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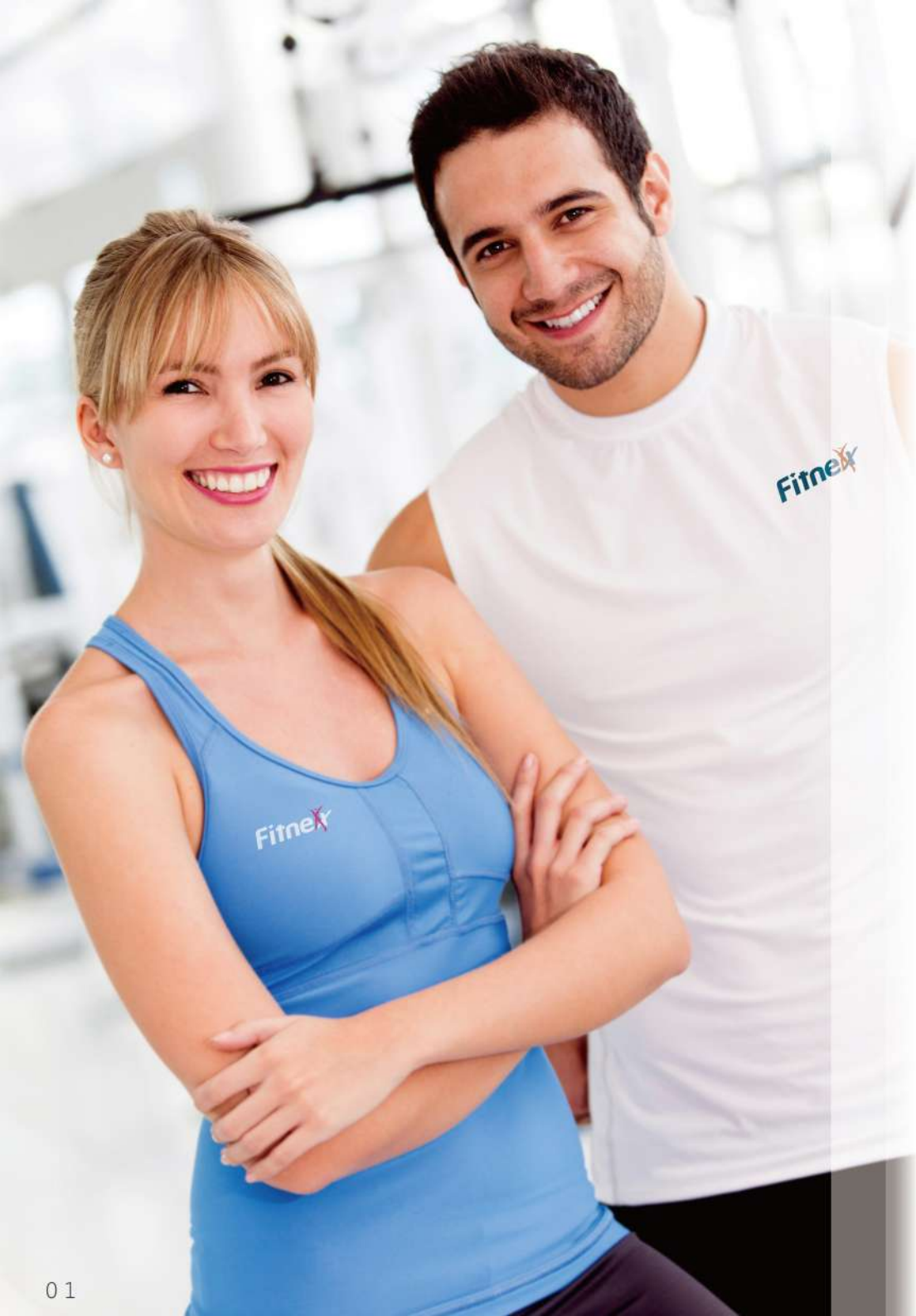


Fitnex

Get your Fitnex on!

CARDIO
PRODUCT CATALOG





Superior Fitness Organization

Joong Chenn Industry was established in 1983 and has been manufacturing high quality strength and cardio equipment for many years.

Joong Chenn also has state-of-the-art R&D department with highly qualified engineers that contribute to a continued progress in innovation and development of top quality products. Our products are sold over 100 countries with over 130 distributors worldwide. We continue as a company to move into the future.

Get your Fitnexus on!

