

*SLE200 Maintenance



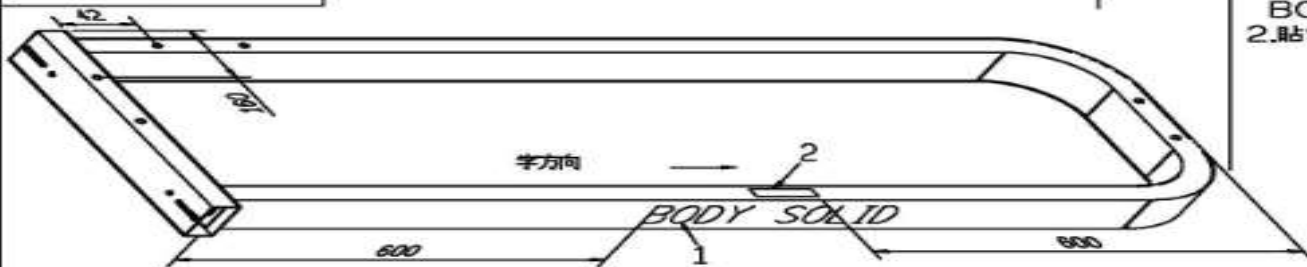
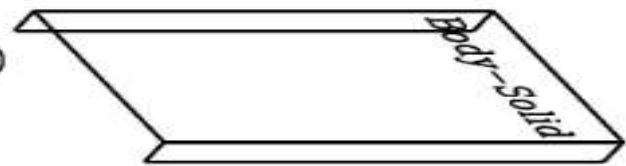
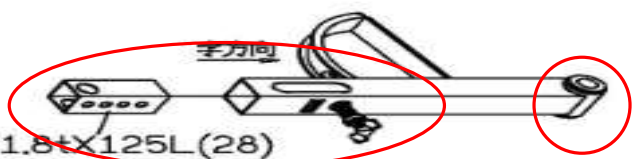
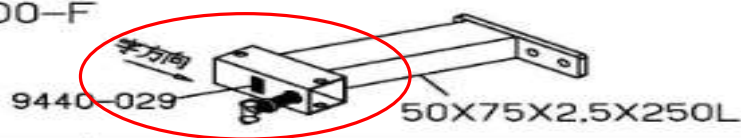
* Customers can put some grease on pivot points (red circle place), with brass or gunmetal bushings.



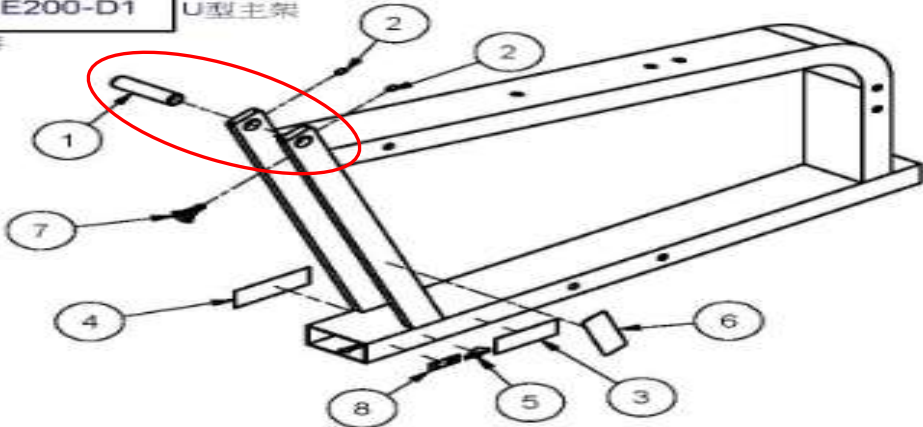
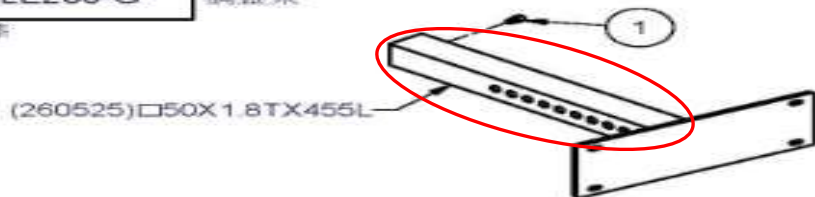
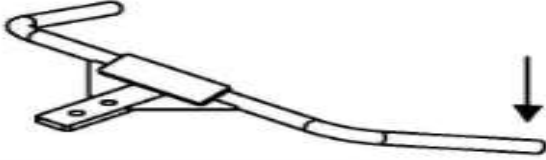
WD-40 多种规格

