

Versatile Power --- Body-Solid Powerline POB44X Bench

The Body-Solid Powerline POB44X is a versatile multi-functional bench designed for comprehensive strength training. It allows users to perform flat, incline, and decline bench presses, military presses, leg exercises, and various dumbbell movements. The bench features a sturdy construction with comfortable padding and a wide, stable base to ensure safety during workouts.

*Robust
Comprehensive*



Key Specifications:

Net Weight: 40 kg

Maximum Load Capacity: 120 kg

Color: Grey with black lining

The bench is compatible with both standard and Olympic bars, with an adapter required for Olympic plates (not included). It is ideal for home use, offering a comprehensive solution for various strength training exercises.



INTERNATIONAL

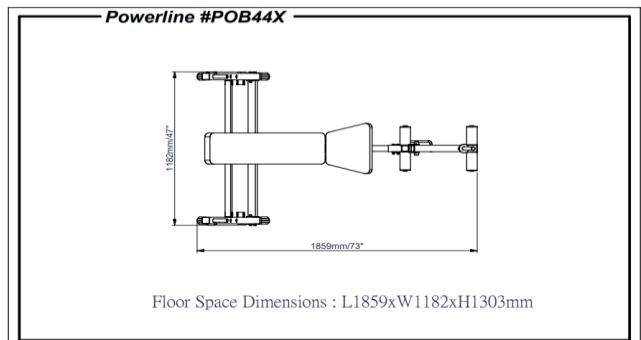
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Please note that weight plates, bars, and collars are sold separately.

Options

