

F500

Fusion 500 Personal Trainer

Optional Attachments:

FLP

Fusion Leg Press Attachment

FMH

Fusion Multi-Hip Attachment

FKR

Fusion Vertical Knee Raise Attachment

FPU

Fusion Pull Up Bar Attachment

FCDWA

Fusion Weight Assisted Chin Dip Attachment

FSHDP

Fusion Pulley Area Shroud Plastic

FSHDM

Fusion Pulley Area Shroud Metal

Weight Stack Options:

210 lb. stack

310 lb. stack



F500 **Fusion 500 Personal Trainer**

With its revolutionary functional training arms, design-forward aesthetic and motivating presence, you've found a new partner in total physical fitness with the Fusion 500 home gym. Design your gym to adapt to your available floor space and address your training needs, preferences and goals.

Station to station, the Body-Solid Fusion 500 offers you a superior workout experience, with the function and flexibility to perform over 60 exercises including: chest press, incline press, decline press, lat pull-down, leg extension, bicep curl, tricep extension, mid row, cable row, shrugs, shoulder press and many more.

Dimensions: 83"H x 76"L x 48"W

Special Features

- 4-position standard press arm with ergonomically designed multi-position handles
- Leg extension with pivoting rollers that provides a full range of motion
- Synchronized articulating functional training arms with range extending from upper ab exercises to side-accessed workouts

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