

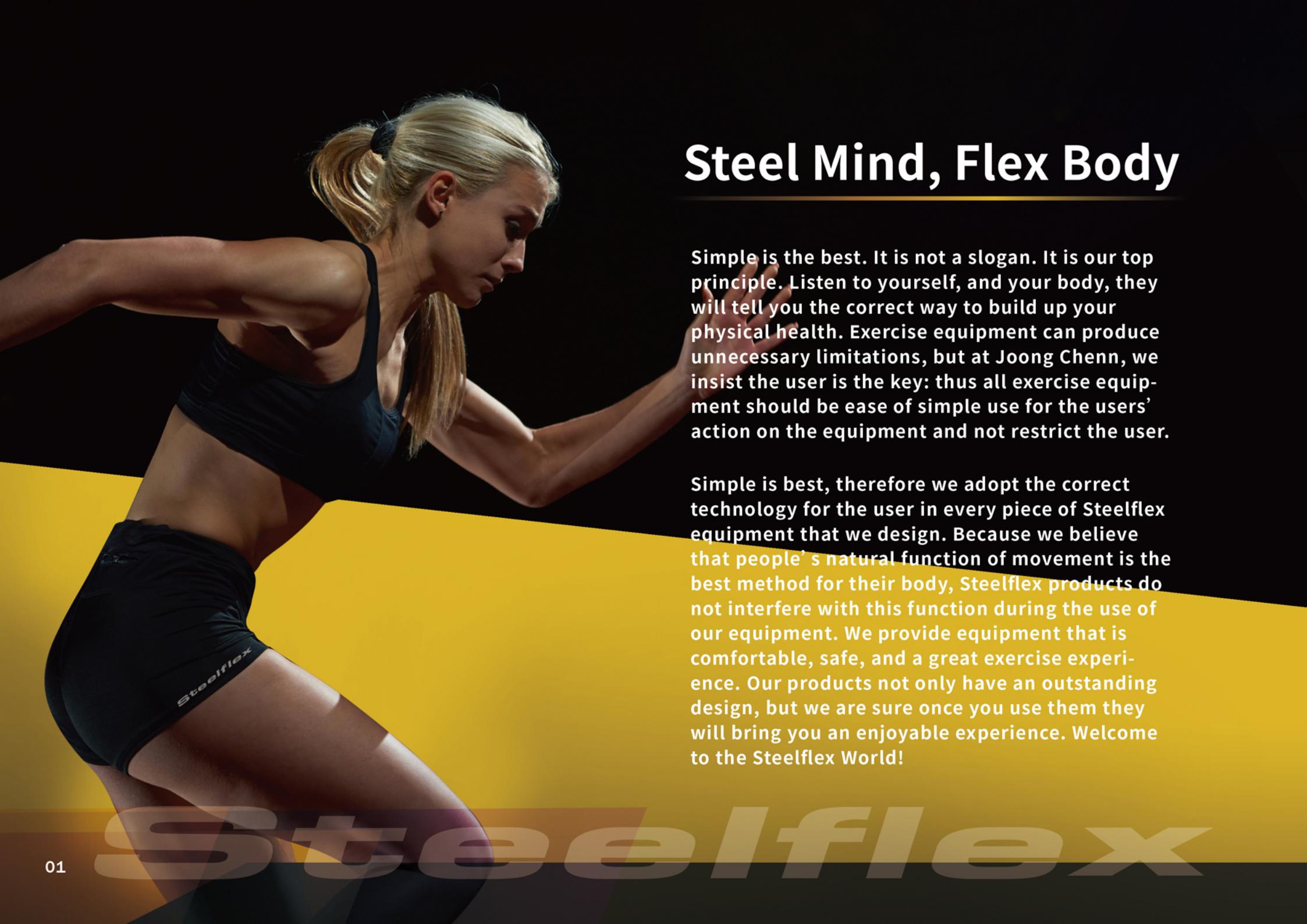
Steelflex



CARDIO

PRODUCT CATALOG

Designed for enjoying your life



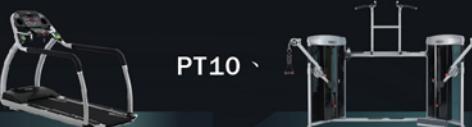
Steel Mind, Flex Body

Simple is the best. It is not a slogan. It is our top principle. Listen to yourself, and your body, they will tell you the correct way to build up your physical health. Exercise equipment can produce unnecessary limitations, but at Joong Chenn, we insist the user is the key: thus all exercise equipment should be ease of simple use for the users' action on the equipment and not restrict the user.

Simple is best, therefore we adopt the correct technology for the user in every piece of Steelflex equipment that we design. Because we believe that people's natural function of movement is the best method for their body, Steelflex products do not interfere with this function during the use of our equipment. We provide equipment that is comfortable, safe, and a great exercise experience. Our products not only have an outstanding design, but we are sure once you use them they will bring you an enjoyable experience. Welcome to the Steelflex World!

