

THE MACHINE  
FOR YOUR WORKOUT

Steelflex



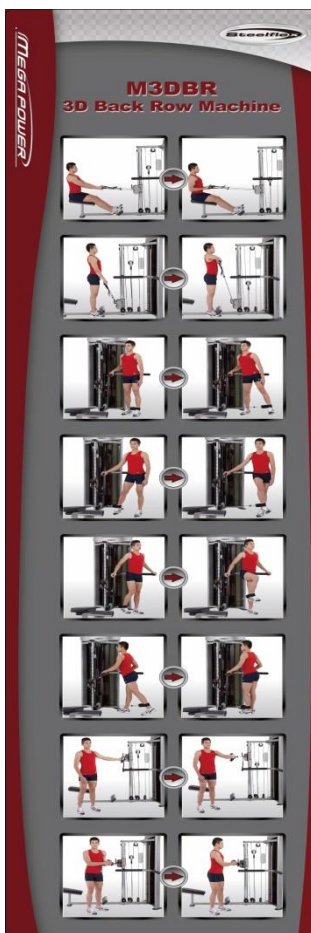
Product Data Sheet

**M3DBR**

## 3D Back Row Machine

### M3DBR 3D Back Row Machine

The perfect fitness equipment combines power with “creative modelling and zero-load work”. Cable driving concept with 1/2 ratio setting, Smooth and convenient of slide functions create this state of art fitness training machine.



CERTIFIED

EN957



TAIWAN  
EXCELLENCE



Demonstration in Youtube

#### Specifications:

Mainframe: 11Gauge 1.968x5.905 oval tubing(50x150x3mm)

Upholstery: CGPC 2" high density foam (ergonomically designed)

Standard Weight Stack: 160 lbs (73kg)

(Comprising; 10lbs Platesx 15pcs + 10 lbs top plate)

Optional Weight Stack Upgrade : 235/ 310lbs

Drive System: Cable

Weight Stack Shrouds: 4T Safety Cover

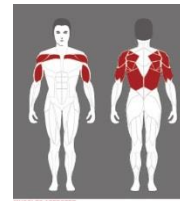
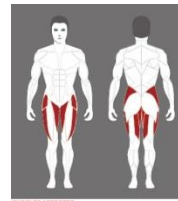
Machine Weight: 323lbs/147kg

Dimensions(LxWxH): 227x 146 x208cm/ 89"x57"x82"

Max. User Weight: 120kg

Steel Cable: 7 x 19 Tensile strength of more than 2500lbs (1125kg)

breaking load



Muscle group

**Steel Mind, Flex Body**

**Steelflex**

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