Our Company History

- 1980 - Renda Enterprise was found, producing free weight products based on OEM/ODM
- 1983 - Joong Chenn Industry Co., Ltd. was established. Main products are Dumbbells and weight products.
- 1985 - Started our own brand of weight products "WECK".
- 1991 - Joint venture with BODY SOLID and developing Home Gym and Bench Selling products worldwide via "BODY SOLID" brand.
- 1993 - New factory built in Nantou; main products are Home Gym and Bench.
- 1998 - To supply the complete series of products, developing the cardio products such as treadmill and bicycle. The National Athletic Sports in Taiwan selected JCI as their free weight training equipment.
- 2000 - Second new factory built in Nantou, main production are Home Gym, Treadmill and Bicycle. China factory built in April and mainly produces Home Gym products.
- 2001 - Body Solid G1S received the award of from American's consumer reporting magazines.
- 2002 - ISO certified and created own brand "STEELFLEX".
- 2003 - Created own brand "Fitnex" and received the award of "It's very well made in Taiwan" and "TSMA award".
- 2004 - Established the new sales department "SBU" in Shanghai.
- 2005 - E70 received "Taiwan Sporting Goods Manufacturers Award".
- 2013 - T70 has met the requirements for R&D / innovation design and quality systems and awarded the prize of "21th Taiwan Excellence Award"





| About Fitnex

The Fitnex brand of cardio products are combined with personal features for a healthy and safe workout. Our Fitnex products achieve brand recognition for a wide variety of media campaigns. Decades of experience and thousands of design & engineering hours go into our products making them durable and built with value for each user. Our dedication to each design shows in every product we make, we design/build for your enjoyment of a healthy lifestyle.

Get your Fitnex on!



Fitnexus Service Assurance Markets We Serve

Joong Chenn is dedicated to manufacturing the highest quality equipment and will continue to develop innovative and patent-protected products. Fitnexus products are sold in more than 100 countries worldwide. Our commitment to our customers is achieved with a confidence in knowing that we will provide the highest satisfaction of service while producing the highest quality of products. The end result is a product designed to improve your health and everyday quality of life.



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Get your Fitnex on!

FITNEX FITNESS CARDIO

TREADMILL



EXERCISE BIKE



STEPPER



ELLIPTICAL



INDOOR CYCLE





FitnEX

| FitnEX Treadmills

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-Console-
SPEC



T70A Treadmill

Treadmill T70A features the powerful 5 HP AC motor, which allows reaching speeds up to 13.8 MPH and customizes an ideal experience according to your fitness abilities. A bright yellow design of incline and speed control rods are easy to recognize and promote operation convenience during intense running that safeguards the exerciser. The oversized running area with a low-profile design deck promotes safety and enhances workout versatility for exercisers.



-Console-
SPEC



T70 Treadmill

Built-in thirteen fitness programs offer various cardio training options, assisting the exerciser in achieving their workout goals. The wide surface running belt is made of a 2-ply urethane high-density conductive design that delivers steady transmission powers for safety and intuitive operation at a natural pace. The running area with extra-large deiving and the low-profile step tread sugared the exerciser, also increase training functionality.



-Console-

T65D Treadmill

SPEC



The tranquil black baking varnish of treadmill T65D exhibits a standout quality in this class. The LCD console with LED blue backlight devising assists exercisers clear watching the feedback message for superior performance and better controlling workout process. And the built-in speaker is available to connect with a smartphone for music broadcasts.



A black Fitnex exercise bike is shown against a background of a grid pattern. The bike has a console with a fan and the Fitnex logo. A separate black seat is also visible. The background features a grid pattern and a stylized orange figure of a person with arms raised.

Fitnex

| Exercise Bikes

Get your Fitnex on!



-Console-

SPEC

Video



B65 Upright Bike

The high-quality, well-stitched upholstery with intuitively adjustable devising accommodates exercisers at any height and operates conveniently. A sleek, multi-function console can equip with the tablet for engaging your favorite entertainment and controlling the exercise process. Dual elbow pads release the compression of the arm to promote workout durability.



-Console-

SPEC



B55SG Upright Bike

Upright bike B55SG features a steady and compact devising for workout safety. The 5.5" LCD console with an LED backlight provides information about time, distance, RPM, pulse, level, watt, speed, and calories that protect exercisers against injuries like tachycardia or heat stroke. The open, wide walkthrough design ensures convenient get on and get off.