Our Company History

- **1980** - Renda Enterprise was found, producing free weight products based on OEM/ODM
- **1983** - Joong Chenn Industry Co., Ltd. was established. Main products are Dumbbells and weight products.
- **1985** - 1985 Started our own brand of weight products "WECK".
- **1991** - Joint venture with BODY SOLID and developing Home Gym and Bench Selling products worldwide via "BODY SOLID" brand.
- **1993** - New factory built in Nantou; main products are Home Gym and Bench.
- **1998** - To supply the complete series of products, developing the cardio products such as treadmill and bicycle. The National Athletic Sports in Taiwan selected JCI as their free weight training equipment.
- **2000** - Body Solid G1S received the award "BEST BUY" from American's consumer reporting magazines.
- **2001** - Second new factory built in Nantou, main production are Home Gym, Treadmill and Bicycle. China factory built in April and mainly produces Home Gym products.
- **2002** - ISO certified and created own brand "STEEFLFLEX".
- **2003** - Created own brand "Fitnex" and received the award of "It's very well made in Taiwan" and "TSMA award".
- **2004** - Established the new sales department "SBU" in Shanghai.

2011 -  PT10 MDC2000 awarded the prize of the "19th Taiwan Excellence Award".

2012 -  M3DBR awarded the prize of the "20th Taiwan Excellence Award".

2013 -  T70 CF SG HRM1700 awarded the prize of the "21th Taiwan Excellence Award" and CF SG won the "TaiSPO Innovation's Stage of Excellence Competition".

2018 -  PB10 PR10 awarded the prize of the "26th Taiwan Excellence Award".

2019 -  PT20 awarded the prize of the "27th Taiwan Excellence Award".

2023 -  FPR112 was awarded the 31st Taiwan Excellence Award and was invited to the Taiwan Excellence Pavilion at FIBO 2023.



. Safety -

Strong structure for safety use.

. Smart -

High technology and humanity design.

. Simplicity -

Aesthetically pleasing with ease of use.



About Steelflex Fitness

People have high expectations for health and mental happiness from exercise. To achieve this goal Joong Chenn established in 1983 with intention to design innovative fitness products for all users. Our products have passed ISO9001, CE and ETL certification. We work towards designing our fitness products with 3 concepts (Simplicity, Safety and Smart) as our main object. We are continuously improving the quality of life for all of our users and this is our motivation.

Markets We Serve



Steelflex Service Assurance

Joong Chenn is dedicated to manufacturing the highest quality equipment and will continue to develop innovative and patent-protected products. Steelflex products are sold in more than 100 countries worldwide. Our commitment to our customers is achieved with a confidence in knowing that we will provide the highest satisfaction of service while producing the highest quality of products. The end result is a product designed to improve your health and everyday quality of life.



CONTENTS

07

16

21

25

27

30

Treadmill

- 08 - PT60
- 09 - PT30 / PT20
- 11 - PT10 / PT7
- 13 - CT1
- 15 - XT8000A / XT8000D

Exercise Bike

- 17 - PB30 / PB10
- 18 - CBSG / XB7300
- 19 - PR30 / PR10
- 20 - CRSG / XB7500S

Elliptical

- 22 - PES10
- 23 - PE10 / PESG
- 24 - CESG / XE7400

Stepper

- 26 - PST10

Indoor Cycle Bike

- 28 - CS1 / X VELOCITY
- 29 - CS2WA

STEEFLLEX PRODUCT SPECIFICATIONS

- 30 - Treadmill Specifications
- 32 - Exercise Bike Specifications
- 33 - Elliptical Specifications
- 34 - Stepper Specifications
- 34 - Indoor Cycling Bike Specifications

STEELFLEX FITNESS CARDIO



INDOOR
GYM BIKE



P Series - Features

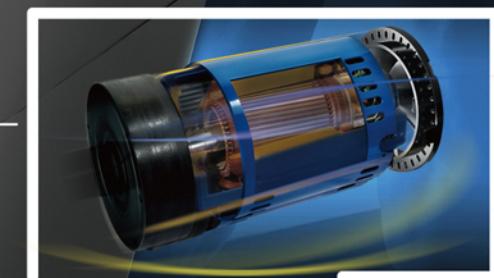
STEEFLLEX FITNESS CARDIO



Heavy Gauge Steel Frame



Large Running Surface



Powerful 5HP Motor System



INCLINE -3% ~15%



Easy Access User Controls



-Console-

PT60 Treadmill

Equipped with a state-of-the-art 21-inch touch screen console and an intuitive user interface, the Steelflex PT60 is designed to elevate your cardio experience. Crafted from the same high-grade steel as the PT20, this full commercial-grade treadmill ensures exceptional safety and stability, making it the ultimate choice for long-term investment.

SPEC



TREADMILL

TREADMILL



27th Taiwan
Excellence Award



-Console-

SPEC



PT30 Treadmill

The Steelflex PT30 is a full commercial-grade treadmill constructed with high-grade steel, which improves safety and stability. The outstanding design of the speed control rod allows users to adjust their pace in an instant. The oversized TFT touch screen console and colorful selection buttons make working out more convenient. The PT30 was designed with ergonomic use in mind. The three-level anti-shock system improves user comfort by reducing stress on knees and ankles during intense cardio training.



-Console-

SPEC



PT20 Treadmill

Full commercial treadmill PT20 features a user-friendly design of one-touch control. The dot-matrix LED display screen with colorful switch assists exercisers with convenient operation. The shock-proof design of the PT20 provides a low-impact cardio workout also offers more comfort for operators during intense exercise. Every detail of treadmill PT20 is designed with ergonomics, and its heavy-gauge steel construction increases stability.

