

Take your training to the next level with the RVKR

A premium bodyweight training station that combines core sculpting functionality with unmatched versatility. Designed for gyms, studios, and serious home users, the RVKR goes beyond standard VKR stations to support a full spectrum of strength workouts



3-in-Vertical Knee Raise

Chin-ups, dips, hanging leg lifts, and abdominal crunches.



Adjustable Arm Width



Bar height adjusts vertically

- Multiple height positions
- Secure steel holder
- Fast adjustment

