

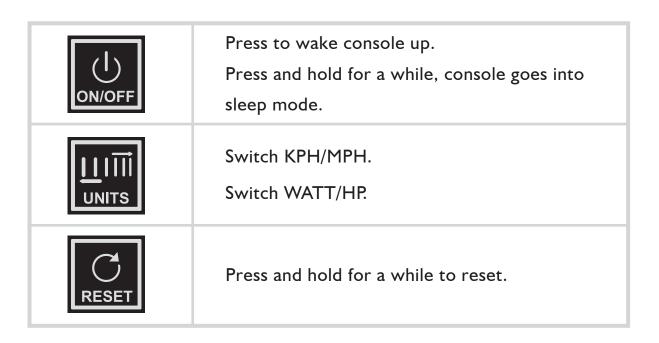
FPRII2
USER MANUAL



# **CONSOLE DISPLAY**

TIME	When pulling out the strap, time is counted.  When retracting the strap, time is not counted.
CALORIES	Workout calories.
DISTANCE	M indicates meter. Y indicates yard.
PULLS	It counts only when strap is pulled out over 120 cm.
PEAK POWER	WATT indicates power consumption of workout.  HP means horse power.
LOAD	It indicates resistance and range is from LI to L30.
MAX SPEED	KPH indicates kilometer/per hour.  MPH indicates mile/per hour.

## **BUTTON**

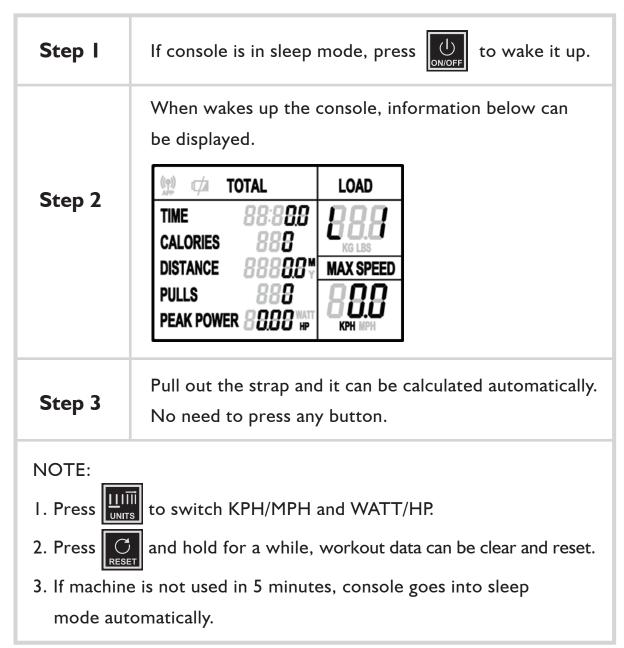


## **RESISTANCE KNOB**



### **OPERATION**

#### **AUTO CALCULATING MODE**



#### **CALIBRATION**

When turning resistance knob to lightest level, but L1 is not showed on console, the machine needs to do calibration.

How to calibrate?

Turn resistance knob to lightest level, press and together and hold for a while, when LI is showed on LOAD of console, calibration is completed.