P Series - Features

STEELFLEX FITNESS CARDIO



Unique Button Design

Using the one-touch keys of speed and elevation provide users to easily operation and highly recognition.



High Efficient Motor System

Energy saving motor system saves 30% power effectively for better performance.



Large Running Surface

P Series feature a 2-Ply high density 22" wide belt offer users free and non-slip surface.



Non End Cap Design

Non-end cap and half-round edge design not only have sleek look but also decrease the chance for injury.



One-piece Bottom Structure

Integrated bottom frame structure increase product's durability also brings you a different aesthetic experience.



Low Step-up Height

Low step-up design helps users for easily accessible.



-Console-

SPEC



PT10 Treadmill

The 4HP ECO-AC servomotor allows for pair operation. The exercise program brought the sense of achievement that causes to conquer workout challenges. The wellness program accommodates operators who require stability. Treadmill PT10 provides a specific reverse function for better recovery from fatigue, and bilateral handrails reassure the exerciser. The one-piece deck promotes the stabilization of machines. A unique design without rear end caps reduces the damage of accessories. The oversized LED monitor with a touch user interface is designed for operation conveniently.



-Console-

SPEC



PT7 Treadmill

The 5HP AC motor provides ample power source for running. To enhance the stabilization of constructions, the deck adopts a one-piece design. For extending the durability of components, treadmill PT7 is designed without rear end caps. The extra-large monitor with a touch button is easy to operate. A specific cone design of the shock absorber decreases reaction forces for the runner and increases the longevity of accessories.

C Series - Features

STEELFLEX FITNESS CARDIO



Heavy Gauge Steel Frame

Our treadmills feature heavy gauge steel welded frames. The heavy frame construction provides a durable and stable walking or running exercises.

Anti-rust frames for whole frames of the treadmill in order to extend products usage life.



Large Running Surface

C Series feature a 2-Ply high density 22" wide belt offer users free and non-slip surface.



Powerful Motor System

5.0 HP AC motor provides smooth, consistent power for a total body workout.



Aluminum Side Rail

The C Series aluminum side rail combined with non-slip design to increases the durability and safety of products.



Elastic Deck System

Our shock absorption system reduces knee and joint stress, added comfort and lower impact during a workout.



-Console-

CT1 Treadmill

The top-grade treadmill CT1 presents the principle of the Steelflex that makes the exerciser safely enjoy a workout and protects them against injuries. Heavy-gauge steel construction with the non-slip side rail ensures stability and durability. The extra-large treadmill belt contributes the power evenly for better workout efficiency.

SPEC



XT Series - Features

STEEFLFLEX FITNESS CARDIO



Large Running Surface

XT Series treadmills feature a 2-Ply high density 22" wide belt offer users free and non-slip surface.



Elastic Deck System

Our shock absorption system reduces knee and joint stress, added comfort and lower impact during workout.



High Efficient Motor System

High efficient motor System provides smooth, consistent power for a total body workout.



Heavy Gauge Steel Frame

Our treadmills feature heavy gauge steel welded frames. The heavy frame construction provides a durable and stable walking or running exercises. Anti-rust frames for whole frames of the treadmill in order to extend products usage life.



Aluminum Side Rail

The XT Series aluminum side rail combined with non-slip design to increases product's durability and safety.



-Console-
SPEC



XT 8000A Treadmill

The outstanding 5HP AC motor makes running easier. Bilateral hand bars are designed for speed and gradient adjustment that promotes psychological safety for exercisers. An innovative grain design of the deck enhances the longevity of operation and reduces noise during workouts. Side rails are constructed with aluminum alloy, which emphasizes the standard of the commercial treadmill and exhibits an elegant design. Eight independent monitors with eleven exercise programs provide various workouts for the operator.



-Console-
SPEC



XT 8000D Treadmill

The outstanding 4HP DC motor with the PWM system makes running easier. Bilateral hand bars are designed for speed and gradient adjustment that promotes psychological safety for exercisers. An innovative grain design of the deck enhances the longevity of operation and reduces noise during workouts. Side rails are constructed with aluminum alloy, which emphasizes the standard of the commercial treadmill and exhibits an elegant design. Eight independent monitors with eleven exercise programs provide various workouts for the operator.

EXERCISE BIKE

STEELFLEX FITNESS CARDIO



Note: All specifications are subject to change without notice. Actual products may differ from pictures in this catalog.



-Console-

SPEC



PB30 Upright Bike

The upright bike PB30 features a fifteen-point-six-inches TFT touchscreen. An electrically controlled resistance with a commercial-grade 450W self-generator power supply design facilitates exercisers to enhance workout efficiency from riding. The engineering of resistance is in thirty level adjustments. Ergonomically designed handles allow more comfortable riding in sitting and standing postures. The quality upholstery involves a stepless adjustment.



-Console-

SPEC

VIDEO



PB10 Upright Bike

The PB10 offers seven independent monitors and eight exercise programs that assist operators in figuring out the selection of workouts. An electrically controlled resistance with a commercial-grade 450W self-generator power supply design facilitates exercisers to enhance workout efficiency from riding. The engineering of resistance is in thirty level adjustments. Ergonomically designed handles allow more comfortable riding in sitting and standing postures. The quality upholstery involves a stepless adjustment.



