

Body-Solid® Classic Gym

Product Data Sheet

EXM3000LPS

SelectORIZED Multi-Station Gym

If maximum strength and a weight room full of workout options is what you want in a minimum amount of space, then try the EXM3000LPS on for size. This multi-station workhorse provides health club quality strength training for up to three people simultaneously.

The EXM3000LPS features a multi-function Press Arm Station for bench press, incline press, shoulder press and chest supported mid-row exercises. The fully-adjustable Perfect Pec Station with range limiters allows users to achieve deeper muscle penetration for faster, more defined results.

The Leg Press/Calf Press Station operates on a 2 to 1 weight ratio giving the EXM3000LPS the awesome capacity of a 420 lb. leg press! The non-slip, rubber encased foot plate is constructed of heavy-gauge steel for safe operation during the most intense workouts.



Body Focus

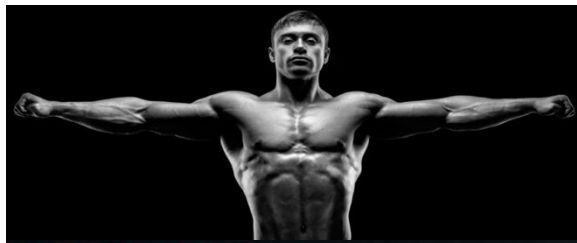
- Abs
- Biceps
- Delts
- Lats
- Obliques
- Pectorals
- Quads
- Shoulders
- Total Body
- Traps
- Triceps



It's The Perfect Personal



Dimensions: 83"H x 91"L x 73"W



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