R65 Recumbent Bike

R55SG Recumbent Bike

-Console-

-Console-

SPEC

Video

SPEC



The wide, easy-to-access walkthrough design of R65 allows exercisers to get on and off conveniently. Double beam trajectories of the seat adjustment provide a fluid motion to find the ideal workout position with a comfortable feeling. Bilateral handles with heart-rate sensors ensure stability and assist the operator in measuring their physical conditions. The ventilated backrest offers an optimal comfort and extreme support.

The R55SG provides up to 22 programs to satisfy various cardio training requirements. Exercisers can select the most appropriate workout to improve their athleticism comfortably. Ergonomically designed in every detail carries a safe and effective cycling experience. Once you get on the bike will catch a smooth ride.



| FitnEX Ellipticals

Get your FitnEX on!



E65 Elliptical

E55SG Elliptical

-Console-

-Console-

SPEC

Video

SPEC



Elliptical E65 is designed with an inviting modern style, and the stride in ergonomics delivers a natural path without discomfort, impact, and injury. Bilateral multi-grip handles drive with pedals simultaneously that ensure body balance and stability during workouts. The transport wheel installs on the forepart of the machine for convenient moving and positioning. The stride movement is designed with a suspension system that facilitates the exerciser to master a realistic feeling of each pace. And this optimal devising can decrease the friction noise caused by the machine.

The double beam track design of elliptical E55SG ensures a stable and fluid movement during the stride. A compact, space-efficient construction is ideal for various facilities. The 5.5" LCD console with an LED backlight display workout feedback to assist exercisers in checking their training process immediately.



Fitnex

| Indoor Cycles

Get your Fitnex on!



X Momentum Indoor Cycle

SPEC



Bike X-Momentum is constructed with quality material that offers stability, safety, and an ideal fluid riding feeling. The universal handlebar allows various positions to grab that satisfy different requirements of the ride. An innovative pattern on the steel flywheel presents a modern style of cardio equipment.



X 50 Indoor Cycle

SPEC



Surpass yourself and brace feeling energetic! The spin bike X50 conducts you to explore excellences from low-impact working out. The streamlined ruby base frame with a slate rear flywheel presents one-of-a-kind aesthetics, just like taking aerobic exercises on an artifact that enhances wellness to the next tier.



Fitnex

| Kids Fitness

Get your Fitnex on!



XT5 Treadmill

XST5 Stepper

-Console-
SPEC



Treadmill XT5 motivates the child to be active and fit through a simple running process. The 4-window LED console with a bright and colorful design exhibits a delicate appearance and displays the workout feedback. Bilateral ergonomically handrails are easy to grip, and the short height devising doesn't interrupt the operator during exercise.

-Console-
SPEC



The adjustable tension knob with a simple design marks the level of control on the surface, which can help exercisers to select the proper resistance. A compact, stable construction of stepper XST5 accommodates user weight up to 100 kg. The strap-driven system with pedals in ergonomics makes stepping a breeze.

Fitnex Elliptical



XE5 Elliptical

Elliptical XE5 provides non-impact cardio training for kids to strengthen their wellness through working out in a natural movement path. The lightweight steel flywheel delivers proper transmission forces that protect the young exerciser against injuries. Dual handles interconnect with pedals assisting body motions in balance and coordinate conditions.



-Console-
SPEC



Fitnex Indoor Cycle



X5WS Work Desk



SPEC



X5 Indoor Cycle

With simple, clean, and bright color devising, bike X5 is built of high-quality material for safety and conveys an unmatched workout style. The durable belt-driven system with a precisely balanced flywheel offers smooth yet powerful movements. Handy knobs for tension and brake control deliver a custom adjustment even during workouts.





