



PLM180X Powerline Lat Machine

No-cable-change...
Means
No Down Time...



PLM180X Powerline Lat Machine

Perform a wide variety of upper body building exercises like lat pull downs, triceps press downs, seated rows, upright rows and more. Features dual position 8" foam rollers to hold you in position and patented nylon bushings for super smooth operation.

Dimensions: 80"H x 48"L x 25"W



Seated Row

Weight plates and collar
sold separately.



Special Features

- Heavy gauge steel construction
- Electrostatically applied powder coat finish
- 1" diameter weight posts
- 500 lb. weight capacity
- Lat Bar and Low Row Bar included

Lat machine Feature seated Row / Low pulley station.