Body-Solid

Product Data Sheet

SPD-700 Pec Dec Machine

When you surround yourself in the Pec machine you experience a remarkable blend of function and form. Designed for bilateral or unilateral use, the hidden elliptical cams provide smooth, variable resistance throughtout a full range-of-mothin for optimal muscle development.













- •Low center of gravity that maximalises workout stability
- •Fully ajustable seat
- •Highly-polished, chrome plated solid steel guide rods and selector rods
- •Extra-tough, tear-resistant Durafirm upholstery is double-stitched
- •Selectorized weight stack 95 kg
- •Fiberglass reinforced nylon pulleys with v-grooved channels
- •Nylon-coated, self-lubricating, aircraft-quality steel cables
- •Double, powder-coat finish protects against scratching, chipping and peeling
- \cdot 5 x 10 cm high-tensile strength steel. All 4-side welded
- •Ideal for private & commercial use
- •Dimensions : L 166 cm x W 82 cm x H 158 cm
- •Weight : 220 kg
- •Colour : grey , black or maroon lining





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