

G8I ISO-Flex™ Multi-Station Gym

Optional Attachments



SP50
50 lb. Selectorized Weight Stack Upgrade

Weight Stack Options:

160 lb. stack (standard)

210 lb. stack (optional)



G8I **ISO-Flex™ Multi-Station Gym**

The G8I is built around the 3-Dimensional Independent Motion Arms. The freedom of the arms allow you to work the primary (targeted) muscles as well as the secondary (stabilizer) muscles for more natural, more defined muscle development. The unique ISO-Flex™ arms make doing chest presses, shoulder presses, pectoral flies, and resistance ab crunches a breeze. Combine that with the Swiveling Dual Pulley Lat Station to do conventional pull-downs as well as independent crossover or diverging pull downs. The Chest Supported Mid Row Station uses the independent press arms and adjustable DuraFirm™ back pad to give you support and balance.

The G8I goes one step further, for superior leg development we have included a state-of-the-art, patented Leg Curl/Leg Extension Station. A fully adjustable back pad provides support in either Seated Leg Extension or a Supine Leg Curl.

Floor Space Dimensions: 85"L x 73"W x 83.5"H

Special Features

- Lifetime warranty
- Chest, incline, shoulder press and mid row stations incorporate friction free SmoothGlide Bearing System™ with biomechanically accurate pivot point
- Independent ISO-Flex™ 3D press arms allow you to define each press or pec fly exercise with your own personal path of motion. This develops both your primary (targeted) muscles as well as your secondary (stabilizer) muscles