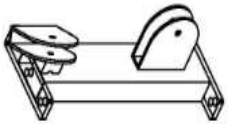
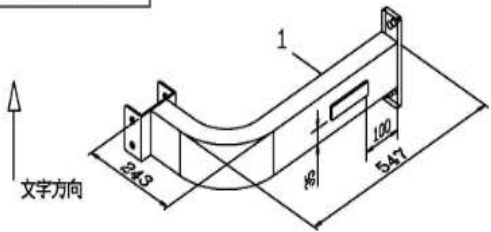


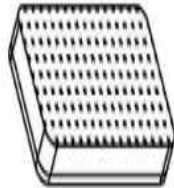
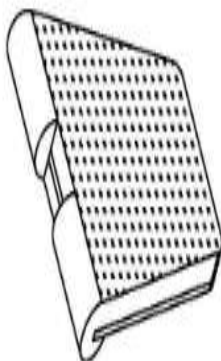
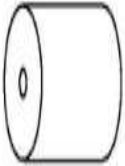
* Let's maintain your machine!

零件代碼	品 名 及 圖 案	用量	備 註
20SLE200-A1		1SET	1.貼9440-028貼紙 BODY-SOLID=1PCS 2.貼9440-117貼紙=1PCS
9220-009 護網(壓克力,茶色)		1PCS	1.貼9190-024子母帶 =1包(16PCS) 586X3TX800L
LSLE200 20SLE200-E 1PCS (260401)45X1.8tX125L(28)		1SET 內箱	1.組立8250-003鋼鏈組=2PCS 2.組立8520-004鋼套=2PCS 3.組立260401電鍍管=1PCS 4.貼9440-029貼紙=2PCS
20SLE200-F 1PCS			
8280-002 電鍍	導桿	2PCS	$\varnothing 3/4" \times 1765L$
8220-060 電鍍	20孔塑桿	1PCS	$\varnothing 1" \times 612L \times 20$ 孔
8220-058 鍍鉻		1PCS	$\varnothing 1" \times 610L$
KSLE200	說明書	1SET	委外包裝9440-114 鋼索警告頁=1PCS

設變單號
2007100015

零件代碼	品名及圖案	用量	備註
20SLE200-D1 烤白漆	U型主架 	1PCS	1.組立8220-010固定軸心=1PCS 2.組立5/16"X1/2"沉頭螺絲=2PCS 3.貼9440-025貼紙=1PCS 4.貼9440-030貼紙=1PCS 5.貼9440-055貼紙=1PCS 6.貼9440-113貼紙=1PCS 7.組立9214-010阻擋墊=1PCS 8.貼"工單"貼紙=1PCS
20SLE200-G 烤黑漆	調整架  (260525)口50X1.8TX455L	1PCS	1.組立5/16"X1/2"L CAP 圓頭內六角螺絲=1PCS
20SLE200-J 烤白漆	扶手架 	1PCS	
23SLE200	附件包		
25SLE200	皮帶輪包		
FSLE200	鋼索包		
GSLE200	螺絲包		9630-009束帶=4PCS 9630-028石棉=6PCS
<div style="border: 1px solid black; border-radius: 50%; padding: 10px; text-align: center;"> 設變車號 2007100015 </div>			

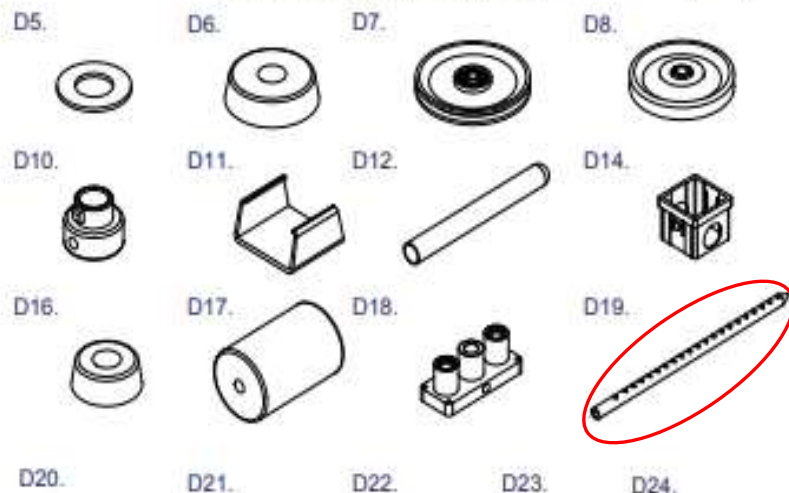
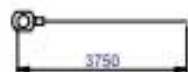
零件代碼	品名及圖案	用量	備註
20SLE200-B		1PCS	□ 50X100X2tX460L
20SLE200-C		1PCS	1貼9440-199通訊標籤=1PCS
20SLE200-H		1PCS	
SLE200		1SET	用塑膠帶包
8333-001 (D30173) 75X6X98 2PCS	8312-077 (D30220) 50X6X200 3PCS 		
8400-002 (F5013)	電鍍 選擇上片 	1PCS	9630-009束帶=1PCS 9630-028石綿布=1PCS 9180-001保護龍=5PCS 9180-009保護龍=1PCS