Treadmill Specifications

	T 70A	T 70	T 65D	XT 5 (Kids)
Product				
Console	6.5" LCD display with LED backlight	6.5" LCD display with LED backlight	7.5" LCD display with LED backlight	4-window LED display
Display Feedback	Distance, Speed, Time, Calories, Pulse, Incline, Level, Program	Distance, Speed, Time, Calories, Pulse, Incline, Level, Program	Pulse, Laps, Elevation, Time, Speed, Calories, Distance, Pace	Distance, Speed, Time, Calories, Heart rate, Incline, LAPS
Programs	Total programs (13) Manual (1), Classic (3), H.R.C (1), Training (5), Goal (3)	Total programs (13) Manual (1), Classic (3), H.R.C (1), Training (5), Goal (3)	Total Programs (12) Manual, Goal (Time, Calories, Distance), Cardio, Interval, Fat burn, Long slow dist gerkin, Heart rate control, Custom 1&2	Total programs (5) Manual, Cardio, Fat burn, Endurance, Interval.
Quick Keys	Speed : Walk, Jog, Run Elevation : Level, Rise, Ascend	Speed: Walk, Jog, Run Elevation: Level, Rise, Ascend	Speed: 3/5/8 miles Elevation: 0/6/12%	N/A
Speed	0.5~22 KPH / 0.3~13.8 MPH	0.8~20 KPH / 0.5~12.5 MPH	0.8~20 KPH / 0.5~12.5 MPH	0.8~16 KPH / 0.5~10 MPH
Incline	0%~15% (1000 lbs. / 454 kg Thrust motor)	0%~15% (1000 lbs. / 454 kg Thrust motor)	0%~15% (1000 lbs. / 454 kg Thrust motor)	0% ~ 12%
Wireless & Contact Grips	Yes	Yes	Yes	Contact grips
Motor	5 HP AC motor with AC frequency conversion	4 HP DC motor with PWM system	4 HP DC motor with PWM system	2 HP continuous duty DC motor
Cushioning System	Yes	Yes	Yes	Yes
Rollers	Precision Mode 60 mm (2.4")	Precision mode 60 mm (2.4")	Precision mode 63.5 mm (2.5")	Precision mode 50 mm (2")
Deck	25.4 mm (1")	25.4 mm (1")	21 mm (0.8")	18 mm
Step Up Height	18 cm / 7"	18 cm / 7"	25 cm / 9.8"	16 cm / 6"
Belt Type	2-Ply urethane high density conductive / 1.6 mm	2-Ply urethane high density conductive / 1.6 mm	2-Ply urethane high density conductive / 1.6 mm	High density conductive / 1.6 mm
Power Requirements	110V / 220V	110V / 220V	110V / 220V	110V / 220V
Running Area	160 × 56 cm / 63" × 22"	160 × 56 cm / 63" × 22"	152 × 51 cm / 60" × 20"	126 × 46 cm / 50" × 18"
Dimensions	209 × 88 × 154 cm / 82" × 35" × 61"	209 × 88 × 154 cm / 82" × 35" × 61"	195 × 91 × 158 cm / 77" × 36" × 62"	161 × 87 × 124 cm / 63" × 34" × 49"
Max User Weight	400 lbs. / 180 kg	400 lbs. / 180 kg	425 lbs. / 193 kg	220 lbs. / 100 kg






Note: All specifications are subject to change without notice. Actual products may differ from pictures in this catalog.

Exercise Bike Specifications

	B 55SG	B 65	R 55SG	R 65
Product				
Console	5.5" LCD display with LED backlight	7.5" LCD display with LED backlight	5.5" LCD display with LED backlight	7.5" LCD display with LED backlight
Display Feedback	Time, Distance, RPM, Pulse, Level, Watt, Speed, Calories.	Time, Distance, RPM, Pulse, Level, Watt, Speed, Calories.	Time, Distance, RPM, Pulse, Level, Watt, Speed, Calories.	Time, Distance, RPM, Pulse, Level, Watt, Speed, Calories.
Programs	Total programs (22) P1~P12, Recovery (1), User (4), HRC (4), Watt control (1)	Total programs (8) Manual, Cardio, Fat burn, Interval, Training, HRC, Custom1, Custom2	Total programs (22) P1~P12, Recovery (1), User (4), HRC (4), Watt control (1)	Total programs (8) Manual, Cardio, Fat burn, Interval, Training, HRC, Custom1, Custom2
Tension Control	Program control	Program control	Program control	Program control
Resistance Levels	16	24	16	24
Resistance System	ECB resistance	ECB resistance	ECB resistance	ECB resistance
Power Requirements	Self-generated	Self-generated	Self-generated	Self-generated
Watt	30~350 Watts (30~90 RPM)	20~450 Watts (30~90 RPM)	30~350 Watts (30~90 RPM)	20~450 Watts (30~90 RPM)
Pedals	Self-balancing with easy adjust straps	Self-balancing with easy adjust straps	Self-balancing with easy adjust straps	Self-balancing with easy adjust straps
Fore / Aft Seat Adjustments	N/A	N/A	Yes	Yes
Vertical Seat Adjustments	Yes	Yes	N/A	N/A
Transport Wheels	Yes	Yes	Yes	Yes
Wireless & Contact Grips	Yes	Yes	Yes	Yes
Max User Weight	300 lbs. / 135 kg	400 lbs. / 180 kg	300 lbs. / 135 kg	400 lbs. / 180 kg
Dimensions	105 × 60 × 142 cm / 41" × 24" × 56"	114 × 65 × 151 cm / 45" × 26" × 60"	150 × 69 × 112 cm / 59" × 27" × 44"	189 × 79 × 133 cm / 75" × 32" × 53"



