

## **GLPH1100**

### **Leg Press Hack Squat Machine**

*Olympic style plates only.  
Weight plates sold separately.*



#### **GLPH1100** **Leg Press Hack Squat Machine**

Body-Solid engineers knew that the best way to build an explosive lower body, and stay that way, would be to make your workouts incredibly powerful, comfortable and safe. As you work your quads, glutes, and calves, the engineered smoothness of the Leg Press/Hack Squat Machine spares your bones and joints. Three lockout positions are under the user's control throughout the exercises and provide user safety and the option of different start/stop positions.

*Dimensions: 56"H x 83"L x 34"W*

#### **Special Features**

- Lifetime warranty
- Quad track roller system operates smoothly and distributes weight evenly
- Both back pads utilize a quick flip-and-lock mechanism
- Extra-heavy gauge Diamond Plate foot platforms for both Leg Press and Hack Squat positions.
- Easy-access under-carriage plate load system.
- Extra heavy duty 2"x4" 11-gauge steel mainframe minimizes torsional flex