零件代碼	品名及圖案	用量	備註
9111-014 坐背墊	9121-002 	1PCS	
		1PCS	
9161-015 (F4020)	泡棉 包皮 	2PCS	ø6"X27X9"
9119-001		1PCS	

SLE-200G ASSEMBLY INSTRUCTIONS

HARDWARE ILLUSTRATION

D1.	D1. 1/2" BOLT CAP(9212-024)	(32PCS)
	D2. 2"x4" FOOT END CAP(9211-028)	(4PCS)
	D3. 2"x2"x1.8" END CAP(9211-087)	(2PCS)
	D5. Ø2" NYLON WASHER(9214-001)	(2PCS)
	D6. Ø4" RUBBER DONUT(9310-017)	(2PCS)
	D7. Ø6" PULLEY(9213-009)	(1PCS)
	D8. Ø4-1/2" PULLEY(9213-010)	(2PCS)
	D10. Ø3/4" SHAFT COLLAR(9211-046)	(2PCS)
	D11. 2"x4" RUBBER DONUT(9212-009)	(3PCS)
	D12. Ø1"x10" RUBBER GRIP(9310-029)	(2PCS)
	D14. 60X50 NYLON BUSHING(9211-033)	(2PCS)
	D16. Ø2-1/2" RUBBER DONUT(9310-014)	(2PCS)
	D17. Ø150X225 FOAM ROLLER(9161-015)	(2PCS)
	D18. CHROME TOP PLATE(8400-002)	(1PCS)
	D19. WEIGHT SELECTOR BAR(8220-060)	(1PCS)
	D20. 3750mm STEEL CABLE	(1PCS)
	D21. Ø3/4"x8L STEEL BUSHING(8110-014)	(2PCS)
	D22. Ø5/8" ROUND END CAP(9211-015)	(4PCS)
	D23. Ø5/8" SHAFT COLLAR(8130-024)	(2PCS)
	D24. Ø3" NYLON WASHER(9214-008)	(4PCS)



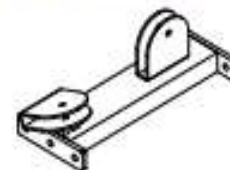
SLE-200G ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

A1 {1SET} WEIGHT STACK FRAME



B1 {1SET} BOTTOM PULLEY FRAME



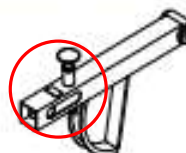
C1 {1SET} MIDDLE SUPPORT FRAME



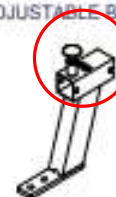
D1 {1SET} MAIN BODY FRAME



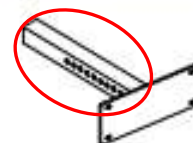
E1 {1SET} LEG EXTENSION FRAME



F1 {1SET} ADJUSTABLE BACK SUPPORT



G1 {1SET} BACK PAD FRAME



H1 {1SET} TOP PULLEY FRAME



I1 {1PCS} ROLLER BAR FRAME



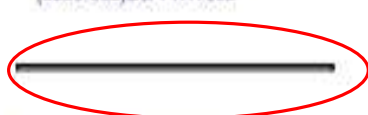
J1 {1SET} ROLLER BAR FRAME



SLE-200G ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

K.[2PCS] CHROME GUIDE ROD
(8280-002)Ø3/4"X1765L



L1.[1PCS] FOOT ROLLER BAR
(8220-058)Ø1"X610L



M.[3PCS] 2"X8" PLATE
(8312-077)



N.[2PCS] SEAT BRACKET
(8333-001)



O.[1PCS] SEAT PAD
(9121-002)



P.[1PCS] BACK PAD
(9111-014)



Q.[1PCS] BACK PAD BUBBER
(9119-001)



SLE-200G ASSEMBLY INSTRUCTIONS

SLE-200G LEG EXTENSION

ASSEMBLY STEPS

STEP-1

NOTE: DO NOT TIGHTEN NUTS AND BOLTS SECURELY UNTIL YOU HAVE COMPLETED ALL ASSEMBLY STEPS.

- Attach A1 Weight Stack Frame and d Main Body Frame to B Bottom pulley Frame.
- Attach C Middle Support Frame to A1 Weight Stack Frame and D1 Main Body Frame.
- Attach E Leg Extension Frame to D1 Main Body Frame.
- Attach F Adjustable Back Support and J Handle Bar to D1 Main Body Frame.