-Console-

SPEC



CBSG Upright Bike

The high-grade upright bike CBSG put the exercisers into place without any fixed accessories. An upward and downward adjustable LED console allows selecting a proper angle to check fitness conditions during an intense workout. Blueprinting from the engineering of the spin bike, the CBSG features oversize and curved handles for better comfort and grip.



-Console-

SPEC



XB7300 Upright Bike

The commercial-grade upright bike XB7300 with a standard warranty allows withstanding rigorous utilization in the health club. Bike XB7300 features a self-generator power supply design that provides more convenience for operation and installation. The delicate coated finish of the mainframe and heavy-gauge steel construction promotes durability.



-Console-

SPEC



PR30 Recumbent Bike

The recumbent bike PR30 features a fifteen-point-six-inches TFT touchscreen. An electrically controlled resistance with a commercial-grade 450W self-generator power supply design facilitates exercisers to enhance workout efficiency from riding. The engineering of resistance is in thirty level adjustments. A semi-tilt adjustment of upholstery in ergonomics allows smoother movements of the hip joint. An exclusive, innovative design of backrest and upholstery ensure the hip and back stay in place.



-Console-

SPEC



PR10 Recumbent Bike

The PR10 offers seven independent monitors and eight exercise programs that assist operators in figuring out the selection of workouts. An electrically controlled resistance with a commercial-grade 450W self-generator power supply design facilitates exercisers to enhance workout efficiency from riding. The engineering of resistance is in thirty level adjustments. A semi-tilt adjustment of upholstery in ergonomics allows smoother movements of the hip joint. An exclusive, innovative design of backrest and upholstery ensure the hip and back stay in place.



-Console-

SPEC



CRSG Recumbent Bike

An innovative design of recumbent bike CRSG provides a steady position and facilitates operators to maintain a correct posture without any fixed accessories. The side stability LED console display allows checking fitness feedback and selecting different sports requirements instantly. A liner-beam engineered seat offers smooth movement when adjusting forward or backward.



-Console-

SPEC

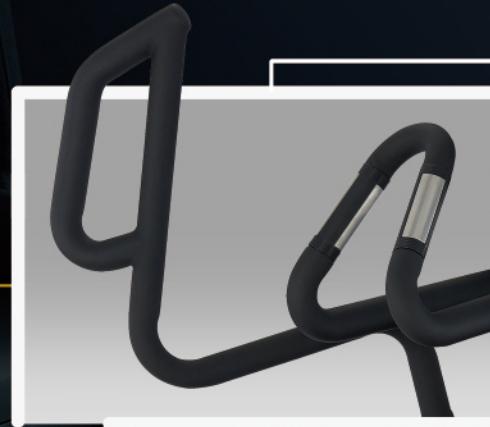


XB7500S Recumbent Bike

The high-quality recumbent bike XB7500S provides eight programs for cardio workout variations. And a dot-matrix LED console display allows mastering the fitness feedback immediately and conveniently. The adjustable seat mechanism helps exercisers fit in a proper workout position to increase endurance.

Elliptical - Features

STEELFLEX FITNESS CARDIO



Multi-Grip Handlebars

Multi-angle moving handlebars provide comfort and variety training for users.



Integrated Water Bottle Holder

The water bottle holder large space design can let the users store anything they need during workout.



Oversized Pedal

Large pedal allows you to adjust your foot position naturally and comfortably.

Low-impact Pedal

Added low-impact pedal design reduces knee and joints stress and more safety during a workout.



-Console-

SPEC



PES10 Elliptical

Say hello to the PES10 Elliptical! With its ergonomic stride design, your movement feels smooth and natural, making workouts feel like a breeze. Say goodbye to discomfort and any impact-related worries! Moving the machine? No problem! The handy transport wheel at the front makes it super easy to shift and set up wherever you want. The stride also features a clever suspension system that gives you a super realistic feel with each step, all while reducing friction noise for a quieter, more peaceful workout.



-Console-

SPEC

VIDEO



PE10 Elliptical

The combination of biomechanics and engineering has created a fluid elliptical motion path. Elliptical PE 10 is a commercial-grade machine built of heavy-gauge steel for maximum stability. Optimal angle LCD console with blue backlit screen displays the massage of time, distance, calories, pulse, level, speed, RPM, and muscles. Multi-position moving handles are designed for different workout requirements and habits to enhance exercise performance. Oversized pedals accommodate any size user and prevent them from missing a step and falling. The stationary grip features contact heart rate sensors with polar telemetry for checking physical condition during intense cardio training. Dual protection handrails make the entry and exit more convenient while improving safety.



-Console-

SPEC



PESG Elliptical

An electrically controlled resistance with a commercial-grade 400W self-generator power supply design facilitates exercisers to enhance workout efficiency from stepping. The engineering of resistance is in thirty level adjustments. Twenty-three-inches stride setting with versatile handles increases workout effects for the upper limb. Elliptical PESG can optimal interpret movements of cross-training. The oversized front safeguard exhibits the delicate and solid design of the PESG.





CESG Elliptical

The commercial-grade elliptical CESG with space-efficient design accommodates a variety of facilities. Oversized, non-slip foot pedals provide comfort also protect exercisers from missing their step during intense workouts. A precision heart rate monitor with a handgrip facilitates measuring the physical condition immediately.



