

## **GDCC250**

### **Cable Crossover Functional Trainer**

**Optional Attachments:**

**SP50**

50 lb. Selectorized Weight Stack Upgrade

**Weight Stack Options:**

**Two-160 lb. stack (standard)**

**Two-210 lb. stack (optional)**



**GDCC250**

**Cable Crossover Functional Trainer**

Sturdy and stable, the new design lets you exercise virtually every major muscle group in your body. Interchangeable cable handles provide an unlimited number of possibilities for all experience levels, and the extra wide and tall mainframe provides you with easy access to an endless array of high and low pulley exercises.

The Selectorized Deluxe Cable Crossover's unique pull-up station offers multiple grip positions, and dual independent carriages have been ergonomically designed to offer twice as many height adjustments as previous Body-Solid crossover stations. With 20 independent height adjustments and 180° cable positioning for frictionless guidance in all directions, the Body-Solid GPCC250 is one of the most versatile and functional machines manufactured today.

*Dimensions: 83.5"H x 164"L x 29"W*

### **Special Features**

- Lifetime warranty
- Vertical carriage system features fiberglass reinforced nylon pulleys and locking, universal attachment connections
- Precision-fitted frame components constructed from commercial grade 11-gauge, 2"x4" oval tubing with an electrostatically applied powder coat finish.
- 4.8 mm diameter spun steel aircraft cables rated to over 2,500 lbs.
- 20 independent height adjustments and 180° cable positioning for frictionless resistance in all directions