

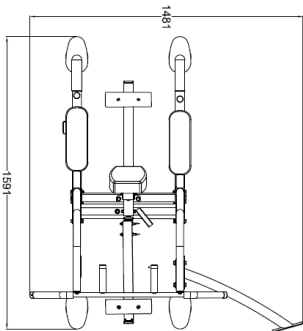


**FCD**

Vertical Knee Raise,  
Dip and Chin Station



By doing pull-ups chin-ups and dips, you can effectively and efficiently build muscles in your arms, shoulders and back.  
Add vertical knees raises, and you'll soon see an increase in definition of your lower abdominal muscles.



Optional **FCDWA**

Weight-Assisted Dip & Pull-Up Station  
For use with the **FUSION 500** or **FUSION 600**  
Personal Trainer Gyms,vkr



**Special Features**

- Lat pull-up (wide grip)/chin-up (close grip) station features easy step-up entry
- Easy access dip station features oversized diameter grips for ultimate comfort
- Ultra-thick DuraFirm™ back, arm and knee pads
- 11-gauge steel frame with 2" x 3" oval tubing
- 2"x 2" all-4-side welded high tensile strength steel mainframe construction

**INTERNATIONAL**

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