STEP-2

- Attach N Seat Brackets to D1 Main Body Frame.
- Attach O Seat Pad to D1 Main Body Frame and N Seat Brackets.
- Attach P Back Pad to D1 Main Body Frame.
- Slide G Back Pad Frame into F adjustable Back support.

CAUTION: DO NOT OVERTIGHTEN PAD BOLTS.
OVERTIGHTENING WILL STRIP
T-NUTS IN THE WOOD

STEP-3

- Attach K Chrome Guide rods and D6 Rubber Dount to A1 Weight Stack Frame.
- Slide Weight Stack and D18 Chrome Top Plate onto K Chrome Guide rods.
- Attach H Top Pulley Frame E Leg Extension Frame.
- Slide L1 Foot Roller Bar into I Roller Bar Frame.
- Attach D17 Foam Rollers.

STEP-4

- Attach Pulleys and Cables as shown.
- Attach Edn Caps and Grips.
- TIGHTEN ALL NUTS AND BOLTS SECURELY.
- Attach Bolt Caps.

SAFETY RULES

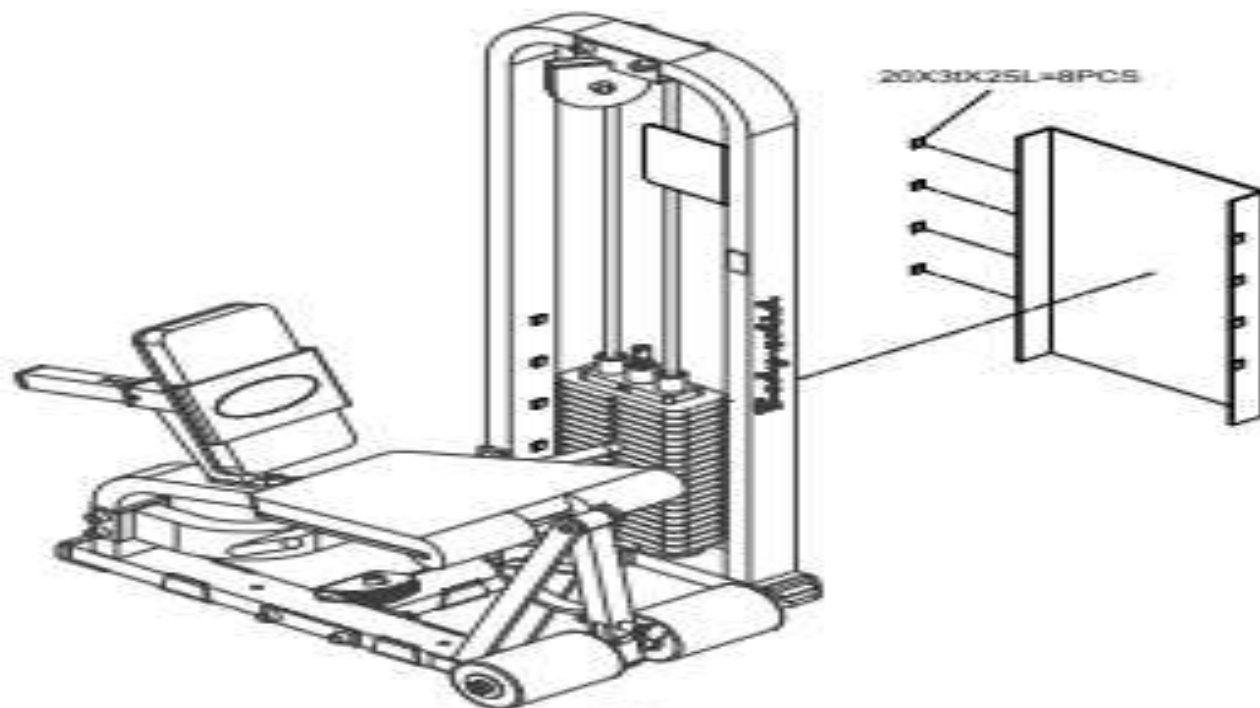
1. Periodically check that all nuts, bolts and screws are fully tightened on your LEG EXTENSION MACHINE.
2. Exercise with care. Perform your exercises at a smooth moderate pace; never perform jerky or uncoordinated movements that may cause injury.
3. It is recommended that you should workout with a training partner.
4. **Warning:** CONSULT YOUR PHYSICIAN BEFORE STARTING YOUR EXERCISE PROGRAM. IT IS ADVISABLE TO HAVE A PHYSICAL EXAMINATION BEFORE YOU ENTER ANY EXERCISE PROGRAM. FOR YOUR OWN SAFETY, DO NOT BEGIN ANY EXERCISE WITHOUT PROPER INSTRUCTION.

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SLE-200G ASSEMBLY INSTRUCTIONS



Above shows STEP3
assembled and completed



*Well done!

