

## **G5S**

### **SelectORIZED Multi-Station Gym**

*Optional Attachments:*

**GLP**

*Leg Press Station*

**GCCA**

*Cable Column Attachment*

**GIOT**

*Seated Inner/Outer Thigh Attachment*



## **G5S**

### **SelectORIZED Multi-Station Gym**

The Ergo-Press press arm features hand grips to work muscle groups from various angles, creating more thorough muscular development. Adjust the cam at the top of the press arm to perform flawless, chest, shoulder and back exercises. Turn around and blast your lats with a chest supported mid row or reach up and grab the lat bar. The G5S comes with the Perfect Pec™ Station. Equipped with swivel arms and designed for both unilateral and bilateral movements you get the maximum stretch for deep muscle toning, and the most incredible upper body development possible. The leg developer's Smooth Glide Bearing System™ glides you through the most demanding leg curls and leg extensions.

Floor Space Dimensions: 83"L x 46"W x 83.5"H

### **Special Features**

- Lifetime warranty
- Traditional press bar is biomechanically designed for maximum chest concentration and outstanding muscle development
- Chest, incline, shoulder press, mid row and leg developer stations incorporate the friction free Smooth Glide Bearing System™
- Self-aligning, contoured leg extension cuffs automatically adjust throughout the exercise movement