-Console-

SPEC



XE7400 Elliptical

The XE7400 offers seven independent monitors and eight exercise programs that assist operators in figuring out the selection of workouts. An electrically controlled resistance features a commercial-grade 450W self-generator power supply design. The resistance design is in sixteen level adjustments. Nineteen inches stride setting with the linkage design pedals allows optimum balance and workout performance when activating the cross-training.



-Console-

SPEC



Stepper

STEELFLEX FITNESS CARDIO



-Console-

PST10 Stepper

The PST10 emulates the realistic climb motion that provides an effective and natural workout for cardiovascular function development. The extra-large handrail with skidproof pedals protects exercisers against any possible slips and falls. The blue backlight LCD screen displays informative workout feedback to help operators master their training process.

SPEC



VIDEO



Indoor Cycle Bike

STEELFLEX FITNESS CARDIO

Creative Elastic Frame Design

We deform the main frame of steelflex CS series to enhance flexible model type and make it more coherent of curved shape also bring the new innovation to customers.





SPEC

CS1 Indoor Cycle Bike



The CS1 was constructed with 3D dynamic simulation engineering to meet the market requirement and competitiveness. The geometric design of the spinner control makes flexibility and solidity come to balance. Non-slip handles in aesthetics provide various orientations for adjustment. A high-quality belt-driven system of bike CS1 delivers smooth movements and quietness during cardio workouts.



SPEC



X VELOCITY Indoor Cycle Bike

The outstanding construction of bike X-VELOCITY prevents rust and corrosion. Smooth and fluid motions during the ride are delivered via the belt-driven system. And the adjustable tension knob with quality brakes allows optimal resistance and instant stop that enhance cardio workout effects and safety. The simple flywheel is designed for easy transport.



SPEC



CS2WA Indoor Cycle Bike

Challenge yourself and pedal towards your fitness goals like never before with our cutting-edge indoor cycling bike, the CS2WA. Every revolution brings you closer to your best self. It is used alongside the workout application program PHRC to enhance your fitness tracking experience.



-Console-



SPEC



PSB10-USB Thumb Drive

The PSB10-USB is used in conjunction with the workout application program PHRC. It serves as an exceptional cardio workout assistant, meticulously capturing and analyzing data to assess your physical function and precisely track your training progress.

Product Name

PT 60



PT 30



PT 20



Features	Dual water bottle holder,USB port, Multimedia	Dual water bottle holder, Personal workout App, USB port, Multimedia	Dual water bottle holder, Personal workout App, USB charge
Console	21" TFT display with capacitive touch screen	15.6" TFT display with capacitive touch screen	Dot-matrix LED with profile display and 3-window LED display
Display Feedback	Pulse, METs, Incline, Time Elapsed, Time Remaining, Speed, Calories, Distance-KM, Distance-Mile, Pace	Pulse, METs, Incline, Time Elapsed, Time Remaining, Speed, Calories, Distance-KM, Distance-Mile, Pace	Pulse, METs, Incline, Time Elapsed, Time Remaining, Speed, Calories, Distance-KM, Distance-Mile, Pace
Programs	Total Programs (15) Manual, Goal(3), Rolling Hill, Fat Burn, 5K, H.R.C, Interval, Gerkin, Custom, Weight Loss, Cardio, Walking, Running	Total Programs (15) Manual, Goal(3), Rolling Hill, Fat Burn, 5K, H.R.C, Interval, Gerkin, Custom, Weight Loss, Cardio, Walking, Running	Total Programs (22) Manual(2), Rolling Hill(2), Fat Burn(2), 5K(4), H.R.C, Training(11)
Quick Keys	Speed 3/5/8 Elevation 0/6/12%	Speed 3/5/8 Elevation 0/6/12%	Speed 3/5/8 Elevation 0/6/12%
Speed	0.8~25 KPH / 0.5~15.5 MPH	0.8~25 KPH / 0.5~15.5 MPH	0.8~25 KPH / 0.5~15.5 MPH
Incline	-3% ~15%	-3% ~15%	-3% ~15%
Wireless & Contact Grips	Yes	Yes	Yes
Motor	5 HP AC motor with AC frequency conversion	5 HP AC motor with AC frequency conversion	5 HP AC motor with AC frequency conversion
Cushioning System	Yes	Yes	Yes
Rollers	3.5" / 90 mm	3.5" / 90 mm	3.5" / 90 mm
Deck	25 mm thick reversible deck	25 mm thick reversible deck	25 mm thick reversible deck
Step Up Height	26 cm / 10"	26 cm / 10"	26 cm / 10"
Belt Type	2-Ply urethane high density conductive / 2.5 mm	2-Ply urethane high density conductive / 2.5 mm	2-Ply urethane high density conductive / 2.5 mm
Power Requirements	110V / 220V	110V / 220V	110V / 220V
Running Area	156 × 56 cm / 61" × 22"	156 × 56 cm / 61" × 22"	156 × 56 cm / 61" × 22"
Dimensions	214.3 × 93.8 × 152.5 cm / 84.37" × 36.92" × 60"	215 × 94 × 153 cm / 84" × 37" × 60"	215 × 94 × 153 cm / 84" × 37" × 60"
Max User Weight	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg

Note: All specifications are subject to change without notice. Actual products may differ from pictures in this catalog.

