

Awesome attachments for use with any high pulley cable system



**STAY HOME
STAY HEALTHY**

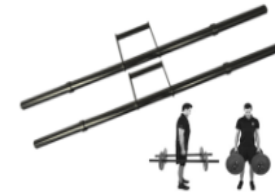
Designed for ...
Lat Pulls
Low rows
Chinning
Shrugs
Dead Lifts
Bent Over Rows
Oblique Bends
Dumbbell &
Barbell
Workouts



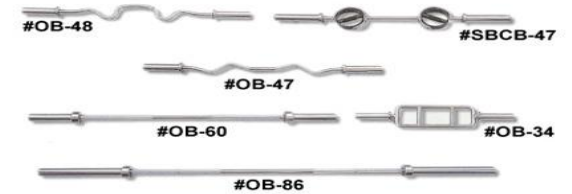
Multi grip press bar
MGPB-1



Bicep Bomber
BB23



Farmers walk Handles
FH-1



Get organized with an accessory
storage rack



CAS458 CABLE ASSEORY RACK



Not Fragile!
Only free weights will ensure all major muscle
groups are worked fully, thus shaping the body into
proper and symmetrical proportions.
These plates are the best value anywhere

Get Lean. Hot Cut. Lose the Gut
AB Crunch Harness # ACH-18



Body-Solid T-Bar Row (TBR-10) Platform
with Lat Blast Bar (LBB-28)



Triceps Rope TR-20

Bar Pad

Takes the burden off your
shoulders and allows you to work
with heavier weights



Inversion Boots GIB-2