

PHG1000X

Powerline Hardcore Gym



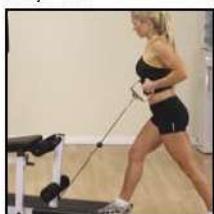
Chest Press



Pec Fly



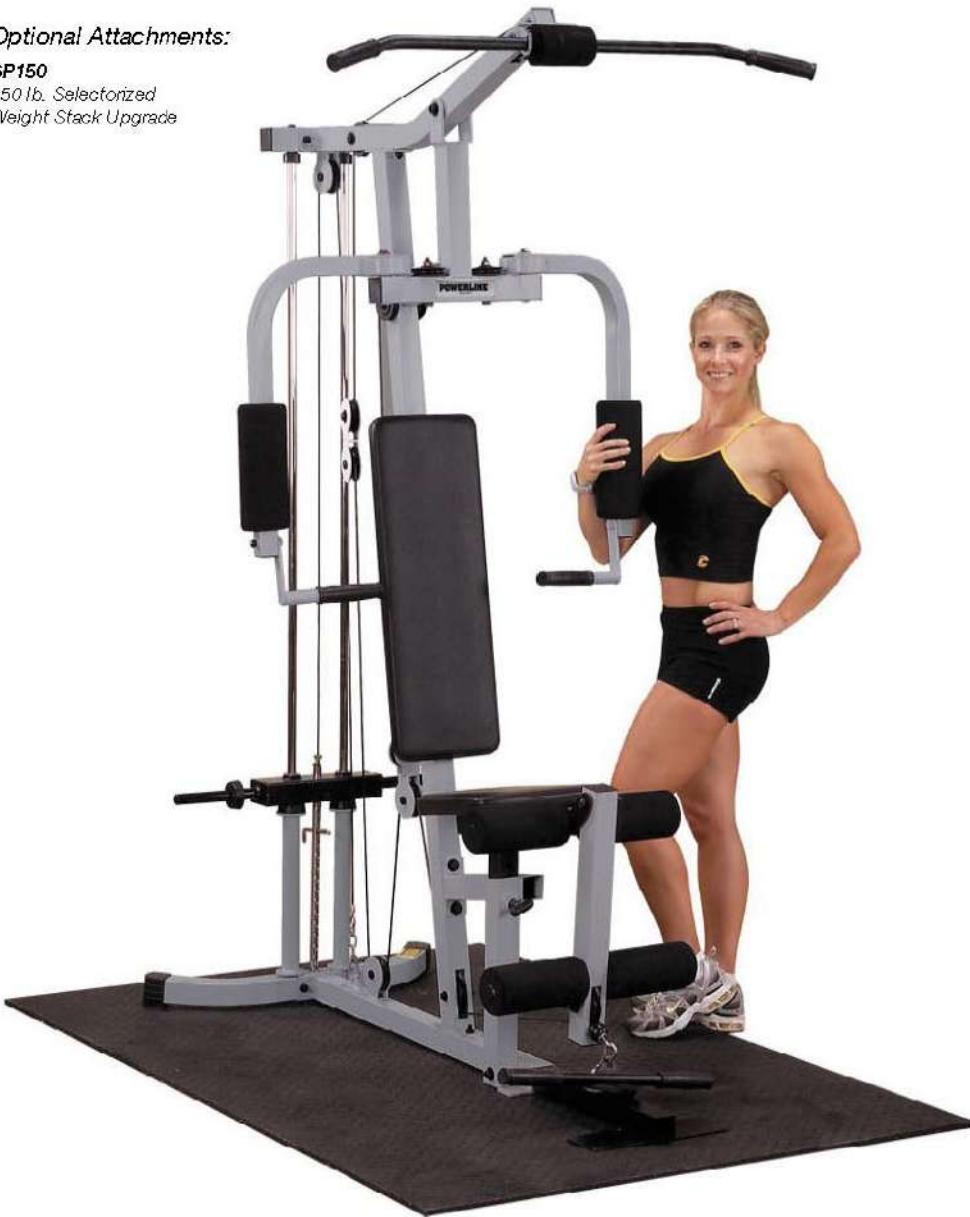
Bicep Curls



One Arm Row



Leg Extension

*Optional Attachments:***SP150**150 lb. Selectorized
Weight Stack Upgrade**Special Features**

- Freeweight carriage or weight stack
- Lat bar, straight bar, utility strap, workout poster
- Chest press station
- Lat Pulldown/High Pulley, Seated Row/Low Pulley
- Leg Extension/Leg Curl
- Pectoral fly station

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Get a total body workout from one compact machine. The PHG1000X is designed to be versatile, durable, dependable and affordable. A standout feature on this machine is the patented press arm system that functions as a chest press station and replicates the pectoral dumbbell fly. Perform numerous high pulley, low pulley and leg extension/leg curl exercises in any room of your home or office.

Dimensions: 84" H x 61" L x 38" W