Product Name

PT 10



PT 7



CT 1



XT 8000A



XT 8000D



Features	Dual water bottle holder, Cooling fan, USB port	Dual water bottle holder, Cooling fan, USB port	Dual water bottle holder with accessory storage	Dual water bottle holder, USB port, Personal workout App	Dual water bottle holder, USB port, Personal workout App
Console	Dot-matrix LED with profile display and 7-window LED display	Dot-matrix LED with profile display and 7-window LED display	Dot-matrix LED with profile display and 3-window LED display	Dot-matrix LED with profile display and 4-window LED display	Dot-matrix LED with profile display and 4-window LED display
Display Feedback	Time, Distance, Speed, Heart Rate, Incline, Calories, Pace	Time, Distance, Speed, Heart Rate, Incline, Calories, Pace	Heart Rate, Laps, Elevation, Time, Speed, Calories, Distance, Pace, Avg Speed	Time, Distance, Speed, Incline, Calories, Pulse, Pace, Level	Time, Distance, Speed, Incline, Calories, Pulse, Pace, Level
Programs	Total Programs (16) Manual (1), Classic (3), H.R.C (3), Training (GERKIN\USB\C1\2\3), Goal (3), Reverse	Total Programs (15) Manual(1), Classic(3), H.R.C(3), Training (GERKIN\USB\C1\2\3), Goal (3)	Total Programs (13) Manual, Time, Calories, Distance, Walking, Running, Cardio, Interval, Fat Burn, Endurance, Heart Rate Control, Custom 1&2	Total Programs(11) Manual, Heart Rate Control, Custom Learn 1&2, Walking, Running, Weight Loss, Interval, Cardio, Long Slow Distance, Set Calories	Total Programs(11) Manual, Heart Rate Control, Custom Learn 1&2, Walking, Running, Weight Loss, Interval, Cardio, Long Slow Distance, Set Calories
Quick Keys	Speed : Walk, Jog, Run Elevation : Level, Rise, Ascend	Speed : Walk, Jog, Run Elevation : Level, Rise, Ascend	Speed 2/3/4/5/6/7/8/9/10 Elevation 2/3/4/5/6/7/8/9/10%	Speed 2/4/6/8/10 Elevation 0/3/6/9/12%	Speed 2/4/6/8/10 Elevation 0/3/6/9/12%
Speed	Exercise Mode : 0.3~24KPH (0.2~15 MPH) Safety Mode : 0.3~12KPH (0.2~7.5 MPH) Reverse Mode : 0.3~4.8KPH (0.2~3 MPH)	Exercise Mode : 0.8~22 KPH / 0.5~13.8 MPH Safety Mode : 0.8~11 KPH / 0.5~6.9 MPH	0.8~20 KPH / 0.5~12.5 MPH	0.8~20 KPH / 0.5~12.5 MPH	0.8~20 KPH / 0.5~12.5 MPH
Incline	0%~15%	0%~15%	0%~15%	0%~15%	0%~15%
Wireless & Contact Grips	Yes	Yes	Yes	Yes	Yes
Motor	4 HP ECO-AC servo motor with space vector PMSM control	5 HP AC motor with AC frequency conversion	5 HP AC motor with AC frequency conversion	5 HP AC motor with AC frequency conversion	4 HP DC motor with PWM system
Cushioning System	Yes	Yes	Yes	Yes	Yes
Rollers	3" / 76 mm	3" / 76 mm	3.5" / 90 mm	3" / 76 mm	3" / 76 mm
Deck	25 mm thick reversible deck	25 mm thick reversible deck	26 mm thick reversible deck	25 mm thick reversible deck	25 mm thick reversible deck
Step Up Height	19 cm / 7.5"	19 cm / 7.5"	30 cm / 12"	23 cm / 9"	23 cm / 9"
Belt Type	2-Ply urethane high density conductive / 1.6 mm	2-Ply urethane high density conductive / 1.6 mm	2-Ply urethane high density conductive / 1.6 mm	2-Ply urethane high density conductive / 3 mm	2-Ply urethane high density conductive / 3 mm
Power Requirements	110V / 220V	110V / 220V	110V / 220V	110V / 220V	110V / 220V
Running Area	160 × 56 cm / 63" × 22"	160 × 56 cm / 63" × 22"	156 × 56 cm / 61" × 22"	156 × 56 cm / 61" × 22"	156 × 56 cm / 61" × 22"
Dimensions	214 × 103 × 153 cm / 84" × 40" × 60"	214 × 103 × 153 cm / 83" × 41" × 60"	212 × 92 × 149 cm / 83" × 36" × 59"	221 × 90 × 154 cm / 87" × 35" × 61"	221 × 90 × 154 cm / 87" × 35" × 61"
Max User Weight	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg

Note: All specifications are subject to change without notice. Actual products may differ from pictures in this catalog.

