

Revolutionize your squat training and take your workouts to the next level with the PLSBS – a modern, efficient, and innovative machine designed to help you crush your fitness goals!

Ideal for targeting the quadriceps, hamstrings, glutes, and calves. The PLSBS Belt Squat features FIVE easy belt anchoring points, allowing users to fine-tune squat resistance. Anchoring closer to the weight increases perceived load for heavier squats, while positioning it farther away reduces resistance, enabling greater range of motion and more explosive movement.



- Wide stabilizing handles



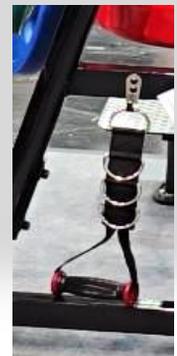
- Two start-position adjustments



- FIVE easy belt anchoring points



- Extra-size non-slip base pads ensure added stability



- Built-in storage hooks for belts ,bar and short bar

Plate load



PLSBS