Elliptical Specifications

	E 55SG	E 65	XE 5(Kids)
Product			
Console	5.5" LCD display with LED backlight	7.5" LCD display with LED backlight	1 Window LCD display
Display Feedback	Time, Distance, RPM, Pulse, Level, Watt, Speed, Calories	Time, Distance, RPM, Pulse, Level, Watt, Speed, Calories	Time, Calories, Distance, Speed, Scan function
Programs	Total programs (22) P1~P12, Recovery (1), User (4), HRC (4), Watt Control (1)	Total programs (8) Manual, Cardio, Fat burn, Interval, Training, HRC, Custom1, Custom2	N/A
Tension Control	Program control	Program control	Adjustable tension knob
Resistance Levels	16	24	15
Resistance System	ECB resistance	ECB resistance	Easy adjustment knob
Power Requirements	Self-generated	Self-generated	2*AA size batteries
Watt	30~350 Watts (30~90 RPM)	20~450 Watts (30~90 RPM)	N/A (7 kg one piece steel flywheel)
Stride Length	51 cm / 20"	50cm / 20"	46 cm / 18"
Transport Wheels	Yes	Yes	Yes
Wireless & Contact Grips	Yes	Yes	N/A
Max User Weight	300 lbs. / 135 kg	400 lbs. / 180 kg	250 lbs. / 113 kg
Dimensions	162 × 68 × 159 cm / 64" × 27" × 63"	160 × 75 × 169 cm / 63" × 30" × 67"	160 × 57 × 148 cm / 63" × 22" × 58"

Stepper Specifications

	XST 5 (Kids)
Product	
Console	1 Window LCD display
Display Feedback	Time, Count, Total Count, Calories, Pulse
Programs	N/A
Tension Control	Adjustable tension knob
Resistance Levels	15
Resistance System	Non-wear magnetic resistance
Power Requirements	2*AA size batteries
Watt	30~350 Watts (30~90 RPM)
Drive System	Strap
Transport Wheels	Yes
Fore/Aft Levelers	N/A
Pedal Size	29 × 18 cm (11" × 7")
Step Up Height	42.5 cm / 17" (Footplate at highest position)
Distance Between Pedals	8 cm / 3"
Step Range	30 cm / 12"
Heart Rate Monitor	Contact grips
Max User Weight	220 lbs. / 100 kg
Dimensions	113 × 79 × 132 cm / 45" × 31" × 52"



Note: All specifications are subject to change without notice. Actual products may differ from pictures in this catalog.

Indoor Cycle Specifications

X Momentum



X 50



X 5 (Kids)



Product

Flywheel

40 lbs. / 18 kg one piece steel flywheel

34.8 lbs. / 15.8 kg, 400mm in external diameter, iron casting

15 lbs. / 7 kg (Free-wheeling)

Post

Chrome

Steel tubes

Chrome

Drive System

Durable V-belt

6 PK × 1320 mm / 52" belt drivetrain

Durable V-belt

Resistance & Brake

Unlimited tension adjustment knob with direct-contact brake system

Magnetic resistance system

Unlimited tension adjustment knob with direct-contact brake system

Transport Wheels

Yes

Two flywheels are in series on the single side

Yes

Crank

3 pieces professional cranks.

ED 170 × 9/16 mm, 20mm in external diameter, iron

Commercial cranks.

Seat Adjustments

Horizontal and vertical

Vertical and horizontal adjustability

Horizontal and vertical

Saddle

Professional pressure-relieving hollow seat pad.

Leather exterior with centre cut-out design

Professional pressure-relieving hollow seat pad.

Max User Weight

265 lbs. / 120 kg

N / A

250 lbs. / 113 kg

Dimensions

109 × 55 × 109 cm / 43" × 22" × 43"

139 × 55 × 112 cm / 55" × 21" × 44"

82 × 51 × 80 cm / 32" × 20" × 31"

Work Desk Specifications

X5WS (Work Desk)



Frame Finish

Powder coated paint finish / matte black

Dimensions(L×W)

66 × 33 cm / 26" × 13"



Note: All specifications are subject to change without notice. Actual products may differ from pictures in this catalog.

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