith Machine

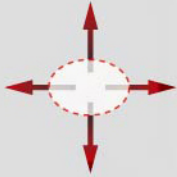
Machine M3DSM can fluidly perform workouts in stereoscopic orientation, including upward, downward, forward, and backward operations that help the exerciser to achieve professional movements of clean and press. And it can work the squat and lunge motion more flexibly than another smith machine. The standard counterweight bar in 20 kilograms with an exercise guide is equipped on machine M3DSM that enhances the benchmark for workout benefits and effects.

SPEC



VIDEO





M3DLM

3D Multi Hip

The M3DLM can optimally perform versatile workouts for the hip. Lateral squats develop the glute efficiently to achieve an optimum fitness result. Both dynamic and static engineering of the slide rail promotes the creativeness for exercises. The double safeguard design protects the user during operation to further enhance the guarantee of workout effects.

SPEC



VIDEO





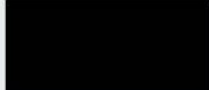

Steel Mind, Flex Body

Note: All specifications are subject to change without notice.

Specifications

Frame Finish	Two-coat powder process, electrostatically applied powder coat finish, gray silver
Instructional Placard	Included
Upholstery	2" rebonded scrap foam + 15mm high resilience foam with CGPC PVC cold latex leather and durable double stitched upholstery
Handgrips	Dipped PVC handle
Driving System	Cable
Cable	7 × 19 carbon steel, tensile strength of more than 2090 lbs. (950 kg)
Shroud	4T acrylic delicate safety cover
Weight Stack	High-quality weight plates for smooth and durable operation
Standard Weight Stack	240 lbs. / 109 kg (SWS15-15 lbs. × 15 pcs + 15 lbs. top plate) for M3DFC / M3DHL 165 lbs. / 75 kg (SWS10-10 lbs. × 15 pcs + 15 lbs. top plate) for M3DBR
Optional Weights	315 lbs. for M3DFC / M3DHL 240 / 315 lbs. for M3DBR
Max User Weight	264 lbs. / 120 kg

Colors

Strength Upholstery Colors	 Black(Standard)
Standard Finish Color	 Gray Silver

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