

FUSION400

PERSONAL TRAINER

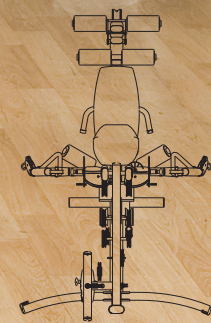
Wrap your arms around total body fitness.

Body-Solid's FUSION 400 Personal Trainer offers revolutionary engineering, unique attachments, a compact footprint and game-changing modern aesthetics in one of the most advanced personal trainers you can buy. Smooth moves and fluid biomechanics accompany you on hundreds of possible exercises as you engage in balanced, biomechanically efficient upper, core and lower body development.

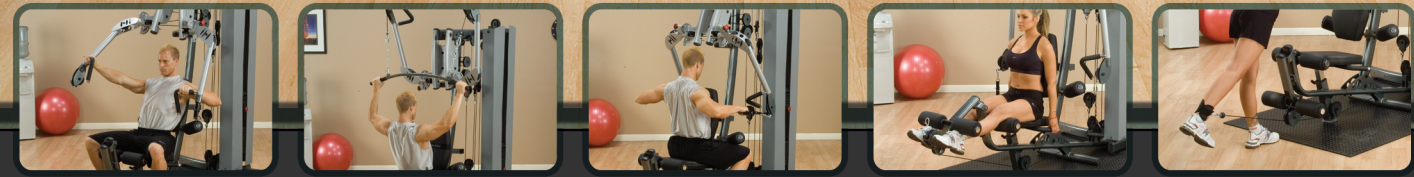
The hybridization of traditional and functional training truly reaches its pinnacle with the FUSION 400. Backed by the best warranty in the business, the FUSION 400 Personal Trainer offers state-of-the-art engineering and revolutionary features you will not find anywhere else.

FUSION400 INCLUDES:

- Lat Bar
- Low Row Bar
- Functional Trainer Straps (Item # NB59)
- Ankle Strap
- Workout DVD
- Exercise Chart



FUSION 400 Dimensions
49" W • 79" L • 83" H



FEATURES

- Revolutionary new press arm and pulley system with isolateral 250 degree pivots for unmatched versatility and function.
- Press arms can be adjusted from a mid-row position all the way up to a lat pulldown position.
- Compact footprint 49" W X 79" L X 83" H
- Two swiveling pulleys allow for isolateral mid-row exercises, functional pressing motions, pectoral flys and several high pulley exercises.
- Multi-ring nylon handles ensure a quality fit and comfortable grip for any user.
- Full length lat bar for traditional pull downs.
- Two-way adjustable back pad provides full support for mid-rows as well as decline, flat, incline and shoulder press exercises.
- Gas assisted seat for smooth effortless adjustments
- Shrouded 160LB., 210LB. or 310LB. weight stack
- Superior engineering and construction backed for a LIFETIME of use by the best warranty in the industry.

Revolutionary functional training arms offer a world of workout possibilities. Station to station, the FUSION 400 Personal Trainer offers a superior workout experience, providing function and flexibility to perform over 60 exercises, including:

- Chest Press • Incline Press • Pec Fly • Lat Pull-Down • Leg Extension • Bicep Curl
Tricep Extension • Mid Row • Cable Row • Shrugs • Shoulder Press

Body-Solid • 1900 S. Des Plaines Ave. • Forest Park, IL 60130 • 1.800.833.1227 • www.bodysolid.com

©2008 Body-Solid, Inc. All rights reserved. Body-Solid reserves the right to change design specifications when we feel it will improve the product. Body-Solid maintains several patents and patent-pending features and designs. All rights reserved on all design patents and utility patents.

Body-Solid®
Built for Life

