

CUSTOMIZE

Build the ultimate gym

Take multitasking to a new level by configuring the FUSION 400 Multi-Station Gym into the system that works for you. Just add the stations and accessories that will help you achieve your fitness goals.



Weight-Assisted Dip & Pull-Up Station
Dimensions with F400: 98"W x 72"L x 83"H

- Now users of all levels can perform dips, pull-ups, chin-ups and more with a weight assist that allows you to gradually build your way to a stronger body.
Item # FCDWA

Multi Hip Station
Dimensions with F400: 80"W x 79"L x 83"H

- Target hard to work areas with lifts, kicks, adductions and abductions. The Multi Hip station offers a full range of motion and stabilization handles.
Item # FMH



Leg Press
Dimensions with F400: 79"W x 79"L x 83"H

- Develop a strong foundation with leg presses and calf extensions. Completely adjustable back pad and self-aligning pivot conform to any user.
Item # FLP

Is it a state-of-the-art traditional gym? Is it a revolutionary functional trainer? It's both! The FUSION 400 Personal Trainer features industry-shattering innovations that put you in position to do hundreds of exercises in the comfort of your own home.

The FUSION 400 delivers enough mold-breaking features and industry-exclusives to keep even the most advanced user challenged.

The FUSION 400 features a game-changing new press arm and pulley system with isolateral 250° pivots for unmatched versatility and function. Cables have been threaded down its press arms (an industry innovation courtesy of the design engineers at Body-Solid), and both arms also move independently, allowing you to isolate one arm at a time. The arms even rotate on cams, allowing you an unprecedented freedom of positions and movement for your routines.

FUSION400
PERSONAL TRAINER