Exercise Bike
Specifications

PB 30



PB 10



XB 7300



CB SG



PR 30



PR 10



XB 7500S



CR SG



Product Name

Features	Water bottle holder, Personal workout App, USB port, Multimedia	Water bottle holder, Personal workout App, USB port	Integrated water bottle holder with accessory storage, Towel rack	Integrated water bottle holder with accessory storage, Towel rack	Water bottle holder, Personal workout App, USB port, Multimedia	Integrated water bottle holder with accessory storage, Personal workout App, USB port	Integrated water bottle holder with accessory storage	Integrated water bottle holder with accessory storage
Console	15.6" TFT with touch screen	Dot-matrix LED with profile display and 3-window LED display	Dot-matrix LED with profile display and 1-window LED display	Dot-matrix LED with profile display and 3-window LED display	15.6" TFT with touch screen	Dot-matrix LED with profile display and 3-window LED display	Dot-matrix LED with profile display and 1-window LED display	Dot-matrix LED with profile display and 3-window LED display
Display Feedback	Time, Speed, RPM, Level, Calories, Distance, Pulse, Watt, MET, Profile.	Time, Distance, Calories, Pulse, Level, Speed, Watt, RPM.	Time, Distance, Speed, Heart Rate, Work Level, Watt, METs, Calories	Time, Work Level, Distance, Watt, Speed, RPM, Pulse, METs, Calories	Time, Speed, RPM, Level, Calories, Distance, Pulse, Watt, MET, Profile	Time, Distance, Calories, Pulse, Level, Speed, Watt, RPM.	Time, Work Level, Distance, Watt, Speed, Heart Rate, Calories, METs	Time, Work Level, Distance, Watt, Speed, RPM, Pulse, METs, Calories
Programs	9 programs Manual, Goal, Rolling Hills, Fat Burn, 5K, Heart Rate Control, Interval, Gerkin, Custom	8 programs Manual, Cardio, Interval, Fat Burn, Training, HRC, Custom 1&2	8 Programs Manual, Random, Interval, Heart Rate Control, CV Workout, Fat Burn, Weight Loss, Rolling	8 programs Manual, Weight Loss, Constant Load, Interval, CV Workout, Fat Burn, Heart Rate Control, Custom, Rolling Hills	9 programs Manual, Goal, Gerkin Fat Burn, 5K, Interval, Heart Rate Control, Custom, Rolling Hills	8 programs Manual, Cardio, Interval, Fat Burn, Training, HRC, Custom 1&2	8 Programs Manual, Random, Interval, Heart Rate Control, CV Workout, Fat Burn, Weight Loss, Rolling	8 Programs Manual, Hills, Random, Interval, Heart Rate Control, CV Workout, Fat Burn, Rolling
Tension Control	Program control	Program control	Program control	Program control	Program control	Program control	Program control	Program control
Resistance Levels	30	30	16	24	30	30	16	24
Resistance System	ECB resistance	ECB resistance	ECB resistance	ECB resistance	ECB resistance	ECB resistance	ECB resistance	ECB resistance
Power Requirements	110V / 220V	Self-generated	Self-generated	Self-generated	110V / 220V	Self-generated	Self-generated	Self-generated
Watt	20~450 Watts (30~90RPM)	10~400 Watts (30~90 RPM)	20~450 Watts (30~90 RPM)	20~350 Watts (30~90 RPM)	20~450 Watts (30~90RPM)	10~400 Watts (30~90 RPM)	20~450 Watts (30~90 RPM)	20~350 Watts (30~90 RPM)
Pedals	Self-balancing with easy adjust straps	Self-balancing with easy adjust straps	Self-balancing with easy adjust straps	Self-balancing with easy adjust straps	Self-balancing with easy adjust straps	Self-balancing with easy adjust straps	Self-balancing with easy adjust straps	Self-balancing with easy adjust straps
Fore / Aft Seat Adjustments	N/A	N/A	N/A	Yes	20 Levels	Yes	Yes	Yes
Vertical Seat Adjustments	Yes	Yes	Yes	Yes	N/A	N/A	N/A	N/A
Transport Wheels	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Wireless & Contact Grips	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Max User Weight	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg	400 lbs. / 180 kg
Dimensions	122 × 65 × 145 cm / 48" × 26" × 57"	125 × 65 × 152 cm / 49" × 26" × 60"	108 × 60 × 132 cm / 43" × 24" × 52"	129 × 69 × 149 cm / 51" × 27" × 59"	178 × 77 × 140 cm / 70" × 30" × 55"	178 × 76 × 143 cm / 70" × 30" × 56"	144 × 82 × 129 cm / 57" × 32" × 51"	172 × 89 × 128 cm / 68" × 35" × 51"

Note: All specifications are subject to change without notice. Actual products may differ from pictures in this catalog.

Product Name

PES 10



PE 10



PE SG



CE SG



XE 7400



Features

Water bottle holder,
Multigrip handlebars,
Personal workout App,
USB port

Water bottle holder,
Multigrip handlebars

Water bottle holder,
Multigrip handlebars,
Personal workout App,
USB port

Water bottle holder,
Multigrip handlebars

Water bottle rack

Console

Dot-matrix LED with profile display
and 4-window LED display

5.5" LCD display with
LED backlight

Dot-matrix LED with
profile display and
3-window LED display

Dot-matrix LED with
profile display and
3-window LED display

Dot-matrix LED with
profile display and
1-window LED display

Display Feedback

Time, Distance, Calories,
Pulse, Level, Speed, RPM.

Time, Distance, Calories,
Pulse, Level, Speed, RPM.

Time, Distance, Calories,
Pulse, Level,
Speed, Watt, RPM.

