



The Body-Solid **GST20B** Utility Stool is the ultimate tool for performing seated exercises such as shoulder presses, triceps extensions, biceps curls, and more



Designed to align bodies for perfect seated posture, the GST20B reduces stress on the back without restricting movement. This stool provides a stable, strong platform for a variety of barbell and dumbbell exercises.

The Body-Solid Utility Stool is made from 12-gauge high-tensile strength steel for maximum durability, and its extra-wide base ensures lateral stability. The extra-thick, double-stitched DuraFirm upholstery and high-density foam padding provide a lifetime of comfort and support without ever bottoming out.

Whether in a home or commercial setting, the **GST20B** is unparalleled for both home and commercial use.

THE Manufacturer

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Body-Solid
Built for Life