Time, Work Level,
Distance, Watt, Speed,
RPM, Pulse, METs,
Calories

Time, Distance, Speed,
Heart Rate, Work Level,
Watt, METs, Calories

Programs

10 programs
Manual, Cardio, Interval,
Fat Burn, Training,
Custom, Goal(3), HRC

10 programs
Manual, Cardio, Interval,
Fat Burn, Training,
Custom, Goal(3), HRC

8 programs
Manual, Cardio, Interval,
Fat Burn, Training, HRC,
Custom 1 & Custom 2

8 programs
Manual, Weight Loss,
Constant Load, Interval,
CV Workout, Fat Burn,
Heart Rate Control,
Rolling Hills

8 programs
Manual, Weight Loss,
Fat Burn, Interval,
Rolling, Random,
Heart Rate Control,
CV Workout

Tension Control

Program control

Program control

Program control

Program control

Program control

Resistance Levels

30

30

30

24

16

Resistance System

ECB resistance

ECB resistance

ECB resistance

ECB resistance

ECB resistance

Power Requirements

110V / 220V

110V / 220V

Self-generated

Self-generated

Self-generated

Watt

10~400 Watts
(30~90 RPM)

10~400 Watts
(30~90 RPM)

10~400 Watts
(30~90 RPM)

20~350 Watts
(30~90 RPM)

20~450 Watts
(30~90 RPM)

Stride Length

58 cm / 23"

58 cm / 23"

58 cm / 23"

58 cm / 23"

48 cm / 19"

Transport Wheels

Yes

Yes

Yes

Yes

Yes

Wireless & Contact Grips

Yes

Yes

Yes

Yes

Yes

Max User Weight

400 lbs. / 180 kg

Dimensions

193.7 x 75 x 170.3 cm /
76" x 29.5" x 67"

195 x 65 x 166 cm /
77" x 26" x 65"

194 x 75 x 166 cm /
76" x 30" x 65"

194 x 75 x 168 cm /
76" x 30" x 66"

222 x 75 x 164 cm /
87" x 30" x 65"

PST 10

Product Name

Indoor Cycle Bike

Specifications

CS1

Product Name

X VELOCITY**CS2WA****PSB10-USB**

Features	Water bottle holder, Towel rack, One-button start	Console	N/A	N/A	N/A
Console	5.5" LCD display with LED backlight	Display Feedback	N/A	N/A	RPM, Time, Distance, Speed, Heart rate, Level, Calories, Watt
Display Feedback	Level, Program, Pulse, Calories, Watt, Distance, SPM, Speed, Time, Step	Flywheel	46 lbs. / 21 kg one piece steel flywheel	44 lbs. / 20 kg one piece steel flywheel	46 lbs / 21 kg one piece steel flywheel
Programs	Total Programs (9) Manual, Time, Distance, Calories, Step, Heart Rate Control, Cardio, Fat Burn, Interval	Post	Aluminum	Chrome	Aluminum
Tension Control	Program control	Drive System	Durable V-belt	Durable V-belt	Durable V-belt
Resistance Levels	16	Resistance & Brake	Unlimited tension adjustment knob with direct-contact brake system	Unlimited tension adjustment knob with direct-contact system	Unlimited tension adjustment knob with direct-contact system
Resistance System	Non-wear magnetic resistance	Transport Wheels	Yes	Yes	Yes
Power Requirements	Self-generating	Crank	3 pieces professional cranks. Unique star-shape crank design	3 pieces professional cranks. Unique star-shape crank design	3 pieces professional cranks. Unique star-shape crank design
Watt	20~400 Watts (30~90 RPM)	Seat Adjustment	Horizontal and vertical	Horizontal and vertical	Horizontal and vertical
Drive System	Strap	Handlebars adjustment	Horizontal and vertical	Horizontal and vertical	Horizontal and vertical
Transport Wheels	Yes	Saddle	Professional pressure-relieving seat pad.	Professional pressure-relieving hollow seat pad.	Professional pressure-relieving hollow seat pad.
Fore/Aft Levelers	Yes	Max User Weight	330 lbs. / 150 kg	265 lbs. / 120 kg	330 lbs. / 150 kg
Pedal Size	29 x 18 cm / 11" x 7"	Dimensions	124 x 60 x 128 cm / 49" x 24" x 50"	119 x 55 x 109 cm / 47" x 22" x 43"	110 x 60 x 126 cm / 43" x 24" x 50"
Step Up Height	42.5 cm / 17" (Footplate at highest position)				6.6 x 4.4 x 1.1 cm / 2.6" x 1.7" x 0.4"
Distance Between Pedals	8cm / 3"				
Step Range	30 cm / 12"				
Wireless & Contact Grips	Yes				
Max User Weight	400 lbs. / 180 kg				
Dimensions	121 x 83 x 161 cm / 47" x 33" x 63"				

Note: All specifications are subject to change without notice. Actual products may differ from pictures in this catalog.

Steelflex

www.steelflexfitness.com



INTERNATIONAL

3F28, No.5, Shin-Yi road., Sec.5,
Taipei,Taiwan
Tel : +886-2-27209982
Fax : +886-2-2722-9750
E-mail : joong@ms13.hinet.net
<http://www.steelflexfitness.com>

USA

Fitness Master Inc.
11419 Mathis Avenue #200
Farmers Branch, Texas 75234
Office & Fax : 214-350-8884
Toll Free : 855-846-0087
Email : info@fmiamerica.com
www.fmiamerica.com

CHINA

Steelflex Fitness Equipment Trade Co., Ltd
608A, No. 1055 Pingcheng Road, Jiading Town,
Jiading District, Shanghai, China
Tel : +0086-021-63514782
<http://www.steelflex.com.cn>